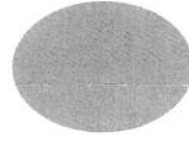




1730 Twin Springs Road • Suite 200 • Baltimore, MD 21227
Main Office 410.242.7000 / 800.641.HERO • Fax 410.242.1871
www.TheLLF.org

Support Resources:

Local and National
Support Groups



MARYLAND SUPPORT GROUPS

This is just a selection of support groups and organizations throughout Maryland that assist individuals in dealing with the grief process. Your funeral home, hospice center, health department, spiritual leader, local hospital, insurance, or employer may be able to offer additional information about other resources in your area.

Central Maryland:

Center for Grief and Loss at Stella Marris, Inc

Phone: 410-252-4500

Hospice of Baltimore – Gilchrist Center

Phone: 443-849-8200
www.gilchristhospice.org

Family Bereavement Center

(Homicide support groups)
Phone: 410-396-7351

Pathways Bereavement Support Group

Carroll Hospital Center
Phone: 410-871-7231

Franklin Square Hospital Center

Phone: 443-777-7657

Community Hospice of Maryland

Phone: 410-248-3003

St. Agnes Hospital Hospice

Phone: 410-368-2840

St. Josephs Hospital

(For widows and widowers)
Phone: 410-337-1535

Heartland Hospice

Phone: 410-719-8670

Hospice of Baltimore

Phone: 410-849-8251

Seasons

(Loss of a loved one from suicide)
Phone: 410-803-2098

Eastern Maryland:

Peninsula Regional Medical Center – Grief Support Groups

Phone: 410-453-7157

Compassionate Friends, Delmarva Chapter

(Loss of a child)

Phone: 410-943-8844

Southern Maryland:

Compassionate Friends, Southern Maryland Chapter

(Loss of a child)

Phone: 301-855-3068

St. Mary's County Hospice

Phone: 301-475-2023

Western Maryland:

Hospice of Frederick County

(Support groups for adults)
Phone: 301-694-6444

Compassionate Friends, Frederick Chapter

(Loss of a child)

Phone: 301-662-5511

Bereavement Parents of USA Alleghany County

(Loss of a child)

Phone: 301-722-0018

Hospice of Washington County, Inc.

Phone: 301-791-6360

Northern Maryland:

Northern Chesapeake Hospice/Seasons

Phone: 410-398-7304

ONLINE GRIEF RESOURCES AND NATIONAL SUPPORT GROUPS

General Resources for all loss and all ages:

ADEC: The Thanatology Association

www.adec.org/coping/index.cfm

National Donor Family Council

(Donor families)

www.kidney.org/transplantation/donor_families/index.cfm

Hospice

(Resources for all ages)

www.hospicenet.org/index.html

AARP Grief and Loss Programs

www.aarp.org/families/grief_loss

Griefnet

www.griefnet.org

Groww: Friends helping friends

(resources and online support community)
www.groww.org

Death of a child:

The Compassionate Friends

www.compassionatefriends.org

First Candle: Sudden Infant Death Syndrome Alliance

www.sidsalliance.org

SHARE

(Pregnancy and Infant Loss Support)
www.nationalshareoffice.com

Alive Alone

(Online support community for parents who have lost an only child or all children)
www.alivealone.org

Bereaved Parents of the USA

(Online support community for parents who have lost a child)
www.bereavedparentsusa.org

Homicide:

National Organization of Parents of Murdered Children

www.pomc.com

National Organization for Victims Assistance

www.trynova.org

Loss from Suicide:

American Association of Suicidology

www.suicidology.org

Survivors of Suicide

www.survivorsofsuicide.com

Loss of someone in the Armed Services:

Tragedy Assistance Program for Survivors

www.taps.org