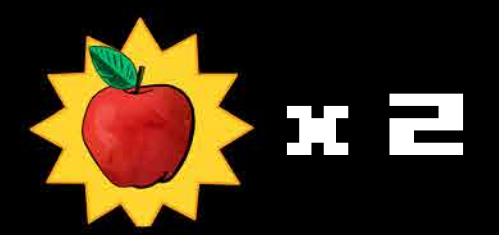
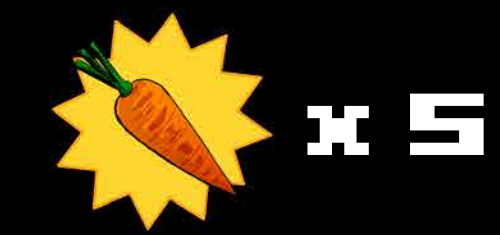
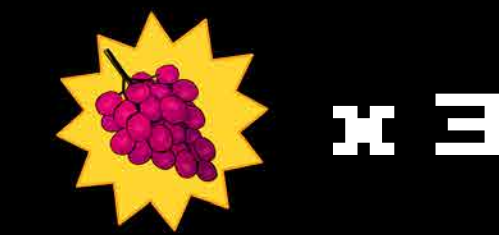


POWER UP!

Want to get to the next level?
Go for more fruits and veggies.

PLAYER 1



POWER UP!

Healthy foods help you skate through your day.



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LISTEN TO YOUR BODY

YOUR BODY

Double overtime victory!
You rock.

Yeah. Didn't know I had it in me.

Actually, it's all about what
you put in me.

Huh?

You've been eating more fruits
and veggies, right?

Yeah.

That's the fuel I need to do
my best.

I was just trying to impress that new girl
in the lunch line.

Whatever.

SEND

Eat more fruits and veggies
and your body will thank you.

(Maybe not in a text, but you
get the idea.)

Listen to your Body

Eat whole grains and your body will thank you.
(Maybe not in a text, but you get the idea.)





YOU CONTROL YOU

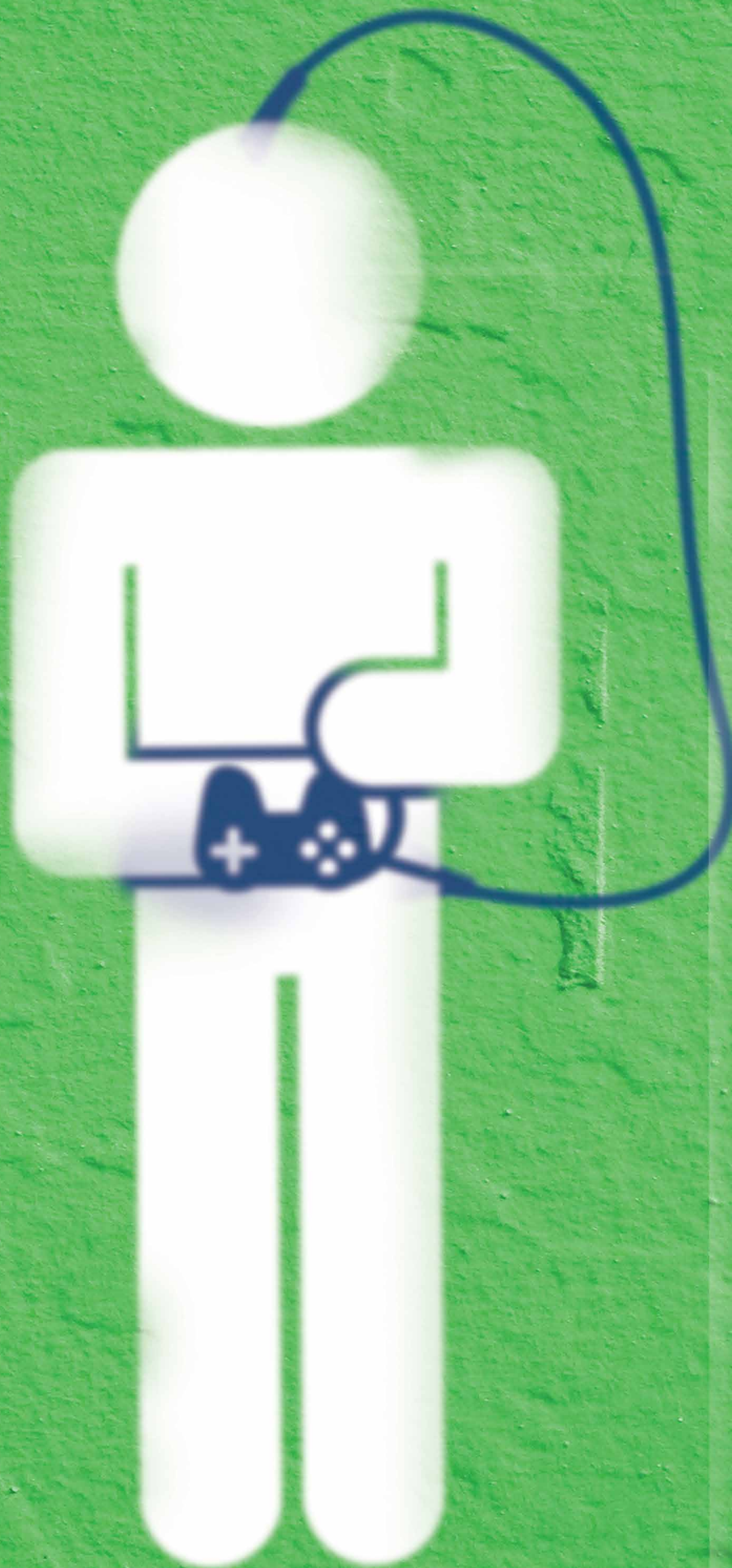
Your body is an amazing machine, but it's up to you to fuel it up with lots of healthy foods.



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you control you

Your body is the best device ever created. Don't junk it.

MILK



Your body needs calcium, protein, and vitamins for strong bones and muscles.

Score all three with low-fat milk.



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Calcium, protein, and
vitamins for strong bones,
teeth, and muscles.

That's the
beauty of



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