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# Attachment O:

## Parent Program Fidelity 6th Grade Session 4

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***Dating Matters: Strategies to Promote Healthy Teen Relationships™ Initiative***

Division of Violence Prevention  
National Center for Injury Prevention and Control  
Centers for Disease Control and Prevention



Activity	Yes	Yes w/ changes	No
1. Reviewed general ground rules	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Facilitated review of homework	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Facilitated review of the key concepts discussed in session 3	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Discussed how parents communicate messages through their behavior	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Opened session 4 with referral to quotations and proverbs from posters 10, 11 and 12	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Facilitated discussion on difficult sex related questions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Facilitated discuss on importance of parents communicating sexual values using talking points	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Facilitated small group activity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Discussed tools for talking with children about sex and relationships using slides 1-4	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Facilitated exercise to practice using the 5 tools	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. Showed video 11, same as video 9, Teachable Moments with pauses for discussion	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. Facilitated exercise, Discussing More Difficult Topics	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13. Facilitated discussion using slides 5 & 6, Sex Education Topics	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14. Facilitated discussion on when parents should talk to their children about being ready for relationships and sex	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15. Used talking points to summarize discussion	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
16. Introduced and explained homework	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
17. Facilitated review of session	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please indicate if you experienced any of these challenges that interfered with implementing today's session. *Check all that apply.*

1. Not enough time	<input type="checkbox"/>
2. I did not have the needed materials	<input type="checkbox"/>
3. Parents did not appear to understand the session	<input type="checkbox"/>
4. I was uncomfortable discussing some of the topics	<input type="checkbox"/>
5. Parents were uncomfortable discussing some of the topics	<input type="checkbox"/>
6. Some part of the session was difficult for parents (i.e., role plays, discussing sexual issues and topics, completing homework)	<input type="checkbox"/>
7. Other more pressing session demands	<input type="checkbox"/>
8. Other – please specify _____	<input type="checkbox"/>

**Describe any changes you made to the session activities.**

**Please think about today’s session and tell us your answers to the following questions. Circle the number that shows your opinion about each question.**

1. How engaged were the parents in the session?

- 1 *very bored*
- 2
- 3 *average*
- 4
- 5 *fully engaged*

2. Please think about how well you think the session went today.

- 1 *extremely poorly*

- 2
- 3 *average*
- 4
- 5 *exceptional*

3. How well do you think the parents understood the session material?

- 1 *Not at all*
- 2 *A little*
- 3 *A lot*
- 4 *Completely*

4. How well did the session material fit into the allotted time period?

- 1 *Session was too packed/not enough time to complete all activities*
- 2 *Session was somewhat packed/able to complete most but not all*
- 3 *Session was just right*
- 4 *Not enough material/session ended before class period completed*