OMB No. 0920-0941 Exp. Date: 6/30/2015

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# Attachment R: Parent Program Fidelity 7th Grade Session 1

Dating Matters: Strategies to Promote Healthy Teen Relationships™ Initiative

Division of Violence Prevention National Center for Injury Prevention and Control Centers for Disease Control and Prevention

### Parent Curriculum – 7th Grade, Session 1 – Parenting Positively?

#### **Attendance Log**

Implementer Name: Last Name:				
Program Year:	Session Number:			
Parent / Guardian Names - Last, First, Initial	Name of Child in Program	Name of Child in Program		

#### Parent Curriculum – 7th Grade, Session 1 – Parenting Positively

#### **Session Log**

Implementer Name: Last Name:	First Name	Initial:
Implementer Survey ID:	School Number:	
Program Year:	Session Number:	

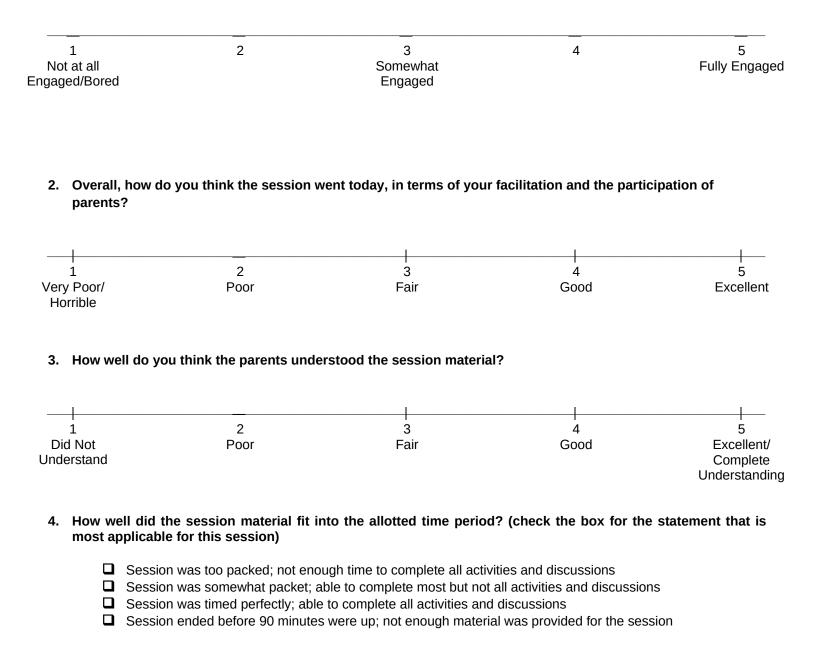
#### Please indicate if you completed the following activities:

Activity	Yes	Yes w/ changes	No
Introduced Dating Matters™ for Parents Curriculum			
a) Welcomed parents and facilitated introduction			
b) Introduced Dating Matters <sup>™</sup> for Parents curriculum			
c) Asked parents to think about something positive about their children		u	
d) Distributed Parent Handbooks and explained how they will be used		u	
Explained goals of Dating Matters™ for Parents			u
Provided the overview of the sessions			
Established general ground rules and expectations for the group			
a) Introduced the concept of ground rules and expectations to the group			
b) Facilitated a discussion on rules participants would like to implement for group behavior		u	
Facilitated icebreaker activity			
Presented on changes taking place during adolescence			
a) Introduced participants to changes occurring during adolescence		u	
b) Segued to a discussion on these changes		u	u
c) Facilitated a discussion on the outcomes associated with giving in to pressures		u	u
Discussed positive parent-child interaction			
a) Introduced the concept of "effective parenting" to participants			
b) Implemented the "Parenting Pie" activity		u	
c) Discussed skills participants could use to establish and enhance good parent- child relationships		u	
Delivered content on effective parent-child communication			u
a) Introduced the section			
b) Reviewed the tips for successful communication using Slides 12-15			
<ul> <li>b) Reviewed the tips for successful communication using Slides 12-15</li> <li>c) Implemented "Communication Blockers" activity</li> </ul>			
	Introduced Dating Matters™ for Parents Curriculum  a) Welcomed parents and facilitated introduction  b) Introduced Dating Matters™ for Parents curriculum  c) Asked parents to think about something positive about their children  d) Distributed Parent Handbooks and explained how they will be used  Explained goals of Dating Matters™ for Parents  Provided the overview of the sessions  Established general ground rules and expectations for the group  a) Introduced the concept of ground rules and expectations to the group  b) Facilitated a discussion on rules participants would like to implement for group behavior  Facilitated icebreaker activity  Presented on changes taking place during adolescence  a) Introduced participants to changes occurring during adolescence  b) Segued to a discussion on these changes  c) Facilitated a discussion on the outcomes associated with giving in to pressures  Discussed positive parent-child interaction  a) Introduced the concept of "effective parenting" to participants  b) Implemented the "Parenting Pie" activity  c) Discussed skills participants could use to establish and enhance good parent-child relationships  Delivered content on effective parent-child communication	Introduced Dating Matters™ for Parents Curriculum  a) Welcomed parents and facilitated introduction  b) Introduced Dating Matters™ for Parents curriculum  c) Asked parents to think about something positive about their children  d) Distributed Parent Handbooks and explained how they will be used  Explained goals of Dating Matters™ for Parents  Provided the overview of the sessions  Established general ground rules and expectations for the group  a) Introduced the concept of ground rules and expectations to the group  b) Facilitated a discussion on rules participants would like to implement for group behavior  Facilitated icebreaker activity  Presented on changes taking place during adolescence  a) Introduced participants to changes occurring during adolescence  b) Segued to a discussion on these changes  c) Facilitated a discussion on the outcomes associated with giving in to pressures  Discussed positive parent-child interaction  a) Introduced the concept of "effective parenting" to participants  b) Implemented the "Parenting Pie" activity  c) Discussed skills participants could use to establish and enhance good parent-child relationships  Delivered content on effective parent-child communication	Introduced Dating Matters™ for Parents Curriculum  a) Welcomed parents and facilitated introduction b) Introduced Dating Matters™ for Parents curriculum  c) Asked parents to think about something positive about their children d) Distributed Parent Handbooks and explained how they will be used  Explained goals of Dating Matters™ for Parents  Provided the overview of the sessions  Established general ground rules and expectations for the group a) Introduced the concept of ground rules and expectations to the group b) Facilitated a discussion on rules participants would like to implement for group behavior  Facilitated icebreaker activity  Presented on changes taking place during adolescence a) Introduced participants to changes occurring during adolescence b) Segued to a discussion on these changes c) Facilitated a discussion on the outcomes associated with giving in to pressures  Discussed positive parent-child interaction a) Introduced the concept of "effective parenting" to participants b) Implemented the "Parenting Pie" activity c) Discussed skills participants could use to establish and enhance good parent-child relationships  Delivered content on effective parent-child communication

indicate if any of the following challenges interfered with your ability to implement the on. Check all that apply.  1. Not enough time.  2. I did not have the needed materials.  3. Parents did not appear to understand the session.  4. I was uncomfortable discussing some of the topics.  5. Parents were uncomfortable discussing some of the topics.  6. Some part of the session was difficult for parents (i.e., role plays, discussing relationship issues and topics, homework).  7. Other more pressing session demands.		eted Home Session Overview			
1. Not enough time.  2. I did not have the needed materials.  3. Parents did not appear to understand the session.  4. I was uncomfortable discussing some of the topics.  5. Parents were uncomfortable discussing some of the topics.  6. Some part of the session was difficult for parents (i.e., role plays, discussing relationship issues and topics, homework).  7. Other more pressing session demands.	Closed	I session		_	
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1. Not enough time			lity to imp	lement th	ie
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3. Parents did not appear to understand the session.  4. I was uncomfortable discussing some of the topics.  5. Parents were uncomfortable discussing some of the topics.  6. Some part of the session was difficult for parents (i.e., role plays, discussing relationship issues and topics, homework).  7. Other more pressing session demands.	1.	Not enough time.			
4. I was uncomfortable discussing some of the topics.  5. Parents were uncomfortable discussing some of the topics.  6. Some part of the session was difficult for parents (i.e., role plays, discussing relationship issues and topics, homework).  7. Other more pressing session demands.	2.	I did not have the needed materials.			
5. Parents were uncomfortable discussing some of the topics.  6. Some part of the session was difficult for parents (i.e., role plays, discussing relationship issues and topics, homework).  7. Other more pressing session demands.	3.	Parents did not appear to understand the session.			
6. Some part of the session was difficult for parents (i.e., role plays, discussing relationship issues and topics, homework).  7. Other more pressing session demands.	4.	I was uncomfortable discussing some of the topics.			
relationship issues and topics, homework).  7. Other more pressing session demands.	5.	Parents were uncomfortable discussing some of the topics.			
	6.		ıssing		
8. Other – please specify	7.	Other more pressing session demands.			
	8.	Other – please specify			

Please think about today's session and tell us your answers to the following questions. Circle the number that shows your opinion about each question.

1. How engaged were the parents in the session?



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# Attachment S: Parent Program Fidelity 7th Grade Session 3

Dating Matters: Strategies to Promote Healthy Teen Relationships™ Initiative

Division of Violence Prevention National Center for Injury Prevention and Control Centers for Disease Control and Prevention

### Parent Curriculum – 7th Grade, Session 3 – Parenting By Example

#### **Attendance Log**

Implementer Name: Last Name:	First Name	_ Initial:
Implementer Survey ID:	School Number:	
Program Year:	_ Session Number:	

Parent / Guardian Names – Last, First, Initial	Name of Child in Program	Name of Child in Program

#### Parent Curriculum – 7th Grade, Session 3 – Parenting By Example

#### **Session Log**

Implementer Name: Last Name:	First Name	Initial:
Implementer Survey ID:	School Number:	
Program Year:	Session Number:	

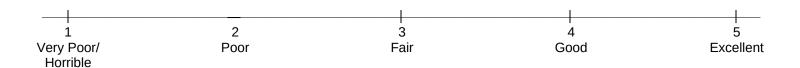
#### Please indicate if you completed the following activities:

12. Welcomed participants back  13. Implemented icebreaker activity  14. Facilitated brief review of general ground rules  15. Facilitated review of Session 1  16. Facilitated review of in-home session (Session 2)  17. Introduced Session 3  18. Discussed healthy and unhealthy relationship behaviors			
14. Facilitated brief review of general ground rules  15. Facilitated review of Session 1  16. Facilitated review of in-home session (Session 2)  17. Introduced Session 3			
15. Facilitated review of Session 1  16. Facilitated review of in-home session (Session 2)  17. Introduced Session 3			_
16. Facilitated review of in-home session (Session 2)  17. Introduced Session 3			_
17. Introduced Session 3			_
	_	_	
18. Discussed healthy and unhealthy relationship behaviors		<u> </u>	
a) Completed Activity 1: "Healthy vs. Unhealthy Relationships"	ш		
b) Discussed healthy and unhealthy relationship behaviors using Slides 1-2			
c) Segued to a discussion of teen dating violence		u	
d) Completed Activity 2: "How Does This Apply to Me?"		u	
e) Continued the discussion of teen dating violence using Slides 5-6	u	u	
f) Presented and discussed Video 1: "Break the Silence: Stop the Violence"			
19. Discussed the role of parents as relationship models			
Segued to a discussion on the role of parents as relationship models		u	
b) Referenced the list of resources for parents in the Parent Handbook		u	
c) Completed Activity 3: "Relationship Scenarios"		u	
d) Presented and discussed Video 2: "Children See, Children Do"		u	
13. Completed Session Recap			
14. Completed Home Session Overview	ш		
15. Closed session			

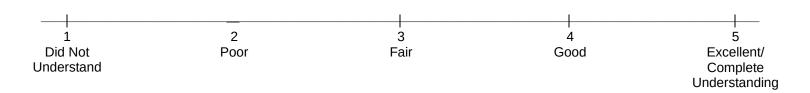
Please indicate if any of the following challenges interfered with your ability to impleme	ent the
session. Check all that apply.	

number that sh	out today's session and ows your opinion about were the parents in the ses	·	e following questior	ns. Circle the	
			e following questior	ns. Circle the	
Describe any cl	nanges you made to the	session activities.			
<b>16.</b> O	ther – please specify				
	ther more pressing session				
	ome part of the session was elationship issues and topics	difficult for parents (i.e., role pla	ays, discussing		
		discussing some of the topics.			
<b>12.</b> I \	vas uncomfortable discussir				
	arents did not appear to und	lerstand the session.			
	did not have the needed ma				

## 8. Overall, how do you think the session went today, in terms of your facilitation and the participation of parents?



#### 4. How well do you think the parents understood the session material?



- 8. How well did the session material fit into the allotted time period? (check the box for the statement that is most applicable for this session)
  - ☐ Session was too packed; not enough time to complete all activities and discussions
  - ☐ Session was somewhat packet; able to complete most but not all activities and discussions
  - ☐ Session was timed perfectly; able to complete all activities and discussions
  - ☐ Session ended before 90 minutes were up; not enough material was provided for the session

Exp. Date: 6/30/2015

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# Attachment T: Parent Program Fidelity 7th Grade Session 5

Dating Matters: Strategies to Promote Healthy Teen Relationships™ Initiative

Division of Violence Prevention National Center for Injury Prevention and Control Centers for Disease Control and Prevention

### Parent Curriculum – 7th Grade, Session 5 – Parenting Skillfully

#### **Attendance Log**

Implementer Name: Last Name:	First Name	_ Initial:
Implementer Survey ID:	School Number:	
Program Year:	_ Session Number:	

Parent / Guardian Names - Last, First, Initial	Name of Child in Program	Name of Child in Program

#### Parent Curriculum - 7th Grade, Session 5 - Parenting Skillfully

#### **Session Log**

Implementer Name: Last Name:	First Name Initial:_	
Implementer Survey ID:	School Number:	
Program Year:	Session Number:	

#### Please indicate if you completed the following activities:

Activity	Yes	Yes w/ changes	No
20. Welcomed participants back and facilitated re-introductions			
21. Facilitated brief review of general ground rules			
22. Facilitated review of Session 3			
23. Facilitated review of in-home session (Session 4)			
24. Introduced Session 5			
25. Completed discussion on parental supervision			
a) Facilitated a discussion of parental supervision using slides 1-4			
b) Facilitated a discussion of supervising children's use of electronic media	ш		
26. Completed discussion on other risks faced by adolescents			
<ul> <li>a) Facilitated a discussion on other teen risk behaviors (e.g., alcohol, drugs) using slides 5-6</li> </ul>	<u> </u>		
b) Emphasized the parent's role in the prevention of risky behaviors			
27. Completed a discussion on conflict resolution	ш		
a) Facilitated a discussion on conflict resolution			
b) Presented the 4-step plan to resolve conflicts using slides 7-10			
c) Briefly demonstrated the conflict resolution skills using the provided scenario and script			
d) Implemented the role-play on conflict resolution			
28. Completed Session Recap			
29. Completed Home Session Overview			
30. Closed session			

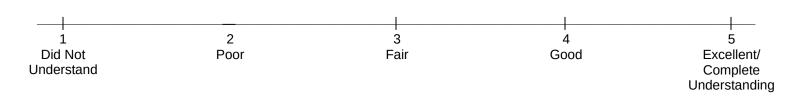
Please indicate if any of the following challenges interfered with your ability to implement the session. *Check all that apply*.

number that	about today's session and tell us your answers to shows your opinion about each question. ged were the parents in the session?	the following questions.	Circle the
		the following questions.	Circle the
 Describe any	changes you made to the session activities.		
24	. Other – please specify		
23	Other more pressing session demands.		
22	Some part of the session was difficult for parents (i.e., role relationship issues and topics, homework).	e plays, discussing	
	Parents were uncomfortable discussing some of the topics	s.	
1 20	I was uncomfortable discussing some of the topics.		
	i i arents did not appear to understand the session.		
19	I did not have the needed materials.      Parents did not appear to understand the session.		

14. Overall, how do you think the session went today, in terms of your facilitation and the participation of parents?



#### 5. How well do you think the parents understood the session material?



- 12. How well did the session material fit into the allotted time period? (check the box for the statement that is most applicable for this session)
  - ☐ Session was too packed; not enough time to complete all activities and discussions
  - ☐ Session was somewhat packet; able to complete most but not all activities and discussions
  - ☐ Session was timed perfectly; able to complete all activities and discussions
  - ☐ Session ended before 90 minutes were up; not enough material was provided for the session