# EVALUATION OF THE CAROL M. WHITE PHYSICAL EDUCATION PROGRAM (PEP)

SURVEY OF 2010
COMMUNITY-BASED
ORGANIZATIONS
GRANT RECIPIENTS

YEAR 1

U.S. DEPARTMENT OF EDUCATION

# SURVEY OF 2010 PEP COMMUNITY-BASED ORGANIZATIONS (CBO) GRANT RECIPIENTS: YEAR 1

#### Introduction

The U.S. Department of Education's Policy and Program Studies Service (PPSS) is conducting an evaluation of the Carol M. White Physical Education Program (PEP). As part of this evaluation, this survey asks about the design and implementation of your PEP grant. Your input is critical to understanding the implementation of PEP projects.

#### **Survey Instructions**

The survey will take approximately 60 minutes to complete. Not all items in the survey may apply to your PEP grant. Please follow the skip patterns noted next to particular items as you complete the survey – they will tell you whether or not you should skip ahead to a later question. If there is not an arrow next to your response and there is no indication that you should skip ahead, then just continue to the next item.

While this survey is designed for Project Directors of PEP grants, if necessary, please share the survey with other staff members knowledgeable about the project to ensure that the most complete and accurate information is recorded.

As a recipient of a PEP grant, your participation in the study is required under ESEA, Sec. 9306(a) (4). Your responses will be aggregated when presenting findings to the U.S. Department of Education (ED) and for reporting purposes.

### **Returning the Survey**

When you have completed the survey, **please return it to the email address provided no later than DATE**. If you have any questions about the study or would like to request a paper copy of the survey with a pre-addressed, pre-paid envelope, please feel free to contact Ms. Andrea Coombes, Survey Coordinator, by mail, phone, or email:

Andrea Coombes

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(202) 403-5278
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# We look forward to receiving your responses and thank you in advance for your cooperation.

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless such collection displays a valid OMB control number. The valid OMB control number for this information collection is XXXX-XXXX. The time required to complete this information collection is estimated to average 60 minutes per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have any comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: U.S. Department of Education, Washington, D.C. 20202-4537. If you have comments or concerns regarding the status of your individual submission of this form, write directly to: Policy and Program Studies Service, Office of Planning, Evaluation and Policy Development, U.S. Department of Education, 400 Maryland Avenue, S.W., [insert building/room number], Washington D.C. 20202-4537.

# Background

What is your current occupation?

Occupation		Check all that apply
a.	Project Director for a Carol M. White Physical Education Program (PEP) grant	
b.	CEO/president/executive director/administrator	
	Please specify your job title:	
C.	Branch/program director/coordinator	
	Please specify your job title:	
d.	Financial coordinator/director/officer	
	Please specify your job title:	_
e.	Project director/coordinator	
	Please specify your area(s):	
	Area Check all that apply	
	1. Athletic	
	2. Child care/family	
	3. Grants	
	4. Health & wellness	
	5. Marketing	
	6. Other, please specify:	
f.	Instructor/teacher	
	Please specify school level(s):	_
	School level Check all that apply	
	1. Elementary	
	2. Middle	
	3. Secondary	
	4. College/university	
	5. Other, please specify:	
g.	Health care professional (e.g., counselor, nurse, physician, psychologist)	
	Please specify your job title:	_
h.	Other, please specify:	

PEP Grant Target Population

How many youth has your PEP grant served to date?	
Total number of youth:	
Does your PEP grant serve the entire youth population affiliated with your CE	iO?
a. Yes	Skip to 5

Please indicate the reason(s) why your PEP grant does not serve all the youth affiliated with your CBO.

Reason not served	Check all that apply
a. Grant only targeted to reach certain groups     (e.g., specific ages, students with special needs)	
b. Not enough funding	
c. Other, please specify:	

Please indicate the age groups your PEP grant serves.

Age	Check all that apply
a. Younger than 5 years of age	
b. 5 years old	
c. 6 years old	
d. 7 years old	
e. 8 years old	
f. 9 years old	
g. 10 years old	
h. 11 years old	
i. 12 years old	
j. 13 years old	
k. 14 years old	
I. 15 years old	
m. 16 years old	
n. 17 years old	
o. Older than 17 years of age	

Please indicate the number of youth your PEP grant has served within each age group to date. If your PEP grant does not target or serve a given group, indicate "0."

Age group	Number of youth served
a. 10 years of age and younger	
b. 11 to 13 years of age	
c. 14 to 17 years of age	
d. 18 years of age and older	

Of the population your PEP grant serves, please indicate if your grant has activities specifically targeted at reaching or accommodating any of the following groups.

Group	Check all that apply
a. Youth with physical disabilities	
b. Youth with learning disabilities	
c. Boys	
d. Girls	
e. Hispanic/Latino youth, of any race	
f. Black or African American youth	
g. Native American youth	
h. Youth of other race/ethnicity, please specify:	
i. ELL/LEP students	
j. Students receiving free or reduced-price lunch	
k. Other, please specify:	

## **PEP Grant Design and Implementation**

From the following list, please indicate the type of personnel involved in the implementation of your PEP grant.

Position	Check all that apply
a. CBO personnel	
b. LEA/Board of Education/district administrator(s)	
c. School administrator(s)	
d. District financial director(s)/coordinator(s)	
e. Building and grounds director(s)	
f. Physical education (PE) coordinator(s)	
g. Physical education/health education teacher(s)	
h. District health/wellness coordinator(s) or committee	
i. Food/nutrition service coordinator(s)	
j. Nutritionist(s)	
k. Personnel from a local public health agency	
I. Health care professional(s; e.g., physician, RD, nurse)	
m. Official(s) from local government	
n. Official(s) from state government	
o. Mental health care professional(s; e.g., counselor, psychologist)	
p. Professional development provider(s)	
q. Grant writer(s)	
r. Curricula coordinator(s)	
s. Curricula developer(s)	
t. Athletic director(s)	
u. Administrative/clerical staff	
v. University personnel	
w. University students	
x. Students (beyond basic participation and self-recording)	

Position	Check all that apply
y. Parents	
z. Project evaluator(s)	
aa. Vendor(s)	
ab. Other, please specify:	

How was the need for your PEP grant assessed?

Method	Check all that apply		
a. School Health Index (SHI)			
b. Tool developed by your CBO		<b>→</b>	Skip to 11
c. Other, please specify:		<b>+</b>	Skip to 11

10. Please provide the **module score** from the overall score cards for the four modules of the School Health Index (SHI) self-assessment tool completed during the grant application process. In addition, please indicate those areas your PEP grant's School Health Improvement Plan addressed.

Area	Module Score	Addressed in School Health Improvement Plan Check all that apply
a. School health and safety policies and environment		
b. Health education		
c. Physical education and other physical activity programs		
d. Nutrition services		

|--|

11.	Please provide the nutrition and physical activity <b>needs</b> identified by the needs assessment tool your CBO used for the PEP grant application.

12. Using the scale below, please indicate the extent to which each of the following physical fitness related components were a focus of your proposed PEP grant. If a component was not proposed to be addressed by your PEP grant, please indicate "1."

1	2	3	4
Not a	Minimal	Moderate	Significant
focus	focus	focus	focus

Ph	Physical fitness component			e per	row
a.	Fitness education and assessment to help students understand, improve, or maintain their physical well-being	1	2	3	4
b.	Instruction in a variety of motor skills and physical activities designed to enhance the physical, mental, and social or emotional development of every student	1	2	3	4
c.	Development of, and instruction in, cognitive concepts about motor skills and physical fitness that support a lifelong healthy lifestyle	1	2	3	4
d.	Opportunities to develop positive social and cooperative skills through physical activity participation	1	2	3	4
e.	Opportunities for professional development for teachers of physical education to stay abreast of the latest research, issues, and trends in the field of physical education	1	2	3	4

13.	Please indicate the <b>physical</b> activities your CBO engaged in <b>before</b> receiving your current
	PEP grant, as well as those your PEP project has engaged in <b>since</b> receiving the grant.

Physical activity	Check all	that apply
Physical activity	Before	Since
a. Develop or redesign physical education policies		
b. Create a new physical education program		
c. Improve an existing physical education program		
d. Improve physical education instruction related to physical fitness		
e. Improve physical education instruction specific to physical activity		
f. Improve physical education instruction related to cognitive concepts		
g. Improve personnel/staff capacity to provide physical education instruction (e.g., professional development)		
h. Improve youth engagement in physical activities external to school-based curricula		
i. Increase family involvement in youth physical fitness		
j. Promote social and cooperative skills in physical fitness		
k. Other, please specify:		

14.	Please indicate the <b>healthy eating habits and good nutrition</b> activitie engaged in <b>before</b> receiving your current PEP grant, as well as those y has engaged in <b>since</b> receiving the grant.	•	
	Licelthy eating habite and good nutrition activity	Check all	that apply
	Healthy eating habits and good nutrition activity	Before	Since
	<ul> <li>a. Promote nutrition awareness to parents and communities (e.g., seminars, nutrition information flyers)</li> </ul>		
	b. Integrate nutrition education and nutritional themes into subject areas		
	c. Develop new curricula for nutrition education		
	d. Revise/expand existing curricula for nutrition education		
	e. Integrate school food service and nutrition education		
	f. Provide nutrition education pre-service and ongoing in-service training to instructors and staff		
	g. Involve parents and the community in supporting nutrition education		
	h. Improve instruction on nutrition education		
	i. Provide training for school staff to identify unhealthy eating behaviors in students and make referrals to appropriate services		
	i. Facilitate coordination between food service and instruction		

<b>I.</b>	Esta	blish a	listrict-w	vide nutri	ition edu	ucation (	commit	tee						L
m.	Othe	r, pleas	e specify	y:										
	-		grant pro	oposed icula?	to deve	elop, re	evise, c	or enh	ance	ohysic	al ed	ducatio	n a	nd/o

k. Encourage healthy eating habits in after-school programs

16.	Please select the best response related to your PEP grant's use of the Physical Education
	Curriculum Analysis Tool (PECAT) or the healthy eating module of the Health Education
	Curriculum Analysis Tool (HECAT) to inform curricula development or changes.

	PECAT	HECAT
Use	Select one per column	Select one per column
Did not use as part of the grant application and do not plan to use over the course of the PEP grant period		
b. Have not used, but plan to use during the PEP grant period		
c. Did not use as part of the grant application but have used during the period since the PEP grant was awarded		
d. Used and submitted results as part of the PEP grant application		

17. Please indicate how your PEP grant used the PECAT and/or HECAT to inform any curricula development or changes.

Us	e	PECAT Check all that apply	HECAT Check all that apply
a.	Assessed the accuracy of the health, medical, and scientific information in written curriculum		
b.	Determined whether the curriculum content matches national standards		
C.	Determined whether there are protocols matched with each national standard to guide the assessments of student skills and abilities		
d.	Analyzed curriculum alignment with social norms among youth, families, and community members		
e.	Assessed affordability of curriculum		
f.	Determined if curriculum content, materials, and instructional strategies can be successfully implemented by teachers within available time and with existing facilities and equipment		
g.	Created a PE curriculum revision or development committee		
h.	Developed new lessons, lesson plans, or learning activities		
i.	Developed new student assessment protocols to align with existing or new lessons, lesson plans, or learning activities		
j.	Developed a scope and sequence		
k.	Other, please specify:		

18.	Please indicate how your PEP grant intends to develop, revise, or enhance physical
	activity policies and food- and nutrition-related policies.

Policy action	Physical activity	Nutrition Chapter all that
	Check all that apply	Check all that apply
a. Develop new policies		
b. Revise or expand covered areas in current policies		
c. Update mandates of the current policies according to state/federal standards		
d. Improve implementation of physical education policies		
e. Strengthen policy review		
f. Strengthen policy monitoring		
g. Other, please specify:		

19. Using the scale below, please indicate the extent to which **physical activity policy elements** have changed as a result of your PEP grant.

1234NoMinorModerateSignificantchangeschangeschangeschanges

Physical activity policy element		Sele	ect on	e per	row
a. Require the use of a standards-based sequential phy (PE) curriculum	sical education	1	2	3	4
b. Require daily PE classes		1	2	3	4
c. Require that students are physically active for at leas time	t 50% of PE class	1	2	3	4
d. Require that all PE classes are taught by credentialed licensed PE instructors	d, certified, and/or	1	2	3	4
e. Require daily recess periods		1	2	3	4
f. Recommend or offer physical activity through before- school programs (e.g., clubs, intramurals)	and/or after-	1	2	3	4
g. Require the establishment of safer routes to school the coordination with the community	nrough	1	2	3	4
h. Require annual professional development and/or trait teachers	ning for PE	1	2	3	4
i. Require and provide training to classroom teachers of incorporate physical activity into the classroom	n how to	1	2	3	4
j. Other, please specify:		1	2	3	4

	<b>1</b> No changes	<b>2</b> Minor changes	of your PEP grant.  3  Moderate changes		<b>4</b> Signif chan	icant	
Fo	ood- and nutrition-relate	ed policy element		Sel	ect on	e per	row
a.	Require the use and i education curriculum	ntegration of a standar		1	2	3	4
b.	Increase consistent a	ccess to free, potable v	water for youth	1	2	3	4
C.		n of nutrition/healthy e .g., science, language	ating concepts into othe arts)	1	2	3	4
d.	Require annual profesinstructors/staff who p	ssional development a provide nutrition educat		1	2	3	4
e.	Require annual profes	ssional development a	nd/or training for nutritio	n 1	2	3	4
f.	for all foods sold and	and implementation of d served in schools (e.ç sers, classroom parties		ds 1	2	3	4
g.	Reduce availability of	foods of minimal nutrit	ional value (FMNV)	1	2	3	4
h.	Restrict the marketing	g of unhealthy foods on	school campuses	1	2	3	4
i.	Other, please specify	:		1	2	3	4
PE	d your LEA have a loo EP grant? Yes			lying for y		urrent	
Do	es your PEP grant pl	an to develop a local	wellness policy durin	g the gra	nt per	iod?	

23.	Prior to the PEP grant applic	cation, did you kno	ow about your LEA's loca	ıl well	ness	policy	/?
	a. Yesb. No						
24.	Using the scale below, pleas relates or will relate to the fo						
	<b>1</b> No relation	<b>2</b> Minor relation	<b>3</b> Moderate relation	;	<b>4</b> Signifi relati	cant	
	Nutrition- and physical fitness	-related activity		Sele	ect one	e per i	row
	a. Fitness education and ass	essment		1	2	3	4
	b. Instruction in healthy eatin	g habits and good r	nutrition	1	2	3	4
	c. Instruction in motor skills a	and physical activitie	es	1	2	3	4
	d. Instruction in cognitive cor	ncepts about motor	skills and physical fitness	1	2	3	4
	e. Opportunities to develop p physical activity participation		ooperative skills through	1	2	3	4
	f. Opportunities for profession education		r teachers of physical	1	2	3	4
	g. Other, please specify:			1	2	3	4
25.	Did your PEP grant project pu.S. Department of Agricultuinitiative?  a. Yesb. No	ure's (USDA) Hea	IthierUS School Challen				е

26.	Did your CBO use various technologies for physical fitness and good nutrition activities <b>before</b> your PEP grant was aw a. Yes		eating habits
	b. No		
27.	Does your PEP grant use and/or plan to use technology rel	ated to its activit	ties?
	a. Yesb. No		Skip to 29
28.	Please indicate the types of technologies that will be used of these will be supported with PEP grant funds.	during your PEP	grant and if
		Use	Supported by
	Technology	Check all that	PEP funds Check all that
		apply	apply
	a. Computers for teachers (specifically affiliated with grant-related activities)		
	b. Exergaming		
	Please specify type(s):		
	Exergame Check all that apply		
	1. Dance Dance Revolution		
	2. Wii		
	3. Other, please specify:		
	c. HopSports	<b>–</b>	<u> </u>
	d. Smart Boards		
	e. Foot cameras		
	f. Electronic devices (e.g., heart rate monitor, accelerometer)		
	g. Personal fitness tracking software		
	h. Other, please specify:		

29.	Did your CBO conduct professional development activities for physical healthy eating habits and good nutrition <b>before</b> your PEP grant was a a. Yes	
30.	Are professional development activities planned as part of your PEP of a. Yes	grant? Skip to 35
31.	Please indicate the professional development topics that have been o your PEP grant.	r will be offered by
	Professional development topic	Check all that apply
	a. Curricula development or improvement	
	b. Pedagogy training	
	c. Research in good nutrition	
	d. Research in physical education	
	e. Technology or equipment related	
	f. Instructional strategies	
	g. Student assessment	
	h. Other, please specify:	

Professional development approach	Check all that apply
a. Individually guided development	
h Inquire.	

Please indicate your PEP grant's approaches to professional development training.

32.

D. IIIquii y	
c. Involvement in a development or improvement process	
d. Observation and assessment	
e. Training (e.g., train-the-trainer, train everyone)	

33. Please indicate who has been and/or will be the providers of the professional development

f. Online resources (e.g., webinars)g. Other, please specify: \_\_\_\_\_\_

training your PEP grant plans to offer.

Professional d	evelopment provider	Check all that apply
a. College or	university	
b. CBO		
c. Federal go	vernment resource	
d. LEA or loca	al private or public school	
e. National as	sociation	
f. State asso	ciation	
g. State or loc	al health department	
h. State or loc	al education agency	
i. State or loc	al government resource	
j. Vendor or o	contractor	
k. Other, plea	se specify:	

34.	Please provide the percent of your PEP grant's proposed year 1 budget that is allocated
	to professional development activities:

35. Please indicate if your **CBO or, if applicable, an LEA partner** receives funds from or engages in the following programs.

Program		Participant or recipient Select one per row	
a.	CDC's Coordinated School Health program	Yes	No
b.	USDA's Team Nutrition initiative (Team Nutrition Training Grant)	Yes	No
C.	Recovery Act Communities Putting Prevention to Work-Community Initiative	Yes	No
d.	Any program authorized by the Richard B. Russell National School Lunch Act and the Child Nutrition and WIC Reauthorization Act of 2004	Yes	No

Pa	rtnerships and Collaborations
36.	Had your CBO established collaborations with community entities <b>prior</b> to receiving the current PEP grant?
	a. Yes
37.	Did your PEP grant application include an official partner agreement?
	a. Yes

38. Please identify the type of community entities that your PEP project partnered with **as part of an official partner agreement**. In addition, using the scale provided, please indicate the average level of involvement each has had in implementing your PEP grant project to date.

1	2	3	4
Not involved	Minor	Moderate	Significant
at all	involvement	involvement	involvement

	Official partner	Į.	nvolv	emer	nt	
Community entity	Check all that apply	Se	Select one per row			
a. College or university		1	2	3	4	
b. LEA(s)		1	2	3	4	
c. External evaluation/monitoring agency		1	2	3	4	
d. Head of the local government where your CBO is located		1	2	3	4	
e. Hospital or clinic		1	2	3	4	
f. LEA's food service or child nutrition director		1	2	3	4	
g. Local or State public health department/board of public health		1	2	3	4	
h. Public park or recreational authority		1	2	3	4	
i. Other CBOs		1	2	3	4	
j. Other local public health entity		1	2	3	4	
k. Other State or local government department		1	2	3	4	
I. Other, please specify:		1	2	3	4	

39. Please indicate the average level of involvement your PEP grant partners have had in the following areas.

1234NoMinorModerateSignificantinvolvementinvolvementinvolvementinvolvement

Area	Sel	ect on	ne per	row
a. Fitness education and assessment	1	2	3	4
b. Instruction in healthy eating habits and good nutrition	1	2	3	4
c. Instruction in motor skills and physical activities	1	2	3	4
d. Instruction in cognitive concepts about motor skills and physical fitness	1	2	3	4
e. Policy development	1	2	3	4
f. Providing nutrition services	1	2	3	4
g. Providing opportunities for youth to develop positive social and cooperative skills through physical activity participation	1	2	3	4
h. Providing staff/instructors with professional development opportunities related to nutrition or physical fitness	1	2	3	4
i. Other, please specify:	1	2	3	4

40. Please indicate any benefits related to your PEP grant's partnerships.

Benefit	Check all that apply
a. Allows personnel to focus on specific areas of expertise	
b. Builds upon knowledge base	
c. Capability of reaching more of the targeted population	
d. Contributes additional personnel	
e. Offers access to additional resources	
f. Provides additional funding, either directly or through funding opportunities	
g. Other, please specify:	

41.	Please describe any factors that have facilitated your PEP grant's partnership relationship(s).		

42. Please indicate the extent to which the following have been challenges in maintaining your PEP grant's partnerships to date.

1234Not aMinorModerateSignificantchallengechallengechallengechallenge

Challenge	Sel	ect on	e per	row
a. Difficulty coordinating meetings and activities	1	2	3	4
b. Diversion of time and resources away from other priorities or obligations of the PEP grant	1	2	3	4
c. Entities are not knowledgeable of project goals	1	2	3	4
d. Difficulty communicating efficiently and in a timely manner	1	2	3	4
e. Diminished interest in project goals and activities	1	2	3	4
f. Lack of established effective communication channels	1	2	3	4
g. The governance structure of the partnership(s) does not function effectively	1	2	3	4
h. Lack of commitment	1	2	3	4
i. Different or conflicting perspectives	1	2	3	4
j. Dissimilarity in partners' expectations on project activities	1	2	3	4
k. Interruption due to personnel turnover within community entities	1	2	3	4
I. Not perceived as mutually beneficial	1	2	3	4
m. Inadequate staff support	1	2	3	4
n. Interruption due to personnel turnover in the primary PEP CBO	1	2	3	4
o. Other, please specify:	1	2	3	4

43.	Has your PEP project attempted to establish collaboration being awarded the grant (i.e., collaborations or partnership official partner agreement)?		-		ice
	<ul> <li>a. Yes, we have established collaborations</li> <li>b. Yes, but we have been unable to establish collaborations</li> <li>c. No, we have not attempted to establish collaborations</li> </ul>	] ] ]		Skip to	
44.	Please identify any community entities that your PEP project are not part of an official partner agreement. In additional please indicate the average level of involvement each has grant project to date.  1 2 3  Not involved Minor Model involvement involvement involved involvement involved involvement.	n, using the sca had in implement erate	le proventing Sign	vided, your Pl 4 nificant	
	at all involvement involve		invol	vement	
	Community entity	Collaborator Check all that apply		olveme ect one   row	
	a. College or university		1	2 3	4
	b. LEA(s)		1	2 3	4
	c. External evaluation/monitoring agency		1	2 3	4
	d. Head of the local government where your CBO is located		1	2 3	4
	e. Hospital or clinic		1	2 3	4
	f. LEA's food service or child nutrition director		1	2 3	4
	g. Local or State public health department/board of public health		1	2 3	4
	h. Public park or recreational authority		1	2 3	4
	i. Other CBOs		1	2 3	4
	. 04 1 1 15 1 14 15		1	2 3	4
	j. Other local public health entity		_		
	k. Other State or local government department			2 3	4

45.	Please indicate the average level of involvement your PEP grant collaborators (i.e.,
	community entities not part of an official partner agreement) have had in the following
	areas.

1	2	3	4
No	Minor	Moderate	Significant
involvement	involvement	involvement	involvement

Area	Sel	ect on	e per	row
a. Fitness education and assessment	1	2	3	4
b. Instruction in healthy eating habits and good nutrition	1	2	3	4
c. Instruction in motor skills and physical activities	1	2	3	4
d. Instruction in cognitive concepts about motor skills and physical fitness	1	2	3	4
e. Policy development	1	2	3	4
f. Providing nutrition services	1	2	3	4
g. Providing opportunities for youth to develop positive social and cooperative skills through physical activity participation	1	2	3	4
h. Providing staff/instructors with professional development opportunities related to nutrition or physical fitness	1	2	3	4
i. Other, please specify:	1	2	3	4

Please indicate any benefits related to your PEP grant's collaborations with community entities.

Benefit	Check all that apply
a. Allows personnel to focus on specific areas of expertise	
b. Builds upon knowledge base	
c. Capability of reaching more of the targeted population	
d. Contributes additional personnel	
e. Offers access to additional resources	
f. Provides additional funding, either directly or through funding opportunities	
g. Other, please specify:	

47. Please indicate the extent to which the following have been challenges in establishing collaborations with community entities.

1234Not aMinorModerateSignificantchallengechallengechallengechallenge

Challenge	Sel	ect on	ie per	row
a. Difficulty coordinating meetings and activities	1	2	3	4
b. Diversion of time and resources away from other priorities or obligations of the PEP grant	1	2	3	4
c. Entities are not knowledgeable of project goals	1	2	3	4
d. Difficulty communicating efficiently and in a timely manner	1	2	3	4
e. Diminished interest in project goals and activities	1	2	3	4
f. Lack of established effective communication channels	1	2	3	4
g. The governance structure of the collaboration(s) does not function effectively	1	2	3	4
h. Lack of commitment	1	2	3	4
i. Different or conflicting perspectives	1	2	3	4
j. Dissimilarity in expectations by different partners on project activities	1	2	3	4
k. Interruption due to personnel turnover within community entities	1	2	3	4
I. Not perceived as mutually beneficial	1	2	3	4
m. Inadequate staff support	1	2	3	4
n. Interruption due to personnel turnover in the primary PEP CBO	1	2	3	4
o. Other, please specify:	_ 1	2	3	4

#### **PEP Grant Budget**

48. What was the total amount of your PEP award for the entire grant period?

- 49. Please provide the following information regarding your PEP grant budget.
  - i) Indicate the percent of your **proposed** PEP grant year 1 budget that was allocated to the following categories; these should total to 100%.
  - ii) Using the scale below, please indicate the option that best describes how much the **proposed** budget has needed to be revised to date for each of the categories.

1	2	3	4
No	Minor	Moderate	Significant
revision	revision	revision	revision

Budget categories	% Allocated	Select one per ro		row	
a. Personnel	%	1	2	3	4
b. Fringe benefits	%	1	2	3	4
c. Travel	%	1	2	3	4
d. Equipment	%	1	2	3	4
e. Supplies	%	1	2	3	4
f. Contractual	%	1	2	3	4
g. Training stipends	%	1	2	3	4
h. Indirect costs	%	1	2	3	4
i. Other, please specify:	%	1	2	3	4
Total Funds:	100%				

50.	Please select the reason(s) budget revisions have been or will be necessary for the first
	year of your PEP grant.

Reason for budget revision	Check all that apply
a. No revisions have been necessary	
b. Matched funds are not being provided as expected	
c. Underestimated costs	
d. Unexpected costs	
e. Unexpected savings	
f. Other, please specify:	

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#### **PEP Grant Measures and Outcomes**

51.	Please indicate if your CBO collected Body Mass Inde the current PEP grant.	x (BMI) data <b>r</b>	<b>prior</b> to being awarded
	a. Yes		
	b. No		
52.	Please select from the following options related to BM your PEP grant.	l data collectio	on those that apply to
	BMI measures	Check all that apply	
	BMI data collection <b>was not proposed</b> as part of the PEP grant and there currently are no plans to collect BMI data		Skip to 55
	b. BMI data collection was included as part of the PEP grant proposal		
	c. BMI data collection was implemented after the PEP grant was awarded		
	d. BMI data were collected at the start of the 2010–2011 school year (i.e., baseline/start of PEP project)		
53.	Please indicate the number of BMI data collections yo the course of the first year of the grant:	ur PEP grant <sub> </sub>	plans to conduct over
	Number of times data has been collected	to date	
	Number of additional times data will be co	llected	

ВМ	II use	Check all that apply
a.	To assess the weight status of the youth population across time	
b.	To calculate percentage of youth of different weight statuses among the population	
c.	To assess outcomes related to PEP grant activities	
d.	To compare the population trends at different sites/schools	
e.	To assess the weight status of individual youth to identify those at risk for weight-related health problems	
f.	To provide parents with information about their children's BMI to help them take appropriate action	
g.	To guide physical activity program development	
h.	To guide nutrition-related program development	
i.	To provide the data to school administrator(s)/board(s) to inform policy change	
j.	Other, please specify:	

following:	
Measure 1.1 The percentage of students served by the grant who engage in 60 min physical activity.	utes of daily
Measure 1.2 The percentage of students served by the grant who achieve age-appr cardiovascular fitness levels.	opriate
Measure 1.3 The percentage of students served by the grant who consume fruit two day and vegetables three or more times per day.	o or more times per

55. For each GPRA measure, please indicate whether data was collected from the entire population served by your PEP project or from a sample of the population served.

	1.1	1.2	1.3
Data collection	Check	Check	Check
	one	one	one
a. Collected data from the entire population served			
b. Collected data from a sample of the population served			

56. For each GPRA measure, please indicate if the data collection period has taken place to date.

Collection time	1.1	1.2	1.3
Collection time	Check all that apply	Check all that apply	Check all that apply
a. Baseline			
b. 1 <sup>st</sup> data collection			
c. 2 <sup>nd</sup> data collection			
d. 3 <sup>rd</sup> data collection			
e. 4 <sup>th</sup> data collection			
f. Additional data collection			

57.	Please indicate which of the uniform data collection methods your PEP grant used. If the
	method was used, please indicate how difficult it was to collect the required GPRA
	performance measures using the scale provided.

1	2	3	4
Not	Slightly	Moderately	Extremely
difficult	difficult	difficult	difficult

Data collection method		Check all that apply		Select one per row			
a.	Pedometer data for Measure 1.1		1	2	3	4	
b.	3-Day Physical Activity Recall (3DPAR) data for Measure 1.1		1	2	3	4	
C.	20-meter shuttle run data for Measure 1.2		1	2	3	4	
d.	Nutrition-related questions from the Youth Risk Behavior Survey Measure 1.3		1	2	3	4	

Please indicate if your CBO had used any of the data collection methods that are being used to collect GPRA performance measures **prior** to receiving your current PEP grant.

Data collection method	Check all that apply
a. Pedometer	
b. 3-Day Physical Activity Recall (3DPAR)	
c. 20-meter shuttle run	
d. Nutrition-related questions from the Youth Risk Behavior Survey Measure	

59.	Please indicate any additional data collection methods your PEP grant used to collect
	physical activity, fitness, and/or nutrition information for the following age groups.

Mo	acurament method	10 years & younger	11-13 years	14-17 years	18 years & older
ivie	asurement method	Check all that apply			
a.	Logs kept by parents				
b.	Logs kept by youth				
C.	Observations by school personnel/staff				
d.	Survey(s), please specify:				
e.	Accelerometers				
f.	Heart rate monitors				
g.	Other device(s), please specify:				
h.	Other, please specify:				

60. Please indicate if your CBO had used any of the additional data collection methods **prior** to receiving your current PEP grant.

Measurement method	Check all that apply
a. Logs kept by parents	
b. Logs kept by students	
c. Observations by school personnel/staff	
d. Survey(s), please specify:	
e. Accelerometers	
f. Heart rate monitors	
g. Other device(s), please specify:	
h. Other, please specify:	

61.	For each age group, please indicate if your PEP grant includes plans to collect any of the
	following measures and if they were collected during the first grant year to date.

Ou	tcome measure	10 years & younger Check all that apply	11-13 years Check all that apply	14-17 years Check all that apply	18 years & older Check all that apply	Colle 1 <sup>st</sup> y Selec per	ear t one
a.	Aerobic capacity (e.g., timed walking/running)					Yes	No
b.	Balance					Yes	No
C.	Cardio-vascular measures (e.g., blood pressure, heart rate)					Yes	No
d.	Flexibility					Yes	No
e.	Muscular endurance					Yes	No
f.	Muscular strength					Yes	No
g.	Nutrition					Yes	No
h.	Obesity rate					Yes	No
i.	FITNESSGRAM entire battery					Yes	No
j.	Youth Risk Behavior Survey (other than nutrition-related items)					Yes	No
k.	Other, please specify:					Yes	No

62.	Please indicate if your CBO collected any of the following measures prior to receiving
	your current PEP grant.

Outcome measure	Check all that apply
a. Aerobic capacity (e.g., timed walking/running)	
b. Balance	
c. Cardio-vascular measures (e.g., blood pressure, heart rate)	
d. Flexibility	
e. Muscular endurance	
f. Muscular strength	
g. Nutrition	
h. Obesity rate	
i. FITNESSGRAM entire battery	
j. Youth Risk Behavior Survey (other than nutrition-related items)	
k. Other, please specify:	

63. Using the scale below, please indicate how the GPRA performance measures relate to your PEP grant's goals.

1234NotMinimallyModeratelySignificantlyrelatedrelatedrelatedrelated

GF	PRA performance measure	Sel	ect o	one p w	oer
a.	<b>Measure 1.1:</b> The percentage of students served by the grant who engage in 60 minutes of daily physical activity	1	2	3	4
b.	<b>Measure 1.2:</b> The percentage of students served by the grant who achieve age-appropriate cardiovascular fitness levels	1	2	3	4
C.	<b>Measure 1.3:</b> The percentage of students served by the grant who consume fruit two or more times per day and vegetables three or more times per day	1	2	3	4

# **PEP Grant Implementation and Challenges**

64.	Please indicate the degree to which your PEP grant's planned <b>year 1</b> activities were able to be implemented to date.				
	1 Very few of the activities	<b>2</b> Less than half of the activities	<b>3</b> Half of the activities	<b>4</b> Majority of the activities	<b>5</b> All of the activities
65.	Have you impleme	ented any approved	unplanned activ	ities since the grant	cycle started?
	a. Yes			. 🗖	
	b. No			. 🗖	Skip to 67
66.	66. Please describe any approved unplanned activities your PEP grant has bee implement to date.				een able to

67. Please indicate any challenges you have encountered **to date** while implementing the first year of your PEP grant.

lm	plementation challenge	Check all that apply
a.	Budget-related obstacles (e.g., dry-up of matching funds)	
b.	Challenge(s) collecting GPRA measures  Please specify type of challenge(s):	
	Challenge collecting measures  Check all that apply	
	1. Coordinating data collection across sites 2. Failure to return requested information 3. Lack of personnel/staff 4. Lack of preparation time 5. Loss or theft of equipment 6. Malfunctioning/faulty equipment 7. Lack of proper data collection/reporting by personnel/staff 8. Lack of proper data collection/reporting by students 9. Problems with sampling 10. Requirements not clear 11. Other, please specify:	
C.	Delays	
	Please specify type of delay(s):	
	Delay Check all that apply	
	<ol> <li>Administrative approval/requirements</li> <li>Arrival of ordered equipment/materials</li> <li>Hiring personnel/staff</li> <li>Other, please specify:</li> </ol>	
d.	Difficulty coordinating across sites	
e.	Difficulty with partners and/or external collaborators	
f.	Equipment installation and/or set-up problems	
g.	Federal grant monitors or other federal administrative obstacles (e.g., accessing funds)	
h.	Lack of time to prepare for the start of the PEP grant following award notification	
i.	Staff turnover	
j.	Training obstacles (e.g., low attendance, longer than planned)	
k.	Competing academic priorities or pressures	

	Implementation challenge	Check all that apply
	I. Lack of facilities	
	m. Other, please specify:	
	n. No challenges	
68.	Please describe the greatest difficulties your PEP grant has encountered in implementing the project as designed.	
69.	Has your PEP grant implemented any changes and/or strategies to address the challenges?  a. Yes	ese Skip to 71

70.	lease indicate the strategies your PEP grant has implemented to address the challenges ncountered to date.	
	Strategy	Check all that apply
	a. Adjusted timeline	
	b. Changed goals	
	c. Eliminated activities/components	
	d. Implemented alternative activities	
	e. Identified alternate and/or additional partners/collaborators	
	f. Reorganized personnel/staff responsibilities	
	g. Revised data collection methods	
	h. Other, please specify:	
71.	Please provide any additional information you found important related implementing the PEP grant as designed to date.	to your efforts in
	Thank you very much for completing this survey!	