Form Approved

OMB No. 0920-xxxx

Exp. Date xx/xx/xxxx

**Youth Activity Diary**

Public reporting burden of this collection of information is estimated to average 10 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports Clearance Officer; 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333; ATTN: PRA (0920-xxxx)

1. Date (month / day / year) \_\_\_\_/\_\_ \_/20\_\_\_\_\_\_\_\_

Study ID # \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Was this a school day? (circle one) YES NO
2. What time did you get out of bed in the morning? \_\_\_\_ \_\_\_\_ : \_\_\_\_ \_\_\_\_
3. Did you take off the monitor during the day? (circle one) YES NO   
   If yes, *when* (time) \_\_\_\_ \_\_\_\_ : \_\_\_\_ \_\_\_\_ and *why* (circle one) Swim Shower Other, specify:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. What time did you get into the bed in the evening? \_\_\_\_ \_\_\_\_ : \_\_\_\_ \_\_\_\_

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Time of day** | **Did you wear the Monitor?**  **(circle one)** | **Most of the time, where were you?**  **(circle one)** | **During this time, did you bicycle?  (circle Yes or No; if Yes, specify activity time(s))**  By “transportation” we mean going from place to place to do errands, shop, go to work or school | **During this time, did you walk?  (circle Yes or No; if Yes, specify activity time(s))**  By “transportation” we mean going from place to place to do errands, shop, go to work or school |
| Early morning  (5:01am – 9:00am) | Yes No | Home School  Other, specify: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Yes  - for leisure \_\_ \_\_ min  - for transportation \_\_ \_\_ min  - for other reason \_\_ \_\_ min  No | Yes  - for leisure \_\_ \_\_ min  - for transportation \_\_ \_\_ min  - for other reason \_\_ \_\_ min  No |
| Morning  (9:01am – 11:00am) | Yes No | Home School  Other, specify: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Yes  - for leisure \_\_ \_\_ min  - for transportation \_\_ \_\_ min  - for other reason \_\_ \_\_ min  No | Yes  - for leisure \_\_ \_\_ min  - for transportation \_\_ \_\_ min  - for other reason \_\_ \_\_ min  No |
| Lunch time  (11:01am – 1:00pm) | Yes No | Home School  Other, specify: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Yes  - for leisure \_\_ \_\_ min  - for transportation \_\_ \_\_ min  - for other reason \_\_ \_\_ min  No | Yes  - for leisure \_\_ \_\_ min  - for transportation \_\_ \_\_ min  - for other reason \_\_ \_\_ min  No |
| Afternoon  (1:01pm – 5:00pm) | Yes No | Home School  Other, specify: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Yes  - for leisure \_\_ \_\_ min  - for transportation \_\_ \_\_ min  - for other reason \_\_ \_\_ min  No | Yes  - for leisure \_\_ \_\_ min  - for transportation \_\_ \_\_ min  - for other reason \_\_ \_\_ min  No |
| Dinner time  (5:01pm – 8:00pm) | Yes No | Home School  Other, specify: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Yes  - for leisure \_\_ \_\_ min  - for transportation \_\_ \_\_ min  - for other reason \_\_ \_\_ min  No | Yes  - for leisure \_\_ \_\_ min  - for transportation \_\_ \_\_ min  - for other reason \_\_ \_\_ min  No |
| After dinner  (8:01pm – 10:00pm) | Yes No | Home School  Other, specify: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Yes  - for leisure \_\_ \_\_ min  - for transportation \_\_ \_\_ min  - for other reason \_\_ \_\_ min  No | Yes  - for leisure \_\_ \_\_ min  - for transportation \_\_ \_\_ min  - for other reason \_\_ \_\_ min  No |
| Bed time  (10:01pm – midnight) | Yes No | Home School  Other, specify: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Yes  - for leisure \_\_ \_\_ min  - for transportation \_\_ \_\_ min  - for other reason \_\_ \_\_ min  No | Yes  - for leisure \_\_ \_\_ min  - for transportation \_\_ \_\_ min  - for other reason \_\_ \_\_ min  No |
| Middle of the night  (12:01pm – 5:00am) | Yes No | Home School  Other, specify: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Yes  - for leisure \_\_ \_\_ min  - for transportation \_\_ \_\_ min  - for other reason \_\_ \_\_ min  No | Yes  - for leisure \_\_ \_\_ min  - for transportation \_\_ \_\_ min  - for other reason \_\_ \_\_ min  No |