Attachment H: Parent Outcome Survey Baseline

Dating Matters: Strategies to Promote Healthy Teen Relationships[™] Initiative

Division of Violence Prevention National Center for Injury Prevention and Control Centers for Disease Control and Prevention

Form Approved OMB No. 0920-XXXX Exp. Date:

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Program Year:	
Parent Survey ID:	
School Number:	
Survey Iteration:	

Evaluation of CDC's Dating Matters™: Strategies to Promote Healthy Teen Relationships Initiative

PARENT/GUARDIAN SURVEY

Instructions

- Use a pencil or blue or black pen.
- Fill bubbles completely. Like this:
- Do not mark answers with \mathbf{x} 's or \mathbf{v} 's.
- 1. What is your zip code? ____
- 2. What is your gender?
 - Male
 - Female
 - Transgendered

3. How old are you? ___

4. Are you Hispanic or Latino?

- Yes
- O No

5. What is your race?

- White
- \odot Black of African American
- O Native Hawaiian or other Pacific Islander
- Asian
- O American Indian or Alaska Native
- Other (Specify: ______

- 6. Does this same child (the Middle School child that qualified you to take this survey) live with you? • Yes
 - O No
- 7. Which of the following best describes your current employment status?
 - \odot Work full-time
 - Work part-time
 - \odot Work occasionally
 - \odot Homemaker or stay-at-home parent
 - Unemployed
 - Student
 - O Retired
 - \odot Other

8. What is your total <u>family</u> income <u>per month</u> (including earnings from all the people in your household)?

- \$0 to \$199
- \$200 to \$499
- \odot \$500 to \$999
- \$1,000 to \$1,999
- \$2,000 to \$2,999
- \$3,000 to \$3,999
- \odot \$4,000 or more

9. On average, how much difficulty have you had paying your bills in the past year?

- \odot No difficulty at all
- A little difficulty
- \circ Quite a bit of difficulty
- A great deal of difficulty

10. How far did you go in school?

- Never attended high school
- O Attended high school but did not finish
- Completed high school or GED
- Some college
- O Technical, Associates, or 2-year degree
- 4-year college degree
- Completed graduate or professional school

11. How often does your family attend religious activities, including services?

- \circ Never
- A few times a year
- \odot Once or twice a month
- \odot Once a week
- \odot More than once a week

12. How important are your religious beliefs to you?

- Not at all important
- Slightly important
- Moderately important
- Very important

13. In the past year, in which of the following parenting skills programs regarding middle school students have you participated? (Check all that apply)

- Healthy diet and/or exercise programs
- Alcohol and drug use prevention
- PTA or other school programs supporting parents
- \odot The Dating Matters parenting programs addressing teen dating violence
- Other violence prevention programs
- None

The next questions are about the people that live in your household.

14. Including yourself, how many people (adults and children) currently live in your household?

01 02 03 04 05 06 or more

15. How many biological children do you have?

○ None ○ 1 child ○ 2 children ○ 3 children 4 children ○ 5 or more

16. How many other children that are not your biological children live with you in your household?

○ None ○ 1 child ○ 2 children ○ 3 children 4 children ○ 5 or more

The next questions refer to your child in middle school. (If you have more than one child in middle school, these questions refer to your youngest middle-school child). Please answer these and all other questions about this same child.

- 17. What is your relationship to the Middle School child that qualified you to take this survey?
 - Biological mother or father
 - Stepmother or stepfather
 - O Parent's girlfriend or boyfriend
 - Adoptive mother or adoptive father
 - Foster mother or foster father
 - Grandmother or grandfather
 - Aunt or Uncle
 - O Brother or sister
 - A different role (child's legal guardian)
 - Other (not child's legal guardian)
- 18. How many years have you lived together with your Middle School child (even if you moved homes)?

o one year	0 4 years	0 7 years	0 10 years	0 13 years
0 2 years	○ 5 years	0 8 years	0 11 years	○ 14 years
0 3 years	○ 6 years	○ 9 years	0 12 years	○ 15 years

19. Is your Middle School child involved in any after-school or weekend activities, like school clubs, sports teams, music or dance groups, church groups, Girl Scouts or Boy Scouts, or girls club or boys club?

 \circ Yes

 \circ No \rightarrow If No, skip to Question 21

20. How many different activities is he/she involved in over a typical school year?

0 1 activity	0 4 activities
○ 2 activities	\circ 5 or more activities
O 3 activities	

21. Please indicate how much you agree or disagree with the following statements.	Strongly agree	Somewha t agree	Somewha t disagree	Strongly disagre e
a) A woman's place is in the home, not in the office or shop.	0	0	0	0
b) A woman who carries out her full family responsibilities does not have time for outside employment.	0	0	0	0
c) The employment of wives leads to more juvenile delinquency.	Ο	Ο	Ο	Ο
d) It is better for everyone concerned if the man is the achiever outside the home and the woman takes care of the home and the family.	0	Ο	0	0
e) Men should share the work around the house with women, such as doing dishes, cleaning and so forth.	Ο	0	Ο	0
 f) Women are much happier if they stay at home and take care of their children. 	0	0	Ο	0

The following questions are about the neighborhood or community that you live in.

- 22. How long have you lived in this <u>neighborhood</u>? (If you have moved in and out, how long have you lived in this neighborhood since the last time you moved in?)
 - \odot Less than 1 year
 - \odot 1-2 years
 - \odot 3-5 years
 - \odot More than 5 years
- 23. How many times have you moved in the last year?
 - $\circ \text{ Once }$
 - \odot Twice
 - 3 or more times
 - \odot Did not move in the last year
- 24. How long has your child lived in this <u>neighborhood</u>? (If he/she has moved in and out, how long has he/she lived in this neighborhood since the last time he/she moved in?)
 - \odot Less than 1 year
 - \odot 1-2 years
 - \odot 3-5 years
 - More than 5 years

25. How many times has your child moved in the last year?

- \circ Once
- Twice
- 3 or more times
- O Did not move in the last year

These next questions are examples of things that can happen in neighborhoods. For each example, please indicate what you think people in your neighborhood would be most likely to do.

	general, what would someone in your borhood most likely do if	Do Nothin g	Complain to or discuss with other neighbor s	Talk to someone who can do something about it, for example the police, a landlord, or a parent	Do somethin g directly, for example, step in and/or talk to the person or people involved
a)	a group of teenagers has just started to fight?	0	0	0	0
b)	teenagers are drinking alcohol?	0	0	Ο	Ο
c)	… teenagers are spray-painting graffiti (tagging)?	0	Ο	Ο	Ο
d)	a male teenager is verbally or physically abusing (yelling/pushing/shoving/slapping) his romantic partner?	0	0	0	0
e)	a female teenager is verbally or physically abusing (yelling/pushing/shoving/slapping) her romantic partner?	0	0	Ο	Ο
f)	a teenager is stealing from a store?	0	0	0	0

27. As a reminder, if you have more than one child in middle school, then please answer these questions about your <u>youngest</u> middle school child.

Regarding your Middle School child, how often.....

		Almost Never	Once in a While	Sometime s	Often	Almost Always
a)	Can you discuss your beliefs with your child without	0	0	0	0	0
	feeling restrained or embarrassed?					
b)	Is your child a good listener?	0	0	0	0	0
c)	Are you very satisfied with how you and your child talk together?	0	0	0	0	0
d)	Does your child try to understand your point of view?	0	0	0	0	0
e)	Are there things you avoid discussing with your child?	0	0	0	0	0
f)	Do you discuss child-related problems with your child?	0	0	0	0	0

		Almost Never	Once in a While	Sometime s	Often	Almost Always
g)	Does your child insult you when he/she is angry with you?	0	0	0	0	0
h)	feel about things?					
i)	Does your child tell you about his/her personal problems?	0	0	0	0	0
j)	Does your child keep his/her feelings to him/herself rather than talk about them with you?	0	0	0	0	0
k)	Does your child hide being angry?	0	0	0	0	0
l)	Do you encourage your child to think about things and talk about them so that he/she can establish his/her own opinion?	0	0	0	0	0
m)	If your child is upset, is it difficult for you to figure out what he/she is feeling?	0	0	0	0	0
n)	Does your child let things pile up without talking or dealing with them until they are more than you and he/she can handle?	0	0	0	0	0
0)	Does your child let you know what is bothering him/her?	0	0	0	0	0
p)	Are there certain topics which you do not allow your child to discuss with you?	0	0	0	0	0
q)	Does your child admit mistakes without trying to hide anything?	0	0	0	0	0
r)	Can your child have his/her say even if you disagree?	0	0	0	0	0
s)	Do you and your child come to a solution when you talk about a problem?	0	0	0	0	0

28. The following are a number of statements about your family. Please rate each item as to how often it TYPICALLY occurs in your home. As a reminder, if you have more than one child in middle school, then please answer these questions about your <u>youngest</u> middle school child..

		Never	Almost Never	Sometimes	Often	Always
a)	You have a friendly talk with your child.	0	0	0	0	0
b)	You let your child know when he/she is doing a good job with something.	0	0	0	0	0
C)	You threaten to punish your child and then do not actually punish him/her.	0	0	0	0	0
d)	You volunteer to help with special activities that your child is involved in (such as sports, boy/girl scouts, church youth groups).	0	0	0	0	0
e)	You reward or give something extra to your child for obeying you or behaving well.	0	0	0	0	0
f)	Your child fails to leave a note or to let you know where he/she is going.	0	0	0	0	0
g)	You play games or do other fun things with your child.	0	0	0	0	0

		Never	Almost So Never	metimes	Often	Always
h)	Your child talks you out of being punished after he/she has done something wrong.	0	0	Ο	0	0
i)	You ask your child about his/her day in school.	0	0	0	0	0
j)	Your child stays out in the evening past the time he/she is supposed to be home.	0	0	Ο	0	0
k)	You help your child with his/her homework.	0	0	0	0	0
l)	You feel that getting your child to obey you is more trouble than it's worth.	0	0	0	0	0
m)	You compliment your child when he/she does something well.	0	0	0	0	0
n)	You ask your child what his/her plans are for the coming day.	0	0	0	0	0
0)	You drive (or take) your child to a special activity.	0	0	0	0	0
p)	You praise your child if he/she behaves well.	0	0	0	0	0
d)	Your child is out with friends you don't know.	0	0	0	0	0
r)	You hug or kiss your child when he/she has done something well.	0	0	0	0	0
s)	Your child goes out without a set time to be home.	0	0	0	0	0
t)	You talk to your child about his/her friends.	0	0	0	0	0
u)	Your child is out after dark without an adult with him/her.	0	0	0	0	0
V)	You let your child out of a punishment early (for example lift restrictions earlier than you originally said).	0	Ο	0	0	0
W)	Your child helps plan family activities.	0	0	0	0	0
x)	You get so busy that you forget where your child is and what he/she is doing.	0	0	0	0	0
у)	Your child is not punished when he/she has done something wrong.	0	0	0	0	0
z)	You attend PTA meetings, parent/teacher conferences, or other meetings at your child's school.	0	Ο	0	0	0
aa)	You tell your child that you like it when he/she helps out around the house.	0	0	0	0	0
bb)	You don't check that your child comes home at the time she/he was supposed to.	Ο	0	Ο	0	0
cc)	You don't tell your child where you are going.	0	0	0	0	0
dd)	Your child comes home from school more than an hour past the time you expect him/her.	0	Ο	0	0	0
ee)	The punishment you give your child depends on your mood.	0	0	0	0	0
ff)	Your child is at home without adult	0	0	0	0	0

		Never	Almost S Never	Sometimes	Often	Always
	supervision.					
gg)	You spank your child with your hand when he/she has done something wrong.	0	0	0	0	0
hh)	You ignore your child when he/she is misbehaving.	0	0	0	0	0
ii)	You slap your child when he/she has done something wrong.	0	0	0	0	0
jj)	You take away privileges or money from your child as a punishment.	0	0	0	0	0
kk)	You send your child to his/her room as a punishment.	0	0	0	0	0
ll)	You hit your child with a belt, switch, or other object when he/she has done something wrong.	Ο	0	Ο	0	0
mm)	You yell or scream at your child when he/she has done something wrong.	0	0	0	0	0
nn)	You calmly explain to your child why his/her behavior was wrong when he/she misbehaves.	0	0	0	0	0
00)	You use time out (make him/her sit or stand in a corner) as a punishment.	0	0	0	0	0
pp)	You give your child extra chores as a punishment.	0	0	0	0	Ο

29. Next you will be asked whether you and your child have ever talked about different things and what kinds of things you might have said to him or her. Some of the topics are sensitive topics, like sex. Remember, your answers are private and will not be shown to anyone. As a reminder, if you have more than one child in middle school, then please answer these questions about your <u>youngest</u> middle school child.

In the	past month,	Never	Once or twice	3-4 times	5 or more times
a) 1	How many times have you talked to your child about getting enough physical exercise?	0	0	0	0
b) 2	How many times have you talked to your child about eating the right kinds of foods?	0	Ο	0	0
c) 3	How many times have you talked to your child about alcohol?	0	0	0	0
d) 4	How many times have you talked to your child about drugs?	0	0	0	0
e) 5	How many times have you talked to your child about dating or going out with a boy/girl? (If Never, skip to Question 31)	0	0	0	Ο

30. In the past month, when you talked about dating, did you tell your child	Yes	No
a) He/she is not allowed to date now?	0	0
b) It's OK to date now?	0	0
c) He/she can only go on group dates or double dates?	0	0
d) He/she can only date boys/girls that you know?	0	0

	Please rate your response to the following statements.	Never	Once	3-4	5 or
			or	times	more
			twice		times
6	How many times have you ever talked to your child about puberty or physical development? Puberty is how your child's body will change when he/she gets older.	0	0	0	0
7	How many times have you ever talked to your child about menstruation? Menstruation is when a girl gets her period monthly.	0	0	0	0
	How many times have you ever talked to your child about what sex is?	0	0	0	0
	How many times have you ever talked to your child about reproduction or how babies are made?	0	0	0	0
1 (How many times have you ever talked to your child about what to do to keep from getting pregnant or getting someone else pregnant?	0	0	0	0
	How many times have you ever talked to your child about abstinence or waiting to have sex?	0	0	0	0
	How many times have you ever talked to your child about how a person knows when he or she is ready to have sex?	0	0	0	0
1	How many times have you ever talked to your child about peer pressure? Peer pressure is when your child is talked into doing something that he/she might not want to do, or when he/she does something just to be cool.	0	0	0	0
i)	How many times have you ever talked to your child about	0	0	0	0

31.	Please rate your response to the following statements.	Never	Once or twice	3-4 times	5 or more times
1	condoms?				
j) 1	How many times have you ever talked to your child about birth control?	0	0	0	0
k) 1	How many times have you ever talked to your child about HIV/AIDS?	0	0	Ο	0
l) 1	How many times have you ever talked to your child about other sexually transmitted diseases or STDs other than HIV/AIDS? Some STDs are syphilis, Chlamydia, or the clap.	0	0	Ο	0

32. Does your son's/daughter's physical development seem to be earlier or later than most of the other boys/girls his/her age? Remember, answer about the child that qualified you to take this survey.

- Much earlier
- \odot Somewhat earlier
- $\ensuremath{\circ}$ About the same
- \odot Somewhat later
- \odot Much later

		TRU	FALS
33. Plea	ase indicate whether you think the following statements are true or false.	E	Е
a)	Boys are the victims of dating abuse about as often as girls.	0	0
b)	The majority of teens in abusive dating relationships have witnessed abuse between their parents.	0	0
C)	About 5% of teenagers have been physically abused by a date.	0	0
d)	Most teen rapes are by someone the teen does <u>not</u> know.	0	0

	ease indicate how much you agree or disagree	Strongl y agree	Somewha t agree	Somewha t disagree	Strongl y disagre
with th	ne following statements.				е
a)	Being insulted by a date is not that big a deal as long as there is no physical violence.	0	0	0	0
b)	Hitting a date because of jealousy is just a natural part of dating.	0	0	0	0
C)	Teens have to take the good and the bad from dating partners, even if the bad means getting hit every once in a while.	0	Ο	Ο	0

These next questions are about dating abuse as it relates to your middle school child.

- 35. How confident are you that you could recognize warning signs that your middle school child was being abused by a date?
 - \odot Very confident
 - \odot Somewhat confident
 - Not very confident
 - \odot Not at all confident
- 36. How confident are you that you could recognize warning signs that your middle school child was abusing a date?
 - Very confident
 - Somewhat confident
 - \odot Not very confident
 - \odot Not at all confident
- 37. In your opinion, how likely is it that your middle school child could become a victim of dating abuse?
 - Very likely
 - Somewhat likely
 - Not very likely
 - Not at all likely
 - \odot Teen has already been a victim
- 38. In your opinion, how likely is it that your middle school child could abuse someone he/she is dating?
 - Very likely
 - \odot Somewhat likely
 - Not very likely
 - Not at all likely
 - \odot Teen has already been an abuser

The next questions are about your beliefs related to your middle school child's dating, or your his/her dating when he/she beings dating. Remember, please answer the questions about the child that qualified you to take this survey.

	ease indicate how strongly you agree or disagree	Strongl y agree	Somewha t agree	Somewha t disagree	Strongl y disagre e
a)	You believe that you should not get involved at all in your middle school child's dating. Getting involved can mean anything from talking to your child about dating to deciding who your child can date, where they can go on dates, etc.	0	0	0	0
b)	You believe it is important to provide your middle school child with guidance on dating.	0	0	0	0
C)	You want to stay out of issues related to your middle school child's dating. Issues related to dating can be anything that has to do with your child's dating.	0	Ο	Ο	0
d)	You believe it is important to set rules for your middle school child about dating.	0	0	0	0

The first few questions are about practices in your family related to teen dating. Many parents define two different kinds of dating: group dating and solo dating. Group dating is when teens go out in groups but there is some pairing up, and solo dating is when a couple goes out alone. Remember, please answer the questions about your child that qualified you to take this survey.

40. Is your middle school child allowed to go on group dates?

- \odot Yes \rightarrow If Yes, skip to Question- 41
- \odot No (s/he is interested but not allowed) \rightarrow If No, skip to Question 41
- \odot Middle school child is not interested in dating \rightarrow please answer 40a
- \circ It has never come up \rightarrow please answer 40a

40a. Would your child be allowed to group date if he/she were currently interested?

- o Yes
- O NO

41. Was your middle school child told how old he/she needed to be before he/she could group date?

- Yes
- \circ No

42. Is your middle school child allowed to go on solo dates?

- \odot Yes \rightarrow If Yes, skip to Question 43
- No (s/he is interested but not allowed) If no, skip to 43
- \circ Middle school child is not interested in dating \rightarrow please answer 42a
- \circ It has never come up \rightarrow please answer 42a

42a. Would your child be allowed to solo date if he/she were currently interested?

- O Yes
- 0 **No**

43. Was your middle school child told how old he/she needed to be before he/she could go on a solo date?

- O Yes
- O NO

42. Have you ever been married?

O Yes

 \circ No \rightarrow If No, skip to Ouestion 43

How many times have you been married? 42a. 01

02 \circ 3 or more times

42b. Are you currently married?

- O Yes \circ No \rightarrow If No, skip to Ouestion 43
- How many years have you been married to your current spouse? 42c. \circ Less than 5 years \rightarrow then skip to Question 44 \circ 5-10 years \circ more than 10 years

- 43. Do you have a steady partner that you have been with for at least 3 months?
 - Yes ○ No \rightarrow If No, skip to Question 44
 - 43a. Do you live with this person?

○ Yes ○ No

- 44. How many different romantic relationships that have lasted 3 or more months have you had in the past five years?
 - None 1-2 relationships 3-4 relationships 5 or more relationships

These next questions are about your relationship with your spouse, partner, or someone you are dating. If you are not currently in this kind of a relationship, skip to Question 64.

- 45. In the last <u>three months</u>, have you found that talking to your spouse, partner, or someone you are dating about important things going on in your family is...
 - Very easy
 - Somewhat easy
 - Somewhat hard
 - Very hard
 - \odot I don't talk about important things going on in my family with my spouse, partner, or someone I am dating
- 46. In the last three months, how satisfied have you been with the way you and your spouse, partner, or someone you are dating talk about important things going on in your family?
 - Very satisfied
 - Somewhat satisfied
 - \odot Somewhat unsatisfied
 - Very unsatisfied
 - \odot I don't talk about important things going on in my family with my spouse, partner, or someone I am dating
- 47. During the last three months, how often did you and your spouse, partner, or someone you are dating have disagreements?
 - Very often
 - Sometimes
 - Rarely
 - Never
- 48. During the last three months, how often did you feel angry at your spouse, partner, or someone you are dating?
 - Very often
 - \circ Sometimes
 - \circ Rarely
 - \odot Never \rightarrow (If Never, skip to Question 51)
- 49. During the last three months when you were angry at your spouse, partner, or someone you are dating, how many of those times did you feel you handled your anger well?
 - All of the time
 - Most of the time

- \odot Some of the time
- \odot Little of the time
- \odot None of the time

50. During the last three months when you were angry at your spouse, partner, or someone you are dating, how many of those times did you yell or shout at him/her?

- \circ All of the time
- Most of the time
- Some of the time
- Little of the time
- \circ None of the time

Please indicate how often each of the following statements was true of you in the last month. Would you say never, sometimes, usually, or always?

		Never	Sometimes	Usually	Always
51.	My spouse, partner, or someone I am dating is honest and truthful with me.	0	0	0	0
52.	My spouse, partner, or someone I am dating and I are good at working out our differences.	0	0	0	0
53.	When I have a serious disagreement with my spouse, partner, or someone I am dating, we discuss it respectfully.	0	0	0	0
54.	My spouse, partner, or someone I am dating and I work as a team.	0	0	0	0
55.	I enjoy spending time with my spouse, partner, or someone I am dating.	0	0	0	0

The next questions are about things that your spouse, partner, or someone you are dating may have done to you. As you answer the questions, do not include things that were done in play or in self-defense.

56. How many times has your spouse, partner, or someone you are dating ever threatened to hurt you?

- Never \rightarrow (If Never, skip to Question 57)
- Once
- \odot 2-4 times
- \odot More than 4 times

56a. Has this occurred in the past three months?

- Yes
- \circ No
- 57. How many times has your spouse, partner, or someone you are dating ever slapped or scratched you?
 - \odot Never \rightarrow (If Never, skip to Question 58)
 - \circ Once

0 2-4 times

 \odot More than 4 times

57a. Has this occurred in the past three months?

- Yes
- 0 **No**
- 58. How many times has your spouse, partner, or someone you are dating ever pushed, grabbed, shoved or kicked you?
 - Never \rightarrow (If Never, skip to Question 59)
 - Once
 - \odot 2-4 times
 - More than 4 times

58a. Has this occurred in the past three months?

○ Yes ○ No

59. How many times has your spouse, partner, or someone you are dating ever hit you with his/her fist or with something hard?

- \circ Never \rightarrow (If Never, skip to Question 60)
- \circ Once
- \odot 2-4 times
- \odot More than 4 times

59a. Has this occurred in the past three months?

○ Yes ○ No

The next questions are about things that you may have done to your spouse, partner, or someone you are dating. As you answer the questions, do not include things you did that were in play or in self-defense.

60. How many times have you ever threatened to hurt him/her?

- \circ Never \rightarrow (If Never, skip to Question 61)
- Once
- 0 2-4 times
- More than 4 times

60a. Has this occurred in the past three months?

- Yes
- 0 **No**

61. How many times have you ever slapped or scratched him/her?

- \odot Never \rightarrow (If Never, skip to Question 62)
- \circ Once
- 0 2-4 times
- More than 4 times

61a. Has this occurred in the past three months?

- ⊖ Yes
- 0 **No**
- 62. How many times have you ever pushed, grabbed, shoved or kicked him/her?
 - \odot Never \rightarrow (If Never, skip to Question 63)
 - \circ Once
 - \odot 2-4 times
 - \odot More than 4 times

62a. Has this occurred in the past three months?

- $\circ \, {\rm Yes}$
- 0 **No**

63. How many times have you ever hit him/her with your fist or with something hard?

- \circ Never \rightarrow (If Never, skip to Question 64)
- Once
- \odot 2-4 times
- \odot More than 4 times

63a. Has this occurred in the past three months?

- $\circ \, {\rm Yes}$
- \circ No

64. The following questions refer to times when you and your spouse, partner, or the person you are dating have disagreements. *We want you to answer these questions about your spouse, partner, or dating partner if you have one.* If you do not have a current or recent (in the last 6 months) partner, please think about a close friend, either a man or a woman.

- a. The person I am thinking about when filling out this questionnaire has these initials: 1.) __________
 and was born in this month: 2.) _______.
- b. This person is:

Ο

A current or recent (in the last 6 months) **OR** O A close friend spouse, partner, someone I am (only if you do not dating/dated (please select if you have a spouse, partner, or dating partner) **DR** O A close friend (only if you do not have spouse, partner, or dating partner)

		Neve r	Almos t Never	Sometime s	Ofte n	Alway
Hov 65	v often do YOU use these styles Launching personal attacks	0	0	0	0	S O
66	Focusing on the problem at hand.	0	0	0	0	0
67	Remaining silent for long periods of time	0	0	Ο	0	0
68	Not being willing to stick up for myself	0	0	0	0	0
69	Exploding and getting out of control	0	0	Ο	0	0
70	Sitting down and discussing differences constructively.	0	0	Ο	0	0
71	Reaching a limit, shutting down, and refusing to talk any further.	0	0	Ο	0	Ο
72	Being too compliant.	0	0	0	0	0
73	Getting carried away and saying things that aren't meant.	0	0	0	0	0
74	Finding alternatives that are acceptable to each of us.	0	0	0	0	0
75	Tuning the other person out.	0	0	0	0	0
76	Not defending my position.	0	0	Ο	0	Ο
77	Throwing insults and digs.	0	0	0	0	0
78	Negotiating and compromising.	0	0	0	0	0
79	Withdrawing, acting distant, and not	0	0	0	0	0

		Almos				
		Neve	t	Sometime	Ofte	
		r	Never	S	n	Alway
Ho\	w often do YOU use these styles interested.					S
80	Giving in with little attempt to present my side of the issue.	0	0	0	0	0