

First 2 letters of your mother's maiden name \_\_\_\_  
 Month of your birthday \_\_\_\_  
 Last 2 digits of your social security number \_\_\_\_

## E7. Great Lakes FASD Regional Training Center Identification and Treatment of FASD Pre-Training Evaluation

Please circle the BEST answer for each of the following:	Staff Use Only
<p>The best public health message related to alcohol consumption by women of childbearing age is:</p> <ul style="list-style-type: none"> <li>a. Women who know they are pregnant should not consume alcohol.</li> <li>b. Women who are pregnant or could become pregnant should not consume alcohol.</li> <li>c. All sexually active women should not consume alcohol.</li> <li>d. Women of childbearing age should not consume alcohol.</li> <li>e. Alcohol use, in moderation, is safe for all women.</li> </ul>	<p><b>1</b> (I-C)</p>
<p>Scientific studies of the effects of alcohol on the fetus have shown that:</p> <ul style="list-style-type: none"> <li>a. Alcohol has no effect on the development of the fetus in the third trimester.</li> <li>b. Alcohol can only affect fetal development in the first trimester.</li> <li>c. A small to moderate amount of alcohol is safest during the second trimester.</li> <li>d. Of all the different types of alcohol, wine is the safest for a pregnant woman to consume.</li> <li>e. None of the above is correct.</li> </ul>	<p><b>6</b> (IV-C) (I)</p>
<p>Although specific deficits experienced by individuals with an FASD vary widely, behavioral deficits are likely to include which of the following:</p> <ul style="list-style-type: none"> <li>a. Memory problems, underactivity, and self-injurious behavior</li> <li>b. Inattention, memory problems, and hyperactivity</li> <li>c. Particular mannerisms, hoarding, and memory problems</li> <li>d. Emotion regulation, weight loss, fatigue, irritability</li> <li>e. Auditory hallucinations, disorganized speech, and flat affect</li> </ul>	<p><b>7</b> (V-C)</p>
<p>Which of the following include all three facial abnormalities associated with fetal alcohol syndrome?</p> <ul style="list-style-type: none"> <li>a. Low set ears, large palpebral fissures, large forehead</li> <li>b. Small palpebral fissures, smooth philtrum, thin upper lip</li> <li>c. Large palpebral fissures, smooth philtrum, thin upper lip</li> <li>d. Large forehead, flattened cheeks, small palpebral fissures</li> <li>e. Thin upper lip, distinct philtrum, ectropion</li> </ul>	<p><b>8</b> (V-C)</p>
<p>Which of the following is NOT required to confirm a diagnosis of fetal alcohol syndrome (FAS)?</p> <ul style="list-style-type: none"> <li>a. Facial dysmorphia</li> <li>b. Growth retardation</li> <li>c. Central nervous system (CNS) abnormalities</li> <li>d. Documentation of prenatal alcohol exposure</li> <li>e. All of the above are required for a diagnosis of FAS</li> </ul>	<p><b>9</b> (V-C) (I)</p>
<p>A variety of strategies have been found to be effective when working with individuals with an FASD. Which one of the following may not be as effective?</p> <ul style="list-style-type: none"> <li>a. Concise, explicit instructions</li> <li>b. Stable routines</li> <li>c. Social cues</li> <li>d. Visual aids</li> <li>e. Repetition</li> </ul>	<p><b>10</b> (VI-C)</p>

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2. In your current position, do you provide services to individuals who are past their childbearing age?

childbearing age?

YES

NO

3. On a scale of 0 to 10 where 0 means, “Not confident in my skills” and 10 means “Totally confident in my skills,” how confident are you in your skills to do the following? (circle one number per row)

	NOT Confident in my skills											TOTALLY Confident in my skills
a. Screen women for risky or hazardous drinking	0	1	2	3	4	5	6	7	8	9		10
b. Educate pregnant women about the effects of alcohol on their babies	0	1	2	3	4	5	6	7	8	9		10
c. Conduct brief interventions for reducing alcohol consumption	0	1	2	3	4	5	6	7	8	9		10
d. Utilize resources to refer patients who need formal treatment for alcohol abuse	0	1	2	3	4	5	6	7	8	9		10

4. In your current position, do you provide services to individuals who may be at risk of an FASD?

YES

NO

5. On a scale of 0 to 10 where 0 means, “Not confident in my skills” and 10 means “Totally confident in my skills,” how confident are you in your skills to do the following? (circle one number per row)

	NOT Confident in my skills											TOTALLY Confident in my skills
a. Identify persons with possible FAS or other prenatal alcohol-related disorders	0	1	2	3	4	5	6	7	8	9		10
b. Diagnose persons with possible FAS or other prenatal alcohol-related disorders	0	1	2	3	4	5	6	7	8	9		10
c. Utilize resources to refer patients for diagnosis and/or treatment services	0	1	2	3	4	5	6	7	8	9		10
d. Manage/coordinate the treatment of persons with FASDs	0	1	2	3	4	5	6	7	8	9		10

