

First 2 letters of your mother's maiden name \_\_\_\_  
 Month of your birthday \_\_\_\_  
 Last 2 digits of your social security number \_\_\_\_

**E9. Great Lakes FASD Regional Training Center  
 Identification and Treatment of FASD 6-month Follow-up**

Please circle the BEST answer for each of the following:	Staff Use Only
<p>The best public health message related to alcohol consumption by women of childbearing age is:</p> <ul style="list-style-type: none"> <li>a. Women who know they are pregnant should not consume alcohol.</li> <li>b. Women who are pregnant or could become pregnant should not consume alcohol.</li> <li>c. All sexually active women should not consume alcohol.</li> <li>d. Women of childbearing age should not consume alcohol.</li> <li>e. Alcohol use, in moderation, is safe for all women.</li> </ul>	<p><b>1</b> (I-C)</p>
<p>Scientific studies of the effects of alcohol on the fetus have shown that:</p> <ul style="list-style-type: none"> <li>a. Alcohol has no effect on the development of the fetus in the third trimester.</li> <li>b. Alcohol can only affect fetal development in the first trimester.</li> <li>c. A small to moderate amount of alcohol is safest during the second trimester.</li> <li>d. Of all the different types of alcohol, wine is the safest for a pregnant woman to consume.</li> <li>e. None of the above is correct.</li> </ul>	<p><b>6</b> (IV-C) (I)</p>
<p>Although specific deficits experienced by individuals with an FASD vary widely, behavioral deficits are likely to include which of the following:</p> <ul style="list-style-type: none"> <li>a. Memory problems, underactivity, and self-injurious behavior</li> <li>b. Inattention, memory problems, and hyperactivity</li> <li>c. Particular mannerisms, hoarding, and memory problems</li> <li>d. Emotion regulation, weight loss, fatigue, irritability</li> <li>e. Auditory hallucinations, disorganized speech, and flat affect</li> </ul>	<p><b>7</b> (V-C)</p>
<p>Which of the following include all three facial abnormalities associated with fetal alcohol syndrome?</p> <ul style="list-style-type: none"> <li>a. Low set ears, large palpebral fissures, large forehead</li> <li>b. Small palpebral fissures, smooth philtrum, thin upper lip</li> <li>c. Large palpebral fissures, smooth philtrum, thin upper lip</li> <li>d. Large forehead, flattened cheeks, small palpebral fissures</li> <li>e. Thin upper lip, distinct philtrum, ectropion</li> </ul>	<p><b>8</b> (V-C)</p>
<p>Which of the following is NOT required to confirm a diagnosis of fetal alcohol syndrome (FAS)?</p> <ul style="list-style-type: none"> <li>a. Facial dysmorphia</li> <li>b. Growth retardation</li> <li>c. Central nervous system (CNS) abnormalities</li> <li>d. Documentation of prenatal alcohol exposure</li> <li>e. All of the above are required for a diagnosis of FAS</li> </ul>	<p><b>9</b> (V-C) (I)</p>
<p>A variety of strategies have been found to be effective when working with individuals with an FASD. Which one of the following may not be as effective?</p> <ul style="list-style-type: none"> <li>a. Concise, explicit instructions</li> <li>b. Stable routines</li> <li>c. Social cues</li> <li>d. Visual aids</li> <li>e. Repetition</li> </ul>	<p><b>10</b> (VI-C)</p>

**2. In your current position, do you provide services to women of childbearing age?**

YES

NO

**3. On a scale of 0 to 10 where 0 means, “Not confident in my skills” and 10 means “Totally confident in my skills,” how confident are you in your skills to do the following? (circle one number per row)**

	NOT Confident in my skills											TOTALLY Confident in my skills
a. Screen women for risky or hazardous drinking	0	1	2	3	4	5	6	7	8	9		10
b. Educate pregnant women about the effects of alcohol on their babies	0	1	2	3	4	5	6	7	8	9		10
c. Conduct brief interventions for reducing alcohol consumption	0	1	2	3	4	5	6	7	8	9		10
d. Utilize resources to refer patients who need formal treatment for alcohol abuse	0	1	2	3	4	5	6	7	8	9		10

**4. In your current position, do you provide services to individuals who may be at risk of an FASD?**

YES

NO

	in my skills											Confident in my skills
a. Identify persons with possible FAS or other prenatal alcohol-related disorders	0	1	2	3	4	5	6	7	8	9		10
b. Diagnose persons with possible FAS or other prenatal alcohol-related disorders	0	1	2	3	4	5	6	7	8	9		10
c. Utilize resources to refer patients for diagnosis and/or treatment services	0	1	2	3	4	5	6	7	8	9		10
d. Manage/coordinate the treatment of persons with FASDs	0	1	2	3	4	5	6	7	8	9		10

2  
(continued)

**6. Did you view the podcast that was sent to you recently as a link in an email prior to completing this survey evaluation?**

YES

NO

**7. How did you use the information you received at the training 6 months ago?**