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**Arctic Fetal Alcohol Spectrum Disorder Regional Training Center
FASD 201 Workshop Follow-Up**

For each item, please choose the response that best completes the sentence or answers the question.

1. The best public health message related to alcohol consumption by women of childbearing age is...

- Women who know they are pregnant should not consume alcohol.
- Women who are pregnant or could become pregnant should not consume alcohol.
- All sexually active women should not consume alcohol.
- Women of childbearing age should not consume alcohol.
- Alcohol use, in moderation, is safe for all women.

2. A variety of strategies have been found to be effective when working with individuals with an FASD. Which one of the following may not be as effective?

- Concise, explicit instructions
- Stable routines
- Social cues
- Visual aids
- Repetition

3. Which organ system is primarily susceptible to damage or alteration caused by prenatal alcohol exposure?

- The circulatory system
- The skeletal system
- The central nervous system
- The reproductive system
- The digestive system

The public reporting burden of this collection of information is estimated to average 10 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to - CDC/ATSDR Reports Clearance Officer; 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333 ATTN: PRA (XXXX-XXXX)

4. Which of the following is a safe amount of alcohol for a pregnant woman to consume?

- A standard drink twice a week
- A drink that is less than a standard amount twice a week
- After the first trimester, it is safe to have an occasional standard drink
- It is safe to drink alcohol during the third trimester
- No known amount of alcohol is safe during pregnancy

5. When caring for an individual with a known FASD, it helpful to consider ____ rather than ____ in order to better understand ability and behavior.

- Developmental age; chronological age
- Strengths; weaknesses
- Protective factors; risk factors
- Environment; mood
- Chronological; adaptive

6. Which one of the following is NOT correct?

Persons with an FASD...

- May experience problems in school and getting along with other children.
- Do not typically need support and services to live and work independently.
- Can benefit from obtaining an early diagnosis.
- May need support and services throughout their lives.
- May be at an increased risk for victimization and high risk behaviors.

7. Which of the following are considered protective factors against secondary disabilities associated with FASDs?

- Living in stable and nurturing home environments
- Early diagnosis (before 6 years of age)
- Consistency in caregivers
- Eligibility for social and educational services
- All of the above.

8. Which of the following is NOT reported as an outcome of research-based interventions for children with FASDs?

- Improved social functioning
- Improved child behavior
- Development of executive functioning and self-regulation
- Increased parental distress
- Improved parenting attitudes

Please respond to the following questions about your professional experience.

In your current position do you...

	YES	NO
provide services to women of childbearing age?	<input type="radio"/>	<input type="radio"/>
provide services to individuals who may be at risk of an FASD?	<input type="radio"/>	<input type="radio"/>

On a scale from 0 to 10 where 0 means "Not confident in my skills" and 10 means "Totally confident in my skills," how confident are you in your skills to do the following?

	0 - Not confident in my skills	1	2	3	4	5	6	7	8	9	10 - Totally confident in my skills
Screen women for risky or hazardous drinking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Educate pregnant women about the effects of alcohol on their babies	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Conduct brief interventions for reducing alcohol consumption	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Utilize resources to refer patients who need formal treatment for alcohol abuse	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Identify persons with possible FAS or other prenatal alcohol-related disorders	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Diagnose persons with possible FAS or other prenatal alcohol-related disorders	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Utilize resources to refer patients for diagnosis and/or treatment services	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Manage/coordinate the treatment of persons with FASDs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How have you used the information you received at the FASD 201 workshop 3 months ago?

What additional information do you need to make changes in your practice related to the prevention, identification, and treatment of FASDs?