

**KNOWLEDGE:**

1. The best public health message related to alcohol consumption by women of childbearing age is...
  - a. Women who know they are pregnant should not consume alcohol.
  - b. Women who are pregnant or could become pregnant should not consume alcohol.
  - c. All sexually active women should not consume alcohol.
  - d. Women of childbearing age should not consume alcohol.
  - e. Alcohol use, in moderation, is safe for all women.
  
2. An episode of binge or risky drinking for women of childbearing age (18-44) is defined as more than\_\_\_\_standard drinks in about a two hour period:
  - a. 2
  - b. 3
  - c. 4
  - d. 5
  - e. 6
  
3. Which one of these is NOT considered a standard drink?
  - a. 12 ounces of beer
  - b. 12 ounces of wine cooler
  - c. 5 ounces of wine
  - d. 3 ounces of vodka
  - e. All of the above are standard drinks
  
4. Positive responses given to items on the TWEAK or the T-ACE screening instruments indicate:
  - a. a diagnosis of alcoholism
  - b. the likelihood that the woman will seek treatment for alcohol abuse
  - c. the need for the health care provider to discuss the risks associated with drinking alcohol, especially when the woman is pregnant
  - d. the difference between binge drinking and problem drinking
  - e. the need for immediate admission to a treatment facility for further evaluation
  
5. Which of these is NOT part of the addictive disease process?
  - a. Craving and compulsion
  - b. Violent behavior
  - c. Loss of control
  - d. Continued use despite adverse consequences
  - e. All of the above are part of the addictive disease process

The public reporting burden of this collection of information is estimated to average 10 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden

6. Scientific studies of the effects of alcohol on the fetus have shown that:
  - a. Alcohol has no effect on the development of the fetus in the third trimester.
  - b. Alcohol can only affect fetal development in the first trimester.
  - c. A small to moderate amount of alcohol is safest during the second trimester.
  - d. Of all the different types of alcohol, wine is the safest for a pregnant woman to consume.
  - e. None of the above is correct.
  
7. Although specific deficits experienced by individuals with an FASD vary widely, behavioral deficits are likely to include which of the following:
  - a. memory problems, underactivity, and self-injurious behavior
  - b. inattention, memory problems and hyperactivity
  - c. particular mannerisms, hoarding, and memory problems
  - d. emotion regulation, weight loss, fatigue, irritability
  - e. auditory hallucinations, disorganized speech, and flat affect
  
8. Which of the following include all three facial abnormalities associated with fetal alcohol syndrome?
  - a. Low set ears, large palpebral fissures, large forehead
  - b. Small palpebral fissures, smooth philtrum, thin upper lip
  - c. Large palpebral fissures, smooth philtrum, thin upper lip
  - d. Large forehead, flattened cheeks, small palpebral fissures
  - e. Thin upper lip, distinct philtrum, ectropion
  
9. Which of the following is NOT required to confirm a diagnosis of fetal alcohol syndrome (FAS)?
  - a. Facial dysmorphism
  - b. Growth retardation
  - c. Central nervous system (CNS) abnormalities
  - d. Documentation of prenatal alcohol exposure
  - e. All of the above are required for a diagnosis of FAS
  
10. A variety of strategies have been found to be effective when working with individuals with an FASD. Which one of the following may not be as effective?
  - a. Concise, explicit instructions
  - b. Stable routines
  - c. Social cues
  - d. Visual aids
  - e. Repetition
  
11. Which one of the following statements is NOT correct?
  - a. Some women expose their fetus to alcohol because of alcohol dependence or addiction.
  - b. Health providers seek the best outcomes for women and fetuses by efforts to increase foreseeable benefits and minimize foreseeable harms.
  - c. Most medical societies advocate coercive methods as a first intervention for women who expose a fetus to alcohol.

- d. Health providers have an ethical duty to respect their patients.
- e. Confidentiality is an essential aspect of the health provider-patient relationship.

**PRACTICE BEHAVIORS/COMFORT/SELF-EFFICACY:**

In your current position, do you provide services to women of childbearing age? Yes/No

On a scale from 0 to 10 where 0 means “Not confident in my skills” and 10 means “Totally confident in my skills,” how confident are you in your skills to do the following?  
(circle one number per row)

	<u>Not confident in my skills</u>											<u>Totally confident in my skills</u>
Screen women for risky or hazardous drinking	0	1	2	3	4	5	6	7	8	9		10
Educate pregnant women about the effects of alcohol on their babies	0	1	2	3	4	5	6	7	8	9		10
Conduct brief interventions for reducing alcohol consumption	0	1	2	3	4	5	6	7	8	9		10
Utilize resources to refer patients who need formal treatment for alcohol abuse	0	1	2	3	4	5	6	7	8	9		10

In your current position, do you provide services to individuals who may be at risk of an FASD? Yes/No

On a scale from 0 to 10 where 0 means “Not confident in my skills” and 10 means “Totally confident in my skills,” how confident are you in your skills to do the following?  
(circle one number per row)

	<u>Not confident in my skills</u>											<u>Totally confident in my skills</u>
Identify persons with possible FAS or other prenatal alcohol-related disorders	0	1	2	3	4	5	6	7	8	9		10
Diagnose persons with possible FAS or other prenatal alcohol-related disorders	0	1	2	3	4	5	6	7	8	9		10
Utilize resources to refer patients for diagnosis and/or treatment services	0	1	2	3	4	5	6	7	8	9		10
Manage/coordinate the treatment of persons with FASDs	0	1	2	3	4	5	6	7	8	9		10

**Please take a moment to tell us about yourself:**

<p><b>Are you (Circle one):</b>  <b>Male</b>  <b>Female</b>  <b>Transgender</b></p> <p><b>In which State do you provide services?</b>  Specify _____</p> <p><b>Are you Hispanic or Latino(a)?</b>  <b>Yes</b>  <b>No</b></p> <p><b>How would you describe your race? (Select all that apply)</b></p> <p>American Indian/Alaska Native  Asian  Black or African American  Native Hawaiian or other Pacific Islander  White</p> <p><input type="checkbox"/> <b>I am the parent/caregiver of a child with FAS/FASD</b></p>	<p><b>If you are a PROFESSIONAL, please circle the one that best represents your current position:</b></p> <p><b>PHYSICIAN</b>  <b>OB/GYN</b>  <b>Geneticist</b>  <b>Pediatrician</b>  <b>Psychiatrist</b>  <b>Family Physician</b>  <b>Internist</b>  <b>Preventive Medicine</b>  <b>Occupational Medicine</b>  <b>Addiction Medicine</b>  <b>Physician, other</b>  Specify _____</p> <p><b>OTHER MEDICAL</b>  <b>Dentist</b>  <b>Physician Assistant</b>  <b>Nurse (NP, RN, LPN)</b>  <b>Other Medical</b>  Specify _____</p> <p><b>ALLIED HEALTH</b>  <b>Psychologist (unspecified)</b>  <b>Rehabilitation Psychologist</b>  <b>Clinical Psychologist</b>  <b>Community Psychologist</b>  <b>Counselor (including AODA Counselor)</b>  <b>Social worker</b>  <b>OT/PT/SLP</b>  <b>Medical Technologist</b>  <b>Other allied health professional:</b>  Specify _____</p> <p><b>OTHER</b>  <b>Public Health</b>  <b>Special Educator</b>  <b>Other Educator</b>  <b>Administrator</b>  <b>Corrections</b>  <b>Lawyer/Judge</b>  <b>Scientist</b>  <b>Prevention</b>  <b>Other:</b>  Specify _____</p>	<p><b>If you are a STUDENT OR RESIDENT, please circle all that apply:</b></p> <p><b>MEDICAL AND NURSING STUDENTS</b>  <b>Med 1</b>  <b>Med 2</b>  <b>Med 3</b>  <b>Med 4</b>  <b>Clerkship</b>  <b>Preceptorship</b>  <b>Nursing</b>  <b>Dental</b></p> <p><b>ALLIED HEALTH</b>  <b>Allied Health (inc. OT/PT SLP/Social Work, Counseling, etc.)</b></p> <p><b>RESIDENT</b>  <b>OB/GYN</b>  <b>Genetics</b>  <b>Pediatric</b>  <b>Psychiatry</b>  <b>Family Medicine</b>  <b>Internal Medicine</b>  <b>Preventive Medicine</b>  <b>Occupational Medicine</b>  <b>Addiction Medicine</b>  <b>Dental</b>  <b>Other resident:</b>  Specify _____</p> <p><b>OTHER STUDENT</b>  <b>Pre-doctoral student</b>  <b>Graduate Student</b>  <b>Undergraduate Student</b>  <b>Other</b>  Specify _____</p>
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Thank you! Visit us at [www.FASDsoutheast.org](http://www.FASDsoutheast.org)