

KNOWLEDGE:

1. The best public health message related to alcohol consumption by women of childbearing age is...
 - a. Women who know they are pregnant should not consume alcohol.
 - b. Women who are pregnant or could become pregnant should not consume alcohol.
 - c. All sexually active women should not consume alcohol.
 - d. Women of childbearing age should not consume alcohol.
 - e. Alcohol use, in moderation, is safe for all women.

2. An episode of binge or risky drinking for women of childbearing age (18-44) is defined as more than ___ standard drinks in about a two hour period:
 - a. 2
 - b. 3
 - c. 4
 - d. 5
 - e. 6

3. Which one of these is NOT considered a standard drink?
 - a. 12 ounces of beer
 - b. 12 ounces of wine cooler
 - c. 5 ounces of wine
 - d. 3 ounces of vodka
 - e. All of the above are standard drinks

4. Positive responses given to items on the TWEAK or the T-ACE screening instruments indicate:
 - a. a diagnosis of alcoholism
 - b. the likelihood that the woman will seek treatment for alcohol abuse
 - c. the need for the health care provider to discuss the risks associated with drinking alcohol, especially when the woman is pregnant
 - d. the difference between binge drinking and problem drinking
 - e. the need for immediate admission to a treatment facility for further evaluation

5. Which of these is NOT part of the addictive disease process?
 - a. Craving and compulsion
 - b. Violent behavior
 - c. Loss of control
 - d. Continued use despite adverse consequences
 - e. All of the above are part of the addictive disease process

collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to - CDC/ATSDR Reports Clearance Officer; 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333 ATTN: PRA (XXXX-XXXX)

6. Scientific studies of the effects of alcohol on the fetus have shown that:
 - a. Alcohol has no effect on the development of the fetus in the third trimester.
 - b. Alcohol can only affect fetal development in the first trimester.
 - c. A small to moderate amount of alcohol is safest during the second trimester.
 - d. Of all the different types of alcohol, wine is the safest for a pregnant woman to consume.
 - e. None of the above is correct.

7. Although specific deficits experienced by individuals with an FASD vary widely, behavioral deficits are likely to include which of the following:
 - a. memory problems, underactivity, and self-injurious behavior
 - b. inattention, memory problems and hyperactivity
 - c. particular mannerisms, hoarding, and memory problems
 - d. emotion regulation, weight loss, fatigue, irritability
 - e. auditory hallucinations, disorganized speech, and flat affect

8. Which of the following include all three facial abnormalities associated with fetal alcohol syndrome?
 - a. Low set ears, large palpebral fissures, large forehead
 - b. Small palpebral fissures, smooth philtrum, thin upper lip
 - c. Large palpebral fissures, smooth philtrum, thin upper lip
 - d. Large forehead, flattened cheeks, small palpebral fissures
 - e. Thin upper lip, distinct philtrum, ectropion

9. Which of the following is NOT required to confirm a diagnosis of fetal alcohol syndrome (FAS)?
 - a. Facial dysmorphia
 - b. Growth retardation
 - c. Central nervous system (CNS) abnormalities
 - d. Documentation of prenatal alcohol exposure
 - e. All of the above are required for a diagnosis of FAS

10. A variety of strategies have been found to be effective when working with individuals with an FASD. Which one of the following may not be as effective?
 - a. Concise, explicit instructions
 - b. Stable routines
 - c. Social cues
 - d. Visual aids
 - e. Repetition

11. Which one of the following statements is NOT correct?
 - a. Some women expose their fetus to alcohol because of alcohol dependence or addiction.
 - b. Health providers seek the best outcomes for women and fetuses by efforts to increase foreseeable benefits and minimize foreseeable harms.

- c. Most medical societies advocate coercive methods as a first intervention for women who expose a fetus to alcohol.
- d. Health providers have an ethical duty to respect their patients.
- e. Confidentiality is an essential aspect of the health provider-patient relationship.

PRACTICE BEHAVIORS/COMFORT/SELF-EFFICACY:

On a scale from 0 to 10 where 0 means “Not confident in my skills” and 10 means “Totally confident in my skills,” how confident are you in your skills to do the following?
(circle one number per row)

| | <u>Not confident in my skills</u> | | | | | | | | | | | <u>Totally confident in my skills</u> |
|---|-----------------------------------|---|---|---|---|---|---|---|---|---|--|---------------------------------------|
| Screen women for risky or hazardous drinking | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | | 10 |
| Educate pregnant women about the effects of alcohol on their babies | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | | 10 |
| Conduct brief interventions for reducing alcohol consumption | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | | 10 |
| Utilize resources to refer patients who need formal treatment for alcohol abuse | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | | 10 |

On a scale from 0 to 10 where 0 means “Not confident in my skills” and 10 means “Totally confident in my skills,” how confident are you in your skills to do the following?
(circle one number per row)

| | <u>Not confident in my skills</u> | | | | | | | | | | | <u>Totally confident in my skills</u> |
|--|-----------------------------------|---|---|---|---|---|---|---|---|---|--|---------------------------------------|
| Identify persons with possible FAS or other prenatal alcohol-related disorders | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | | 10 |
| Diagnose persons with possible FAS or other prenatal alcohol-related disorders | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | | 10 |
| Utilize resources to refer patients for diagnosis and/or treatment services | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | | 10 |
| Manage/coordinate the treatment of persons with FASDs | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | | 10 |

How will you use the information you received today? _____

What additional information do you need to make changes in your practice related to the prevention, identification, and treatment of FASDs? _____

Please take a moment to tell us about yourself:

| | | |
|--|--|--|
| <p>Are you (Circle one): Male Female Transgender</p> <p>In which State do you provide services? Specify _____</p> <p>Are you Hispanic or Latino(a)? Yes No</p> <p>How would you describe your race? (Select all that apply)</p> <p>American Indian/Alaska Native Asian Black or African American Native Hawaiian or other Pacific Islander White</p> <p><input type="checkbox"/> I am the parent/caregiver of a child with FAS/FASD</p> | <p>If you are a PROFESSIONAL, please circle the one that best represents your current position:</p> <p>PHYSICIAN OB/GYN Geneticist Pediatrician Psychiatrist Family Physician Internist Preventive Medicine Occupational Medicine Addiction Medicine Physician, other Specify _____</p> <p>OTHER MEDICAL Dentist Physician Assistant Nurse (NP, RN, LPN) Other Medical Specify _____</p> <p>ALLIED HEALTH Psychologist (unspecified) Rehabilitation Psychologist Clinical Psychologist Community Psychologist Counselor (including AODA Counselor) Social worker OT/PT/SLP Medical Technologist Other allied health professional: Specify _____</p> <p>OTHER Public Health Special Educator Other Educator Administrator Corrections Lawyer/Judge Scientist Prevention Other: Specify _____</p> | <p>If you are a STUDENT OR RESIDENT, please circle all that apply:</p> <p>MEDICAL AND NURSING STUDENTS Med 1 Med 2 Med 3 Med 4 Clerkship Preceptorship Nursing Dental</p> <p>ALLIED HEALTH Allied Health (inc. OT/PT SLP/Social Work, Counseling, etc.)</p> <p>RESIDENT OB/GYN Genetics Pediatric Psychiatry Family Medicine Internal Medicine Preventive Medicine Occupational Medicine Addiction Medicine Dental Other resident: Specify _____</p> <p>OTHER STUDENT Pre-doctoral student Graduate Student Undergraduate Student Other Specify _____</p> |
|--|--|--|

We would like to know your thoughts about the FASD training/presentation. Please circle the number that most closely represents the extent to which you agree with the following statements.

| <i>To what extent do you agree with the following statements?</i> | <i>Strongly disagree</i> | <i>Disagree</i> | <i>Neither agree nor disagree</i> | <i>Agree</i> | <i>Strongly agree</i> |
|--|---------------------------------|------------------------|--|---------------------|------------------------------|
| Overall, the FASD training was interesting. | 1 | 2 | 3 | 4 | 5 |
| The training content will be useful to me professionally. | 1 | 2 | 3 | 4 | 5 |
| The training content increased my awareness & knowledge of the harmful effects of alcohol on the developing fetus. | 1 | 2 | 3 | 4 | 5 |
| The training exercises were relevant to the topics covered. | 1 | 2 | 3 | 4 | 5 |
| The training handouts enhanced the lecture material. | 1 | 2 | 3 | 4 | 5 |
| The instructor seemed knowledgeable about the topics. | 1 | 2 | 3 | 4 | 5 |
| The instructor seemed comfortable presenting the material. | 1 | 2 | 3 | 4 | 5 |
| This training had a positive impact on my level of comfort in discussing issues related to FASDs with my patients/clients. | 1 | 2 | 3 | 4 | 5 |
| The presentation content was culturally relevant. | 1 | 2 | 3 | 4 | 5 |
| The speaker provided the information in a culturally competent/sensitive manner. | 1 | 2 | 3 | 4 | 5 |
| I am satisfied with my experience in this training. | 1 | 2 | 3 | 4 | 5 |

Thank you! Visit us at www.FASDsoutheast.org