Examination Assent Brochure

Attachment 5b







This booklet contains facts

National Health and Nutrition Examination Survey

for you about the National Health and Nutrition Examination Survey

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The National Health and Nutrition

About Your Exam

Examination Survey (NHANES) studies the

health and diet of people in this country.

The survey will look at how young people grow



and develop. We will ask questions about what your body looks like. We will look at special health problems that may affect kids.

We go all over the United States in these vans.

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Our survey wants you to come to this exam

National Health and Nutrition Examination Survey

center. The exam is like going to the doctor. Your exam will help us find out more about the health of children your age.

We will ask questions about what you eat and drink.

You will change into

special exam clothes at the exam center.

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Our doctor will take



your pulse.

We will take your blood

pressure.

About Your Exam

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We will see how much

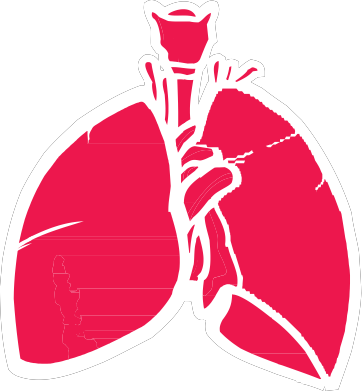
you weigh and how tall you are.

We will look at your

teeth.

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We will test your



National Health and Nutrition Examination Survey

activity level.

We will check your blood

and urine in our lab.

We will send you and

your parents a report on your exam.

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We will give you money



About Your Exam

to thank you for helping us with our survey.

Our staff will answer

any questions you have.

We would like you to go to our mobile exam

center vans for an exam. You will help us learn

more about all children in the United States. 7

Notes

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