Form Approved OMB No.: 0925-0407

Prostate, Lung, Colorectal and Ovarian Cancer Screening Trial SUPPLEMENTAL QUESTIONNAIRE

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PLE	LEASE COMPLETE: Today's Date: / Participant ID Number				
Par	ticipant Date of Birth:	_ / /			
part with this app Publ sear may cont	STATEMENT OF CONFIDENTIALITY Collection of this information is authorized by The Public Health Service Act, Section 412 (42 USC 285 a-1). Rights of study coarticipants are protected by The Privacy Act of 1974. Participation is voluntary, and there are no penalties for not participating or withdrawing from the study at any time. Refusal to participate will not affect your benefits in any way. The information collected in this study will be held in professional confidence. Names and other identifiers will be separated from information provided and will not appear in any report of the study. Information provided will be combined for all study participants and report as statistical summaries. Public reporting burden for this collection of information is estimated to average 30 minutes per response, including time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing his burden to: NIH, Project Clearance Branch, 6705 Rockledge Drive, MSC 7974, Bethesda, MD 20892-7974, ATTN: PRA (0925-0407). Do not return he completed form to this address.				
	 WHEN FILLING OUT THE QUESTIONNAIRE, PLEASE FOLLOW THESE INSTRUCTIONS Use a blue or black ball-point pen or a Number 2 pencil. Do not use red ink or a felt tip pen. Do not fold, staple, or tear the forms. 				
	 Circles: Please fill in the circles completely. Try not to go outside the lines. Correct mark ● Incorrect marks √ ⊗ Ø 				
		GENERAL IN	FORMATION		
1.	What is your current made of Married/living as mark of Widowed of Divorced		3. Into what religion O Catholic O Christian Sci O Greek Ortho	entist	
2.	Are you currently O Homemaker O Employed full-time O Employed part-time O Extended sick leave O Other (specify)	O Unemployed O Retired O Disabled	O Jewish O LDS or Morn O Protestant O Seventh Day O Other (speci		

FAMILY BACKGROUND AND BODY TYPE

4.	Are you Hispanic or Latino?	9. What is your current weight?
	O Yes, Hispanic or Latino O No, not Hispanic or Latino	POUNDS
5.	What is your race? O American Indian or Alaska Native O Asian O Black or African American O Native Hawaiian or Other Pacific Islander O White	 10. When you gain weight, where do you MAINLY tend to add the weight? O Don't gain weight O Around the chest and shoulders O Around the waist and stomach O Around the hips and thighs O Equally all over O Other (specify)
3 .	What is your current family income?	
	O Less than \$20,000 O \$20,000 to 49,999 O \$50,000 to 99,999 O \$100,000 to 200,000 O More than \$200,000 O Prefer not to answer What is your current height?	 11. When you are trying to slim down, where is it most difficult to lose the weight? O Don't try to lose weight O Can't lose weight O Around the chest and shoulders O Around the waist and stomach O Around the hips and thighs O Equally all over O Other (specify) 12. Compared to other people of the same sex and height, when sitting, are you O Especially tall O Somewhat tall O Typical O Somewhat short
	PREGNANT)	O Especially short
	Age Weight	
	30s	13. How would you describe your waist in comparison to your hips (waist-to-hip ratio)?
	50s Pounds	O Waist much smaller than hips
	60s Pounds	O Waist somewhat smaller than hips O Waist similar to hips
	70s Pounds	O Waist somewhat larger than hips O Waist much larger than hips

14.	What was your father's age when you were born?		15. What was your mother's age when yo were born?		
	O Less than 20 O 20 to 29 O 30 to 39 O 40 to 49	O 50 to 59O 60 to 69O 70 or olderO Unknown	O Less than 20 O 20 to 24 O 25 to 29 O 30 to 34	O 35 to 39O 40 to 44O 45 or olderO Unknown	

16. How many of each of the following **blood relatives** (do not count half sisters or half brothers) do/did you have? (**PLEASE INCLUDE ANY DECEASED**)

a. Sisters	O 0	01	O 2	O 3	O 4	O 5 or more
b. Brothers	O 0	O 1	O 2	O 3	O 4	O 5 or more
c. Daughters	0 0	01	O 2	O 3	O 4	O 5 or more
d. Sons	O 0	O 1	O 2	O 3	O 4	O 5 or more

17. Were any of your blood relatives ever diagnosed with cancer?
(BLOOD RELATIVES INCLUDE MOTHER, FATHER, SISTERS, BROTHERS, CHILDREN. DO NOT INCLUDE SKIN CANCER UNLESS IT WAS MELANOMA.)

- O No relatives diagnosed with cancer →GO TO QUESTION 18
- O Yes, at least one relative diagnosed with cancer (COMPLETE THE TABLE BELOW. IF YOU HAVE MORE THAN FIVE RELATIVES DIAGNOSED WITH CANCER, PLEASE INCLUDE A SEPARATE PAGE WITH THIS INFORMATION.)

 FOR EACH ROW, MARK ONE RELATIVE WHO HAD CANCER	What type(s) of cancer did he/she have? (MARK ALL THAT APPLY)			At what age was he/she diagnosed with first cancer?		
O Mother O Father O Sister/Brother O Daughter/Son	O Breast O Prostate O Lung O Ovarian	O Lymphoma O Colorectal O Endometrial O Bladder	O Leukemia O Other O Don't know	O Less than 40 O 40 to 49 O 50 to 59 O 60 to 69	O 70 to 79 O Age 80 or greater O Don't know	
O Mother O Father O Sister/Brother O Daughter/Son	O Breast O Prostate O Lung O Ovarian	O Lymphoma O Colorectal O Endometrial O Bladder	O Leukemia O Other O Don't know	O Less than 40 O 40 to 49 O 50 to 59 O 60 to 69	O 70 to 79 O Age 80 or greater O Don't know	
O Mother O Father O Sister/Brother O Daughter/Son	O Breast O Prostate O Lung O Ovarian	O Lymphoma O Colorectal O Endometrial O Bladder	O Leukemia O Other O Don't know	O Less than 40 O 40 to 49 O 50 to 59 O 60 to 69	O 70 to 79 O Age 80 or greater O Don't know	
 O Mother O Father O Sister/Brother O Daughter/Son	O Breast O Prostate O Lung O Ovarian	O Lymphoma O Colorectal O Endometrial O Bladder	O Leukemia O Other O Don't know	O Less than 40 O 40 to 49 O 50 to 59 O 60 to 69	O 70 to 79 O Age 80 or greater O Don't know	
O Mother O Father O Sister/Brother O Daughter/Son	O Breast O Prostate O Lung O Ovarian	O Lymphoma O Colorectal O Endometrial O Bladder	O Leukemia O Other O Don't know	O Less than 40 O 40 to 49 O 50 to 59 O 60 to 69	O 70 to 79 O Age 80 or greater O Don't know	

HEALTH HISTORY

18. Were you ever diagnosed with:		[IF YES:] At what age were you first diagnosed?
a. A stroke?	O Yes → O No	O Less than 50 O 60 to 69 O 50 to 59 O 70 or older
b. A heart attack?	O Yes → O No	O Less than 50 O 60 to 69 O 50 to 59 O 70 or older
c. High cholesterol?	O Yes → O No	O Less than 50 O 60 to 69 O 50 to 59 O 70 or older
d. High blood pressure?	O Yes → O No	O Less than 50 O 60 to 69 O 50 to 59 O 70 or older
e. Diabetes?	O Yes → O No	O Less than 50 O 60 to 69 O 50 to 59 O 70 or older
f. Osteoporosis?	O Yes → O No	O Less than 50 O 60 to 69 O 50 to 59 O 70 or older
g. Asthma?	O Yes → O No	O Less than 10 O 30 to 39 O 10 to 19 O 40 to 49 O 20 to 29 O 50 or older
h. Emphysema?	O Yes → O No	O Less than 50 O 60 to 69 O 50 to 59 O 70 or older

19. Were you ever diagnosed with:		[IF YES:] What type of arthritis?	[IF YES:] At what age were you first diagnosed with arthritis?
	Arthritis? O Yes → O No	Rheumatoid Arthritis Osteoarthritis Not sure which type	O Less than 30 O 50 to 59 O 30 to 39 O 60 to 69 O 40 to 49 O 70 or older

20.	After you were 40 years old, did you ever have a bone fracture or broken bone in any of
	the following parts of your body? (MARK ALL THAT APPLY)

O Hip

O Forearm or wrist

O Vertebra

O Any other bone
O No bones fractured or broken

QUESTIONS 21 TO 28 CONCERN MEDICATIONS (EITHER PRESCRIPTION OR OVER-THE-COUNTER) THAT ARE ANTIINFLAMMATORY OR PAIN RELIEVERS.

	LAMMATORY OR PAIN RELIEVERS.	
21 .	During the last 12 months, about how often did you usually take aspirin (examples of aspirin include Bayer, Bufferin, Anacin, and baby aspirin)?	
	O None or less than 1 time per month O 1 to 3 times per month O 1 to 2 times per week O 3 to 6 times per week O 7 or more times per week	
22 .	When you took aspirin , what strength or dose did you usually take?	
	O None O Adult strength (usually 325mg) O Baby strength (usually 81mg) O Some other strength O don't know the strength	
23.	For how many years have you taken aspirin at least once per week?	
	O None O Less than 10 years O 10 to 19 years O 20 to 39 years O 40 or more years	
24.	During the last 12 months, about how often did you usually take acetaminophen (examples of acetaminophen include Tylenol and Panedol)?	
	O None or less than 1 time per month O 1 to 3 times per month O 1 to 2 times per week O 3 to 6 times per week O 7 or more times per week	

25 .	For how many years have you taken acetaminophen at least once per week?
	O None O Less than 10 years O 10 to 19 years O 20 to 39 years O 40 or more years
26.	Not including aspirin, during the last 12 months, did you take any of the following nonsteroidal anti-inflammatory drugs (NSAIDs) at least once a week? (MARK ALL THAT APPLY)
	O Aleve O Advil O Bextra O Celebrex O Indocin O Medipren O Motrin O Naprosyn O Nuprin O Vioxx O Other O None of the NSAIDs
27.	During the last 12 months, about how ofter did you usually take nonsteroidal anti-inflammatory drugs (NSAIDs)?
	O None or less than 1 time per month O 1 to 3 times per month O 1 to 2 times per week O 3 to 6 times per week O 7 or more times per week
28.	For how many years have you taken NSAIDs at least once per week?
	O None O Less than 10 years O 10 to 19 years O 20 to 39 years O 40 or more years

PHYSICAL ACTIVITY

The next few questions refer to your usual physical activities over the last 12 months. Work includes paid employment or volunteer work.

29.	Think about your activities at work over the past 12 months. Which of the following choices best describes your usual activities at work?
	O Did not work during past 12 months O Mostly sitting with little walking
	O Mostly walking with some sitting
	O Mostly walking with some manual labor
	or exercise
	O Mostly manual labor or exercise

30 .	Not including any time at work, think
	about your activities over the past 12
	months. How often did you walk a mile or
	more at a time without stopping?

more at a time without stopping?	
O None or less than 1 time per month	า
O 1 to 3 times per month	
O 1 to 2 times per week	
O 3 to 6 times per week	
O 7 or more times per week	

31. In the past 12 months did you:		[IF YES:] In the past 12 months, how often did you do this activity?
a. Jog or run outside or on a treadmill?	O Yes → O No	O Less than 1 time/month O 1-3 times/month O 1-2 times/week O 1-2 times/week
b. Ride a bicycle or an exercise bicycle?	O Yes → O No	O Less than 1 time/month O 1-3 times/month O 1-2 times/week O 1-2 times/week
c. Swim?	O Yes → O No	O Less than 1 time/month O 1-3 times/month O 1-2 times/week O 1-2 times/week
d. Do aerobics, water aerobics or aerobic dancing?	O Yes → O No	O Less than 1 time/month O 1-3 times/month O 1-2 times/week O 1-2 times/week
e. Do other dancing?	O Yes → O No	O Less than 1 time/month O 1-3 times/month O 1-2 times/week O 1-2 times/week
f. Do calisthenics or exercise?	O Yes → O No	O Less than 1 time/month O 1-3 times/month O 1-2 times/week O 1-2 times/week
g. Garden or do yard work?	O Yes → O No	O Less than 1 time/month O 1-3 times/month O 1-2 times/week O 1-2 times/week
h. Lift weights?	O Yes → O No	O Less than 1 time/month O 1-3 times/month O 1-2 times/week O 1-2 times/week

32.	Over the last 12 months, on average, how many days per week did you spend in any physical activity strenuous enough to work up a sweat or to increase your breathing and heart rate to very high levels?	36. Over the past 12 months, on average, how many hours per week did you spend doing light work around the house including preparing meals, cleaning, doing small repairs, washing dishes, etc.?
	O None or less than 1 day per week O 2 to 3 days per week O 4 to 5 days per week O 6 to 7 days per week	O None or less than 1 hour per week O Around 1 hour per week O 2 to 3 hours per week O 4 to 5 hours per week O 6 to 7 hours per week O More than 7 hours per week
33.	Over the last 12 months, on average, how long was each session of strenuous activity?	37 . What is your usual walking pace?
	O None or less than 15 minutes O 16 to 19 minutes O 20 to 29 minutes O 30 to 39 minutes O 40 minutes or more	O Easy (less than 2 mph) O Normal, average (2 to 2.9 mph) O Brisk pace (3 to 3.9 mph) O Very brisk, striding (4 mph or faster) O Unable to walk
		38. How many flights of stairs do you usually climb daily?
34.	Over the last 12 months, on average, how many days per week did you spend in any moderate physical activity where you worked up a light sweat or increased your breathing and heart rate to moderately higher levels?	O No flights O 1 to 2 flights O 3 to 4 flights O 5 to 9 flights O 10 flights or more
	O None or less than 1 day per week O 2 to 3 days per week O 4 to 5 days per week O 6 to 7 days per week	39. How often do you leave your home for shopping or other activities?O None or less than 1 time per weekO 1 time per weekO 2 to 4 times per week
35 .	Over the last 12 months, on average, how long was each session of moderate activity?	O 5 to 6 times per week O 7 or more times per week
	O None or less than 15 minutes O 16 to 19 minutes O 20 to 29 minutes O 30 to 39 minutes O 40 minutes or more	 40. Compared with yourself 10 years ago, are you now more active, less active, or about the same? O More active O Less active O About the same

TOBACCO SECTION

	102/10
	v think about your smoking history. Have you smoked at least 100 cigarettes in your entire life? O Yes →CONTINUE WITH QUESTION 42 O No →GO TO QUESTION 55
42.	How old were you when you first started smoking cigarettes fairly regularly? (ENTER AGE OR FILL CIRCLE (O) IF NEVER SMOKED REGULARLY)
	OR O NEVER AGE STARTED SMOKING SMOKING REGULARLY
43.	Over your lifetime, did you mainly smoke Ultra-light, Light, or Regular cigarettes? O Ultra-Light O Light or mild O Regular or full-flavor O No usual type of cigarettes
44.	Over your lifetime, did you mainly smoke menthol or non-menthol cigarettes? O Menthol O Non-menthol O No usual type of cigarettes
45.	In the past 30 days , did you smoke cigarettes every day, some days, or not at all?
	O Every day → CONTINUE WITH QUESTION 46
	O Some days → CONTINUE WITH QUESTION 46

- O Not at all →GO TO QUESTION 52

 46. In the past 30 days, on days that you
 - smoked, about how many cigarettes did you usually smoke each day?
 - O 1 to 5 each day
 - O 6 to under 1 pack each day
 - O About 1 pack each day
 - O About 1½ packs each day
 - O About 2 packs each day
 - O More than 2 packs each day
- **47**. How soon after you wake up do you usually smoke your first cigarette of the day?
 - O Within 5 minutes
 - O 6 to 30 minutes
 - O 31 to 60 minutes
 - O More than 60 minutes
- **48.** For **each** of the following statements mark if it is true for you.
 - O True "I have trouble going more than a few hours without smoking."
 - O True "Even in a bad rainstorm,
 O False if I ran out of cigarettes, I
 would probably go to the
 store to get some more."
 - O True "When I go without O False smoking for a few hours,

I experience craving."

O True "If I were in a public place O False where smoking was not

allowed, I would probably go outside to smoke a cigarette, even in cold or rainy weather."

- **49.** Are you considering quitting smoking during the next 6 months?
 - O Yes, plan to stop within next 30 days

O Yes, plan to stop within next 6 months, but not within next 30 days O No, not thinking of quitting in next 6 months

 50. In the past, have you ever made a serious attempt to quit smoking? That is, have you stopped smoking for at least one day or longer because you were trying to quit? O Yes →CONTINUE WITH QUESTION 51 O No →GO TO QUESTION 54 51. What was the longest length of time you 	 O No, did not smoke in past 12 months Now think about your exposure to other peoples' smoke. 55. Before you were 18, did you ever live with someone who smoked cigarettes in the home on a regular basis? O Yes, during most of your childhood O Yes, during some of your childhood O No, not at all
stopped smoking because you were trying to quit?	
O Less than 1 week O 1 to 3 weeks O 1 to 2 months	56. As an adult (AFTER you turned 18), did you ever live with someone who smoked cigarettes in the home on a regular basis?O Yes, during most of your adult life
O 3 to 11 months O 1 to 4 years O 5 to 9 years O 10 years or more	O Yes, during some of your adult life O No, not at all
	57. As an adult (AFTER you turned 18), did
52. How old were you when you most recently quit smoking?	you ever work indoors with someone who smoked cigarettes in your work area on a regular basis?
II AGE STOPPED SMOKING	O Yes, during most of your work experience O Yes, during some of your work
53. Thinking of the most recent time you quit smoking, did you use any of the following products? (MARK EACH ONE THAT YOU	experience O No, not at all
O Nicotine gum	58. How often do you worry about getting lung cancer? Would you say:
 O Nicotine patch O Nicotine nasal spray, inhaler, lozenge, or tablet O Prescription pill such as Zyban, 	O Rarely or never O Sometimes O Often O All of the time
Buproprion, or Wellbutrin O None of these	O All of the time
54. During the past 12 months did any doctor, dentist, nurse, or any other health professional advise you to quit smoking?	59. Compared to others your age who currently smoke, what do you think are your chances of being diagnosed with lung cancer during your lifetime? Are you:
O Yes O No, was not advised to quit O No, did not see a health professional in past 12 months	O at much less risk O at less risk O at the same risk O at higher risk



QUESTIONS 60 TO 73 ARE FOR WOMEN ONLY. MEN PLEASE GO TO QUESTION 74.

WOMEN ONLY

60 .	During any of your pregnancies, were you carrying more than one baby (twins,	62 . W	/hen did you have your last Pap smear?
	triplets, etc.)?) Never
	O Yes O No O Never pregnant	C	D Less than 1 year ago D 1 year ago D 2 to 3 years ago D 4 or more years ago
61 .	In your lifetime, how many total months have you breast-fed ?	63 . V	When did you have your last mammogram
	O None or never pregnant O Less 6 months O 6 to 11 months O 12 to 35 months O 36 months or more		Never Less than 1 year ago 1 year ago 2 to 3 years ago 4 or more years ago

64. Did you ever take any of the following to strengthen your bones or for a Did you ever take:	•	[IF EVER TOOK:] Are you taking this medication now?
a. Nolvadex (Tamoxifen)?	O Yes → O No	O Yes O No
b. Evista (Raloxifene)?	O Yes → O No	O Yes O No
c. Fosamax (Alendronate)?	O Yes → O No	O Yes O No
d. Actonel (Risendronate)?	O Yes → O No	O Yes O No
e. Miacalcin (Calcitonin)?	O Yes → O No	O Yes O No
f. Didronel (Etidronate)?	O Yes → O No	O Yes O No
g. Forteo (Teriparatide)?	O Yes → O No	O Yes O No

h. Boniva (Ibandronate)?	O Yes → O No	O Yes O No	

65. Did you ever have a breast biopsy ?	[IF YES:] How many have you had?	[IF YES:] At what age was your most recent one?
O Yes → O No	O 1 O 2 O 3 or more	O Less than 30 O 50 to 59 O 30 to 39 O 60 to 69 O 40 to 49 O 70 or older

66. Have you ever had an ovary removed?	[IF YES:] How many ovaries have been removed?	[IF YES:] At what age was your most recent ovary removal?
O Yes → O No	O Both ovaries O One ovary Partial removal of an O ovary Not sure	O Less than 40 O 55 to 59 O 40 to 44 O 60 to 69 O 45 to 49 O 70 to 79 O 50 to 54 O 80 or older

67. Have you ever had a hysterectomy , that is, have you had your uterus or womb removed?	[IF YES:] At what age was your hysterectomy?
O Yes → O No	O Less than 40 O 55 to 59 O 40 to 44 O 60 to 69 O 45 to 49 O 70 to 79 O 50 to 54 O 80 or older

Sometimes women take female hormones, such as estrogen or progestin during or after menopause. The next few questions ask about your use of such hormones, often called hormone replacement therapy or HRT.

- **68**. Have you ever taken **HRT**?
 - O Yes →CONTINUE WITH QUESTION 69
 - O No →END. THANK YOU FOR COMPLETING THE QUESTIONNAIRE
- **69.** At about what age did you **first** begin taking **HRT**?

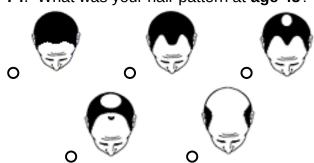
AGE FIR	ST TO	OK F	I RT

- 70. What type of HRT did you take when you first began HRT?
 - O Estrogen pills only (such as Premarin, Estrace, Estratab, Menest, Orthoest, Ogen, Gynodiol, Cenestin, or Alora)
 - O Progesterone/progestin pills only (such as Provera, Amen, Cycrin, Megace, Curretab, Prometrium, or Aygestin)
 - O Estrogen and progesterone/progestin in the <u>same</u> pill (such as Prempro or Premphase) or in different pills
 - O Estrogen creams, shots, or patches
 - O Progesterone/progestin creams, shots, or patches
 - O Estrogen and progesterone/progestin creams, shots, or patches
 - O Not sure

71.	Are you still taking this type of HRT, or did you stop, or switch types?
	O Still taking this type of HRT → END. THANK YOU FOR COMPLETING THE QUESTIONNAIRE
	O Stopped taking this type of HRT →
	At what Age did you Stop
	END. THANK YOU FOR COMPLETING THE QUESTIONNAIRE
	O Switched taking this type of HRT →
	At what Age did you Switch
72 .	When you switched, what type of HRT did you switch to?
	O Estrogen pills only
	O Progesterone/progestin pills only
	O Estrogen and progesterone/progestin in the <u>same</u> pill or in different pills
	O Estrogen creams, shots, or patches
	O Progesterone/progestin creams, shots, or patches
	O Estrogen and progesterone/progestin creams, shots, or patches
	O Not sure
73 .	Are you still taking this type of HRT?
	O Yes
	O No
	NOMEN END. THANK YOU FOR MPLETING THE OUESTIONNAIRE

MEN ONLY

74. What was your hair pattern at age 45?



- **75**. During a typical night in the **last 12 months**, how many times did you wake up to urinate?
 - O Never O 3 times
 - O Once O 4 or more times
 - O 2 times
- **76.** How old were you when you **first** began waking up to urinate more than once a night on a regular basis?
 - O Never woke up to urinate more than once a night
 - O Less than 30 O 50 to 59
 O 30 to 39 O 60 to 69
 O 40 to 49 O 70 or older
- 77. Has a doctor ever told you that you had an enlarged prostate or benign prostatic hypertrophy (BPH)?
 - O Yes → CONTINUE WITH QUESTION 78
 - O No → END. THANK YOU FOR COMPLETING THE QUESTIONNAIRE
- **78**. How old were you when a doctor first told you that you had this problem?

O Less than 30 O 50 to 59
O 30 to 39 O 60 to 69
O 40 to 49 O 70 or older

MEN END. THANK YOU FOR COMPLETING THE QUESTIONNAIRE