OMB #: 0925-0593 Expiration Date: 08/31/2014



National Children's Study

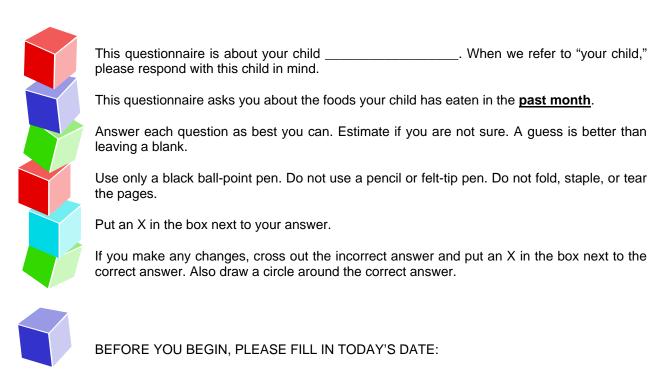
Child Food Questionnaire



Please complete this questionnaire at the end of the month and bring it with you to the site visit.

LABEL FOR CLINICAL CENTER RETURN ADDRESS

General Instructions



Month Day Year

A. Please check the box that best represents how often your child ate each of the foods listed, on average, in the past month.

Fruits	Never	Less than 1 time per week	1 time per week	2–4 times per week	Nearly every day or every day	2 or more times per day
1. Orange						
2. Grapefruit						
3. Banana						
4. Apple						
5. Applesauce						
6. Grapes						
7. Peach or plum						
8. Strawberries of berries	other					
9. Cantaloupe						
10. Watermelon						
11. Pears						
12. Raisins or prun	es					



B. Please check the box that best represents how often your child ate each of the foods listed, on average, <u>in the past month</u>.

Vegetables	Never	Less than 1 time per week	1 time per week	2–4 times per week	Nearly every day or every day	2 or more times per day
1. Corn						
2. Peas						
3. Tomatoes						
4. Peppers (all kinds)						
5. Carrots						
6. Broccoli						
7. Green beans						
8. Spinach						
9. Squash (orange or winter)						
10.French fries, fried potatoes						
11.Potatoes (baked, boiled or mashed)						
12.Onion						
13.Sweet potatoes or yams						
14.Cabbage, coleslaw, or cauliflower						
15.Cucumbers						
16.Lettuce salad						
17.Mixed vegetables						
18.Baked beans or chili beans						
19.Other dried beans, dried peas or lima beans						

C. Please check the box that best represents how often your child ate each of the foods listed, on average, <u>in the past month</u>.

200	other ma	Meat, fish, and ain dishes	Never	Less than 1 time per week	1 time per week	2–4 times per week	Nearly every day or every day	2 or more times per day
1.	Pizza							
2.	Macaroni and	cheese						
3.	Peanut butter							
4.	Hamburger, m meatloaf	eatballs, or						
5.	Beef—steak o	r roast						
6.	Pork—chops,	roast, or ribs						
7.	Ham—baked	or steak						
8.	Cold cuts (bologna, sala	mi, ham)						
9.	Sausage							
10.	Bacon							
11.	Hot dogs							
12.	Fried chicken, nuggets	chicken						
13.	Other chicken	or turkey						
14.	Canned tuna							
15.	Fried fish, fish	sticks						
16.	Other fish							
17.	Tofu or soy be	ans						
18.	Vegetable sou	р						
19.	Other soup							

D. Please check the box that best represents how often your child ate each of the foods listed, on average, in the past month.

	Starches & grains	Never	Less than 1 time per week	1 time per week	2–4 times per week	Nearly every day or every day	2 or more times per day	5 or more times per day
1. Pasta								
2. White ri	ce							
3. Brown F	Rice							
4. White b (slice, re	read oll, or pita)							
5. Dark bro	ead oll, or pita)							
6. Cornbre	ead or tortilla							
7. Oatmea	ıl							
8. Cereal ((cold)							
9. Donut, f	ried dough							
10. Sweet r	oll or muffin							
11. Pancak French								
12. English bagel	muffin or							
13. Biscuit								

E. Please check the box that best represents how often your child drank each of the beverages listed, on average, in the past month.

*	Drinks	Never	Less than 1 time per week	1 time	2–4 times per week	Nearly every day or every day	2 or more times per day	5 or more times per day
1.	Milk, including chocolate milk							
2.	Hot chocolate							
3.	Apple juice							
4.	Grape juice							
5.	Orange juice							
6.	Pineapple juice							
7.	Other 100% juice							
8.	Fruit drinks (Hi-C, Kool-Aid, lemonade)							
9.	Soda (not sugar-free)							
10.	Soda (sugar-free)							
11.	Water							
12.	What kind of milk	does y	our child <u>u</u>	sually drin	ık?			
	Breast milk, breas	t fed	[1	% milk			
	Breast milk, expre	ssed	[Skim milk			
	Formula made from	n cow's	milk [Soy milk			
	Formula made from	m soy m	ilk [Other			
	Whole milk		[N	/ly child doe	s not drink mil	k	
	2% milk							
13.	What kind of wat	er does	your child	<u>usually</u> dri	ink?			
	Tap water, not filte	red	[
	Tap water, filtered		[Mon
	Bottled water		[

F.	Please check the box	that best i	epresen	ts how ofte	en your chi	ild ate each	of the foods	listed, on
	average, <u>in the past n</u>	<u>nonth</u> .						
	Other da	irv						
K	& e		Less 1 tir		time 2	2–4 times	Nearly	2 or more
		Neve				cer week	every day or every day	times per day
1.	Cheese, plain or in sandwiches							
2.	Cream cheese							
3.	Cottage cheese							
4.	Yogurt							
5.	Ice cream							
6.	Pudding							
7.	Whole eggs							
_								
G.	Please check the box		epresen	ts how ofte	en your chi	ild ate each	of the foods	listed, on
^	average, <u>in the past n</u>	<u>nontn</u> .						
W	Oils and							_
	spreads		ss than 1 time	1 time	2–4 times	Near s every da		
	JP1 Cdd3	Never pe	er week	per week	per week	c every o	day per da	y per day
1.	Butter (not margarine)		Ш					
2.	Margarine (tub)							
3.	Margarine (stick)							
4.	Mayonnaise							
5.	Salad dressing							

	 Please check the box average, in the past m 							
	Snacks and sweets		ess than 1 time per week	1 time per week	2–4 times per week	Nearly every day or every day	2 or more times per day	e 5 or more times per day
1.	Chips (potato, corn or others)							
2.	Nuts							
3.	Crackers							
4.	Jell-O							
5.	Cookies or brownies							
6.	Cake or cupcakes							
7.	Pie							
8.	Chocolate candy							
9.	Other candy							
1.	Are there any other foo write in the name of the food, on average, in the Othe your ch	e food and e past mo er foods nild eats	t check the nth.	box that b	est represe N imes every	early y day or 2 o	your child a	ate each 5 or more
	write in the name of the food, on average, in the Othe	e food and e past mo er food: nild eats er week	d check the nth.	box that b	est represe N imes every	early y day or 2 o	your child a	ate each 5 or more
1.	write in the name of the food, on average, in the Othe your change	e food and e past mo er foods nild eats er week	t check the nth.	box that b	est represe N imes every	early y day or 2 o	your child a	ate each 5 or more
1.	write in the name of the food, on average, in the Othe your change points	e food and e past mo er food: nild eats er week	t check the nth.	box that b	est represe N imes every	early y day or 2 o	your child a	ate each 5 or more
1. 2. 3.	write in the name of the food, on average, in the Other your change points	e food and e past mo er foods nild eats er week ———	t check the nth.	box that b	est represe N imes every	early y day or 2 o	your child a	ate each 5 or more
1. 2. 3. 4.	write in the name of the food, on average, in the Your change points	e food and e past mo er food: nild eats er week	t check the nth.	box that b	est represe N imes every	early y day or 2 o	your child a	ate each 5 or more
1. 2. 3. 4. 5.	write in the name of the food, on average, in the Other your change points	e food and e past mo er food: nild eats er week	t check the nth.	box that b	est represe N imes every	early y day or 2 o	your child a	ate each

J. In the <u>past month</u> , how often does your child (French fries, egg rolls, fried chicken, shrimp		•	m home or as t	ake out
Less than once per week]			
2 to 4 times per week]			
Nearly every day or every day]			
K. In the <u>past month</u> , did you always, usually,			<u> </u>	* * *
	Always	Usually	Sometimes	Seldom
 Wash your hands before preparing food for your family? 				
2. Wash the cutting board or counter before preparing food on it for your family?				
3. Wash or rinse fresh fruits and vegetables 20 seconds and drain 2 minutes before preparing them for your family?				
L. In the <u>past month</u> , did your child eat any of the	following foo	ods that con	tain raw eggs?	
		Yes	No	Don't know
1. Raw, homemade cookie or cake batter?				Ш
2. Homemade frosting with raw egg?				
3. Caesar salad with raw egg?				
4. Chocolate mousse with raw egg?				
5. Homemade eggnog?				
6. Homemade ice cream with raw egg?				
7. Shakes with raw egg?				

7 1	For <u>each</u> of these places, tell me if she eats in these places or never.	-		
		Usually	Sometimes	Never
1.	Kitchen table or counter			
2.	High chair			
3.	Dining room table			
4.	Living room on a table or coffee table			
5.	On the carpet or floor anywhere in the house			
6.	Bedroom on a table or dresser			
7.	Garage			
8.	On a table or bench outside the house			
9.	Anywhere else he or she chooses			
N	. Which of the following supplements was your child given and during the past month? [MARK ALL THAT APPLY.] Fluoride		s a week	
0	. Were the supplements you gave your baby in the form of d [NOTE: MARK CRUSHED PILLS MIXED WITH LIQUID AS Drops Pills			

Thank you <u>very much</u> for completing this questionnaire! All of your answers are very important.

Please help us by looking at each page again to make sure that you:



Did not skip any pages and

Crossed out the wrong answer and circled the right answer if you made any changes.

Thank you for continuing to be part of the National Children's Study.