

# **Lifestyle Intervention MDE Field Descriptions**

**Data User's Manual  
Version 8.00**

**Current as of September 30, 2012**

Public reporting burden of this collection of information is estimated to average 8 hours per program, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports Clearance Officer, 1600 Clifton Road NE, MS D-74, Atlanta, GA 30333. Attn: PRA (0920-0612). Do not send the completed form to this address.

## Part A: Summary of MDEs in Lifestyle Intervention File

Item Number	Variable Name	Position	Variable Label	Type
0a	MDEVer	1-3	MDE version	Numeric
1a	StFIPS	4-5	State/Tribal FIPS code	Character
2a	NRec	6-11	Unique lifestyle intervention record ID number	Numeric
3a	EncodeID	12-26	Unique participant ID number	Character
4a	Intervention	27-34	Date of lifestyle intervention session (Date of referral to a community-based resource)	Numeric
5a	ContactType	35-36	Type of contact	Numeric
5b	Setting	37	Setting	Numeric
6a	Nutrition	38	Nutrition	Numeric
6b	NutLink	39	Linked to community-based nutrition resources	Numeric
6c	PA	40	Physical activity	Numeric
6d	PALink	41	Linked to community-based physical activity resources	Numeric
6e	QuitLine	42	Linked to proactive tobacco quit line	Numeric
6f	TobacLink	43	Linked to community-based tobacco cessation resources	Numeric
6g	TobacCoun	44	Received smoking cessation counseling during lifestyle intervention session	Numeric

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## Part B: Lifestyle Intervention MDE Field Specifications

<b>Item 0a: MDEver</b>	<b>MDE Version</b> This variable indicates the version of the MDE that was used to collect and report data in the file.			
<b>FORMAT</b>	<b>Type:</b>	Numeric	<b>Justification:</b>	Right
	<b>Length:</b>	3	<b>Beginning Position:</b>	1
	<b>Leading Zeros:</b>	No	<b>Valid Range:</b>	See values; cannot be blank
	<b>Other Format:</b>	N/A		
<b>DENOMINATOR POPULATION</b>	<p>All records in a lifestyle intervention (LSI) file that are eligible for MDE submission.</p> <p>A record in an LSI file is eligible for MDE submission if it contains an LSI date, the type of contact completed, the setting of the LSI session, and the focus of the LSI session.</p> <p>A record is also eligible if it has a community-based referral for a participant who did not have an LSI contact. A community-based referral record is counted if the following MDE variables in the file have valid values: date of session/referral, contact type, and at least one focus area.</p>			
<b>VALUES AND DESCRIPTION</b>	<b>800 MDE version 8.0</b>	MDE version 8.0 should be used to collect data for all LSIs occurring July 1, 2011, and after		
<b>ANALYSIS AND USE</b>	To verify the MDE version used to collect and report data in the file			
<b>OTHER INFORMATION</b>	<p><b>Guidance</b></p> <p>A crosswalk table between version 7.0 and version 8.0 is in Appendix E.</p>			

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## Part B: Lifestyle Intervention MDE Field Specifications

<b>Item 1a: StFIPS</b>	<b>State/Tribal FIPS Code</b>			
	This variable indicates the FIPS or tribal program code for the state or tribe where a lifestyle intervention (LSI) occurred.			
<b>FORMAT</b>	<b>Type:</b>	Character	<b>Justification:</b>	Left
	<b>Length:</b>	2	<b>Beginning Position:</b>	4
	<b>Leading Zeros:</b>	Yes	<b>Valid Range:</b>	See values; cannot be blank
	<b>Other Format:</b>	N/A		
<b>DENOMINATOR POPULATION</b>	<p>WISEWOMAN participants who received at least one LSI contact or received a community-based referral.</p> <p>A WISEWOMAN participant is a woman who receives at least one NBCCEDP service (enrolled in NBCCEDP); has received all the following screenings from the WISEWOMAN Program: height, weight, first blood pressure diastolic measurement, and first blood pressure systolic measurement; and has responded to at least one health history question. (For items 5a-8b, there must be at least one response that is not coded as '7 Don't know,' '8 Don't want to answer,' or '9 No answer recorded.')</p> <p>An LSI contact is defined as an LSI record containing, at a minimum, an LSI date, the type of contact completed, the setting of the LSI session, and at least one focus for the LSI session. A community-based referral contact is defined as an LSI record for a participant who did not receive an LSI contact but was referred to a community-based resource. A community-based referral record is counted if the following MDE variables in the file have valid values: date of session/community-based referral, contact type, and at least one focus area.</p>			
<b>VALUES AND DESCRIPTION</b>	<b>06 California (CA)</b>	An LSI that occurred in California		
	<b>09 Connecticut (CT)</b>	An LSI that occurred in Connecticut		
	<b>17 Illinois (IL)</b>	An LSI that occurred in Illinois		
	<b>19 Iowa (IA)</b>	An LSI that occurred in Iowa		
	<b>25 Massachusetts (MA)</b>	An LSI that occurred in Massachusetts		
	<b>26 Michigan (MI)</b>	An LSI that occurred in Michigan		
	<b>27 Minnesota (MN)</b>	An LSI that occurred in Minnesota		
	<b>29 Missouri (MO)</b>	An LSI that occurred in Missouri		
	<b>31 Nebraska (NE)</b>	An LSI that occurred in Nebraska		
	<b>37 North Carolina (NC)</b>	An LSI that occurred in North Carolina		
	<b>41 Oregon (OR)</b>	An LSI that occurred in Oregon		
	<b>42 Pennsylvania (PA)</b>	An LSI that occurred in Pennsylvania		
	<b>45 South Carolina (SC)</b>	An LSI that occurred in South Carolina		
	<b>46 South Dakota (SD)</b>	An LSI that occurred in South Dakota		
	<b>49 Utah (UT)</b>	An LSI that occurred in Utah		
	<b>50 Vermont (VT)</b>	An LSI that occurred in Vermont		
	<b>51 Virginia (VA)</b>	An LSI that occurred in Virginia		
	<b>54 West Virginia (WV)</b>	An LSI that occurred in West Virginia		
	<b>55 Wisconsin (WI)</b>	An LSI that occurred in Wisconsin		
	<b>85 Southeast Alaska Regional Health Consortium (SEARHC)</b>	An LSI that occurred within the tribal area of SEARHC		
	<b>92 Southcentral Foundation (SCF)</b>	An LSI that occurred within the tribal area of SCF		
<b>ANALYSIS AND USE</b>	To calculate the number of women receiving LSIs by each state or tribal program			

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To assess the reach of the WISEWOMAN Program's LSIs both nationally and within a particular state or tribe

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**OTHER  
INFORMATION**

***Guidance***

The state FIPS codes are the Federal Information Processing Standard codes developed by the National Institute of Standards and Technology. The tribal program codes are codes assigned by CDC to be used by tribal programs in lieu of FIPS.

***Additional edits***

Programs should always record the FIPS code for the state or tribe where their program is located. This may differ from the FIPS code for the participant's state or tribe of residence if the participant resides in a different state or tribe from where the program is located. The validation tool will flag as an error any FIPS code not the same as where the program is located.

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## Part B: Lifestyle Intervention MDE Field Specifications

<b>Item 2a: NRec</b>	<b>Unique Lifestyle Intervention (LSI) Record ID Number</b>		
	This variable indicates the unique placement of a record within an LSI file.		
<b>FORMAT</b>	<b>Type:</b>	Numeric	<b>Justification:</b> Right
	<b>Length:</b>	6	<b>Beginning Position:</b> 6
	<b>Leading Zeros:</b>	No	<b>Valid Range:</b> 1 to number in sequence of last record in file; cannot be blank
	<b>Other Format:</b>	N/A	
<b>DENOMINATOR POPULATION</b>	<p>WISEWOMAN participants who received at least one LSI contact or received a community-based referral.</p> <p>A WISEWOMAN participant is a woman who receives at least one NBCCEDP service (enrolled in NBCCEDP); has received all the following screenings from the WISEWOMAN Program: height, weight, first blood pressure diastolic measurement, and first blood pressure systolic measurement; and has responded to at least one health history question. (For items 5a-8b, there must be at least one response that is not coded as '7 Don't know,' '8 Don't want to answer,' or '9 No answer recorded'.)</p> <p>An LSI contact is defined as an LSI record containing, at a minimum, an LSI date, the type of contact completed, the setting of the LSI session, and at least one focus for the LSI session.</p> <p>A referral contact is defined as an LSI record for a participant who did not receive an LSI contact but was referred to a community-based resource. A community-based referral record is counted if the following MDE variables in the file have valid values: date of session/referral, contact type, and at least one focus area.</p>		
<b>VALUES AND DESCRIPTION</b>	<b>Unique LSI record ID number</b>	<p>Six-digit (numeric) value representing the sequence number of a record</p> <p>This value must be unique for each record in an LSI file. If a record ID number is a duplicate within an LSI file, the validation tool will flag it as an error</p>	
<b>ANALYSIS AND USE</b>	To track the order of records within an LSI file		
<b>OTHER INFORMATION</b>	<p><b>Guidance</b></p> <p>NRec should be unique across all submitted MDE data files. Programs should continue numbering sequentially from the previous submission.</p>		

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## Part B: Lifestyle Intervention MDE Field Specifications

<b>Item 3a: EncodeID</b>	<b>Unique Participant ID Number</b> This variable indicates a woman's unique identification number.			
<b>FORMAT</b>	<b>Type:</b>	Character	<b>Justification:</b>	Left
	<b>Length:</b>	15	<b>Beginning Position:</b>	12
	<b>Leading Zeros:</b>	N/A	<b>Valid Range:</b>	Cannot be blank
	<b>Other Format:</b>	N/A		
<b>DENOMINATOR POPULATION</b>	<p>WISEWOMAN participants who received at least one lifestyle intervention (LSI) contact or received a community-based referral.</p> <p>A WISEWOMAN participant is a woman who receives at least one NBCCEDP service (enrolled in NBCCEDP); has received all the following screenings from the WISEWOMAN Program: height, weight, first blood pressure diastolic measurement, and first blood pressure systolic measurement; and has responded to at least one health history question. (For items 5a-8b, there must be at least one response that is not coded as '7 Don't know,' '8 Don't want to answer,' or '9 No answer recorded.')</p> <p>An LSI contact is defined as an LSI record containing, at a minimum, an LSI date, the type of contact completed, the setting of the LSI session, and at least one focus for the LSI session.</p> <p>A community-based referral contact is defined as an LSI record for a participant who did not receive an LSI contact but was referred to a community-based resource. A community-based referral record is counted if the following MDE variables in the file have valid values: date of session/community-based referral, contact type, and at least one focus area.</p>			
<b>VALUES AND DESCRIPTION</b>	<b>Unique Participant ID Number</b>	Up to 15-digit (character) value representing the unique identifier for a participant		
<b>ANALYSIS AND USE</b>	<p>To uniquely identify women who have had LSI services</p> <p>To link LSIs with screening records</p>			
<b>OTHER INFORMATION</b>	<p><b>Guidance</b></p> <p>A participant's unique ID should be the same for NBCCEDP and WISEWOMAN.</p> <p>A participant's unique ID should not change over time. If it does change, the program should notify the data contractor with a list of IDs that have changed at the time of data submission and upload a crosswalk of the previous participant unique ID to the new participant unique ID (see Appendix B).</p> <p>If a participant's Social Security number is used as her unique ID, it must be encoded.</p> <p>A participant's unique ID must be the same in the Screening and Assessment file and the LSI file.</p>			

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## Part B: Lifestyle Intervention MDE Field Specifications

<b>Item 4a: Intervention</b>	<b>Date of Lifestyle Intervention (LSI) Session (Date of Referral to a Community-Based Resource)</b> For LSI records, this variable indicates the date that the LSI session occurred. For community-based referral records, this variable indicates the date that the referral to a community-based resource was made.		
<b>FORMAT</b>	<b>Type:</b> Numeric <b>Length:</b> 8 <b>Leading Zeros:</b> Yes <b>Other Format:</b> MMDDCCYY format	<b>Justification:</b> Right <b>Beginning Position:</b> 27 <b>Valid Range:</b> Valid date; cannot be blank	
<b>DENOMINATOR POPULATION</b>	All contacts (LSI and community-based referrals) among WISEWOMAN participants. A WISEWOMAN participant is a woman who receives at least one NBCCEDP service (enrolled in NBCCEDP); has received all the following screenings from the WISEWOMAN Program: height, weight, first blood pressure diastolic measurement, and first blood pressure systolic measurement; and has responded to at least one health history question. (For items 5a-8b, there must be at least one response that is not coded as '7 Don't know,' '8 Don't want to answer,' or '9 No answer recorded.') <p>An LSI contact is defined as an LSI record containing, at a minimum, an LSI date, the type of contact completed, the setting of the LSI session, and at least one focus for the LSI session.</p> <p>A community-based referral contact is defined as an LSI record for a participant who did not receive an LSI contact but was referred to a community-based resource. A community-based referral record is counted if the following MDE variables in the file have valid values: date of session/community-based referral, contact type, and at least one focus area.</p>		
<b>VALUES AND DESCRIPTION</b>	<b>LSI Session Date</b>	Valid date in MMDDCCYY format Example: September 10, 2011 = 09102011 Date must occur within the submission period For participants who did not receive an LSI, this field should contain the date that a referral was made to a community-based resource	
<b>ANALYSIS AND USE</b>	To determine the date of the LSI session To assist in determining whether the participant has received an LSI contact To assist in calculating the number of LSI contacts per participant To assess whether participants with risk factors receive LSI services To assist in calculating performance measure #3: Program provides evidence that a minimum of 75% of WISEWOMAN participants screened with at least one modifiable risk factor attend at least one LSI session To assess changes in risk profile between participants who participate in the LSI and participants who do not To document the date of a referral to a community-based resource		
<b>OTHER INFORMATION</b>	<b>Guidance</b> To calculate the number of LSI contacts per participant, the number of LSI dates is counted for each unique participant ID (3a: EncodeID). An LSI session must occur on the same date or after the office visit (10a: BPDate). <b>Additional edits</b> LSIs or community-based referrals submitted as part of a LSI file should have occurred on or before the date that a validation report is created. If an LSI or community-based referral is coded as occurring before the date that a validation report is created, the validation tool will flag it as an error. <i>Error:</i> INTERVENTION > [current date]		

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## Part B: Lifestyle Intervention MDE Field Specifications

Item 5a: ContactType	<b>Type of Lifestyle Intervention (LSI) Contact</b>			
	This variable indicates the type of contact of the LSI session. For participants who did not receive an LSI contact, this variable indicates that they received a referral to a community-based resource.			
<b>FORMAT</b>	<b>Type:</b>	Numeric	<b>Justification:</b>	Right
	<b>Length:</b>	2	<b>Beginning Position:</b>	35
	<b>Leading Zeros:</b>	No	<b>Valid Range:</b>	See values; cannot be blank
	<b>Other Format:</b>	N/A		
<b>DENOMINATOR POPULATION</b>	<p>All contacts (LSI and community-based referrals) among WISEWOMAN participants.</p> <p>A WISEWOMAN participant is a woman who receives at least one NBCCEDP service (enrolled in NBCCEDP); has received all the following screenings from the WISEWOMAN Program: height, weight, first blood pressure diastolic measurement, and first blood pressure systolic measurement; and has responded to at least one health history question. (For items 5a-8b, there must be at least one response that is not coded as '7 Don't know,' '8 Don't want to answer,' or '9 No answer recorded'.)</p> <p>An LSI contact is defined as an LSI record containing, at a minimum, an LSI date, the type of contact completed, the setting of the LSI session, and at least one focus for the LSI session.</p> <p>A community-based referral contact is defined as an LSI record for a participant who did not receive an LSI contact but was referred to a community-based resource. A community-based referral record is counted if the following MDE variables in the file have valid values: date of session/community-based referral, contact type, and at least one focus area.</p>			
<b>VALUES AND DESCRIPTION</b>	<p><b>1 Face-to-face</b></p> <p><b>2 Phone</b></p> <p><b>3 Evidence that mailed materials were opened and reviewed</b></p> <p><b>4 Evidence that audiotape or DVD as opened and reviewed</b></p> <p><b>5 Evidence that computer-based session was completed</b></p> <p><b>6 Referral to community-based resources with no WISEWOMAN LSI-referral confirmed</b></p> <p><b>7 Referral to community-based resources with no WISEWOMAN LSI-referral not confirmed</b></p> <p><b>77 Unknown</b></p>	<p>LSI session was completed face-to-face</p> <p>LSI session was completed by phone</p> <p>If calls to confirm receipt and review of educational materials (mailed, audiotapes, or DVDs) include counseling, the LSI session is recorded as a phone contact</p> <p>LSI session was completed by review of mailed materials. The program has received evidence that the materials were opened and reviewed (no counseling occurred during a confirmation phone call)</p> <p>LSI session was completed by review of an audiotape or DVD. The program has received evidence that the audiotape or DVD was opened and reviewed (no counseling occurred during a confirmation phone call)</p> <p>LSI session was completed with a computer-based session. The program has received evidence that the computer-based session was completed</p> <p>Participant <b>did not</b> participate in an LSI session during the submission period, but she was referred to a community-based resource, and there is evidence that she has participated</p> <p>Evidence of participation may come from confirmation by the community-based resource or through self-report by the participant</p> <p>Participant <b>did not</b> participate in an LSI session during the submission period, but she was referred to a community-based resource. Participation has not been confirmed by the community-based resource or participant</p> <p>The LSI contact type is unknown</p> <p>The validation tool will flag this value as an error</p>		
<b>ANALYSIS AND USE</b>	<p>To assess how frequently different types of LSI contacts are being used within and across programs</p> <p>To determine whether frequency of LSI contact types are consistent with programs' LSI models</p>			

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To document number of confirmed and non-confirmed referrals to community-based resources for participants who did not participate in at least one LSI session

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**OTHER  
INFORMATION**

***Guidance***

Codes and response options highlighted in gray should not appear on the data collection forms completed by the provider. They are provided for funded program use only.

Community-based resources are resources that are free or low-cost and for which little or no WISEWOMAN funds are used. They can supplement the lifestyle intervention services by providing additional free or low-cost support to participants.

If the receipt of mailed materials, an audiotape, or a DVD is confirmed by a phone call that includes counseling, the contact type should be coded as '2 Phone.' Together, the mailing of materials and follow-up call should be considered one LSI contact.

***Cross edits***

The contact type for group setting can only be face-to-face. If other contact types are marked as occurring in a group setting, the validation tool will flag this field as an error.

*Error:* SETTING = 2 **AND** CONTACTTYPE = 2, 3, 4, or 5

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## Part B: Lifestyle Intervention MDE Field Specifications

<b>Item 5b: Setting</b>	<b>Setting of Lifestyle Intervention (LSI) Session</b> This variable indicates the setting of the LSI session.			
<b>FORMAT</b>	<b>Type:</b>	Numeric	<b>Justification:</b>	Right
	<b>Length:</b>	1	<b>Beginning Position:</b>	37
	<b>Leading Zeros:</b>	No	<b>Valid Range:</b>	See values; cannot be blank
	<b>Other Format:</b>	N/A		
<b>DENOMINATOR POPULATION</b>	<p>All contacts (LSI and community-based referrals) among WISEWOMAN participants.</p> <p>A WISEWOMAN participant is a woman who receives at least one NBCCEDP service (enrolled in NBCCEDP); has received all the following screenings from the WISEWOMAN Program: height, weight, first blood pressure diastolic measurement, and first blood pressure systolic measurement; and has responded to at least one health history question. (For items 5a-8b, there must be at least one response that is not coded as '7 Don't know,' '8 Don't want to answer,' or '9 No answer recorded'.)</p> <p>An LSI contact is defined as an LSI record containing, at a minimum, an LSI date, the type of contact completed, the setting of the LSI session, and at least one focus for the LSI session.</p> <p>A community-based referral contact is defined as an LSI record for a participant who did not receive an LSI contact but was referred to a community-based resource. A community-based referral record is counted if the following MDE variables in the file have valid values: date of session/community-based referral, contact type, and at least one focus area.</p>			
<b>VALUES AND DESCRIPTION</b>	<b>1 Individual</b>	<p>LSI contact for the participant occurred as an individual session</p> <p>All community-based referral contacts should be marked as individual sessions</p>		
	<b>2 Group</b>	<p>LSI contact for the participant occurred as a group session</p>		
	<b>7 Unknown</b>	<p>The setting of the LSI session for the participant is unknown</p> <p>The validation tool will flag this value as an error</p>		
<b>ANALYSIS AND USE</b>	<p>To assess how frequently different types of LSI settings are being used within and across programs</p> <p>To determine whether the settings of LSI sessions are consistent with programs' LSI models</p>			
<b>OTHER INFORMATION</b>	<p><b>Guidance</b></p> <p>Codes and response options highlighted in gray should not appear on the data collection forms completed by the provider. They are provided for funded program use only.</p> <p><b>Additional edits</b></p> <p>See related cross edit for item 5a: ContactType.</p>			

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## Part B: Lifestyle Intervention MDE Field Specifications

<b>Item 6a: Nutrition</b>	<b>Received Nutrition Counseling as Part of Lifestyle Intervention (LSI) Session</b>			
	This variable indicates whether the participant received nutrition counseling as part of the LSI session.			
<b>FORMAT</b>	<b>Type:</b>	Numeric	<b>Justification:</b>	Right
	<b>Length:</b>	1	<b>Beginning Position:</b>	38
	<b>Leading Zeros:</b>	No	<b>Valid Range:</b>	See values; cannot be blank
	<b>Other Format:</b>	N/A		
<b>DENOMINATOR POPULATION</b>	<p>All LSI contacts among WISEWOMAN participants.</p> <p>A WISEWOMAN participant is a woman who receives at least one NBCCEDP service (enrolled in NBCCEDP); has received all the following screenings from the WISEWOMAN Program: height, weight, first blood pressure diastolic measurement, and first blood pressure systolic measurement; and has responded to at least one health history question. (For items 5a-8b, there must be at least one response that is not coded as '7 Don't know,' '8 Don't want to answer,' or '9 No answer recorded.')</p> <p>An LSI contact is defined as an LSI record containing, at a minimum, an LSI date, the type of contact completed, the setting of the LSI session, and at least one focus for the LSI session.</p>			
<b>VALUES AND DESCRIPTION</b>	<b>1 Yes</b>	Participant received nutrition counseling as part of the LSI session		
	<b>2 No</b>	Participant did not receive nutrition counseling as part of the LSI session		
	<b>7 Unknown</b>	<p>It is unknown whether the participant received nutrition counseling as part of the LSI session</p> <p>The validation tool will flag this value as an error</p>		
<b>ANALYSIS AND USE</b>	To determine the number of participants that received nutrition counseling as part of the LSI session			
<b>OTHER INFORMATION</b>	<p><b>Guidance</b></p> <p>Codes and response options highlighted in gray should not appear on the data collection forms completed by the provider. They are provided for funded program use only.</p>			

Public reporting burden of this collection of information is estimated to average 8 hours per program, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports, Clearance Officer, 1600 Clifton Road NE, MS D-74, Atlanta, GA 30333. Attn: PRA (0920-0612). Do not send the completed form to this address.

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<b>Item 6b: NutLink</b>	<b>Linked to Community-Based Nutrition Resources</b>			
	This variable indicates whether the participant was linked to community-based nutrition resources.			
<b>FORMAT</b>	<b>Type:</b>	Numeric	<b>Justification:</b>	Right
	<b>Length:</b>	1	<b>Beginning Position:</b>	39
	<b>Leading Zeros:</b>	No	<b>Valid Range:</b>	See values; cannot be blank
	<b>Other Format:</b>	N/A		
<b>DENOMINATOR POPULATION</b>	<p>All contacts (lifestyle intervention [LSI] and community-based referrals) among WISEWOMAN participants.</p> <p>A WISEWOMAN participant is a woman who receives at least one NBCCEDP service (enrolled in NBCCEDP); has received all the following screenings from the WISEWOMAN Program: height, weight, first blood pressure diastolic measurement, and first blood pressure systolic measurement; and has responded to at least one health history question. (For items 5a-8b, there must be at least one response that is not coded as '7 Don't know,' '8 Don't want to answer,' or '9 No answer recorded'.)</p> <p>An LSI contact is defined as an LSI record containing, at a minimum, an LSI date, the type of contact completed, the setting of the LSI session, and at least one focus for the LSI session.</p> <p>A community-based referral contact is defined as an LSI record for a participant who did not receive an LSI contact but was referred to a community-based resource. A community-based referral record is counted if the following MDE variables in the file have valid values: date of session/community-based referral, contact type, and at least one focus area.</p>			
<b>VALUES AND DESCRIPTION</b>	<b>1 Yes</b>	Participant was linked to community-based nutrition resources		
	<b>2 No</b>	Participant was not linked to community-based nutrition resources		
	<b>7 Unknown</b>	<p>It is unknown whether the participant was linked to community-based nutrition resources</p> <p>The validation tool will flag this value as an error</p>		
<b>ANALYSIS AND USE</b>	To determine the number of participants linked to community-based nutrition resources			
<b>OTHER INFORMATION</b>	<p><b>Guidance</b></p> <p>Codes and response options highlighted in gray should not appear on the data collection forms completed by the provider. They are provided for funded program use only.</p>			

## Part B: Lifestyle Intervention MDE Field Specifications

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## Part B: Lifestyle Intervention MDE Field Specifications

<b>Item 6c: PA</b>	<b>Received Physical Activity Counseling as Part of LSI Session</b>			
	This variable indicates whether the participant received physical activity counseling as part of the LSI session.			
<b>FORMAT</b>	<b>Type:</b>	Numeric	<b>Justification:</b>	Right
	<b>Length:</b>	1	<b>Beginning Position:</b>	40
	<b>Leading Zeros:</b>	No	<b>Valid Range:</b>	See values; cannot be blank
	<b>Other Format:</b>	N/A		
<b>DENOMINATOR POPULATION</b>	<p>All lifestyle intervention (LSI) contacts among WISEWOMAN participants.</p> <p>A WISEWOMAN participant is a woman who receives at least one NBCCEDP service (enrolled in NBCCEDP); has received all the following screenings from the WISEWOMAN Program: height, weight, first blood pressure diastolic measurement, and first blood pressure systolic measurement; and has responded to at least one health history question. (For items 5a-8b, there must be at least one response that is not coded as '7 Don't know,' '8 Don't want to answer,' or '9 No answer recorded'.)</p> <p>An LSI contact is defined as an LSI record containing, at a minimum, an LSI date, the type of contact completed, the setting of the LSI session, and at least one focus for the LSI session.</p>			
<b>VALUES AND DESCRIPTION</b>	<b>1 Yes</b>	Participant received physical activity counseling as part of the LSI session		
	<b>2 No</b>	Participant did not receive physical activity counseling as part of the LSI session		
	<b>7 Unknown</b>	<p>It is unknown whether the participant received physical activity counseling as part of the LSI session</p> <p>The validation tool will flag this value as an error</p>		
<b>ANALYSIS AND USE</b>	To determine the number of participants that received physical activity counseling as part of an LSI session			
<b>OTHER INFORMATION</b>	<p><b>Guidance</b></p> <p>Codes and response options highlighted in gray should not appear on the data collection forms completed by the provider. They are provided for funded program use only.</p>			

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## Part B: Lifestyle Intervention MDE Field Specifications

<b>ITEM 6d: PALink</b>	<b>Linked to Community-Based Physical Activity Resources</b>			
	This variable indicates whether the participant was linked to community-based physical activity resources.			
<b>FORMAT</b>	<b>Type:</b>	Numeric	<b>Justification:</b>	Right
	<b>Length:</b>	1	<b>Beginning Position:</b>	41
	<b>Leading Zeros:</b>	No	<b>Valid Range:</b>	See values; cannot be blank
	<b>Other Format:</b>	N/A		
<b>DENOMINATOR POPULATION</b>	<p>All contacts (lifestyle intervention [LSI] and community-based referrals) among WISEWOMAN participants.</p> <p>A WISEWOMAN participant is a woman who receives at least one NBCCEDP service (enrolled in NBCCEDP); has received all the following screenings from the WISEWOMAN Program: height, weight, first blood pressure diastolic measurement, and first blood pressure systolic measurement; and has responded to at least one health history question. (For items 5a-8b, there must be at least one response that is not coded as '7 Don't know,' '8 Don't want to answer,' or '9 No answer recorded.')</p> <p>An LSI contact is defined as an LSI record containing, at a minimum, an LSI date, the type of contact completed, the setting of the LSI session, and at least one focus for the LSI session.</p> <p>A community-based referral contact is defined as an LSI record for a participant who did not receive an LSI contact but was referred to a community-based resource. A community-based referral record is counted if the following MDE variables in the file have valid values: date of session/community-based referral, contact type, and at least one focus area.</p>			
<b>VALUES AND DESCRIPTION</b>	<b>1 Yes</b>	Participant was linked to community-based physical activity resources		
	<b>2 No</b>	Participant was not linked to community-based physical activity resources		
	<b>7 Unknown</b>	<p>It is unknown whether the participant was linked to community-based physical activity resources</p> <p>The validation tool will flag this value as an error</p>		
<b>ANALYSIS AND USE</b>	To determine the number of participants linked to community-based physical activity resources			
<b>OTHER INFORMATION</b>	<p><b>Guidance</b></p> <p>Codes and response options highlighted in gray should not appear on the data collection forms completed by the provider. They are provided for funded program use only.</p>			

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## Part B: Lifestyle Intervention MDE Field Specifications

<b>ITEM 6e: QuitLine</b>	<b>Linked to Proactive Tobacco Quit Line</b>			
	This variable indicates whether the participant was linked to a proactive tobacco quit line.			
<b>FORMAT</b>	<b>Type:</b>	Numeric	<b>Justification:</b>	Right
	<b>Length:</b>	1	<b>Beginning Position:</b>	42
	<b>Leading Zeros:</b>	No	<b>Valid Range:</b>	See values; cannot be blank
	<b>Other Format:</b>	N/A		
<b>DENOMINATOR POPULATION</b>	<p>All contacts (lifestyle intervention [LSI] and community-based referrals) among WISEWOMAN participants who identify themselves as everyday or someday smokers.</p> <p>A WISEWOMAN participant is a woman who receives at least one NBCCEDP service (enrolled in NBCCEDP); has received all the following screenings from the WISEWOMAN Program: height, weight, first blood pressure diastolic measurement, and first blood pressure systolic measurement; and has responded to at least one health history question. (For items 5a-8b, there must be at least one response that is not coded as '7 Don't know,' '8 Don't want to answer,' or '9 No answer recorded.')</p> <p>An LSI contact is defined as an LSI record containing, at a minimum, an LSI date, the type of contact completed, the setting of the LSI session, and at least one focus for the LSI session.</p> <p>A community-based referral contact is defined as an LSI record for a participant who did not receive an LSI contact but was referred to a community-based resource. A community-based referral record is counted if the following MDE variables in the file have valid values: date of session/community-based referral, contact type, and at least one focus area.</p>			
<b>VALUES AND DESCRIPTION</b>	<b>1 Yes</b>	Participant was linked to a proactive quit line		
	<b>2 No</b>	Participant was not linked to a proactive quit line		
	<b>7 Unknown</b>	<p>It is unknown whether the participant was linked to a proactive quit line</p> <p>The validation tool will flag this value as an error</p>		
<b>ANALYSIS AND USE</b>	<p>To determine the number of participants linked to a proactive quit line</p> <p>To compare the smoking status at rescreening of women who were linked to the Quit Line versus those who were not</p>			
<b>OTHER INFORMATION</b>	<p><b>Guidance</b></p> <p>Codes and response options highlighted in gray should not appear on the data collection forms completed by the provider. They are provided for funded program use only.</p>			

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## Part B: Lifestyle Intervention MDE Field Specifications

<b>ITEM 6f: TobacLink</b>	<b>Linked to Community-Based Tobacco Resources</b>		
	This variable indicates whether the participant was linked to community-based tobacco resources.		
<b>FORMAT</b>	<b>Type:</b>	Numeric	<b>Justification:</b> Right
	<b>Length:</b>	1	<b>Beginning Position:</b> 43
	<b>Leading Zeros:</b>	No	<b>Valid Range:</b> See values; cannot be blank
	<b>Other Format:</b>	N/A	
<b>DENOMINATOR POPULATION</b>	<p>All contacts (lifestyle intervention [LSI] and community-based referrals) among WISEWOMAN participants who identify themselves as everyday or someday smokers</p> <p>A WISEWOMAN participant is a woman who receives at least one NBCCEDP service (enrolled in NBCCEDP); has received all the following screenings from the WISEWOMAN Program: height, weight, first blood pressure diastolic measurement, and first blood pressure systolic measurement; and has responded to at least one health history question. (For items 5a-8b, there must be at least one response that is not coded as '7 Don't know,' '8 Don't want to answer,' or '9 No answer recorded.')</p> <p>An LSI contact is defined as an LSI record containing, at a minimum, an LSI date, the type of contact completed, the setting of the LSI session, and at least one focus for the LSI session.</p> <p>A community-based referral contact is defined as an LSI record for a participant who did not receive an LSI contact but was referred to a community-based resource. A community-based referral record is counted if the following MDE variables in the file have valid values: date of session/community-based referral, contact type, and at least one focus area.</p>		
<b>VALUES AND DESCRIPTION</b>	<b>1 Yes</b>	Participant was linked to community-based tobacco resources	
	<b>2 No</b>	Participant was not linked to community-based tobacco resources	
	<b>7 Unknown</b>	<p>It is unknown whether the participant was linked to community-based tobacco resources</p> <p>The validation tool will flag this value as an error</p>	
<b>ANALYSIS AND USE</b>	<p>To determine the number of participants linked to community-based tobacco resources</p> <p>To compare the smoking status at rescreening of women who were linked to community-based tobacco cessation resources versus those who were not</p>		
<b>OTHER INFORMATION</b>	<p><b>Guidance</b></p> <p>Codes and response options highlighted in gray should not appear on the data collection forms completed by the provider. They are provided for funded program use only.</p>		

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## Part B: Lifestyle Intervention MDE Field Specifications

<b>ITEM 6g: TobacCoun</b>	<b>Received Smoking Cessation Counseling During LSI Session</b>			
	This variable indicates whether the participant received smoking cessation counseling as part of the LSI session.			
<b>FORMAT</b>	<b>Type:</b>	Numeric	<b>Justification:</b>	Right
	<b>Length:</b>	1	<b>Beginning Position:</b>	44
	<b>Leading Zeros:</b>	No	<b>Valid Range:</b>	See values; cannot be blank
	<b>Other Format:</b>	N/A		
<b>DENOMINATOR POPULATION</b>	<p>All lifestyle intervention (LSI) contacts among WISEWOMAN participants.</p> <p>A WISEWOMAN participant is a woman who receives at least one NBCCEDP service (enrolled in NBCCEDP); has received all the following screenings from the WISEWOMAN Program: height, weight, first blood pressure diastolic measurement, and first blood pressure systolic measurement; and has responded to at least one health history question. (For items 5a-8b, there must be at least one response that is not coded as '7 Don't know,' '8 Don't want to answer,' or '9 No answer recorded'.)</p> <p>An LSI contact is defined as an LSI record containing, at a minimum, an LSI date, the type of contact completed, the setting of the LSI session, and at least one focus for the LSI session.</p>			
<b>VALUES AND DESCRIPTION</b>	<b>1 Yes</b>	Participant received smoking cessation counseling as part of the LSI session This includes counseling related to secondhand smoke exposure		
	<b>2 No</b>	Participant did not receive smoking cessation counseling as part of the LSI session		
	<b>7 Unknown</b>	<p>It is unknown whether the participant received smoking cessation counseling as part of the LSI session</p> <p>The validation tool will flag this value as an error</p>		
<b>ANALYSIS AND USE</b>	<p>To determine the number of participants that received smoking cessation counseling as part of an LSI session</p> <p>To compare the smoking status at rescreening of women who received smoking cessation counseling during an LSI session versus those who did not</p>			
<b>OTHER INFORMATION</b>	<p><b>Guidance</b></p> <p>Codes and response options highlighted in gray should not appear on the data collection forms completed by the provider. They are provided for funded program use only.</p> <p>Both smokers and nonsmokers are included in the denominator. Nonsmokers may receive counseling on secondhand smoke exposure.</p> <p>Smoking cessation counseling during an LSI session may include discussion of strategies to promote smoking cessation for the participant or avoid secondhand smoke exposure.</p>			

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