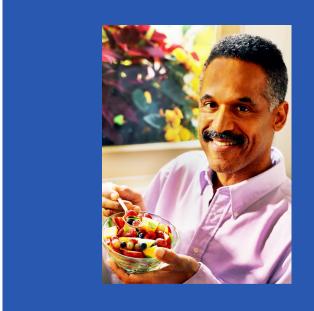


National Institutes of Health U.S. Department of Health and Human Services

OMB # 0925-0589 Expiration Date: April 30, 2014

Health Information National Trends Survey







START HERE:

1.	Is there more than one person age 18 or older living in this household?
	── Yes
	No → GO TO A1 on the next page
7	
2.	Including yourself, how many people age 18 or older live in this household?
3.	The adult with the next birthday should complete this questionnaire. This way,
	across all households, HINTS will include responses from adults of all ages.
4.	Please write the first name, nickname or initials of the adult with the next birthday.
	This is the person who should complete the questionnaire.
Si	prefiere recibir la encuesta en español, por favor llame 1-888-738-6812

STATEMENT OF PRIVACY: Collection of this information is authorized by The Public Health Service Act, Sections 411 (42 USC 285 a) and 412 (42 USC 285a-1.a and 285a1.3). The purpose of this data collection is to evaluate whether the survey questions are easy to understand. The results of the data collection will be used to improve the survey instrument. Rights of study participants are protected by The Privacy Act of 1974. Participation is voluntary, and there are no penalties for not participating or withdrawing from the study at any time. Refusal to participate will not affect your benefits in any way. The information collected in this study will be kept private under the Privacy Act and will only be seen by people authorized to work on this project. The report summarizing the findings will not contain any names or identifying information. Identifying information will be destroyed when the project ends.

NOTIFICATION TO RESPONDENT OF ESTIMATED BURDEN: Public reporting burden for this collection of information is estimated to average 90 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to: NIH, Project Clearance Branch, 6705 Rockledge Drive, MSC 7974, Bethesda, MD 20892-7974, ATTN: PRA (0925-0589). Do not return the completed form to this address.

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Do you ever go on-line to access the Internet or World Wide Web, or to send and receive e-mail?	
— Yes	
When you use the Internet, do you acce it through	
Yes	No
aA regular dial-up telephone line	
bBroadband such as DSL, cable or] [
· · · · · · · · · · · · · · · · · · ·	
Do you access the Internet any other wa ☐ Yes – Specify→ ☐ No	ay?
In the past 12 months, have you used the Internet to look for information about cancer for yourself? Yes No	ne
Is there a specific Internet site you like t go to for information about cancer?	0
Yes No → GO TO C1 on page 4	
Specify which Internet site you especial like as a source of information about cancer:	ly
	Internet or World Wide Web, or to send and receive e-mail? Yes No → GO TO C1 on page 4 When you use the Internet, do you accest through Yes aA regular dial-up telephone line bBroadband such as DSL, cable or FiOS cA cellular network (i.e., phone, 3G/4G) dA wireless network (Wi-Fi) Do you access the Internet any other was yes – Specify → No In the past 12 months, have you used the Internet to look for information about cancer for yourself? Yes No Is there a specific Internet site you like the go to for information about cancer? Yes No → GO TO C1 on page 4 Specify which Internet site you especial like as a source of information about

B7.	Please indicate if you have each of the following. Mark Z all that apply.	B10.	In the past 12 months, have you used any of the following to exchange medical information with a health care professional?
	Tablet computer like an iPad, Samsung Galaxy, Motorola Xoom, or Kindle Fire		Mark <u>all</u> that apply.
▼ B8.	Smartphone, such as an iPhone, Android, Blackberry, or Windows phone Cell phone I do not have any of the above → in the next column Now thinking about how you might use your tablet, smartphone, or cell phone to help manage your health.		 E-mail Text message App on a smart phone or mobile device Video conference (e.g., Skype, Facetime, etc.) Social media (e.g., Facebook, Google+, CaringBridge, etc.) Fax None
	On your tablet, smartphone, or cell phone, do you happen to have any software applications or "apps" that help you track or manage your health, or not?	B11.	How willing would you be to exchange the following types of medical information with a health care provider electronically through your mobile phone or tablet?
	□ No		lle lle
	Don't know		Not at all A little Somewhat
B9.	In which of the following ways, if any, has using an app or apps that helps you track	a.	Appointment reminders
	or manage your health on your tablet,	b.	General health tips
	smartphone, or cell phone affected your	C.	Medication reminders
	own health care routine? Has it	d.	Lab/test results
	aHelped you achieve a health related	e.	Diagnostic information (e.g., medical illnesses or diseases)
	goal such as quitting smoking, losing weight, or increasing physical activity?	f.	Vital signs (e.g., heart rate, blood pressure, glucose levels, etc.)
	b Affected a decision about how to treat an illness or condition?	g.	Lifestyle behaviors (e.g., physical activity, food intake,
	cChanged your overall approach to maintaining your health?		sleep patterns, etc.)
	dLed you to ask a doctor new questions, or to get a second opinion	h.	Symptoms (e.g., nausea, pain, dizziness, etc.)
	from another doctor?	i.	Digital images/video (e.g., photos of skin lesions)

C: Your Health Care

		C7. I	n the past 12 months, not counting times
C1.	Not including psychiatrists and other mental health professionals, is there a particular doctor, nurse, or other health professional that you see most often?	y ti	ou went to an emergency room, how many mes did you go to a doctor, nurse, or other ealth professional to get care for yourself? ☐ None → GO TO D1 on page 6
	Yes No		1 time 2 times 3 times 4 times
C2.	Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs or government plans such as Medicare?		5-9 times 10 or more times
	Yes No → GO TO C6 below	C8.	The following questions are about your communication with all doctors, nurses, or other health professionals you saw <u>during</u> the past 12 months
C3.	Is that coverage through a health exchange or marketplace such as		·
	healthcare.gov?		How often did they do each of the following:
	No → GO TO C6 below		aGive you the chance to ask all the health-related questions you had?
C4.	Is there a monthly premium for this plan? ☐ Yes		bGive the attention you needed to your feelings and emotions?
	No→GO TO C6 below		cInvolve you in decisions about your health care as much as you wanted?
C5.	Is the cost of the premium subsidized based on your family income? Yes		dMake sure you understood the things you needed to do to take care of your health?
	□ No	e.	Explain things in a way you could understand?
C6.	About how long has it been since you last		fSpend enough time with you?
	visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury,		gHelp you deal with feelings of uncertainty about your health or health care?
	illness, or condition. Within past year (anytime less than 12 months ago)	C9.	In the past 12 months, how often did you feel you could rely on your doctors, nurses
	Within past 2 years (1 year but less than 2 years ago)		or other health care professionals to take care of your health care needs?
	Within past 5 years (2 years but less than 5 years ago)		☐ Always ☐ Usually
	5 or more years ago Don't know Never		Sometimes Never
	INCACI		

C10. Overall, how would you rate the quality of health care you received in the past 12 months?	C13.	How often have you experienced discrimination, been prevented from doing something, or been hassled or made to feel inferior in any of the following situations:
Excellent Very good Good Fair Poor		aGetting hired or getting a job?
C11. In the past 12 months, have you talked to a doctor, nurse, or other health professional about any kind of health information you have gotten from the Internet?		cd
YesNo → GO TO C13 in the next column		eGetting medical care?
	f.	Getting service in a store or restaurant?
C12. <u>In the past 12 months</u> when you talked with a health care professional, how interested were they in hearing about the	g.	Getting credit, bank loans, or a mortgage?
information you found on-line?	h.	On the street or in a public setting?
Very interestedSomewhat interestedA little interestedNot at all interested	i.	From the police or in the courts?

	D: Medical Records	D6.	Have you ever kept information from your health care provider because you were
D1.	As far as you know, do any of your doctors or other health care providers maintain your medical information in a computerized system?		concerned about the <u>privacy</u> or <u>security</u> of your medical record? Yes No
	☐ Yes ☐ No	D7.	If your medical information is sent by <u>fax</u> from one health care provider to another, how concerned are you that an unauthorized person would see it?
D2.	Please indicate how important each of the following statements is to you.		Very concernedSomewhat concernedNot concerned
	aDoctors and other health care providers should be able to share your medical information with each other electronically	D8.	If your medical information is sent electronically from one health care provider to another, how concerned are you that an unauthorized person would see it?
b.	You should be able to get to your own medical information electronically		Electronically means from computer to computer, instead of by telephone, mail, or fax machine.
D4.	How confident are you that safeguards (including the use of technology) are in place to protect your medical records from being seen by people who aren't permitted		Very concernedSomewhat concernedNot concerned
	to see them? Having safeguards (including the use of technology) in place has to do with the security of your medical records.	D9.	In the past 12 months, when getting care for a medical problem, was there a time when you were given online access to any part of your medical record by any of your health care providers?
	Very confidentSomewhat confidentNot confident		Yes No
D5.	How confident are you that you have some	D10.	How much do you agree or disagree with the following statement?
	say in who is allowed to collect, use, and share your medical information? Having a say in who can collect, use, and share your medical information has to do with the privacy of your records		Health care providers have measures in place that provide a reasonable level of protection for electronic medical records today. Strongly agree
	 Very confident Somewhat confident Not confident		Somewhat agreeSomewhat disagreeStrongly disagree

D11. Have any of your health care providers or health insurers ever informed you that you could access your health information from your medical record through a secure website? ☐ Yes ☐ No → GO TO D14 below
D12. Were you offered access to your online medical record by your ahealth care provider?
D13. How many times did you access your online medical record through the website over the last 12 months? 1 to 2 times 3-5 times 6 to 9 times 10 or more times None
D14. Were you given access to a family member's medical record through a website? ☐ Yes ☐ No → GO TO E1 in the next column
D15. How many times did you access your family member's medical record through the website over the last 12 months? 1 to 2 times 3-5 times 6 to 9 times 10 or more times None

E: Medical Research

	E: Medical Research		E5.	Genetic tests that analyze your DNA, diet and lifestyle for potential health risks are
E1.	Clinical trials are research studies the involve people. They are designed to the safety and effectiveness of new treatments and to compare new treatwith the standard care that people cuget. Have you ever heard of a clinical	test tments urrently		currently being marketed by companies directly to consumers. Have you heard or read about these genetic tests? Yes No
5 0	Yes No →GO TO E4 below Don't know		E6.	How much do you think health behaviors like diet, exercise and smoking determine whether or not a person will develop each of the following conditions?
E2.	Did you hear about clinical trials from			of the following conditions?
	aDoctor, nurse, or other medical professional?bFamily member or friend? cInternet? dA specific organization? eNewspaper, television, or radio? fA fictional t.v show, movie or book? gAn advertisement? hA health fair? iSome other source? jI don't know the source?	es No	E7.	aDiabetes/High blood sugar
E3.	Have you ever participated in a clinic trial? Yes Don't know	cal		aDiabetes/High blood sugar
E4.	If you were diagnosed with cancer, he likely is it that you would participate it research study of a new treatment? Very likely Somewhat likely Equally likely as unlikely Somewhat unlikely Very unlikely			dHigh Blood Pressure/Hypertension

E8.	There are many different types of medical research. How useful do you think the following types of research are to inform the medical decisions that you make?
	Not at all A little Somewhat A lot
	aResearch where patients try an experimental new medication?
	bResearch where two or more medications are compared to see which works best?
E9.	More and more, people are getting involved in research in new ways beyond being a research subject. They are partnering with medical researchers to help decide what research is done and how it is done. For example, people can suggest important topics to study or how to report results to the public. This is sometimes called "patient engagement" in research.
	Yes No sure
	aHave you ever heard about "patient engagement" in medical research?
	bHave you ever engaged in medical research in this way?
	cWould you ever be interested in engaging in research this way?
E10	.How much do you agree or disagree with the following statement?
	"Patient engagement" in medical research will make study findings more useful for medical decision-making.
	Strongly agreeSomewhat agree

	are not researchers to work together to generate new medical research they care about. For example, people on the same medical treatment may develop a way to document and share their experiences or they may seek out a researcher to study the problems they care about. This is sometimes called "citizen-led research".	study where you got one of two treatments, such as medicines or surgery procedures? Yes No
	Yes No sure	
a.	Have you ever heard about "citizen-led research"?	
b.	Have you ever worked on "citizenled research"?	
C.	Would you be interested in working on "citizen-led research"?	
E12	.How much do you agree or disagree with the following statement?	
	"citizen-led research" will make research useful for medical decision-making.	
	Strongly agreeSomewhat agreeSomewhat disagreeStrongly disagree	
E13	. Medical research can examine a variety of outcomes related to different treatment options. How useful are studies of the following outcomes for informing your medical decisions?	
	aMortality or death	
	bPhysiological markers such as heart rate, blood pressure, or body mass	
	cAbility to function in daily life	

E14. Have you ever been in a medical research

E11. Another growing trend is for people who

L: Screening for Cancer

GO TO L10 on the next page.

	L: Screening for Cancer		The following questions are about discussions doctors or other health care	
L1.	A vaccine to prevent HPV infection is available and is called the HPV shot, cervical cancer vaccine, GARDASIL®, or Cervarix®.		professionals may have with their patients about the PSA test that is used to look for prostate cancer. Have you ever had a PSA test?	
	Has a doctor or other health care professional ever talked with you about the HPV shot or vaccine?		Yes No	
	☐ Yes ☐ No	L6.	. Has a doctor ever discussed with you whether or not you should have the PSA	
L2.	There are a few different tests to check for colon cancer. These tests include:	Г	test? — Yes	
	A colonoscopy – For this test, a tube is inserted into your rectum and you are given medication that may make you feel sleepy. After the procedure, you need someone to drive you home.	V	 No → GO TO L8 below In that discussion, did the doctor ask you whether or not you wanted to have the 	
	A sigmoidoscopy – For this test, you are awake when the tube is inserted into your rectum. After the test you can drive yourself home.		PSA test? Yes No	
	A stool blood test – For this test, you collect a stool sample at home, and then provide it to a doctor or lab for testing.	L8.	Did a doctor ever tell you that some experts disagree about whether men should have PSA tests?	
	Has a doctor ever told you that you could choose whether or not to have a test for colon cancer?		Yes No	
	☐ Yes ☐ No	1.0	Llos a doctor or other health care	
L3.	Have you ever had one of these tests to check for colon cancer?	L9.	. Has a doctor or other health care professional ever told you that Yes No	
	☐ Yes ☐ No		aThe PSA test is not always accurate?	
L4.	Has a doctor ever told you there are		bSome types of prostate cancer are slow-growing and need no treatment?	
	different tests to detect colorectal cancer and discussed their pros and cons with you? Yes No		cTreating any type of prostate cancer can lead to serious side-effects, such as problems with urination or having sex?	
	fales continue to 15 in the next column			

L10	How much would you trust the following sources when they make recommendations about whether to use medical tests and exams such as colonoscopies, mammograms, and pap tests to check for early signs of cancer?		M: Your Cancer History Have you ever been diagnosed as having cancer? — Yes — No → GO TO M4 What type of cancer did you have?
a.	Cancer advocacy groups such as the American		Mark All that apply.
	Cancer Society		Bladder cancer Bone cancer
b.	Government-appointed panel of experts		Breast cancer
C.	Family member or friend		Cervical cancer (cancer of the cervix) Colon cancer
d.	News and news media		Endometrial cancer (cancer of the uterus)
e.	Your primary care doctor		Head and neck cancer
f.	An organization of medical professionals		☐ Hodgkin's lymphoma☐ Leukemia/Blood cancer☐ Liver cancer
L11	As far as you know, which of the following statements are true or false about medical tests or exams that check for early signs of cancer?		Lung cancer Melanoma Non-Hodgkin lymphoma Oral cancer Ovarian cancer Pancreatic cancer Pharyngeal (throat) cancer Prostate cancer Rectal cancer
	aThese tests can definitely tell that a person has cancer		Renal (kidney) cancer Skin cancer, non-melanoma
	bWhen a test finds something abnormal, more tests are needed to know if it is cancer		☐ Stomach cancer ☐ Other-Specify→
	cWhen a test finds something abnormal, it is very likely to be cancer dThe harms of these tests and exams sometimes outweigh the benefits	М3.	At what age were you first told that you had cancer?
		M4.	Have any of your family members ever had cancer?
			Yes

NoNot sure

 M5. Did you ever receive any treatment for your cancer? Yes No → GO TO M9 on the next page M6. Which of the following cancer treatments have you ever received? 	M11. Looking back, since the time you were first diagnosed with cancer, how much, if at all, has cancer and its treatment hurt your financial situation? Not at all A little Some A lot
aChemotherapy (IV or pills) bRadiation cSurgery dOther	M12. Have you ever participated in a clinical trial for treatment of your cancer? Yes No Not sure
M7. About how long ago did you receive your last cancer treatment? ☐ Still receiving treatment → GO TO M10 below ☐ Less than 1 year ago ☐ 1 year ago to less than 5 years ago ☐ 5 years ago to less than 10 years ago ☐ 10 or more years ago	M13. Has a doctor or other member of your medical team discussed clinical trials as a treatment option for your cancer? Yes No M14. At any time since you were first diagnosed with cancer, did any doctor or other healthcare provider ever discuss with you the impact of cancer or its treatment on
M8. Did you ever receive a summary document from your doctor or other health care professional that listed <u>all</u> of the treatments you received for your cancer? Yes No	your ability to work. Discussed it with me in detail Briefly discussed it with me Did not discuss it at all I don't remember I have not worked for pay at a job or business since being diagnosed with cancer
M9. Have you ever received instructions from a doctor or other health care professional about where you should return or who you should see for routine cancer check-ups after completing your cancer treatment? Yes No	
M10. Were you ever denied health insurance coverage because of your cancer? Yes No	

M15. Suppose you have an early stage cancer, what would be your preferred role in making a decision on the selection of cancer treatment?	M18. Suppose you have an advanced cancer, what do you think the desirable level of family involvement is in deciding your cancer treatment?
 I prefer to make the final selection about which cancer treatment I will receive. I prefer to make the final selection of my cancer treatment after seriously considering my doctor's opinion. I prefer that my doctor and I share responsibility for deciding which cancer treatment is best for me. I prefer that my doctor makes the final decision about which cancer treatment will be used, but seriously considers my opinion. I prefer to leave all decisions regarding my cancer treatment to my doctor. 	☐ I make the treatment decision on my own. ☐ I make the treatment decision after hearing the family's opinion. ☐ My family makes the treatment decision after hearing the patient's opinion. ☐ My family makes the treatment decision on their own. ☐ If you've been diagnosed with cancer at any time in your life life see GO TO N5 on page 20.
 M16. Suppose you have an early stage cancer, what do you think the desirable level of family involvement is in deciding your cancer treatment? I make the treatment decision on my own. I make the treatment decision after hearing the family's opinion. My family makes the treatment decision after hearing the patient's opinion. My family makes the treatment decision on their own. 	
 M17. Suppose you have an advanced cancer, what would be your preferred role in making a decision on the selection of cancer treatment? I prefer to make the final selection about which cancer treatment I will receive. I prefer to make the final selection of my cancer treatment after seriously considering my doctor's opinion. I prefer that my doctor and I share responsibility for deciding which cancer treatment is best for me. I prefer that my doctor makes the final decision about which cancer treatment will be used, but seriously considers my opinion. I prefer to leave all decisions regarding my cancer treatment to my doctor. 	

	N: Beliefs About Cancer	N4.	How likely is it that the average person your age will develop cancer in his or her
	Think about cancer in general when answering the questions in this section.		lifetime?
N.	L. How likely are you to get cancer in your lifetime?		Unlikely Neither unlikely or likely
	☐ Very unlikely☐ Unlikely		Likely Very likely
	Neither unlikely nor likelyLikelyVery likely	N5.	How much do you agree or disagree with the statement: "I'd rather not know my chance of getting cancer."
N2	 2. Compared to other people your age, how likely are you to get cancer in your lifetime? Much less likely Less likely 		Strongly agree Somewhat agree Somewhat disagree Strongly disagree
	About the same More likely Much more likely	N6.	Some people avoid visiting their doctor when they suspect they should. Would you say this is true for you or not true for you? True
N	3. How much do you agree or disagree with each of the following statements?		☐ Not true
	Strongly egree Somewhat Gonewhat Grongly Grongly	N7.	How worried are you about getting cancer Not at all Slightly
а	. It seems like everything causes cancer		Somewhat Moderately
b	There's not much you can do to lower your chances of getting cancer	¬	Extremely
C	There are so many different recommendations about preventing cancer, it's hard to know which ones to follow	N8.	How will your chances of getting cancer change as you get older? Increase Decrease
C	l. In adults, cancer is more common than heart disease		Stay the same
		N9.	How much do you agree or disagree with the statement: "If experts had conflicting opinions about a medical test or treatment."
			Strongly agreeSomewhat agreeSomewhat disagreeStrongly disagree

	Have you ever heard of 2-1-1- Information and Referral Search?
	Yes No Not sure
N11.	Have you ever used 2-1-1- Information and Referral Search?
	Yes No Not sure

Thank you!

Please return this questionnaire in the postage-paid envelope within 2 weeks.

If you have lost the envelope, mail the completed questionnaire to:

HINTS Study, TC 1046F Westat 1600 Research Boulevard Rockville, MD 20850