



## Program Objective - Survey Instrument Cross Walk – Interested Employers (Detail)

Respondent Type	Interested Employer
<b>Program Objectives / Survey Instrument</b>	<b>NHWP Employer Phone Interview Guide (D-2)</b>
<b>1. Establish the National Healthy Worksite Program</b>	
a. To recruit and select employers for participation in the NHWP.	All Questions
b. To understand employer intentions to participate in community-based training and peer-to-peer networking provided by the NHWP.	
c. To describe the process of implementing tailored, customized comprehensive workplace programs, including employer and employee assessment, planning, program implementation, including challenges encountered and means to overcome them, such as people or practices that have facilitated implementation and lessons learned along the way.	
Respondent Type	Interested Employer
<b>Program Objectives / Survey Instrument</b>	<b>NHWP Employer Phone Interview Guide (D-2)</b>
<b>2. Evaluate the Impact of the National Healthy Worksite Program</b>	
d. To evaluate outcomes and the ways in which participating employers have achieved the desired program, policy, and environmental support changes.	
e. To understand how participating employers have leveraged and sustained existing health promotion and health protection programs and practices and integrated the NHWP into their organizational structure.	
f. To quantify changes to aggregate employee level health risk and health status.	
g. To describe changes to organizational culture and social norms and how they may relate to workplace health program sustainability.	
<b>3. Establish Best Practices for Future Employers who want to Establish a National Healthy Worksite Program</b>	
Respondent Type	Interested Employer
	<b>NHWP Employer Phone Interview Guide (D-2)</b>
h. To describe the usefulness of worksite health training for participating employers and community participants and the impact of training on overcoming barriers to implementing a comprehensive workplace health program.	
i. To understand factors that affect the sustainability of the workplace health program.	
j. Characteristics, including sustainability, of workplace health programs that do not receive the intensive support provided by the NHWP.	All Questions
k. To describe the type and number of qualified employers who are willing, motivated, and interested in becoming NHWP participants, or the barriers -based on employer size or industry sector- that factored into employer decision-making not to participate in the NHWP.	All Questions

## Program Objective - Survey Instrument Cross Walk – Program Participating Employer (Detail)

Respondent Type		Program Participating Employer					
Program Objectives / Survey Instrument		Organizational Assessment (E-1)	Employee Eligibility File (E-2)	Employer Information Form (E-3)	NHWP Health Screening Site Interview Form (E-4)	Employer Discussion Guides (E-5 / E-6)	Employer Follow-Up Survey (E-7)
<b>1. Establish the National Healthy Worksite Program</b>							
a. To recruit and select employers for participation in the NHWP.							
b. To understand employer intentions to participate in community-based training and peer-to-peer networking provided by the NHWP.							
c. To describe the process of implementing tailored, customized comprehensive workplace programs, including employer and employee assessment, planning, program implementation, including challenges encountered and means to overcome them, such as people or practices							

that have facilitated implementation and lessons learned along the way.							
	i. The implementation of comprehensive workplace program elements including employer and employee assessment, planning, program implementation, and evaluation and the ways in which participating employers have achieved the desired program, policy, and environmental support changes.	All Questions		All Questions	All Questions		Q6
	ii. How participating employers have implemented their program elements and strategies documenting challenges encountered and means to overcome them, people or practices that have facilitated implementation, and lessons learned along the way.					Reg Mgrs Section: Q3-18 Health Coaches: Q2-3, 5-10 Steering Comm Mbr: Q3-14 Wellness Comm Mbr: Q3-14	Q5, 7-8, 10

Respondent Type		Program Participating Employer					
Program Objectives / Survey Instrument		Organizational Assessment (E-1)	Employee Eligibility File (E-2)	Employer Information Form (E-3)	NHWP Health Screening Site Interview Form (E-4)	Employer Discussion Guides (E-5 / E-6)	Employer Follow-Up Survey (E-7)
<b>2. Evaluate the Impact of the National Healthy Worksite Program</b>							
d. To evaluate outcomes and the ways in which participating employers have achieved the desired program, policy, and environmental support changes.							
	i. The implementation of comprehensive workplace program elements including employer and employee assessment, planning, program implementation, and evaluation and the ways in which participating employers have achieved the desired program, policy, and environmental support changes.	All Questions		All Questions	All Questions		Q6
	ii. How participating employers have implemented their program elements and strategies documenting challenges encountered and means to overcome them, people or practices that have facilitated implementation, and lessons learned along the way.					Reg Mgrs Section: Q3-18 Health Coaches: Q2-3, 5-10 Steering Comm Mbr: Q3-14 Wellness Comm Mbr: Q3-14	Q5, 7-8, 10

<p>e. To understand how participating employers have leveraged and sustained existing health promotion and health protection programs and practices and integrated the NHWP into their organizational structure.</p>		<p>All Questions</p>				<p>Q10-14 (E-5) Q3-10 (E-6)</p>	<p>Q:4 - 16</p>
<p>f. To quantify changes to aggregate employee level health risk and health status.</p>			<p>All Questions</p>				
<p>g. To describe changes to organizational culture and social norms and how they may relate to workplace health program sustainability.</p>		<p>All Questions</p>				<p>Regional Mgrs Section: Q7-9 Steering Comm/HR: Q10-13 Wellness Comm Mbr: Q6-9</p>	<p>Q4, 9, 10, 12-14</p>

Respondent Type		Program Participating Employer					
Program Objectives / Survey Instrument		Organizational Assessment (E-1)	Employee Eligibility File (E-2)	Employer Information Form (E-3)	NHWP Health Screening Site Interview Form (E-4)	Employer Discussion Guides (E-5 / E-6)	Employer Follow-Up Survey (E-7)
<b>3. Establish Best Practices for Future Employers who want to Establish a National Healthy Worksite Program</b>							
h. To describe the usefulness of worksite health training for participating employers and community participants and the impact of training on overcoming barriers to implementing a comprehensive workplace health program.		Stress Q5 Depression Q6 Community Resources Q2				Q15-17 (E-5) Q11-14 (E-6)	
i. To understand factors that affect the sustainability of the workplace health program.		All Questions				Regional Mgrs Section: Q7-9 Steering Comm/HR: Q10-13 Wellness Comm Mbr: Q6-9	Q4, 9, 10, 12-14

Respondent Type		Program Participating Employer					
Program Objectives / Survey Instrument		Organizational Assessment (E-1)	Employee Eligibility File (E-2)	Employer Information Form (E-3)	NHWP Health Screening Site Interview Form (E-4)	Employer Discussion Guides (E-5 / E-6)	Employer Follow-Up Survey (E-7)
j. Characteristics, including sustainability, of workplace health programs that do not receive the intensive support provided by the NHWP.							
k. To describe the type and number of qualified employers who are willing, motivated, and interested in becoming NHWP participants, or the barriers -based on employer size or industry sector- that factored into employer decision-making not to participate in the NHWP.							



## Program Objective - Survey Instrument Cross Walk – Community Participant (Detail)

Respondent Type		Community Participant		
Program Objectives / Survey Instrument		Worksite Health 101 Training Survey: Parts I-III (E-8)	Worksite Health 101 Training Survey: Part IV (E-9)	Community Participant Engagement Feedback Survey (E-10)
<b>1. Establish the National Healthy Worksite Program</b>				
a. To recruit and select employers for participation in the NHWP.				
b. To understand employer intentions to participate in community-based training and peer-to-peer networking provided by the NHWP.				All Questions
c. To describe the process of implementing tailored, customized comprehensive workplace programs, including employer and employee assessment, planning, program implementation, including challenges encountered and means to overcome them, such as people or practices that have facilitated implementation and lessons learned along the way.				
	i. The implementation of comprehensive workplace program elements including employer and employee assessment, planning, program implementation, and evaluation and the ways in which participating employers have achieved the desired program, policy, and environmental support changes.		Q2-10	Q2-11
	ii. How participating employers have implemented their program elements and strategies documenting challenges encountered and means to overcome them, people or practices that have facilitated implementation, and lessons learned along the way.			Q1-11

Respondent Type		Community Participant		
Program Objectives / Survey Instrument		Worksite Health 101 Training Survey: Parts I-III (E-8)	Worksite Health 101 Training Survey: Part IV (E-9)	Community Participant Engagement Feedback Survey (E-10)
<b>2. Evaluate the Impact of the National Healthy Worksite Program</b>				
d. To evaluate outcomes and the ways in which participating employers have achieved the desired program, policy, and environmental support changes.				
	i. The implementation of comprehensive workplace program elements including employer and employee assessment, planning, program implementation, and evaluation and the ways in which participating employers have achieved the desired program, policy, and environmental support changes.	Q2-10	Q2-11	
	ii. How participating employers have implemented their program elements and strategies documenting challenges encountered and means to overcome them, people or practices that have facilitated implementation, and lessons learned along the way.			Q1-11
e. To understand how participating employers have leveraged and sustained existing health promotion and health protection programs and practices and integrated the NHWP into their organizational structure.				
f. To quantify changes to aggregate employee level health risk and health status.				
g. To describe changes to organizational culture and social norms and how they may relate to workplace health program sustainability.		Q5-6, 8-9	Q6-7,9-10	Q4, 9, 10, 12-14

Respondent Type		Community Participant		
Program Objectives / Survey Instrument		Worksite Health 101 Training Survey: Parts I-III (E-8)	Worksite Health 101 Training Survey: Part IV (E-9)	Community Participant Engagement Feedback Survey (E-10)
<b>3. Establish Best Practices for Future Employers who want to Establish a National Healthy Worksite Program</b>				
h. To describe the usefulness of worksite health training for participating employers and community participants and the impact of training on overcoming barriers to implementing a comprehensive workplace health program.		All Questions	All Questions	Q6
i. To understand factors that affect the sustainability of the workplace health program.		Q5-6, 8-9	Q6-7,9-10	Q4, 9, 10, 12-14
j. Characteristics, including sustainability, of workplace health programs that do not receive the intensive support provided by the NHWP.		All Questions	All Questions	All Questions
k. To describe the type and number of qualified employers who are willing, motivated, and interested in becoming NHWP participants, or the barriers - based on employer size or industry sector- that factored into employer decision-making not to participate in the NHWP.				Q1-2, 5a-h, 9

## Program Objective - Survey Instrument Cross Walk – Employee (Detail)

Respondent Type		Employee						
Program Objectives / Survey Instrument		All Employee Survey (F-1)	Employee Health Assessment (F-2)	Success Story Consent Form (F-3)	NHWP Satisfaction Survey (F-4)	Wellness Challenge Logs (F-5)	Nutrition Tracking Log (F-6)	Program Consent Form (G-1)
<b>1. Establish the National Healthy Worksite Program</b>								
a. To recruit and select employers for participation in the NHWP.								
b. To understand employer intentions to participate in community-based training and peer-to-peer networking provided by the NHWP.								
c. To describe the process of implementing tailored, customized comprehensive workplace programs, including employer and employee assessment, planning, program implementation, including challenges encountered and means to overcome them, such as people or practices that have facilitated implementation and lessons learned along the way.								
	i. The implementation of comprehensive workplace program elements including employer and employee assessment, planning, program implementation, and evaluation and the ways in which			All Questions	All Questions			All Questions

	participating employers have achieved the desired program, policy, and environmental support changes.							
	ii. How participating employers have implemented their program elements and strategies documenting challenges encountered and means to overcome them, people or practices that have facilitated implementation, and lessons learned along the way.							
	<b>Respondent Type</b>	<b>Employee</b>						
<b>Program Objectives / Survey Instrument</b>		<b>All Employee Survey (F-1)</b>	<b>Employee Health Assessment (F-2)</b>	<b>Success Story Consent Form (F-3)</b>	<b>NHWP Satisfaction Survey (F-4)</b>	<b>Wellness Challenge Logs (F-5)</b>	<b>Nutrition Tracking Log (F-6)</b>	<b>Program Consent Form (G-1)</b>
<b>2. Evaluate the Impact of the National Healthy Worksite Program</b>								
d. To evaluate outcomes and the ways in which participating employers have achieved the desired program, policy, and environmental support changes.								
	i. The implementation of comprehensive workplace program elements including employer and employee assessment, planning, program implementation, and evaluation and the ways in which participating employers have achieved the desired program, policy, and environmental support changes.			All Questions	All Questions			All Questions
	ii. How participating employers have implemented their program elements and strategies documenting challenges encountered and means to overcome them, people or practices that have facilitated implementation, and lessons learned along the way.							

e. To understand how participating employers have leveraged and sustained existing health promotion and health protection programs and practices and integrated the NHWP into their organizational structure.								
f. To quantify changes to aggregate employee level health risk and health status.		Q: 12-16	All Questions	All Questions	All Questions	All Questions	All Questions	All Questions
g. To describe changes to organizational culture and social norms and how they may relate to workplace health program sustainability.		Q: 1-12; 14-15, 16-22						



## Program Objective - Survey Instrument Cross Walk – Program Provider (Detail)

	Respondent Type	Program Provider	
Program Objectives / Survey Instrument		Community Director Discussion Guide (H-1)*	Health Coach Discussion Guide (H-2)*
<b>1. Establish the National Healthy Worksite Program</b>			
a. To recruit and select employers for participation in the NHWP.			
b. To understand employer intentions to participate in community-based training and peer-to-peer networking provided by the NHWP.		Q18-21	
c. To describe the process of implementing tailored, customized comprehensive workplace programs, including employer and employee assessment, planning, program implementation, including challenges encountered and means to overcome them, such as people or practices that have facilitated implementation and lessons learned along the way.			
	i. The implementation of comprehensive workplace program elements including employer and employee assessment, planning, program implementation, and evaluation and the ways in which participating employers have achieved the desired program, policy, and environmental support changes.	All Questions	All Questions
	ii. How participating employers have implemented their program elements and strategies documenting challenges encountered and means to overcome them, people or practices that have facilitated implementation, and lessons learned along the way.	Q10-12, 18	Q6-7

\* Information will be collected from the NHWP program staff. These Program Providers -Community Directors and Health Coaches - will supplement and corroborate the input provided by Participating Employers and Employees



	Respondent Type	Program Provider	
Program Objectives / Survey Instrument	Community Director Discussion Guide (H-1)*	Health Coach Discussion Guide (H-2)*	
<b>2. Evaluate the Impact of the National Healthy Worksite Program</b>			
d. To evaluate outcomes and the ways in which participating employers have achieved the desired program, policy, and environmental support changes.			
	i. The implementation of comprehensive workplace program elements including employer and employee assessment, planning, program implementation, and evaluation and the ways in which participating employers have achieved the desired program, policy, and environmental support changes.	All Questions	All Questions
	ii. How participating employers have implemented their program elements and strategies documenting challenges encountered and means to overcome them, people or practices that have facilitated implementation, and lessons learned along the way.	Q10-12, 18	Q6-7
e. To understand how participating employers have leveraged and sustained existing health promotion and health protection programs and practices and integrated the NHWP into their organizational structure.		Q7-9, 18-21	Q2-3, 6-9
f. To quantify changes to aggregate employee level health risk and health status.		Q2	Q2-7, 10-11
g. To describe changes to organizational culture and social norms and how they may relate to workplace health program sustainability.		Q7-9, 13-14	Q8-9

\* Information will be collected from the NHWP program staff. These Program Providers -Community Directors and Health Coaches - will supplement and corroborate the input provided by Participating Employers and Employees

	Respondent Type	Program Provider	
Program Objectives / Survey Instrument	Community Director Discussion Guide (H-1)*	Health Coach Discussion Guide (H-2)*	
<b>3. Establish Best Practices for Future Employers who want to Establish a National Healthy Worksite Program</b>			
h. To describe the usefulness of worksite health training for participating employers and community participants and the impact of training on overcoming barriers to implementing a comprehensive workplace health program.			
i. To understand factors that affect the sustainability of the workplace health program.		Q7-9, 13-14	Q8-9
j. Characteristics, including sustainability, of workplace health programs that do not receive the intensive support provided by the NHWP.			
k. To describe the type and number of qualified employers who are willing, motivated, and interested in becoming NHWP participants, or the barriers -based on employer size or industry sector- that factored into employer decision-making not to participate in the NHWP.			