

SFTXT – Attachment 15: 6 Week (End of Treatment) Questionnaire & Screenshots

**Word Questions**      **Pages 2 to 11**

**Screenshots**      **Pages 12 to 436**

OMB No.: 0925-XXXX  
Expiration Date:  
xx/xx/20xx

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Public reporting burden for this collection of information is estimated to average 30 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. **An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number.** Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to: NIH, Project Clearance Branch, 6705 Rockledge Drive, MSC 7974, Bethesda, MD 20892-7974, ATTN: PRA (0925-XXXX). Do not return the completed form to this address.

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[on next webpage]

**INTRODUCTION:**

Thank you for taking time from your busy schedule to take part in this research. Your answers will be kept private to the extent provided by law – that is, your personal responses will not be traced to your name.

Make sure you are comfortable and can read the screen from where you sit.

The survey will take about 30 minutes to complete. We ask you to complete the survey in one sitting (without taking any breaks) in order to avoid distractions.

[on next webpage]

1. Have you smoked cigarettes at all, even a puff, in the last 7 days?
  - a. Yes [Ask 2 & 3, then skip to #6]
  - b. No [SKIP TO Q4]
  
2. On how many days of the past 7 days did you smoke cigarettes, even a puff? If you're not sure, give your best guess.  
Type in number of days:
  
3. In the past 7 days, about how many cigarettes did you smoke on the days you smoked? If you're not sure, give your best guess.  
Type in number of cigarettes:
  
4. Have you smoked cigarettes at all, even a puff, in the last 30 days?
  - a. Yes [Skip to #6]

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- b. No [Go to #5]
- 5. Have you smoked cigarettes at all, even a puff, since your quit date?
  - a. Yes [If Yes, ask #6]
  - b. No [If No, skip to #7]
- 6. What is the total number of cigarettes you have smoked since your quit date? If you're not sure, give your best guess.
  - a. 1-2 cigarettes
  - b. 3-5 cigarettes
  - c. 6-10 cigarettes
  - d. More than 10 cigarettes
- 7. Since your quit date, have you: (SELECT ALL THAT APPLY)
  - a. Used dissolvable smokeless tobacco, e.g., sticks, strips, or orbs?
  - b. Smoked bidis, kreteks, or tobacco in a pipe?
  - c. Smoked flavored cigarettes?
  - d. Smoked menthol cigarettes?
  - e. Smoked flavored cigars?
  - f. Smoked tobacco out of a water pipe - (also called a "hookah")?
  - g. Used snus?
  - h. Used an electronic cigarette?
  - i. None of the above
- 8. Since your quit date, did you do any of the following to help you stop smoking? (SELECT ALL YOU HAVE TRIED)
  - a. I did not try to quit since my quit date
  - b. Attended a program (i.e., in my community or school)
  - c. Called a help line or quit line
  - d. Used nicotine gum
  - e. Used nicotine patch
  - f. Used some other medicine to help quit
  - g. Visited an internet quit site
  - h. Downloaded a Smartphone application focused on helping people quit smoking
  - i. Got help from family or friends
  - j. I tried to quit but did something else
  - k. I tried to quit but did not do any of these things
- 9. On a scale from 1 to 10 with 10 being extremely motivated and 1 being not at all motivated, how motivated are you to continue working on quitting smoking right now? (check one)

1	2	3	4	5	6	7	8	9	10
Not at all									Extremely motivated

motivated									
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[NOTE TO PROGRAMMER: If Q5 = no, ask 10a for those who have not smoked since their quit date. If Q5 = yes, ask 10b for those who have continued to smoke after their quit date.]

**10a.** You just indicated that you have not smoked cigarettes at all, even a puff, since your quit date. Please choose the statement that best describes your level of motivation to stay quit:

- a. I really want to stay quit.
- b. I am thinking about starting smoking again.
- c. I really want to start smoking again.

**10b.** Please choose the statement that best describes your level of motivation:

- a. I don't want to stop smoking
- b. I think I should stop smoking but don't really want to
- c. I want to stop smoking but haven't thought about when
- d. I really want to stop smoking but I don't know when I will
- e. I want to stop smoking and hope to soon
- f. I really want to stop smoking and intend to in the next 3 months
- g. I really want to stop smoking and intend to in the next month

11. Do you think that you will be smoking cigarettes one year from now?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

Since your quit date of ____, which of the following did you use to help you stay off cigarettes?	Yes	No
12. Surrounded myself with others who support my quitting		
13. Anticipated and planned for times when I was tempted to smoke		
14. Reminded myself why I want to be smokefree		
15. Learned my smoking triggers so I could avoid them		

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16. Avoided social situations that trigger my smoking		
17. Had a plan for how to respond when offered a cigarette		
18. Managed my stress so I wouldn't be tempted to smoke		
19. Arranged my daily routines to decrease my temptations to smoke		

<b>Think about the last time you had a strong craving. Did you do any of the following?</b>	Yes	No
20. Distracted myself by doing something else		
21. Asked a friend for support		
22. Used gum or mints to keep my mouth busy		
23. Found a smokefree place to go		
24. Waited for the craving to pass		
25. Exercised or did a physical activity		

	Not at all confident				Extremely confident
26. How confident are you that you will be able to stay off cigarettes for good?	0	1	2	3	4

The next set of questions asks for your opinions about smoking.

	1 Strongly Disagree	2	3 Neither disagree nor agree	4	5 Strongly Agree
27. Smoking cigarettes helps people relieve stress	1	2	3	4	5
28. Cigarettes are good for dealing with boredom	1	2	3	4	5
29. Smoking picks a person up if they are feeling down	1	2	3	4	5
30. When a person is angry, cigarettes can help	1	2	3	4	5

them calm down					
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**If you are trying or have tried to quit smoking, to what extent do you agree/disagree with the following 8 statements for you?**

	Strongly Disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
31. There are people or resources I can count on for emotional support.	1	2	3	4	5
32. I am pretty much on my own.	1	2	3	4	5
33. There are people or resources who can help me find out the answers to my questions.	1	2	3	4	5
34. I have been overwhelmed by the amount of information on quitting smoking.	1	2	3	4	5
35. The information I get on quitting smoking is easy to understand.	1	2	3	4	5
36. I have found it easy to get the information on quitting smoking that I need.	1	2	3	4	5
37. I have the skills and knowledge needed to quit smoking successfully.	1	2	3	4	5
38. The resources (things I can read, people I can talk with) that I have had for quitting smoking have been helpful to me.	1	2	3	4	5

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When I am upset, I believe that...	Strongly Disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
39. I can usually find a way to cheer myself up	1	2	3	4	5
40. Telling myself "it will pass" will calm me down	1	2	3	4	5
41. I can forget about what's upsetting me pretty easily	1	2	3	4	5

In the last 30 days, how often have you felt...	Never	Almost Never	Sometimes	Fairly Often	Very Often
42.....that you were unable to control the important things in your life?	0	1	2	3	4
43....confident in your ability to handle your personal problems?	0	1	2	3	4
44....that things were going your way?	0	1	2	3	4
45....that difficulties were piling up so high that you could not overcome them?	0	1	2	3	4

46. During the past month, did you ever feel so sad or hopeless almost every day for **two weeks or more in a row** that you stopped doing some of your usual activities?
- Yes
  - No
  - Not sure

47. Have you ever texted back the message "STOP" to stop the QuitTXT program?
- Yes
  - No
  - Not sure

If respondent says yes to opting out (above), go to next two questions. If respondent says no or not sure, skip next two question. UPDATE THESE INSTRUCTIONS FOR EACH FOLLOW UP SURVEY USING QUESTION NUMBERS AND VARIABLE LABELS.

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48. In your own words, please explain why you decided to stop the program.  
[verbatim text, allow 100 characters]

49. On average, about how many text messages would you say you received from QuitTXT each week?

- a. 0-4
- b. 5-9
- c. 10-14
- d. 15-20
- e. 20 or more

50. Of those text messages you received, about how many did you read each week?

- a. All
- b. Most
- c. Some
- d. A few
- e. None

51. How do you feel about the number of texts you received? Was it (choose one):

- a. Too many
- b. Too few
- c. Just right

	Not at all	A little bit	Some	A good deal	A lot
<b>How much did QuitTXT messages help you:</b>					
52. stay smokefree	0	1	2	3	4
53. overcome my cravings	0	1	2	3	4
54. manage my moods	0	1	2	3	4
55. feel supported in my quit attempt	0	1	2	3	4
56. feel confident about my quit attempt	0	1	2	3	4
57. stay motivated to quit	0	1	2	3	4



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	Yes	No
<b>Have you received any of the following types of messages?</b>		
58a. Quit date reminders (e.g. 1 week until quit day!)		
59a. Mood assessments (e.g. How are you feeling today?)		
60a. Craving assessments (e.g. Any cravings today?)		
61a. Smokefree status (e.g. Are you still quit?)		
62a. Motivational messaging (e.g. Keep on keeping on. Don't look back now.)		
63a. Smokefree Tips (e.g. Try grapes, carrots, or gum if you need something in your mouth.)		
64a. Smokefree Facts (e.g. Quitting smoking improves your night vision.)		
65a. Keywords (e.g. Crave, Mood, Slip)		

For the next set of questions, ask only if respondent says YES to the corresponding questions 58a-65a. If #58a=No, skip #58; #59a=No, skip #59; #60a=No, skip #60; #61a=No, skip #61; #62a=No, skip #62; #63a=No, skip #63; #64a=No, skip #64; #65a=No, skip #65

<b>How useful were the following types of messages in helping you stay smokefree?</b> <b>0 (Not at all useful) - 4 (extremely useful)</b>	Not at all useful				Extremely useful	
58. Quit date reminders (e.g. 1 week until quit day!)	0	1	2	3	4	
59. Mood assessments (e.g. How are you feeling today?)	0	1	2	3	4	
60. Craving assessments (e.g. Any cravings today?)	0	1	2	3	4	
61. Smokefree status (e.g. Are you still quit?)	0	1	2	3	4	

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62. Motivational messaging (e.g. Keep on keeping on. Don't look back now.)	0	1	2	3	4	
63. Smokefree Tips (e.g. Try grapes, carrots, or gum if you need something in your mouth.)	0	1	2	3	4	
64. Smokefree Facts (e.g. Quitting smoking improves your night vision.)	0	1	2	3	4	
65. Keywords (e.g. Crave, Mood, Slip)	0	1	2	3	4	

	0 Not at all useful	1	2	3	4 Extremely useful
66. Overall, how useful did you find the QuitTXT program as a quit smoking aid?	0	1	2	3	4

	Not at all likely				Extremely likely
67. How likely would you be to recommend the QuitTXT program to a friend or family member?	0	1	2	3	4

68. About how much do you weigh without shoes? \_\_\_ pounds

69. How would you describe your weight over the past month?

- I have been losing weight
- I have been gaining weight
- I have stayed the same

70. Right now do you feel you are...

- Overweight
- Slightly overweight
- Underweight

Slightly underweight  
Just about the right weight for you

:It seems you have skipped the following questions

DISPLAY SKIPPED QUESTIONS HERE. INCLUDE "SKIP" AS A RESPONSE OPTION

If you skipped these questions by mistake, please click on the question to complete it  
.now

If you meant to skip the question, please select "I prefer not to answer" next to the  
.question



**:CONCLUSION**

This is the end of the survey. To retrieve your gift card for this survey click here [insert link to claim gift card]. We also will send you an email that will contain the link to the gift card if you would like to claim it at a later time. We will send you an email about 3 months from now asking you to complete a follow-up survey about your experiences  
.with the program and cessation

# SFTXT – Attachment 15: 6 Week (End of Treatment) Questionnaire & Screenshots

## QuitTXT Study

(1000001)  
EndofTx/PAN

Overall Progress:  68%  
Section Progress:  68%

OMB No.: 0925-XXXX  
Expiration Date: xx/xx/20xx



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[Next](#) [Help](#) [Logoff](#)

## QuitTXT Study

(1000001)  
EndofTx/INTRO

Overall Progress:  33%  
Section Progress:  33%


### INTRODUCTION

Thank you for taking time from your busy schedule to take part in this research. Your answers will be kept private to the extent provided by law – that is, your personal responses will not be traced to your name.

Make sure you are comfortable and can read the screen from where you sit.

The survey will take about 30 minutes to complete. We ask you to complete the survey in one sitting (without taking any breaks) in order to avoid distractions.

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**QuitTXT Study** (10000001)  
EndoTx/Q1

Overall Progress: 5%  
Section Progress: 100%

Have you smoked cigarettes at all, even a puff, in the last 7 days?

Yes  
 No

« Previous   Next »   Help   Logoff »

Hatteras

Done   Local intranet   100%

The screenshot shows a web-based questionnaire interface for the "QuitTXT Study". At the top left, the title "QuitTXT Study" is displayed. At the top right, the user ID "(10000001)" and the section "EndofTx/Q2" are shown. Below this, there are two progress bars: "Overall Progress" at 17% and "Section Progress" at 2%. The main content area contains the question: "On how many days of the past 7 days did you smoke cigarettes, even a puff? If you're not sure, give your best guess." Below the question is a text input field with the label "Type in number of days:". A navigation bar at the bottom of the question area includes "Previous", "Next", "Help", and "Logoff" buttons. The Hatteras logo is centered at the bottom of the page. The browser's taskbar at the very bottom shows "Done", "Local intranet", and a zoom level of "100%".

The screenshot shows a web-based questionnaire interface for the "QuitTXT Study". At the top left, the title "QuitTXT Study" is displayed. On the top right, the user ID "(10000001)" and the section identifier "EndofTx/Q3" are shown. Below this, two progress bars are visible: "Overall Progress" at 15% and "Section Progress" at 10%. The main content area contains the question: "In the past 7 days, about how many cigarettes did you smoke on the days you smoked? If you're not sure, give your best guess." Below the question is a text input field with the label "Type in number of cigarettes:". A navigation bar at the bottom of the question area includes "Previous" and "Next" buttons, along with "Help" and "Logoff" options. The Hatteras logo is centered at the bottom of the page. The browser's address bar shows a JavaScript function call, and the taskbar indicates the user is on a "Local intranet" with a zoom level of 100%.

**QuitTXT Study** (10000001)  
EndofTx/Q4

Overall Progress: 18%  
Section Progress: 0%

Have you smoked cigarettes at all, even a puff, in the last 30 days?

Yes  
 No

« Previous   Next »   Help   Logoff »

Hatteras

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Local intranet   100%



**QuitTXT Study** (1000001)  
EndoTx/Q5

Overall Progress:  21%

Section Progress:  22%

Have you smoked cigarettes at all, even a puff, since your quit date?

Yes  
 No

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**QuitTXT Study** (10000001)  
EndofTx/Q6

Overall Progress: 24%  
Section Progress: 12%

What is the total number of cigarettes you have smoked since your quit date? If you're not sure, give your best guess.

- 1-2 cigarettes
- 3-5 cigarettes
- 6-10 cigarettes
- More than 10 cigarettes

« Previous    Next »    Help    Logoff »

Hatteras

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**QuitTXT Study** (10000001)  
EndofTx/Q7

Overall Progress: 27%  
Section Progress: 23%

Since your quit date, have you: (SELECT ALL THAT APPLY)

- Used dissolvable smokeless tobacco, e.g., sticks, strips, or orbs?
- Smoked bidis, kreteks, or tobacco in a pipe?
- Smoked flavored cigarettes?
- Smoked menthol cigarettes?
- Smoked flavored cigars?
- Smoked tobacco out of a water pipe - (also called a "hookah")?
- Used snus?
- Used an electronic cigarette?
- None of the above

Navigation: Previous Saving.. Help Logoff

Hatteras

Local intranet 100%

# QuitTXT Study

(10000001)  
EndofTx/Q8

Overall Progress: 30%  
Section Progress: 13%

Since your quit date, did you do any of the following to help you stop smoking? (SELECT ALL YOU HAVE TRIED)

- I did not try to quit since my quit date
- Attended a program (i.e., in my community or school)
- Called a help line or quit line
- Used nicotine gum
- Used nicotine patch
- Used some other medicine to help quit
- Visited an internet quit site
- Downloaded a Smartphone application focused on helping people quit smoking
- Got help from family or friends
- I tried to quit but did something else
- I tried to quit but did not do any of these things

Previous Next Help Logoff

Hatteras

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**QuitTXT Study** (10000001)  
EndofTx/Q9

Overall Progress: 33%  
Section Progress: 21%

On a scale from 1 to 10 with 10 being extremely motivated and 1 being not at all motivated, how motivated are you to continue working on quitting smoking right now?

The value you have chosen is:

Not at all motivated ————— Extremely motivated

« Previous    Next »    Help    Logoff »

Hatteras

Local intranet    100%

The screenshot shows a web-based questionnaire interface for the 'QuitTXT Study'. At the top left, the title 'QuitTXT Study' is displayed. At the top right, the user ID '(10000001)' and the section identifier 'EndofTx/Q10a' are shown. Below this, two progress bars are visible: 'Overall Progress' at 33% and 'Section Progress' at 13%. The main content area contains a question: 'You just indicated that you have not smoked cigarettes at all, even a puff, since your quit date. Please choose the statement that best describes your level of motivation to stay quit:'. Three radio button options are listed: 'I really want to stay quit.', 'I am thinking about starting smoking again.', and 'I really want to start smoking again.'. At the bottom of the question area, there are navigation buttons: 'Previous', 'Next', 'Help', and 'Logoff'. The Hatteras logo is centered at the bottom of the page. The browser's address bar shows a JavaScript function call: 'javascript:\_\_\_doPostBack('ct100\$PrimaryContentPlaceholder\$NextBtn',)'. The browser's status bar indicates 'Local intranet' and a zoom level of 100%.

**QuitTXT Study** (10000001)  
EndofTx/Q10a

Overall Progress: 33%  
Section Progress: 13%

You just indicated that you have not smoked cigarettes at all, even a puff, since your quit date. Please choose the statement that best describes your level of motivation to stay quit:

- I really want to stay quit.
- I am thinking about starting smoking again.
- I really want to start smoking again.

Previous Next Help Logoff

Hatteras

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Local intranet 100%

**QuitTXT Study** (10000001)  
EndofTx/Q10b

Overall Progress: 33%  
Section Progress: 11%

Please choose the statement that best describes your level of motivation:

- I don't want to stop smoking
- I think I should stop smoking but don't really want to
- I want to stop smoking but haven't thought about when
- I really want to stop smoking but I don't know when I will
- I want to stop smoking and hope to soon
- I really want to stop smoking and intend to in the next 3 months
- I really want to stop smoking and intend to in the next 3 months

« Previous    Next »    Help    Logoff »

Hatteras

javascript:\_\_\_doPostBack('ct100\$PrimaryContentPlaceholder\$NextBtn',")    Local intranet    100%

The screenshot shows a web-based questionnaire interface for the "QuitTXT Study". At the top left, the title "QuitTXT Study" is displayed. At the top right, the user ID "(10000001)" and the section identifier "EndofTx/Q11" are shown. Below this, two progress bars are visible: "Overall Progress" at 42% and "Section Progress" at 14%. The main content area contains a question: "Do you think that you will be smoking cigarettes one year from now?". Below the question are four radio button options: "Definitely yes", "Probably yes", "Probably not", and "Definitely not". At the bottom of the question area, there are navigation buttons: "Previous" and "Next" on the left, and "Help" and "Logoff" on the right. The footer of the interface features the "Hatteras" logo. The browser's address bar shows "Local intranet" and the zoom level is set to 100%.

QuitTXT Study

(10000001)  
EndofTx/Q11

Overall Progress: 42%

Section Progress: 14%

Do you think that you will be smoking cigarettes one year from now?

Definitely yes

Probably yes

Probably not

Definitely not

Previous Next Help Logoff


Hatteras


Local intranet 100%



## QuitTXT Study

(1000001)  
EndoTx/Q12-Q19


Overall Progress:  65%

Section Progress:  27%

Since your quit date of , which of the following did you use to help you stay off cigarettes?


	Yes	No
Surrounded myself with others who support my quitting	<input type="radio"/>	<input type="radio"/>
Anticipated and planned for times when I was tempted to smoke	<input type="radio"/>	<input type="radio"/>
Reminded myself why I want to be smokefree	<input type="radio"/>	<input type="radio"/>
Learned my smoking triggers so I could avoid them	<input type="radio"/>	<input type="radio"/>
Avoided social situations that trigger my smoking	<input type="radio"/>	<input type="radio"/>
Had a plan for how to respond when offered a cigarette	<input type="radio"/>	<input type="radio"/>
Managed my stress so I wouldn't be tempted to smoke	<input type="radio"/>	<input type="radio"/>
Arranged my daily routines to decrease my temptations to smoke	<input type="radio"/>	<input type="radio"/>


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# QuitTXT Study

(10000001)  
EndofTx/Q20-Q25


Overall Progress:  48%

Section Progress:  50%

Think about the last time you had a strong craving. Did you do any of the following?

	Yes	No
Distracted myself by doing something else	<input type="radio"/>	<input type="radio"/>
Asked a friend for support	<input type="radio"/>	<input type="radio"/>
Used gum or mints to keep my mouth busy	<input type="radio"/>	<input type="radio"/>
Found a smokefree place to go	<input type="radio"/>	<input type="radio"/>
Waited for the craving to pass	<input type="radio"/>	<input type="radio"/>
Exercised or did a physical activity	<input type="radio"/>	<input type="radio"/>

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Local intranet 100%

**QuitTXT Study** (10000001)  
EndofTx/Q26

Overall Progress: 52%  
Section Progress: 63%

How confident are you that you will be able to stay off cigarettes for good ?

The value you have chosen is:

Not at all confident ————— Extremely confident

« Previous   Next »   Help   Logoff »


Hatteras


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Local intranet   100%

# QuitTXT Study

(10000001)  
EndofTx/Q27-Q30


Overall Progress:  55%

Section Progress:  15%

The next set of questions asks for your opinions about smoking

	Strongly Disagree	Disagree	Neither disagree nor agree	Agree	Strongly Agree
Smoking cigarettes helps people relieve stress	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cigarettes are good for dealing with boredom	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Smoking picks a person up if they are feeling down	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When a person is angry, cigarettes can help them calm down	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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javascript:\_\_\_doPostBack('ct100\$PrimaryContentPlaceholder\$NextBtn','') Local intranet 100%

(10000001)  
 EndoTx/Q31-Q38

## QuitTXT Study

Overall Progress:  50%  
 Section Progress:  15%

If you are trying or have tried to quit smoking, to what extent do you agree/disagree with the following 8 statements for you?

	Strongly Disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
There are people or resources I can count on for emotional support	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am pretty much on my own.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There are people or resources who can help me find out the answers to my questions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have been overwhelmed by the amount of information on quitting smoking.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The information I get on quitting smoking is easy to understand.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have found it easy to get the information on quitting smoking that I need.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have the skills and knowledge needed to quit smoking successfully	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The resources (things I can read, people I can talk with) that I have had for quitting smoking have been helpful to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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Local intranet
100%

QuitTXT Study

(10000001)  
EndofTx/Q39-Q41

Overall Progress: 61%

Section Progress: 62%

When I am upset, I believe that...

	Strongly Disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
I can usually find a way to cheer myself up	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Telling myself it will pass will calm me down	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can forget about what's upsetting me pretty easily	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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🔗 Help
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Local intranet 100%

# QuitTXT Study

(10000001)  
EndofTx/Q42-Q45


Overall Progress:  64%

Section Progress:  63%

In the last 30 days, how often have you felt...

	Never	Almost Never	Sometimes	Fairly Often	Very Often
...that you were unable to control the important things in your life?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
...confident in your ability to handle your personal problems?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
...that things were going your way?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
...that difficulties were piling up so high that you could not overcome them?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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javascript:\_\_\_doPostBack('ct100\$PrimaryContentPlaceholder\$NextBtn','') Local intranet 100%

**QuitTXT Study** (10000001)  
EndoTx/Q46

Overall Progress: 67%  
Section Progress: 63%

During the past month, did you ever feel so sad or hopeless almost every day for **two weeks or more in a row** that you stopped doing some of your usual activities?

Yes  
 No  
 Not sure

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Local intranet 100%



**QuitTXT Study** (10000001)  
EndofTx/Q47

Overall Progress: 70%  
Section Progress: 72%

Have you ever texted back the message "STOP" to stop the QuitTXT program?

Yes  
 No  
 Not sure

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The screenshot shows a web-based questionnaire interface for the "QuitTXT Study". At the top left, the title "QuitTXT Study" is displayed. On the top right, the user ID "(10000001)" and the section identifier "EndofTx/Q48" are shown. Below this, two progress bars are visible: "Overall Progress" at 73% and "Section Progress" at 75%. The main content area contains the instruction "In your own words, please explain why you decided to stop the program." followed by a large, empty text input field. A navigation bar below the input field includes "Previous" and "Next" buttons on the left, and "Help" and "Logoff" buttons on the right. The bottom of the interface features a dark blue footer with the "Hatteras" logo. The browser's taskbar at the bottom shows "Done" on the left and "Local intranet" with a 100% zoom level on the right.

**QuitTXT Study** (10000001)  
EndofTx/Q49

Overall Progress: 76%  
Section Progress: 77%

On average, about how many text messages would you say you received from QuitTXT each week?

0-4  
 5-9  
 10-14  
 15-20  
 20 or more

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**QuitTXT Study** (10000001)  
EndofTx/Q50

Overall Progress: 78%  
Section Progress: 11%

Of those text messages you received, about how many did you read each week?

All  
 Most  
 Some  
 A few  
 None

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**QuitTXT Study** (10000001)  
EndofTx/Q51

Overall Progress: 82%  
Section Progress: 14%

How do you feel about the number of texts you received? Was it (choose one):

- Too many
- Too few
- Just right

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Local intranet   100%

# QuitTXT Study


(10000001)  
EndofTx/Q52-Q57

Overall Progress:  85%  
Section Progress:  100%

How much did QuitTXT messages help you:

	Not at all	A little bit	Some	A good deal	A lot
stay smokefree	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
overcome my cravings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
manage my moods	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
feel supported in my quit attempt	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
feel confident about my quit attempt	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
stay motivated to quit	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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(10000001)  
EndofTx/Q58\_intro

## QuitTXT Study

Overall Progress:  88%  
 Section Progress:  1%

Have you received any of the following types of messages?

	Yes	No
Quit date reminders (e.g. 1 week until quit day!)	<input type="radio"/>	<input type="radio"/>
Mood assessments (e.g. How are you feeling today?)	<input type="radio"/>	<input type="radio"/>
Craving assessments (e.g. Any cravings today?)	<input type="radio"/>	<input type="radio"/>
Smokefree status (e.g. Are you still quit?)	<input type="radio"/>	<input type="radio"/>
Motivational messaging (e.g. Keep on keeping on. Don't look back now.)	<input type="radio"/>	<input type="radio"/>
Smokefree Tips (e.g. Try grapes, carrots, or gum if you need something in your mouth.)	<input type="radio"/>	<input type="radio"/>
Smokefree Facts (e.g. Quitting smoking improves your night vision.)	<input type="radio"/>	<input type="radio"/>
Keywords (e.g. Crave, Mood, Slip)	<input type="radio"/>	<input type="radio"/>
Overall, how useful did you find the QuitTXT program as a quit smoking aid?	<input type="radio"/>	<input type="radio"/>

javascript:\_\_\_doPostBack('ctf00\$PrimaryContentPlaceholder\$NextBtn','')
 Local intranet | 100%

QuitTXT Study

(1000001)  
EndoTtx/050-065

Overall Progress:  51%

Section Progress:  28%

How useful were the following types of messages in helping you stay smokefree?

	Not at all useful	A little useful	Somewhat useful	Quite useful	Very useful
Quit date reminders (e.g. 1 week until quit day!)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Mood assessments (e.g. How are you feeling today?)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Craving assessments (e.g. Any cravings today?)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Smokefree status (e.g. Are you still quit?)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Motivational messaging (e.g. Keep on keeping on. Don't look back now.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Smokefree Tips (e.g. Try grapes, carrots, or gum if you need something in your mouth.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Smokefree Facts (e.g. Quitting smoking improves your night vision.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Keywords (e.g. Crave, Mood, Slip)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Overall, how useful did you find the QuitTXT program as a quit smoking aid?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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**QuitTXT Study** (10000001)  
EndofTx/Q67

Overall Progress: 84%  
Section Progress: 72%

How likely would you be to recommend the QuitTXT program to a friend or family member?

The value you have chosen:

Not at all likely ————— Extremely likely

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Done   Local intranet   100%

**QuitTXT Study** (10000001)  
EndofTx/Q68

Overall Progress: 88%  
Section Progress: 91%

About how much do you weigh without shoes?

pounds

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**QuitTXT Study** (1000001)  
EndofTx: Q69

Overall Progress: 94%  
Section Progress: 94%

How would you describe your weight over the past month?

- I have been losing weight
- I have been gaining weight
- I have stayed the same

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**QuitTXT Study** (1000001)  
EndofTx: Q70

Overall Progress: 94%  
Section Progress: 97%

Right now do you feel you are...

- Overweight
- Slightly overweight
- Underweight
- Slightly underweight
- Just about the right weight for you

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**Hatteras**

# SFTXT – Attachment 15: 6 Week (End of Treatment) Questionnaire & Screenshots

The screenshot shows the 'QuitTXT Study' interface at the 'End of Tx/CONCLUSION' stage. The user ID is (10000001). The overall progress is 97% and the section progress is 100%. The main text informs the user that the survey is over and provides instructions on how to claim a gift card and receive a follow-up survey in 3 months. Navigation buttons include 'Previous', 'Finish', 'Help', and 'Logoff'. The Hatteras logo is at the bottom, and the browser status bar shows 'Local intranet' and '100%' zoom.

**QuitTXT Study** (10000001)  
End of Tx/CONCLUSION

Overall Progress: 97%  
Section Progress: 100%

This is the end of the survey. To retrieve your gift card for this survey click here [insert link to claim gift card]. We also will send you an email that will contain the link to the gift card if you would like to claim it at a later time. We will send you an email about 3 months from now asking you to complete a follow-up survey about your experiences with the program and cessation.

« Previous Finish » Help Logoff »

Hatteras

javascript:\_\_\_doPostBack('ct00\$PrimaryContentPlaceholder\$FinishBtn','') Local intranet 100%