OMB Approved No. 2900-XXXX Respondent Burden: 30 minutes Expiration Date: XX-XX-XXXX

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Department of Veterans Affairs

WRIST CONDITIONS DISABILITY BENEFITS QUESTIONNAIRE

IMPORTANT - THE DEPARTMENT OF VETERANS AFFAIRS (VA) WILL NOT PAY OR REIMBURSE ANY EXPENSES OR COST INCURRED IN THE

| | TING THIS FORM. PLEASE REA | | AND RESPONDENT BURDEN INFORMATION ON |
|---|---|--|--|
| NAME OF PATIENT/VETERAN | | | PATIENT/VETERAN'S SOCIAL SECURITY NUMBER |
| NOTE TO PHYSICIAN - The veteran or service information you provide on this questionnaire as procompleted by private health care providers. | | | rs (VA) for disability benefits. VA will consider the right to confirm the authenticity of ALL DBQs |
| | MEDICAL RECO | ORD REVIEW | |
| WAS THE VETERAN'S VA CLAIMS FILE REVIEWE | D? | | |
| YES NO | | | |
| IF YES, LIST ANY RECORDS THAT WERE REVIEW | VED BUT WERE NOT INCLUDED IN | N THE VETERAN'S VA CLA | IMS FILE: |
| IF NO, CHECK ALL RECORDS REVIEWED: | | | |
| Military service treatment records | Department of Defense Form 214 S | • | |
| Military service personnel records | Veterans Health Administration me | dical records (VA treatment | t records) |
| Military consention over insting | Civilian medical records | (family and others who ha | makenowe the vetower before and after military comice) |
| Military separation examination Military post-deployment questionnaire | Other: | • | ve known the veteran before and after military service) |
| ivilitary post-deployment questionnaire | No records were reviewed | | |
| | SECTION I - D | IAGNOSIS | |
| NOTE: These are condition(s) for which an evaluate evidence be provided for submission to VA. | tion has been requested on an exam | request form (Internal VA |) or for which the Veteran has requested medical |
| 1A. LIST THE CLAIMED CONDITION(S) THAT PER | TAIN TO THIS DBQ: | | |
| from a previous diagnosis for this condition, or if the section. Date of diagnosis can be the date of the everyorted history. | nere is a diagnosis of a complication aluation if the clinician is making the | n due to the claimed conditi ne initial diagnosis, or an ap | ye. If there is no diagnosis, if the diagnosis is different ion, explain your findings and reasons in comments oproximate date determined through record review or |
| 1B. SELECT DIAGNOSES ASSOCIATED WITH THI | | | |
| The Veteran does not have a current diagnosis | associated with any claimed condition | on listed above. (Explain yo | our findings and reasons in comments section.) |
| Wrist Sprain, Chronic Side affecte | d: Right Left Both | ICD Code: | Date of diagnosis: |
| Tendinitis, wrist Side affecte | d: Right Left Both | ICD Code: | Date of diagnosis: |
| Ganglion cyst Side affecte | d: Right Left Both | ICD Code: | |
| Carpal metacarpal (CMC) Side affecte arthritis | d: Right Left Both | ICD Code: | Date of diagnosis: |
| Osteoarthritis arthritis, wrist Side affecte | d: Right Left Both | ICD Code: | Date of diagnosis: |
| deQuervain's syndrome Side affecte | d: Right Left Both | ICD Code: | Date of diagnosis: |
| Triangular fibrocartilaginous Side affecte complex (TFCC) injury | d: Right Left Both | ICD Code: | Date of diagnosis: |
| Carpal instability (intercalated segment/midcarpal/ | d: Right Left Both | ICD Code: | Date of diagnosis: |
| scapholunate dissociation) Avascular necrosis of carpal Side affecte | d: Right Left Both | ICD Code: | Date of diagnosis: |
| bones Wrist arthroplasty (total/ulnar head replacement) Side affecte | d: Right Left Both | ICD Code: | Date of diagnosis: |
| Ankylosis of wrist Side affecte | d: Right Left Both | ICD Code: | Date of diagnosis: |
| Other (specify) | | | |
| Other diagnosis #1: | | | |
| Side affected: Right Left Both | | Date of diagnosi | S: |
| Other diagnosis #2: | | | |
| Side affected: Right Left Both | | Date of diagnosi | S: |
| Other diagnosis #3: | | | |
| Side affected: Right Left Both | ICD Code: | Date of diagnosi | s: |

| ID. WAS AN OPINION REQUESTED ABOUT THIS CONDITION (Internal I'x 6 only)? SECTION II - MEDICAL HISTORY | SECTION I - DIAGNOSIS (Continued) | | | | | |
|--|-----------------------------------|-------------------------|-----------------------------|--|--|--|
| SECTION II - MEDICAL HISTORY 2A. DESCRIBE THE HISTORY (including osset and course) OF THE VETERANS WRIST CONDITION (trief) cammary): 2B. DOMINANT HAND: RIGHT LEFT AMBIDEXTROUS C. DOES THE VETERAN REPORT THAT FLARE-UPS IMPACT THE FUNCTION OF THE WRIST? YES NO IF YES, DOCUMENT THE VETERANS DESCRIPTION OF THE IMPACT OF FLARE-UPS IN HIS OR HER OWN WORDS: 2D. DOES THE VETERAN REPORT HAVING ANY FUNCTIONAL LOSS OR FUNCTIONAL IMPAIRMENT OF THE JOINT OR EXTREMITY BEING EVALUATED ON THIS DBG (regardies of repetitive see?) YES NO IF YES, DOCUMENT THE VETERANS DESCRIPTION OF FUNCTIONAL LOSS OR FUNCTIONAL IMPAIRMENT IN HIS OR HER OWN WORDS: SECTION III - INITIAL RANGE OF MOTION (ROM) MEASUREMENTS Measure ROM with a genicmeter. During the examination be cognizant of painful motion, which could be evidenced by visible behavior such as facial expression, whole, etc on pressure or reimplication. Document printin inversion in Section 5. SECTION III - INITIAL RANGE OF MOTION (ROM) MEASUREMENTS Measure ROM with a genicmeter. During the examination be cognizant of painful motion, which could be evidenced by visible behavior such as facial expression, whole, etc on pressure or reimplication. Document painful movement in Section 5. SECTION III - INITIAL RANGE OF MOTION (ROM) MEASUREMENTS Measure ROM with a genicmeter. During the examination be cognizant of painful motion, which could be evidenced by visible behavior such as facial expression, whole, etc on pressure or reimplication. Document painful movement in Section 5. SECTION III - INITIAL RANGE OF MOTION (ROM) MEASUREMENTS Measure ROM with a genicmeter. During the examination to examination to evidence of the visiting in liquid examination. The VA has determined that it is examinated to evidence of the visiting in liquid examination. The VA has determined that it is examinated for the visiting in a pain and the paint of the paint of the visiting in a paint of the visiting in a paint of the visiting in the paint of the visiting in a p | 1C. COMMENTS (| if any): | | | | |
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| YES | 2D. DOES THE VE | TERAN REPORT HA | AVING ANY FUNCTIONAL LO | OSS OR FUNCTIONAL IMPAIRMENT OF THE JOINT OR EXTREMITY BEING EVALUATED ON THIS | | |
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| SECTION III - INITIAL RANGE OF MOTION (ROM) MEASUREMENTS Measure ROM with a goniometer. During the examination be cognizant of painful motion, which could be evidenced by visible behavior such as facial expression, wincing, etc, on pressure or manipulation. Document painful movement in Section 5. Following the initial assessment of ROM, perform repetitive use testing. For VA purposes, repetitive use testing must be included in all joint exams. The VA has determined that 3 repetitions of ROM (at a minimum) can serve as a representative test of the effect of repetitive use. After the initial measurement, reassess ROM after 3 repetitions. Report post-test measurements in question 4A. 3A. INITIAL ROM MEASUREMENTS Wrist Joint Movement ROM Measurement FOM Measurement If ROM testing is not indicated for the veteran's condition or not able to be performed, please explain why, and then proceed to Section 5: Palmar Flexion (normal endpoint = 80 degrees) Dorsiflexion (normal endpoint = 70 degrees) Not able to perform In Not indicated Not able to perform VINITAL Powiation Not indicated Not able to perform In Interval Powiation Not indicated Not able to perform Not indicated Not able to perform Not indicated Not able to perform Not | | | | | | |
| Measure ROM with a goniometer. During the examination be cognizant of painful motion, which could be evidenced by visible behavior such as facial expression, wincing, etc, on pressure or manipulation. Document painful movement in Section 5. Following the initial assessment of ROM, perform repetitive use testing. For VA purposes, repetitive use testing must be included in all joint exams. The VA has determined that 3 repetitions of ROM (at a minimum) can serve as a representative test of the effect of repetitive use. After the initial measurement, reassess ROM after 3 repetitions. Report post-test measurements in question 4A. 3A. INITIAL ROM MEASUREMENTS Wrist Joint Movement ROM Measurement If ROM testing is not indicated for the veteran's condition or not able to be performed, please explain why, and then proceed to Section 5: Palmar Flexion (normal endpoint = 80 degrees) Dorsiflexion (normal endpoint = 70 degrees) Not able to perform Ulnar Deviation (normal endpoint = 45 degrees) Radial Deviation (normal endpoint = 45 degrees) Not indicated Not able to perform Not indicated Not able to perform | IF YES, DOCUMEN | NT THE VETERAN'S | DESCRIPTION OF FUNCTION | DNAL LOSS OR FUNCTIONAL IMPAIRMENT IN HIS OR HER OWN WORDS: | | |
| Measure ROM with a goniometer. During the examination be cognizant of painful motion, which could be evidenced by visible behavior such as facial expression, wincing, etc, on pressure or manipulation. Document painful movement in Section 5. Following the initial assessment of ROM, perform repetitive use testing. For VA purposes, repetitive use testing must be included in all joint exams. The VA has determined that 3 repetitions of ROM (at a minimum) can serve as a representative test of the effect of repetitive use. After the initial measurement, reassess ROM after 3 repetitions. Report post-test measurements in question 4A. 3A. INITIAL ROM MEASUREMENTS Wrist Joint Movement ROM Measurement If ROM testing is not indicated for the veteran's condition or not able to be performed, please explain why, and then proceed to Section 5: Palmar Flexion (normal endpoint = 80 degrees) Dorsiflexion (normal endpoint = 70 degrees) Not able to perform Ulnar Deviation (normal endpoint = 45 degrees) Radial Deviation (normal endpoint = 45 degrees) Not indicated Not able to perform Not indicated Not able to perform | | | | | | |
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| Following the initial assessment of ROM, perform repetitive use testing. For VA purposes, repetitive use testing must be included in all joint exams. The VA has determined that 3 repetitions of ROM (at a minimum) can serve as a representative test of the effect of repetitive use. After the initial measurement, reassess ROM after 3 repetitions. Report post-test measurements in question 4A. 3A. INITIAL ROM MEASUREMENTS Wrist Joint Movement ROM Measurement If ROM testing is not indicated for the veteran's condition or not able to be performed, please explain why, and then proceed to Section 5: Palmar Flexion (normal endpoint = 80 degrees) Not indicated Not able to perform Dorsiflexion (normal endpoint = 70 degrees) Volt able to perform Radial Deviation (normal endpoint = 45 degrees) Radial Deviation (normal endpoint = 00 deferees) Not indicated Not indicated Not indicated Not able to perform | | | | | | |
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| 3A. INITIAL ROM MEASUREMENTS Wrist Joint Movement ROM Measurement ROM Measurement If ROM testing is not indicated for the veteran's condition or not able to be performed, please explain why, and then proceed to Section 5: Palmar Flexion (normal endpoint = 80 degrees) Not able to perform Dorsiflexion (normal endpoint = 70 degrees) Ulnar Deviation (normal endpoint = 45 degrees) Not able to perform Radial Deviation (normal endpoint = 45 degrees) Radial Deviation (normal endpoint = Mot indicated Not indicated Not able to perform Not indicated Not able to perform Not indicated Not | | | | | | |
| Wrist Joint Movement ROM Measurement If ROM testing is not indicated for the veteran's condition or not able to be performed, please explain why, and then proceed to Section 5: Palmar Flexion (normal endpoint = 80 degrees) | | • | ion 4A. | | | |
| Palmar Flexion (normal endpoint = 80 degrees) | 3A. INITIAL ROM N | MEASUREMENTS | T | If DOM testing is not indicated for the victorants condition or not able to be performed | | |
| RIGHT (normal endpoint = 80 degrees) Not indicated Not able to perform Dorsiflexion (normal endpoint = 70 degrees) Not indicated Not able to perform Ulnar Deviation (normal endpoint = 45 degrees) Not indicated Not able to perform Radial Deviation (normal endpoint = 45 degrees) Not indicated Not able to perform | Wrist | Joint Movement | ROM Measurement | | | |
| RIGHT (normal endpoint = 80 degrees) Not indicated Not able to perform Dorsiflexion (normal endpoint = 70 degrees) Not indicated Not able to perform Ulnar Deviation (normal endpoint = 45 degrees) Not indicated Not able to perform Radial Deviation (normal endpoint = 45 degrees) Not indicated Not able to perform | | Dalmar Florian | | | | |
| RIGHT WRIST Dorsiflexion (normal endpoint = 70 degrees) Ulnar Deviation (normal endpoint = 45 degrees) Radial Deviation (normal endpoint (normal endpoint - 0 degrees) Not indicated Not able to perform Radial Deviation (normal endpoint - 0 degrees) Not indicated | | | Not indicated | | | |
| Not indicated Not able to perform Not indicated Not indi | | = 80 degrees) | Not able to perform | | | |
| Not indicated Not able to perform Not indicated Not indi | | | | | | |
| WRIST = 70 degrees) Not able to perform Ulnar Deviation (normal endpoint = 45 degrees) Not indicated Radial Deviation (normal endpoint (normal endpoint (normal endpoint = 70 degrees) Not indicated | | | Not indicated | | | |
| (normal endpoint = 45 degrees) Not indicated Radial Deviation (normal endpoint (normal end | WRIST | = 70 degrees) | Not able to perform | | | |
| (normal endpoint = 45 degrees) Not indicated Radial Deviation (normal endpoint (normal end | | | | | | |
| = 45 degrees) Not able to perform Radial Deviation (normal endpoint Not indicated | | | Not indicated | | | |
| Radial Deviation (normal endpoint Not indicated | | | | | | |
| (normal endpoint Not indicated | | | | | | |
| = 20 degrees) | | | Not indicated | | | |
| | | | I = | | | |

| SECTION III - INITIAL RANGE OF MOTION (ROM) MEASUREMENTS (Continued) | | | | | | | |
|---|--|---|-------------------|---|----------------------------|-----------------------|------------------------------|
| 3A. INITIAL ROM | MEASUREMENTS (C | Continued) | | | | | |
| Wrist | Joint Movement | ROM Measurement | If RO | M testing is not indicated for the please explain why | e veteran's v, and then | proceed to Section 5: | to be performed, |
| | Palmar Flexion (normal endpoint = 80 degrees) | Not indicated Not able to perform | | | | | |
| LEFT WRIST | Dorsiflexion (normal endpoint = 70 degrees) | Not indicated Not able to perform | | | | | |
| | Ulnar Deviation (normal endpoint = 45 degrees) | Not indicated Not able to perform | | | | | |
| | Radial Deviation (normal endpoint = 20 degrees) | Not indicated Not able to perform | | | | | |
| | | D ABOVE CONTRIBUTE TO | | | | | |
| | • | describe these limitations in | | w) | | | |
| 3C. IF ROM DOES NOT CONFORM TO THE NORMAL RANGE OF MOTION IDENTIFIED ABOVE BUT IS NORMAL FOR THIS VETERAN (for reasons other than a wrist condition, such as age, body habitus, neurologic disease), EXPLAIN: | | | | | | | |
| | | SECTION IV - ROM ME | ASUREMEN | TS AFTER REPETITIVE U | SE TEST | ING | |
| 4A. POST-TEST R | OM MEASUREMENT | TS | | | | | |
| Wrist | Is the veterar | able to perform repetitive-us | e testing? | Is there additional limitation in after repetitive-use testing | | Joint Movement | Post-test ROM Measurement |
| | Yes No | | | Yes No, there is no change | in ROM | Palmar Flexion | |
| RIGHT | If yes, perform re | If yes, perform repetitive-use testing | | after repetitive testing If yes, report ROM after a minimum of 3 repetitions. | Dorsiflexion | | |
| WRIST | If no, provide reason below, then proceed to Section 5 | | ection 5 | | Ulnar Deviation | | |
| | | | | If no, documentation of ROM after repetitive-use testing is not required. | | Radial Deviation | |
| | Yes | | | Yes | . 5014 | Palmar Flexion | |
| LEFT | If yes, perform re | If yes, perform repetitive-use testing If no, provide reason below, then proceed to Section 5 | | No, there is no change in ROM after repetitive testing If yes, report ROM after a minimum of 3 repetitions. If no, documentation of ROM after repetitive-use testing is not required. | | Dorsiflexion | |
| WRIST | If no, provide rea | | | | | Ulnar Deviation | |
| | | | | | | Radial Deviation | |
| YES (you win | ll be asked to further | LIMITATIONS OF ROMS NO describe these limitations in | n Section 6 below | · | LOSS? | | |

| | SECTION V - PAIN | | | | | |
|---|---|--|---------------------------------|---|--|--|
| 5A. ROM MOV | EMENTS PAINFUL ON ACTIVE, PA | SSIVE AND/OR REPETITIVE USE | TESTING | | | |
| Wrist | Are any ROM movements painful on active, passive and/or repetitive use testing? (If yes, identify whether active, passive, and/or repetitive use in question 5D) If yes (there are painful movement pain contribute to functional additional limitation of RC | | | If no (the pain does not contribute to functional loss or additional limitation of ROM), explain why the pain does not contribute: | | |
| RIGHT WRIST | Yes No | Yes (you will be asked to f these limitations in Section No | ı 6 below) | | | |
| LEFT WRIST | Yes No | Yes (you will be asked to f these limitations in Section No | further describe 16 below) | | | |
| 5B. PAIN WHE | N USED IN WEIGHT-BEARING OR | IN NON WEIGHT-BEARING | | | | |
| Wrist | Is there pain when the joint is used in weight-bearing or non weight? (If yes, identify whether weight- bearing or non weight-bearing in question 5D) | If yes (there is pain when used in or non weight-bearing), does the to functional loss or additional limit | pain contribute itation of ROM? | If no (the pain does not contribute to functional loss or additional limitation of ROM), explain why the pain does not contribute: | | |
| RIGHT WRIST | Yes No | Yes (you will be asked to f these limitations in Section No | ı 6 below) | | | |
| LEFT WRIST | Yes No | Yes (you will be asked to f these limitations in Section No | | | | |
| 5C. LOCALIZE | D TENDERNESS OR PAIN ON PAL | PATION | | | | |
| Wrist | Does the Veteran have localized to or pain to palpation of joints or so | It ves describe incli | uding location, se | everity and relationship to condition(s) listed in the Diagnosis section: | | |
| RIGHT WRIST | Yes No | | | | | |
| LEFT WRIST | Yes No | | | | | |
| 5D. COMMENT | ΓS, IF ANY: | | | | | |
| | | | | | | |
| | SECTIO | N VI - FUNCTIONAL LOSS AN | D ADDITIONA | L LIMITATION OF ROM | | |
| normal excursi movements in Using informa | ion, strength, speed, coordination ar different planes. | nd/or endurance. As regards the joint xam, select the factors below that of | nts, factors of di | stem, to perform normal working movements of the body with sability reside in reductions of their normal excursion of ctional loss or impairment (regardless of repetitive use) or to 3Q: | | |
| 6A. CONTRIBL | JTING FACTORS OF DISABILITY (c | heck all that apply and indicate sid | le affected): | | | |
| No function | onal loss for <u>left</u> upper extremity attrib | outable to claimed condition | | | | |
| No function | onal loss for <u>right</u> upper extremity att | ributable to claimed condition | | | | |
| | vement than normal (due to ankylosi | s, limitation or blocking, adhesions | , Right | Left Both | | |
| | e-ups, contracted scars, etc.) vement than normal (from flail joints | s. resections, nonunion of fractures | Right | Left Both | | |
| relaxatio | n of ligaments, etc) | | , Right | | | |
| | ed movement (due to muscle injury, livided or lengthened tendons, etc.) | disease or injury of peripheral | Right | Left Both | | |
| 1 = | atigability ation, impaired ability to execute skill | ad mayamants smoothly | Right Right | Left Both | | |
| | novement | ed movements smoothly | Right | Left Both | | |
| Swelling | novement | | Right | Left Both | | |
| Deformity | , | | Right | Left Both | | |
| Atrophy o | | | Right | Left Both | | |
| | of station | | Right | Left Both | | |
| 1 = ' | nce of locomotion | | Right | Left Both | | |
| Interference with sitting | | | Right | Left Both | | |
| Interference with standing | | | Right | Left Both | | |
| Other, describe: | | | | | | |
| | | | | | | |
| | | | | | | |
| NOTE: If any | of the above factors is/are associated | d with limitation of motion, the exa | miner must give | an opinion on whether pain, weakness, fatigability, or incoordination | | |

could significantly limit functional ability during flare-ups or when the joint is *used repeatedly over a period of time* and that opinion, if feasible, should be expressed in terms of the degree of additional ROM loss due to pain on use or during flare-ups. The following section will assist you in providing this required opinion.

| | | | OSS AND ADDITIONAL LIMITA | ATION OF ROM (Continued) |
|---|--|--|--|--|
| | Y OF THE ABOVE FACTORS AS | | TATION OF MOTION? | |
| _ | f yes, complete questions 6C and no, proceed to question 6D) | (6D) | | |
| 6C. CONTRI | BUTING FACTORS OF DISABILI | TY ASSOCIATED WITH | H LIMITATION OF MOTION | |
| Wrist | Can pain, weakness, fatigabil incoordination significantly limit fability during flare-ups or when the used repeatedly over a period | unctional ne joint is injurt is use | te estimate ROM due to pain and/or loss during flare-ups or when the d repeatedly over a period of time: | If there is a functional loss due to pain, during flare-ups and/or when the joint is used repeatedly over a period of time but the limitation of ROM cannot be estimated, please describe the functional loss: |
| | | Palmar Flexion | Est. ROM is not feasible | |
| RIGHT | Yes No | Dorsiflexion | Est. ROM is not feasible | |
| WRIST | | Ulnar Deviation | Est. ROM is not feasible | |
| | | Radial Deviation | Est. ROM is not feasible | |
| | | Palmar Flexion | Est. ROM is not feasible | |
| LEFT | Yes No | Dorsiflexion | Est. ROM is not feasible | |
| WRIST | | Ulnar Deviation | Est. ROM is not feasible | |
| | | Radial Deviation | Est. ROM is not feasible | |
| LEFT WRIST | Yes No If yes | describe: | | |
| | | SECTIO | N VII - MUSCLE STRENGTH TE | STING |
| 0/5 No m 1/5 Palpa 2/5 Active 3/5 Active 4/5 Active | STRENGTH - RATE STRENGTH uscle movement able or visible muscle contraction, e movement with gravity eliminate e movement against gravity e movement against some resista al strength | but no joint movement d | E FOLLOWING SCALE: | |
| Wrist | Flexion Rate /Extension Strength | Is there a reduction in muscle strength? | If yes, is the reduction entirely due t claimed condition in the Diagnosis se | |
| RIGHT WRIST | Flexion /5 | Yes No | ☐ Yes ☐ No | |
| | Extension /5 | | | |
| LEFT WRIST | Flexion /5 | Yes No | ☐ Yes ☐ No | |
| | Extension /5 | | | |
| YES | HE VETERAN HAVE MUSCLE AT NO HE MUSCLE ATROPHY DUE TO NO IF NO, PROVIDE RA | THE CLAIMED COND | ITION IN THE DIAGNOSIS SECTION | 1? |
| IF YES, CON | ITINUE ON PAGE 6, ITEM 7B <i>(C</i> | ontinued). | | |
| | (C | · ····/· | | |

| SECTION VII - MUSCLE STRENGTH TESTING (Continued) | | | | | | |
|--|--|--|--|--|--|--|
| 7B. DOES THE VETERAN HAVE MUSCLE ATROPHY? (Continued) FOR ANY MUSCLE ATROPHY DUE TO A DIAGNOSES LISTED IN SECTION 1, INDICATE SIDE AND SPECIFIC LOCATION OF ATROPHY, PROVIDING MEASUREMENTS IN CENTIMETERS OF NORMAL SIDE AND CORRESPONDING ATROPHIED SIDE, MEASURED AT MAXIMUM MUSCLE BULK. | | | | | | |
| LOCATION OF MUSCLE ATROPHY: | | | | | | |
| RIGHT UPPER EXTREMITY (specify location of measurement such as "10cm above or below elbow"): | | | | | | |
| CIRCUMFERENCE OF MORE NORMAL SIDE: cm CIRCUMFERENCE OF ATROPHIED SIDE: cm | | | | | | |
| LEFT UPPER EXTREMITY (specify location of measurement such as "10cm above or below elbow"): | | | | | | |
| CIRCUMFERENCE OF MORE NORMAL SIDE: cm CIRCUMFERENCE OF ATROPHIED SIDE: cm | | | | | | |
| 7C. COMMENTS, IF ANY: | | | | | | |
| SECTION VIII - ANKYLOSIS | | | | | | |
| NOTE: Ankylosis is the immobilization and consolidation of a joint due to disease, injury or surgical procedure. | | | | | | |
| COMPLETE THIS SECTION IF THE VETERAN HAS ANKYLOSIS OF THE WRIST. | | | | | | |
| 8A. INDICATE SEVERITY OF ANKYLOSIS AND SIDE AFFECTED (check all that apply): RIGHT SIDE: LEFT SIDE: | | | | | | |
| Unfavorable, with ulnar deviation Unfavorable, with ulnar deviation | | | | | | |
| If checked, provide degrees of ulnar deviation: If checked, provide degrees of ulnar deviation: If checked, provide degrees of ulnar deviation: | | | | | | |
| Unfavorable, with radial deviation Unfavorable, with radial deviation If checked, provide degrees of radial deviation: If checked, provide degrees of radial deviation: | | | | | | |
| Unfavorable, in any degree of palmar flexion Unfavorable, in any degree of palmar flexion | | | | | | |
| If checked, provide degrees of palmar flexion: If checked, provide degrees of palmar flexion: If checked, provide degrees of palmar flexion: | | | | | | |
| Any other position except favorable If checked, describe: Any other position except favorable If checked, describe: | | | | | | |
| Favorable in 20° to 30° dorsiflexion Favorable in 20° to 30° dorsiflexion | | | | | | |
| ☐ No ankylosis ☐ No ankylosis | | | | | | |
| 8B. COMMENTS, IF ANY: | | | | | | |
| | | | | | | |
| | | | | | | |
| CECTION IX CURCICAL PROCEDURES | | | | | | |
| SECTION IX - SURGICAL PROCEDURES | | | | | | |
| 9. INDICATE ANY SURGICAL PROCEDURES THAT THE VETERAN HAS HAD PERFORMED AND PROVIDE THE ADDITIONAL INFORMATION AS REQUESTED (check all that apply): | | | | | | |
| RIGHT SIDE: LEFT SIDE: | | | | | | |
| TOTAL WRIST JOINT REPLACEMENT | | | | | | |
| DATE OF SURGERY: DATE OF SURGERY: | | | | | | |
| RESIDUALS: RESIDUALS: | | | | | | |
| None None | | | | | | |
| Intermediate degrees of residual weakness, pain or limitation of motion | | | | | | |
| Chronic residuals consisting of severe painful motion or weakness Chronic residuals consisting of severe painful motion or weakness | | | | | | |
| Other, describe: Other, describe: | | | | | | |
| | | | | | | |
| | | | | | | |
| ARTHROSCOPIC OR OTHER WRIST SURGERY ARTHROSCOPIC OR OTHER WRIST SURGERY | | | | | | |
| TYPE OF SURGERY: TYPE OF SURGERY: TYPE OF SURGERY: | | | | | | |
| DATE OF SURGERY: DATE OF SURGERY: DATE OF SURGERY: | | | | | | |
| | | | | | | |
| RESIDUALS OF ARTHROSCOPIC OR OTHER WRIST SURGERY DESCRIBE RESIDUALS: RESIDUALS OF ARTHROSCOPIC OR OTHER WRIST SURGERY DESCRIBE RESIDUALS: | | | | | | |
| SECONDE NECIDOREC. | | | | | | |
| | | | | | | |

| SECTION X - OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS, SYMPTOMS AND SCARS |
|--|
| 10A. DOES THE VETERAN HAVE ANY OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS OR SYMPTOMS, OR ANY SCARS (surgical or otherwise) RELATED TO ANY CONDITIONS OR TO THE TREATMENT OF ANY CONDITIONS LISTED IN THE DIAGNOSIS SECTION ABOVE? |
| YES NO IF YES, COMPLETE QUESTIONS 10B-10D. |
| 10B. DOES THE VETERAN HAVE ANY OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS OR SYMPTOMS RELATED TO ANY CONDITIONS LISTED IN THE DIAGNOSIS SECTION ABOVE? |
| YES NO IF YES, DESCRIBE (brief summary): |
| |
| 10C. DOES THE VETERAN HAVE ANY SCARS (surgical or otherwise) RELATED TO ANY CONDITIONS OR TO THE TREATMENT OF ANY CONDITIONS LISTED IN THE DIAGNOSIS SECTION ABOVE? |
| YES NO |
| IF YES, ARE ANY OF THESE SCARS PAINFUL OR UNSTABLE; HAVE A TOTAL AREA EQUAL TO OR GREATER THAN 39 SQUARE CM (6 square inches); OR ARE LOCATED ON THE HEAD, FACE OR NECK? |
| YES NO IF YES, ALSO COMPLETE VA FORM 21-0960F-1, SCARS/DISFIGUREMENT. IF NO, PROVIDE LOCATION AND MEASUREMENTS OF SCAR IN CENTIMETERS. |
| Location: |
| NOTE: An "unstable scar" is one where, for any reason, there is frequent loss of covering of the skin over the scar. If there are multiple scars, enter additional locations and measurements in Comment section below. It is not necessary to also complete a Scars DBQ. |
| 10D. COMMENTS, IF ANY: |
| |
| |
| SECTION XI - ASSISTIVE DEVICES |
| 11A. DOES THE VETERAN USE ANY ASSISTIVE DEVICES? YES NO IF YES, IDENTIFY ASSISTIVE DEVICES USED (check all that apply and indicate frequency): |
| Brace Frequency of use: Occasional Regular Constant |
| Other: Frequency of use: Occasional Regular Constant |
| 11B. IF THE VETERAN USES ANY ASSISTIVE DEVICES, SPECIFY THE CONDITION AND IDENTIFY THE ASSISTIVE DEVICE USED FOR EACH CONDITION: |
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| SECTION XII - REMAINING EFFECTIVE FUNCTION OF THE EXTREMITIES |
| 12A. DUE TO THE VETERAN'S WRIST CONDITIONS, IS THERE FUNCTIONAL IMPAIRMENT OF AN EXTREMITY SUCH THAT NO EFFECTIVE FUNCTIONS REMAIN OTHER THAN THAT WHICH WOULD BE EQUALLY WELL SERVED BY AN AMPUTATION WITH PROSTHESIS? (Functions of the upper extremity include grasping, manipulation, etc., while functions for the lower extremity include balance and propulsion, etc.) |
| YES, FUNCTIONING IS SO DIMINISHED THAT AMPUTATION WITH PROTHESIS WOULD EQUALLY SERVE THE VETERAN. NO |
| IF YES, INDICATE EXTREMITIES FOR WHICH THIS APPLIES: RIGHT UPPER LEFT UPPER |
| FOR EACH CHECKED EXTREMITY, IDENTIFY THE CONDITION CAUSING LOSS OF FUNCTION, DESCRIBE LOSS OF EFFECTIVE FUNCTION AND PROVIDE SPECIFIC EXAMPLES (brief summary): |
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| NOTE: The intention of this section is to permit the examiner to quantify the level of remaining function; it is not intended to inquire whether the Veteran should undergo an amputation with fitting of a prothesis. For example, if the functions of grasping (hand) or propulsion (foot) are as limited as if the Veteran had an amputation and prosthesis, the examiner should check "yes" and describe the diminished functioning. The question simply asks whether the functional loss is to the same degree as if there were an amputation of the affected limb. |
| SECTION XIII - DIAGNOSTIC TESTING |
| NOTE: Testing listed below is not indicated for every condition. The diagnosis of degenerative arthritis (osteoarthritis) or traumatic arthritis must be confirmed by imaging studies. Once such arthritis has been documented, even if in the past, no further imaging studies are required by VA, even if arthritis has worsened. |
| 13A. HAVE IMAGING STUDIES OF THE WRIST BEEN PERFORMED AND ARE THE RESULTS AVAILABLE? YES NO |
| |
| IF YES, IS DEGENERATIVE OR TRAUMATIC ARTHRITIS DOCUMENTED? YES NO IF YES, INDICATE WRIST: RIGHT LEFT BOTH |

| SECTION XIII - DIAGNOSTIC TESTING (Continued) | | | | |
|---|-----------------------|--|--|--|
| 13B. ARE THERE ANY OTHER SIGNIFICANT DIAGNOSTIC TEST FINDINGS OR RESULTS? | | | | |
| YES NO IF YES, PROVIDE TYPE OF TEST OR PROCEDURE, DATE AND RESULTS (brief summary): | | | | |
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| 13C. IS THERE OBJECTIVE EVIDENCE OF CREPITUS? | | | | |
| YES NO IF YES, INDICATE WRIST: RIGHT LEFT BOTH | | | | |
| 13D. IF ANY TEST RESULTS ARE OTHER THAN NORMAL, INDICATE RELATIONSHIP OF ABNORMAL FINDINGS TO DIAGNOSED CON | IDITIONS: | | | |
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| SECTION XIV - FUNCTIONAL IMPACT | | | | |
| NOTE: Provide the impact of only the diagnosed condition(s), without consideration of the impact of other medical conditions or factors | , such as age. | | | |
| 14. REGARDLESS OF THE VETERAN'S CURRENT EMPLOYMENT STATUS, DO THE CONDITION(S) LISTED IN THE DIAGNOSIS SECT ABILITY TO PERFORM ANY TYPE OF OCCUPATIONAL TASK (such as standing, walking, lifting, sitting, etc.)? | ION IMPACT HIS OR HER | | | |
| YES NO IF YES, DESCRIBE THE FUNCTIONAL IMPACT OF EACH CONDITION, PROVIDING ONE OR MORE EXAMP | LES: | | | |
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| SECTION XV - REMARKS | | | | |
| 15. REMARKS, IF ANY: | | | | |
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| CECTION VIV. DUVOICIANIC CERTIFICATION AND CIONATURE | | | | |
| SECTION XVI - PHYSICIAN'S CERTIFICATION AND SIGNATURE CERTIFICATION - To the best of my knowledge, the information contained herein is accurate, complete and current. | | | | |
| | | | | |
| 16A. PHYSICIAN'S SIGNATURE 16B. PHYSICIAN'S PRINTED NAME | 16C. DATE SIGNED | | | |
| | | | | |
| 16D. PHYSICIAN'S PHONE NUMBER 16E. PHYSICIAN'S MEDICAL LICENSE NUMBER 16F. PHYSICIAN'S ADDRE | SS | | | |
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| NOTE: VA may request additional medical information, including additional examinations, if necessary to complete VA's review of the | veteran's application | | | |
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| IMPORTANT - Physician please fax the completed form to | | | | |
| (VA Regional Office FAX No.) | | | | |
| (, tegional office l'interior) | | | | |
| NOTE: A list of VA Regional Office FAX Numbers can be found at www.vba.va.gov/disabilityexams or obtained by calling 1-800-827- | 1000. | | | |
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PRIVACY ACT NOTICE: VA will not disclose information collected on this form to any source other than what has been authorized under the Privacy Act of 1974 or Title 38, Code of Federal Regulations 1.576 for routine uses (i.e., civil or criminal law enforcement, congressional communications, epidemiological or research studies, the collection of money owed to the United States, litigation in which the United States is a party or has an interest, the administration of VA programs and delivery of VA benefits, verification of identity and status, and personnel administration) as identified in the VA system of records, 58/VA21/22/28, Compensation, Pension, Education and Vocational Rehabilitation and Employment Records - VA, published in the Federal Register. Your obligation to respond is required to obtain or retain benefits. VA uses your SSN to identify your claim file. Providing your SSN will help ensure that your records are properly associated with your claim file. Giving us your SSN account information is voluntary. Refusal to provide your SSN by itself will not result in the denial of benefits. VA will not deny an individual benefits for refusing to provide his or her SSN unless the disclosure of the SSN is required by a Federal Statute of law in effect prior to January 1, 1975, and still in effect. The requested information is considered relevant and necessary to determine maximum benefits under the law. The responses you submit are considered confidential (38 U.S.C. 5701). Information submitted is subject to verification through computer matching programs with other agencies.

RESPONDENT BURDEN: We need this information to determine entitlement to benefits (38 U.S.C. 501). Title 38, United States Code, allows us to ask for this information. We estimate that you will need an average of 30 minutes to review the instructions, find the information, and complete the form. VA cannot conduct or sponsor a collection of information unless a valid OMB control number is displayed. You are not required to respond to a collection of information if this number is not displayed. Valid OMB control numbers can be located on the OMB Internet Page at www.reginfo.gov/public/do/PRAMain. If desired, you can call 1-800-827-1000 to get information on where to send comments or suggestions about this form.