

APPENDIX I.1
WIC ITFPS-2 PARTICIPANT INTERVIEW
PRENATAL - ENGLISH

WIC PROGRAM AWARENESS, SATISFACTION, UTILIZATION

I'm going to ask you some questions about WIC, including what your WIC site offers and what WIC services you use.

Awareness: WIC Food Packages
Prenatal, 3

First I'm going to read you a few questions and I'd like you to tell me if these things are offered at your WIC office or clinic:

WC1. There is a special WIC food package for breastfeeding women who do not accept infant formula from WIC. Is this food package offered at your WIC office or clinic? [Source: IFPS-1, modified]

- Yes.....01
- No.....02
- Don't Know.....98

WC2. At your WIC office or clinic does the amount of infant formula you can get from WIC change based on the age of the baby? [Source: New Development]

- Yes.....01
- No.....02
- Don't Know.....98

WC3. At your WIC office or clinic does the amount of infant formula you can get from WIC change depending on how much breastfeeding the mother is doing? [Source: New Development]

- Yes.....01
- No.....02
- Don't Know.....98

Awareness: Breastfeeding counseling and education
Prenatal, 3

Now I'm going to ask you some questions about information and services you might have gotten from WIC.

WC4. Do you think that WIC recommends breastfeeding only, formula feeding only, or that both are equally ok? [Source: IFPS-1, modified]

Breastfeeding only.....	01
Formula feeding only.....	02
Both are equally ok.....	03
Don't Know.....	98

Utilization: Breastfeeding counseling and education

Prenatal, 3

WC5. Have you received any information from WIC about breastfeeding (during this pregnancy/{CHILD})? [Source: IFPS-1, modified]

Yes.....	01
No.....	02
Don't Know.....	98

Utilization: Nutrition education and counseling

Prenatal, 3

WC6. Have you received information from WIC about what you should be eating? [Source: New Development]

Yes.....	01
No.....	02
Don't Know.....	98

Utilization: Food package

Prenatal, 3

WC12. During the last month did you buy all of the WIC foods for which you were issued checks or EBT benefits? [Source: New Development]

Yes.....	01
No.....	02
Haven't shopped yet.....	03
Don't Know.....	98

WC13. During the last month did you buy the full amount of the fruit and vegetable benefit?

Yes.....	01
No.....	02
Haven't shopped yet.....	03
Don't Know.....	98

EXPERIENCE, KNOWLEDGE, ADVICE, BELIEFS

Now I'd like to ask you some questions about your thoughts on breastfeeding, and plans you are making for feeding your baby.

Attitudes/beliefs about benefits and barriers to breastfeeding

KA18. I'll now read a series of statements about breastfeeding. Please indicate whether you strongly agree, agree, neither agree nor disagree, disagree, or strongly disagree with each statement. [Source: WIC IFPS-1; modified]

NOTE: CATI should randomize the order of the sub-questions

a. Breastfeeding is easier than formula feeding. Would you say that you (interviewer read response options for all items as needed)

- Strongly agree.....01
- Agree.....02
- Neither agree nor disagree.....03
- Disagree.....04
- Strongly disagree.....05

b. Breastfeeding helps protect the baby from diseases.

- Strongly agree.....01
- Agree.....02
- Neither agree nor disagree.....03
- Disagree.....04
- Strongly disagree.....05

c. Breastfed babies are healthier than formula-fed babies.

- Strongly agree.....01
- Agree.....02
- Neither agree nor disagree.....03
- Disagree.....04
- Strongly disagree.....05

d. Breastfeeding brings a mother closer to her baby.

- Strongly agree.....01
- Agree.....02
- Neither agree nor disagree.....03
- Disagree.....04
- Strongly disagree.....05

e. Breastmilk alone gives a new baby all he/she needs to eat.

- Strongly agree.....01
- Agree.....02
- Neither agree nor disagree.....03
- Disagree.....04
- Strongly disagree.....05

f. Breastfeeding helps women lose weight.

- Strongly agree.....01

Agree.....	02
Neither agree nor disagree.....	03
Disagree.....	04
Strongly disagree.....	05

g. Breastfeeding takes too much time.

Strongly agree.....	01
Agree.....	02
Neither agree nor disagree.....	03
Disagree.....	04
Strongly disagree.....	05

h. Breastfeeding ties you down.

Strongly agree.....	01
Agree.....	02
Neither agree nor disagree.....	03
Disagree.....	04
Strongly disagree.....	05

i. Breastfeeding means no one else can feed your baby.

Strongly agree.....	01
Agree.....	02
Neither agree nor disagree.....	03
Disagree.....	04
Strongly disagree.....	05

j. Breastfeeding is painful.

Strongly agree.....	01
Agree.....	02
Neither agree nor disagree.....	03
Disagree.....	04
Strongly disagree.....	05

k. Breastmilk leaking onto your clothes is something I worry about.

Strongly agree.....	01
Agree.....	02
Neither agree nor disagree.....	03
Disagree.....	04
Strongly disagree.....	05

l. With bottle feeding, the mother knows that the baby is getting enough to eat.

Strongly agree.....	01
Agree.....	02
Neither agree nor disagree.....	03
Disagree.....	04
Strongly disagree.....	05

- m. Breastfeeding in public is not something I want to do.**
- Strongly agree.....01
 Agree.....02
 Neither agree nor disagree.....03
 Disagree.....04
 Strongly disagree.....05
- n. Breastfeeding reduces the risk of a child becoming overweight.**
- Strongly agree.....01
 Agree.....02
 Neither agree nor disagree.....03
 Disagree.....04
 Strongly disagree.....05

Intent to breastfeed

Prenatal

KA19. You may not know exactly what your plans are for feeding your baby, but you may have ideas about what you would like or are planning to do. I am going to read you some statements about feeding your baby and I would like you to please choose the answer that most closely matches your opinion. [Source: Nommsen-Rivers Intention measure, modified]

- a. I am planning to only formula feed my baby and do not plan to breastfeed at all. Would you say that you:**

- Strongly agree.....01
 Agree.....02
 Neither agree nor disagree.....03
 Disagree.....04
 Strongly disagree.....05

- b. I am planning to breastfeed my baby or at least try. Would you say that you:**

- Strongly agree.....01
 Agree.....02
 Neither agree nor disagree.....03
 Disagree.....04
 Strongly disagree.....05

- c. When my baby is one-month-old, I will be breastfeeding without using any formula or other milk. Would you say that you:**

- Strongly agree.....01
 Agree.....02
 Neither agree nor disagree.....03
 Disagree.....04
 Strongly disagree.....05

- d. When my baby is three-months-old, I will be breastfeeding my baby without using any formula or other milk. Would you say that you:**
- Strongly agree.....01
 Agree.....02
 Neither agree nor disagree.....03
 Disagree.....04
 Strongly disagree.....05
- e. When my baby is six-months-old, I will be breastfeeding my baby without using any formula or other milk. Would you say that you:**
- Strongly agree.....01
 Agree.....02
 Neither agree nor disagree.....03
 Disagree.....04
 Strongly disagree.....05

Influences on decision to breastfeed or formula feed

Prenatal, 1

Prenatal Question:

KA22. Have you talked with any of the following people about whether you plan to breastfeed, formula feed, or both breastfeed and formula feed your baby? [Source:WIC IFPS-1, modified]

a. Your husband or boyfriend?

- Yes.....01
 No.....02
 Don't know.....98
 Not applicable.....99

***(If yes)* How important was this talk with your husband/boyfriend in helping you decide how to feed your baby? Would you say that it was very important, somewhat important, or not important?**

- Very important.....01
 Somewhat important.....02
 Not important.....03

b. Your mother?

- Yes.....01
 No.....02
 Don't know.....98
 Not applicable.....99

***(If yes)* How important was this talk with your mother in helping you decide how to feed your baby? Would you say that it was very important, somewhat important, or not important?**

Very important.....	01
Somewhat important.....	02
Not important.....	03

c. Other relatives?

Yes.....	01
No.....	02
Don't know.....	98
Not applicable.....	99

(If yes) How important was this talk with your relatives in helping you decide how to feed your baby? Would you say that it was very important, somewhat important, or not important?

Very important.....	01
Somewhat important.....	02
Not important.....	03

d. Friends?

Yes.....	01
No.....	02
Don't know.....	98
Not applicable.....	99

(If yes) How important was this talk with your friends in helping you decide how to feed your baby? Would you say that it was very important, somewhat important, or not important?

Very important.....	01
Somewhat important.....	02
Not important.....	03

e. People who work at your WIC office or clinic?

Yes.....	01
No.....	02
Don't know.....	98
Not applicable.....	99

(If yes) How important was this talk with people who work at your WIC office or clinic in helping you decide how to feed your baby? Would you say that it was very important, somewhat important, or not important?

Very important.....	01
Somewhat important.....	02
Not important.....	03

f. Your doctor?

Yes.....	01
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No.....	02
Don't know.....	98
Not applicable.....	99

(If yes) How important was this talk with your doctor in helping you decide how to feed your baby? Would you say that it was very important, somewhat important, or not important?

Very important.....	01
Somewhat important.....	02
Not important.....	03

PARTICIPANT CONTACT INFORMATION UPDATE

Thank you for taking the time to speak with me today. Because we'll be calling you again for your next interview (PN: in a couple of weeks / all other times: when your child is {AGE – next interview}), I'd like to be sure we have all the right ways to contact you.

CM1. Is your full name still {NAME}?

Yes.....	01
No.....	02
(If no, go to a)	

a. Can you please tell me what your full legal name is now?

Ask only if still on WIC:

CM2. {If have WIC ID on file: We have your WIC ID as {FILL}, is that correct?/If don't have WIC ID on file: Do you know what your current WIC ID is?}

WIC ID is the same (fill below).....	01
New WIC ID (specify below)	02
Don't know WIC ID.....	98
Refused WIC ID.....	99

WIC ID _____

CM3. I reached you today at {FILL #}. Will that still be the best number to call you at for your next interview?

Yes (if yes, go to b).....	01
No (if no, go to a).....	02

a. What is the best number to call you at for your next interview?

Number (specify ---/---/---)	
NO PHONE (go to CM4).....	97

Is that number home, work, cell, or something else?

- Home.....01
- Work.....02
- Cell.....03
- Other (specify _____).....04

b. Is there another number we could try in case we have trouble reaching you?

Number (specify ---/---/---)

Is that number home, work, cell, or something else?

- Home.....01
- Work.....02
- Cell.....03
- Other (specify _____).....04

We'd like to keep in touch with you even if we can't get you by phone or your phone number changes, so I'm going to ask you about a few additional ways we might be able to contact you.

CM4. *If have email on file: We have your email address as {FILL}, is that correct?/If no email: Do you have an email address we could use to contact you if necessary?*

- Email is the same (fill below).....01
- New Email (specify below)02
- Don't know Email.....98
- Refused Email.....99

Email_____

CM5. *If mailing address on file: We have your current mailing address as {FILL}. Is that correct?/If no mailing address on file: Can I get a mailing address we could use to contact you if necessary?*

- Address is the same (fill below).....01
- New address (specify below)02
- Don't know/don't have address.....98
- Refused address.....99

a. Can you please tell me what your current mailing address is?

Street/Apt#_____

City_____

State_____

ZIP_____

b. *(If CM3a is 97 – no phone): Earlier you indicated that you do not have a phone. Since we need to speak with you by phone we will mail you a study phone. You will receive the phone before your next interview. The package will contain instructions on how to use the phone. Should we mail the phone to the mailing address you just provided?*

Address is the same (fill below).....01
 New address (specify below)02
 Don't know/don't have address.....98
 Refused address.....99

Can you please provide the address where the phone should be mailed?

Street/Apt# _____

City _____

State _____

ZIP _____

CM6. *[Social Media – will develop question when procedure is finalized]*

CM7. *(If contacts on file: Earlier you provided the names and contact information for two people who would always know how to find you. Can I read that information back to you and check that it's still up to date?/If no contacts on file: Just in case we can't get in touch with you using the information you just gave me, I'd like to ask you for the names and contact information for two people who would always know how to find you.*

Person #1 *(If contacts on file, read fill info and correct as needed)*

Name.....

Who is this person to you?.....

Phone.....

Address.....

Email.....

Person #2 *(If contacts on file, read fill info and correct as needed)*

Name.....

Who is this person to you?.....

Phone.....

Address.....

Email.....