**Overview of Data Collection Protocol for the Salt Sources Study**

Data will be collected through:

1. an observational study of sources of sodium intake among all participants aged 18-74 years (N=450 participants, 150 per site); and
2. a sub-study on 1/3 of the participants in the observational study (N=150 participants aged 18-74 in the observational study [50 per site]).

For each participant who is screened by telephone and consents to participate, data will be collected during an 11-day period according to the scheme shown in the table below.

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Activity | Baseline visit | T 1 | FUV 1a, c | T 2 | FUV 2a | T 3 | FUV 3a | T 4 | FUV 4a |
| Consent  | **X** |  |  |  |  |  |  |  |  |
| 24-hour recall instructionsb /recall appts scheduled | **X** |  |  |  |  |  |  |  |  |
| Survey | **X** |  |  |  |  |  |  |  |  |
| 24-hr diet recalls, food record and duplicate salt sample collectionc |  | **X** |  | **X** |  | **X** |  | **X** |  |
| Urine collection instructions/kits distributed a | **X** |  | **X** |  | **X** |  | **X** |  |  |
| Return 24-hr urine samplesa |  |  | **X** |  | **X** |  | **X** |  | **X** |
| Study salt distributeda,d |  |  | **X** |  | **X** |  | **X** |  |  |
| Study salt returneda |  |  |  |  | **X** |  | **X** |  | **X** |
| Incentives disbursede |  |  | **X** |  | **X** |  | **X** |  | **X** |

T = telephone diet interview; FUV = follow up visit

a Only for those participating in the sub-study.

b Includes providing food amount booklet; duplicate salt collection kits.

c Food recording and duplicate salt sample collection and recording will take place the day before the 24-hour dietary recall is scheduled.

d Provide the study salt supplement to participants enrolled in the sub-study beginning at FUV 1

e The incentive for completing the 24-hour dietary recalls will be mailed to those not participating in the sub-study.