

Overview of Data Collection Protocol for the Salt Sources Study

Data will be collected through:

- 1) an observational study of sources of sodium intake among all participants aged 18-74 years (N=450 participants, 150 per site); and
- 2) a sub-study on 1/3 of the participants in the observational study (N=150 participants aged 18-74 in the observational study [50 per site]).

For each participant who is screened by telephone and consents to participate, data will be collected during an 11-day period according to the scheme shown in the table below.

Activity	Baseline visit	T 1	FUV 1 ^{a, c}	T 2	FUV 2 ^a	T 3	FUV 3 ^a	T 4	FUV 4 ^a
Consent	X								
24-hour recall instructions ^b /recall appts scheduled	X								
Survey	X								
24-hr diet recalls, food record and duplicate salt sample collection ^c		X		X		X		X	
Urine collection instructions/kits distributed ^a	X		X		X		X		
Return 24-hr urine samples ^a			X		X		X		X
Study salt distributed ^{a, d}			X		X		X		
Study salt returned ^a					X		X		X
Incentives disbursed ^e			X		X		X		X

T = telephone diet interview; FUV = follow up visit

^a Only for those participating in the sub-study.

^b Includes providing food amount booklet; duplicate salt collection kits.

^c Food recording and duplicate salt sample collection and recording will take place the day before the 24-hour dietary recall is scheduled.

^d Provide the study salt supplement to participants enrolled in the sub-study beginning at FUV 1

^e The incentive for completing the 24-hour dietary recalls will be mailed to those not participating in the sub-study.