Study 3 Senior Corps Independent Living Evaluation Survey OMB Control Number xxxx-xxxx Expires xx/xx/xxxx DRAFT May 20, 2013

L.	Sponsoring Organization			
	This section will be pre-loaded another representative from the	sponsoring organization	-	oject director or
	Organization Name			Grant Number
2.	Name of Client			
	First	Middle	Last	
3.	Salutation used for the client			
	 Ms. or Mrs. Mr. 			
1.	When did the client begin receive	ving services from a Sen	ior Companion?	
	Month		Year	
<u>.</u>	Date of the interview			

Part 1: First I want to start with questions about you and your Senior Companion services.

6. Are you a Senior Companion Client or a Caregiver of a Senior Companion Client?

Day

Month

- 1. Senior Companion Client [START WITH QUESTION 7 AND WORK THROUGH THE ENTIRE SURVEY]
- 2. Assisting Client to complete survey where Client provides response [START WITH QUESTION 7 AND WORK THROUGH THE ENTIRE SURVEY]
- 3. Proxy for Senior Companion Client by answering the survey on behalf of the Client IF USING A PROXY:
 - a) Reasons a proxy is needed (e.g., specify types of impairment): _____

Year

Life satisfaction					
7. Please think about your life-as-a-whole. How satisfied are you with it? Are you satisfied or not satisfied? [Check one box] ⁱ					
If satisfied: Are you					
 Completely satisfied 					
2. Very satisfied					
3. Somewhat satisfied					
If not satisfied: Are you					
4. Not very satisfied					
5. Not at all satisfied					
8. Don't know					
9. Refuse (I prefer not to answer)					
Next I have questions about your health.					
 8. Would you say your health is excellent, very good, good, fair, or poor? [Check one box] ii 1. Excellent 2. Very good 3. Good 4. Fair 5. Poor 8. Don't know 9. Refuse (I prefer not to answer) 					
9. Has a medical doctor ever told you that you ⁱⁱⁱ					
	1. Yes	2. No	8. Don't	9.	
			know	Refuse	
a. Have high blood pressure or hypertension?					
b. Have diabetes or high blood sugar?					
c. Have cancer or a malignant tumor, excluding minor skin cancer?					
d. Have chronic lung disease such as chronic bronchitis					
or emphysema?					
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b) Relationship of proxy to client (e.g., spouse, adult child, another relative,

c) Client has given consent for an interview to be conducted with proxy:

family friend, primary caregiver): ___

IF USING A PROXY: ASK QUESTIONS 9 THROUGH 14, SKIP QUESTIONS 15

THROUGH 22; ASK QUESTIONS 23 THROUGH 37] The next question is about how you feel

_____(yes/no)

about different aspects of your life

e. Had a heart attack, coronary heart disease, angina,		
congestive heart failure, or other heart problems?		
f. Had a stroke?		

10. Have you ever had or has a doctor ever told you that you^{iv} ...

	1. Yes	2. No	8. Don't	9.
			know	Refuse
g. Had any emotional, nervous, or psychiatric problems?				
h. Have arthritis, osteoarthritis, or rheumatism?				

We would like to understand difficulties people may have with various activities because of an illness or health or physical problem. Please tell me whether you have any difficulty doing each of the everyday activities that I read you.

11. Because of a health problem do you have any difficulty with v...

	1. Yes	2. No	3. Can't do	4. Don't do	8. Don't Know	9. Refuse
a. Walking one block?					Tulow	
b. Getting up from a chair after sitting for long periods?						
c. Reaching or extending your arms above shoulder level						

- 12. Does any impairment or health problem limit the kind or amount of work you can do around the house?^{vi}
 - 1. Yes GO TO Q13
 - 2. No GO TO Q14
 - 3. Too old to work GO TO Q14
 - 8. Don't know GO TO Q14
 - 9. Refuse (I prefer not to answer) GO TO Q14
- 13. Does this limitation keep you from working around the house altogether?^{vii}
 - 1. Yes
 - 2. No
 - 8. Don't know
 - 9. Refuse (I prefer not to answer)

- 14. Part of this study is concerned with people's memory, and ability to think about things. First, how would you rate your memory at the present time? Would you say it is excellent, very good, good, fair or poor?^{viii}
 - 1. Excellent
 - 2. Very good
 - 3. Good
 - 4. Fair
 - 5. Poor
 - 8. Don't know
 - 9. Refuse (I prefer not to answer)

Now think about the past week and the feelings you have experienced. Please tell me if each of the following was true for you much of the time during the past week.

15. Much of the time during the past week^{ix}...

	1. Yes	2. No	8. Don't Know	9. Refuse
a. you felt depressed.				
b. you had a lot of energy.				

Self-Efficacy

Now please tell me how much you agree or disagree with the following:

16. I can do just about anything I really set my mind to. Do you agree or disagree with this statement?^x

If disagree: Do you

- 1. Strongly disagree
- 2. Somewhat disagree or
- 3. Slightly disagree

If agree: Do you

- 4. Slightly agree
- 5. Somewhat agree or
- 6. Strongly agree
- 17. I can do the things that I <u>want</u> to do. Do you agree or disagree with this statement?^{xi}

<u>If disagree: Do you</u>

- 1. Strongly disagree
- 2. Somewhat disagree or
- 3. Slightly disagree

If agree: Do you

- 4. Slightly agree
- 5. Somewhat agree or
- 6. Strongly agree

Social Loneliness

- 18. How much of the time do you feel that you are alone? Would you say often, some of the time, or hardly ever or never [Check one box] xii
 - 1. Often
 - 2. Some of the time
 - 3. Hardly ever or never
 - 8. Don't know
 - 9. I prefer not to answer
- 19. How much of the time do you feel that you lack companionship? Would you say often, some of the time, or hardly ever or never [Check one box] xiii
 - 1. Often
 - 2. Some of the time
 - 3. Hardly ever or never
 - 8. Don't know
 - 9. I prefer not to answer

Emotional Loneliness

- 20. How much of the time do you feel that there are people you feel close to? Would you say often, some of the time, or hardly ever or never [Check one box]^{xiv}
 - 1. Often
 - 2. Some of the time
 - 3. Hardly ever or never
 - 8. Don't know
 - 9. I prefer not to answer
- 21. How much of the time do you feel that there are people you can turn to? Would you say often, some of the time, or hardly ever or never [Check one box] *v
 - 1. Often
 - 2. Some of the time
 - 3. Hardly ever or never
 - 8. Don't know
 - 9. I prefer not to answer

Part 2: Performance Measure

22. Because I Have a Senior Companion Volunteer ...

	•	If Disagre	e, Do you	If Agree, Do you		
		1. Strongly Disagree	2. Somewhat Disagree	3. Somewhat Agree	4. Strongly Agree	
a.	I feel less lonely. Do you agree or disagree?					
b.	I feel I have close ties to more people. Do you agree or disagree?					
c.	I am able to do more of the things I <u>need</u> to do. Do you agree or disagree?					
d.	I am able to do more things I <u>want</u> to do. Do you agree or disagree?					
e.	I am eating regularly scheduled meals. Do you agree or disagree?					
f.	I am able to get to medical appointments. Do you agree or disagree?					

Part 3: Background questions about the client

I want to ask you a few questions about yourself. Your answers will help us understand the characteristics of the people who participated in this survey.

23. In what month and year were you born?

- a. Month
 - 01. JAN
 - 02. FEB
 - 03. MAR
 - 04. APR
 - 05. MAY
 - 06. JUN
 - 07. JUL
 - 08. AUG
 - 09. SEP
 - 10. OCT

- 11. NOV
- 12. DEC
- 98. Don't Know
- 99. Refuse
- b. Year

9998. Don't Know 9999. Refuse

- 24. Do you consider yourself primarily xvi
 - 1. White/ Caucasian
 - 2. Black/ African American
 - 3. American Indian or Alaskan Native
 - 4. Asian Native Hawaiian, or Pacific Islander
 - 5. Other
- 8. Don't Know
- 9. I prefer not to answer
- 25. Do you consider yourself Hispanic or Latino^{xvii}
 - 1. Yes
 - 2. No
- 8. Don't know
- 9. Refuse (I prefer not to answer)
- 26. What is your Veteran Status [Check all that apply]
 - 1. I am Active Duty or Reserve Component
 - 2. An immediate family member is Active Duty or Reserve Component
 - 3. I am a Veteran
 - 4. An immediate family member is a Veteran
- 8. Don't Know
- 9. I prefer not to answer
- 27. What is the highest grade of school or year of college you completed^{xviii}
 - 1. No formal education
 - 2. Grades 1-11
 - 3. Grade 12 (High School Diploma or GED)
 - 4. Some College
 - 5. Associate's Degree
 - 6. Bachelor's Degree/ College Graduate
 - 7. Some graduate school
 - 8. Completed a graduate/professional degree
 - 9. Other
 - 10. I don't know
 - 11. Refuse (I prefer not to answer)

28. Are you currently married, have a partner as if married, separa never married? xix	ted, divorced, widowed, or
1. Married	
2. Have partner	
3. Separated	
4. Divorced	
5. Widowed	
6. Never Married	
7. Other	
8. I prefer not to answer	
29. Are you male or female ^{xx} ? (Ask only if you do not know from	Q3 above; or there is a
discrepancy with what is listed as the respondent's gender.)	
1. Female	
2. Male	
8. Not answered/Don't Know	
9. Refused	
Household	
20 De garantle lier element ide ede	
30. Do you generally live alone or with others?	
1. Alone GO TO Q32	
2. With others GO TO Q31	
8. Don't Know GO TO Q32	
9. Refuse (I prefer not to answer) GO TO Q32	
31. IF LIVING WITH OTHERS: Including yourself, how many p	eople live in your household?
Number	
32. How many children do you have?	
Number of children GO TO Q33	
0. None GO TO Q34	
8. Don't Know GO TO Q34	
9. Refuse (I prefer not to answer) GO TO Q34	
33. <u>IF HAS CHILDREN:</u> Do any of your children live within 10 r	niles of you ^{xxi} ?
1. Yes	
2. No	
8. Don't Know	
9. Refuse (I prefer not to answer)	
Medicare and Medicaid	
Miculcui C and Miculcuiu	

The next question is about health insurance. Medicare is a public health insurance program for people 65 or older and for disabled persons. (Medicaid/STATE NAME FOR MEDICAID) is a public health insurance program for people with low incomes.

- 34. Are you currently covered by Medicare health insurance^{xxii}?
 - 1. Yes
 - 2. No
 - 8. Don't Know
 - 9. Refuse (I prefer not to answer)
- 35. Are you currently covered by (Medicaid/STATE NAME FOR MEDICAID) xxiii?
 - 1. Yes
 - 2. No
 - 8. Don't Know
 - 9. Refuse (I prefer not to answer)

Income

- 36. Which category best describes your total annual household income? Is your total annual household income greater than \$20,000 or less than that?
 - 1. Less
 - 2. Greater

GO TO Q37

- 8. Don't Know
- 9. Refuse (I prefer not to answer)
- 37. IF MORE THAN \$20,000: Would you say it is......
 - 1. Between \$20,000 but less than \$30,000
 - 2. Between \$30,000 but less than \$40,000 or
 - 3. more than \$50,000
 - 8. Don't Know
 - 9. Refuse (I prefer not to answer)

HRS References http://hrsonline.isr.umich.edu/index.php?p=concord

- ¹ Core, section B, B000 *Campbell et al (1976)*
- " Core, section C, C001 Standard Survey Question
- ¹¹¹ Core, section C, C005, C010, C018, C030, C036, C053, C069, C065, C070
- iv Core, Section C, C065, C070
- ^v Core, Section G, G003, G005, G009
- vi Core, Section M, M006
- vii Core, Section M, M008
- viii Core, Section D, D101
- ix Core, Section D, D110, D118
- ^x Core, Section LB, Q23
- xi Core, Section LB, Q23
- xii Core, section LB*, Q20a,i Hughes, M. E., Waite, L. J., Hawkley, L. C., & Cacioppo, J. T. (2004)
- xiii Core, Section LB*, Q20a Hughes, M. E., Waite, L. J., Hawkley, L. C., & Cacioppo, J. T. (2004)
- xiv Core, Section LB*, Q20i Hughes, M. E., Waite, L. J., Hawkley, L. C., & Cacioppo, J. T. (2004)
- xv Core, Section LB*, Q20g
- xvi Core Section, Section B MB091M
- xvii Core Section, Section B, B028
- xviii Core Section, Section B, MB014
- xix Core Section, Section B, MB063
- xx Core Section, Section A, MA008
- xxi Core Section, Section E, E012
- xxii Core Section, Section N, N001
- xxiii Core Section, Section N, N006