Study 3 Senior Corps Independent Living Evaluation Survey
OMB Control Number xxxx-xxxx Expires xx/xx/xxxx
DRAFT May 20, 2013

## 1. Sponsoring Organization

This section will be pre-loaded based on information gathered from the project director or another representative from the sponsoring organization.

| Organization Name | Grant Number |
| :--- | :--- |

2. Name of Client

| First | Middle |  |
| :--- | :---: | :---: | :--- |

3. Salutation used for the client
4. Ms. or Mrs.
5. Mr .
6. When did the client begin receiving services from a Senior Companion?

Month $\qquad$
5. Date of the interview

Month
Day
Year

Part 1: First I want to start with questions about you and your Senior Companion services.
6. Are you a Senior Companion Client or a Caregiver of a Senior Companion Client?

1. Senior Companion Client [START WITH QUESTION 7 AND WORK THROUGH THE ENTIRE SURVEY]
2. Assisting Client to complete survey where Client provides response [START WITH QUESTION 7 AND WORK THROUGH THE ENTIRE SURVEY]
3. Proxy for Senior Companion Client by answering the survey on behalf of the Client IF USING A PROXY:
a) Reasons a proxy is needed (e.g., specify types of impairment): $\qquad$
b) Relationship of proxy to client (e.g., spouse, adult child, another relative, family friend, primary caregiver):
c) Client has given consent for an interview to be conducted with proxy:
$\qquad$ (yes/no)

## IF USING A PROXY: ASK QUESTIONS 9 THROUGH 14, SKIP QUESTIONS 15

THROUGH 22; ASK QUESTIONS 23 THROUGH 37]The next question is about how you feel about different aspects of your life

## Life satisfaction

7. Please think about your life-as-a-whole. How satisfied are you with it? Are you satisfied or not satisfied? [Check one box] ${ }^{\text {i }}$

## If satisfied: Are you...

1. Completely satisfied
2. Very satisfied
3. Somewhat satisfied

If not satisfied: Are you...
4. Not very satisfied
5. Not at all satisfied
8. Don't know
9. Refuse (I prefer not to answer)

## Next I have questions about your health.

8. Would you say your health is excellent, very good, good, fair, or poor? [Check one box] ii
9. Excellent
10. Very good
11. Good
12. Fair
13. Poor
14. Don't know
15. Refuse (I prefer not to answer)
16. Has a medical doctor ever told you that you ${ }^{\text {iii }}$...

|  | 1. Yes | 2. No | 8. Don't <br> know | 9. <br> Refuse |
| :--- | :--- | :--- | :--- | :--- |
| a. Have high blood pressure or hypertension? |  |  |  |  |
| b. Have diabetes or high blood sugar? |  |  |  |  |
| c. Have cancer or a malignant tumor, excluding minor <br> skin cancer? |  |  |  |  |
| d. Have chronic lung disease such as chronic bronchitis <br> or emphysema? |  |  |  |  |


| e. Had a heart attack, coronary heart disease, angina, <br> congestive heart failure, or other heart problems? |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- |
| f. Had a stroke? |  |  |  |  |

10. Have you ever had or has a doctor ever told you that you ${ }^{\text {iv }} \ldots$

|  | 1. Yes | 2. No | 8. Don't <br> know | 9. <br> Refuse |
| :---: | :--- | :--- | :--- | :--- |
| g. Had any emotional, nervous, or psychiatric problems? |  |  |  |  |
| h. Have arthritis, osteoarthritis, or rheumatism? |  |  |  |  |

We would like to understand difficulties people may have with various activities because of an illness or health or physical problem. Please tell me whether you have any difficulty doing each of the everyday activities that I read you.
11. Because of a health problem do you have any difficulty with ${ }^{\mathrm{V}} \ldots$

|  | 1. Yes | 2. No | 3. Can't do | 4. Don't do | 8. <br> Don't <br> Know | 9. <br> Refuse |
| :---: | :--- | :--- | :--- | :--- | :--- | :--- |
| a. Walking one block? |  |  |  |  |  |  |
| b. Getting up from a chair <br> after sitting for long <br> periods? |  |  |  |  |  |  |
| c. Reaching or extending <br> your arms above <br> shoulder level |  |  |  |  |  |  |

12. Does any impairment or health problem limit the kind or amount of work you can do around the house? ${ }^{\text {vi }}$
13. Yes GO TO Q13
14. No GO TO Q14
15. Too old to work GO TO Q14
16. Don't know GO TO Q14
17. Refuse (I prefer not to answer) GO TO Q14
18. Does this limitation keep you from working around the house altogether? ${ }^{\text {vii }}$
19. Yes
20. No
21. Don't know
22. Refuse (I prefer not to answer)
23. Part of this study is concerned with people's memory, and ability to think about things. First, how would you rate your memory at the present time? Would you say it is excellent, very good, good, fair or poor? ${ }^{\text {viii }}$
24. Excellent
25. Very good
26. Good
27. Fair
28. Poor
29. Don't know
30. Refuse (I prefer not to answer)

Now think about the past week and the feelings you have experienced. Please tell me if each of the following was true for you much of the time during the past week.
15. Much of the time during the past week ${ }^{\text {ix }} \ldots$

|  | 1. Yes | 2. No | 8. <br> Don't <br> Know | 9. <br> Refuse |
| :--- | :--- | :--- | :--- | :--- |
| a. you felt depressed. |  |  |  |  |
| b. you had a lot of energy. |  |  |  |  |

## Self-Efficacy

Now please tell me how much you agree or disagree with the following:
16. I can do just about anything I really set my mind to. Do you agree or disagree with this statement? ${ }^{x}$
If disagree: Do you

1. Strongly disagree
2. Somewhat disagree or
3. Slightly disagree

## If agree: Do you

4. Slightly agree
5. Somewhat agree or
6. Strongly agree
7. I can do the things that I want to do. Do you agree or disagree with this statement? ${ }^{\text {xi }}$

If disagree: Do you

1. Strongly disagree
2. Somewhat disagree or
3. Slightly disagree

If agree: Do you
4. Slightly agree
5. Somewhat agree or
6. Strongly agree

## Social Loneliness

18. How much of the time do you feel that you are alone? Would you say often, some of the time, or hardly ever or never [Check one box] xii
19. Often
20. Some of the time
21. Hardly ever or never
22. Don't know
23. I prefer not to answer
24. How much of the time do you feel that you lack companionship? Would you say often, some of the time, or hardly ever or never [Check one box] ${ }^{\text {xiii }}$
25. Often
26. Some of the time
27. Hardly ever or never
28. Don't know
29. I prefer not to answer

## Emotional Loneliness

20. How much of the time do you feel that there are people you feel close to? Would you say often, some of the time, or hardly ever or never [Check one box] ${ }^{\text {xiv }}$
21. Often
22. Some of the time
23. Hardly ever or never
24. Don't know
25. I prefer not to answer
26. How much of the time do you feel that there are people you can turn to? Would you say often, some of the time, or hardly ever or never [Check one box] ${ }^{\text {xv }}$
27. Often
28. Some of the time
29. Hardly ever or never
30. Don't know
31. I prefer not to answer

## Part 2: Performance Measure

22. Because I Have a Senior Companion Volunteer ...

|  | If Disagree, Do you... |  | If Agree, Do you... |  |
| :--- | :---: | :---: | :---: | :---: |
|  | 1. <br> Strongly <br> Disagree | 2. <br> Somewhat <br> Disagree | 3. <br> Somewhat <br> Agree | 4. <br> Strongly <br> Agree |
| a. I feel less lonely. Do you agree or <br> disagree? | $\square$ | $\square$ | $\square$ | $\square$ |
| b. I feel I have close ties to more people. Do <br> you agree or disagree? | $\square$ | $\square$ | $\square$ | $\square$ |
| c. I am able to do more of the things I need to <br> do. Do you agree or disagree? | $\square$ | $\square$ | $\square$ | $\square$ |
| d. I am able to do more things I want to do. <br> Do you agree or disagree? | $\square$ | $\square$ | $\square$ | $\square$ |
| e. I am eating regularly scheduled meals. Do |  |  |  |  |
| $\quad$you agree or disagree? | $\square$ | $\square$ | $\square$ | $\square$ |
| f.I am able to get to medical appointments. <br> Do you agree or disagree? | $\square$ | $\square$ | $\square$ | $\square$ |

Part 3: Background questions about the client
I want to ask you a few questions about yourself. Your answers will help us understand the characteristics of the people who participated in this survey.
23. In what month and year were you born?
a. Month

1. JAN
2. FEB
3. MAR
4. APR
5. MAY
6. JUN
7. JUL
8. AUG
9. SEP
10. OCT
11. NOV
12. DEC
13. Don't Know
14. Refuse
b. Year

> 9998. Don’t Know
> 9999. Refuse
24. Do you consider yourself primarily ${ }^{\text {xvi }}$

1. White/ Caucasian
2. Black/ African American
3. American Indian or Alaskan Native
4. Asian Native Hawaiian, or Pacific Islander
5. Other
6. Don't Know
7. I prefer not to answer
8. Do you consider yourself Hispanic or Latino ${ }^{\text {xvii }}$
9. Yes
10. No
11. Don't know
12. Refuse (I prefer not to answer)
13. What is your Veteran Status [Check all that apply]
14. I am Active Duty or Reserve Component
15. An immediate family member is Active Duty or Reserve Component
16. I am a Veteran
17. An immediate family member is a Veteran
18. Don't Know
19. I prefer not to answer
20. What is the highest grade of school or year of college you completed ${ }^{\text {xviii }}$
21. No formal education
22. Grades 1-11
23. Grade 12 (High School Diploma or GED)
24. Some College
25. Associate's Degree
26. Bachelor's Degree/ College Graduate
27. Some graduate school
28. Completed a graduate/professional degree
29. Other
30. I don't know
31. Refuse (I prefer not to answer)
32. Are you currently married, have a partner as if married, separated, divorced, widowed, or never married? ${ }^{\text {xix }}$
33. Married
34. Have partner
35. Separated
36. Divorced
37. Widowed
38. Never Married
39. Other
40. I prefer not to answer
41. Are you male or female ${ }^{\mathrm{xx}}$ ? (Ask only if you do not know from Q3 above; or there is a discrepancy with what is listed as the respondent's gender.)
42. Female
43. Male
44. Not answered/Don't Know
45. Refused

## Household

30. Do you generally live alone or with others?
31. Alone
32. With others
33. Don't Know
34. Refuse (I prefer not to answer)
35. IF LIVING WITH OTHERS: Including yourself, how many people live in your household?

Number $\qquad$
32. How many children do you have?

Number of children $\qquad$ GO TO Q33
0 . None
GO TO Q34
8. Don't Know

GO TO Q34
9. Refuse (I prefer not to answer) GO TO Q34
33. IF HAS CHILDREN: Do any of your children live within 10 miles of you ${ }^{x x i}$ ?

1. Yes
2. No
3. Don't Know
4. Refuse (I prefer not to answer)

Medicare and Medicaid

The next question is about health insurance. Medicare is a public health insurance program for people 65 or older and for disabled persons. (Medicaid/STATE NAME FOR MEDICAID) is a public health insurance program for people with low incomes.
34. Are you currently covered by Medicare health insurance ${ }^{\mathrm{xxii}}$ ?

1. Yes
2. No
3. Don't Know
4. Refuse (I prefer not to answer)
5. Are you currently covered by (Medicaid/STATE NAME FOR MEDICAID) ${ }^{\text {xxiii }}$ ?
6. Yes
7. No
8. Don't Know
9. Refuse (I prefer not to answer)

## Income

36. Which category best describes your total annual household income?

Is your total annual household income greater than $\$ 20,000$ or less than that?

1. Less
2. Greater GO TO Q37
3. Don’t Know
4. Refuse (I prefer not to answer)
5. IF MORE THAN $\$ 20,000$ : Would you say it is....
$\qquad$
6. Between $\$ 20,000$ but less than $\$ 30,000$
7. Between $\$ 30,000$ but less than $\$ 40,000$ or
8. more than $\$ 50,000$
9. Don't Know
10. Refuse (I prefer not to answer)

HRS References http://hrsonline.isr.umich.edu/index.php?p=concord
${ }^{i}$ Core, section B, B000 Campbell et al (1976)
${ }^{i i}$ Core, section C, C001 Standard Survey Question
iii Core, section C, C005, C010, C018, C030, C036, C053, C069, C065, C070
${ }^{\text {iv }}$ Core, Section C, C065, C070
${ }^{v}$ Core, Section G, G003, G005, G009
${ }^{\text {vi }}$ Core, Section M, M006
vii Core, Section M, M008
viii Core, Section D, D101
${ }^{\text {ix }}$ Core, Section D, D110, D118
${ }^{\times}$Core, Section LB, Q23
${ }^{\text {xi }}$ Core, Section LB, Q23
${ }^{\text {xi }}$ Core, section LB*, Q20a,i Hughes, M. E., Waite, L. J., Hawkley, L. C., \& Cacioppo, J. T. (2004)
xiii Core, Section LB*, Q20a Hughes, M. E., Waite, L. J., Hawkley, L. C., \& Cacioppo, J. T. (2004)
xiv Core, Section LB*, Q20i Hughes, M. E., Waite, L. J., Hawkley, L. C., \& Cacioppo, J. T. (2004)
${ }^{\text {xv }}$ Core, Section LB*, Q20g
${ }^{\text {xvi }}$ Core Section, Section B MB091M
xvii Core Section, Section B , B028
xvii Core Section, Section B, MB014
xix Core Section, Section B, MB063
${ }^{x x}$ Core Section, Section A, MA008
${ }^{\text {xxi }}$ Core Section, Section E, E012
xxii Core Section, Section N, N001
xxiii Core Section, Section N, N006

