## SSA ATTACHMENT 6 HEALTHY COMMUNITIES STUDY



# HEALTHY COMMUNITIES STUDY FAMILY HOUSEHOLD VISIT PROTOCOL OVERVIEW FOR PARENTS/CAREGIVER PARTICIPANTS

This document provides an overview of the protocol for the family household visit for the parent/caregiver participant. Protocol materials include the recruitment script, consent and medical record release authorization forms, the anthropometric measurement recording form, and the Home Visit Interview survey instrument (sections that may be completed by the parent/caregiver are highlighted). These data collection materials will be used for the household visit in every community.

# Recruitment of Households with an Eligible Child and Adult Guardian

If the selected family is found to be eligible during the screening call (see **SSA Attachment 5** for the screening script) and is willing to participate in the study, the Battelle telephone interview will continue the call with the recruitment and scheduling script to provide further detail on the study, record basic contact information, enroll the family into the study, and schedule the date and time for the household visit. At the time of enrollment, 1 in 9 (approximately 11%) of the families within each community will be randomly selected to participate in the Enhanced Protocol, which involves a more detailed first visit, a second home visit 8-10 days later, and the use of an accelerometer by the child during the time between the two visits.

# **Consent of Parents/Caregivers**

Once a potential adult participant has completed the eligibility screening and recruitment on the phone and scheduled a home visit, a trained field interviewer will go to their home. The field interviewer will explain the study to the parent/caregiver and child in their home, review the consent documents, and answer any questions the parent/caregiver may have. At this time, the parent/caregiver will be asked to sign the informed consent form, which will indicate their consent to participate. If other parents/caregivers are living in the home and available to be measured, they will also be asked to sign the form indicating their agreement to be measured. Field interviewers will be trained to explain the study thoroughly and answer questions fully. They will be instructed to proceed only if the participants have provided their voluntary, informed consent. Field interviewers will be trained in Human Subjects Research, and will therefore know the guidelines regarding what qualifies as "informed" consent.

The data collection requirements for Standard and Enhanced Protocol participants are very different and every community will have families taking part in both protocol models. Therefore, the study will need to utilize 2 different consent forms. A master version of the adult consent form is provided with the shaded wording under Procedures and Compensation indicating where sentences or phrases will differ as appropriate to the 2 conditions.

# **Home Visit Data Collection**

As described earlier, every participating family will be administered at least one in-person home visit (home visit 1). Enhanced Protocol families have a second home visit (home visit 2) 8 to 10 days later. All of the questions to be asked of both Standard and Enhanced Protocol parent/caregivers during home visit 1 and home visit 2 using the study designed computer assisted interview (CAI) are provided. In addition to asking these computer-assisted questions, other data collection activities will take place in the home following consent.

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## Home Visit 1

While in the home, anthropometric measurements will be taken and recorded either directly on the computer or onto a paper form; the measurements on the paper form will be entered into the computer at the earliest opportunity before leaving the house. A medical record release form will also be completed and signed by the parent/caregiver. Data from this form will be entered into the study database by the field interviewer following the home visit. At this time the incentive will also be distributed.

If the family is participating in the Enhanced Protocol, during the first home visit the children's version of the National Cancer Institute (NCI) Automated Self-Administered 24-hour Dietary Recall (ASA24-Kids) will be completed for the previous day by using the study computer and its broadband card to access the online instrument. The dietary recall will be self-administered. The field interviewer will log on and enter the child's ID, note the date and time the interview commences, and then turn over the computer to the primary respondent. The primary respondent, along with the secondary respondent, will use the computer to enter the information prompted by the online mascot. The field interviewer will be trained to give a neutral introduction and clear instructions to the parent/caregiver and child regarding who is to respond and to encourage interchange to obtain the most accurate information about the child's food intake on the previous day. The ASA24-Kids dietary recall will take approximately 30 minutes. Data collected through this web instrument will later be downloaded following the NCI's procedures for data retrieval. Enhanced Protocol families will also be shown how to attach and detach the accelerometer during this first home visit, this demonstration is anticipated to take 2.5 minutes.

### Home Visit 2

At the second home visit, the accelerometer will be retrieved and the data from the device will be downloaded into the study database. The ASA24-Kids dietary recall will be administered for the previous day by using the study computer and its broadband card to access the online instrument and a Physical Behavior Activity Recall instrument will also be administered (this instrument is provided as part of the home visit questionnaire instrument under the Enhanced Protocol section). The second incentive will be distributed during this visit.

#### HEALTHY COMMUNITIES STUDY

# HOUSEHOLD RECRUITMENT AND HOME VISIT SCHEDULING SCRIPT [CONTINUED FROM SCREENING SCRIPT FOR ELIGIBLE RESPONDENTS]

Public reporting burden for this collection of information is estimated to average 11 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to: NIH, Project Clearance Branch, 6705 Rockledge Drive, MSC 7974, Bethesda, MD 20892-7974, ATTN: PRA (0925-0649). Do not return the completed form to this address.

Next I'm going to give you a brief summary of what we'll be doing during your home visit(s).

#### IF CHILD IS IN KINDERGARTEN THROUGH 5TH GRADE AND WAS SELECTED FOR STANDARD PROTOCOL:

Your home visit will last about 1 hour and 15 minutes. Both (CHILD NAME) and you will need to be present during the whole visit. During the home visit, the study team member will measure (CHILD NAME)'s height, weight and waist circumference and ask you to answer some survey questions. Children are also asked questions that vary based on their age, which you may need to help them answer. At the end of this visit, you will receive a gift worth \$25 and your child will receive a small toy as a thank you for finishing the visit.

#### IF CHILD IS IN KINDERGARTEN THROUGH 5TH GRADE AND WAS SELECTED FOR ENHANCED PROTOCOL:

You will have two home visits – the first one will last about 1 hour and 35 minutes and the second one will last about 50 minutes. Both (CHILD NAME) and you will need to be there for both visits for the whole visit. During the first home visit, the study team member will measure (CHILD NAME)'s height, weight and waist, ask you to answer some survey questions, and work with you to fill out a survey online where you report what foods your child ate on the day before the visit. Children are asked questions based on their age. You may need to help (CHILD NAME) answer some of the questions. The study team member will give you an activity monitor for your child to wear and show you how to use it. Your child will be asked to wear the monitor for approximately 8 days while (HE/SHE) is awake. At the end of this first visit, you will receive a gift worth \$25 and your child will receive a small toy as a thank you for finishing the visit. A week after your first home visit, the study team member will collect the activity monitor, ask you some additional questions, and do the food recall task again. Your family will get an additional \$50 money order at the end of this second visit.

IF CHILD IS IN 6TH THROUGH 8TH GRADE AND WAS SELECTED FOR STANDARD PROTOCOL:

Your home visit will last about 1 hour and 15 minutes. Both (CHILD NAME) and you will need to be present during the whole visit. During the home visit, the study team member will measure (CHILD NAME)'s height, weight and waist circumference and ask you to answer some survey questions. Children are also asked questions that vary based on their age, which you may need to help them answer. At the end of the visit, you will each receive a gift worth \$15 as a thank you for finishing the visit.

#### IF CHILD IS IN 6TH THROUGH 8TH GRADE AND WAS SELECTED FOR ENHANCED PROTOCOL:

You will have two home visits – the first one will last about 1 hour and 35 minutes and the second one will last about 50 minutes. Both (CHILD NAME) and you will need to be there for both visits for the whole visit. During the first home visit, the study team member will measure (CHILD NAME)'s height, weight and waist, ask you to answer some survey questions, and work with you to fill out a survey online where you report what foods your child ate on the day before the visit. Children are asked questions based on their age. You may need to help (CHILD NAME) answer some of the questions. The study team member will give you an activity monitor for your child to wear and show you how to use it. Your child will be asked to wear the monitor for approximately 8 days while (HE/SHE) is awake.

At the end of this first visit, you will each get a gift worth \$15 as a thank you for finishing the visit. Eight days after your first home visit, the study team member will return to your home. During the second home visit, the study team member will collect the activity monitor, ask you some additional questions, and do the food recall task again. Your family will get an additional \$50 money order at the end of this second visit.

Now I need to ask you a few questions to see which adults in your household we would like to be present during the visit.

Q1. Are you a legal guardian of (CHILD NAME), such that you can sign study related forms, including medical record release forms?

IF YES PROCEED. IF NO: May I please have the first name of (CHILD NAME)'s legal guardian?

Q2. Are you (CHILD NAME)'s biological parent?

- Q3.
- Since you are (CHILD NAME)'s biological parent, we will want to measure you. Could (CHILD NAME)'s other biological parent also be available to be measured during our visit?

IF YES: Ok, great. What is (HIS/HER) name? SKIP TO Q5.

*IF NO:* Ok -- does (CHILD NAME) have another adult caregiver who would be available to be measured during the visit?

IF YES: Great, could you please tell me his or her name and relationship to (CHILD NAME)?

Q4.

IF ADULT RESPONDENT IS NOT A BIOLOGICAL PARENT: Are (CHILD NAME)'s biological parents available to be measured during the home visit?

IF YES: What is (CHILD NAME)'s biological mother's name? What about (HIS/HER) biological father? IF NO SKIP TO Q5.

IF BIOLOGICAL PARENTS UNABLE TO BE MEASURED: Ok - does (CHILD NAME) have any other adult caregivers who would be available to be measured during the home visit?

IF YES: Could you please tell me the names and relationships of the other adult caregivers to (CHILD NAME)?

Q5. I would now like to schedule your home visit(s). We would like you and (CHILD NAME) to be there for the whole visit. We only need (NAME OF OTHER ADULT(S) BEING MEASURED) to be there for about 10 minutes at any time during the visit. ([IF ADULT RESPONDENT IS NOT LEGAL GUARDIAN]: Please make sure that (LEGAL GUARDIAN NAME) is there at the beginning of the visit to sign a form saying that (CHILD NAME) can be in the study.)

What day of the week and what time works best for you?

IF CHILD IS 12-15 YEARS OLD: Please let (CHILD NAME) know that (HE/SHE) will be actively involved during the majority of the appointment time.

Ok, so I have you scheduled for [DAY OF WEEK], [MONTH DAY] at [XX:XX AM/PM].

IF YES PROCEED. IF NO SKIP TO Q4.

ENHANCED HOUSEHOLDS: And your second appointment is scheduled for [DAY OF WEEK], [MONTH DAY] at [XX:XX AM/PM].

Q6.

In order for us to give your information to the study team member so that a home visit can be scheduled, I need to get your full contact information.

-Please tell me your full name.

-And what is (CHILD NAME)'s full name?

-What language(s) do you and (CHILD NAME) speak?

-I have (###-#####) listed as another number to reach you. Is that correct? [IF NOT, RECORD ALTERNATE NUMBER]. ([IF NO ALTERNATIVE NUMBER PROVIDED]: I did not see any other numbers where we can reach you. Do you have another phone number we can call to try to reach you?)

-Is there a family member or friend we can call if we have trouble reaching you at the numbers you just gave me?

*IF YES:* Ok, may I please have the full name, relationship, and phone number for that person? *IF NO:* Ok, that's fine.

We would like you to have your child's birth certificate available at the time of your home visit so that we can record the birth weight and length of your child and how far along you were in your pregnancy when you gave birth.

The study team member will call you to confirm your visit one to two days before the visit. If, at that time, your schedule changed, let the interviewer know and we can get your visit rescheduled.

Thank you so much for your time today. Please call us at ###-#### if you have any questions or if your schedule changes. Have a great day!

#### HEALTHY COMMUNITIES STUDY

#### MASTER ADULT CONSENT FORM FOR WAVE 2<sup>1</sup>

Public reporting burden for this collection of information is estimated to average 10 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to: NIH, Project Clearance Branch, 6705 Rockledge Drive, MSC 7974, Bethesda, MD 20892-7974, ATTN: PRA (0925-0649). Do not return the completed form to this address.

#### PURPOSE

The purpose of the Healthy Communities Study is to see what programs and policies in communities across the United States help children lead healthy lives. This study is being conducted by a research company, Battelle Memorial Institute. It is funded by the National Institutes of Health (NIH).

#### PROCEDURES – STANDARD PROTOCOL

If you agree to have you and your child participate in this study, a trained interviewer will come to your home one time. He or she will ask you and your child questions about nutrition and physical activity. The interviewer will also ask questions about your home and your community and will record the precise location of your home. This information will allow researchers to look at the specific resources and environment around the homes of study participants to understand where community programs have an impact.

Your answers will be recorded on a computer and some answers will be entered into the computer directly by you and your child. If your child is aged 12 or older when we come to your home, we will ask him or her to answer many of the questions without your help.

The interviewer will take measurements of your child including your child's height, weight, and waist circumference. A cosmetic pencil will be used to place a small mark on your child's hip in order to accurately place the tape measure for the waist measurement. The interviewer will also record current height and weight measurements for the child's parents/caregivers. If you are a parent/caregiver, the interviewer will measure your height and weight today, and measure the height and weight of the other parent/caregiver, if he or she lives here, is available today, and consents to being measured. If you are not the parent/caregiver, the interviewer will measure the height and weight of the parent/caregivers if either/both live here, are available today, and consent to being measured. If any parent/caregiver is not available or willing to be measured, we will ask you to report their latest known height and weight, if you know that information. All measurements will be repeated for accuracy. Finally, the interviewer will ask you to sign a form to let us look at your child's past medical records on file at your child's doctor's office to collect information on how your child has been growing. The entire visit today by the interviewer should take about 75 minutes.

We may also contact you again in the future when similar studies take place in your community. At that time you will be given the choice to participate in that new study or not.

#### PROCEDURES – ENHANCED PROTOCOL

If you agree to have you and your child participate in this study, a trained interviewer will come to your home two times. During the first visit, he or she will ask you and your child questions about nutrition and physical activity. The interviewer will also ask questions about your home and your community and will record the precise location of your home. This information will allow researchers

<sup>&</sup>lt;sup>1</sup> This master version of the adult consent form contains shaded wording under Procedures and Compensation indicating where sentences or phrases will differ as appropriate according to the type of protocol.

to look at the specific resources and environment around the homes of study participants to understand where community programs have an impact.

Your answers will be recorded on a computer and some answers will be entered into the computer directly by you and your child. If your child is aged 12 or older when we come to your home, we will ask him or her to answer many of the questions without your help.

The interviewer will take measurements of your child including your child's height, weight, and waist circumference. A cosmetic pencil will be used to place a small mark on your child's hip in order to accurately place the tape measure for the waist measurement. The interviewer will also record current height and weight measurements for the child's parents/caregivers. If you are a parent/caregiver, the interviewer will measure your height and weight today, and measure the height and weight of the other parent/caregiver, if he or she lives here, is available today, and consents to being measured. If you are not the parent/caregiver, the interviewer will measure the height and weight of the parents/caregivers if either/both live here, are available today, and consent to being measured. If any parent/careiver is not available or willing to be measured, we will ask you to report their latest known height and weight, if you know that information. All measurements will be repeated for accuracy.

Your child will be asked to wear an activity monitor for the next week. The monitor measures movement. It should be worn at all times except while sleeping or when in water, such as while bathing or swimming. The interviewer will show you how to put the monitor on (and take it off) your child.

You and your child will also be asked to recall what your child ate yesterday. Finally, the interviewer will ask you to sign a form to let us look at your child's past medical records on file at your child's doctor's office to collect information on how your child has been growing. The entire first visit by the interviewer should take about 95 minutes.

One week after the first visit, the interviewer will come back to your house to collect the activity monitor and repeat the food recall and the measurements. At this time, they will also ask you questions about what activities your child did yesterday. This second visit will take approximately 50 minutes.

We may also contact you again in the future when similar studies take place in your community. At that time you will be given the choice to participate in that new study or not.

#### HOW YOU WERE SELECTED

You are eligible to be in the study because you have a child in kindergarten through eighth grade living in your household and your household is located within one of the 264 communities we are studying. Approximately 21,000 children and their parents will eventually participate in this study.

#### DATA SECURITY

The study team will do everything they can to make sure your information stays private and secure. All study staff members are required to complete trainings on keeping your information safe. Study laptops and equipment are password protected. They also have programs to protect your information. Your information will be stored in a locked building with access limited to authorized study team members only.

Any forms with your name (or your child's name) will be kept separate from any papers that might be used to collect information about your child. Study data forms will only have your study identification number on it.

The only reasons we would have to reveal your study participation, as required by law, are:

- 1) if a case of child abuse is discovered during the study, or
- 2) if the Institutional Review Board (IRB), the body which oversees the protection of study participants, needs to review records.

If you let us look at your child's medical records, your doctor will know that you are in the study, but he or she will not have access to the information we collect during this study.

Final study results will be published on groups only. No individual information will be included. No individual in this study will be able to be identified.

#### **RISKS/DISCOMFORTS**

There are few known risks to participation in this study. Some of the questions we ask may be sensitive. Because the study is voluntary, you do not need to answer any question you do not feel comfortable answering. There is also a risk of your data being revealed. Every effort will be made to keep your information safe and secure.

#### BENEFITS

This study has no known individual benefits for participation. However, it is important for you and your child to participate because it will help researchers understand what programs and policies in the community help children to stay healthy. The results of this study could help improve existing and future programs/policies for children across the United States.

#### COSTS AND COMPENSATION

There is no cost to you for being in this study. In appreciation of your participation, after the [first] home visit if your child is in kindergarten through fifth grade, you will get a gift worth \$25 and a small age-appropriate toy for your child. If your child is in sixth through eighth grade and helps answer more of the study questions directly, you will each get a gift worth \$15.

At the end of yoursecond home visit, when the interviewer collects the activity monitor, your family will get an additional \$50 money order.

As an additional thank you for your participation in this study, at the end of the study, you will get a summary report of the study results for all participants as a group.

#### VOLUNTARY

Participation by you, your child, and any other parents/caregivers in this study is voluntary. You may ask questions at any time. You may refuse to answer any survey question. You may also drop out at any time without penalty to you or your child. If your child is aged 8 or older today, we will also ask your child to sign a form indicating his or her agreement to be in the study before we begin any data collection.

#### **CONTACT INFORMATION**

For questions about your rights as a study participant, contact: Battelle Institutional Review Board 1-877-810-9530

For questions or concerns about the study: Dr. Howard Fishbein Battelle Memorial Institute 703-248-1647

\_,

I have read this consent form and the study staff have answered my questions.

I, \_\_\_\_\_, parent/guardian of \_\_\_\_\_\_ Printed Parent/Guardian Full Name Printed Child Full Name

agree for myself and my child to participate in the "HEALTHY COMMUNITIES STUDY."

Parent/Guardian Signature

Date

Witness Signature

COMPLETE THE FOLLOWING FOR ANY PARENT/CAREGIVER NOT PARTICIPATING IN THE INTERVIEW WHO CONSENTS TO HAVE THEIR MEASUREMENTS TAKEN.

I agree to have my height and weight measured for the "HEALTHY COMMUNITIES STUDY."

Parent/Caregiver Signature

Parent/Caregiver Signature

## HIPAA COMPLIANT AUTHORIZATION TO RELEASE CONFIDENTIAL MEDICAL INFORMATION

Public reporting burden for this collection of information is estimated to average 5 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to: NIH, Project Clearance Branch, 6705 Rockledge Drive, MSC 7974, Bethesda, MD 20892-7974, ATTN: PRA (0925-0649). Do not return the completed form to this address.

Records and information obtained will be disclosed to: Examination Management Services, Inc. (EMSI), a subcontractor of Battelle Memorial Institute.

The purpose of this disclosure is to contribute to an ongoing research study. I, \_\_\_\_\_\_, (Name of Parent/Guardian) hereby authorize you to release all medical records and information within your possession, custody, or control regarding my child, \_\_\_\_\_\_ (Name of Parent/Guardian) hereby authorize you to pursuant to this Authorization. All records and information regarding diagnosis, testing, treatment, and prognosis of my child's physical or mental condition are to be released. Such records and information to be released may include, but not be limited to, the following: age at observation, length/height and weight, and any indication of nutritional, physical activity, or sedentary activity counseling in the medical record.

I, the undersigned, hereby authorize all medical practitioners, physicians, pharmacists, hospitals, clinics, nurses, records custodians, or anyone else located at:

Medical Record Number	Facility Name (i.e. hospital or clinic name)	Provider Name (i.e. name of doctor or nurse)	Provider Address	Provider Phone #	Please check all of the ages, in years, that the child saw this provider.	How many times do you think this provider measured this child's height and weight?	Will child continue to see this provider?
				() 	<1		□Yes □No
				() 	<1		□Yes □No
				() 	<1		□Yes □No

to release all records and information regarding my child.

Patient (Child)'s Name:			
	First	Middle Last	
Other Names Used:			
-			
Date of Birth://		Social Security Number:	

Specifics to be released: Medical Records

To be released to and exchanged between Examination Management Services, Inc. (EMSI), a subcontractor of Battelle Memorial Institute and their agents, contractors, employees, representatives, affiliates, and assigns as necessary to fulfill the purpose of this disclosure.

I understand when my child's medical records are disclosed pursuant to this Authorization, my child's medical records and the information contained in those records may become subject to further disclosure by Examination Management Services, Inc. (EMSI), a subcontractor of Battelle Memorial Institute. For example, Examination Management Services, Inc. (EMSI), a subcontractor of Battelle Memorial Institute may be required to provide it to the Institutional Review Board (IRB) (governing body that protects the rights of study participants). In this case, the information may no longer be protected by the rules governing this Authorization. This Authorization will remain in effect for three years from my date of signature below. I understand I may revoke this Authorization at any time by requesting such of EMSI in writing as its address stated above, unless action has already been taken in reliance upon it, or during a contestability period under applicable law. A photocopy of this Authorization will be treated in the same manner as the original.

I understand that if I refuse to sign this authorization to release my child's complete medical records, he/she may not be able to participate in the research study.

Signature of patient/guardian/ personal representative: Date: / /

Legal relationship to applicant: Legal relationship to applicant: \_\_\_\_\_ (only if signed above by guardian or personal representative)

Child Study ID: \_\_\_\_\_

## HEALTHY COMMUNITIES STUDY ANTHROPOMETRIC MEASUREMENT RECORDING FORM FOR PARENT/CAREGIVER

Public reporting burden for this collection of information is estimated to average 3.5 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to: NIH, Project Clearance Branch, 6705 Rockledge Drive, MSC 7974, Bethesda, MD 20892-7974, ATTN: PRA (0925-0649). Do not return the completed form to this address.

FOR ALL HEIGHT AND WAIST CIRCUMFERENCE MEASUREMENTS, RECORD MEASUREMENT IN CENTIMETERS TO THE NEAREST .1 CM. FOR ALL WEIGHT MEASUREMENTS, RECORD MEASUREMENT IN KILOGRAMS TO THE NEAREST .1 KG. IF PARENT/CAREGIVER REFUSES TO BE MEASURED OR IS NOT AVAILABLE, ASK FOR SELF-REPORT OR PROXY-REPORT HEIGHT AND WEIGHT.

Person Measured:	Child	ADULT1 ID#:	ADULT2 ID#:	
Birth Date	// 	// mm/ dd / yyyy	// mm/ dd / yyyy	
Height values       0 measured cm         (Select only one)       0 self-reported feet and inches         0 proxy reported feet and inches       0 proxy reported feet and inches         0 proxy reported centimeters       0 proxy reported centimeters         0 refused       0 don't know		O measured cm O self-reported feet and inches O self-reported centimeters O proxy reported feet and inches O proxy reported centimeters O refused O don't know	O measured cm O self-reported feet and inches O self-reported centimeters O proxy reported feet and inches O proxy reported centimeters O refused O don't know	
Height 1	··	··	··	
Height 2	· · ·	·	·	
Height 3*	· • •	··	· · ·	
Hair correction factor (cm)	0 0 Not applicable	0 0 Not applicable	0 0 Not applicable	
Weight values (Select only one)       0 Not applicable         0 measured kgs       0 self-reported pounds         0 self-reported kgs       0 proxy-reported pounds         0 proxy-reported kgs       0 proxy-reported kgs         0 orefused       0 don't know		O measured kgs O self-reported pounds O self-reported kgs O proxy-reported pounds O proxy-reported kgs O refused O don't know	O measured kgs O self-reported pounds O self-reported kgs O proxy-reported pounds O proxy-reported kgs O refused O don't know	
Weight 1	··	·	·	
Weight 2	·•	··	·•	
Weight 3*	·	··	·	

Form Approved OMB No. 0925-0649 Exp. Date:01/31/2015

HOUSEHOLD ID: \_\_\_\_\_

	0 no	0 no	0 no	
Cast or prosthesis O yes		0 yes	0 yes	
(Select only one)	0 not applicable(SKIP TO WAIST	0 not applicable(SKIP TO CLOTHING	0 not applicable(SKIP TO	
	CIRCUMFERENCE 1)	ITEMS WORN)	CLOTHING ITEMS WORN)	
Cast or prosthesis (specify)				
Waist Circumference 1 (cm)	· • •			
Waist Circumference 2 (cm)	· ·			
Waist Circumference 3*				
(cm)	· • • •			
	<b>□</b> T-shirt	<b>□</b> T-shirt	<b>□</b> T-shirt	
	Sleeveless top	Sleeveless top	Sleeveless top	
	□3/4 length shirt	□3/4 length shirt	□3/4 length shirt	
	Long-sleeved t-shirt	Long-sleeved t-shirt	Long-sleeved t-shirt	
	□Sweater	<b>□</b> Sweater	□Sweater	
	<b>□</b> Sweatshirt	□Sweatshirt	<b>□</b> Sweatshirt	
Clothing items worn	<b>□</b> Shorts	□Shorts	□Shorts	
(check all that apply)	Short skirt	Short skirt	☐Short skirt	
	□Capris	<b>□</b> Capris	□Capris	
	□Long skirt	□Long skirt	□Long skirt	
	□Jeans	Jeans	□Jeans	
	□Slacks	<b>□</b> Slacks	<b>□</b> Slacks	
	□Sweatpants	☐Sweatpants	<b>□</b> Sweatpants	
	Dress/Jumper	Dress/Jumper	[Dress/Jumper	
Macauna and Comments				
Measurement Comments				

\*A third measurement will be taken if:

- Height 1 and Height 2 are more than 0.5 centimeters different from one another
  Weight 1 and Weight 2 are more than 0.1 kilograms different from one another
- Waist Circumference 1 and Waist Circumference 2 are more than 2 centimeters different from one another

-XXXX

## HOME VISIT COMPUTER-ASSISTED INTERVIEW CONTENT

Public reporting burden for this collection of information is estimated to average 31 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to: NIH, Project Clearance Branch, 6705 Rockledge Drive, MSC 7974, Bethesda, MD 20892-7974, ATTN: PRA (0925-0649). Do not return the completed form to this address.

## HOME VISIT 1

NOTE: The following guestions will be asked during the first home visit for all Standard and Enhanced Protocol families. These questions will be programmed into a computer-assisted interview (CAI) and asked of the adult and/or child respondent as indicated. They will be asked by the interviewer or self-administered as indicated. These questions are in addition to other home visit data collection activities (modified windshield survey, anthropometric measurements, obtaining signed medical record release, instructing on use of the accelerometer) which will be completed on paper and in addition to completing the ASA24-Kids dietary recall through a website (for Enhanced Protocol families). No interviewer prompts, wording probes, or other question-by-question specifications are captured in this document. Those additional details will be provided in an annotated version to be used during interviewer training and will be programmed into the CAI. The ORDER of the questions in this version may be revised to adjust for the changes made to the instrument. Consideration will still be given to issues of child fatigue, need for privacy, etc., and when appropriate, simultaneous activities will be planned (for example, measuring the adult respondent while an older child respondent is self-completing sensitive questions).

#### SECTION A: COMMUNITY EXPOSURE

Interviewer administered Child aged 4 – 5: Adult respondent Child aged 6 – 11 Adult respondent/child present to assist Child aged 12 - 15: Child respondent/adult present to assist

The first questions ask about your community or neighborhood. A community has many different things including schools, after school programs, childcare centers, work places, businesses, food stores, and markets, restaurants, places for sports, places for entertainment, churches, and other locations for community activities, and billboards with advertising. HAND SHOW CARD A.

- A1. During the past six months, how often (have you/has your child) participated in or used any community or neighborhood programs or places that encourage healthy eating or make healthy eating easier? Would you say (READ ANSWERS)?
  - A. What were the names of the programs or places that encouraged healthy eating or made it easier?
- A2. During the past six months, how often (have you/has your child) participated in or used any community or neighborhood programs or places that encourage physical activity or make physical activity easier? Would you say (READ ANSWERS)?
  - A. What were the names of the programs or places that encouraged physical activity or made it easier?

Rarely Sometimes Often Very Often REFUSED	(SKIP TO A2)1 2 3 4 5 (SKIP TO A2)1 (SKIP TO A2)2
Never Rarely	(END SECTION)1
Sometimes Often Very Often REFUSED	3 

#### SECTION J: NUTRITION QUESTIONS (PIECE 1)

**Domain 1: Food and Beverage Intake** Interviewer administered Child aged 4 – 5: Adult respondent Child aged 6 – 8: Adult respondent/child present to assis Child aged 9 – 15: Child respondent/adult present to assist

These questions are about the different kinds of foods (you/your child) ate or drank during the past month, that is, the past 30 days. When answering, please include meals and snacks eaten at home, at school, in restaurants, and anyplace else. HAND SHOW CARD B.

child) eat hot or cold ce	During the past month, how often did (you/your child) eat <b>hot or cold cereals</b> ? You can answer per day, per week or per month.		PER DAY				
		NEVER REFUSED DON'T KNOW	(SKIP TO J3)	1			
IF J1 RESPONSE > 1 AND UNIT F IF J1 RESPONSE > 14 AND UNIT							

Α. You said (DISPLAY NUMBER FROM ABOVE) times per (DISPLAY UNIT FROM ABOVE). Is that correct?

J2. During the past month, what kinds of cereal did (you/your child) usually eat?

IF J1 RESPONSE > 60 AND UNIT RESPONSE = 3 (MONTH),

ASK A.

J3. During the past month, how often did (you/your child) have milk either to drink or on cereal? Do not include soy milk or small amounts of milk in coffee or tea. You can answer per day, per week or per month.

> INCLUDE: SKIM, NO-FAT, LOW-FAT, WHOLE MILK, BUTTERMILK, AND LACTOSE-FREE MILK. ALSO INCLUDE CHOCOLATE OR OTHER FLAVORED MILKS. DO NOT INCLUDE: CREAM.

NO REFUSED		
CEREAL2: (SELECT REFUSED	CEREAL FROM DROP DOWN LIST) CEREAL FROM DROP DOWN LIST) 1 2	

PER DAY PER WEEK PER MONTH		2
# OF TIMES		
NEVER	(SKIP TO J5)	0
REFUSED		
DON'T KNOW	(SKIP TO J5)	2

IFJ3 RESPONSE > 2 AND UNIT RESPONSE = 1 (DAY), (Does not apply for participants 4-11 years old) OR, IF J3 RESPONSE > 14 AND UNIT RESPONSE = 2 (WEEK), OR IF J3 RESPONSE > 60 AND UNIT RESPONSE = 3 (MONTH), ASK A.

A. You said (DISPLAY NUMBER FROM ABOVE) times per (DISPLAY UNIT FROM ABOVE). Is that correct?

YES	(CONTINUE)	1
NO	(RÉTURN TO J3)	2
REFUSED	(CONTINUE)	1
DON'T KNOW	(CONTINUE)	2

J4. During the past month, what **kind of milk** did (you/your child) usually drink?

WHOLE OR REGULAR MILK	1
2% FAT OR REDUCED-FAT MILK	2
1%, 1/2%, OR LOW-FAT MILK	3
FAT-FREE, SKIM OR NONFAT MILK	4
SOY MILK	5
OTHER	6
REFUSED	1
DON'T KNOW	2

J5. During the past month, how often did (you/your child) drink the following beverages? You can answer per day, per week or per month.

a. <b>Regular soda</b> or pop that contains sugar? Do	PER DAY 1	PER WEEK 2	PER MONTH 3	# OF TIMES	NEVER 0	RF -1	DK -2
not include diet soda							
<b>INCLUDE:</b> MANZANITA AND PEÑAFIEL SODAS. <b>DO NOT INCLUDE:</b> DIET OR SUGAR-FREE FRUIT DRINKS. DO NOT INCLUDE JUICES OR TEA IN CANS.							
IF J5a. RESPONSE > 2 AND UNIT =RESPONSE = 1 (DAY), OR IF J5a.RESPONSE > 14 AND UNIT RESPONSE = 2 (WEEK), OF IF J5a.RESPONSE > 60 AND UNIT RESPONSE = 3 (MONTH), ASK J5a1	२						
<ol> <li>You said (DISPLAY NUMBER FROM ABOVE) times per (DISPLAY UNIT FROM ABOVE). Is that correct?</li> </ol>		NO REFUSEI	D	(CON (RETURI (CON (CON	N TO Ĵ5a) FINUE)	2 1	
<ul> <li>b. 100% pure fruit juice such as orange, mango, apple, grape, and pineapple juices?</li> <li>Do not include fruit-flavored drinks with added sugar or fruit juice you made at home and added sugar to.</li> </ul>	1	2	3		0	-1	-2
INCLUDE: ONLY 100% PURE JUICES. DO NOT INCLUDE: FRUIT-FLAVORED DRINKS WITH ADDED SUGAR, LIKE CRANBERRY COCKTAIL, HI-C, LEMONADE, KOOL-AID, GATORADE, TAMPICO, AND SUNNY DELIGHT.							
IF J5b. RESPONSE > 1 AND UNIT RESPONSE = 1 (DAY) (Does IF J5b. RESPONSE > 14 AND UNIT RESPONSE = 2 (WEEK), O IF J5b. RESPONSE > 60 AND UNIT RESPONSE = 3 (MONTH), ASK J5b1		y for parti	cipants 4-1	1 years old) (	DR,		
<ol> <li>You said (DISPLAY NUMBER FROM ABOVE) times per (DISPLAY UNIT FROM ABOVE). Is that correct?</li> </ol>		NO REFUSEI	D	(CON (RETURI (CON (CON	N TO J5b) TINUE)	2 1	
				IF AGE 4-11	YEARS OI	LD, SKIP TO	) J5d.
c. <b>Coffee or tea</b> that had <b>sugar or honey</b> added to it? Include coffee and tea you sweetened yourself and presweetened tea and coffee drinks such as Arizona Iced Tea and Frappuccino. Do <b>not</b> include <b>artificially</b> sweetened coffee or diet tea.	1	2	3		0	-1	-2

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IF J5c. RESPONSE > 1 AND UNIT RESPONSE = 1 (DAY), OR IF J5c. RESPONSE > 14 AND UNIT RESPONSE = 2 (WEEK), OR IF J5c. RESPONSE > 60 AND UNIT RESPONSE = 3 (MONTH), ASK J5c1	
<ol> <li>You said (DISPLAY NUMBER FROM ABOVE) times per (DISPLAY UNIT FROM ABOVE). Is that correct?</li> </ol>	YES
d. <b>Sports or energy drinks</b> , such as Gatorade, 1 Red Bull, or Vitamin Water?	2 3 0 -1 -2
IF J5d. RESPONSE > 1 AND UNIT RESPONSE = 1 (DAY) (Does not IF J5d. RESPONSE > 14 AND UNIT RESPONSE = 2 (WEEK), OR IF J5d. RESPONSE > 60 AND UNIT RESPONSE = 3 (MONTH), ASK J5d1	apply for participants 4-11 years old) OR,
<ol> <li>You said (DISPLAY NUMBER FROM ABOVE) times per (DISPLAY UNIT FROM ABOVE). Is that correct?</li> </ol>	YES
e. <b>Sweetened fruit drinks</b> , such as Kool-Aid, 1 cranberry drink, Hi-C or lemonade? Include fruit drinks you made at home and added sugar to. Do <b>not</b> include diet drinks or artificially sweetened drinks.	2 3 0 -1 -2
INCLUDE: DRINKS WITH ADDED SUGAR, TAMPICO, SUNNY DELIGHT, AND TWISTER. DO NOT INCLUDE: 100% FRUIT JUICES OR SODA, YOGURT DRINKS, CARBONATED WATER OR FRUIT-FLAVORED TEAS.	
IF J5e. RESPONSE > 1 AND UNIT RESPONSE = 1 (DAY) (Does not IF J5e. RESPONSE > 14 AND UNIT RESPONSE = 2 (WEEK), OR IF J5e. RESPONSE > 60 AND UNIT RESPONSE = 3 (MONTH), ASK J5e1	apply for participants 4-11 years old) OR,
<ol> <li>You said (DISPLAY NUMBER FROM ABOVE) times per (DISPLAY UNIT FROM ABOVE). Is that correct?</li> </ol>	YES
During the past month, how often did (you/your child) eat the formonth.	llowing foods? You can answer per day, per week or per
f. <b>Fruit</b> ? Include fresh, frozen, or canned fruit. 1 Do <b>not</b> include juices	2 3 0 -1 -2
DO NOT INCLUDE: DRIED FRUITS.	
IF J5f. RESPONSE > 2 AND UNIT RESPONSE = 1 (DAY), OR IF J5f. RESPONSE > 14 AND UNIT RESPONSE = 2 (WEEK), OR IF J5f. RESPONSE > 60 AND UNIT RESPONSE = 3 (MONTH), ASK J5f1	
<ol> <li>You said (DISPLAY NUMBER FROM ABOVE) times per (DISPLAY UNIT FROM ABOVE). Is that correct?</li> </ol>	YES

					Form Approv OMB No. 09 Exp. Date:01	25-0649	d 5-XXXX xx/xxxx
g. A green leafy or lettuce salad, with or without other vegetables?	1	2	3	C	) -1	-2	
INCLUDE: SPINACH SALADS.							
IF J5g RESPONSE > 1 AND UNIT RESPONSE = 1 (DAY), OR IF J5g RESPONSE > 14 AND UNIT RESPONSE = 2 (WEEK), O IF J5g RESPONSE > 60 AND UNIT RESPONSE = 3 (MONTH), ASK J5g1	DR						
<ol> <li>You said (DISPLAY NUMBER FROM ABOVE) times per (DISPLAY UNIT FROM ABOVE). Is that correct?</li> </ol>		NO REFU	SED	(CONTIN (RETURN T (CONTIN (CONTIN	O J5g) IUE)	2 1	
h. Any kind of <b>fried potatoes</b> , including french fries, home fries, or hash brown potatoes?	1	2	3	(	) -1	-2	
DO NOT INCLUDE: POTATO CHIPS.							
IF J5h RESPONSE > 1 AND UNIT RESPONSE = 1 (DAY) , OR IF J5h RESPONSE > 14 AND UNIT RESPONSE = 2 (WEEK), O IF J5h RESPONSE > 60 AND UNIT RESPONSE = 3 (MONTH), ASK J5h1	DR						
<ol> <li>You said (DISPLAY NUMBER FROM ABOVE) times per (DISPLAY UNIT FROM ABOVE). Is that correct?</li> </ol>		NO REFU	SED	(CONTIN(CONTIN	O J5h) IUE)	2 1	
<ul> <li>Any other kind of potatoes, such as baked, boiled, mashed potatoes, sweet potatoes, or potato salad?</li> </ul>	1	2	3	C	) -1	-2	
<b>INCLUDE:</b> ALL TYPES OF POTATOES EXCEPT FRIED. INCLUDE POTATOES AU GRATIN, SCALLOPED POTATOES.							
IF J5i RESPONSE > 1 AND UNIT RESPONSE = 1 (DAY) , OR IF J5i RESPONSE > 14 AND UNIT RESPONSE = 2 (WEEK), C IF J5i RESPONSE > 60 AND UNIT RESPONSE = 3 (MONTH), ASK J5i1	R						
1. You said (DISPLAY NUMBER FROM ABOVE) times per (DISPLAY UNIT FROM ABOVE). Is that correct?		NO REFU	SED	(CONTIN (RETURN <sup>-</sup> (CONTIN (CONTIN	ΓΟ Ĵ5i) IUE)	2 1	
<ul> <li>Refried beans, baked beans, beans in soup, pork and beans or any other type of cooked dried beans? Do not include green beans.</li> </ul>	1	2	3	C	) -1	-2	
INCLUDE: SOYBEANS, KIDNEY, PINTO, GARBANZO, LENTILS, BLACK, BLACK-EYED PEAS, COW PEAS, AND LIMA BEANS.							
IF J5j RESPONSE > 1 AND UNIT RESPONSE = 1 (DAY) , OR IF J5j RESPONSE > 14 AND UNIT RESPONSE = 2 (WEEK), C IF J5j RESPONSE > 60 AND UNIT RESPONSE = 3 (MONTH), ASK J5j1	R						

-2

-1

1.	You said (DISPLAY NUMBER FROM
	ABOVE) times per (DISPLAY UNIT FROM
	ABOVE). Is that correct?

k. Not including what you just told me about lettuce salads, potatoes, cooked dried beans and not including rice, how often did (you/your child) eat **other vegetables**?

DO NOT INCLUDE: RICE EXAMPLES OF OTHER VEGETABLES INCLUDE: TOMATOES, GREEN BEANS, CARROTS, CORN, CABBAGE, BEAN SPROUTS, COLLARD GREENS, AND BROCCOLI. INCLUDE ANY FORM OF THE VEGETABLE (RAW, COOKED, CANNED, OR FROZEN).

IF J5k RESPONSE > 2 AND UNIT RESPONSE = 1 (DAY) , OR IF J5k RESPONSE > 14 AND UNIT RESPONSE = 2 (WEEK), OR IF J5k RESPONSE > 60 AND UNIT RESPONSE = 3 (MONTH), ASK J5k1

> 1. You said (DISPLAY NUMBER FROM ABOVE) times per (DISPLAY UNIT FROM ABOVE). Is that correct?

YES	(CONTINUE)	1
NO	(RETURN TO J5k)	2
REFUSED		1
DON'T KNOW		2

0

3

During the past month, how often did (you/your child) eat the following foods? You can answer per day, per week or per month.

1

2

I. Pizza? Include frozen pizza, fast foo	d pizza, 1	2	3	0	-1	-2
and homemade pizza						

IF J5I RESPONSE > 1 AND UNIT RESPONSE = 1 (DAY), OR IF J5I RESPONSE > 14 AND UNIT RESPONSE = 2 (WEEK), OR IF J5I RESPONSE > 60 AND UNIT RESPONSE = 3 (MONTH), ASK J5I1

1. You said (DISPLAY NUMBER FROM ABOVE) times per (DISPLAY UNIT FROM ABOVE). Is that correct?		NO REFU	SED	(CONTINUE) (RETURN TO J5I) (CONTINUE) (CONTINUE)	2 1	2
m. Mexican-type salsa made with tomato?	1	2	3	0	-1	-2

**INCLUDE:** ALL TOMATO-BASED SALSAS.

IF J5m RESPONSE > 1 AND UNIT RESPONSE = 1 (DAY), OR IF J5m RESPONSE > 14 AND UNIT RESPONSE = 2 (WEEK), OR IF J5m RESPONSE > 60 AND UNIT RESPONSE = 3 (MONTH), ASK J5m1

> 1. You said (DISPLAY NUMBER FROM ABOVE) times per (DISPLAY UNIT FROM ABOVE). Is that correct?

YES		1
NO	(RETURN TO J5m)	2
REFUSED	(CONTINUE)	1
DON'T KNOW		2

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n. <b>Tomato sauces</b> such as with spaghetti, noodles, or mixed into foods such as lasagna? Please do not count tomato sauce on pizza.	1	2	3	C	)	-1	-2
IF J5n RESPONSE > 1 AND UNIT RESPONSE = 1 (DAY) , OR IF J5n RESPONSE > 14 AND UNIT RESPONSE = 2 (WEEK), OF IF J5n RESPONSE > 60 AND UNIT RESPONSE = 3 (MONTH), ASK J5n1	2						
1. You said (DISPLAY NUMBER FROM ABOVE) times per (DISPLAY UNIT FROM ABOVE). Is that correct?		NO REFUSE		RÈTURN T	O Ĵ5n) IUE)	2 1	
<ul> <li>Cheese? Include cheese as a snack, cheese on burgers, sandwiches, and cheese in foods such as lasagna, quesadillas, or casseroles. Please do not count cheese on pizza</li> </ul>	1	2	3	C	)	-1	-2
<b>INCLUDE:</b> MACARONI AND CHEESE, ENCHILADAS. <b>DO NOT INCLUDE:</b> CREAM CHEESE OR CHEESES MADE FROM NON-DAIRY FOODS, SUCH AS SOY OR RICE, OR CHEESE ON PIZZA.							
IF J50 RESPONSE > 1 AND UNIT RESPONSE = 1 (DAY) , OR IF J50 RESPONSE > 14 AND UNIT RESPONSE = 2 (WEEK), OF IF J50 RESPONSE > 60 AND UNIT RESPONSE = 3 (MONTH), ASK J501	2						
<ol> <li>You said (DISPLAY NUMBER FROM ABOVE) times per (DISPLAY UNIT FROM ABOVE). Is that correct?</li> </ol>		NO REFUSE		RÈTURN T	O Ĵ50) IUE)	2 1	
<ul> <li>p. Whole grain bread including toast, rolls and in sandwiches? Whole grain breads include whole wheat, rye, oatmeal, and pumpernickel. Do not include white bread.</li> </ul>	1	2	3	C	)	-1	-2
<b>INCLUDE:</b> CRACKED WHEAT, MULTI-GRAIN, BRAN BREADS, WHOLE GRAIN WHITE BREAD.							
IF J5p RESPONSE > 1 AND UNIT RESPONSE = 1 (DAY) , OR IF J5p RESPONSE > 14 AND UNIT RESPONSE = 2 (WEEK), OF IF J5p RESPONSE > 60 AND UNIT RESPONSE = 3 (MONTH), ASK J5p1	2						
<ol> <li>You said (DISPLAY NUMBER FROM ABOVE) times per (DISPLAY UNIT FROM ABOVE). Is that correct?</li> </ol>		NO REFUSE		RÈTURN T (CONTIN	O Ĵ5p) IUE)	2 1	
<ul> <li>g. Brown rice or other cooked whole grains, such as bulgur, cracked wheat, or millet? Do not include white rice.</li> </ul>	1	2	3	C	)	-1	-2
BROWN RICE IS A TYPE OF WHOLE GRAIN. IT IS BROWN IN COLOR AND TAKES LONGER TO COOK THAN WHITE RICE. IT CONTAINS ALMOST ALL OF THE RICE GRAIN AND IS NOT AS PROCESSED AS WHITE RICE. COMPARED TO WHITE RICE IT ALSO CONTAINS MORE FIBER AND MORE OF SOME VITAMINS AND MINERALS THAT ARE LOST DURING THE PROCESSING OF RICE.							

IF J5q RESPONSE > 1 AND UNIT RESPONSE = 1 (DAY), OR				
IF J5q RESPONSE > 14 AND UNIT RESPONSE = 1 (DAY), OR IF J5q RESPONSE > 14 AND UNIT RESPONSE = 2 (WEEK), OR				
IF J5q RESPONSE > 60 AND UNIT RESPONSE = 3 (MONTH),				
ASK J5q1				
1. You said (DISPLAY NUMBER FROM		(CONTINUE). (RETURN TO J5		
ABOVE) times per (DISPLAY UNIT FROM		(CONTINUE).		
ABOVE). Is that correct?	DON'T KNOW.	(CONTINUE).		2
During the past month, how often did (you/your child) eat the formonth.	llowing foods? Y	ou can answer per day,	per week o	or per
r. <b>Chocolate</b> or any other types of <b>candy</b> ? Do 1 <b>not</b> include <b>sugar-free</b> candy.	2 3	0	-1	-2
IF J5r RESPONSE > 1 AND UNIT RESPONSE = 1 (DAY) , OR IF J5r RESPONSE > 14 AND UNIT RESPONSE = 2 (WEEK), OR IF J5r RESPONSE > 60 AND UNIT RESPONSE = 3 (MONTH), ASK J5r1				
1. You said (DISPLAY NUMBER FROM		(CONTINUE).		
ABOVE) times per (DISPLAY UNIT FROM		(RÉTURN TO J5 (CONTINUE).		
ABOVE). Is that correct?		(CONTINUE).		
<ul> <li>Doughnuts, sweet rolls, Danish, muffins, pan 1 dulce, or pop-tarts? Do not include sugar- free items.</li> </ul>	2 3	0	-1	-2
INCLUDE: LOW-FAT KINDS. DO NOT INCLUDE: PANCAKES, WAFFLES, FRENCH TOAST, CAKE, ICE CREAM AND OTHER FROZEN DESSERTS OR CANDY.				
IF J5s RESPONSE > 1 AND UNIT RESPONSE = 1 (DAY) , OR IF J5s RESPONSE > 14 AND UNIT RESPONSE = 2 (WEEK), OR IF J5s RESPONSE > 60 AND UNIT RESPONSE = 3 (MONTH), ASK J5s1				
	VEC			1
1. You said (DISPLAY NUMBER FROM	NO	(CONTINUE). (RETURN TO J5	s)	.1 .2
ABOVE) times per (DISPLAY UNIT FROM ABOVE). Is that correct?	REFUSED	(CONTINUE).	<del>.</del>	-1
Above). Is that concerts	DON'T KNOW.	(CONTINUE).		2
t. <b>Cookies, cake, pie or brownies</b> ? Do <b>not</b> 1 include <b>sugar-free</b> kinds.	2 3	0	-1	-2
INCLUDE: LOW-FAT KINDS, TWINKIES AND				
HOSTESS CUPCAKES.				
<b>DO NOT INCLUDE:</b> ICE CREAM AND OTHER FROZEN DESSERTS OR CANDY.				
IF J5t RESPONSE > 1 AND UNIT RESPONSE = 1 (DAY) , OR IF J5t RESPONSE > 14 AND UNIT RESPONSE = 2 (WEEK), OR IF J5t RESPONSE > 60 AND UNIT RESPONSE = 3 (MONTH), ASK J5t1				
		/		_
1. You said (DISPLAY NUMBER FROM		(CONTINUE). (RETURN TO J5		
ABOVE) times per (DISPLAY UNIT FROM		(CONTINUE).		

ABOVE). Is that correct?

YES	(CONTINUE)	1
NO	(RÈTURN TO J5t)	2
REFUSED		1
DON'T KNOW		2

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u. Ice cream or other frozen desserts? Do not include sugar-free kinds, popsicles, or sno-cones.	1	2	3	0		-1	-2
<b>INCLUDE:</b> LOW-FAT KINDS. ALSO INCLUDE FROZEN YOGURT AND SHERBET. <b>DO NOT INCLUDE:</b> NON-DAIRY FROZEN DESSERTS, SUCH AS SORBET, SNO-CONES, POPSICLES.							
IF J5u RESPONSE > 1 AND UNIT RESPONSE = 1 (DAY), OR IF J5u RESPONSE > 14 AND UNIT RESPONSE = 2 (WEEK), O IF J5u RESPONSE > 60 AND UNIT RESPONSE = 3 (MONTH), ASK J5u1	DR						
1. You said (DISPLAY NUMBER FROM ABOVE) times per (DISPLAY UNIT FROM ABOVE). Is that correct?		NO REFUS	ED	(CONTIN (RETURN T (CONTIN (CONTIN	O Ĵ5u) UE)	2 1	
v. Popcorn?	1	2	3	0		-1	-2
INCLUDE: LOW-FAT POPCORN.							
IF J5v RESPONSE > 1 AND UNIT RESPONSE = 1 (DAY) , OR IF J5v RESPONSE > 14 AND UNIT RESPONSE = 2 (WEEK), O IF J5v RESPONSE > 60 AND UNIT RESPONSE = 3 (MONTH), ASK J5v1							
1. You said (DISPLAY NUMBER FROM ABOVE) times per (DISPLAY UNIT FROM ABOVE). Is that correct?		NO REFUS	ED	(CONTIN (RETURN T (CONTIN (CONTIN	O Ĵ5v) UE)	2 1	
w. Potato chips, corn chips, or crackers?	1	2	3	0		-1	-2
INCLUDE: LOW-FAT KINDS.							
IF J5w RESPONSE > 1 AND UNIT RESPONSE = 1 (DAY) , OR IF J5w RESPONSE > 14 AND UNIT RESPONSE = 2 (WEEK), ( IF J5w RESPONSE > 60 AND UNIT RESPONSE = 3 (MONTH) ASK J5w1	OR						
1. You said (DISPLAY NUMBER FROM ABOVE) times per (DISPLAY UNIT FROM ABOVE). Is that correct?		NO REFUS	ED	(CONTIN (RETURN T (CONTIN (CONTIN	O J5w) UE)	2 1	
Domain 2: Food Patterns and Behaviors Interviewer administered Child aged 4 – 5: Adult respondent Child aged 6 – 8: Adult respondent/child present to assist Child aged 9 – 11: Child respondent/adult present to assist Child aged 12 – 15: Child respondent							
These next questions are about meals during the past we	ek, that	is, the pa	ast 7 days.				
16 During the past 7 days, on how many days did		5.0.40					

JU.	During the past 7 days, on now many days du
	(you/your child) eat breakfast or a morning meal?

DAYS	
REFUSED	-1
DON'T KNOW	-2

5-XXXX

- J7. HAND SHOW CARD A. When (you eat/your child eats) at home, how often is a television on while you are eating? Would you say (READ ANSWERS)?
- J8. During the past 7 days, on how many days did (you/your child) eat or drink anything from a fast food restaurant such as McDonald's, Taco Bell, or KFC?
- J9. During the past 7 days, on how many days did (you/your child) and all or most of your family sit down and eat dinners or suppers together?

Never	1
Rarely	2
Sometimes	3
Often	
Very Often	5
REFUSED	
DON'T KNOW	2

DAYS	
REFUSED	1
DON'T KNOW	2

DAYS	
REFUSED	1
DON'T KNOW	2

# Domain 3: Perceived Social Support Regarding Healthy Eating and Peer Influence

Interviewer administered Child aged 4 – 5: Adult respondent – Family ratings only Child aged 6 – 8: Adult respondent/child present to assist – Family ratings only Child aged 9 – 11: Child respondent/adult present to assist – Family ratings only Child aged 12 – 15: Child respondent – Ratings of both Family and Friends

I am next going to read a list of things people might do or say to someone who is trying to improve their eating habits. (Please rate each guestion twice.) (For family, rate/Rate) how often anyone living in your household has said or done what is described during the last month. (For friends, rate how often your friends have said or done what is described, during the last month.) HAND SHOW CARD A.

J10.		imented (you/your child) on eating habits, ample "Keep it up," "We are proud of you".	Never	Rarely	Sometimes	Often	Very Often	RF	DK
	a.	Would you say your family has done this (READ ANSWERS)?	1	2	3	4	5	-1	-2
	b.	Would you say your friends have done this (READ ANSWERS)?	1	2	3	4	5	-1	-2
J11.		raged (you/your child) to eat fruits and bles when tempted not to.	Never	Rarely	Sometimes	Often	Very Often	RF	DK
	a.	Would you say your family has done this (READ ANSWERS)?	1	2	3	4	5	-1	-2
	b.	Would you say your friends have done this (READ ANSWERS)?	1	2	3	4	5	-1	-2

### **Domain 5: Perceived School Environment Regarding Healthy Eating**

Interviewer administered

Child aged 4 – 8: Adult respondent/child present to assist Child aged 9 – 11: Child respondent/adult present to assist

Child aged 12 – 15: Child respondent

I'm going to read you statements about foods at school during this school year. How often are these statements true in your opinion? HAND SHOW CARD A. Would you say never, rarely, sometimes, often, or very often?

J12. The school lunch is healthy.

NEVER	1
RARELY	
SOMETIMES	3
OFTEN	4
VERY OFTEN	5
DOES NOT APPLY/NO SCHOOL LUNCH	6
REFUSED	1
DON'T KNOW	2

J13. The foods and beverages that are sold in places like vending machines, snack bars, carts, or stores at my (child's) school are healthy.

NEVER       1         RARELY       2         SOMETIMES       3         OFTEN       4         VERY OFTEN       5         DOES NOT APPLY/NO FOODS OR BEVERAGES SOLD A         SCHOOL VENDING MACHINES, SNACK BARS, CARTS, C         STORES       6         REFUSED       -1         DON'T KNOW       -2	
DON'T KNOW2	

Think about this school year, when you answer the following questions.

- J14. How many days a week (does your child/do you) usually eat the school breakfast?
- J15. How many days a week (does your child/do you) usually eat the school lunch?

DAYS	
DOES NOT APPLY/NO SCHOOL BREAKFAST	3
REFUSED	1
DON'T KNOW	2

DAYS	
DOES NOT APPLY/NO SCHOOL LUNCH	3
REFUSED	1
DON'T KNOW	-2

#### SECTION G: PHYSICAL ACTIVITY BEHAVIORS RECALL Self administered

Child aged 4 – 8: Adult respondent/child present to assist Child aged 9 – 15: Child respondent/ adult present to assist

Now we have a few questions that we would like (CHILD/you) to answer on the computer with (your/ CHILD's) help. I can show you how to get started with the questions. DEMONSTRATE COMPUTER USAGE TO CHILD & ADULT AND PROVIDE AGE AND GENDER APPROPRIATE INTENSITY SHOW CARD. MAKE SURE BOTH ADULT AND CHILD KNOW HOW TO ANSWER QUESTIONS ON THE TABLET BECAUSE BOTH WILL NEED TO COMPLETE SELF-ADMINISTERED SECTIONS LATER IN THE INTERVIEW.

The next questions are going to ask you about the activities that (you have/your child has) done over the **past week**. Please only think about the activities (**you have/your child has) done** between last (DAY OF WEEK) and today, not activities that (you like/your child likes) or would like to do. For each activity, answer whether or not (you/your child) did the activity in the past 7 days (one week). For those activities that you mark yes, then select the days on which (you/your child) did the activity. Then, using the word and picture descriptions on the card as a guide, select how physically hard or intense the activity was. Remember, these pictures are just a guide, and not the activities you are answering questions about.

Once you have finished this part, you will be asked some additional questions about the activities that (you/your child) did yesterday.

5-XXXX

xx/xxxx

## **INTENSITY RATINGS FOR BOYS AGED 4 - 11:**

<u>Light</u> slow, easy movement



Hard fast pace movement



INTENSITY RATINGS FOR GIRLS AGED 4 – 11: Light slow, easy movement



Hard fast pace movement



Moderate medium pace movement



<u>Very hard</u> very fast pace movement



Moderate medium pace movement



Very hard very fast pace movement



## INTENSITY RATINGS FOR BOYS AGED 12 - 15: Light slow, easy movement



Hard fast pace movement



**INTENSITY RATINGS FOR GIRLS AGED 12 - 15:** 

<u>Light</u> slow, easy movement



Hard fast pace movement



Moderate medium pace movement



Very hard very fast pace movement



Moderate medium pace movement



<u>Very hard</u> very fast pace movement



-XXXX

kx/xxxx

- G1. Did (you/your child) have physical education (PE) class in school in the past 7 days?
  - A. Which days did (you/your child) **have PE**? Choose all the days that apply.
  - B. How physically hard or intense was this activity?
- G2. Did (you/your child) have recess or other freeplay at school in the past 7 days?
  - A. Which days did (you/your child) **have** recess or other free-play at school? Choose all the days that apply.
  - 2. (Were you/Was your child) physically active during recess or free play?
  - C. How physically hard or intense was this activity?
- G3. Did (you/your child) have dance or other physically active classes at school (other than PE class) in the past 7 days?
  - A. Which days did (you/your child) have dance or other physically active classes at school (other than PE class)? Choose all the days that apply.
  - B. How physically hard or intense was this activity?
- G4. Did (you/your child) participate in physical activity breaks during classes at school in the past 7 days?

YES	
NO	.(SKIP TO G2)2
DEFLICED	.(SKIP TO G2)1
REFUSED	.(SKIP 10 G2)1
DON'T KNOW	(SKIP TO G2)2
MONDAY	2
TUESDAY	
WEDNESDAY	4
THURSDAY	5
FRIDAY	6
	1
	Z
	1
MODERATE	2
HARD	
REFUSED	1
DON'T KNOW	2
YES	
NO	.(SKIP TO G3)2
REFUSED	.(SKIP TO G3)1
DON'T KNOW	(SKIP TO G3)2
20111110	
MONDAY	2
	3
WEDNESDAY	4
THURSDAY	5
	6
REFUSED	1
DON'T KNOW	-2
VEC	
YES	
YES	
NO	.(SKIP TO G3)2
NO	.(SKIP TO G3)2
NO REFUSED	.(SKIP TO G3)2 .(SKIP TO G3)1
NO REFUSED	.(SKIP TO G3)2
NO REFUSED	.(SKIP TO G3)2 .(SKIP TO G3)1
NO REFUSED DON'T KNOW	.(SKIP TO G3)2 .(SKIP TO G3)1 .(SKIP TO G3)2
NO REFUSED DON'T KNOW	.(SKIP TO G3)2 .(SKIP TO G3)1 .(SKIP TO G3)2
NO REFUSED DON'T KNOW	.(SKIP TO G3)2 .(SKIP TO G3)1 .(SKIP TO G3)2
NO REFUSED DON'T KNOW LIGHT MODERATE	.(SKIP TO G3)2 .(SKIP TO G3)1 .(SKIP TO G3)2
NO REFUSED DON'T KNOW LIGHT MODERATE HARD	.(SKIP TO G3)
NO REFUSED DON'T KNOW LIGHT MODERATE HARD VERY HARD	.(SKIP TO G3)
NO REFUSED DON'T KNOW LIGHT MODERATE HARD VERY HARD REFUSED	.(SKIP TO G3)
NO REFUSED DON'T KNOW LIGHT MODERATE HARD VERY HARD REFUSED	.(SKIP TO G3)
NO REFUSED DON'T KNOW LIGHT MODERATE HARD VERY HARD REFUSED	.(SKIP TO G3)
NO REFUSED DON'T KNOW HIGHT MODERATE HARD VERY HARD REFUSED DON'T KNOW	.(SKIP TO G3)
NO REFUSED DON'T KNOW HIGHT MODERATE HARD VERY HARD REFUSED DON'T KNOW YES.	.(SKIP TO G3)
NO REFUSED DON'T KNOW HIGHT MODERATE HARD VERY HARD REFUSED DON'T KNOW YES.	.(SKIP TO G3)
NO REFUSED DON'T KNOW MODERATE HARD VERY HARD REFUSED DON'T KNOW YES NO	.(SKIP TO G3)
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NOREFUSEDDON'T KNOW DON'T KNOW MODERATE HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED	.(SKIP TO G3)
NOREFUSEDDON'T KNOW DON'T KNOW MODERATE HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED	.(SKIP TO G3)
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NOREFUSEDDON'T KNOW DON'T KNOW MODERATEHARD HARD VERY HARD REFUSED DON'T KNOW PEFUSED DON'T KNOW	.(SKIP TO G3)
NOREFUSEDDON'T KNOWDON'T KNO	.(SKIP TO G3)
NOREFUSEDDON'T KNOW DON'T KNOW MODERATEHARD HARD VERY HARD REFUSEDDON'T KNOW YES NO REFUSED DON'T KNOW MONDAY TUESDAY	.(SKIP TO G3)
NOREFUSEDDON'T KNOW DON'T KNOW MODERATEHARD. VERY HARD. REFUSEDDON'T KNOW YES NO REFUSEDDON'T KNOW DON'T KNOW MONDAY TUESDAY WEDNESDAY	.(SKIP TO G3)
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NOREFUSEDDON'T KNOW DON'T KNOW MODERATEHARD. VERY HARD. REFUSEDDON'T KNOW YES NO REFUSEDDON'T KNOW MONDAY TUESDAY WEDNESDAY THURSDAY	.(SKIP TO G3)
NOREFUSEDDON'T KNOW DON'T KNOW MODERATEHARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW MONDAY TUESDAY WEDNESDAY FRIDAY FRIDAY FRIDAY	.(SKIP TO G3)
NOREFUSEDDON'T KNOWDON'T KNOWDON'T KNOWDENTER ARDDENTER	.(SKIP TO G3)
NOREFUSEDDON'T KNOWDON'T KNOWDON'T KNOWDENERATEHARDVERY HARDVERY HAR	.(SKIP TO G3)
NOREFUSEDDON'T KNOWDON'T KNOWDON'T KNOWDENERATEHARDVERY HARDVERY HAR	.(SKIP TO G3)
NOREFUSEDDON'T KNOWDON'T KNOWDON'T KNOWDENTER ARDDENTER ARD	.(SKIP TO G3)
NOREFUSEDDON'T KNOW DON'T KNOW MODERATEHARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW MONDAY TUESDAY WEDNESDAY FRIDAY FRIDAY FRIDAY REFUSED DON'T KNOW LIGHT	.(SKIP TO G3)
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NOREFUSEDDON'T KNOW DON'T KNOW HARD	.(SKIP TO G3)       2         .(SKIP TO G3)       -1         .(SKIP TO G3)       -2
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NOREFUSEDDON'T KNOW DON'T KNOW HARD	.(SKIP TO G3)       2         .(SKIP TO G3)       -1         .(SKIP TO G3)       -2
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-XXXX

kx/xxxx

- A. Which days did (you/your child) participate in physical activity breaks during classes at school? Choose all the days that apply.
- B. How physically hard or intense was this activity?
- G5. Did (you/your child) practice or play with a school sports team in the past 7 days?
  - A. Which days did (you/your child) practice or play with a school sports team? Choose all the days that apply.
  - B. How physically hard or intense was this activity?
- G6. Did (you/your child) practice or play with a nonschool sports team in the past 7 days?
  - A. Which days did (you/your child) **practice or play with a non-school sports team**? Choose all the days that apply.
  - B. How physically hard or intense was this activity?
- G7. Did (you/your child) participate in pick-up sports (basketball, football, baseball/softball, etc.) in the past 7 days?

	2
TUESDAY	3
THURSDAY	5
	6
REFUSED	1
	2
	1
LIGH I	l
MODERATE	2
VERY HARD	4
DEELIGED	1
REF03ED	
DON'I KNOW	2
YES	
NO	(SKIP TO G6)2
REFUSED	(SKIP TO G6)1
DON'T KNOW	(SKIP TO G6)2
	,
SUNDAY	1
	2
IUESDAY	3
	4
THURSDAY	5
FRIDAY	6
SATURDAY	7
REFUSED	1
DON'T KNOW	2
LIGH I	1
MODERATE	2
	3
VERY HARD	4
VERY HARD REFUSED	
VERY HARD REFUSED	
VERY HARD REFUSED	4
very Hard Refused Don't Know	
very Hard Refused Don't Know	
VERY HARD REFUSED DON'T KNOW YES	
VERY HARD REFUSED DON'T KNOW YES NO	
VERY HARD REFUSED DON'T KNOW YES NO REFUSED	(SKIP TO G7)
VERY HARD REFUSED DON'T KNOW YES NO REFUSED	(SKIP TO G7)
VERY HARD REFUSED DON'T KNOW YES NO REFUSED	
VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW	(SKIP TO G7)
VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW	(SKIP TO G7)
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VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW SUNDAY MONDAY	
VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW SUNDAY MONDAY	
VERY HARD REFUSED DON'T KNOW YES NO NO REFUSED DON'T KNOW SUNDAY TUESDAY	(SKIP TO G7)
VERY HARD REFUSED DON'T KNOW YES NO NO REFUSED DON'T KNOW SUNDAY MONDAY TUESDAY WEDNESDAY	(SKIP TO G7)
VERY HARD REFUSED DON'T KNOW YES NO NO REFUSED DON'T KNOW SUNDAY MONDAY TUESDAY WEDNESDAY	(SKIP TO G7)
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-XXXX

kx/xxxx

- A. Which days did (you/your child) participate in pick-up sports? Choose all the days that apply.
- B. How physically hard or intense was this activity?
- G8. Did (you/your child) **participate in physical activity during an afterschool program** in the past 7 days?
  - A. Which days did (you/your child) participate in physical activity during an afterschool program? Choose all the days that apply.
  - B. How physically hard or intense was this activity?
- G9. Did (you/your child) play any physically active games (hopscotch, red rover, tag, jumping rope, skating, etc.) in the past 7 days?
  - A. Which days did (you/your child) play any physically active games? Choose all the days that apply.
  - B. How physically hard or intense was this activity?
- G10. Did (you/your child) swim or play games in a pool, lake, or ocean in the past 7 days?

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY REFUSED DON'T KNOW	1 2 3 4 5 6 7 7 -1 -2
MODERATE HARD VERY HARD REFUSED DON'T KNOW	1 2 3 4 
NO REFUSED DON'T KNOW	1 (SKIP TO G9)
TUESDAY WEDNESDAY THURSDAY FRIDAY REFUSED	2 3 4 5 6 
MODERATE HARD VERY HARD REFUSED	1 2 3 4 1 -2
NO REFUSED	
MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY REFUSED	1 2 3 4 5 6 7 7 -1 -2
MODERATE HARD VERY HARD REFUSED	1 2 3 4 -1 -2
NO REFUSED	.(SKIP TO G11)

- A. Which days did (you/your child) **swim or play games in a pool, lake, or ocean**? Choose all the days that apply.
- B. How physically hard or intense was this activity?
- G11. Did (you/your child) do any outdoor or adventure sports (hiking, kayaking, rock climbing, surfing, skiing, etc.) in the past 7 days?
  - A. Which days did (you/your child) **do any outdoor or adventure sports**? Choose all the days that apply.
  - B. How physically hard or intense was this activity?
- G12. Did (you/your child) walk or bike to or from school in the past 7 days?
  - A. Which days did (you/your child) **walk or bike to or from school**? Choose all the days that apply.
  - B. How physically hard or intense was this activity?
- G13. Did (you/your child) walk or bike to or from a store, park, or playground or a friend's house in the past 7 days?

SUNDAY	
MONDAY	2
	3
	4
	5
	6
	7
	1
DON'T KNOW	2
	1
	2
	3
	4
	1
DON'T KNOW	2
YES	
NO	(SKIP TO G12)2
REFUSED	(SKIP TO G12)1
DON'T KNOW	(SKIP TO G12)2
	1
	2
TUESDAY	3
	4
THURSDAY	5
	6
	7
	1
DON'T KNOW	2
	1
MODERATE	2
MODERATE HARD	2
MODERATE HARD VERY HARD	
MODERATE HARD VERY HARD REFUSED	2 3 4 1
MODERATE HARD VERY HARD REFUSED	
MODERATE HARD VERY HARD REFUSED DON'T KNOW	2 3 4 
MODERATE HARD VERY HARD REFUSED DON'T KNOW YES	2 3 4 
MODERATE HARD VERY HARD REFUSED DON'T KNOW YES NO	2 3 4 
MODERATE HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED	2 3 4 
MODERATE HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED	2 3 4 
MODERATE HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW	2 3 4 
MODERATE HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW MONDAY	2 3 4 
MODERATE HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW MONDAY TUESDAY	2 3 4 1 2 (SKIP TO G13)
MODERATE HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW MONDAY TUESDAY WEDNESDAY	2 3 4 1 2 (SKIP TO G13)
MODERATE HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW MONDAY TUESDAY WEDNESDAY THURSDAY	2 3 4 -1 -2 (SKIP TO G13)
MODERATE HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW MONDAY TUESDAY WEDNESDAY FRIDAY	2 3 4 
MODERATE HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW MONDAY WEDNESDAY THURSDAY FRIDAY REFUSED	2 3 4 
MODERATE HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW MONDAY WEDNESDAY THURSDAY FRIDAY REFUSED	2 3 4 
MODERATE HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW WONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY REFUSED DON'T KNOW	2 3 4 
MODERATE HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW MONDAY TUESDAY WEDNESDAY FRIDAY FRIDAY FRIDAY REFUSED DON'T KNOW LIGHT	2 3 4 1 2 (SKIP TO G13)
MODERATE HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY FRIDAY REFUSED DON'T KNOW LIGHT MODERATE	2 3 4 1 2 (SKIP TO G13)
MODERATE HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW MONDAY WEDNESDAY THURSDAY FRIDAY FRIDAY FRIDAY REFUSED DON'T KNOW LIGHT MODERATE HARD	2 3 4 1 2 (SKIP TO G13)
MODERATE HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW MONDAY TUESDAY FRIDAY FRIDAY FRIDAY REFUSED DON'T KNOW LIGHT MODERATE HARD VERY HARD	2 3 4 
MODERATE HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY FRIDAY FRIDAY FRIDAY FRIDAY HURSDAY THURSDAY HURSDAY FRIDAY FR	2 3 4 
MODERATE HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY FRIDAY FRIDAY FRIDAY FRIDAY HURSDAY THURSDAY HURSDAY FRIDAY FR	2 3 4 
MODERATE HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY FRIDAY FRIDAY FRIDAY FRIDAY HURSDAY HURSDAY FRI	2 3 4 
MODERATE HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY FRIDAY FRIDAY FRIDAY FRIDAY REFUSED DON'T KNOW VERY HARD REFUSED DON'T KNOW	2 3 4 1 2 (SKIP TO G13)1 (SKIP TO G13)1 (SKIP TO G13)2 2 3 4 5 6 1 2 1 
MODERATE HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW MONDAY TUESDAY WEDNESDAY WEDNESDAY FRIDAY FRIDAY FRIDAY FRIDAY REFUSED DON'T KNOW VERY HARD REFUSED DON'T KNOW YES NO	2 3 4 
MODERATE HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW WONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY FRIDAY FRIDAY FRIDAY REFUSED DON'T KNOW VERY HARD REFUSED DON'T KNOW YES NO REFUSED	2 3 4 1 2 (SKIP TO G13)1 (SKIP TO G13)1 (SKIP TO G13)2 2 3 4 5 6 1 2 1 

u 5-XXXX xx/xxxx

- A. Which days did (you/your child) walk or bike to or from a store, park, or playground or a friend's house? Choose all the days that apply.
- B. How physically hard or intense was this activity?
- G14. Did (you/your child) walk or ride a bike, scooter, skateboard, or skates for fun or exercise in the past 7 days?
  - A. Which days did (you/your child) walk or ride a bike, scooter, skateboard or skates for fun or exercise? Choose all the days that apply.
  - B. How physically hard or intense was this activity?
- G15. Did (you/your child) use a computer for games or playing on the internet (not for schoolwork or social networks) in the past 7 days?
  - A. Which days did (you/your child) use a computer for games or playing on the internet? Choose all the days that apply.
- G16. Did (you/your child) use a computer or phone for social networking (Facebook, MySpace, Twitter, IM, texting, etc.) in the past 7 days?
  - A. Which days did (you/your child) **use a computer or phone for social networking**? Choose all the days that apply.

	1
	2
	3
	4
THURSDAY	5
FRIDAY	6
DON'I KNOW	2
IGHT	1
	2
	3
	4
REFUSED	
DON'T KNOW	2
	_
YES	
NO	(SKIP TO G15)2
REFUSED	(SKIP TO G15)1
	(SKIP TO G15)2
	(3)(1110.013)
SUNDAY	1
MONDAY	2
	5
FRIDAY	6
SATURDAY	7
	1
	-2
LIGHT	1
MODERATE	2
	2
HARD	2
HARD VERY HARD	
HARD VERY HARD REFUSED	
HARD VERY HARD REFUSED	
HARD VERY HARD REFUSED	
HARD VERY HARD REFUSED DON'T KNOW	
HARD VERY HARD REFUSED DON'T KNOW YES	2 3 4 
HARD VERY HARD REFUSED DON'T KNOW YES NO	2 3 4 
HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED	2 3 4 
HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED	2 3 4 
HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED	2 3 4 
HARD VERY HARD REFUSED DON'T KNOW YES YES NO REFUSED DON'T KNOW	2 3 4 
HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW SUNDAY	2 3 4 
HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW SUNDAY	2 3 4 
HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW SUNDAY MONDAY	2 3 4 
HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW SUNDAY MONDAY TUESDAY	2 3 4 
HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW SUNDAY MONDAY TUESDAY WEDNESDAY	2 3 4 
HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY	2 3 4 
HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW SUNDAY MONDAY TUESDAY WEDNESDAY FRIDAY FRIDAY	2 3 4 -1 -1 -2 (SKIP TO G16)
HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW SUNDAY MONDAY WEDNESDAY WEDNESDAY FRIDAY SATURDAY	2 3 4 -1 -1 -2 (SKIP TO G16)
HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW SUNDAY MONDAY MONDAY FUDAY FRIDAY SATURDAY REFUSED	2 3 4 -1 -1 -2 (SKIP TO G16)
HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW SUNDAY MONDAY MONDAY FUDAY FRIDAY SATURDAY REFUSED	2 3 4 -1 -1 -2 (SKIP TO G16)
HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW SUNDAY MONDAY MONDAY FUDAY FRIDAY SATURDAY REFUSED	2 3 4 -1 -1 -2 (SKIP TO G16)
HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW SUNDAY MONDAY MONDAY FUDAY WEDNESDAY FRIDAY SATURDAY REFUSED DON'T KNOW	2 3 4 
HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW SUNDAY MONDAY MONDAY TUESDAY FRIDAY SATURDAY REFUSED DON'T KNOW YES.	2 3 4 4 
HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW SUNDAY MONDAY MODAY FIDAY FIDAY SATURDAY REFUSED DON'T KNOW YES NO	2 3 4 4 
HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW SUNDAY MONDAY TUESDAY WEDNESDAY FRIDAY F	2 3 4 4 1 (SKIP TO G16)
HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW SUNDAY MONDAY TUESDAY WEDNESDAY FRIDAY F	2 3 4 4 1 (SKIP TO G16)
HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW SUNDAY MONDAY TUESDAY WEDNESDAY FRIDAY F	2 3 4 4 
HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW SUNDAY MONDAY TUESDAY WEDNESDAY FRIDAY FRIDAY FRIDAY FRIDAY FRIDAY FRIDAY FRIDAY FRIDAY SATURDAY FRIDAY FRIDAY FRIDAY FRIDAY FRIDAY SATURDAY FRIDAY.	2 3 4 
HARD VERY HARD REFUSED DON'T KNOW YES DON'T KNOW SUNDAY MONDAY WEDNESDAY FRIDAY SATURDAY FRIDAY SATURDAY REFUSED DON'T KNOW REFUSED DON'T KNOW SUNDAY	2 3 4 4 1 (SKIP TO G16)
HARD VERY HARD REFUSED DON'T KNOW YES DON'T KNOW SUNDAY MONDAY WEDNESDAY FRIDAY FRIDAY FRIDAY SATURDAY DON'T KNOW YES DON'T KNOW SUNDAY DON'T KNOW	2 3 4 4 
HARD VERY HARD REFUSED DON'T KNOW YES DON'T KNOW SUNDAY MONDAY WEDNESDAY FRIDAY FRIDAY FRIDAY SATURDAY DON'T KNOW YES DON'T KNOW SUNDAY DON'T KNOW	2 3 4 4 1 (SKIP TO G16)
HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW SUNDAY WEDNESDAY WEDNESDAY FRIDAY SATURDAY FRIDAY SATURDAY CON'T KNOW YES DON'T KNOW REFUSED DON'T KNOW SUNDAY MONDAY TUESDAY	2 3 4 4 
HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW SUNDAY WEDNESDAY FRIDAY SATURDAY FRIDAY SATURDAY CON'T KNOW YES DON'T KNOW REFUSED DON'T KNOW SUNDAY MONDAY TUESDAY WEDNESDAY WEDNESDAY	2 3 4 4 
HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW SUNDAY WEDNESDAY WEDNESDAY FRIDAY SATURDAY SATURDAY PRIDAY SATURDAY DON'T KNOW YES DON'T KNOW SUNDAY TUESDAY WONDAY TUESDAY WEDNESDAY WEDNESDAY THURSDAY	2 3 4 4 
HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW SUNDAY MONDAY TUESDAY WEDNESDAY FRIDAY SATURDAY CON'T KNOW YES DON'T KNOW REFUSED DON'T KNOW SUNDAY TUESDAY WONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY FRIDAY THURSDAY FRIDAY THURSDAY	2 3 4 4 
HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW SUNDAY WEDNESDAY WEDNESDAY FRIDAY SATURDAY REFUSED DON'T KNOW YES DON'T KNOW SUNDAY WONDAY TUESDAY WEDNESDAY WEDNESDAY WEDNESDAY FRIDAY SATURDAY FRIDAY FRIDAY SATURDAY FRIDAY FRIDAY	2 3 4 4 
HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW SUNDAY WONDAY TUESDAY WEDNESDAY FRIDAY SATURDAY CON'T KNOW YES DON'T KNOW YES DON'T KNOW SUNDAY MONDAY SUNDAY WEDNESDAY TUESDAY WEDNESDAY FRIDAY SATURDAY FRIDAY SATURDAY FRIDAY SATURDAY FRIDAY SATURDAY SATURDAY SATURDAY SATURDAY REFUSED	2 3 4 4 1 (SKIP TO G16)
HARD VERY HARD REFUSED DON'T KNOW YES NO REFUSED DON'T KNOW SUNDAY WONDAY TUESDAY WEDNESDAY FRIDAY SATURDAY CON'T KNOW YES DON'T KNOW YES DON'T KNOW SUNDAY MONDAY SUNDAY WEDNESDAY TUESDAY WEDNESDAY FRIDAY SATURDAY FRIDAY SATURDAY FRIDAY SATURDAY FRIDAY SATURDAY SATURDAY SATURDAY SATURDAY REFUSED	2 3 4 4 

-XXXX

kx/xxxx

- G17. Did (you/your child) watch TV in the past 7 days?
  - A. Which days did (you/your child) watchTV? Choose all the days that apply.
- G18. Did (you/your child) play non-active video games in the past 7 days?
  - A. Which days did (you/your child) play nonactive video games? Choose all the days that apply.
- G19. Did (you/your child) play physically active video games (Wii, DDR, Xbox Kinect, PlayStation Move, etc.) in the past 7 days? A physically active video game is one where some physical effort is involved in playing the game.
  - A. Which days did (you/your child) play physically active video games? Choose all the days that apply.
  - B. How physically hard or intense was this activity?

YES	
NO	.(SKIP TO G18)2
REFUSED	.(SKIP TO G18)1
DON'T KNOW	.(SKIP TO G18)2
SUNDAY	1
	2
TUESDAY	
WEDNESDAY	4
	5
	6
	7
	1
DON'T KNOW	2
	.(SKIP TO G19)2
REFUSED	.(SKIP TO G19)1
DON'T KNOW	.(SKIP TO G19)2
SUNDAY	
MONDAY	2
TUESDAY	
WEDNESDAY	4
	5
	6
	7
	1
DON'T KNOW	2
YES	
	.(SKIP TO G20)2
REFUSED	.(SKIP TO G20)1
DON'T KNOW	.(SKIP TO G20)2
	1
	2
	3
	4
	5
	6
REFUSED	1

LIGHT	1
MODERATE	2
HARD	
VERY HARD	4
REFUSED	1
DON'T KNOW	2

DON'T KNOW.....-2

#### IF G1A DOES NOT INCLUDE PREVIOUS DAY OF WEEK, SKIP TO G21

- G20. You answered that (you/your child) had physical education (PE) class in school yesterday. Is this correct?
  - A. How physically hard or intense was this activity?

YES		
NO	(SKIP TO G21)	2
REFUSED	(SKIP TO G21)	1
DON'T KNOW		2

LIGHT	
MODERATE	
HARD	
VERY HARD	4
REFUSED	1
DON'T KNOW	2

- B. For how many minutes did (you/your child) have PE class in school yesterday?
- C. When (you/your child) had PE class in school, what exactly (were you/was your child) doing?

MINUTES	
REFUSED1	
DON'T KNOW2	,

TEAM SPORT SKILLS INDIVIDUAL SPORT SKILLS DANCE/TUMBLING SKILLS WATER ACTIVITY SKILLS CARDIOVASCULAR MACHINES OR CONDITIONING	2 3
(RUNNING, CYCLING, STAIRCLIMBER, ROWERS, ETC	
·	5
CLIMBING WALL ACTIVITIES	6
EXERCISES/CALISTHENICS	7
FRISBEE OR FRISBEE GOLF	8
JUMPROPE/PLYOMETRICS/CONDITIONING	9
WEIGHT TRAINING	10
YOGA/PILATES	11
OTHER (SPECIFY)	12
REFUSED	1
DON'T KNOW	2

SPECIFY:\_\_

## IF G2A DOES NOT INCLUDE PREVIOUS DAY OF WEEK, SKIP TO G22

- G21. You answered that (you/your child) had recess or other free-play at school yesterday. Is this correct?
  - A. (Were you/Was your child) physically active when (you/your child) had recess or other free-play yesterday?
  - B. How physically hard or intense was this activity?
  - C. For how many minutes did (you/your child) have recess or other free-play at school yesterday?
  - D. When (you/your child) had recess or other free-play at school, what exactly (were you/was your child) doing?

NO REFUSED	(SKIP TO G22) (SKIP TO G22) (SKIP TO G22)	2 1
NO REFUSED	(SKIP TO G22) (SKIP TO G22) (SKIP TO G22)	2 1

LIGHT	1
MODERATE	2
HARD	3
VERY HARD	4
REFUSED	1
DON'T KNOW	2

MINUTES	
REFUSED	1
DON'T KNOW	2

PLAYGROUND GAME (KICKBALL, FOUR SQUARE,	
DODGEBALL, ETC.)	1
ORGANIZED SPORT GAME (BASEBALL, BASKETBALL,	,
FOOTBALL, ETC.)	2
TAG/CAPTURE THE FLAG/RED ROVER/ETC	
FIXED EQUIPMENT (MONKEY BARS, SLIDES, SWINGS	S.
ETC.)	
HANGING OUT WITH FRIENDS	
DOING SCHOOL WORK	6
OTHER (SPECIFY)	7
REFUSED	
DON'T KNOW	

SPECIFY:

## IF G3A DOES NOT INCLUDE PREVIOUS DAY OF WEEK, SKIP TO G23

G22. You answered that (you/your child) had dance or other physically active classes at school (other than PE class) yesterday. Is this correct?

YES		1
NO	(SKIP TO G23)	2
DON'T KNOW		2

-XXXX

kx/xxxx

- A. How physically hard or intense was this activity?
- B. For how many minutes did (you/your child) have dance or other physically active classes at school (other than PE class) yesterday?
- C. When (you/your child) had dance or other physically active classes at school (other than PE class), what exactly (were you/was your child) doing?

SPECIFY:\_\_

#### IF G4A DOES NOT INCLUDE PREVIOUS DAY OF WEEK, SKIP TO G24

- G23. You answered that (you/your child) **participated in physical activity breaks during classes at school** yesterday. Is this correct?
  - A. How physically hard or intense was this activity?
  - B. For how many minutes did (you/your child) participate in physical activity breaks during classes at school yesterday?
  - C. When (you/your child) **participated in physical activity breaks during classes at school**, what exactly (were you/was your child) doing?

LIGHT	1
MODERATE	2
HARD	3
VERY HARD	4
REFUSED	1
DON'T KNOW	2

MINUTES	
REFUSED	1
DON'T KNOW	2

DANCE	
WEIGHTLIFTING	
OTHER (SPECIFY)	
REFUSED	
DON'T KNOW	2

YES		1
NO	(SKIP TO G24)	2
DON'T KNOW		2

LIGHT	
MODERATE	
HARD	
VERY HARD	4
REFUSED	1
DON'T KNOW	2

MINUTES	
REFUSED	1
DON'T KNOW	

IN-CLASS PHYSICAL ACTIVITY	1
VIDEO/STRUCTURED ACTIVITY IN	
HOMEROOM/ANNOUNCEMENTS	2
WALKING LAPS	
OTHER (SPECIFY)	4
REFUSED	1
DON'T KNOW	2

SPECIFY:

IF G5A DOES NOT INCLUDE PREVIOUS DAY OF WEEK, SKIP TO G25

G24.	S24. You answered that (you/your child) <b>practiced or</b> <b>played with a school sports team</b> yesterday. Is this correct?		YES
	A.	How physically hard or intense was this activity?	LIGHT
	В.	For how many minutes did (you/your child) practice or play with a school sports team yesterday?	MINUTES REFUSED1 DON'T KNOW2

d
5-XXXX
xx/xxxx

C.	When (you/your child) practiced or
	played with a school sports team, what
	exactly (were you/was your child) doing?

BASEBALL/SOFTBALL	1
FOOTBALL/SOCCER/LACROSSE/HOCKEY/	
BASKETBALL	2
SWIM TEAM/DIVING/WATER POLO	
GOLF/TENNIS	4
TRACK AND FIELD/CROSS COUNTRY	5
CHEER/DANCE TEAM	6
WRESTLING	7
VOLLEYBALL	
MARTIAL ARTS	9
ROWING/CANOE/KAYAK	
BOWLING	
SKIING	
OTHER (SPECIFY)	
REFUSED	
DON'T KNOW	
	····· .

#### SPECIFY:\_\_\_\_\_

### IF G6A DOES NOT INCLUDE PREVIOUS DAY OF WEEK, SKIP TO G26

G25.	You answered that (you/your child) <b>practiced or</b> <b>played with a non-school sports team</b> yesterday. Is this correct?		YES	
	A.	How physically hard or intense was this activity?	LIGHT	
	В.	For how many minutes did (you/your child) <b>practice or play with a non-school sports team</b> yesterday?	MINUTES REFUSED1 DON'T KNOW2	
	C.	Where did (you/your child) <b>practice or</b> <b>play with a non-school sports team?</b> CODE ALL THAT APPLY	AT SCHOOL1AT HOME2AT A REC CENTER3AT A PARK/PLAYGROUND4IN MY NEIGHBORHOOD5ON MY STREET6AT CHURCH7AT A FRIEND'S HOUSE8OTHER (SPECIFY)9REFUSED-1DON'T KNOW-2	
	SPECIF	Y:		
	D.	When (you/your child) <b>practiced or</b> <b>played with a non-school sports team</b> , what exactly (were you/was your child) doing?	BASEBALL/SOFTBALL	

played with a non-school sports team, what exactly (were you/was your child) doing?	FOOTBALL/SOCCER/LACROSSE/HOCKEY/         BASKETBALL       2         SWIM TEAM/DIVING/WATER POLO.       3         GOLF/TENNIS.       4         TRACK AND FIELD/CROSS COUNTRY.       5         CHEER/DANCE TEAM.       6         WRESTLING.       7         VOLLEYBALL.       8         MARTIAL ARTS.       9         ROWING/CANOE/KAYAK.       10         BOWLING.       11         SKIING.       12         OTHER (SPECIFY).       13         PEEUSED       11	
	REFUSED1	
	DON'T KNOW2	
SPECIFY:		

IF G7A DOES NOT INCLUDE PREVIOUS DAY OF WEEK, SKIP TO G27

5-XXXX

- G26. You answered that (you/your child) participated in pick-up sports yesterday. Is this correct?
  - A. How physically hard or intense was this activity?
  - B. For how many minutes did (you/your child) participate in pick-up sports yesterday?
  - C. Where did (you/your child) participate in pick-up sports? CODE ALL THAT APPLY

NO(SKIP TO G27)2 REFUSED(SKIP TO G27)1 DON'T KNOW(SKIP TO G27)2	
LIGHT	
MINUTES REFUSED1 DON'T KNOW2	
AT SCHOOL	

YES..... 1 

IN MY NEIGHBORHOOD	5
ON MY STREET	6
AT CHURCH	7
AT A FRIEND'S HOUSE	8
OTHER (SPECIFY)	9
REFUSED	1
DON'T KNOW	2

BY (MYSELF/HIS SELF/HERSELF).....1 

WITH (MY/HIS/HER) TEAM OR CLASS......4 WITH (MY/HIS/HER) PARENT(S) OR OTHER FAMILY MEMBER(S).....5 REFUSED.....-1 DON'T KNOW.....-2

BASEBALL/SOFTBALL.....1

BASKETBALL.....2

OTHER (SPECIFY)......4 REFUSED.....-1 DON'T KNOW.....-2

FOOTBALL/SOCCER/LACROSSE/HOCKEY/

SPECIFY:

- D. Who did (you/your child) participate in pick-up sports with?
- E. When (you/your child) participated in pick-up sports, what exactly (were you/was your child) doing?

SPECIFY:

### IF G8A DOES NOT INCLUDE PREVIOUS DAY OF WEEK, SKIP TO G28

- G27. You answered that (you/your child) participated in physical activity during an afterschool program yesterday. Is this correct?
  - A. How physically hard or intense was this activity?
  - B. For how many minutes (were you/was your child) physically active during (your/his/her) afterschool program yesterday?

NO REFUSED	1 (SKIP TO G28)
MODERATE HARD VERY HARD REFUSED	1 2 3 4 
REFUSED	

d

5-XXXX

xx/xxxx

C. SPECIF	Where did (you/your child) <b>participate in</b> <b>physical activity during an afterschool</b> <b>program?</b> CODE ALL THAT APPLY	AT SCHOOL       1         AT HOME       2         AT A REC CENTER       3         AT A PARK/PLAYGROUND       4         IN MY NEIGHBORHOOD       5         ON MY STREET       6         AT CHURCH       7         AT A FRIEND'S HOUSE       8         OTHER (SPECIFY)       9         REFUSED       -1         DON'T KNOW       -2
D.	Who did (you/your child) <b>participate in</b> <b>physical activity during an afterschool</b> <b>program</b> with?	BY (MYSELF/HIS SELF/HERSELF)
E.	When (you/your child) <b>participated in</b> <b>physical activity during an afterschool</b> <b>program</b> , what exactly (were you/was your child) doing?	PLAYGROUND GAME (KICKBALL, FOUR SQUARE,         DODGEBALL, ETC.)

SPECIFY:\_\_\_\_\_

IF G9A DOES NOT INCLUDE PREVIOUS DAY OF WEEK, SKIP TO G29

- G28. You answered that (you/your child) **played physically active games** yesterday. Is this correct?
  - A. How physically hard or intense was this activity?
  - B. For how many minutes did (you/your child) **play any physically active games** yesterday?
  - C. Where did (you/your child) **play any physically active games?** CODE ALL THAT APPLY

YES		
NO	(SKIP TO G29)	2
REFUSED		1
DON'T KNOW		2

DON'T KNOW.....-2

LIGHT	1
MODERATE	
HARD	3
VERY HARD	4
REFUSED	1
DON'T KNOW	2

MINUTES	
REFUSED	1
DON'T KNOW	2

AT SCHOOL	
AT A REC CENTER	
AT A PARK/PLAYGROUND	
IN MY NEIGHBORHOOD	5
ON MY STREET	
AT CHURCH	7
AT A FRIEND'S HOUSE	8
OTHER (SPECIFY)	9
REFUSED	1
DON'T KNOW	2

SPECIFY:\_\_\_\_\_

d

5-XXXX

xx/xxxx

D.	Who did (you/your child) <b>play any physically active games</b> with?	BY (MYSELF/HIS SELF/HERSELF)
E. SPECIF	When (you/your child) <b>played physically</b> <b>active games</b> , what exactly (were you/was your child) doing?	TAG.1RED ROVER/DUCK DUCK GOOSE/ETC.2HOPSCOTCH.3OTHER (SPECIFY).4REFUSED1DON'T KNOW2

#### IF G10A DOES NOT INCLUDE PREVIOUS DAY OF WEEK, SKIP TO G30

G29.	You answered that (you/your child) <b>swam or</b> <b>played games in a pool, lake, or ocean</b> yesterday. Is this correct?		YES		
	A.	How physically hard or intense was this activity?	LIGHT MODERATE HARD VERY HARD REFUSED DON'T KNOW	.2 .3 .4	
	В.	For how many minutes did (you/your child) <b>swim or play games in a pool,</b> <b>lake, or ocean</b> yesterday?	MINUTES REFUSED DON'T KNOW		
		Where did (you/your child) <b>swim or play</b> <b>games in a pool, lake, or ocean?</b> CODE ALL THAT APPLY	AT SCHOOLAT HOMEAT HOMEAT A REC CENTERAT A PARK/PLAYGROUNDIN MY NEIGHBORHOODON MY STREETAT CHURCHAT A FRIEND'S HOUSEOTHER (SPECIFY)REFUSED	.2 .3 .4 .5 .6 .7 .8 .9 .1	
	SPECIF	Y:			
	D.	Who did (you/your child) <b>swim or play</b> games in a pool, lake, or ocean with?	BY (MYSELF/HIS SELF/HERSELF) WITH 1 OTHER FRIEND. WITH SEVERAL FRIENDS. WITH (MY/HIS/HER) TEAM OR CLASS. WITH (MY/HIS/HER) PARENT(S) OR OTHER FAMILY MEMBER(S) REFUSED DON'T KNOW	.2 .3 .4 .5	
	E.	When (you/your child) swam or played	SWIMMING	1	

When (you/your child) <b>swam or played</b> games in a pool, lake, or ocean, what	SWIMMING WATER GAMES (MARCO POLO, SHARK AND MINNOWS. ETC.).	
exactly (were you/was your child) doing?	WATERPLAY.	
	OTHER (SPECIFY)	4
	REFUSED	-1
	DON'T KNOW	-2

SPECIFY:

IF G11A DOES NOT INCLUDE PREVIOUS DAY OF WEEK, SKIP TO G31

-XXXX

kx/xxxx

- G30. You answered that (you/your child) **did outdoor or adventure sports** yesterday. Is this correct?
  - A. How physically hard or intense was this activity?
  - B. For how many minutes did (you/your child) do any outdoor or adventure sports yesterday?
  - C. Where did (you/your child) do outdoor or adventure sports? CODE ALL THAT APPLY

DON'T KNOW(SKIP TO G31)	2
LIGHT	
MODERATE	
VERY HARD	4
REFUSED DON'T KNOW	
	Z
MINUTES	
MINUTES REFUSED	1
DON'T KNOW	2
AT SCHOOL	
AT HOME	
AT A REC CENTER	
AT A PARK/PLAYGROUND	4

YES......1 NO.....(SKIP TO G31)......2

SPECIFY:

- D. Who did (you/your child) do outdoor or adventure sports with?
- E. When (you/your child) **did outdoor or adventure sports**, what exactly (were you/was your child) doing?

HIKING	1
ROCK CLIMBING	
SURFING/SKIMBOARDING/BODYBOARDING	
SNOW SKIING/SNOWBOARDING	4
WATER SKIING/WAKEBOARDING	5
KAYAKING	6
OTHER (SPECIFY)	7
REFUSED	1
DON'T KNOW	2

SPECIFY:

IF G12A DOES NOT INCLUDE PREVIOUS DAY OF WEEK, SKIP TO G32

- G31. You answered that (you/your child) walked or YES..... 1 NO......2 biked to or from school yesterday. Is this REFUSED.......(SKIP TO G32).....-1 correct? LIGHT.....1 A. How physically hard or intense was this MODERATE......2 activity? VERY HARD......4 REFUSED.....-1 DON'T KNOW.....-2 B. For how many minutes did (you/your MINUTES.....
  - child) walk or bike to or from school yesterday?

1

5-XXXX

kx/xxxx

- C. Who did (you/your child) walk or bike to or from school with?
- BY (MYSELF/HIS SELF/HERSELF).....1 WITH 1 OTHER FRIEND......2 WITH (MY/HIS/HER) TEAM OR CLASS......4 WITH (MY/HIS/HER) PARENT(S) OR OTHER FAMILY MEMBER(S).....5 REFUSED.....-1
- D. When (you/your child) walked or biked to or from school, what exactly (were you/was your child) doing?

DON'T KNOW	2
WALK BIKE REFUSED DON'T KNOW	2 1

#### IF G13A DOES NOT INCLUDE PREVIOUS DAY OF WEEK, SKIP TO G33

- G32. You answered that (you/your child) walked or biked to or from a store, park, or playground or a friend's house yesterday. Is this correct?
  - A. How physically hard or intense was this activity?
  - B. For how many minutes did (you/your child) walk or bike to or from a store, park, or playground or a friend's house yesterday?
  - C. Where did (you/your child) walk or bike to or from a store, park, or playground or a friend's house? CODE ALL THAT APPLY

NO	(SKIP TO G33)	2
	(SKIP TO G33)	
DON'T KNOW	(SKIP TO G33)	2
LIGHT		1
MODERATE		2
HARD		3
VERY HARD		4

VES

MINUTES	
REFUSED	1
DON'T KNOW	2

REFUSED.....-1 DON'T KNOW.....-2

AT SCHOOL	1
AT HOME	2
AT A REC CENTER	3
AT A PARK/PLAYGROUND	4
IN MY NEIGHBORHOOD	5
ON MY STREET	6
AT CHURCH	7
AT A FRIEND'S HOUSE	8
OTHER (SPECIFY)	9
REFUSED	
DON'T KNOW	2

SPECIFY:

- D. Who did (you/your child) walk or bike to or from a store, park, or playground or a friend's house with?
- E. When (you/your child) walked or biked to or from a store, park, or playground or a friend's house, what exactly (were you/was your child) doing?

BY (MYSELF/HIS SELF/HERSELF)	1
WITH 1 OTHER FRIEND	2
WITH SEVERAL FRIENDS	3
WITH (MY/HIS/HER) TEAM OR CLASS	4
WITH (MY/HIS/HER) PARENT(S) OR OTHER FAMILY	
MEMBER(S)	5
REFUSED	
DON'T KNOW	2

WALK	1
BIKE	
REFUSED	
DON'T KNOW	

#### IF G14A DOES NOT INCLUDE PREVIOUS DAY OF WEEK, SKIP TO G34

G33. You answered that (you/your child) walked or rode a bike, scooter, skateboard, or skates for fun or exercise yesterday. Is this correct?

YES		1
NO	(SKIP TO G34)	2
REFUSED		1
DON'T KNOW		2

-XXXX

xx/xxxx

- A. How physically hard or intense was this activity?

Β.	For how many minutes did (you/your child) walk or ride a bike, scooter,	MINUTES
	skateboard, or skates for fun or exercise yesterday?	DON'T KNOW2

C	Where did (you/your child) walk or ride a	AT SCHOOL	1
0		AT HOME	2
	bike, scooter, skateboard, or skates for	AT A REC CENTER.	3
	fun or exercise? CODE ALL THAT APPLY	AT A PARK/PLAYGROUND	
		IN MY NEIGHBORHOOD	5
		ON MY STREET	6
		AT CHURCH	7
		AT A FRIEND'S HOUSE	8
		OTHER (SPECIFY)	9
		REFUSED	
		DON'T KNOW	2

SPECIFY:

- D. Who did (you/your child) walk or ride a bike, scooter, skateboard, or skates for fun or exercise with?
- E. When (you/your child) walked or rode a bike, scooter, skateboard, or skates for fun or exercise, what exactly (were you/was your child) doing?

WALK	1
BIKE	2
SCOOTER	3
SKATEBOARD	4
SKATES/ROLLERBLADES	5
OTHER (SPECIFY)	6
REFUSED	
DON'T KNOW	2

SPECIFY:

#### IF G15A DOES NOT INCLUDE PREVIOUS DAY OF WEEK, SKIP TO G35

G34.	You answered that (you/your child) <b>used a</b> <b>computer for games or playing on the internet</b> <b>(not for schoolwork or social networks)</b> yesterday. Is this correct?		YES	
	A.	For how many minutes did (you/your child) <b>use a computer for games or playing on the internet</b> yesterday?	MINUTES REFUSED1 DON'T KNOW2	
	В.	Where did (you/your child) <b>use a</b> <b>computer for games or playing on the</b> <b>internet?</b> CODE ALL THAT APPLY	AT SCHOOL	

Ы

-XXXX

kx/xxxx

- C. Who did (you/your child) use a computer for games or playing on the internet with?
- BY (MYSELF/HIS SELF/HERSELF).....1 WITH 1 OTHER FRIEND......2 MEMBER(S)......5

D. When (you/your child) used a computer for games or playing on the internet, what exactly (were you/was your child) doing? SPECIFY:

DON'T KNOW	
PLAYING GAMES SURFING THE INTERNET OTHER (SPECIFY) REFUSED DON'T KNOW	2 3 1 2

#### IF G16A DOES NOT INCLUDE PREVIOUS DAY OF WEEK, SKIP TO G36

G35.	You answered that (you/your child) <b>used a</b> <b>computer or phone for social networking</b> yesterday. Is this correct?	YES			
	A. For how many minutes did (you/your child) use a computer or phone for social networking yesterday?	MINUTES1 REFUSED1 DON'T KNOW2			
	B. Where did (you/your child) use a computer or phone for social networking? CODE ALL THAT APPLY	AT SCHOOL1AT HOME2AT A REC CENTER3AT A PARK/PLAYGROUND4IN MY NEIGHBORHOOD5ON MY STREET6AT CHURCH7AT A FRIEND'S HOUSE8OTHER (SPECIFY)9REFUSED-1DON'T KNOW-2			
	C. Who did (you/your child) <b>use a computer</b> or phone for social networking with?	BY (MYSELF/HIS SELF/HERSELF)			
	D. When (you/your child) used a computer or phone for social networking, what exactly (were you/was your child) doing? SPECIEY:	IM/CHAT/TWITTER1SOCIAL NETWORKING ON THE COMPUTER2TEXTING3OTHER (SPECIFY)4REFUSED-1DON'T KNOW-2			

#### IF G17A DOES NOT INCLUDE PREVIOUS DAY OF WEEK, SKIP TO G37

G36. You answered that (you/your child) <b>watched TV</b> yesterday. Is this correct?	You answered that (you/your child) watched TV	YES 1
	NO2	
	REFUSED1	
		DON'T KNOW

A.	For how many minutes did (you/your child) <b>watch TV</b> yesterday?	MINUTES1 REFUSED1 DON'T KNOW2

1 Hour = 60 Minutes 2 Hours = 120 Minutes 3 Hours = 180 Minutes 4 Hours = 240 Minutes 5 Hours = 300 Minutes 6 Hours = 360 Minutes
7 Hours = 420 Minutes 8 Hours = 480 Minutes

B. Where did (you/your child) watch TV? CODE ALL THAT APPLY	AT SCHOOL1AT HOME2AT A REC CENTER3AT A PARK/PLAYGROUND4IN MY NEIGHBORHOOD5ON MY STREET6AT CHURCH7AT A FRIEND'S HOUSE8OTHER (SPECIFY)9REFUSED-1DON'T KNOW-2
C. Who did (you/your child) <b>watch TV</b> with?	BY (MYSELF/HIS SELF/HERSELF)1 WITH 1 OTHER FRIEND2 WITH SEVERAL FRIENDS3 WITH (MY/HIS/HER) TEAM OR CLASS4 WITH (MY/HIS/HER) PARENT(S) OR OTHER FAMILY MEMBER(S)5 REFUSED
D. When (you/your child) <b>watched TV</b> , what exactly (were you/was your child) doing?	WATCHING EDUCATIONAL TV OR VIDEOS

#### SPECIFY:

#### IF G18A DOES NOT INCLUDE PREVIOUS DAY OF WEEK, SKIP TO G38

G37.		swered that (you/your child) <b>played non- video games</b> yesterday. Is this correct?	YES			
	A.	For how many minutes did (you/your child) <b>play non-active video games</b> yesterday?	MINUTES REFUSED1 DON'T KNOW2			
	В.	Where did (you/your child) <b>play non- active video games?</b> CODE ALL THAT APPLY	AT SCHOOL			
	SPECIF	FY:				

d 5-XXXX

xx/xxxx

C.	Who did (you/your child) <b>play non-active</b> <b>video games</b> with?	BY (MYSELF/HIS SELF/HERSELF) WITH 1 OTHER FRIEND WITH SEVERAL FRIENDS WITH (MY/HIS/HER) TEAM OR CLASS WITH (MY/HIS/HER) PARENT(S) OR OTHER FAMILY MEMBER(S) REFUSED DON'T KNOW	2 3 4 5 1
D.	When (you/your child) <b>played non-active</b> <b>video games</b> , what exactly (were you/was your child) doing?	PLAYING GAMES ON A GAME CONSOLE PLAYING GAMES ON A HANDHELD GAMING DEVICE OTHER (SPECIFY) REFUSED DON'T KNOW	2 3 1

SPECIFY:

# IF G19A DOES NOT INCLUDE PREVIOUS DAY OF WEEK, SKIP TO G39

G38.	<b>physic</b> physica	swered that (you/your child) <b>played</b> <b>ally active video games</b> yesterday. A ally active video game is one where some al effort is involved in playing the game. Is	YES(SKIP TO G39) NO(SKIP TO G39) REFUSED(SKIP TO G39) DON'T KNOW(SKIP TO G39)				
		How physically hard or intense was this activity?	LIGHT MODERATE HARD VERY HARD REFUSED DON'T KNOW	2 3 4 1			
	В.	For how many minutes did (you/your child) <b>play physically active video games</b> yesterday?	MINUTES REFUSED DON'T KNOW				
		Where did (you/your child) <b>play</b> <b>physically active video games?</b> CODE ALL THAT APPLY	AT SCHOOL. AT HOME. AT A REC CENTER. AT A PARK/PLAYGROUND. IN MY NEIGHBORHOOD. ON MY STREET. AT CHURCH. AT A FRIEND'S HOUSE. OTHER (SPECIFY). REFUSED. DON'T KNOW.	2 3 5 6 7 8 9 1			
	SPECIF	Y: Who did (you/your child) <b>play physically</b> active video games with?	BY (MYSELF/HIS SELF/HERSELF) WITH 1 OTHER FRIEND WITH SEVERAL FRIENDS WITH (MY/HIS/HER) TEAM OR CLASS WITH (MY/HIS/HER) PARENT(S) OR OTHER FAMILY MEMBER(S) REFUSED DON'T KNOW	2 3 4 5 1			
	E.	When (you/your child) <b>played physically active video games</b> , what exactly (were you/was your child) doing?	PLAYING WII/KINECT/MOVE, ETC DANCE, DANCE REVOLUTION OTHER (SPECIFY) REFUSED DON'T KNOW.	2 3 1			

# SPECIFY:\_\_\_\_\_

G39. Did (you/your child) do any other physical activities yesterday that were not already mentioned?

YES		. 1
NO(S	KIP TO SECTION H)	2
REFUSED(S	KIP TO SECTION H)	1
DON'T KNOW	KIP TO SECTION H)	2

- ACTIVITY 1: A. What were the other activities? ACTIVITY 2: ACTIVITY 3: ACTIVITY 4: REFUSED.....-1 DON'T KNOW.....-2 LIGHT.....1 B. How physically hard or intense were these activities? VERY HARD......4 REFUSED.....-1 DON'T KNOW.....-2 C. For how many minutes did (you/your MINUTES..... child) do these other activities? REFUSED.....-1 DON'T KNOW.....-2 AT SCHOOL.....1 D. Where did (you/your child) do these other activities? CODE ALL THAT APPLY AT A PARK/PLAYGROUND......4 IN MY NEIGHBORHOOD......5 ON MY STREET......6 AT CHURCH......7 AT A FRIEND'S HOUSE......8 OTHER (SPECIFY)......9 REFUSED.....-1 DON'T KNOW.....-2 SPECIFY: BY (MYSELF/HIS SELF/HERSELF).....1 E. Who did (you/your child) do these other activities with?

### SECTION H: PHYSICAL ACTIVITY CHILD SURVEY

Self administered

Child aged 4 – 11: Child respondent/adult present to assist Child aged 12 – 15: Child respondent

H1. How much do you agree or disagree with the following statements?

		Disagree A Lot	Disagree A Little	Agree A Little	Agree A Lot	REFUSED	DON'T KNOW
a.	There are many places I like to go within easy walking distance of my home.	1	2	3	4	-1	-2
b.	There are sidewalks on most of the streets in my neighborhood.	1	2	3	4	-1	-2
C.	There are bicycle or walking trails in my neighborhood.	1	2	3	4	-1	-2
d.	It is safe to walk or jog in my neighborhood during the day.	1	2	3	4	-1	-2
e.	People in my neighborhood can easily see walkers and bikers on the streets from their homes.	1	2	3	4	-1	-2
f.	There is so much traffic that it makes it hard to walk in my neighborhood.	1	2	3	4	-1	-2
g.	There is a lot of crime in my neighborhood.	1	2	3	4	-1	-2

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h. i.	I often see other girls or boys playing outdoors in my neighborhood. There are many interesting things to	1	2	3	4	-1	-2	
	look at while walking in my neighborhood.	1	2	3	4	-1	-2	
j.	My neighborhood streets are well lit at night.	1	2	3	4	-1	-2	
k.	There are lots of loose or scary dogs in my neighborhood.	1	2	3	4	-1	-2	
I.	There is enough equipment (like balls, bikes, etc.) for me to use at home.	1	2	3	4	-1	-2	

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H2. How much do you agree or disagree with the following statements?

		Disagree A Lot	Disagree A Little	Agree A Little	Agree A Lot	REFUSED	DON'T KNOW
a.	My closest friends are physically active on most days	1	2	3	4	-1	-2
b.	My school has non-sports programs for students to be physically active (step team, dance, walk/run club, etc.)	1	2	3	4	-1	-2
C.	My school has sports teams that you have to try out for	1	2	3	4	-1	-2
d.	My school has sports teams where everyone can participate (no try-outs)	1	2	3	4	-1	-2

H3. How much do you agree or disagree with the following statement?

		Disagree A Lot	Disagree A Little	Agree A Little	Agree A Lot	Does Not Apply To Me	REFUSED	DK
	I enjoy physical education classes at my school	1	2	3	4	5	-1	-2
H4.	How do you rate your physical activity level compared to others of the same age and gender?		Much Less Th Somewhat Les About The Sar Somewhat Mo Much More Th REFUSED DON'T KNOW	ss Than Ot me re Than O ian Others.	hers		2 	

### Domain 9: Dieting Behaviors (FOR 12 - 15 YEAR OLDS)

Self-administered

Child aged 4 – 11: NOT ADMINISTERED IN THIS FORMAT OR POINT IN THE SURVEY Child aged 12 – 15: Child respondent

J16.	At this time do you feel that you are?	Underweight
J17.	Which of the following are you trying to do about your weight?	Lose weight

5-XXXX

- J18. Thinking about the past year, how often has someone said something to you about your weight or your eating that made you feel bad?
- J19. Some people skip meals to keep from gaining weight or to try to lose weight. During the past 7 days, on how many days did you skip meals to keep from gaining weight or to try to lose weight?
- J20. At this time how satisfied are you with your weight? Please choose a number between 1 and 5 with 1 being very satisfied and 5 being not at all satisfied.

#### SECTION E: CHILD SELF-REPORTED BEHAVIORS

Self administered Child aged 4 – 11: NOT ADMINISTERED Child aged 12 – 15: Child respondent

These next questions ask about behaviors and perceptions that are linked to children's health. Remember that no one else in your home will see your answers.

- E1. We first want you to answer some questions about smoking. Have you smoked at least one cigarette within the last 30 days?
  - A. During the past 30 days, did you smoke cigarettes to help you lose weight or to keep you from gaining weight?

#### IF CHILD IS MALE, END SECTION

- E2. Have your periods or menstrual cycles started yet?
- E3. How old were you when you had your first menstrual period?
  - A. Were you (SHOW ANSWERS)?

If you are having trouble remembering your age, try to think of what grade you were in and when during the school year you first started your period.

E4. Are you pregnant now?

Never Less than or A few times A few times At least once REFUSED DON'T KNOW	nce a year a yeara a month e a week		 2 3 4 5 1
NONE 1 DAY 2 DAYS 3 DAYS 4 DAYS 5 DAYS 6 DAYS 7 DAYS REFUSED DON'T KNOW			2 4 5 6 7 8 1
VERY SATIS	FIED		
		<b>U</b>	

1 2 3 4 5 REFUSED.....-1 DON'T KNOW.....-2

NO REFUSED	(SKIP TO E2)	2 1
NO I DO NOT SMOKE REFUSED		. 2 . 3 1

NO REFUSED	(SKIP TO E4) (SKIP TO E4) (SKIP TO E4)	2 1
REFUSED	(SKIP TO E4) (SKIP TO E4)	
10 TO 12 13 TO 15, OR 16 OR OLDER REFUSED	D	2 3 4 1
VES		1

YES	1
NO	2
REFUSED	
DON'T KNOW	2

#### SECTION I: PHYSICAL ACTIVITY PARENT SURVEY

#### Self administered <mark>Child aged 4 – 15: Adult respondent</mark>

Now we have a few questions that we would like you to answer on the computer. If you have any questions about using the computer, please let me know.

11.	In my home or yard, my child has access to the following. Choose all that apply.	BASKETBALL HOOP/SPORTS GOALS (SOCCER)1         BICYCLE
Ι2.	In my community or neighborhood, my child has access to the following. Choose all that apply.	BASKETBALL HOOP/SPORTS GOALS (SOCCER)12         BIG YARD/EMPTY FIELD

Please read each of the following statements and select the response that best indicates how much you agree or disagree with the statement.

13.	I allow my child to play video games or computer games as much as (he/she) wants.	STRONGLY DISAGREE
14.	I allow my child to watch as much TV as (he/she) wants.	STRONGLY DISAGREE
15.	If my child has been occupied for a long time with inside activities and the weather is nice, I encourage (him/her) to play outside.	STRONGLY DISAGREE

- I6. My child is allowed to play outside without adult supervision. Would you say yes or no?
- 17. How often does a member of your household take (CHILD) to a place where (he/she) can participate in physical activities?
- 18. How do you rate your child's level of physical activity, compared to others of the same age and gender?

YES NO	2
REFUSED	
DON'T KNOW	2
0 DAYS PER WEEK	1
1-2 DAYS PER WEEK	
3-4 DAYS PER WEEK	3
5-6 DAYS PER WEEK	
7 DAYS PER WEEK	5
REFUSED	
DON'T KNOW	2
MUCH LESS THAN OTHERS	1
	2

SOMEWHAT LESS THAN OTHERS	2
ABOUT THE SAME	3
SOMEWHAT MORE THAN OTHERS	4
MUCH MORE THAN OTHERS	5
REFUSED	1
DON'T KNOW	2

Thank you for answering those questions. Please give the tablet back to the interviewer now.

#### SECTION J: NUTRITION QUESTIONS (PIECE 2)

#### Domain 4: Perceived Home Environment Regarding Healthy Eating Interviewer administered Child aged 4 – 15: Adult respondent

The next questions ask how often you have certain types of food available at home. HAND SHOW CARD A.

- J21. How often do you have **fruits** available at home? Would you say (READ ANSWERS)?
- J22. How often do you have any of these **dark green vegetables** available at home? Broccoli; spinach and other greens like collard, mustard, and turnip greens; and dark green leafy lettuce like romaine. Would you say (READ ANSWERS)?
- J23. How often do you have **salty snacks** such as chips and crackers available at home? Do not include nuts. Would you say (READ ANSWERS)?
- J24. How often do you have **1% fat, skim, or fat-free milk** available at home? Do not include 2% milk. Would you say (READ ANSWERS)?

Never	
Rarely	2
Sometimes	3
Often	4
Very Often	5
REFUSED	1
DON'T KNOW	2
Never	
Rarely	2
Rarely Sometimes	2 3
	2 3
Rarely Sometimes Often	2 3 4
Rarely Sometimes	2 3 4 5
Rarely Sometimes Often Very Often	2 3 4 5 1

Never	1
Rarely	2
Sometimes	3
Often	4
Very Often	5
REFUSED	
DON'T KNOW	2
Never	1
Rarely	2

Rarely	2
Sometimes	3
Often	
Verv Often	
REFUSED	
DON'T KNOW	

J25.	How often do you have soft drinks, fruit-
	flavored drinks, or fruit punch available at
	home? Do not include diet drinks, 100% juice or
	sports drinks. Would you say (READ ANSWERS)?

Never	1
Rarely	2
Sometimes	3
Often	
Very Often	5
REFUSED	1
DON'T KNOW	2

#### Domain 6: Perceived Community Environment Regarding Healthy Eating Interviewer administered Child aged 4 – 15: Adult respondent

In the next question, I am going to ask you about obtaining food.

J26.	When shopping for food, how often does the main food shopper in your household go to each of the following places? HAND SHOW CARD A. Would you say (READ ANSWERS)?							
		Never	Rarely	Sometimes	Often	Very Often	RF	DK
	a. Large chain grocery store or supermarket?	1	2	3	4	5	-1	-2
	b. Natural or organic supermarket such as Whole Foods Market?	1	2	3	4	5	-1	-2
	c. Small local store or corner store?	1	2	3	4	5	-1	-2
	d. Convenience store such as 7-Eleven, Quick Stop, mini market?	1	2	3	4	5	-1	-2
	e. Warehouse club store such as Sam's Club or Costco?	1	2	3	4	5	-1	-2
	f. Discount superstore such as Wal-Mart or Target?	1	2	3	4	5	-1	-2
	g. Online delivery such as Peapod or Fresh Direct?	1	2	3	4	5	-1	-2
	h. Ethnic market?	1	2	3	4	5	-1	-2
	i.Farmer's market/co-op?	1	2	3	4	5	-1	-2

The next question is about eating prepared food, including when you eat at restaurants, go through the drive-thru, carry out, or have it delivered.

J27. When you eat out or get take out food, how often do you go to each of the following places? HAND SHOW CARD A. Would you say (READ ANSWERS)?

	Never	Rarely	Sometimes	Often	Very Often	RF	DK
a. Restaurant with waiter or waitress service?	1	2	3	4	5	-1	-2
b. Buffet or cafeteria?	1	2	3	4	5	-1	-2
c. Fast food restaurant?	1	2	3	4	5	-1	-2
d. Deli, stand alone or in a shop?	1	2	3	4	5	-1	-2

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e. Convenience stores such as 7- Eleven, Quick Stop, mini market?	1	2	3	4	5	-1	-2	
f. Bar, tavern, or lounge?	1	2	3	4	5	-1	-2	
g. Coffee shop?	1	2	3	4	5	-1	-2	

DISAGREE

1

1

1

A LOT

DISAGREE

2

2

2

A LITTLE

AGREE

A LITTLE

4

4

4

AGREE

5

5

5

A LOT

RF

-1

-1

-1

DK

-2

-2

-2

In this next set of questions, I am going to ask you about the availability, cost, and quality of food **in your community**. Remember, community is defined as the place where you live, including your neighborhood and the neighborhoods that you are easily able to get to. HAND SHOW CARD C.

- J28. Please tell me how much you agree or disagree with the following statements. Do you disagree a lot, disagree a little, agree a little, or agree a lot?
  - a. It is easy to buy fresh fruits and vegetables in my community.
  - b. There is a large selection of fresh fruits and vegetables in my community.
  - c. The produce, fresh fruits and vegetables, in my community is of high quality. REMOVE SHOW CARD C.

#### **Domain 7: Infant Feeding History**

#### Interviewer administered

Child aged 4 – 15: Adult respondent

The next questions are about breastfeeding your child.

- J29. Was your child ever breastfed or fed breast milk?
- J30. How old was your child when (he/she) completely stopped breastfeeding or being fed breast milk?

	(SKIP TO J31)	
	(SKIP TO J31) (SKIP TO J31)	
WEEKS		
MONTHS		
REFUSED		

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d

# **Domain 8: Household Food Insecurity**

Interviewer administered Child aged 4 – 15: Adult respondent

Now I'm going to read you several statements that people have made about their food situation. For these statements, please tell me whether the statement was **often** true, **sometimes** true, or **never** true for your household in the last 12 months – that is, since last (CURRENT MONTH).

- J31. We worried whether our food would run out before we got money to buy more. Was that often true, sometimes true, or never true for your household in the last 12 months?
- J32. The food that we bought just didn't last, and we didn't have money to get more. Was that often, sometimes, or never true for your household in the last 12 months?

OFTEN TRUE	1
SOMETIMES TRUE	
NEVER TRUE	3
REFUSED	1
DON'T KNOW	2

OFTEN TRUE	1
SOMETIMES TRUE	
NEVER TRUE	
REFUSED.	1
DON'T KNOW	2

#### Domain 9: Dieting Behaviors (FOR 4 – 11 YEAR OLDS)

In	ter	viewe	r ac	Iminisi	terea	
_						

Child aged 4 – 11:Adult\_respondent

Child aged 12 – 15: NOT ADMINISTERED IN THIS FORMAT OR POINT IN THE SURVEY

J33.	At this time do you feel that your child is (READ ANSWERS)?	Underweight About the right weight Overweight REFUSED DON'T KNOW			2 			
J34.	At this time how satisfied are you with your child's weight? Please choose a number between 1 and 5 with 1 being very satisfied and 5 being not at all satisfied.	VERY SATISF I REFUSED DON'T KNOW	2	3	- - - - 	DT AT ALL SATISFIED 5 1 -2		

#### SECTION B: DEMOGRAPHIC AND SOCIO-ECONOMIC INFORMATION Interviewer administered Child aged 4 – 15: Adult respondent

Now we have some basic background and demographic information to ask you. These questions are simple, straightforward, and will be kept private under the Privacy Act. Your name will not be on your questionnaire. For the following questions, please consider the other people who live in your household as they relate to (CHILD).

B1. HAND SHOW CARD D. Who lives in this household? Please select all the numbers that apply. Please remember not to include anyone who usually lives somewhere else. CODE ALL THAT APPLY

STUDY CHILD'S BIOLOGICAL MOTHER1
STUDY CHILD'S BIOLOGICAL FATHER2
OTHER ADULTS AGED 18 AND OLDER, NOT
INCLUDING THE STUDY CHILD'S BIOLOGICAL
PARENTS
OTHER CHILDREN UNDER THE AGE OF 18, NOT
INCLUDING THE STUDY CHILD4
REFUSED1
DON'T KNOW2

#### IF B1 RESPONSE INCLUDES 3, ASK A.

Α.	HAND SHOW CARD E. Please indicate the	A: NON-BIOLOGICAL PARENTS (ADOPTIVE, STEP OR
	number of each type of adult who lives in	FOSTER)
	this household. Please only include adults	B: PARENT'S UNMARRIED PARTNER
	18 years old or older. ASK FOR COUNT	C: GRANDPARENT(S)
	FOR EACH TYPE BY LETTER.	D: AUNT(S)/UNCLE(S)
		E: OTHER ADULT RELATIVES
		F: OTHER ADULT NON-RELATIVES REFUSED

#### IF B1 RESPONSE INCLUDES 4, ASK B.

B. HAND SHOW CARD F. Please indicate the number of each type of child, other than (CHILD) who lives in this household. Please only include children less than 18 years old. ASK FOR COUNT FOR EACH TYPE BY LETTER.

G: BROTHER/SISTER(S) (BIOLOGICAL/ADOPTIVE/
STEP/FOSTER)
H: COUSINS
I: NIECE(S)/NEPHEWS(S)
J: STUDY CHILD'S CHILD(REN)
K: OTHER RELATIVE CHILD(REN)
L: OTHER NON-RELATIVE CHILD(REN) REFUSED1
DON'T KNOW2

DON'T KNOW.....-2

d j-XXXX

xx/xxxx

B2.	HAND SHOW CARD G. How are you related to (CHILD)? Please tell me the number of your answer. REMOVE SHOW CARD G.	BIOLOGICAL MOTHER(SKIP TO B4)1BIOLOGICAL FATHER(SKIP TO B4)2ADOPTIVE/STEP/FOSTERMOTHER(SKIP TO B4)
B3.	Are you (CHILD)'s guardian?	YES
B4.	How old are you?	AGE REFUSED1 DON'T KNOW2
B5.	RECORD GENDER WITHOUT ASKING	MALE1 FEMALE2
B6.	Are you now married, widowed, divorced separated, never married or living with a partner?	MARRIED.1WIDOWED.2DIVORCED.3SEPARATED.4NEVER MARRIED.5LIVING WITH PARTNER.6REFUSED1DON'T KNOW2
B7.	Do you consider yourself Hispanic/Latin(o/a)?	YES
	A. Which of the following represent your Hispanic origin or ancestry? READ ANSWERS AND CODE ALL THAT APPLY	Puerto Rican.1Dominican (Republic).2Mexican/Mexican American.3Cuban/Cuban American.4Central/South American.5Other Latin American.6Other Hispanic Or Latin(o/a).7REFUSED1DON'T KNOW2
B8.	(In addition to being Hispanic, what/What) race do you consider yourself to be? CODE ALL THAT APPLY	WHITE

# IF B8 RESPONSE INCLUDES 4, ASK A

A. Which Native Hawaiian and/or Pacific Islander group? CODE ALL THAT APPLY

NATIVE HAWAIIAN	1
GUAMANIAN	
SAMOAN	
OTHER PACIFIC ISLANDER (SPECIFY)	4
REFUSED	1
DON'T KNOW	2

IF B8 F	RESPONSE INCLUDES 5, ASK B	
	B. Which Asian group? CODE ALL THAT APPLY SPECIFY:	ASIAN INDIAN.       1         CHINESE       2         FILIPINO.       3         JAPANESE       4         KOREAN.       5         VIETNAMESE       6         OTHER ASIAN (SPECIFY).       7         REFUSED.       -1         DON'T KNOW.       -2
B9.	Where were you born?	US STATE (SPECIFY)(SKIP TO B10)1 US TERRITORY OR FOREIGN COUNTRY(SPECIFY)2 REFUSED(SKIP TO B10) 1 DON'T KNOW(SKIP TO B10) 2
	SPECIFY:	
	A. What year did you come to live in the United States?	YEAR REFUSED1 DON'T KNOW2
	am going to ask you about language use.	
IF B7=	I, SKIP TO B11	
B10.	What languages do you usually speak at home? CODE ALL THAT APPLY	ENGLISH
B11.	What languages do you usually speak at home? Would you say (READ ANSWERS)?	Only Spanish

Now, I have some questions about educational history to ask you.

B12. What is the highest grade or year of school you have completed or the highest degree you have received?

NEVER ATTENDED/KINDERGARTEN ONLY	1
1 <sup>ST</sup> GRADE	
2 <sup>ND</sup> GRADE	3
3 <sup>RD</sup> GRADE	4
4 <sup>™</sup> GRADE	
5 <sup>TH</sup> GRADE	6
6 <sup>™</sup> GRADE	
7 <sup>TH</sup> GRADE	
8 <sup>TH</sup> GRADE	
9 <sup>TH</sup> GRADE	
10 <sup>TH</sup> GRADE	
11 <sup>™</sup> GRADE	
12 <sup>TH</sup> GRADE	.13
12 <sup>™</sup> GRADE, NO DIPLOMA	.14
HIGH SCHOOL GRADUATE	
GED OR EQUIVALENT	.16
SOME COLLEGE, NO DEGREE	.17
ASSOCIATE DEGREE: OCCUPATIONAL, TECHNICAL,	
OR VOCATIONAL PROGRAM	.18
ASSOCIATE DEGREE: ACADEMIC PROGRAM	.19
BACHELOR'S DEGREE (BA, AB, BS, BBA)	.20
MASTER'S DEGREE (MÀ, MS, MENG, MÉD, MBA)	
PROFESSIONAL SCHOOL DEGREE (MD,	
DDS, DVM, JD)	.22
DOCTORAL DEGREE (PHD, EDD)	.23
REFUSED	
DON'T KNOW	2
WORKING FULL-TIME FOR PAY NOW	1
WORKING PART-TIME FOR PAY NOW	2
ONLY TEMPORARILY LAID OFF, ON SICK LEAVE OR	
MATERNITY LEAVE	
	1

SPECIFY:

APPLY

B13.

B14. How many nights a week does (CHILD) usually sleep in this house?

We would like to know about what you do – are you working full-time for pay now, working parttime for pay, looking for work, retired, keeping house, a student, or what? CODE ALL THAT

NIGHTS	
REFUSED	1
DON'T KNOW	2

#### IF B2>02, SKIP TO B25

You said that you are (CHILD)'s biological (mother/father). I would like to ask some questions now about (his/her) other biological parent.

## B15. How old is (he/she)?

DIJ.		
		DECEASED
		DON'T KNOW2
B16.	RECORD GENDER OF OTHER BIOLOGICAL PARENT WITHOUT ASKING	MALE1 FEMALE2

IF B15 = 96, SKIP TO B43 IF B15 = 95 SKIP TO B18 IF B2=1 AND B1 DOES NOT INCLUDE 2 [RESPONDENT= BIO MOTHER, BIO FATHER DOES NOT LIVE IN HH] OR B2=2 AND B1 DOES NOT INCLUDE 1 [RESPONDENT=BIO FATHER, BIO MOTHER DOES NOT LIVE IN HH] SKIP TO B18

- B17. Is (he/she) now married, widowed, divorced, separated, never married, or living with a partner?
- B18. (IF B15 = 95, READ: I am sorry to hear that. I would still like to ask a few questions about (him/her) at the time of (his/her) death.)

Do you consider (him/her) Hispanic/Latin(o/a)?

- A. Which of the following represent (his/her) Hispanic origin or ancestry? READ ANSWERS AND CODE ALL THAT APPLY
- B19. (In addition to being Hispanic, what/What) race do you consider (him/her) to be? CODE ALL THAT APPLY

YES	
NO(SKIP	TO B19)2
REFUSED	TO B19)1
DON'T KNOW	,
· · · · ·	,

Puerto Rican	
Dominican (Republic)	2
Mexican/Mexican American	
Cuban/Cuban American	4
Central/South American	5
Other Latin American	6
Other Hispanic Or Latin(o/a)	7
REFUSED	1
DON'T KNOW	2
WHITE	1
BLACK/ AFRICAN AMERICAN	
AMERICAN INDIAN/ALASKA NATIVE	
NATIVE HAWAIIAN/PACIFIC ISLANDER	
ASIAN	5
REFUSED	1

#### IF B19 RESPONSE INCLUDES 4, ASK A

A. Which Native Hawaiian and/or Pacific Islander group? CODE ALL THAT APPLY

NATIVE HAWAIIAN	1
GUAMANIAN	
SAMOAN	
OTHER PACIFIC ISLANDER (SPECIFY)	4
REFUSED	1
DON'T KNOW	2

DON'T KNOW.....-2

#### SPECIFY:\_\_\_

#### IF B19 RESPONSE INCLUDES 5, ASK B

#### SPECIFY:

IF B15 = 95 SKIP TO B23 IF B2=1 AND B1 DOES NOT INCLUDE 2 [RESPONDENT= BIO MOTHER, BIO FATHER DOES NOT LIVE IN HH] OR B2=2 AND B1 DOES NOT INCLUDE 1 [RESPONDENT=BIO FATHER, BIO MOTHER DOES NOT LIVE IN HH] SKIP TO B23

#### B20. Where was (he/she) born?

US STATE (SPECIFY)......(SKIP TO B21).....1 US TERRITORY OR FOREIGN COUNTRY(SPECIFY)....2 REFUSED.......(SKIP TO B21) ......-1 DON'T KNOW.......(SKIP TO B21) .....-2

SPECIFY:

A. What year did (he/she) come to live in the United States?

What languages (does/did) (he/she) usually speak

What languages (does/did) (he/she) usually speak at home? Would you say (READ ANSWERS)?

Now I am going to ask you about (his/her) language use.

at home? CODE ALL THAT APPLY

IF B18=1, SKIP TO B22

B21.

B22.

YEAR	
REFUSED	1
DON'T KNOW	2

ENGLISH1	
SPANISH	
OTHER	
REFUSED1	
DON'T KNOW2	
SKIP TO B23	٦

Only Spanish	1
More Spanish Than English	
Both Equally	3
More English Than Spanish	
Only English	
Other	6
REFUSED	1
DON'T KNOW	2

Now, I have some questions about (his/her) educational history to ask you.

B23. What is the highest grade or year of school (he/she) (has/had) completed or the highest degree (he/she) (has/had) received?

NEVER ATTENDED/KINDERGARTEN ONLY	1
1 <sup>ST</sup> GRADE	
2 <sup>ND</sup> GRADE	3
3 <sup>RD</sup> GRADE	4
4 <sup>™</sup> GRADE	
5 <sup>TH</sup> GRADE	
6 <sup>TH</sup> GRADE	7
7 <sup>™</sup> GRADE	8
8 <sup>™</sup> GRADE	
9 <sup>™</sup> GRADE	10
10 <sup>™</sup> GRADE	11
11 <sup>™</sup> GRADE	
12 <sup>™</sup> GRADE	13
12 <sup>™</sup> GRADE, NO DIPLOMA	14
HIGH SCHOOL GRADUATE	
GED OR EQUIVALENT	16
SOME COLLEGE, NO DEGREE	17
ASSOCIATE DEGREE: OCCUPATIONAL, TECHNIC	CAL,
OR VOCATIONAL PROGRAM	
ASSOCIATE DEGREE: ACADEMIC PROGRAM	19
BACHELOR'S DEGREE (BA, AB, BS, BBA)	
MASTER'S DEGREE (MA, MS, MENG, MED, MBA).	21
PROFESSIONAL SCHOOL DEGREE (MD,	
DDS, DVM, JD)	22
DOCTORAL DEGREE (PHD, EDD)	
REFUSED	
DON'T KNOW	2

#### IF B15 = 95, SKIP TO B43 IF B2=1 AND B1 DOES NOT INCLUDE 2 [RESPONDENT= BIO MOTHER, BIO FATHER DOES NOT LIVE IN HH] OR B2=2 AND B1 DOES NOT INCLUDE 1 [RESPONDENT=BIO FATHER, BIO MOTHER DOES NOT LIVE IN HH] SKIP TO B43

B24.	We would like to know about what (he/she) does- is (he/ she) working full-time for pay now, working part-time for pay, looking for work, retired, keeping house, a student, or what? CODE ALL THAT APPLY	WORKING FULL-TIME FOR PAY NOW
	SPECIFY:	

SKIP TO B43

You said that you are not (CHILD)'s biological parent. I would like to ask some questions now about (his/her) biological mother and father.

B25.	How old is (his/her) biological mother?	AGE
IF B25	= 96, SKIP TO B34 = 95, SKIP TO B27 DOES NOT INCLUDE 1, SKIP TO B27	
B26.	Is she now married, widowed, divorced, separated, never married, or living with a partner?	MARRIED.1WIDOWED.2DIVORCED.3SEPARATED.4NEVER MARRIED.5LIVING WITH PARTNER.6REFUSED1DON'T KNOW2
B27.	(IF B25 = 95, READ: I am sorry to hear that. I would still like to ask a few questions about her at the time of her death.) Do you consider her Hispanic/ Latina?	YES
	A. Which of the following represent her Hispanic origin or ancestry? READ ANSWERS AND CODE ALL THAT APPLY	Puerto Rican.1Dominican (Republic).2Mexican/Mexican American.3Cuban/Cuban American.4Central/South American.5Other Latin American.6Other Hispanic Or Latin(o/a).7REFUSED1DON'T KNOW2
B28.	(In addition to being Hispanic, what/What) race do you consider her to be? CODE ALL THAT APPLY	WHITE
IF B28	RESPONSE INCLUDES 4, ASK A	
	A. Which Native Hawaiian and/or Pacific Islander group? CODE ALL THAT APPLY	NATIVE HAWAIIAN
	SPECIFY:	2011 T KNOW

### IF B28 RESPONSE INCLUDES 5, ASK B

B. Which Asian group? CODE ALL THAT APPLY

ASIAN INDIAN	1
CHINESE	2
FILIPINO	3
JAPANESE	4
KOREAN	5
VIETNAMESE	6
OTHER ASIAN (SPECIFY)	
REFUSED	
DON'T KNOW	2

SPECIFY:

#### IF B25 = 95, SKIP TO B32 IF B1 DOES NOT INCLUDE 1, SKIP TO B32

B29. Where was she born?

#### US STATE (SPECIFY)......(SKIP TO B30)......1 US TERRITORY OR FOREIGN COUNTRY(SPECIFY)....2 REFUSED.......(SKIP TO B30) ......-1 DON'T KNOW......(SKIP TO B30) .....-2

SPECIFY:\_\_\_

A. What year did she come to live in the United States?

YEAR
REFUSED1
DON'T KNOW2

Now I am going to ask you about her language use.

IF B27=1, SKIP TO B31		

- B30. What languages (does/did) she usually speak at home? CODE ALL THAT APPLY
- B31. What languages (does/did) she usually speak at home? Would you say (READ ANSWERS)?

ENGLISH	1
SPANISH	2
OTHER	3
REFUSED	1
DON'T KNOW	2
SKIP TO B32	

Only Spanish	1
More Spanish Than English	2
Both Equally	3
More English Than Spanish	4
Only English	5
Other	
REFUSED	1
DON'T KNOW	2

Now, I have some questions about her educational history to ask you.

B32. What is the highest grade or year of school she (has/had) completed or the highest degree she (has/had) received?

NEVER ATTENDED/KINDERGARTEN ONLY1
1 <sup>st</sup> GRADE2
2 <sup>ND</sup> GRADE
3 <sup>RD</sup> GRADE
4 <sup>TH</sup> GRADE
5 <sup>TH</sup> GRADE
6 <sup>TH</sup> GRADE
$7^{TH}$ GRADE
8 GRADE
9 GRADE
$10^{\text{TH}}$ GRADE
$12^{\text{TH}}$ GRADE
$12^{\text{TH}}$ GRADE, NO DIPLOMA
HIGH SCHOOL GRADUATE
GED OR EQUIVALENT
SOME COLLEGE. NO DEGREE
ASSOCIATE DEGREE: OCCUPATIONAL, TECHNICAL,
OR VOCATIONAL PROGRAM
ASSOCIATE DEGREE: ACADEMIC PROGRAM
BACHELOR'S DEGREE (BA, AB, BS, BBA)20
MASTER'S DEGREE (MÀ, MS, MENG, MÉD, MBA)21
PROFESSIONAL SCHOOL DEGREE (MD,
DDS, DVM, JD)22
DOCTORAL DEGREE (PHD, EDD)23
REFUSED1
DON'T KNOW2

B33. We would like to know about what she does – is she working full-time for pay now, working parttime for pay, looking for work, retired, keeping house, a student, or what? CODE ALL THAT APPLY

WORKING FULL-TIME FOR PAY NOW	1
WORKING PART-TIME FOR PAY NOW	2
ONLY TEMPORARILY LAID OFF, ON SICK LEAVE OR	
MATERNITY LEAVE	3
LOOKING FOR WORK, UNEMPLOYED	4
RETIRED	5
DISABLED, PERMANENTLY OR TEMPORARILY	6
KEEPING HOUSE	7
STUDENT	8
OTHER (SPECIFY)	9
REFUSED.	
DON'T KNOW	2

SPECIFY:

Now I would like to ask the same questions about (CHILD)'s biological father.

B34. How old is (his/her) biological father?

AGE	
DECEASED	95
KNOW NOTHING ABOUT THIS PERSON	96
REFUSED	1
DON'T KNOW	2

OTHER PACIFIC ISLANDER (SPECIFY)......4 REFUSED.....-1 DON'T KNOW....-2

IF B34 = 96, SKIP TO B43
IF B34 = 95, SKIP TO B36
IF B1 DOES NOT INCLUDE 2, SKIP TO B36

B35.	Is he now married, widowed, divorced, separated, never married, or living with a partner?	MARRIED.1WIDOWED.2DIVORCED.3SEPARATED.4NEVER MARRIED.5LIVING WITH PARTNER.6REFUSED1DON'T KNOW2
B36.	(IF B34 = 95, READ: I am sorry to hear that. I would still like to ask a few questions about him at the time of his death.) Do you consider him Hispanic/ Latino?	YES
	A. Which of the following represent his Hispanic origin or ancestry? READ ANSWERS AND CODE ALL THAT APPLY	Puerto Rican.1Dominican (Republic).2Mexican/Mexican American.3Cuban/Cuban American.4Central/South American.5Other Latin American.6Other Hispanic Or Latin(o/a).7REFUSED1DON'T KNOW2
B37.	(In addition to being Hispanic, what/What) race do you consider him to be? CODE ALL THAT APPLY	WHITE
IF B37	RESPONSE INCLUDES 4, ASK A	
	A. Which Native Hawaiian and/or Pacific Islander group? CODE ALL THAT APPLY	NATIVE HAWAIIAN1 GUAMANIAN2 SAMOAN3

SPECIFY:\_\_\_

IF B37 RESPONSE INCLUDES 5, ASK B

	B. Which Asian group? CODE ALL THAT APPLY	ASIAN INDIAN
	SPECIFY:	
	= 95, SKIP TO B41 DOES NOT INCLUDE 2, SKIP TO B41	
B38.	Where was he born?	US STATE (SPECIFY)(SKIP TO B39)1 US TERRITORY OR FOREIGN COUNTRY(SPECIFY)2 REFUSED(SKIP TO B39) 1
	SPECIFY:	DON'T KNOW(SKIP TO B39)2
	A. What year did he come to live in the United States?	YEAR REFUSED1 DON'T KNOW2
Now I	am going to ask you about his language use.	
IF B36	=1, SKIP TO B40	
B39.	What languages (does/did) he speak at home? CODE ALL THAT APPLY	ENGLISH
B40.	What languages (does/did) he usually speak at home? Would you say (READ ANSWERS)?	Only Spanish1More Spanish Than English2Both Equally3More English Than Spanish4Only English5Other6REFUSED1DON'T KNOW-2

Now, I have some questions about his educational history to ask you.

B41. What is the highest grade or year of school he (has/had) completed or the highest degree he (has/had) received?

NEVER ATTENDED/KINDERGARTEN ONLY	1
1 <sup>ST</sup> GRADE	2
2 <sup>ND</sup> GRADE	3
3 <sup>RD</sup> GRADE	
4 <sup>TH</sup> GRADE	
5 <sup>TH</sup> GRADE	
6 <sup>TH</sup> GRADE	
7 <sup>TH</sup> GRADE	
8 <sup>TH</sup> GRADE	
9 <sup>TH</sup> GRADE	
10 <sup>TH</sup> GRADE	
11 <sup>TH</sup> GRADE	
12 <sup>TH</sup> GRADE	
12 <sup>TH</sup> GRADE, NO DIPLOMA	.14
HIGH SCHOOL GRADUATE	
GED OR EQUIVALENT	
SOME COLLEGE, NO DEGREE	
ASSOCIATE DEGREE: OCCUPATIONAL, TECHNICAL,	
OR VOCATIONAL PROGRAM	.18
ASSOCIATE DEGREE: ACADEMIC PROGRAM	
BACHELOR'S DEGREE (BA, AB, BS, BBA)	.20
MASTER'S DEGREE (MÀ, MS, MENG, MÉD, MBA)	
PROFESSIONAL SCHOOL DEGREE (MD,	
DDS, DVM, JD)	.22
DOCTORAL DEGREE (PHD, EDD)	
REFUSED	
DON'T KNOW	

#### IF B34 = 95, SKIP TO B43 IF B1 DOES NOT INCLUDE 2, SKIP TO B43

working full-time for pay now, part-time for pay looking for work, retired, keeping house, a student, or what?	WORKING FULL-TIME FOR PAY NOW WORKING PART-TIME FOR PAY NOW ONLY TEMPORARILY LAID OFF, ON S MATERNITY LEAVE LOOKING FOR WORK, UNEMPLOYED RETIRED DISABLED, PERMANENTLY OR TEMP KEEPING HOUSE
--	---

WORKING FULL-TIME FOR PAY NOW	1
WORKING PART-TIME FOR PAY NOW	2
ONLY TEMPORARILY LAID OFF, ON SICK LEAVE OR	
MATERNITY LEAVE	3
LOOKING FOR WORK, UNEMPLOYED	4
RETIRED	5
DISABLED, PERMANENTLY OR TEMPORARILY	6
KEEPING HOUSE	7
STUDENT	
OTHER (SPECIFY)	9
REFUSED	1
DON'T KNOW	2

#### SPECIFY:\_\_\_\_\_

The next questions are about your total family income in (LAST CALENDAR YEAR IN 4-DIGIT FORMAT) **before taxes.** Income is important in understanding the health information we collect. For example, with this information, we can learn how income is related to children's health. These answers will be kept private under the Privacy Act. like all the other information you provide

When answering these questions, please remember that by "combined family income" I mean your income plus the income of all family members and partners living in the household. Please include income from jobs, government assistance, social security, disability, unemployment insurance, investments, and any other income that your family has.

B43.	What is your best estimate of the total income of all family members from all sources, before taxes were taken out, in (LAST CALENDAR YEAR IN 4-	INCOME(SKIP TO B49)\$, , REFUSED1
	DIGIT FORMAT)?	DON'T KNOW2
B44.	Was your total family income from all sources less than \$50,000 or \$50,000 or more?	LESS THAN \$50,000
B45.	Was your total family income from all sources less than \$35,000 or \$35,000 or more?	LESS THAN \$35,0001 \$35,000 OR MORE(SKIP TO B49)2 REFUSED1 DON'T KNOW2

- B46. Was your total family income from all sources less than \$20,000 or \$20,000 or more?
- B47. Was your total family income from all sources less than \$100,000 or \$100,000 or more?
- B48. Was your total family income from all sources less than \$75,000 or \$75,000 or more?
- B49. Does (CHILD) consider (himself/ herself) Hispanic/Latin(o/a)?
  - A. Which of the following represent (CHILD)'s Hispanic origin or ancestry? READ ANSWERS AND CODE ALL THAT APPLY
- B50. (In addition to being Hispanic, what/What) race does (CHILD) consider (himself/ herself) to be? CODE ALL THAT APPLY

#### IF B50 RESPONSE INCLUDES 4, ASK A

A. Which Native Hawaiian and/or Pacific Islander group? CODE ALL THAT APPLY

\$20,000 OR MORE2	
REFUSED1	
DON'T KNOW2 SKIP TO B49	
SKIP TO B49	
LESS THAN \$100,000	-
LESS THAN \$75,000	
YES	
Puerto Rican.1Dominican (Republic).2Mexican/Mexican American.3Cuban/Cuban American.4Central/South American.5Other Latin American.6Other Hispanic Or Latin(o/a).7REFUSED.1DON'T KNOW.2	
WHITE	

LESS THAN \$20,000.....1

NATIVE HAWAIIAN	1
GUAMANIAN	2
SAMOAN	3
OTHER PACIFIC ISLANDER (SPECIFY)	4
REFUSED	1
DON'T KNOW	2

SPECIFY:

B51.

IF B50 RESPONSE INCLUDES 5, ASK B

B. Which Asian group? CODE ALL THAT APPLY SPECIFY:	ASIAN INDIAN
Where was (CHILD) born? SPECIFY:	US STATE (SPECIFY)(SKIP TO B52)1 US TERRITORY OR FOREIGN COUNTRY(SPECIFY)2 REFUSED(SKIP TO B52) 1 DON'T KNOW(SKIP TO B52)2
A. What year did (CHILD) come to live in the United States?	YEAR REFUSED1 DON'T KNOW2

Now I am going to ask you about (CHILD)'s language use.

IF B49	=1, SKIP TO B53	
B52.	What languages does (CHILD) usually speak at home? CODE ALL THAT APPLY	ENGLISH
B53.	What languages does (CHILD) usually speak at home? Would you say (READ ANSWERS)?	Only Spanish.1More Spanish Than English.2Both Equally.3More English Than Spanish.4Only English.5Other.6REFUSED1DON'T KNOW2

Now, I have some questions about (CHILD)'s educational history to ask you.

· · · · · · · · ·

YES.....1

NO.....2

REFUSED.....-1

DON'T KNOW.....-2 YES......1

NO.....2

REFUSED.....-1

DON'T KNOW.....-2

B55. In the past month, has anyone in your household received assistance from any of the following:

- A. Supplemental Nutrition Assistance benefits, sometimes called SNAP or Food Stamps?
- B. Supplemental nutrition program for Women, Infants or Children, sometimes called WIC?

#### SECTION C: DETAILS OF CHILD'S BIRTH Interviewer administered Child aged 4 – 15: Adult respondent

We now want to ask some questions about (CHILD)'s birth.

C1.	What is (CHILD)'s birthdate?	BIRTH DATE:	/	/	
		MON <sup>-</sup> REFUSED DON'T KNOW	(SKIP TC		
	A. RECORD SOURCE OF BIRTH DATE DATA.	BIRTH CERTIFICAT BABY BOOK/RECO	`E RD	, 	1
	SPECIEY.	ADULT REPORT OTHER (SPECIFY).			

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- A. RECORD BIRTH WEIGHT IN POUNDS AND OUNCES
- B. RECORD BIRTH WEIGHT IN GRAMS (1 KILOGRAM = 1000 GRAMS)
- C. Did (CHILD) weigh more than 5 ½ pounds or 2500 grams?
- D. Did (CHILD) weigh more than 9 pounds or 4100 grams?
- E. RECORD SOURCE OF BIRTH WEIGHT DATA.

SPECIFY:

- C3. What was (CHILD)'s length at birth?
  - A. RECORD BIRTH LENGTH IN INCHES
  - B. RECORD BIRTH LENGTH IN CENTIMETERS
  - C. RECORD SOURCE OF BIRTH LENGTH DATA.

SPECIFY:

- C4. Was (CHILD) born early or preterm? A preterm delivery is one that occurs at 36 weeks or earlier in pregnancy, that is more than 3 weeks before the baby's due date.
  - A. How many weeks early was (CHILD) born?
  - B. How many weeks along was (CHILD) at birth?
- C5. How many years has (CHILD) lived at this address?
- C6. How many years has (CHILD) lived in the area around (NAME OF HIGH SCHOOL)?

ANSWER IN POUNDS.....1 ANSWER IN GRAMS......(SKIP TO C2B).....2 REFUSED......(SKIP TO C2C).....1 DON'T KNOW.......(SKIP TO C2C).....-2 POUNDS ..... OUNCES ..... SKIP TO C2E GRAMS ..... SKIP TO C2E YES.....1 NO......2 REFUSED.......(SKIP TO C3).....-1 YES.....1 NO......2 REFUSED.....-1 DON'T KNOW.....-2 SKIP TO C3 BIRTH CERTIFICATE.....1 BABY BOOK/RECORD.....2 OTHER (SPECIFY)......4 ANSWER IN INCHES.....1 ANSWER IN CENTIMETERS..(SKIP TO C3B)......2 INCHES ...... SKIP TO C3C CENTIMETERS ..... BIRTH CERTIFICATE.....1 BABY BOOK/RECORD......2 YES.....1 REFUSED.......(SKIP TO C5).....-1 WEEKS ......(SKIP TO C5)..... REFUSED.....-1 DON'T KNOW.....-2 WFFKS ..... REFUSED.....-1 DON'T KNOW.....-2 YEARS ..... REFUSED.....-1

DON'T KNOW.....-2 YEARS

REFUSED	-1
DON'T KNOW	2

#### SECTION D: HEALTH INSURANCE Interviewer administered Child aged 4 – 15: Adult respondent

The next questions are about health insurance coverage for you and for (CHILD). When answering these questions, please include health insurance obtained through employment or purchased directly as well as government programs like Medicare and Medicaid that provide medical care or help pay medical bills.

D1.	Are <b>you</b> currently covered by medical insurance or some other kind of health care plan?	YES
D2.	In the past 12 months, was there any time when you did not have health insurance coverage?	YES
D3.	Is (CHILD) currently covered by medical insurance or some other kind of health care plan?	YES
D4.	In the past 12 months, was there any time when (CHILD) did not have health insurance coverage?	YES
D5.	Does your child get free or reduced-price lunches at school?	YES
Now I	am going to ask some questions about (CHILD)'s health.	
D6.	Has a doctor or other health professional ever told you that (CHILD) has a long-term or chronic disease like diabetes, asthma or any other condition?	YES
	SPECIFY CONDITION:	
	A. Has a doctor or other health professional ever prescribed medication for (CHILD) for this chronic medical condition?	YES
	SPECIFY MEDICATION:	
D7.	Is (CHILD) currently enrolled in a structured program that targets weight, diet, or physical activity? Please do not include organized sports programs.	YES
D8.	Does (CHILD) have an impairment or health problem that limits (his/her) ability to walk, run or play?	YES
D9.	Is this an impairment or health problem that has lasted, or is expected to last, <b>12 months or longer</b> ?	YES

-XXXX

YES	(SPECIFY)	1
NO	(END SECTIÓN)	2
REFUSED	(END SECTION)	1
DON'T KNOW	(END SECTION)	2

SPECIFY:\_

# HOME VISIT 2 (Enhanced Protocol ONLY)

#### SECTION L: PHYSICAL ACTIVITY BEHAVIORS RECALL (FOR 4 - 15 YEAR OLDS) Self administered

Child aged 4 – 8: Adult respondent/child present to assist

Child aged 9 - 15: Child respondent/ adult present to assist

Now we have a few questions that we would like (CHILD/you) to answer on the computer with (your/ CHILD's) help. I can show you how to get started with the questions. DEMONSTRATE COMPUTER USAGE TO (CHILD/ADULT) AND PROVIDE AGE AND GENDER APPROPRIATE INTENSITY SHOW CARD.

The next questions are going to ask you about the activities that (you/your child) did yesterday. Please only think about the activities (you/your child) did yesterday, not activities that (you like/your child likes) or would like to do. For each activity, answer whether or not (you/your child) did the activity yesterday. For those activities that (you/your child) did, mark yes and answer the remaining questions for that activity. Use the word and picture descriptions on the card as a guide to select how physically hard or intense the activity was. Remember, these pictures are just a guide, and not the activities you are answering questions about.

L1.	Did (you/your child) <b>have physical education</b> (PE) class in school yesterday?	YES
	A. How physically hard or intense was this activity?	LIGHT
	B. For how many minutes did (you/your child) have PE?	MINUTES1 REFUSED1 DON'T KNOW2
	C. When (you/ yourchild) were in <b>PE</b> , what exactly (were you/was your child) doing?	TEAM SPORT SKILLS.       1         INDIVIDUAL SPORT SKILLS.       2         DANCE/TUMBLING SKILLS.       3         WATER ACTIVITY SKILLS.       4         CARDIOVASCULAR MACHINES OR CONDITIONING       4         (RUNNING, CYCLING, STAIRCLIMBER, ROWERS, ETC.)       5         CLIMBING WALL ACTIVITIES.       6         EXERCISES/CALISTHENICS.       7         FRISBEE OR FRISBEE GOLF.       8         JUMPROPE/PLYOMETRICS/CONDITIONING.       9         WEIGHT TRAINING.       10         YOGA/PILATES.       11         OTHER (SPECIFY).       12         REFUSED.       -1         DON'T KNOW.       -2
L2.	Did (you/your child) <b>have recess or other free-</b> <b>play at school</b> yesterday?	YES
	A. Were (you/your child) physically active when (you/your child) had recess or other free-play?	YES

Ы

-XXXX

kx/xxxx

- B. How physically hard or intense was this activity?
- C. For how many minutes did (you/your child) have **recess or other free-play time**?
- D. When (you/your child) were in **recess or other free-play**, what exactly (were you/was your child) doing?

MODERATE	2
HARD	
VERY HARD	4
REFUSED	1
DON'T KNOW	2

LIGHT.....1

MINUTES	
REFUSED	1
DON'T KNOW	2

PLAYGROUND GAME (KICKBALL, FOUR SQUARE,	
DODGEBALL, ETC.)	.1
ORGANIZED SPORT GAME (BASEBALL, BASKETBALL,	
FOOTBALL, ETC.)	.2
TAG/CAPTURE THE FLAG/RED ROVER/ETC	3
FIXED EQUIPMENT (MONKEY BARS, SLIDES, SWINGS,	,
ETC.)	.4
HANGING OUT WITH FRIENDS	.5
DOING SCHOOL WORK	
OTHER (SPECIFY)	7
REFUSED	-1
DON'T KNOW	-2

#### SPECIFY:

L3. Did (you/your child) have dance or other physically active classes at school (other than PE class) yesterday?

- A. How physically hard or intense was this activity?
- B. For how many minutes did (you/your child) have dance or the physically active class?
- C. When (you/your child) were in **dance or the physically active class**, what exactly (were you/was your child) doing?
- SPECIFY:
- L4. Did (you/your child) participate in physical activity breaks during classes at school yesterday?
  - A. How physically hard or intense was this activity?
  - B. For how many minutes were the **physical activity breaks**?
  - C. During the **physical activity breaks during class**, what exactly (were you/was your child) doing?

YES		1
NO	(SKIP TO L4)	.2

LIGHT	.1
MODERATE	
HARD	.3
VERY HARD	
REFUSED	-1
DON'T KNOW	-2

MINUTES	
REFUSED	1
DON'T KNOW	2

DANCE	1
WEIGHTLIFTING	
OTHER (SPECIFY)	3
REFUSÈD	1
DON'T KNOW	2

YES	2 1
LIGHT	2 3 4 1
MINUTES	
REFUSED	
	2 1 2 3 4

DON'T KNOW.....-2

# L5. Did (you/your child) practice or play with a school sports team yesterday?

- A. How physically hard or intense was this activity?
- B. For how many minutes did (you/your child) practice or play with a school sports team?
- C. When (you/your child) **practiced or played with a school sports team**, what exactly (were you/was your child) doing?

YES		1
NO	(SKIP TO L6)	2
	(SKIP TO L6)	
DON'T KNOW	(SKIP TO L6)	2
LIGHT		1
MODERATE		2
HARD		3

VERY HARD	
REFUSED	1
DON'T KNOW	2

MINUTES	
REFUSED	1
DON'T KNOW	

BASEBALL/SOFTBALL	1
FOOTBALL/SOCCER/LACROSSE/HOCKEY/	
BASKETBALL	2
SWIM TEAM/DIVING/WATER POLO	3
GOLF/TENNIS	4
TRACK AND FIELD/CROSS COUNTRY	5
CHEER/DANCE TEAM	6
WRESTLING	7
VOLLEYBALL	8
MARTIAL ARTS	9
ROWING/CANOE/KAYAK	
BOWLING	11
SKIING	12
OTHER (SPECIFY)	13
REFUSED	1
DON'T KNOW	

DON'T KNOW.....-2

SPECIFY:

YES......1 NO......(SKIP TO L7).....2 L6. Did (you/your child) practice or play with a nonschool sports team yesterday? REFUSED......(SKIP TO L7).....-1 DON'T KNOW......(SKIP TO L7).....-2 LIGHT.....1 A. How physically hard or intense was this MODERATE......2 activity? VERY HARD......4 REFUSED.....-1 DON'T KNOW.....-2 B. For how many minutes did (you/your MINUTES..... child) practice or play with a non-REFUSED.....-1 DON'T KNOW.....-2 school sports team? AT SCHOOL.....1 C. Where did (you/your child) practice or AT HOME......2 play with a non-school sports team? CODE ALL THAT APPLY AT A PARK/PLAYGROUND......4 IN MY NEIGHBORHOOD......5 ON MY STREET......6 AT CHURCH.....7 AT A FRIEND'S HOUSE......8 OTHER (SPECIFY).....9 REFUSED.....-1

SPECIFY:

d 5-XXXX xx/xxxx

D.	When (you/your child) <b>practiced or</b> <b>played with a non-school sports team</b> , what exactly (were you/was your child)	BASEBALL/SOFTBALL
	doing?	GOLF/TENNIS
	doing.	TRACK AND FIELD/CROSS COUNTRY
		CHEER/DANCE TEAM
		WRESTLING7
		VOLLEYBALL8
		MARTIAL ARTS9
		ROWING/CANOE/KAYAK10
		BOWLING11 SKIING12
		OTHER (SPECIFY)
		REFUSED1
		DON'T KNOW2
SPECIF	Y:	
Did (yo	u/your child) participate in any pick-up	YES
sports	(basketball, football, baseball/softball,	NO
etc.) ve	esterday?	REFUSED
,,,	,	2011 T KNOW
Δ	How physically hard or intense was this	LIGHT1
73.	activity?	MODERATE2
	activity?	HARD3
		VERY HARD4
		REFUSED1
		DON'T KNOW2
D	For how many minutes did (you/your	
D.	For how many minutes did (you/your	MINUTES
	child) <b>play pick-up sports</b> ?	REFUSED1 DON'T KNOW2
		DUN T KNOW2
C	Where did (you/your child) play pick-up	AT SCHOOL1
0.	sports? CODE ALL THAT APPLY	AT HOME
	Sports? CODE ALL THAT APPLY	AT A REC CENTER3
		AT A PARK/PLAYGROUND4
		IN MY NEIGHBORHOOD5
		ON MY STREET
		AT CHURCH
		AT A FRIEND'S HOUSE8 OTHER (SPECIFY)9
		REFUSED1
		DON'T KNOW
SPECIF	Y:	
D.	Who did (you/your child) <b>play pick-up</b>	BY (MYSELF/HIS SELF/HERSELF)1
	sports with?	WITH 1 OTHER FRIEND
	•	WITH SEVERAL FRIENDS
		WITH (MT/HIS/HER) TEAM OR CLASS
		MEMBER(S)
		REFUSED1
		DON'T KNOW2
Ε.	When (you/your child) played pick-up	BASEBALL/SOFTBALL
	sports, what exactly (were you/was your	FOOTBALL/SOCCER/LACROSSE/HOCKEY/
	child) doing?	BASKETBALL
	, - 0	OTHER (SPECIFY)
		REFUSED
		DON'T KNOW
SPECIF	Y:	-
Did (yo	u/your child) participate in physical	YES
activity	y during an afterschool program	NO
yester		REFUSED1 DON'T KNOW(SKIP TO L9)2
	-	

L7.

L8.

LIGHT.....1

MODERATE......2

DON'T KNOW.....-2

-XXXX

xx/xxxx

A. How physically hard or intense was this activity?

L9.

- VERY HARD......4 REFUSED.....-1 DON'T KNOW.....-2 B. For how many minutes (were you/was MINUTES..... your child) physically active during REFUSED.....-1 DON'T KNOW.....-2 (your/his/her) afterschool program? AT SCHOOL.....1 C. Where did (you/your child) do physical activity during (your/your child's) afterschool program? CODE ALL THAT AT A PARK/PLAYGROUND......4 IN MY NEIGHBORHOOD......5 APPLY ON MY STREET......6 AT CHURCH.....7 AT A FRIEND'S HOUSE......8 OTHER (SPECIFY).....9 REFUSED.....-1 DON'T KNOW.....-2 SPECIFY: BY (MYSELF/HIS SELF/HERSELF).....1 D. Who did (you/your child) do physical WITH 1 OTHER FRIEND......2 activity during (your/your child's) afterschool program with? WITH (MY/HIS/HER) TEAM OR CLASS......4 WITH (MY/HIS/HER) PARENT(S) OR OTHER FAMILY MEMBER(S).....5 REFUSED.....-1 DON'T KNOW.....-2 PLAYGROUND GAME (KICKBALL, FOUR SQUARE, E. When (you/your child) did physical activity during (your/your child's) ORGANIZED SPORT GAME (BASEBALL, BASKETBALL, afterschool program, what exactly (were you/was your child) doing? FIXED EQUIPMENT (MONKEY BARS, SLIDES, SWINGS, ETC.).....4 DOUBLE-DUTCH......6 OTHER (SPECIFY).....7 REFUSED.....-1 DON'T KNOW.....-2 SPECIFY: Did (you/your child) play any physically active YES..... 1 games (hopscotch, red rover, tag, jumping REFUSED.....-1 rope, skating, etc.) yesterday? LIGHT.....1 A. How physically hard or intense was this MODERATE......2 activity? VERY HARD......4 REFUSED.....-1
  - B. For how many minutes did (you/your MINUTES...... child) play physically active games? REFUSED......-1 DON'T KNOW......-2

d 5-XXXX xx/xxxx

C.	Where did (you/your child) <b>play</b>	AT SCHOOL	1
	physically active games? CODE ALL	AT HOME	
	THAT APPLY	AT A REC CENTER	
		AT A PARK/PLAYGROUND	
		IN MY NEIGHBORHOOD	
		ON MY STREET	
		AT CHURCH	
		AT A FRIEND'S HOUSE	
		OTHER (SPECIFY)	
		REFUSED	
SDECIE		DON'T KNOW	2
SPECIF			
D.	Who did (you/your child) play physically	BY (MYSELF/HIS SELF/HERSELF)	
	active games with?	WITH 1 OTHER FRIEND	
	active games man.	WITH SEVERAL FRIENDS	
		WITH (MY/HIS/HER) TEAM OR CLASS	4
		WITH (MY/HIS/HER) PARENT(S) OR OTHER FAMILY	
		MEMBER(S)	5
		REFUSED	1
		DON'T KNOW	2
Ε.	When (you/your child) played physically		
	active games, what exactly (were	RED ROVER/DUCK DUCK GOOSE/ETC	
		HOPSCOTCH	
	you/was your child) doing?	OTHER (SPECIFY)	4
		REFUSED	1
		DON'T KNOW	2
SPECIF	FY:		
Dial (		YES	1
	ou/your child) <b>swim or play games in a</b>		
pool, l	ake, or ocean yesterday?	NO(SKIP TO L11)	∠
•		REFUSED	
		DON'T KNOW(SKIP TO L11)	2
A.	How physically hard or intense was this	LIGHT	
	activity?	MODERATE	2
	aounty.	HARD	3
		VERY HARD	
		REFUSED	1
		DON'T KNOW	2
P	For how many minutes did (you/your		
Б.		MINUTES	
	child) <b>swim or play games in a pool,</b>	REFUSED	
	lake or ocean?	DON'T KNOW	2
~			
С.	Where did (you/your child) swim or play	AT SCHOOL	
	games in a pool, lake, or ocean? CODE	AT HOME.	
	ALL THAT APPLY	AT A REC CENTER	
		AT A PARK/PLAYGROUND	
		ON MY STREET	
		AT CHURCH	
		AT A FRIEND'S HOUSE	
		OTHER (SPECIFY)	
		REFUSED	1
		DON'T KNOW	2
SPECIF	-Y:		
	Who did (you/your child) swim or play	BY (MYSELF/HIS SELF/HERSELF)	1
D.	Who did (you/your child) swim or play	WITH 1 OTHER FRIEND	
	games in a pool, lake, or ocean with?	WITH I OTHER FRIEND	
		WITH SEVERAL FRIENDS WITH (MY/HIS/HER) TEAM OR CLASS	
		WITH (MY/HIS/HER) TEAM OR CLASS WITH (MY/HIS/HER) PARENT(S) OR OTHER FAMILY	4
		MEMBER(S)	F
		REFUSED	
		DON'T KNOW	
			2

L10.

u 5-XXXX xx/xxxx

E. When (you/your child) **swam or played games in a pool, lake, or ocean**, what exactly (were you/was your child) doing? NO......(SKIP TO L12).....2 REFUSED......(SKIP TO L12).....-1

DON'T KNOW.......(SKIP TO L12).....-2

LIGHT.....1 MODERATE.....2

WITH (MY/HIS/HER) PARENT(S) OR OTHER FAMILY MEMBER(S)......5 REFUSED......-1 DON'T KNOW.....-2

HIKING.....1 ROCK CLIMBING......2

MINUTES.....

_11.	Did (you/your child) do any outdoor or
	adventure sports (hiking, kayaking, rock
	climbing, surfing, skiing, etc.) yesterday?

- A. How physically hard or intense was this activity?
- B. For how many minutes did (you/your child) do **outdoor or adventure sports**?
- C. Where did (you/your child) do **outdoor or** adventure sports? CODE ALL THAT APPLY

SPECIFY:

SPECIFY:

- D. Who did (you/your child) do **outdoor or adventure sports** with? BY (MYSELF/HIS SELF/HERSELF).....1 WITH 1 OTHER FRIEND.....2 WITH SEVERAL FRIENDS.....3 WITH (MY/HIS/HER) TEAM OR CLASS.....4
  - E. When (you/your child) did **outdoor or adventure sports**, what exactly (were you/was your child) doing?

#### SPECIFY:\_\_

- L12. Did (you/your child) walk or bike to or from school yesterday?
  - A. How physically hard or intense was this activity?
  - B. For how many minutes did (you/your child) walk or bike to or from school?

YES	
NO(SKIP TO L13)	
REFUSED(SKIP TO L13)	1
DON'T KNOW(SKIP TO L13)	2
LIGHT MODERATE HARD VERY HARD REFUSED	1 2 3 4 1
DON'T KNOW	2
REFUSED	1

DON'T KNOW.....-2

- C. Who did (you/your child) walk or bike to or from school with?
- D. When (you/your child) **walked or biked to or from school**, what exactly (were you/was your child) doing?
- L13. Did (you/your child) walk or bike to or from a store, park, or playground or a friend's house yesterday?
  - A. How physically hard or intense was this activity?
  - B. For how many minutes did (you/your child) walk or bike to or from a store, park, or playground or a friend's house?
  - C. Where did (you/your child) walk or bike to or from a store, park, or playground or a friend's house? CODE ALL THAT APPLY

SPECIFY:

- D. Who did (you/your child) walk or bike to or from a store, park, or playground or a friend's house with?
- E. When (you/your child) walked or biked to or from a store, park, or playground or a friend's house, what exactly (were you/was your child) doing?
- L14. Did (you/your child) walk or ride a bike, scooter, skateboard, or skates for fun or exercise yesterday?
  - A. How physically hard or intense was this activity?

BY (MYSELF/HIS SELF/HERSELF)
WALK
YES
LIGHT
MINUTES REFUSED1 DON'T KNOW2
AT SCHOOL1AT HOME2AT A REC CENTER3AT A PARK/PLAYGROUND4IN MY NEIGHBORHOOD5ON MY STREET6AT CHURCH7AT A FRIEND'S HOUSE8OTHER (SPECIFY)9REFUSED-1DON'T KNOW-2
BY (MYSELF/HIS SELF/HERSELF)
WALK
YES
LIGHT

REFUSED.....-1 DON'T KNOW.....-2

В	For how many minutes did (you/your	MINUTES	
	child) walk or ride a bike, scooter,	REFUSED	1
		DON'T KNOW	
	skateboard, or skates for fun or		2
	exercise?		
<u> </u>	Where did (you have shid) wells as side a	AT SCHOOL	1
C.	Where did (you/your child) <b>walk or ride a</b>		
	bike, scooter, skateboard, or skates for	AT HOME	
	fun or exercise? CODE ALL THAT APPLY	AT A REC CENTER	
	IUII OI EXCICISE: CODE ALL INAT AFFET	AT A PARK/PLAYGROUND	
		IN MY NEIGHBORHOOD	5
		ON MY STREET	6
		AT CHURCH	7
		AT A FRIEND'S HOUSE	8
		OTHER (SPECIFY)	
		REFUSED	
		DON'T KNOW	
SPECIF	-Y:	2011 100	_
_			
D.	Who did (you/your child) walk or ride a	BY (MYSELF/HIS SELF/HERSELF)	
	bike, scooter, skateboard, or skates for	WITH 1 OTHER FRIEND	
		WITH SEVERAL FRIENDS	3
	fun or exercise with?	WITH (MY/HIS/HER) TEAM OR CLASS	4
		WITH (MY/HIS/HER) PARENT(S) OR OTHER FAMILY	
		MEMBER(S)	5
		REFUSED	
		DON'T KNOW	
		DON T KNOW	2
F	When (you/your child) walked or rode a	WALK	1
∟.		BIKE	
	bike, scooter, skateboard, or skates for	SCOOTER	
	fun or exercise, what exactly (were		
		SKATEBOARD	
	you/was your child) doing?	SKATES/ROLLERBLADES	
		OTHER (SPECIFY)	6
		REFUSED	1
		DON'T KNOW	2
SPECIF	FY:		_
	/		4
Did (yo	bu/your child) <b>use a computer for games</b>	YES	
or playing on the internet (not for schoolwork		NO	
		REFUSED(SKIP TO L16)	1
or soc	ial networks) yesterday?	DON'T KNOW(SKIP TO L16)	2
^	For how mony minutes did (you/your		
А.	For how many minutes did (you/your	MINUTES	
	child) <b>use a computer for games or</b>	REFUSED	1
	playing on the internet?	DON'T KNOW	2
	playing on the internet:		
В	Where did (you/your child) <b>use a</b>	AT SCHOOL	1
D.		AT HOME	
	computer for games or playing on the	AT A REC CENTER	
	internet? CODE ALL THAT APPLY	AT A PARK/PLAYGROUND	
		ON MY STREET	
		AT CHURCH	
		AT A FRIEND'S HOUSE	8
		OTHER (SPECIFY)	9
		REFUSED	
		DON'T KNOW	
SPECIF	FY:	2011 1.10	
			-
C.	Who did (you/your child) use a computer	BY (MYSELF/HIS SELF/HERSELF)	
	for games or playing on the internet	WITH 1 OTHER FRIEND.	
	with?	WITH SEVERAL FRIENDS	
	VVI(II:	WITH (MY/HIS/HER) TEAM OR CLASS	
		WITH (MY/HIS/HER) PARENT(S) OR OTHER FAMILY	
		MEMBER(S)	5
		REFUSED	
		DON'T KNOW	2
~	When (you/your shild) used a computer	PLAYING GAMES	1
υ.	When (you/your child) used a computer	SURFING THE INTERNET	
	for games or playing on the internet,		
	what exactly (were you/was your child)	OTHER (SPECIFY)	
		REFUSED	
	doing?	DON'T KNOW	2

L15.

L16.	Did (you/your child) <b>use a computer or phone</b> for social networking (Facebook, MySpace, Twitter, IM, texting, etc.) yesterday?		YES(SKIP TO L17) NO(SKIP TO L17) REFUSED(SKIP TO L17) DON'T KNOW(SKIP TO L17)		
	A.	For how many minutes did (you/your child) <b>use a computer or phone for social networking</b> ?	MINUTES REFUSED DON'T KNOW		
	В.	Where did (you/your child) <b>use a</b> <b>computer or phone for social</b> <b>networking</b> ? CODE ALL THAT APPLY	AT SCHOOL AT HOME AT A REC CENTER AT A PARK/PLAYGROUND IN MY NEIGHBORHOOD ON MY STREET AT CHURCH AT A FRIEND'S HOUSE OTHER (SPECIFY) REFUSED	2 3 5 6 7 8 9 1	
	SPECIFY:2				
	C.	Who did (you/your child) <b>use a computer</b> or phone for social networking with?	BY (MYSELF/HIS SELF/HERSELF) WITH 1 OTHER FRIEND WITH SEVERAL FRIENDS WITH (MY/HIS/HER) TEAM OR CLASS WITH (MY/HIS/HER) PARENT(S) OR OTHER FAMILY MEMBER(S) REFUSED DON'T KNOW	2 3 4 5 1	
		When (you/your child) <b>used a computer</b> <b>or phone for social networking</b> , what exactly (were you/ was your child) doing?	IM/CHAT/TWITTER SOCIAL NETWORKING ON THE COMPUTER TEXTING OTHER (SPECIFY) REFUSED DON'T KNOW	2 3 4 1	
	SPECIF	Y:			
L17.	Did (yo	ou/your child) <b>watch TV</b> yesterday?	YES	2 1	
	A.	For how many minutes did (you/your child) watch TV?	MINUTES REFUSED	1	

1 Hour = 60 Minutes
2 Hours = 120 Minutes
3 Hours = 180 Minutes
4 Hours = 240 Minutes
5 Hours = 300 Minutes
6 Hours = 360 Minutes
7 Hours = 420 Minutes
8 Hours = 480 Minutes

B. Where did (you/your child) watch TV? CODE ALL THAT APPLY

AT SCHOOL AT HOME AT A REC CENTER AT A PARK/PLAYGROUND IN MY NEIGHBORHOOD. ON MY STREET. AT CHURCH AT A FRIEND'S HOUSE OTHER (SPECIFY). REFUSED. DON'T KNOW	2 3 4 5 6 7 8 9 1
DON'T KNOW	2

DON'T KNOW.....-2

S	PECIFY:	
	C. Who did (you/your child) watch TV with?	BY (MYSELF/HIS SELF/HERSELF)1 WITH 1 OTHER FRIEND2
		WITH SEVERAL FRIENDS
		WITH (MY/HIS/HER) TEAM OR CLASS4
		WITH (MY/HIS/HER) PARENT(S) OR OTHER FAMILY
		MEMBER(S)
		REFUSED
		DON'T KNOW
	D. When (you/your child) watched TV, what	WATCHING EDUCATIONAL TV OR VIDEOS1
		WATCHING NON-EDUCATIONAL TV OR VIDEOS
	exactly (were you/was your child) doing?	OTHER (SPECIFY)
		REFUSED
		DON'T KNOW2
S	PECIFY:	
18. C	Did (you/your child) <b>play non-active video</b>	YES 1
	james yesterday?	NO2
y	james yesteruay:	REFUSED
		DON'T KNOW
	A. For how many minutes did (you/your	MINUTES
	child) <b>play non-active video games</b> ?	REFUSED1
		DON'T KNOW2
	B. Where did (you/your child) play non-	AT SCHOOL1
	active video games? CODE ALL THAT	AT HOME2
	APPLY	AT A REC CENTER3
		AT A PARK/PLAYGROUND4
		IN MY NEIGHBORHOOD5
		ON MY STREET6
		AT CHURCH7
		AT A FRIEND'S HOUSE8
		OTHER (SPECIFY)9
		REFUSED
		DON'T KNOW
S	PECIFY:	
	C. Who did (you/your child) play non-active	BY (MYSELF/HIS SELF/HERSELF)1
	video games with?	WITH 1 OTHER FRIEND2
	video games war.	WITH SEVERAL FRIENDS
		WITH (MY/HIS/HER) TEAM OR CLASS4
		WITH (MY/HIS/HER) PARENT(S) OR OTHER FAMILY
		MEMBER(S)
		REFUSED
		DON'T KNOW2
		2011 1110
	D. When (you/your child) played non-active	PLAYING GAMES ON A GAME CONSOLE1
		PLAYING GAMES ON A HANDHELD GAMING DEVICE2
	video games, what exactly (were	OTHER (SPECIFY)
	you/was your child) doing?	REFUSED
	, , ,	DON'T KNOW2
S	PECIFY:	
5	FECIF1	·····
10 5	Did (you/your shild) <b>play physically active video</b>	YES 1
	Did (you/your child) play physically active video	NO
Q	ames (Wii, DDR, Xbox Kinect, PlayStation	
	<b>Nove, etc.)</b> yesterday? A physically active video	REFUSED
		DON'T KNOW
	name is one where some physical effort is	
g		
g	nvolved in playing the game.	
g	nvolved in playing the game.	
g		LIGHT1
g	A. How physically hard or intense was this	LIGHT1 MODERATE2
g		
g	A. How physically hard or intense was this	MODERATE2
g	A. How physically hard or intense was this	MODERATE
g	A. How physically hard or intense was this	MODERATE
g	A. How physically hard or intense was this	MODERATE
g	A. How physically hard or intense was this activity?	MODERATE
g	<ul><li>A. How physically hard or intense was this activity?</li><li>B. For how many minutes did (you/your</li></ul>	MODERATE
g	A. How physically hard or intense was this activity?	MODERATE

d 5-XXXX xx/xxxx

C.	Where did (you/your child) <b>play</b>	AT SCHOOL1
	physically active video games? CODE	AT HOME
	ALL THAT APPLY	AT A REC CENTER
		AT A PARK/PLAYGROUND
		IN MY NEIGHBORHOOD5
		ON MY STREET6
		AT CHURCH7
		AT A FRIEND'S HOUSE8
		OTHER (SPECIFY)9
		REFUSED1
		DON'T KNOW2
SPECIF	۲:	
Л	Who did (you/your child) play physically	BY (MYSELF/HIS SELF/HERSELF)1
5.	active video games with?	WITH 1 OTHER FRIEND2
	active video games with?	WITH SEVERAL FRIENDS
		WITH (MY/HIS/HER) TEAM OR CLASS4
		WITH (MY/HIS/HER) PARENT(S) OR OTHER FAMILY
		MEMBER(S)
		REFUSED
		DON'T KNOW2
F	When (you/your child) played physically	PLAYING WII/KINECT/MOVE, ETC1
∟.		DANCE, DANCE REVOLUTION
	active video games, what exactly (were	OTHER (SPECIFY)
	you/ was your child) doing?	REFUSED1
		DON'T KNOW
SPECIF		
JF LOIF	- I	
Did (yo	ou/your child) do any other physical	YES 1
	es yesterday that were not already	NO2
mentio		REFUSED1
menuo	illeu?	DON'T KNOW
Α.	What were the other activities?	ACTIVITY 1:
		ACTIVITY 2:
		ACTIVITY 3:
		ACTIVITY 4:
		REFUSED1
		DON'T KNOW2
<b>_</b>		LIGHT1
В.	How physically hard or intense were	MODERATE
	these activities?	
		HARD
		VERY HARD
		REFUSED1
		DON'T KNOW2
_		
C.	For how many minutes did (you/your	MINUTES
	child) do these other activities?	REFUSED1
		DON'T KNOW2
_		
D.	Where did (you/your child) do these other	AT SCHOOL1
	activities? CODE ALL THAT APPLY	AT HOME
		AT A REC CENTER
		AT A PARK/PLAYGROUND4
		IN MY NEIGHBORHOOD5
		ON MY STREET6
		AT CHURCH7
		AT A FRIEND'S HOUSE8
		OTHER (SPECIFY)9
		REFUSED1
		DON'T KNOW2
SPECIF	FY:	

L20.

d 5-XXXX xx/xxxx

E. Who did (you/your child) do these other activities with?

BY (MYSELF/HIS SELF/HERSELF)	1
WITH 1 OTHER FRIEND	
WITH SEVERAL FRIENDS	3
WITH (MY/HIS/HER) TEAM OR CLASS	4
WITH (MY/HIS/HER) PARENT(S) OR OTHER FAMILY	
MEMBER(S)	5
REFUSED	1
DON'T KNOW	2