

Health Center Knowledge and Attitudes Assessment (Pre-Training) (WHAM) Women’s Health and Mindfulness Program

1. How often do you ask your clients/patients about their sexual orientation and/or the gender of their sexual partners?

- I ask this of every patient
- I ask this of every patient who I think may be LGBT
- I never ask about this because I don’t think it’s appropriate
- I never ask about this because I don’t know how to phrase the questions
- Other _____

2. How often do you discuss weight reduction desirability/strategies with patients who are overweight or obese?

- Always or almost always
- Frequently
- Sometimes, depending on how receptive I think they’ll be
- Almost Never
- Never

FOR THE FOLLOWING STATEMENTS, PLEASE INDICATE WHETHER YOU AGREE OR DISAGREE

Please circle one number for each statement.

- 1= strongly disagree
- 2= disagree
- 3 = not sure
- 4= agree
- 5= strongly agree

1. Lesbians and bisexual women may avoid healthcare because they don’t trust the practitioner to be culturally competent.	1	2	3	4	5
2. Overweight and obese women often delay or avoid healthcare if they feel their health care provider holds a bias against women who are large.	1	2	3	4	5
3. Most lesbian/bisexual women would appreciate intake forms that ask patients if they are heterosexual/lesbian/bisexual/transgender.	1	2	3	4	5
4. I don’t believe I should ask my patients about their sexual Identity.	1	2	3	4	5
5. Lesbian and bisexual women are more likely than other women to	1	2	3	4	5

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overuse alcohol.					
6. Most overweight/obese patients are not motivated to achieve a healthy weight.	1	2	3	4	5
7. Physicians/nurses should always instruct their overweight/obese patients to lose weight.	1	2	3	4	5
8. Asking if a patient is motivated to lose weight is an important component to helping a patient to lose weight in order to improve her health.	1	2	3	4	5
9. Patients who are advised by their physician how to modify their behavior to lose weight are more likely to lose weight than those who do not get this advice.	1	2	3	4	5
10. Setting long-term goals is helpful in encouraging a patient to lose weight.	1	2	3	4	5

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