American Time Use Survey

Eating & Health Module
Final Questionnaire

July 2013

Section 1: Introduction

The EH Module begins with an introductory screen explaining the purpose of the module questions, and then proceeds to the screen asking the secondary eating questions.

EATINT

Universe: ALL

I would now like to ask you some questions about eating and health. We're interested in finding out more about how people fit meals and snacks into their schedules.

Enter 1 to Continue   [Go to EAT]

Section 2: Secondary Eating

Secondary eating questions are designed to provide information on the amount of time that respondents spend eating while engaged in other activities during their diary day.

EAT

Universe: ALL

[Fill: Yesterday, you reported eating or drinking between [*read times below.] [Fill: You did not report any eating or drinking as a main activity yesterday] Were there any [fill: other] times you were eating any meals or snacks yesterday, for example while you were doing something else?

1.   Yes   [Go to EATSUM]
2.   No   [Go to DRINK]

EATSUM

Universe: EAT =1

 [*Times: [FILL:] until [FILL:]]   During which activities?
        *Read if necessary: Were there any other times you were eating yesterday?

1.   Select activities   [Go to EATWHN]
97.   None/no more eating activities   [Go to DRINK]
        Don't Know/Refused   [Go to DRINK]

EATWHN

Universe: EATSUM=1

Were you eating the entire time you were [fill: ACTIVITY]?

* Use up/down arrow keys to move to the correct row.

1.	Yes	[Go to next row in the grid]
2.	No	[Go to HOURDUR]
	Don't Know/Refused	[Go to next row in the grid]

HOURDUR

Universe: EATWHN=1

About how long would you say you were eating while you were [fill: ACTIVITY]?

 * Enter hours

0-24 hours, empty	[Go to MINDUR]
Don't Know/ Refused	[Go to next line of grid]

MINDUR

Universe: Entry in HOURDUR

About how long would you say you were eating while you were [fill: ACTIVITY]?

* Enter minutes

0-1440 minutes, empty	[Go to next line of grid. When grid complete, go to DRINK]
Don't Know/Refused	[Go to next line of grid. When grid complete, go to DRINK]

Section 3: Drinking

DRINK

Universe: ALL

Not including plain water, were there any other times yesterday when you were drinking any beverages?

 Read if necessary: I'm asking about any type of beverage, other than plain water, including things like coffee, tea, juice, milk, and soda, as well as alcoholic beverages.

1.   Yes   [Go to SODA]
2.   No   [Go to FDPRP]
      Don't Know/Refused   [Go to FDPRP]

SODA

Universe: DRINK=1

Were any of the beverages soft drinks such as cola, root beer, or ginger ale?

1.   Yes   [Go to DIETSODA]
2.   No   [Go to FDPRP]
      Don't Know/Refused   [Go to FDPRP]

DIETSODA

Universe: SODA=1

Was the soft drink diet, regular or did you have both kinds?

1.   Diet   [Go to FDPRP]
2.   Regular   [Go to FDPRP]
2.   Both   [Go to FDPRP]
      Don't Know/Refused   [Go to FDPRP]

Section 4: Food Preparation

FDPRP

Universe: ALL

Now I'd like to ask a couple of questions about food preparation.

Enter 1 to Continue   [Go to GROSHP]

GROSHP

Universe: ALL

Are you the person who usually does the grocery shopping in your household?

1.   Yes   [Go to STORES]
2.   No   [Go to FASTFD]
3.   I split it equally with other household member(s) [Go to STORES]
       Don't Know/Refused   [Go to STORES]

STORES

Universe: GROSHOP = 1, 3, Don't Know, Refused

Where do you get the majority of your groceries? Do you get them at the

Read if Necessary: Supercenters are stores that offer clothing, housewares, and other items in addition to featuring full grocery stores. Examples include Wal-Mart Supercenters and Super Targets. Warehouse clubs are stores that sell food and non-food items in bulk. They also require shoppers to have paid memberships. Examples include Costco, Sam's Club, and BJ's.

READ ALOUD:

1. Grocery store   [Go to STREASON]
2. Supercenter, such as Wal-Mart or Target   [Go to STREASON]
3. Warehouse club, such as Sam's or BJ's   [Go to STREASON]
4. Drugstore or convenience store, or   [Go to STREASON]
5. Some other place?   [Go to STREASON]
      Don't know/Refused   [Go to FASTFD]

STREASON

Universe: STORES=1,2,3,4,5

What is the primary reason you shop there? Is it because of

READ ALOUD ITEMS IN **BOLD**:

1. **Price**
2. **Location**
3. **Quality of products**
4. **Variety of products or**
5. **Customer service?**
6. Other
    Don't know/Refused

 All entries: [Go to FASTFD]

FASTFD

Universe: ALL

Thinking back over the last seven days, did you purchase any prepared food from a deli, carry-out, delivery food, or fast food?

* *Read if Necessary: "Prepared foods from a deli" include ready-to-eat foods from a grocery store deli department, such as rotisserie chicken, pizza, sandwiches, and salads from a salad bar. Frozen foods, including frozen meals, are not included.*

1. Yes   [Go to FASTFD_FREQ]
2. No   [Go to PRPMEL]
    Don't Know/Refused   [Go to PRPMEL]

FASTFD_FREQ

Universe: FASTFD = 1

How many times in the last seven days did you purchase prepared food from a deli, carry-out, delivery food, or fast food?

Read if Necessary: "Prepared foods from a deli" include ready-to-eat foods from a grocery store deli department, such as rotisserie chicken, pizza, sandwiches, and salads from a salad bar. Frozen foods, including frozen meals, are not included.

    ___ Number of times
    Don't know, Refused

 All entries: [Go to FASTFD_YEST]

FASTFD_YEST

Universe: FASTFD = 1, Don't Know, Refused

Did you purchase any prepared food from a deli, carry-out, delivery food, or fast food yesterday?

Read if Necessary: "Prepared foods from a deli" include ready-to-eat foods from a grocery store deli department, such as rotisserie chicken, pizza, sandwiches, and salads from a salad bar. Frozen foods, including frozen meals, are not included.

    1. Yes
    2. No
        Don't Know/Refused

 All entries: [Go to PRPMEL]

PRPMEL

Universe: ALL

Are you the person who usually prepares the meals in your household?

1.   Yes   [Go to MEAT]
2.   No   [Go to FDSIT]
3.   I split it equally with other household member(s) [Go to MEAT]
      Don't Know/Refused   [Go to FDSIT]

MEAT

Universe: PRPMEL = 1, 3

In the last 7 days, did you prepare any meals with meat, poultry or seafood?

1.   Yes   [Go to THERM]
2.   No   [Go to MILK]
      Don't Know/Refused [Go to MILK]

THERM

Universe: MEAT = 1

Did you use a food or meat thermometer when preparing any of those meals?

1.   Yes
2.   No
      Don't Know/Refused

All entries: [Go to MILK]

MILK

Universe: PRPMEL = 1, 3

In the last 7 days, did you drink or serve unpasteurized or raw milk?

Read if Necessary: Raw milk is milk straight from a cow that has not undergone any processing and pasteurization. It is usually purchased directly from a farm, ranch or at a farmers' market.

  1.   Yes
  2.   No
         Don't Know/Refused

All entries: [Go to FDSIT]

FDSIT

Universe: ALL

The next question is about the food eaten in your household. Which of the following statements best describes the <u>amount</u> of food eaten in your household in the last 30 days— enough food to eat, sometimes not enough to eat, or often not enough to eat?

    1. Enough food to eat
    2. Sometimes not enough to eat
    3. Often not enough to eat

 All entries: [Go to FDSTP]

FDSTP

Universe: ALL

In the past 30 days, did you or any member of this household receive [fill State SNAPNAME], SNAP, or food stamp benefits?

Read if Necessary: SNAP is the Supplemental Nutrition Assistance Program that was formerly known as the Food Stamp Program; it provides benefits for the purchase of groceries.

NOTE: The fill <SNAPNAME> is the State program name. If the State name is SNAP or Food Stamps, then the question reads, "...get SNAP or food stamp benefits."
   1.   Yes
   2.   No
         Don't Know/Refused

All entries: [Go to WIC if household has a woman ages 15-50 or a child age 0-5]
                 [Else go to HEALTHINT]

Interviewer instruction: Do NOT include WIC, the School Lunch Program, or assistance from food banks.

WIC

Universe: Households that have at least one woman between the ages of 15-50 or at least one child age 0-5

Read if Necessary: WIC is short for the Special Supplemental Food Program for Women, Infants, and Children. This program provides food assistance and nutritional screening to low-income pregnant and postpartum women and their infants, as well as to low-income children up to age 5.

In the last 30 days, did {you/you or any member of your household} receive benefits from the WIC program, that is, the Women, Infants and Children program?

   1.   Yes
   2.   No
         Don't Know/Refused

All entries: [Go to HLTHINT]

10

Section 5: Physical Health

HLTHINT

Universe: ALL

Alright, we're almost done here. I'm going to switch topics and ask you a few final questions about your physical health that might affect how you use your time.

 [Go to HEALTH]

HEALTH

Universe: ALL

In general, would you say that your health is excellent, very good, good, fair, or poor?

1. Excellent
2. Very good
3. Good
4. Fair
5. Poor
    Don't Know/Refused

All entries: [Go to EXERCISE]

EXERCISE

Universe: ALL

During the past seven days, other than your regular job, did you participate in any physical activities or exercises for fitness and health such as running, bicycling, working out in a gym, walking for exercise, or playing sports?

1.   Yes   [GoTo EXFREQ]
2.   No   [GoTo HEIGHT]
     Don't Know/Refused [GoTo HEIGHT]

EXFREQ

Universe: EXERCISE =1
How many times over the past seven days did you take part in these activities?

__ Times per past seven days
   Don't Know/Refused

All entries: [GoTo HEIGHT]

HEIGHT

Universe: ALL

How tall are you without shoes?

1.   U.S. Customary   [Go to HEIGHT_FT]
2.   Metric   [Go to HEIGHT_M]

HEIGHT_FT

Universe: HEIGHT = 1

How tall are you without shoes?

 *Enter height in feet.

0 – 8 feet   [Go to HEIGHT_IN]
Don't Know/Refused   [Go to WGHT]

HEIGHT_IN

Universe: HEIGHT_FT = 0 – 8
 How tall are you without shoes?

 *Enter inches.
 *Enter 0 if exactly [fill: HEIGHT_FT] feet tall.
 *Enter a value between 0 - 97.

0 – 97 inches   [Go to WGHT]
Don't Know/Refused   [Go to WGHT]

HEIGHT_M

Universe: HEIGHT = 2

How tall are you without shoes?

*Enter height in meters.
*Enter a value between 0 - 8.

0 - 8   meters   [Go to HEIGHT_CM]
Don't Know/Refused   [Go to WGHT]

HEIGHT_CM

Universe: HEIGHT_M = 0 - 8

How tall are you without shoes?

       *Enter value in centimeters.
       *Enter a value between 0 - 997.

0 – 997 centimeters   [Go to WGHT]
Don't Know/Refused   [Go to WGHT]

WGHT

Universe: ALL

How much do you weigh without shoes? [fill: Since pregnancy affects weight, please let me know if you are currently pregnant.**]

  1.   U.S. Customary   [Go to WEIGHT_LB]
  2.   Metric   [Go to WEIGHT_KG]
  3.   Pregnant   [Go to INCOME]
         Don't Know/Refused   [Go to INCOME]

**For the DP, if SEX = 2 and AGE = 18-50, fill "Since pregnancy affects weight, please let me know if you are currently pregnant"

WEIGHT_LB

Universe: WGHT = 1

 How much do you weigh without shoes?

 *Enter weight in pounds.

 0-997 pounds   [Go to INCOME]
 Don't Know/Refused   [Go to INCOME]

WEIGHT_KG

Universe: **WGHT = 2**

How much do you weigh without shoes?

 *Enter weight in kilograms.

0 – 997 kilograms	[Go to INCOME]
Don't Know/Refused	[Go to INCOME]

Section 6: Income

INCOME

Universe: **ALL**

The next question is about your household income.

Enter 1 to continue   [Go to INCOME1]

INCOME1

Universe: **ALL**

Last month, was your total household income before taxes more or less than [fill 1] per month?

Probe (if necessary): that would be [fill 2] per year.

1.   More   [Go to THANKYOU]
2.   Less   [Go to INCOME2]
3.   Equal   [Go to INCOME2]
Don't Know/Refused   [Go to INCOME2]

        Fill 1:   See Appendix A for complete list of values.

INCOME2

Universe: **INCOME1 = 2, 3, DK/Refused**

Was it more or less than [fill 1] per month?

Probe (if necessary): that would be [fill 2] per year.

1.   More   [Go to THANKYOU]
2.   Less   [Go to THANKYOU]
 3.   Equal   [Go to THANKYOU]
        Don't Know/Refused   [Go to THANKYOU]

        Fill 1:   See Appendix A for complete list of values.