

Nutrition Facts

Serving Size 3 Cookies (34g)
Servings Per Container 12

Amount Per Serving	
Calories 100	Calories from Fat 35
% Daily Value	
Total Fat 3g	4%
Saturated Fat 1g	5%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 19g	6%
Dietary Fiber 4g	16%
Sugars 7g	
Protein 2g	
Vitamin A 0%	Vitamin C 130%
Calcium 45%	Iron 45%
Vitamin D 45%	Potassium 14%

* Percent Daily Values are based on a 2,000 calorie diet.
Your Daily Values may be higher or lower depending on your calorie needs.

INGREDIENTS: Wheat Flour, Sugar, Oats, Soybean Oil, Raisins, contains two percent or less of Molasses, Salt, Baking Soda, Cinnamon, Natural Flavor, Eggs, Whey Protein Concentrate, Soy Lecithin.

VITAMINS & MINERALS: Calcium Carbonate, Vitamin C, Vitamin D3, Potassium



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VITAMINS & MINERALS: Calcium Carbonate, Vitamin C, Vitamin D3, Potassium

Nutrition Facts

Serving Size 3 Cookies (34g)
Servings Per Container 12

Amount Per Serving

Calories 130 Calories from Fat 60

% Daily Value

Total Fat 9g 14%

Saturated Fat 3g 15%

Trans Fat 0g 0%

Cholesterol 20mg 7%

Sodium 300mg 13%

Total Carbohydrate 17g 6%

Dietary Fiber 0.5g 2%

Sugars 11g

Protein 0g

Vitamin A 0% Vitamin C 130%

Calcium 45% Iron 45%

Vitamin D 45% Potassium 14%

* Percent Daily Values are based on a 2,000 calorie diet.

Your Daily Values may be higher or lower depending on your calorie needs.

INGREDIENTS: Wheat Flour, Sugar, Vegetable Oils (Canola, Palm, Palm Kernel Oil, Partially Hydrogenated Soybean and Coconut Oil), Polydextrose, Dextrose, Yellow Corn Flour, Baking Soda, Natural and Artificial Flavor, Salt, Soy Lecithin, Monoglycerides, Calcium Phosphate, Vanilla Extract.

VITAMINS & MINERALS: Calcium Carbonate, Vitamin C, Vitamin D3, Potassium

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Calories 130 Calories from Fat 60

% Daily Value

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Saturated Fat 3g 15%

Trans Fat 0g 0%

Cholesterol 20mg 7%

Sodium 300mg 13%

Total Carbohydrate 17g 6%

Dietary Fiber 0.5g 2%

Sugars 11g

Protein 0g

Vitamin A 0% Vitamin C 130%

Calcium 45% Iron 45%

Vitamin D 45% Potassium 14%

* Percent Daily Values are based on a 2,000-calorie diet.

Your Daily Values may be higher or lower depending on your calorie needs.

INGREDIENTS: Wheat Flour, Sugar,

Vegetable Oils (Canola, Palm, Palm

Kernel Oil, Partially Hydrogenated

Soybean and Coconut Oil), Polydex-

trose, Dextrose, Yellow Corn Flour,

Baking Soda, Natural and Artificial

Flavor, Salt, Soy Lecithin, Monoglyc-

erides, Calcium Phosphate, Vanilla

Extract.

VITAMINS & MINERALS: Calcium

Carbonate, Vitamin C, Vitamin D3,

Potassium

Vanilla Sandwich Cookies

As much Calcium and Vitamin D
as an 8 oz. glass of milk!

NET WT 9.5 OZ (269g)

SOFT COOKIES

Nutrition Facts

Serving Size 3 Pieces (43g)
Servings Per Package 4

Amount Per Serving
Calories 210 Calories from Fat 110

% Daily Value

Total Fat 13g	20%
Saturated Fat 6g	40%
Trans Fat 0g	0%
Cholesterol 10mg	3%
Sodium 35mg	1%
Total Carbohydrate 26g	9%
Dietary Fiber 1g	4%
Sugars 24g	
Protein 3g	

Vitamin A 0%	Vitamin C 130%
Calcium 45%	Iron 45%
Vitamin D 45%	Potassium 14%

* Percent Daily Values are based on a 2,000 calorie diet.
Your Daily Values may be higher or lower depending on your calorie needs.

INGREDIENTS: Semi Sweet Chocolate (Sugar, Chocolate, Chocolate processed with Alkali, Cocoa Butter, MilkFat, Soy Lecithin, Natural and Artificial Flavors).

VITAMINS & MINERALS: Calcium Carbonate, Vitamin C, Vitamin D3, Potassium



front of package



back of package



front of package



back of package

