

Work@Health Program Objective-Survey Instrument Cross Walk

Instrument	Method	Respondents	Time of Data Collection	Program Objective	Data Collected
Work@Health Training Needs Assessment	Online	200 small, mid-sized and large employers	Summer-Fall 2013	<p>Inform the development of the full-scale Work@Health Program Training Design and Curricula</p> <ul style="list-style-type: none"> - To understand employers’ preferences and needs related to workplace health and wellness training, such as topics of interest and beginning level of employer knowledge and skill level. - To understand employers’ availability to participate in a health and workplace wellness training and preference for type of participation (i.e., Online versus a Hands-on model). - To identify networks and associations that may be used for employer outreach to select employers for participation in the Work@Health Training Program. - To understand the motivators and barriers employers face to participating in a workplace health and wellness training, such as Work@Health 	<ul style="list-style-type: none"> ▪ Elements of employers’ health and wellbeing programs, including time in existence, policies and environmental supports for health programs, and motivators and barriers to implementing a workplace health program. ▪ Employers’ interest in workplace health and wellbeing training curricula topics, motivation for participating in a workplace health and wellbeing training program, and effort to commit to a training (e.g., time willing to commit to participating). ▪ Employers’ preferred method for participating in a training (e.g., in-person versus online) and their preferred method of communicating. ▪ Employer characteristics, such as number of employees and type of industry.

Pilot Employer Application Form	Online/ Paper form	400 organizations	Summer-Fall 2013	To enroll employers and organizations that support employer workplace health program activities in the pilot testing of four distinct training delivery models	<ul style="list-style-type: none"> ▪ Contact information ▪ Employer demographics ▪ Participant eligibility requirements including existing program capacity, knowledge, and readiness
Work@Health Hands-on Pilot Evaluation Survey	Paper form	15 participants of the Hands-on Pilot Training	At the conclusion of the Hands-on Pilot Training	<p>Evaluate the Hands-On Pilot Training of the Work@Health Program to inform the development of the full-scale Work@Health Program Training Design and Curricula</p> <ul style="list-style-type: none"> - To assess employers' reaction to the hands-on delivery approach of the Work@Health Program. - To evaluate outcomes and the ways in which participating employers increased their knowledge and perceived ability to implement workplace health programs, policies, and environmental support changes that will improve employee health. - To understand participating employers intentions to participate in personal learning networks and learning communities. - To learn about the preferred methods for providing outreach to employers 	<ul style="list-style-type: none"> ▪ Employers' satisfaction with the trainings they received; whether the training was engaging; and whether the facilitator, materials, and activities supported the goals of the training. ▪ Whether the training met employers' needs and improved employers' confidence in implementing or extending a workplace health and wellness program at their place of employment. ▪ Employers' recommendations for changes to the curriculum; how employers would best learn about a health and wellness training; and what would encourage employers to attend training.
Work@Health Online Pilot Evaluation Survey	Online	15 participants of the Online Training	At the conclusion of the Online	Evaluate the Online Pilot Training of the Work@Health Program to inform the development of the full-scale Work@Health Program Training Design	<ul style="list-style-type: none"> ▪ Employers' satisfaction with the trainings they received; whether the training was engaging; and whether the facilitator, materials, and activities supported the goals of the training.

			Pilot Training	<p>and Curricula</p> <ul style="list-style-type: none"> - To assess employers' reaction to the online delivery approach of the Work@Health Program. - To evaluate outcomes and the ways in which participating employers increased their knowledge and perceived ability to implement workplace health programs, policies, and environmental support changes that will improve employee health. - To understand participating employers intentions to participate in personal learning networks and learning communities. - To learn about the preferred methods for providing outreach to employers. 	<ul style="list-style-type: none"> ▪ Whether the training met employers' needs and improved employers' confidence in implementing or extending a workplace health and wellness program at their place of employment. ▪ Employers' recommendations for changes to the curriculum; how employers would best learn about a health and wellness training; and what would encourage employers to attend training.
Work@Health Blended Pilot Evaluation Survey	Paper form	15 participants of the Blended Training	At the conclusion of the Blended Pilot Training	<p>Evaluate the Blended Pilot Training of the Work@Health Program to inform the development of the full-scale Work@Health Program Training Design and Curricula</p> <ul style="list-style-type: none"> - To assess employers' reaction to the blended delivery approach (using hands-on and online strategies) for the Work@Health Program. - To evaluate outcomes and the ways in which participating employers increased their knowledge and perceived ability to 	<ul style="list-style-type: none"> ▪ Employers' satisfaction with the trainings they received; whether the training was engaging and whether the facilitator, materials; and activities supported the goals of the training. ▪ Whether the training met employers' needs and improved employers' confidence in implementing or extending a workplace health and wellness program at their place of employment. ▪ Employers' recommendations for changes to the curriculum; how employers would best learn about a health and wellness training; and what would encourage employers to attend training.

				<p>workplace health implement programs, policies, and environmental support changes that will improve employee health.</p> <ul style="list-style-type: none"> - To understand participating employers intentions to participate in personal learning networks and learning communities. - To learn about the preferred methods for providing outreach to employers. 	
Work@Health Train-the-Trainer (TTT) Pilot Evaluation Survey	Paper form	15 Participants of the Train-the-Trainer Training	At the conclusion of the Train-the-Trainer Pilot Training	<p>Evaluate the TTT Pilot Training of the Work@Health Program to inform the development of the full-scale Work@Health Program Training Design and Curricula</p> <ul style="list-style-type: none"> - To assess TTT participants' reaction to the Work@Health Program. - To evaluate outcomes and the ways in which TTT participants increased their knowledge and perceived ability to train other employers in the Work@Health program. - To understand TTT participants' intentions to train other employers. - To learn about the preferred methods for providing outreach to other professionals and workplace health practitioners. 	<ul style="list-style-type: none"> ▪ Employers' satisfaction with the trainings they received; whether the training was engaging; and whether the facilitator, materials, and activities supported the goals of the training. ▪ Whether the training met employers' needs and improved TTT participants' confidence in training others in the Work@Health program. ▪ Participants' recommendations for changes to the curriculum.