

Thank you for your interest in this survey. The Centers for Disease Control and Prevention (CDC) would like to learn what parents think about the book, *Amazing Me - It's Busy Being 3!* This survey should take less than 5 minutes. Your privacy is very important to us. Your responses to all questions will be kept secure. You will not be required to provide any personal identifying information. Only people working on this study will have access to survey responses. Your participation is completely voluntary, but the information you share will help make sure that opinions like yours are included the study. You may choose to leave the survey at any time. Please answer a few questions to see if you are eligible to take the survey. If you are eligible, you will receive a \$5 online gift card to Target or Wal-Mart upon completion of the survey.

**1. I have read and understand this information and agree to participate in this survey.**

- Yes
- No. I do not want to participate at this time.

Public reporting burden of this collection of information is estimated to average 10 minutes, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports Clearance Officer; 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333; ATTN: OMB (0920-XXXX)

**2. Are you 18 years of age or older?**

Yes

No

**3. Are you the parent or guardian of a child who is age 3, will soon be age 3, or recently turned 4?**

Yes

No

**4. Just to confirm, did you receive a copy of the book, *Amazing Me - It's Busy Being 3!* from your child's doctor's office?**

- Yes
- No
- Don't Remember

**5. Have you read the book, *Amazing Me*?**

Yes

No

**6. Thinking back to when you received the book, *Amazing Me*, from your child's doctor's office, who handed you the book?**

- The child's doctor
- A nurse
- Someone from the front desk
- Someone else (Please specify):

**7. About how long ago did you receive the book?**

- Within the last week
- A few weeks ago
- More than a month ago

**8. Have you read the book, *Amazing Me*, to your child?**

Yes

No

**9. What are some of the reasons you haven't yet read the book to your child? (Please select all that apply)**

- Haven't had time
- Didn't like the book
- Lost the book
- Don't read at home
- Other:

**10. How likely are you to read *Amazing Me* to your child?**

- Very likely
- Somewhat likely
- Not very likely
- Not at all likely





**To** learn how **AMAZING** this book is, read here!

In this story, an amazing kangaroo named Joey shows all of the amazing things he can do now that he is 3 years old. These amazing things are called **developmental milestones**.




First steps, first words, and using the potty for the first time are all developmental milestones.

Other developmental milestones, like the ones in this book, may not be as easy to see, but they are just as important for your child's development.

**This book will show you what to look for as your child grows and develops.** Ask your child to find the koala bears. Each page with a koala bear  also has a star  and milestone at the bottom just for you.

See if your 3-year-old child is able to do some of the same things as Joey.

Also be sure to turn to the end of the book for:

-  3-year-old milestones,
-  tips about how you can help your child learn and grow, and
-  to find out where you can go for more information.

Happy reading!

*Georgina Peacock MD, MPH*  
Georgina Peacock, MD, MPH, Developmental Pediatrician

*Katie K. Green MPH, CHES*  
Katie K. Green, MPH, CHES, Health Communication Specialist



Centers for Disease Control and Prevention



**11. Did you read the introduction note at the beginning of the book?**

- Yes
- No
- No, but I plan to



Milestone Moment: Joey shows he can do more and more things on his own by dressing himself.

**12. Did you read the "Milestone Moments" at the bottom of most pages?**

- Yes
- No
- No, but I plan to



When my dad got home, I wanted to show him what I did.

“I don’t think you can reach that all by yourself,” said my dad.

**13. Did you read the main story about Joey?**

- Yes
- No
- No, but I plan to



## *AMAZING* Developmental Milestones

Watch and see if your 3-year-old child can do each of these milestones.

Take this book with you and talk with your child's doctor at every visit about which milestones your child has reached and what to expect next.

For more milestones, parenting tips, and other free materials, visit [www.cdc.gov/AmazingMe](http://www.cdc.gov/AmazingMe) or call 1-800-CDC-INFO and ask for a free Milestones Parent Resource Kit.

## *Developmental Milestones for 3-year-olds*

### Social/Emotional

- Copies adults and friends (like running when other children run)
- Shows affection for friends without prompting
- Takes turns in games
- Shows concern for a crying friend
- Understands the idea of "mine" and "his" or "hers"
- Shows a wide range of emotions
- Separates easily from mom and dad
- May get upset with major changes in routine

### **14. Did you read the developmental milestones section at the end (p27-30)?**

- Yes
- No
- No, but I plan to

**15. Please select how much you agree or disagree with the following statements.**

	Strongly agree	Agree	Disagree	Strongly disagree
Overall, I enjoyed reading the book.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Some of the information in the book for parents was confusing or unclear.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
This book taught me something new about how young children develop.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I would like to receive other books like this about children's developmental milestones for other ages.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**16. Please select how much you agree or disagree with the following statement.**

**Overall, my child enjoyed the book.**

- Strongly agree
- Agree
- Disagree
- Strongly disagree
- I did not read the book to my child

**17. What are some reasons why you think your child did not like the book? Select all that apply:**

- The story was too long
- The story was too difficult to understand
- My child likes other books better
- My child did not like the character, Joey
- The story did not keep my child's attention
- Other:

We'd like to learn more about how the book, *Amazing Me*, has influenced parents. Please tell us how much you agree or disagree with the following statements:

**18. As a result of reading the book, *Amazing Me*, I learned something new about developmental milestones.**

- Strongly agree
- Agree
- Disagree
- Strongly disagree

**19. The information I learned in the book, *Amazing Me*, has me thinking more about how my child is growing and developing.**

- Strongly agree
- Agree
- Disagree
- Strongly disagree

**20. The information in the book, *Amazing Me*, encouraged me to look for developmental milestones in my child.**

- Strongly agree
- Agree
- Disagree
- Strongly disagree

**21. The information I learned in the book, *Amazing Me*, made me feel that it is important to talk with my child's doctor about whether his/her development is on track for his/her age.**

- Strongly agree
- Agree
- Disagree
- Strongly disagree

**22. Please select whether or not you have done the following things after reading *Amazing***

**Me:**

	Yes	No	No, but I plan to
I have used the Developmental Milestones for 3-year-olds checklist at the back of the book to check my child's growth and development.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Since reading the book, I have talked with others about developmental milestones.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Since reading the book, I have talked with my child's doctor about my child's developmental milestones.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Since reading the book, I have looked for more information about developmental milestones.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



**23. What is your age range?**

- 20 or under
- 21-30
- 31-40
- 41-50
- 50 plus

**24. What is your gender?**

- Male
- Female

**25. Are you of Hispanic or Latino origin?**

- Yes
- No

**26. What is your race/ethnicity? Please select all that apply.**

- American Indian or Alaska Native
- Asian
- Black or African American
- Native Hawaiian or Other Pacific Islander
- White
- Prefer not to answer

**27. What is the highest level of education you have completed?**

- Less than high school
- High school diploma or GED
- Technical college/Associates degree
- Some college
- College degree
- Graduate degree

**28. Which best describes your total household income?**

- Under \$15,000
- \$15,000-\$24,999
- \$25,000-\$34,999
- \$35,000-\$49,999
- Over \$50,000

**29. Is the doctor's office where you received *Amazing Me* the same doctor's office you **USUALLY** go to when your child is sick or you need advice about his/her health?**

- Yes
- No

**30. Where does your child USUALLY go when he/she is sick or you need advice about his/her health?**

- Doctor's Office
- Emergency Room
- Urgent Care
- Hospital Outpatient Department
- Clinic (including Public Health Clinic or Vaccine Clinic)
- Some other place:

Thank you for your time. We are sorry, but you are not eligible for the survey. If you'd like more information about *Amazing Me*, please visit:  
<http://www.cdc.gov/ncbddd/actearly/amazingme.html>