

Study: **DRIVE**
Participant: _____
Visit: _____
Form Number: _____
Date: ____ _

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Degree of Sleepiness	Scale Rating
Feeling active, vital, alert, or wide awake	1
Functioning at high levels, but not at peak; able to concentrate	2
Awake, but relaxed; responsive but not fully alert	3
Somewhat foggy, let down	4
Foggy; losing interest in remaining awake; slowed down	5
Sleepy, woozy, fighting sleep; prefer to lie down	6
No longer fighting sleep, sleep onset soon; having dream-like thoughts	7
Asleep	8

Please rate your degree of sleepiness as you began to drive: _____

Please rate your degree of sleepiness at the left turn in the urban environment: _____

Please rate your degree of sleepiness on the on-ramp to the interstate: _____

Please rate your degree of sleepiness at the interchange on the interstate: _____

Please rate your degree of sleepiness at the stop sign on the off-ramp from the interstate: _____

Please rate your degree of sleepiness as drove through the sharp curve the rural environment: _____

Please rate your degree of sleepiness as you passed the service station at the Y-intersection: _____

Please rate your degree of sleepiness at the start of the gravel road: _____

Please rate your degree of sleepiness at start of the long straight away: _____

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Please rate your degree of sleepiness just before you were told to stop:

Degree of Sleepiness	Scale Rating
Feeling active, vital, alert, or wide awake	1
Functioning at high levels, but not at peak; able to concentrate	2
Awake, but relaxed; responsive but not fully alert	3
Somewhat foggy, let down	4
Foggy; losing interest in remaining awake; slowed down	5
Sleepy, woozy, fighting sleep; prefer to lie down	6
No longer fighting sleep, sleep onset soon; having dream-like thoughts	7
Asleep	8

Draw a line between the ratings to indicate your level of sleepiness for the times between the points of interest that are listed.

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