## WISEWOMAN Program

MDE Manual Version 9.0 July 2013

Public reporting burden of this collection of information is estimated to average 24 hours per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports Clearance Officer; 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333; ATTN: PRA (0920-0612).

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Item 0a: MDEver	MDE Version		
	This variable indicates the version of the MDE that was used to collect and report data in the file.		
SOURCE	Not applicable; WISEWOMAN-specific variable		
DENOMINATOR POPULATION	All records in the Screening and Assessment file that are eligible for MDE submission		
VALUES AND DESCRIPTION	900 MDE version 9.00 MDE version 9.00 should be used to collect and report data associated with screening visits conducted July 1, 2013, and aft		
ANALYSIS AND USE	To verify the MDE version used to collect and report data the file		

Item 1a: StFIPS	State/Tribal FIPS Code		
	This variable indicates the FIPS or tribal program code for the state or tribe where the administration of the program is located.		
SOURCE	National FIPS Code List		
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants		
VALUES AND DESCRIPTION	(State and Tribe values will be determined upon award of new funding)		
ANALYSIS AND USE	To calculate the number of women screened by each state or tribal program		
	To assess the reach of the WISEWOMAN Program nationally and within a particular state or tribe		

ANSI Geographic Code (Provider)  This indicates the ANSI geographic code of the provider that conducts the WISEWOMAN screening office visit.	
National ANSI Code List, Census Bureau	
The denominator includes all WISEWOMAN participants	
ANSI Geographic Code Value representing the geographic area of the provider that conducts the screening office visit	
To assess whether programs and specific providers are meeting screening goals in targeted geographic areas	
To identify geographic areas where women have access to the WISEWOMAN Program	
To provide information for GIS analysis	
To assist in identifying areas where there may be potential transportation barriers to accessing WISEWOMAN services	

Item 1c: EnrollSiteID	Enrollment Site ID		
	This variable indicates the site of a woman's enrollment into the WISEWOMAN Program.		
SOURCE	Not applicable; WISEWOMAN-specific variable		
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants		
VALUES AND DESCRIPTION	Enrollment Site ID	ID code of the enrollment site, as developed and assigned by the grantee	
ANALYSIS AND USE	To identify sites where outreach and enrollment are occurring		
	To identify sites where the Program is being administered and participants are tracked To track the number of WISEWOMAN participants enrolled at each WISEWOMAN enrollment site		

Item 1d: ScreenSiteID	Screening Site ID  This variable indicates the site where a woman received her WISEWOMAN screening.			
SOURCE	National Provider Identifier			
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants			
VALUES AND DESCRIPTION	Screening Site ID	Screening Site ID Value representing a National Provider Identifier for the provider who conducts the screening office visit		
ANALYSIS AND USE	To identify the geographic locations of sites providing screening services to participants  To track the number of WISEWOMAN participants screened at each WISEWOMAN screening s  To describe differences in participant demographics or other characteristics by screening site  To provide information for GIS analysis  To identify the number of screening providers in a given geographic area  To identify provider pool for assessment of health systems and providers that use clinical system of care successful in blood pressure control			

Item 2a: TimePer	Time Period of Screening  This variable indicates the 6-month time period of the baseline screening for the participant.		
SOURCE	Not applicable; WISEWOMAN-specific variable		
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants		
VALUES AND	01 6-month period 1	Baseline screening took place between 07/01/13 and 12/31/13	
DESCRIPTION	02 6-month period 2	Baseline screening took place between 01/01/14 and 06/30/14	
	03 6-month period 1	Baseline screening took place between 07/01/14 and 12/31/14	
	04 6-month period 2	Baseline screening took place between 01/01/15 and 06/30/15	
	05 6-month period 1	Baseline screening took place between 07/01/15 and 12/31/15	
	06 6-month period 2	Baseline screening took place between 01/01/16 and 06/30/16	
	07 6-month period 1	Baseline screening took place between 07/01/16 and 12/31/16	
	08 6-month period 2	Baseline screening took place between 01/01/17 and 06/30/17	
ANALYSIS AND USE	To track participants ove	r the course of the FOA by their baseline screenings	
	To track the number of u	nique participants programs have screened	

Item 2b: NScreen	Number of Screenings Received by the Participant	
	beginning of the FOA.	the number of screenings/rescreenings the participant has received since the
SOURCE	Not applicable; WISEWOMAN-specific variable	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Number of Visits	Value representing the number of screenings/rescreenings the participant has received since the beginning of the FOA (includes current screening)
ANALYSIS AND USE	To track the number of screenings/rescreenings that the participant has received	

Item 2c: Type		ether the record represents a baseline screening visit, a rescreening visit, π (LSP)/Health Coaching (HC) follow-up assessment.
SOURCE	Not applicable; WISEWOI	MAN-specific variable
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	1 Screening	Record represents a baseline screening visit
	2 Rescreening	Record represents a rescreening visit
	3 Follow-up	Record represents a post-LSP/HC follow-up assessment
	9 No answer recorded	No answer recorded
ANALYSIS AND USE To assess the number of unique women served by the WISEWOMAN Progra		unique women served by the WISEWOMAN Program
	To track participants screening values over time	
	To link baseline screenings with rescreenings	
	To assess participants progress after completion of an LSP/HC	

Unique Participant ID Number		
This variable indicates a woman's unique identification number.		
Not applicable; WISEWOMAN-specific variable		
The denominator includes all V	VISEWOMAN participants	
Unique Participant ID Number	Value representing the unique identifier for a participant	
To assess the number of unique women served by the WISEWOMAN Program		
To track participants over time		
To link baseline screenings with rescreenings		
To link screenings with risk red community-based resource refe	luction counseling, lifestyle programs, health coaching, and errals	
	Not applicable; WISEWOMAN- The denominator includes all V  Unique Participant ID Number  To assess the number of unique To track participants over time To link baseline screenings with To link screenings with risk red	

ANSI Geographic Code of Residence  This variable indicates the ANSI geographic code of residence of the WISEWOMAN participant.		
National ANSI Code List		
National ANSI Gode Est		
The denominator includes all WISEWOMAN participants		
ANSI Geographic Code Value representing the participant's geographic area of residence		
To assess whether programs are meeting screening goals in targeted geographic areas		
To identify the reach of the WISEWOMAN Program		
To assist in identifying areas where there may be potential transportation barriers to accessing WISEWOMAN services		

Item 3c: ZIP	ZIP Code of Residence This variable indicates the participant's ZIP code of residence.	
SOURCE	National ZIP Code List	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	ZIP Code of Residence Valid five-digit (character) ZIP code	
	99999	No ZIP code recorded
ANALYSIS AND USE	To assess whether programs are meeting screening goals in targeted geographic areas To identify the reach of the WISEWOMAN Program To identify participant county of residence outside program state boundaries	

Item 3d: MYB	Month and Year of Birth This variable indicates the participant's month and year of birth.	
SOURCE	Not applicable; WISEWOMAN-specific variable	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Month and Year of Birth	Month and Year of Birth in MM01CCYY format Example: September 18, 1965 = 09011965
ANALYSIS AND USE	To estimate the age of the participant To assist in characterizing the population reached by the WISEWOMAN Program To provide data element required to determine participant's cardiovascular risk or risk score To assess whether the participants are within the Program's priority age group	

Item 3e: Latino	Hispanic or Latino Origin  This variable indicates whether the participant is of Hispanic or Latino origin.	
SOURCE	United States Office of Ma	anagement and Budget Guidelines
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	1 Yes	Participant reports that she is of Hispanic or Latino origin
	2 No	Participant reports that she is not of Hispanic or Latino origin
	7 Unknown	Participant is unsure whether she is of Hispanic or Latino origin
	9 No answer recorded	Participant has not reported whether she is of Hispanic or Latino origin
ANALYSIS AND USE	To assess the race/ethnicity of WISEWOMAN participants	
	To analyze screening, lifestyle programs, and other variables by ethnicity	
	To assist in characterizing the population reached by the WISEWOMAN Program	
	To provide data element r	equired to determine participant's cardiovascular risk or risk score

Item 3f: Race1	Race: First Race This variable indicates a race with which the participant identifies.	
SOURCE	United States Census Bureau; United States Office of Management and Budget Guidelines	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND	1 White	Participant identifies White as a race
DESCRIPTION	2 Black or African American	Participant identifies Black or African American as a race
	3 Asian	Participant identifies Asian as a race
	4 Native Hawaiian or Other Pacific Islander	Participant identifies Native Hawaiian or Other Pacific Islander as a race
	5 American Indian or Alaska Native	Participant identifies American Indian or Alaska Native as a race
	7 Unknown	Participant does not know her race or does not identify with any of the races listed above
		If a participant is Hispanic and does not identify a race, this code should be used
	9 No answer recorded	Race information is missing for the participant
		Any race information gathered should be entered beginning with the Race1 field.
ANALYSIS AND USE	ND USE To assess the race/ethnicity of WISEWOMAN participants	
	To understand and analyze screening, lifestyle programs, and other variables by race	
	To assist in characterizing	the population reached by the WISEWOMAN Program
	To provide data element required to determine participant's cardiovascular risk or risk score	

Item 3g: Race2	Race: Second Race  This variable indicates a race with which the participant identifies in cases where a participant is multiracial.	
SOURCE	United States Census Bure	eau; United States Office of Management and Budget Guidelines
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	1 White	Participant identifies White as a race Participant who has identified two or more races can have this value
	2 Black or African American	Participant identifies Black or African American as a race Participant who has identified two or more races can have this value
	3 Asian	Participant identifies Asian as a race Participant who has identified two or more races can have this value
	4 Native Hawaiian or Other Pacific Islander	Participant identifies Native Hawaiian or Other Pacific Islander as a race
		Participant who has identified two or more races can have this value
	5 American Indian or Alaska Native	Participant identifies American Indian or Alaska Native as a race Participant who has identified two or more races can have this value
	7 Unknown	Participant does not know her race or does not identify with any of the races listed above
	9 No answer recorded	If race information is missing for Race2
		Participant has not identified any race
		Participant has identified one race and does not identify other races
		If a participant does not identify a second race, '9 No answer recorded' should be used for this field and all subsequent race fields
ANALYSIS AND USE	To assess the race/ethnicity of WISEWOMAN participants	
	To understand and analyze screening, lifestyle programs, and other variables by race	
	To assist in characterizing	the population reached by the WISEWOMAN Program
	To provide data element required to determine participant's cardiovascular risk or risk score	

Item 3h: Education	Education (highest grade completed)  This variable indicates the highest grade the participant completed.	
SOURCE	CDC Behavioral Risk Factor Surveillance System	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND	1 <9th grade	Participant reports that she did not attend high school
DESCRIPTION	2 Some high school	Participant reports she attended high school, but did not graduate
	3 High school graduate or equivalent	Participant reports that she graduated from high school or has the equivalent of a high school diploma, and she did not attend any college or higher education
	4 Some college or higher	Participant reports that she attended one or more years of college and/or graduate school (e.g., college graduate, graduate degree)
	7 Don't know/Not sure	Participant reports that she does not know the highest grade she completed
	8 Don't want to answer	Participant does not want to answer the highest grade she completed
	9 No answer recorded	Education information is missing for the participant
ANALYSIS AND USE	To assess the educational attainment of women in the WISEWOMAN population	
	To understand screening, lifestyle programs, and other variables by education status	
	•	ey level needed for materials developed for recruitment, risk reduction is, health coaching, and community-based resources
	To assist in characterizing th	e population reached by the WISEWOMAN Program

Item 3i: Language	What is the primary language spoken in your home? This variable indicates the primary language spoken in the participant's home.	
SOURCE	National Survey of Children's Health	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	1 English	Participant identifies English as the primary language spoken in her home
	2 Spanish	Participant identifies Spanish as the primary language spoken in he home
	3 Arabic	Participant identifies Arabic as the primary language spoken in her home
	4 Chinese	Participant identifies Chinese as the primary language spoken in he home
	5 French	Participant identifies French as the primary language spoken in her home
	6 Italian	Participant identifies Italian as the primary language spoken in her home
	7 Japanese	Participant identifies Japanese as the primary language spoken in her home
	8 Korean	Participant identifies Korean as the primary language spoken in her home
	9 Polish	Participant identifies Polish as the primary language spoken in her home
	10 Russian	Participant identifies Russian as the primary language spoken in helphome
	11 Tagalog	Participant identifies Tagalog as the primary language spoken in helphome
	12 Vietnamese	Participant identifies Vietnamese as the primary language spoken in her home
	13 Creole	Participant identifies Creole as the primary language spoken in her home
	14 Portuguese	Participant identifies Portuguese as the primary language spoken in her home
	15 Hmong	Participant identifies Hmong as the primary language spoken in her home
	16 Other Language	Participant identifies another language as the primary language spoken in her home (write-in response)
	88 Don't want to answer	Participant does not want to answer the primary language spoken in her home
	99 No answer recorded	Primary language information is missing for the participant
ANALYSIS AND USE		age of women in the WISEWOMAN population
	To provide context to potent	ial the health literacy issues ne population reached by the WISEWOMAN Program

Item 4a: SRHC	Do you have high cholesterol?  This variable indicates whether the participant has high cholesterol.	
SOURCE	Not applicable; WISEWOM	AN-specific variable
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	1 Yes	Participant has high cholesterol
	2 No	Participant does not have high cholesterol
	7 Don't know/Not sure	Participant does not know whether she has high cholesterol
		The validation program will flag this value for a quality check
	8 Don't want to answer	Participant does not want to answer whether she has high cholesterol
		The validation tool will flag this value for a quality check
	9 No answer recorded	No answer recorded
		The validation tool will flag this value as an error
ANALYSIS AND USE	To understand the cardiova WISEWOMAN population	ascular disease risk factors of individual participants and the overall
	To assess the number of cases of high cholesterol that have been previously diagnosed as opposed to newly detected cases among the WISEWOMAN population	
	To assess control of and improvements in cholesterol for newly and previously diagnosed women	

Item 4b: SRHB	Do you have hypertension (high blood pressure)?  This variable indicates whether the participant has hypertension (high blood pressure).	
SOURCE	Not applicable; WISEWOMAN-specific variable	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	1 Yes	Participant has hypertension (high blood pressure)
	2 No	Participant does not have hypertension (high blood pressure)
	7 Don't know/Not sure	Participant does not know whether she has hypertension (high blood pressure)
		The validation program will flag this value for a quality check
	8 Don't want to answer	Participant does not want to answer whether she has hypertension (high blood pressure)
		The validation program will flag this value for a quality check
	9 No answer recorded	No answer recorded
		The validation tool will flag this value as an error
ANALYSIS AND USE	To understand the cardiovascular disease risk factors of individual participants and the over WISEWOMAN population	
	To assess the number of cases of hypertension (high blood pressure) that have been previously diagnosed as opposed to newly detected cases among the WISEWOMAN population	
	To assess control of and improvements in blood pressure for newly and previously diagnosed women	

Harris da CDD	Do you have dishered (sither Time 1 or Time 2)		
Item 4c: SRD		Oo you have diabetes? (either Type 1 or Type 2)	
	This variable indicates whether the participant has Type 1 or Type 2 diabetes.		
SOURCE	American Heart Association Life's Simple 7		
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants		
VALUES AND DESCRIPTION	1 Yes	Participant has Type 1 or Type 2 diabetes	
	2 No	Participant does not have Type 1 or Type 2 diabetes	
	7 Don't know/Not sure	Participant does not know whether she has Type 1 or Type 2 diabetes	
	8 Don't want to answer	Participant does not want to answer whether she has Type 1 or Type 2 diabetes	
	9 No answer recorded	No answer recorded	
ANALYSIS AND USE	To understand the cardiovascular disease risk factors of individual participants and the WISEWOMAN population		
	To assess the number of cases of diabetes that have been previously diagnosed as opposed to newly detected cases among the WISEWOMAN population		
	To assess control of and improvements in diabetes for newly and previously diagnosed women		
	To provide data element required to determine participant's Simple 7 cardiovascular risk score		

Item 4d: SRHA	Have you been diagnosed by a healthcare provider as having any of these conditions: coronary heart disease/chest pain, heart attack, heart failure, stroke/transient ischemic attack (TIA), vascular disease, or congenital heart defects?		
	This variable indicates whether the participant has ever been diagnosed by a healthcare provider as having coronary heart disease/chest pain, heart attack, heart failure, stroke/TIA, vascular disease, or congenital heart defects.		
SOURCE	American Heart Association	n Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants		
VALUES AND DESCRIPTION	1 Yes	Participant has been diagnosed by a healthcare provider as having coronary heart disease/chest pain, heart attack, heart failure, stroke/TIA, vascular disease, or congenital heart defects	
	2 No	Participant has never been diagnosed by a healthcare provider as having coronary heart disease/chest pain, heart attack, heart failure, stroke/TIA, vascular disease, or congenital heart defects	
	7 Don't know/Not sure	Participant does not know whether she has been diagnosed by a healthcare provider as having coronary heart disease/chest pain, heart attack, heart failure, stroke/TIA, vascular disease, or congenital heart defects	
	8 Don't want to answer	Participant does not want to answer whether she has been diagnosed by a healthcare provider as having coronary heart disease/chest pain, heart attack, heart failure, stroke/TIA, vascular disease, or congenital heart defects	
	9 No answer recorded	No answer recorded	
ANALYSIS AND USE	To understand the history of WISEWOMAN population	of cardiovascular disease among individual participants and the overall	
	To assess the number of participants who have been previously diagnosed as having cardiovascular disease		
	To provide data element required to determine participant's Simple 7 cardiovascular risk score		

Item 5a: HCMeds	Do you take medication to lower your cholesterol?  This variable indicates whether the participant takes medication to lower her cholesterol.	
SOURCE	American Heart Association Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes WISEWOMAN participants with elevated cholesterol or previo diagnosed with high cholesterol	
VALUES AND DESCRIPTION	1 Yes	Participant is taking medication to lower her cholesterol
	2 No	Participant is not taking medication to lower her cholesterol
	3 No – Could not obtain medication	Participant is not taking medication to lower her cholesterol because she could not obtain the medication (e.g., could not obtain due to cost of medication, could not obtain due to expired prescription, could not obtain due to problems getting the prescription filled because of lack of transportation or access to a pharmacy)
	5 Not Applicable	This question is not applicable for the patient because she has never been diagnosed with high cholesterol
	7 Don't know/Not sure	Participant does not know whether she is taking medication to lower her cholesterol
	8 Don't want to answer	Participant does not want to answer whether she is taking medication to lower her cholesterol
	9 No answer recorded	No answer recorded
ANALYSIS AND USE	To understand the cardiovascular disease risk factors of individual participants and the overall WISEWOMAN population	
	To assess the number of cases of high cholesterol that have been previously diagnosed as opposed to newly detected cases among the WISEWOMAN population	
	To assess the control and management of cholesterol among participants who have high cholesterol	
	To assist in assessment of a	adherence to medication for high cholesterol

Item 5b: HBPMeds	Do you take medication to lower your blood pressure?  This variable indicates whether the participant is taking medication to lower her blood pressure.	
SOURCE	American Heart Association Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes WISEWOMAN participants with elevated blood pressure or previously diagnosed with hypertension (high blood pressure)	
VALUES AND DESCRIPTION	1 Yes	Participant is taking medication to lower her blood pressure
	2 No	Participant is not taking medication to lower her blood pressure
	3 No – Could not obtain medication	Participant is not taking medication to lower her blood pressure because she could not obtain the medication (e.g., could not obtain due to cost of medication, could not obtain due to expired prescription, could not obtain due to problems getting the prescription filled because of lack of transportation or access to a pharmacy)
	5 Not Applicable	This question is not applicable for the patient because she has never been diagnosed with high blood pressure
	7 Don't know/Not sure	Participant does not know whether she is taking medication to lower her blood pressure
	8 Don't want to answer	Participant does not want to answer whether she is taking medication to lower her blood pressure
	9 No answer recorded	No answer recorded
ANALYSIS AND USE	To understand the cardiovascular disease risk factors of individual participants and the overall WISEWOMAN population	
	To assess the number of cases of hypertension (high blood pressure) that have been previously diagnosed as opposed to newly detected cases among the WISEWOMAN population	
	To assess the control and management of hypertension (high blood pressure) among participants who have hypertension (high blood pressure)	
	To assist in assessment of adherence to medication for hypertension (high blood pressure)	

Item 5c: DMeds	Are you taking medication to lower your blood sugar (for diabetes)?  This variable indicates whether the participant is taking medication to lower her blood sugar for diabetes.	
SOURCE	American Heart Association	Life's Simple 7
DENOMINATOR POPULATION	The denominator includes V previously diagnosed with d	VISEWOMAN participants with elevated blood glucose or A1C or liabetes
VALUES AND DESCRIPTION	1 Yes	Participant is taking medication to lower her blood sugar for diabetes
	2 No	Participant is not taking medication to lower her blood sugar for diabetes
	3 No – Could not obtain medication	Participant is not taking medication to lower her blood sugar for diabetes because she could not obtain the medication (e.g., could not obtain due to cost of medication, could not obtain due to expired prescription, could not obtain due to problems getting the prescription filled because of lack of transportation or access to a pharmacy)
	5 Not Applicable	This question is not applicable for the patient because she has never been diagnosed with high blood sugar for diabetes
	7 Don't know/Not sure	Participant does not know whether she is taking medication to lower her blood sugar for diabetes
	8 Don't want to answer	Participant does not want to answer whether she is taking medication to lower her blood sugar for diabetes
	9 No answer recorded	No answer recorded
ANALYSIS AND USE	To understand the cardiovascular disease risk factors of individual participants and the overall WISEWOMAN population	
	To assess the number of cases of diabetes that have been previously diagnosed as opposed to newly detected cases among the WISEWOMAN population	
	To assess diabetes control	and management among participants who have diabetes
	To assist in assessment of adherence to medication for diabetes	

Item 5d: HCAdhere	During the past 7 days (including today), on how many days did you take prescribed medication to lower your cholesterol?		
	This variable indicates the number of days out of the past 7 days, including the day of the screening, that the participant took prescribed medication to lower her cholesterol.		
SOURCE	Adapted from National Surv	ey of Children's Health	
DENOMINATOR POPULATION	The denominator includes WISEWOMAN participants taking medication to lower cholesterol		
VALUES AND DESCRIPTION	Number of days	A one-digit (numeric) value indicating the number of days out of the past 7 days, including the day of the screening, that the participant took prescribed medication to lower her cholesterol	
	0 None	In the past 7 days, including the day of the screening, the participant did not take prescribed medication to lower her cholesterol	
	55 Not Applicable	This question is not applicable for the patient because she has neve been diagnosed with high cholesterol	
	77 Don't know/Not sure	Participant is not sure whether she took prescribed medication to lower her cholesterol during the past 7 days including the day of the screening	
	88 Don't want to answer	Participant did not want to answer whether she took prescribed medication to lower her cholesterol during the past 7 days including the day of the screening	
	99 No answer recorded	No answer recorded	
ANALYSIS AND USE	To facilitate assessment of adherence to medication prescribed for high cholesterol  To assist in determining high cholesterol management and control		

Item 5e: HBPAdhere	During the past 7 days (including today), on how many days did you take prescribed medication (including diuretics/water pills) to lower your blood pressure?		
	This variable indicates the number of days out of the past 7 days, including the day of the screening, that the participant took prescribed medication (including diuretics/water pills) to lower her blood pressure.		
SOURCE	Adapted from National Surv	rey of Children's Health	
DENOMINATOR POPULATION	The denominator includes WISEWOMAN participants taking medication to lower blood pressure		
VALUES AND DESCRIPTION	Number of days	A one-digit (numeric) value indicating the number of days out of the past 7 days, including the day of the screening, that the participant took prescribed medication (including diuretics/water pills) to lower her blood pressure	
	0 None	In the past 7 days, including the day of the screening, the participant did not take prescribed medication (including diuretics/water pills) to lower her blood pressure	
	55 Not Applicable	This question is not applicable for this patient because she has neve been diagnosed with hypertension (high blood pressure)	
	77 Don't know/Not sure	Participant is not sure whether she took prescribed medication (including diuretics/water pills) to lower her blood pressure during the past 7 days including the day of the screening	
	88 Don't want to answer	Participant did not want to answer whether she prescribed medication (including diuretics/water pills) to lower her blood pressure during the past 7 days including the day of the screening	
	99 No answer recorded	No answer recorded	
ANALYSIS AND USE	To facilitate assessment of a pressure)	adherence to medication prescribed for hypertension (high blood	
	To assist in determining hypertension (high blood pressure) prevention, management, and control		

Item 5f: DAdhere	During the past 7 days (including today), on how many days did you take prescribed medication to lower blood sugar (for diabetes)?		
	This variable indicates the number of days out of the past 7 days, including the day of the screening, that the participant took prescribed medication to lower her blood sugar (for diabetes).		
SOURCE	Adapted from National Surv	ey of Children's Health	
DENOMINATOR POPULATION	The denominator includes WISEWOMAN participants prescribed taking took prescribed medication to lower blood sugar		
VALUES AND DESCRIPTION	Number of days	A one-digit (numeric) value indicating the number of days out of the past 7 days, including the day of the screening, that the participant took prescribed medication to lower her blood sugar (for diabetes)	
	0 None	In the past 7 days, including the day of the screening, the participant did not take prescribed medication to lower her blood sugar (for diabetes)	
	55 Not Applicable	This question is not applicable for this patient because she has neve been diagnosed with high blood sugar (for diabetes)	
	77 Don't know/Not sure	Participant is not sure whether she took prescribed medication to lower her blood sugar (for diabetes) during the past 7 days including the day of the screening	
	88 Don't want to answer	Participant did not want to answer whether she took prescribed medication to lower her blood sugar (for diabetes) during the past 7 days including the day of the screening	
	99 No answer recorded	No answer recorded	
ANALYSIS AND USE	To facilitate assessment of adherence to medication prescribed for diabetes To assist in determining diabetes control and management		

Item 6a: BPHome	Do you measure your blood pressure at home or using other calibrated sources?  This variable indicates whether the participant monitors her blood pressure at home or using other calibrated sources (select all response options that apply).	
SOURCE	HealthStyles Survey	
DENOMINATOR POPULATION	The denominator includes WISEWOMAN participants with elevated blood pressure or those with elevated blood pressure taking medication	
VALUES AND DESCRIPTION	1 Yes	Participant reports that she measures her blood pressure at home or using other calibrated sources
	2 No – Was never told to measure her blood pressure	Participant reports that she does not measure her blood pressure at home or using other calibrated sources because she was never told she should measure her blood pressure
	3 No – Doesn't know how to measure her blood pressure	Participant reports that she does not measure her blood pressure at home or using other calibrated sources because she does not know how to measure her blood pressure
	4 No – Doesn't have equipment to measure her blood pressure	Participant reports that she does not measure her blood pressure at home or using other calibrated sources because she does not have access to the required equipment to measure her blood pressure
	5 Not Applicable	This question is not applicable for the patient because she has never been diagnosed with hypertension (high blood pressure) or does not monitor her blood pressure at home or using other calibrated sources
	7 Don't know/Not sure	Participant is not sure whether she measures her blood pressure at home or using other calibrated sources
	8 Don't want to answer	Participant did not want to answer whether she measures her blood pressure at home or using other calibrated sources
	9 No answer recorded	No answer recorded
ANALYSIS AND USE	To determine self-control and management of hypertension (high blood pressure)	

Item 6b: BPFreq	How often do you measure your blood pressure at home or using other calibrated sources?		
	This variable indicates how frequently the participant measures her blood pressure at home or using other calibrated sources.		
SOURCE	HealthStyles Survey		
DENOMINATOR POPULATION	The denominator includes WISEWOMAN participants with elevated blood pressure or those with elevated blood pressure taking medication who have indicated they measure their blood pressure at home or using other calibrated sources		
VALUES AND DESCRIPTION	1 Multiple times per day	Participant measures her blood pressure at home or using other calibrated sources multiple times per day	
	2 Daily	Participant measures her blood pressure at home or using other calibrated sources once per day	
	3 A few times per week	Participant measures her blood pressure at home or using other calibrated sources a few times per week	
	4 Weekly	Participant measures her blood pressure at home or using other calibrated sources once per week	
	5 Monthly	Participant measures her blood pressure at home or using other calibrated sources once per month	
	6 Not Applicable	This question is not applicable for the patient because she has never been diagnosed with hypertension (high blood pressure) or does not monitor her blood pressure at home or using other calibrated sources	
	7 Don't know/Not sure	Participant is not sure how frequently she measures her blood pressure at home or using other calibrated sources	
	8 Don't want to answer	Participant did not want to answer how frequently she measures her blood pressure at home or using other calibrated sources	
	9 No answer recorded	No answer recorded	
ANALYSIS AND USE	To determine self-control and management of hypertension (high blood pressure)		

Item 6c: BPSend	Do you regularly share blood pressure readings with a health care provider for feedback?		
	This variable indicates whether the participant shares blood pressure readings taken at home or using other calibrated sources with a health care provider for feedback almost every time she sees her provider.		
SOURCE	Not applicable; WISEWOM	AN-specific variable	
DENOMINATOR POPULATION	The denominator includes WISEWOMAN participants with elevated blood pressure or those with elevated blood pressure taking medication who have indicated they measure their blood pressure at home or using other calibrated sources		
VALUES AND DESCRIPTION	1 Yes	Participant reports that she shares blood pressure readings taken at home or using other calibrated sources with a health care provider for feedback almost every time she sees her provider	
	2 No	Participant reports that she does not share blood pressure readings taken at home or using other calibrated sources with a health care provider for feedback	
	5 Not Applicable	This question is not applicable for the patient because she has never been diagnosed with hypertension (high blood pressure) or does not monitor her blood pressure at home or using other calibrated sources	
	7 Don't know/Not sure	Participant is not sure whether she shares blood pressure readings taken at home or using other calibrated sources with a health care provider for feedback	
	8 Don't want to answer	Participant did not want to answer whether she shares blood pressure readings taken at home or using other calibrated sources with a health care provider for feedback	
	9 No answer recorded	No answer recorded	
ANALYSIS AND USE	To determine self-control and management of hypertension (high blood pressure)  To determine whether blood pressure monitoring results are shared with a health care provided for monitoring of progress		

Item 7a: Fruit	How much fruit do you eat in an average day?  This variable indicates the amount of fruit the participant consumes in an average day.	
SOURCE	American Heart Association Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Number of cups	Two-digit (numeric) value representing the number of cups of fruit the participant consumes in an average day
	00 None	Participant does not consume fruit in an average day
	88 Don't want to answer	Participant does not want to answer how many cups of fruit she consumes in an average day
	99 No answer recorded	No answer recorded
ANALYSIS AND USE	To determine the healthy and risky behaviors of individual participants and the overall WISEWOMAN population	
	To provide data element required to determine participant's Simple 7 cardiovascular risk score	

Item 7b: Vegetables	How many vegetables do you eat in an average day?  This variable indicates the amount of vegetables the participant consumes in an average day.	
SOURCE	American Heart Association Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Number of cups	Two-digit (numeric) value representing the number of cups of vegetables the participant consumes in an average day
	00 None	Participant does not consume vegetables in an average day
	88 Don't want to answer	Participant does not want to answer how many cups of vegetables she consumes in an average day
	99 No answer recorded	No answer recorded
ANALYSIS AND USE	To determine the healthy an WISEWOMAN population	nd risky behaviors of individual participants and the overall
	To provide data element required to determine participant's Simple 7 cardiovascular risk score	

Item 7c: Fish	Do you eat two servings or more of fish weekly?  This variable indicates whether the participant consumes two servings or more of fish weekly.	
SOURCE	American Heart Association	n Life's Simple 7
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	1 Yes	Participant consumes two servings or more of fish weekly
	2 No	Participant does not consume two servings or more of fish weekly
	8 Don't want to answer	Participant does not want to answer whether she consumes two servings or more of fish weekly
	9 No answer recorded	No answer recorded
ANALYSIS AND USE	To determine the healthy and risky behaviors of individual participants and the overa WISEWOMAN population	
	To provide data element required to determine participant's Simple 7 cardiovascular risk score	

Item 7d: Grains	Do you eat 3 ounces or more of whole grains daily?  This variable indicates whether the participant consumes 3 ounces or more of whole grains daily.	
item ru. Orams		
SOURCE	American Heart Association Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	1 Yes	Participant consumes 3 ounces or more of whole grains daily
	2 No	Participant does not consume 3 ounces or more of whole grains daily
	8 Don't want to answer	Participant does not want to answer whether she consumes 3 ounces or more of whole grains daily
	9 No answer recorded	No answer recorded
ANALYSIS AND USE	To determine the healthy and risky behaviors of individual participants and the overall WISEWOMAN population	
	To provide data element re	quired to determine participant's Simple 7 cardiovascular risk score

Item 7e: Sugar	Do you drink less than 36 ounces (450 calories) of beverages with added sugars weekly? This variable indicates whether the participant drinks less than 36 ounces (450 calories) of beverages with added sugars weekly.	
SOURCE	American Heart Association Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	1 Yes	Participant consumes <i>less than</i> 36 ounces (450 calories) of beverages with added sugars in an average week
	2 No	Participant consumes 36 ounces or <i>more</i> (450 calories or <i>more</i> ) of beverages with added sugars in an average week
	8 Don't want to answer	Participant does not want to answer whether she consumes <i>less than</i> 36 ounces (450 calories) or more of beverages with added sugars in an average week
	9 No answer recorded	No answer recorded
ANALYSIS AND USE	To determine the healthy and risky behaviors of individual participants and the overall WISEWOMAN population	
	To provide data element re	quired to determine participant's Simple 7 cardiovascular risk score

Item 7f: SaltCon	Do you eat 1,500 mg of sodium or less daily?  This variable indicates whether the participant consumes 1,500 mg of sodium or less daily.	
SOURCE	American Heart Association Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	1 Yes	Participant consumes 1,500 mg of sodium or less daily
	2 No	Participant consumes more than 1,500 mg of sodium daily
	8 Don't want to answer	Participant does not want to answer whether she consumes 1,500 mg of sodium or less daily
	9 No answer recorded	No answer recorded
ANALYSIS AND USE	To determine the healthy an WISEWOMAN population	nd risky behaviors of individual participants and the overall
	To provide data element required to determine participant's Simple 7 cardiovascular risk score	

Item 7g: SaltWatch	Are you currently watching or reducing your sodium or salt intake?  This variable indicates whether the participant is currently watching or reducing her sodium or salt intake.	
SOURCE	CDC Behavioral Risk Factor Surveillance System	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	1 Yes	Participant is currently watching or reducing her sodium or salt intake
	2 No	Participant is not currently watching or reducing her sodium or salt intake
	8 Don't want to answer	Participant does not want to answer whether she is currently watching or reducing her sodium or salt intake
	9 No answer recorded	No answer recorded
ANALYSIS AND USE	To determine the healthy and risky behaviors of individual participants and the overall WISEWOMAN population	

Item 8a: PAMod	How much moderate physical activity do you get in a week?  This variable indicates the amount of moderate physical activity the participant gets during an average week.	
SOURCE	American Heart Association Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Number of minutes	A three-digit (numeric) value representing the minutes of moderate physical activity the participant gets during an average week
	000 None	Participant does not get any moderate physical activity during an average week
	888 Don't want to answer	Participant does not want to answer how much moderate physical activity she gets during an average week
	999 No answer recorded	No answer recorded
ANALYSIS AND USE	To determine the healthy and risky behaviors of individual participants and the overall WISEWOMAN population  To provide data element required to determine participant's Simple 7 cardiovascular risk score	

Item 8b: PAVig	How much vigorous physical activity do you get in a week?  This variable indicates the amount of vigorous physical activity the participant gets during an average week.	
SOURCE	American Heart Association Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Number of minutes	A three-digit (numeric) value representing the minutes of vigorous physical activity the participant gets during an average week
	000 None	Participant does not get any vigorous physical during an average week
	888 Don't want to answer	Participant does not want to answer how much vigorous physical activity she gets during an average week
	999 No answer recorded	No answer recorded
ANALYSIS AND USE	To determine the healthy and risky behaviors of individual participants and the overall WISEWOMAN population To provide data element required to determine participant's Simple 7 cardiovascular risk score	

Item 9a: Smoker	Do you smoke? Includes cigarettes, pipes, or cigars (smoked tobacco in any form)  This variable indicates whether the participant smokes tobacco in any form, including cigarettes, pipes, or cigars.	
SOURCE	American Heart Association Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	1 Current Smoker	Participant currently smokes tobacco in any form, including cigarettes, pipes, or cigars
	2 Quit (1-12 months ago)	Participant quit smoking tobacco in any form, including cigarettes, pipes, or cigars, 1 to 12 months ago
	3 Quit (More than 12 months ago)	Participant quit smoking tobacco in any form, including cigarettes, pipes, or cigars, more than 12 months ago
	4 Never Smoked	Participant has never smoked tobacco in any form, including cigarettes, pipes, or cigars
	8 Don't want to answer	Participant does not want to answer whether she smokes tobacco in any form, including cigarettes, pipes, or cigars
	9 No answer recorded	No answer recorded
ANALYSIS AND USE	To determine the healthy and risky behaviors of individual participants and the overall WISEWOMAN population	
	To identify participants who might benefit from smoking cessation counseling and tobacco cessation resources (quit line and community-based)	
	To provide data element required to determine participant's Simple 7 cardiovascular risk score	

Item 9b: Sechand	About how many hours a day, on average, are you in the same room or vehicle with anoth person who is smoking?		
	This variable indicates how many hours a day, on average, the participant is in the same room or vehicle as another person who is smoking.		
SOURCE	Pregnancy Risk Assessmen	nt Monitoring System	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants		
VALUES AND DESCRIPTION	Number of hours	A two-digit (numeric) value indicating the number of hours per day, on average, the participant is in the same room or vehicle as another person who is smoking	
	66 Less than one	Participant is in the same room or vehicle with another person who is smoking less than one hour per day, on average	
	00 None	Participant is never in the same room or vehicle as another person who is smoking	
	88 Don't want to answer	Participant does not want to answer the number of hours per day, on average, that she is in the same room or vehicle as another person who is smoking	
	99 No answer recorded	No answer recorded	
ANALYSIS AND USE	To determine the exposure risks in the environment	of individual participants and the overall WISEWOMAN population to	
	To help assess use of commexposed to secondhand sm	nunity-based referral resources and risk reduction counseling for those oke	

Item 10a: QOLPH	Thinking about your physical health, which includes physical illness and injury, on how many days during the past 30 days was your physical health not good?	
	This variable indicates the number of days during the past 30 days that the participant's physical health, including physical illness and injury, was not good.	
SOURCE	CDC Health-Related Quality of Life Measures	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Number of days	A two-digit (numeric) value representing the number of days during the past 30 days that the participant's physical health, including physical illness and injury, was not good
	77 Don't know/Not sure	Participant does not know how many days during the past 30 days that her physical health, including physical illness and injury, was not good
	88 Don't want to answer	Participant does not want to answer how many days during the past 30 days that her physical health, including physical illness and injury, was not good
	99 No answer recorded	No answer recorded
ANALYSIS AND USE	To determine the health status of individual participants and the overall WISEWOMAN population To provide health status information for cost benefit or cost effectiveness analyses	

Item 10b: QOLMH	Thinking about your mental health, which includes stress, depression, and problems with emotions, on how many days during the past 30 days was your mental health not good?		
	This variable indicates the number of days during the past 30 days that the participant's mental health, including stress, depression, and problems with emotions, was not good.		
SOURCE	CDC Health-Related Quality of Life Measures		
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants		
VALUES AND DESCRIPTION	Number of days	A two-digit (numeric) value representing the number of days during the past 30 days that the participant's mental health, including stress, depression, and problems with emotions, was not good	
	77 Don't know/Not sure	Participant does not know how many days during the past 30 days that the participant's mental health, including stress, depression, and problems with emotions, was not good	
	88 Don't want to answer	Participant does not want to answer how many days during the past 30 days that the participant's mental health, including stress, depression, and problems with emotions, was not good	
	99 No answer recorded	No answer recorded	
ANALYSIS AND USE	To determine the health status of individual participants and the overall WISEWOMAN population To provide health status information for cost benefit or cost effectiveness analyses		

Item 10c: QOLEffect	During the past 30 days, on about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?	
	This variable indicates the number of days during the past 30 days that the participant's poor physical or mental health kept her from doing her usual activities, such as self-care, work, or recreation.	
SOURCE	CDC Health-Related Quality of Life Measures	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Number of days	A two-digit (numeric) value representing the number of days during the past 30 days that the participant's poor physical or mental health kept her from doing her usual activities, such as self-care, work, or recreation
	77 Don't know/Not sure	Participant does not know how many days during the past 30 days that the participant's poor physical or mental health kept her from doing her usual activities, such as self-care, work, or recreation
	88 Don't want to answer	Participant does not want to answer how many days during the past 30 days that the participant's poor physical or mental health kept her from doing her usual activities, such as self-care, work, or recreation
	99 No answer recorded	No answer recorded
ANALYSIS AND USE	To determine the health status of individual participants and the overall WISEWOMAN population To provide health status information for cost benefit or cost effectiveness analyses	

Item 11a: Height	Height	
	This variable indicates the participant's height in inches.	
SOURCE	American Heart Association Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Height in inches Up to a two-digit (numeric) value representing the partici	
	777 Unable to obtain	Height measurement was attempted, but measurement results were not obtained
	888 Client refused	Participant refuses to have her height measurement taken
	999 No measurement recorded	Height measurement was not performed
ANALYSIS AND USE	To calculate the BMI of WISEWOMAN participants	
	To understand the cardiova WISEWOMAN population	ascular disease risk factors of individual participants and the overall
	To provide data element required to determine participant's Simple 7 cardiovascular ris	

Item 11b: Weight	Weight	
	This variable indicates the participant's weight in pounds.	
SOURCE	American Heart Association	on Life's Simple 7
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Weight in pounds	Up to a three-digit (numeric) value representing the participant's weight
	777 Unable to obtain	Weight measurement was attempted, but measurement results were not obtained
	888 Client refused	Participant refuses to have her weight measurement taken
	999 No measurement recorded	Weight measurement was not performed
ANALYSIS AND USE	To calculate the BMI of WISEWOMAN participants	
	To understand the cardiov WISEWOMAN population	ascular disease risk factors of individual participants and the overall
	To provide data element re	equired to determine participant's Simple 7 cardiovascular risk score

Item 11c: Waist	Waist Circumference This variable indicates the participant's waist circumference in inches.	
SOURCE	Not applicable; health screening m	neasurement
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Waist Circumference in inches	Up to a two-digit (numeric) value representing the participant's waist circumference in inches
	777 Unable to obtain	Waist circumference measurement was attempted, but measurement results were not obtained
	888 Client refused	Participant refuses to have her waist circumference measurement taken
	999 No measurement recorded	Waist circumference measurement was not performed
ANALYSIS AND USE	To determine waist-hip ratio for the participant	
To understand the cardiovascular disease risk factors of individual participants a WISEWOMAN population		disease risk factors of individual participants and the overall

Item 11d: Hip	Hip Circumference	
	This variable indicates the partic	cipant's hip circumference in inches.
SOURCE	Not applicable; health screening measurement	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Hip Circumference in inches	Up to a two-digit (numeric) value representing the participant's hip circumference in inches
	777 Unable to obtain	Hip circumference measurement was attempted, but measurement results were not obtained
	888 Client refused	Participant refuses to have her hip circumference measurement taken
	999 No measurement recorded	Hip circumference measurement was not performed
ANALYSIS AND USE	To determine waist-hip ratio for the participant	
	To understand the cardiovascula WISEWOMAN population	ar disease risk factors of individual participants and the overall

Item 12a: BPDate	Blood Pressure Measurement Date (Office Visit Date)  This variable indicates the date of the office visit when a blood pressure measurement is obtained.	
SOURCE	Not applicable; WISEWOMAN-specific variable	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND	Blood pressure	Valid date in MMDDCCYY format
DESCRIPTION	measurement date/Office visit date	Date of the office visit and when a blood pressure measurement is obtained
ANALYSIS AND USE	To identify the date of the office visit and blood pressure measurements  To facilitate analysis of changes in blood pressure over time  To calculate other service time frames, including time to rescreening, lifestyle program sessions, lifestyle program/health coaching follow-up screening, risk reduction counseling sessions, alert referrals, and labs	

Item 12b: SBP1	Systolic Blood Pressure #	1
	This variable indicates the participant's first systolic blood pressure reading.	
SOURCE	American Heart Association Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Systolic blood pressure in mmHg	Up to a three-digit (numeric) value representing the participant's first systolic blood pressure in mmHg
	777 Unable to obtain	First systolic blood pressure measurement was attempted, but results were not obtained due to technical difficulties or errors
	888 Client refused	Participant refuses to have her first systolic blood pressure measurement taken
	999 No measurement recorded	First systolic blood pressure measurement was not performed or not recorded
ANALYSIS AND USE	To identify those at increased risk for cardiovascular conditions, including heart attack, heart failure, stroke, and kidney disease	
	To identify participants who would benefit from lifestyle programs	
	To identify participants unaware that they have hypertension (high blood pressure) for referral to medical management	
	To determine control and management of blood pressure	
	To identify participants who require further diagnostic evaluation	
	To identify hypertension (high blood pressure) risk of the WISEWOMAN population	
	To provide data element required to determine participant's Simple 7 cardiovascular risk score	

Item 12c: DBP1	Diastolic Blood Pressure #1  This variable indicates the participant's first diastolic blood pressure reading.	
SOURCE	American Heart Association Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Diastolic blood pressure in mmHg	Up to a three-digit (numeric) value representing the participant's diastolic blood pressure in mmHg
	777 Unable to obtain	First diastolic blood pressure measurement was attempted, but results were not obtained due to technical difficulties or errors
	888 Client refused	Participant refuses to have her first diastolic blood pressure measurement taken
	999 No measurement recorded	First diastolic blood pressure measurement was not performed or not recorded
ANALYSIS AND USE	To identify those at increased risk for cardiovascular conditions, including heart attack, heart failure, stroke, and kidney disease	
	To identify participants who would benefit from lifestyle programs	
	To identify participants unaware that they have hypertension(high blood pressure) for referral to medical management	
	To determine control and management of blood pressure	
	To identify participants who require further diagnostic evaluation	
	To identify hypertension (hig	h blood pressure) risk of the WISEWOMAN population
	To provide data element required to determine participant's Simple 7 cardiovascular risk score	

Item 12d: SBP2	Systolic Blood Pressure #2  This variable indicates the participant's second systolic blood pressure reading.	
SOURCE	American Heart Association Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Systolic blood pressure in mmHg	Up to a three-digit (numeric) value representing the participant's second systolic blood pressure in mmHg
	777 Unable to obtain	Second systolic blood pressure measurement was attempted, but results were not obtained due to technical difficulties or errors
	888 Client refused	Participant refuses to have her second systolic blood pressure measurement taken
	999 No measurement recorded	Second systolic blood pressure measurement was not performed or not recorded
ANALYSIS AND USE	To identify those at increased risk for cardiovascular conditions, including heart att stroke, and kidney disease	
	To identify participants who would benefit from lifestyle programs	
	To identify participants unaware that they have hypertension (high blood pressure) for referral to medical management	
	To determine control and management of blood pressure among those currently being treated	
	To identify participants who require further diagnostic evaluation	
	To identify hypertension (high blood pressure) risk in the WISEWOMAN population	
	To provide data element required to determine participant's Simple 7 cardiovascular risk score	

Item 12e: DBP2	Diastolic Blood Pressure #2  This variable indicates the participant's second diastolic blood pressure reading.		
SOURCE	American Heart Association Life's Simple 7		
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants		
VALUES AND DESCRIPTION	Diastolic blood pressure in mmHg	Up to a three-digit (numeric) value representing the participant's diastolic blood pressure in mmHg	
	777 Unable to obtain	Second diastolic blood pressure measurement was attempted, but results were not obtained due to technical difficulties or errors	
	888 Client refused	Participant refuses to have her second diastolic blood pressure measurement taken	
	999 No measurement recorded	Second diastolic blood pressure measurement was not performed or not recorded	
ANALYSIS AND USE	To identify those at increased risk for cardiovascular conditions, including heart attack, heart failure, stroke, and kidney disease		
	To identify participants who would benefit from lifestyle programs		
	To identify participants unaware that they have hypertension (high blood pressure) for referral to medical management		
	To determine control and management of blood pressure		
	To identify participants who require further diagnostic evaluation		
	To identify hypertension (hig	h blood pressure) risk of the WISEWOMAN population	
	To provide data element required to determine participant's Simple 7 cardiovascular risk score		

Item 13a: Fast	Fasting Status		
	This variable indicates whether a participant fasted for at least nine hours prior to having blood drawn for cholesterol or glucose measurements.		
SOURCE	Not applicable; health scre	ening measurement	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants		
VALUES AND DESCRIPTION	1 Yes	Participant fasted for at least nine hours prior to having blood drawn	
	2 No	Participant did not fast for at least nine hours prior to having blood drawn	
	9 No answer recorded	No answer recorded	
		Provider failed to confirm fasting status or no information is available from the provider	
ANALYSIS AND USE	To facilitate accurate identification of participants who have high cholesterol, borderline high cholesterol, diabetes, or pre-diabetes		

Item 14a: TCDate	Cholesterol Measurement Date	
	This variable indicates t	the date that the cholesterol measurements were taken.
SOURCE	Not applicable; WISEWOMAN-specific variable	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Screening Date	Valid date in MMDDCCYY format
		The date recorded in this field must be the date that the total and HDL cholesterol values were taken; total cholesterol and HDL measurements are minimum requirements for every participant
		If a lipid panel is completed as part of the screening process, the date recorded must be the date that the lipid panel was done
ANALYSIS AND USE	To determine the date of the cholesterol measurements To facilitate analysis of changes in control and management of cholesterol over time	

Item 14b: TotChol	Total Cholesterol (fastin	Total Cholesterol (fasting or nonfasting)	
	This variable indicates the participant's total cholesterol level.		
SOURCE	American Heart Association Life's Simple 7		
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants		
VALUES AND DESCRIPTION	Total cholesterol in mg/dL	Up to a three-digit (numeric) value representing the participant's total cholesterol in mg/dL	
	777 Inadequate blood sample	Total cholesterol measurement was attempted, but results were not obtained due to technical difficulties or errors	
		This may include issues such as (1) two or more failed venipuncture attempts; (2) insufficient amount of blood, type of test tube; (3) sample submitted to laboratory, test not done due to erroneous or missing laboratory request or other paperwork	
	888 Client refused	Participant refuses to have her blood drawn for cholesterol measurements	
		If the participant refuses to go to the lab, the participant can be considered to have refused	
		If the participant does not go to the scheduled lab appointment after follow-up has been attempted, the participant can be considered to have refused	
	999 No measurement recorded	No total cholesterol measurement was taken or recorded	
ANALYSIS AND USE	To identify participants who are unaware that they have high or borderline high cholesterol and need preventive services or referral to medical management		
	To determine cholesterol control and management		
	To assess the percentage of WISEWOMAN participants who have high cholesterol or borderline high cholesterol		
	To assess the risk in the	WISEWOMAN population for cardiovascular disease	
		required to determine participant's Simple 7 cardiovascular risk score	

Item 14c: HDL	HDL Cholesterol (fasting or nonfasting)  This variable indicates the participant's HDL cholesterol level.	
SOURCE	Not applicable; health screening measurement	
DENOMINATOR POPULATION	The denominator includes al	I WISEWOMAN participants
VALUES AND DESCRIPTION	HDL cholesterol in mg/dL	Up to a three-digit (numeric) value representing the participant's HDL cholesterol in mg/dL
	777 Inadequate blood sample	HDL cholesterol measurement was attempted, but results were not obtained due to technical difficulties or errors
		This may include issues such as (1) two or more failed venipuncture attempts; (2) insufficient amount of blood, type of test tube; (3) sample submitted to laboratory, test not done due to erroneous or missing laboratory request or other paperwork
	888 Client refused	Participant refuses to have her blood drawn for cholesterol measurements
		If the participant refuses to go to the lab, the participant can be considered to have refused
		If the participant does not go to the scheduled lab appointment after follow-up has been attempted, the participant can be considered to have refused
	999 No measurement recorded	No HDL cholesterol measurement was taken or recorded
ANALYSIS AND USE	To identify participants who a services or referral to medica	are unaware that they have low HDL cholesterol and need preventive al management
	To assess the percentage of WISEWOMAN participants who have high cholesterol or borderline high cholesterol	
	To assess the risk of the WIS	SEWOMAN population for cardiovascular disease
	To assist in determining cholesterol control and management	

Item 14d: LDL	LDL Cholesterol (fasting)		
	This variable indicates a fasting participant's fasting LDL cholesterol level.		
SOURCE	Not applicable; health scree	ning measurement	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants		
VALUES AND DESCRIPTION	LDL cholesterol in mg/dL	Up to a three-digit (numeric) value representing a fasting participant's fasting LDL cholesterol in mg/dL	
	777 Inadequate blood sample	LDL cholesterol measurement was attempted, but results were not obtained due to technical difficulties or errors	
		This may include issues such as (1) two or more failed venipuncture attempts; (2) insufficient amount of blood, type of test tube; (3) sample submitted to laboratory, test not done due to erroneous or missing laboratory request or other paperwork	
		This response should be used for participants who were confirmed to be fasting, but their LDL cholesterol was unable to be obtained	
	888 Client refused	Participant refuses to receive a lipid panel that would include LDL measurements	
		This response should be used for participants who were confirmed to be fasting, but refused a lipid panel	
	999 No measurement	No LDL cholesterol measurement was taken or recorded	
	recorded	Nonfasting participants should always have this value	
ANALYSIS AND USE	To assist in determining cho	To assist in determining cholesterol control and management	

Triglycerides (fasting)	
This variable indicates a fasting participant's triglycerides measurement.	
Not applicable; health scree	ening measurement
The denominator includes all WISEWOMAN participants	
Triglycerides in mg/dL	Up to a four-digit (numeric) value representing a fasting participant's triglycerides measurement in mg/dL
7777 Inadequate blood sample	Triglycerides measurement was attempted, but results were not obtained due to technical difficulties or errors
	This may include issues such as (1) two or more failed venipuncture attempts; (2) insufficient amount of blood, type of test tube; (3) sample submitted to laboratory, test not done due to erroneous or missing laboratory request or other paperwork
	This response should be used for participants who were confirmed to be fasting, but their triglycerides measurement could not be obtained
8888 Client refused	Fasting participant refuses to receive a lipid panel that would include triglycerides measurements
	This response should be used for participants who were confirmed to be fasting, but refused a lipid panel
9999 No measurement	No triglycerides measurement was taken or recorded
recorded	Nonfasting participants should always have this value
To assist in determining cholesterol control and management	
	This variable indicates a fast Not applicable; health screet The denominator includes a Triglycerides in mg/dL 7777 Inadequate blood sample 8888 Client refused

Item 15a: BGDate	Glucose/A1c Measurement Date This variable indicates the date that the glucose or A1C measurements were taken.	
SOURCE	Not applicable; WISEWOMAN-specific variable	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Screening Date	Valid date in MMDDCCYY format
ANALYSIS AND USE	To determine the date of the glucose or A1C measurements  To facilitate analysis of changes in glucose or A1C measurements over time	

Item 15b: Glucose	Glucose (fasting)	
	This variable indicates the participant's fasting glucose measurement.	
SOURCE	American Heart Association	n Life's Simple 7
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Total glucose in mg/dL	Up to a three-digit (numeric) value representing the participant's fasting glucose level in mg/dL
	777 Inadequate blood sample	Glucose measurement was attempted, but results were not obtained due to technical difficulties or errors
	888 Client refused	Participant refuses to have her blood drawn for glucose measurements
		If the participant refuses to go to the lab, the participant can be considered to have refused
		If the participant does not go to the scheduled lab appointment after follow-up has been attempted, the participant can be considered to have refused
	999 No measurement recorded	No glucose measurement was taken or record
ANALYSIS AND USE	To identify participants who have pre-diabetes and diabetes	
	To assist in determining diabetes control and management	
	To use in conjunction with A1C percentage (14c: A1C) to accurately assess a participant's blood glucose	
	To provide data element re	quired to determine participant's Simple 7 cardiovascular risk score
	To understand the overall rate of diabetes among the WISEWOMAN population	

Item 15c: A1C	A1C Percentage	
	This variable indicates the participant's A1C percentage (if measured).	
SOURCE	Not applicable; health scree	ening measurement
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	A1C percentage	Numeric value representing the participant's A1C percentage. A1C should be reported to one decimal point
		If A1C was measured by another provider within the last 3 months, it is acceptable to input the value if it is available
	7777 Inadequate blood sample	A1C measurement was attempted, but results were not obtained due to technical difficulties or errors
	8888 Client refused	Participant refuses to have an A1C test
		If a participant refuses to go to the lab, the participant can be considered to have refused
		If a participant does not go to the scheduled lab appointment after follow-up has been attempted, the participant can be considered to have refused
	9999 No measurement recorded	No A1C measurement was taken or recorded
ANALYSIS AND USE	To identify participants who have diabetes and refer them for medical management	
	To identify participants who have higher-than-optimal A1C levels and would benefit from preventive services such as lifestyle programs	
	To assist in determining diabetes control and management	
	To assess the cardiovascular disease risk factors in the WISEWOMAN population	

Item 16a: BPAlert	If average SBP >180 or DBP >110, what is the status of the workup?		
	This variable indicates the status of the workup of a participant's alert level blood pressure.		
SOURCE	Not applicable; health scree	Not applicable; health screening measurement	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants		
VALUES AND DESCRIPTION	1 Workup complete	Workup for participant with an alert level blood pressure reading is complete	
	2 Follow-up – workup by alternate provider	Patient intends to see an alternate provider within 7 days	
	3 Not an alert reading	Participant did not have an alert level blood pressure reading	
	8 Client refused workup	Participant had an alert level blood pressure reading but refused workup	
	9 Workup not completed, client lost to follow-up	Participant had an alert level blood pressure reading but was lost to follow-up, and workup was not completed	
		Lost to follow-up is defined as a participant who did not attend her scheduled workup within three months after a screening visit and could not be reached to reschedule another appointment	
ANALYSIS AND USE	To assess whether participants with alert level blood pressure readings are receiving a workup		
	To assist in determining hyp	ertension (high blood pressure) management, and control	

Item 16b: BPDiDate	If Average SBP >180 or DBP >110, Workup Date  This variable indicates the workup date for a participant with an alert level blood pressure reading.	
SOURCE	Not applicable; WISEWOMAN-specific variable	
DENOMINATOR POPULATION	Participants who have an alert level blood pressure value are included in the denominator	
VALUES AND DESCRIPTION	Blood Pressure Workup Date	Valid date in MMDDCCYY format
		If follow-up information is provided for this referral, the workup date can be entered
ANALYSIS AND USE	To assess whether providers pressure values	s are performing timely workups for participants with alert level blood
	To determine whether programs are meeting the guideline of workups within one week of the screening for alert participants	
	To assist in determining hypertension (high blood pressure) prevention, management, and control	

Item 16c: BGAlert	If GLUCOSE ≤50 or GLUCOSE ≥250, what is the status of the workup?  This variable indicates the status of the workup of a participant's alert level blood glucose.	
SOURCE	Not applicable; health screer	ning measurement
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	1 Workup complete	Workup for participant with an alert level fasting glucose reading is complete
	2 Follow-up – work up by alternate provider	Patient intends to see an alternate provider within 7 days
	3 Not an alert reading	Participant does not have an alert level fasting glucose reading
	8 Client refused workup	Participant had an alert level fasting glucose reading but refused workup
	9 Workup not completed, client lost to follow-up	Participant had an alert level fasting glucose reading but was lost to follow-up, and workup was not completed
		Lost to follow-up is defined as a participant who did not attend her scheduled workup within three months after a screening visit and was unable to be reached to reschedule another appointment
ANALYSIS AND USE	To assess whether participants with alert level blood glucose readings are receiving workup To assist in determining diabetes prevention, management, and control	

Item 16d: BGDiDate	If GLUCOSE ≤50 or GLUCOSE ≥250 Workup Exam Date  This variable indicates the workup date for a participant with an alert level fasting blood glucose reading.	
SOURCE	Not applicable; WISEWOMAN-specific variable	
DENOMINATOR POPULATION	Participants who have alert level fasting glucose values are included in the denominator.	
VALUES AND DESCRIPTION	Blood glucose workup date	Valid date in MMDDCCYY format  If follow-up information is provided for this referral, the workup date can be entered
ANALYSIS AND USE	To assess whether providers are performing timely workups for participants with alert level fasting blood glucose values  To determine whether programs are meeting the guideline of workup within one week of the screening for alert participants	

Item 17a: RRCDate	Risk Reduction Counseling Date  This variable indicates the date that the initial risk reduction counseling occurred.	
SOURCE	Not applicable; WISEWOMAN-specific variable	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Risk reduction counseling date	Valid date in MMDDCCYY format  Date must occur within the submission period
ANALYSIS AND USE	To determine the date of the risk reduction counseling To assess receipt of risk reduction counseling to inform analyses of behavior change To facilitate analysis of changes in risk reduction counseling provision over time	

Item 17b: RRCComplete	Risk Reduction Counseling Completion Date  This variable indicates the date that risk reduction counseling was completed.	
SOURCE	Not applicable; WISEWOMAN-specific variable	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND	Risk reduction	Valid date in MMDDCCYY format
DESCRIPTION	counseling follow-up date	Date must occur within the submission period
ANALYSIS AND USE	To determine the date of a completed risk reduction counseling session  To facilitate analysis of changes in risk reduction counseling provision over time	

Item 17c: RRCNut	Participant Decided Nutrition Is A Priority Area  This variable indicates whether the participant decided that nutrition is a priority area after receiving risk reduction counseling.		
SOURCE	Not applicable; WISEWOMAN-specific variable		
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants that received risk reduction counseling		
VALUES AND DESCRIPTION	1 Yes	Participant decided that nutrition is a priority area	
	2 No	Participant did not decide that nutrition is a priority area	
	7 Unknown	It is unknown whether the participant decided that nutrition is a priority area	
ANALYSIS AND USE	To determine the number of participants that decided nutrition is a priority area after receiving risk reduction counseling		
	To assist in determining participant health education on cardiovascular disease risk factors		
	To assist in assessme	ents of reduction of risk over time in context of types of counseling received	

Item 17d: RRCPA	Participant Decided Physical Activity Is A Priority Area  This variable indicates whether the participant decided that physical activity is a priority area after receiving risk reduction counseling.		
SOURCE	Not applicable; WISEWOMAN-specific variable		
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants that received risk reduction counseling		
VALUES AND DESCRIPTION	1 Yes	Participant decided that physical activity is a priority area	
	2 No	Participant did not decide that physical activity is a priority area	
	7 Unknown	It is unknown whether the participant decided that physical activity is a priority area	
ANALYSIS AND USE	To determine the number of participants that decided physical activity is a priority area after receiving risk reduction counseling		
	To assist in determining participant health education on cardiovascular disease risk factors  To assist in assessments of reduction of risk over time in context of types of counseling received		

Item 17e: RRCSmoke	Participant Decided Smoking Cessation Is A Priority Area  This variable indicates whether the participant decided that smoking cessation is a priority area after receiving risk reduction counseling.	
SOURCE	Not applicable; WISEW	OMAN-specific variable
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants that have received risk reduction counseling and are smokers and those exposed to second hand smoke	
VALUES AND DESCRIPTION	1 Yes	Participant decided that smoking cessation is a priority area
	2 No	Participant did not decide that smoking cessation is a priority area
	7 Unknown	It is unknown whether the participant decided that smoking cessation is a priority area
ANALYSIS AND USE	To determine the number of participants that decided smoking cessation is a priority are receiving risk reduction counseling	
	To assist in determining participant health education on cardiovascular disease risk factors To assist in assessments of reduction of risk over time in context of types of counseling received	

Item 17f: RRCMedAdhere	Participant Decided Medication Adherence for Hypertension (high blood pressure) Is A Priority Area		
	This variable indicates whether the participant decided medication adherence for her hypertension (high blood pressure) is a priority area after receiving risk reduction.		
SOURCE	Not applicable; WISEW	OMAN-specific variable	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants taking medication for hypertension (high blood pressure) and received risk reduction counseling		
VALUES AND DESCRIPTION	1 Yes	Participant decided that medication adherence for hypertension (high blood pressure) is a priority area	
	2 No	Participant did not decide that medication adherence for hypertension (high blood pressure) is a priority area	
	7 Unknown	It is unknown whether the participant decided that medication adherence for hypertension (high blood pressure) is a priority area	
ANALYSIS AND USE		er of participants that decided that medication adherence for hypertension a priority area after receiving risk reduction counseling	
	To assist in determining hypertension (high blood pressure) prevention, management, and control		
	To assist in determining participant health education on cardiovascular disease risk factors		
	To assist in assessment	s of reduction of risk over time in context of types of counseling received	

Item 18a: RTCDate	Readiness to Change Assessment Date  This variable indicates the date that an assessment of readiness to change occurred.	
SOURCE	Not applicable; WISEWOMAN-specific variable	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Readiness to change Valid date in MMDDCCYY format assessment date	
ANALYSIS AND USE	To determine the date of the readiness to change assessment	
	To assist in determining whether the participant has received an assessment of readiness to change	
	To facilitate analysis of changes in readiness to change for the participant and for the program over time	

Item 18b: RTC	Participant Stage of Change This variable indicates the participant's state of change based on a readiness to change assessment.		
SOURCE	Prochaska, JO.; DiClemente, CC. The transtheroretical approach. In: Norcross, JC; Goldfried, MR. (eds.) Handbook of psychotherapy integration. 2nd ed. New York: Oxford University Press; 2005. p 147–171.		
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants		
VALUES AND DESCRIPTION	1 Pre-contemplation	Participant has little or no intention to change her behavior in the foreseeable future	
	2 Contemplation	Participant is thinking about making a change in her behavior	
	3 Preparation	Participant is ready to plan how she will make a change in her behavior	
	4 Action	Participant is in the process of trying to make a change in her behavior	
	5 Maintenance	Participant is trying to maintain a change she has made in her behavior	
	8 Refused	Participant refused to answer readiness to change assessment questions	
	9 No answer recorded	No answer was recorded	
ANALYSIS AND USE	To assess participant's stage of change based on a readiness to change assessment		
	To facilitate analysis of changes in readiness to change for the participant and for the program over time		
	To assist in assessments of participant behavior change outcomes in context of readiness to change		

Item 19a: RefDate	Lifestyle Program (LSP) / Health Coaching (HC) Referral Date This variable indicates the date that a referral to a LSP/HC occurred.	
SOURCE	Not applicable; WISEWOMAN-specific variable	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Lifestyle Program/Health Valid date in MMDDCCYY format Coaching Referral Date	
ANALYSIS AND USE	To determine the date of the referral to a LSP/HC  To assist in determining whether the participant has received a referral to a LSP/HC  To assist in determining the number of LSP/HC referrals per participant  To facilitate analysis of changes in LSP/HC referrals over time	

Item 20a: LSPHCRec	Number of Lifestyle Program (LSP) / Health Coaching (HC) Sessions Received by the Participant		
	This variable indicates the number of LSP/HC sessions the participant has received.		
SOURCE	Not applicable; WISEWOMAN-specific variable		
DENOMINATOR POPULATION	All LSP/HC sessions among WISEWOMAN participants		
VALUES AND DESCRIPTION	Number of Sessions	Value representing the number of LSP/HC sessions the participant has received (includes current LSP/HC session)	
ANALYSIS AND USE	To track the number of LSP/HC sessions that the participant has received		
	To assess LSP/HC sess participant	ions in context of types and settings, and readiness to change of a	

Item 20b: Intervention	Date of Lifestyle Program (LSP) / Health Coaching (HC) Session For LSP/HC records, this variable indicates the date that the LSP/HC session occurred.		
SOURCE	Not applicable; WISEWOMAN-specific variable		
DENOMINATOR POPULATION	All LSP/HC sessions among WISEWOMAN participants		
VALUES AND DESCRIPTION	Lifestyle Program/Health Coaching Session Date  Valid date in MMDDCCYY format		
ANALYSIS AND USE	To determine the date of the LSP/HC session To assist in determining whether the participant has received an LSP/HC session To assist in calculating the number of LSP/HC sessions per participant To assess whether participants with risk factors receive LSP/HC services To assess changes in risk profile between participants who participate in the LSP/HC and participants who do not		

Item 20c: LSPHCID	Lifestyle Program (LSP) / Health Coaching (HC) ID This variable indicates which LSP/HC was used.	
SOURCE	Not applicable; WISEWOMAN-s	pecific variable
DENOMINATOR POPULATION	All LSP/HC sessions among WISEWOMAN participants	
VALUES AND DESCRIPTION	Lifestyle Program ID Value representing the ID code of the LSP as	
	Health Coaching ID	Value representing the ID code of the HC as assigned
ANALYSIS AND USE	To track the number of WISEWOMAN participants who receive an LSP/HC session from each WISEWOMAN LSP/HC provider	
_	To describe differences in participant demographics or other characteristics by LSP/HC provider To identify the number of LSP/HC providers in a given geographic area	

Item 20d: LSPHCTime	Length of Lifestyle Program (LSP) / Health Coaching (HC) Session Received by the Participant	
	This variable indicates the length (in minutes) of the LSP/HC session the participant has received	
SOURCE	Not applicable; WISEWOMAN-specific variable	
DENOMINATOR POPULATION	All LSP/HC sessions among WISEWOMAN participants	
VALUES AND DESCRIPTION	Length of Session Value representing the length of the LSP/HC session in minutes	
ANALYSIS AND USE	To track the length of the LSP/HC sessions that the participant has received	
	To assess LSP/HC sessions in context of types and settings, and readiness to change of a participant	

Item 20e: ContactType	Type of Lifestyle Program (LSP) / Health Coaching (HC) Session This variable indicates the type LSP/HC session.	
SOURCE	Not applicable; WISEWOMAN-specific variable	
DENOMINATOR POPULATION	All LSP/HC contacts among WISEWOMAN participants	
VALUES AND	1 Face-to-face	LSP/HC session was completed face-to-face
DESCRIPTION	2 Phone	LSP/HC session was completed by phone
	3Smart phone/tablet Application	LSP/HC session was completed with a smart phone or tablet application session. The program has received evidence that the application session was completed.
	4 Evidence that mailed materials were opened and reviewed	LSP/HC session was completed by review of mailed materials. The program has received evidence that the materials were opened and reviewed
	5 Evidence that audiotape or DVD as opened and reviewed	LSP/HC session was completed by review of an audiotape or DVD. The program has received evidence that the audiotape or DVD was opened and reviewed
	6 Evidence that non- interactive computer- based session was completed	LSP/HC session was completed with a computer-based session that did not involve an interactive component. The program has received evidence that the computer-based session was completed
	7 Evidence that interactive computer-based session was completed	LSP/HC session was completed with a computer-based session that involved an interactive component. The program has received evidence that the interactive computer-based session was completed.
	0 Other	Other LSP/HC session type.
	99 No answer recorded No answer was recorded	
ANALYSIS AND USE	To assess how frequently different types of LSP/HC sessions are being used within and across programs	
	To determine whether frequency of LSP/HC session types are consistent with programs' LSP models	
	To assess LSP/HC sessions in context of types and settings, and readiness to change of a participant	

Item 20f: Setting	Setting of Lifestyle Program (LSP) / Health Coaching (HC) Session	
	This variable indicates the	setting of the LSP/HC session.
SOURCE	Not applicable; WISEWOM	AN-specific variable
DENOMINATOR POPULATION	All LSP/HC contacts among WISEWOMAN participants	
VALUES AND DESCRIPTION	1 Individual	LSP/HC contact for the participant occurred as an individual session
	2 Group	LSP/HC contact for the participant occurred as a group session
	3 Combination	LSP/HC contact for the participant occurred as a combination of individual and group sessions
	9 No answer recorded	No answer was recorded
ANALYSIS AND USE	To assess how frequently different types of LSP/HC settings are being used within programs	
	To determine whether the settings of LSP/HC sessions are consistent with programs' LSP/HC models	
	To assess LSP/HC sessions in context of types and settings, and readiness to change of a participant	

Item 20g: LSPHCComp	Completion of Lifestyle Program (LSP) / Health Coaching (HC) This variable indicates if the participant has completed the LSP/HC.		
SOURCE	Not applicable; WISEWOMAN-specific variable		
DENOMINATOR POPULATION	All WISEWOMAN participants participating in an LSP/HC program		
VALUES AND DESCRIPTION	1 Yes – Lifestyle Program/Health Coaching is Complete	Participant has completed the LSP/HC. An LSP requires multiple sessions, e.g., multiple sessions in a curriculum	
	2 Yes – Intensive Follow-Up	Participant is in intensive follow-up following LSP/HC completion	
	3 No – Lifestyle Program/Health Coaching is still in progress	Participant's LSP/HC is still in progress	
	4 No – Withdrawal/Discontinued	Participant has withdrawn from the LSP/HC or discontinued the LSP/HC	
	9 No answer recorded	No answer was recorded for completion of LSP/HC	
ANALYSIS AND USE	To determine whether the participant has completed an LSP/HC		
	To assist in determining the date of the participant's final LSP/HC session in the program		
	To assess changes in risk profile between participants who complete the LSP/HC and participants who do not		

Item 21a: TobResDate	Date of Referral to Tobacco Cessation Resource  This variable indicates the date that the referral to a tobacco cessation resource occurred.	
SOURCE	Not applicable; WISEWOMAN-specific variable	
DENOMINATOR POPULATION	All tobacco cessation resource referrals among WISEWOMAN participants	
VALUES AND DESCRIPTION	Tobacco Cessation Valid date in MMDDCCYY format Resource Referral Date	
ANALYSIS AND USE	To document the date of a referral to tobacco cessation resource  To assist in tracking receipt of tobacco cessation resource	

Item 21b: TobResType	Type of Tobacco Cessation Resource Activity  This variable indicates the type of tobacco cessation resource activity that the participant was referred to.		
SOURCE	Not applicable; WISEWOMAN-specific variable		
DENOMINATOR POPULATION	All contacts among WISEWOMAN participants who identify themselves as current smokers		
VALUES AND DESCRIPTION	1 Quit Line	Participant was referred to a Proactive Tobacco Quit Line	
	2 Community-based tobacco program	Participant was referred to a community-based tobacco program	
	3 Other tobacco cessation resources	Participant was referred to other tobacco cessation resources	
	9 No answer recorded	No answer was recorded	
ANALYSIS AND USE	To determine the number of smokers that received a referral to tobacco cessation resource		
	To determine how frequently different types of tobacco cessation resources are being used within and across programs		
	To compare the smoking status at rescreening and follow-up of women who were linked to tobacco cessation resources versus those who were not		

Item21c:TobResComp	Tobacco Cessation Resource Activ	ity Completed	
	This variable indicates whether the participant completed tobacco cessation resource activity.		
SOURCE	Not applicable; WISEWOMAN-specific variable		
DENOMINATOR POPULATION	All contacts among WISEWOMAN participants who identify themselves as current smokers		
VALUES AND DESCRIPTION	1 Yes – Completed tobacco cessation resource activity	Participant completed tobacco cessation resource activity	
	2 No – Partially completed tobacco cessation resource activity	Participant partially completed tobacco cessation resource activity	
	3 No – Withdraw from tobacco cessation resource activity when reached	Participant withdrew/refused tobacco cessation resource activity when contacted	
	4 No – Could not reach to conduct tobacco cessation resource activity	Participant could not be reached when contacted by the tobacco cessation resource activity	
	9 No answer recorded	No answer was recorded	
ANALYSIS AND USE	To determine the number of smokers that participated in tobacco cessation resource activities		
	To compare the smoking status at rescreening and follow-up of women who were linked to tobacco cessation resources versus those who were not		