

C2. Screenshots of Survey Questionnaire

Login Screen



CBS HE/AL

Web Survey

Contact Us

Enter your access code here. This access code was provided to you in a letter you received along with other study-related materials. This access code was also sent to you in an email from "CBS HE/AL." [Contact us](#) if cannot locate your access code and we will provide it to you.

Type or paste your access code here:

Enter

Form Approved
OMB No: 0920-xxxx
Expiration Date: xx/xx/xxxx

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Community Confirmation Screen



CBS HE/AL
Web Survey

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[Welcome](#) > Confirm Organization

Access Code TST12 is assigned to:

Test Community 12

This is my Community

This is NOT my Community

Consent Statement



CBS HE/AL
Web Survey

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[Print Blank Questionnaires](#)

You have been invited to take part in the National Survey of Community-Based Policy and Environmental Supports for Healthy Eating and Active Living (CBS HEAL Survey), a survey sponsored by the U.S. Centers for Disease Control and Prevention (CDC). The national study seeks to gather information on the existence of certain policies, standards, and practices enacted or implemented by local governments that promote more healthful eating and physical activity for residents.

You were identified as the person best able to address questions about the policies enacted by your local government. Your participation in this study will involve responding to a Web-based questionnaire that will take approximately 30 minutes to complete.


Your participation is voluntary and you may stop participating at any time. You have the right to refuse to answer any question. Your participation will be treated in a secure manner and will not be disclosed, unless required by law. The information you give us will be combined with the responses of participants in other communities in a summary report. CDC will provide your local government with a brief summary report that compares the findings from your community with those of other communities in the study. There are no risks or benefits to you for participating.

If you have any questions about the study, please call Dr. Deborah Galuska of CDC at 770-488-6017 or Dr. Erika Gordon of ICF International at 1-800-XXX-XXXX. The Institutional Review Board at ICF International has determined this study to be exempt from the human subjects review process. If you have any questions about your rights as a study participant, you can call XXXXXX of CDC at 1-800-XXX-XXXX.

Thank you.

[Click Here to Continue](#)

Questionnaires Menu / Home Page (Respondent has not started any questionnaire sections)



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Your Questionnaires

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Your Questionnaires



You have been identified as the most knowledgeable respondent in your community in the content area(s) listed below. To enter the questionnaire and begin responding, click on the questionnaire title. If you have been identified to respond to more than one content area, you may complete the questionnaires in any order.

- Use your mouse to click on the best response option based on what you know about your community's programs and practices.
- Do **not** use the browser's back button to navigate through the questionnaire. Please use the arrows at the bottom of each page.
- You will be automatically logged out after 40 minutes of inactivity. You may log back in using the same access code to continue completing the questionnaire, starting from the place where you left off.
- Your answers will automatically be saved as you advance through the questionnaire.
- In some places in the questionnaire, you will see this icon: . This indicates a help statement. The purpose of a help statement is to further clarify a word or phrase by providing a definition or other clarification.
- Unless otherwise indicated by the words "MARK ALL THAT APPLY," select only one answer choice for a given question. In the event you are asked to mark all that apply, you may select as many answer choices as are appropriate for the question.
- You may notice that the numbering of the questions may not progress sequentially as you advance through the questionnaire. This is due to skip patterns resulting from previous answer choices. This is intentional, and requires no action or resolution on your part.
- On questions in which a response option is chosen that says "Specify," you will be given the opportunity to type into a text field. Please use this field to indicate an answer choice that was not captured by existing answer choices.

If you need to log out of the questionnaire before you have fully completed it, you will be returned to your stopping point when you log back in with your access code.

0 of 3 sections completed.

LEGEND:


To be completed  In progress  Complete

National Survey of Community-Based Policy and Environmental Supports for Healthy Eating and Active Living

- Communitywide Planning Efforts for Healthy Eating and Active Living
- The Built Environment and Policies That Support Physical Activity
- Policies and Practices That Support Access to Healthy Food and Healthy Eating

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Contact Us Screen




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Contact Us

Survey of Community-Based Surveillance of Supports for Healthy Eating/Active Living (HE/AL)
Attn: Erika Gordon, Project Director
11785 Beltsville Drive, Suite 300
Calverton, MD 20705

Email: EmailAddress@email.com
Phone: (XXX) XXX-XXXX

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Print Blank Paper Questionnaire Screen




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Print Questionnaires


For your reference, you may wish to print a blank questionnaire. If you prefer to complete the questionnaire on paper, please [contact us](#) to make arrangements to return it to project headquarters.



[Community National Survey of Community-Based Policy and Environmental Supports for Healthy Eating and Active Living \(.pdf\)](#)



Adobe Reader or Microsoft Office is required in order to view the blank questionnaires.
Please click on the Adobe link to download Adobe Reader.



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Survey Introduction and Special Instructions



Communitywide Planning Efforts for Healthy Eating and Active Living

You are about to start the section for Communitywide Planning Efforts for Healthy Eating and Active Living.

Special Instructions

Healthy eating and active living are important behaviors for the prevention of obesity and other chronic diseases such as heart disease, diabetes, and cancer. The ability to make healthy choices is influenced by one's surroundings—where one lives, works, shops, and plays. Policies, standards, and practices at local levels can influence these surroundings to support healthy eating and active living. To better understand these policies, standards, and practices the U.S. Centers for Disease Control and Prevention (CDC) is conducting this survey of local governments across the Nation.

This survey asks about select policies, standards, and practices of the local government in your community. In this survey, local government generally refers to a municipality, town, or township but not to a county or State. For the purposes of this survey, policies and standards are any written codes or standards, including regulations, ordinances, organizational policy, resolutions, and formal rules.

On average, it will take you 30 minutes to complete the survey. You may need to consult with another person to provide the most accurate and complete information on your local government's policies and standards concerning recreational spaces, nutritional standards, or on support for maternity leave. For example, a tax office or procurement department representative, a parks and recreation department representative, or a human resources representative may be consulted for the survey.

Completing the survey is voluntary. CDC may choose to link the data collected in this survey with other U.S. Census data to gain a better understanding of the prevalence of certain types of policies, standards, and practices within communities. While no specific respondent to the questionnaire will ever be identified, this linking of data may identify communities.

Module OMB Instructions Placeholder

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Section 1: Communitywide Planning Efforts for Healthy Eating and Active Living Questions

Section 1: Page 1



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[Your Questionnaires](#) > Communitywide Planning Efforts for Healthy Eating and Active Living

Communitywide Planning Efforts for Healthy Eating and Active Living

These questions ask about communitywide planning documents that local governments may have created or adopted that promote healthy eating and active living. These may include Comprehensive/General Plans, or other plans such as a transportation plan, a parks and recreation plan, or a bicycle and pedestrian plan.

1 Does your local government have a Comprehensive/General Plan?

- Yes
- No
- Don't know

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[Your Questionnaires](#) > Communitywide Planning Efforts for Healthy Eating and Active Living

Communitywide Planning Efforts for Healthy Eating and Active Living

1A Was the development of your Comprehensive/General Plan mandated by the State?

- Yes
- No
- Don't know

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[Your Questionnaires](#) > Communitywide Planning Efforts for Healthy Eating and Active Living

Communitywide Planning Efforts for Healthy Eating and Active Living

2 Does your local government have any of the following types of master plans, including standalone plans that are not a part of the Comprehensive/General Plan such as ...

A A *land use plan* (for new development and growth management)?

- Yes
- No
- Don't know

B A *transportation plan*?

- Yes
- No
- Don't know


C A *parks and recreation plan*?

- Yes
- No
- Don't know

D A *bicycle or pedestrian plan*?


- Yes
- No
- Don't know

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Communitywide Planning Efforts for Healthy Eating and Active Living

3 Does your local government have any of the following objectives included in your plan(s)? **These objectives should be written in the plan. However, they do not have to have been implemented yet.**

A *Implementing a Complete Streets policy (as defined by the National Complete Streets Coalition) for new and retrofit projects?*

A Complete Streets policy, as defined by the National Complete Streets Coalition, is a policy ensuring that transportation planners and engineers consider the needs of all users during the design of major road projects, including bicyclists, pedestrians of all ages and abilities, public transit vehicles and riders, and motorists.

Yes
 No
 Don't know

B *Developing regulations that promote street connectivity?*

Yes
 No
 Don't know

C *Establishing new parks, green spaces, or recreational walking and bicycling paths?*

Yes
 No
 Don't know

D *Encouraging mixed-use development that combines residential land use with one or more commercial, institutional, or other public land uses?*

Yes
 No
 Don't know

E *Supporting farmers markets or community gardens?*

Yes
 No
 Don't know

F *Preserving land for agricultural uses?*

Yes
 No
 Don't know


G *Providing free drinking water in outdoor publically accessible places such as parks?*

Yes
 No
 Don't know

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Section 1: Section 1 Submission Screen

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Thank you for completing this section.


You have not completed all of the items in this questionnaire. To review your questionnaire before submitting, click "Review My Questionnaire" below. To submit with unanswered items, click "Submit My Questionnaire."

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Section 2: The Built Environment and Policies That Support Physical Activity Questions

Section 2: Page 1



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Your Questionnaires > The Built Environment and Policies That Support Physical Activity

The Built Environment and Policies That Support Physical Activity

The next questions ask about policies or standards that support the physical activity of your community's residents, even if the policy or standard was passed by another level of government (such as a regional transportation planning authority). You may find it helpful to consult with a representative in either the parks and recreation department or transportation department if you cannot answer a question.

4 Does your local government have design standards, guidelines, or policies that require ...

A Installation of dedicated bicycle infrastructure for roadway expansion projects or when retrofitting streets?

Yes
 No
 Don't know

B Developer-dedicated right-of-way to the local jurisdiction for development of bicycle infrastructure?

Yes
 No
 Don't know

C Traffic-calming features (for example, speed bumps, reduced speed zones, or signal modifications) that increase roadway safety in areas with high pedestrian and bicycle volume (not including school zones)?

Yes
 No
 Don't know

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Section 2: Page 2



Your Questionnaires > The Built Environment and Policies That Support Physical Activity

The Built Environment and Policies That Support Physical Activity

5 Does your local government have a formal Complete Streets policy, as defined by the National Complete Streets Coalition, for designing and operating streets with safe access for all users?

? A Complete Streets policy, as defined by the National Complete Streets Coalition, is a policy ensuring that transportation planners and engineers consider the needs of all users during the design of major road projects, including bicyclists, pedestrians of all ages and abilities, public transit vehicles and riders, and motorists.

- Yes
- No
- Don't know

6 Does your local government have a written requirement or official objective to install bicycle racks at public facilities, such as public parks, government buildings, or transit stations?

- Yes
- No
- Don't know

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The Built Environment and Policies That Support Physical Activity

7 Does your local government include any of the following features in policies for development, including zoning codes and design/development guidelines?

A Require short- to medium pedestrian-scale block sizes (for example, less than 600 feet x 600 feet)?

Yes
 No
 Don't know

B Require continuous sidewalk coverage?

Yes
 No
 Don't know

C Require minimum sidewalk widths of 5 feet?

Yes
 No
 Don't know

D Require that buildings relate to the street at a pedestrian scale (for example, require entrances that face the street, windows or other architectural features that face the street, or reduced front setbacks)?

Yes
 No
 Don't know

E Require pedestrian amenities such as trees or furniture along the street?

Yes
 No
 Don't know

F Require parking standards that encourage walking and bicycling (for example, parking maximums or rear and side parking requirements)?

Yes
 No
 Don't know

G Require or provide incentives for placing drinking fountains or other dispensers in outdoor publically accessible places?

Yes
 No
 Don't know

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[Your Questionnaires](#) > The Built Environment and Policies That Support Physical Activity

The Built Environment and Policies That Support Physical Activity

7 Does your local government include any of the following features in policies for development, including zoning codes and design/development guidelines?

H *Have a municipal plumbing or building code that contains a different drinking fountain requirement than the drinking fountain requirements contained in the statewide plumbing code?*

- Yes
- No
- Don't know

I *Allow mixed land uses (for example, zoning that combines residential land use with one or more commercial, institutional, or public land uses)?*


- Yes
- No
- Don't know

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[Your Questionnaires](#) > The Built Environment and Policies That Support Physical Activity

The Built Environment and Policies That Support Physical Activity

The next questions ask about parks and outdoor recreation areas and policies supporting recreation.

8 Does your local government have policies or budget provisions related to parks or outdoor recreation areas, such as ...

A *Lighting in parks or outdoor recreation areas?*

Yes

No

Don't know

B *Patrols by police or security in parks or outdoor recreation areas?*

Yes

No

Don't know

C *Maintenance of green space and equipment?*

Yes

No

Don't know

D *Prohibition of unleashed or unrestrained dogs in parks and outdoor recreation areas?*

Yes

No

Don't know

E *Prohibition of cars idling in parks or outdoor recreation areas?*

Yes

No

Don't know

F *Provision of free drinking water in parks or outdoor recreation areas?*

Yes

No

Don't know

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[Your Questionnaires](#) > The Built Environment and Policies That Support Physical Activity

The Built Environment and Policies That Support Physical Activity

9 Has your local government adopted a joint or shared use agreement or a memorandum of understanding with any school that allows the public to use school recreational facilities (for example, gymnasiums, athletic fields, or playgrounds) during nonschool hours?

- Yes
- No
- Our municipality does not have schools in our jurisdiction
- Don't know

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[Your Questionnaires](#) > The Built Environment and Policies That Support Physical Activity

The Built Environment and Policies That Support Physical Activity


9A Who is your joint use or shared use agreement with?

- Local school district or board
- Individual school
- Other
- Don't know

9B What school recreational facilities are covered by the joint or shared use agreement or a memorandum of understanding?

- Outdoor facilities only
- Indoor facilities only
- Outdoor and indoor facilities
- Don't know

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[Your Questionnaires](#) > The Built Environment and Policies That Support Physical Activity

The Built Environment and Policies That Support Physical Activity

10 Does your local government have a planning and/or zoning commission?

- Yes
- No
- Don't know

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[Your Questionnaires](#) > The Built Environment and Policies That Support Physical Activity

The Built Environment and Policies That Support Physical Activity

10A Is there a designated health/public health representative on the planning and/or zoning commission?

- Yes
- No
- Don't know

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The Built Environment and Policies That Support Physical Activity

11 Does your local government have a pedestrian, bicycle, or alternative transportation advisory committee?

- Yes
- No
- Don't know

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[Your Questionnaires](#) > The Built Environment and Policies That Support Physical Activity

The Built Environment and Policies That Support Physical Activity

11A Is there a designated health/public health representative on the bicycle and/or pedestrian advisory committee?


- Yes
- No
- Don't know

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Section 2: Section 2 Submission Screen

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Thank you for completing this section.

You have not completed all of the items in this questionnaire. To review your questionnaire before submitting, click "Review My Questionnaire" below. To submit with unanswered items, click "Submit My Questionnaire."

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Section 3: Policies and Practices That Support Access to Healthy Food and Healthy Eating

Section 3: Page 1




[Your Questionnaires](#) > Policies and Practices That Support Access to Healthy Food and Healthy Eating

Policies and Practices That Support Access to Healthy Food and Healthy Eating

The next questions are about policies that may affect access to healthy food options in your community, even if the policy or standard was passed by another level of government. If you feel you cannot provide the best answer, you may find it helpful to consult with the following types of representatives within your local government: a public health official, a representative in the tax assessor's office, or a purchasing or procurement representative.

- 12 Does your local government have written nutrition standards for foods sold or served in local government buildings or worksites, including meals, a la carte items, or vending machines? Examples of nutrition standards include provisions for reduced sodium content or for inclusion of fresh fruit and vegetable selections. Do not include public school district or school-level policies in your response.
- Yes
 - No
 - Don't know

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[Your Questionnaires](#) > Policies and Practices That Support Access to Healthy Food and Healthy Eating

Policies and Practices That Support Access to Healthy Food and Healthy Eating

13 Do these standards require ...

A Offering vegetables and fruits, including fresh, dried, or canned items?
 Yes
 No
 Don't know

B Offering whole grain options?
 Yes
 No
 Don't know

C Offering low-fat milk, yogurt, or cheese?
 Yes
 No
 Don't know

D Offering foods with less sodium?
 Yes
 No
 Don't know

D Only offering foods with no trans-fat?
 Yes
 No
 Don't know

E Labeling foods with calories per serving?
 Yes
 No
 Don't know

F Offering lower-calorie beverage choices (for example, unsweetened tea, diet soda)?
 Yes
 No
 Don't know

G Offering free drinking water?
 Yes
 No
 Don't know

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[Your Questionnaires](#) > Policies and Practices That Support Access to Healthy Food and Healthy Eating

Policies and Practices That Support Access to Healthy Food and Healthy Eating

13B Do these written nutrition standards for foods sold or served in local government buildings or worksites, including meals, a la carte items, or vending machines apply to local government facilities that serve foods and beverages *to local government employees*?

- Yes
- No
- Don't know

13C Do these written nutrition standards for foods sold or served in local government buildings or worksites, including meals, a la carte items, or vending machines, apply to local government facilities that serve foods and beverages *to the general public*?

- Yes
- No
- Don't know

13D Do these written nutrition standards for foods sold or served in local government buildings or worksites, including meals, a la carte items, or vending machines, apply to local government facilities that serve foods and beverages *to institutionalized persons (for example, prisons, centers for the developmentally disabled)*?

- Yes
- No
- Don't know

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[Your Questionnaires](#) > Policies and Practices That Support Access to Healthy Food and Healthy Eating

Policies and Practices That Support Access to Healthy Food and Healthy Eating

14 Does your local government have pricing incentives to promote the purchase of healthier foods and beverages sold in local government buildings, including cafeterias or vending machines? An example of this is intentionally pricing more healthful items to be less expensive. Do not include public school district or school-level policies in your response.

- Yes
- No
- Don't know

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[Your Questionnaires](#) > Policies and Practices That Support Access to Healthy Food and Healthy Eating

Policies and Practices That Support Access to Healthy Food and Healthy Eating

The next questions ask you about policies that support increasing access to healthful foods. Supermarkets and full-service grocery stores typically stock a higher proportion of healthier foods than smaller stores, including convenience and corner stores. Supermarkets and full-service grocery stores sell a general line of foods, including canned and frozen foods; fresh fruits and vegetables; and fresh and prepared meats, fish, and poultry.

15 Does your local government currently use any of the following approaches to encourage supermarkets and other full-service grocery stores to open stores?

A Tax incentives (for example, tax abatement, tax credit, or property tax exemption)?

- Yes
- No
- Don't know

B Grant or loan programs?

- Yes
- No
- Don't know

C Zoning or ordinance requirement fee waivers or streamlined processes for obtaining health and food safety permits and licenses?

- Yes
- No
- Don't know

D Programs to link store openings to broader neighborhood revitalization projects (for example, improvements to lighting, signage, safety, or walkability in the surrounding commercial corridor)?

- Yes
- No
- Don't know

E Does your local government use other incentive programs?

- Yes
- No
- Don't know

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Policies and Practices That Support Access to Healthy Food and Healthy Eating

15A Do any of these policies or programs used by your community to encourage supermarkets and other full-service grocery stores to open stores explicitly prioritize low-income or economically depressed areas?


- Yes
- No
- Our community does not have low income or economically depressed areas
- Don't know

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Policies and Practices That Support Access to Healthy Food and Healthy Eating

In addition to supermarkets and full-service grocery stores, food can be sold in smaller venues such as convenience or corner stores. Some local governments use incentives, training, or grants to help convenience or corner stores sell healthier foods.

16 Does your local government provide ...

A *Grant or low-interest loan programs to purchase/upgrade store equipment or furnishings to properly store and sell healthful foods and beverages (for example, fresh produce, low-fat milk, or whole grains)?*

Yes
 No
 Don't know

B *Technical assistance or training programs that increase the ability to sell healthier foods (for example, marketing, promotion materials, and/or product placement)?*

Yes
 No
 Don't know

C *Programs to link stores to broader neighborhood revitalization projects (for example, improvements to lighting, signage, safety, or walkability in the surrounding commercial corridor)?*

Yes
 No
 Don't know


D *Does your local government provide other types of incentive programs that help convenience or corner stores sell healthier foods?*

Yes
 No
 Don't know

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Your Questionnaires > Policies and Practices That Support Access to Healthy Food and Healthy Eating

Policies and Practices That Support Access to Healthy Food and Healthy Eating

16A Do any of these policies or programs used to help convenience or corner stores sell healthier foods explicitly prioritize low-income or economically depressed areas?

Yes

No

Our community does not have low income or economically depressed areas

Don't know

Some residents may not have easy access to supermarkets or full-service grocery stores because they do not have access to a car or public transportation or cannot easily walk to them. These next questions ask about policies and standards that your community may use to support access to supermarkets or full-service grocery stores.

17 Does your local government have a policy that supports dedicated transportation (for example, community vans or shuttle buses) to supermarkets, other full-service grocery stores, or farmers markets for these residents? **Do not** include public transportation options in your response.

Yes

No

Don't know

18 Does your local government consider accessibility to supermarkets or other full-service grocery stores in their assessment of public transportation routes?

Yes

No


Our community does not have any public transportation

Don't know

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[Your Questionnaires](#) > Policies and Practices That Support Access to Healthy Food and Healthy Eating

Policies and Practices That Support Access to Healthy Food and Healthy Eating

19 Does your local government have any policies related to farmers markets, farm stands, or green/produce carts that ...

A *Allow the sale of fresh produce on city property?*

Yes
 No
 Don't know

B *Streamline processes for obtaining health and food safety permits and licenses?*

Yes
 No
 Don't know

C *Extend waivers of required business permits or retail licensing fees or taxes?*

Yes
 No
 Don't know

D *Provide funds or in-kind services for personnel, signage, or advertising?*

Yes
 No
 Don't know

E *Encourage opening in areas lacking supermarkets or full-service grocery stores?*

Yes
 No
 Don't know

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[Your Questionnaires](#) > Policies and Practices That Support Access to Healthy Food and Healthy Eating

Policies and Practices That Support Access to Healthy Food and Healthy Eating

20 Does your local government provide funding for Electronic Benefits Transfer (EBT) machines or provide technical assistance on how to obtain or use EBT machines at local farmers markets, farm stands, or green/produce carts?

? *Electronic Benefit Transfer (EBT) is an electronic system that allows the government to provide assistance benefits (such as the Supplemental Nutrition Assistance Program [SNAP] or the Temporary Assistance for Needy Families [TANF]) via a plastic debit card to eligible constituents.*

- Yes
- No
- Our community does not have a farmers' market, farm stand, or green/produce cart
- Don't know

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Policies and Practices That Support Access to Healthy Food and Healthy Eating

21 Does your jurisdiction have a local or regional food policy council, food security coalition, or similar entity?

 *A food policy council is a council that brings together stakeholders from diverse food-related sectors in a specific geographical area to examine how the food system is operating in that area and to develop recommendations for improvement.*

- Yes
- No
- Don't know

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Policies and Practices That Support Access to Healthy Food and Healthy Eating


21A Is a local government employee or elected official a member of the food policy council, food security coalition, or similar entity?

- Yes
- No
- Don't know

21B Is there a designated health/public health representative on the food policy council, food security coalition, or similar entity?

- Yes
- No
- Don't know

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Your Questionnaires > Policies and Practices That Support Access to Healthy Food and Healthy Eating

Policies and Practices That Support Access to Healthy Food and Healthy Eating

These next questions ask about policies for employee breast-feeding. Federal law requires employers to provide breast-feeding employees with break time and a private space other than a bathroom to pump breast milk. The law applies only to women who work for hourly wages.

22 Is there a policy that allows ALL breast-feeding employees in the local government break time and space to pump breast milk?

- Yes
- No
- Don't know

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22A Is this a local or State policy?

- Local
- State
- Don't know

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Policies and Practices That Support Access to Healthy Food and Healthy Eating

23 Does your local government provide paid maternity leave for its employees?

 *Paid maternity leave is paid leave that does not use already accrued leave such as vacation or sick leave. It also does not include leave allowed under the Family Medical Leave Act (FMLA). A human resources department representative may be helpful in answering this question.*

- Yes
- No
- Don't know

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23A How long is this maternity leave?

- Less than 4 weeks
- 4-7 weeks
- 8-12 weeks
- 3 months or more
- Don't know

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Section 3: Section 3 Submission Screen



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Thank you for completing this section.

You have not completed all of the items in this questionnaire. To review your questionnaire before submitting, click "Review My Questionnaire" below. To submit with unanswered items, click "Submit My Questionnaire."

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