



Questionnaire

Thank you for agreeing to participate in the National Children's Study and completing the Edinburgh Postnatal Depression Scale. This questionnaire will take about 2 minutes to complete. It includes questions about how you are feeling as someone who recently had a baby. You may use a pencil or pen to record your answers.

Your answers are important to us. We will keep everything that you tell us confidential.

Listed below are several points that you may find helpful in completing the questionnaire:

- Read each item carefully before you begin and select the response that best describes how you have felt IN THE PAST 7 DAYS, not just how you feel today.
- There are no right or wrong answers, what matters is your experience over the past 7 days.
- Please try not to skip any items and please select only one answer for each item.
- If you change your mind about an answer, strike out your original answer and then select your new answer.
- Before mailing the questionnaire back to the Regional Operations Center (ROC), please make sure that you have answered all of the items and that there is only one answer for each item.
- When mailing the questionnaire back to the ROC, please follow the instructions printed on the next page and please use the prepaid envelope provided for this purpose.

If you have any questions, please call the local contact number located on the last page.

Thank you for taking the time to complete this questionnaire!

For Office Use Only:

Instructions for returning the questionnaire to the Regional Operations Center (ROC):

{Local instructions inserted by ROC. Provide the parent/caregiver with ROC-specific instructions for returning the questionnaire to the ROC here, such as instructions about the data collector retrieving the questionnaire at the in-person visit.}

Insert ROC contact information label here.