



## Hemoglobin A1c Results

Name: \_\_\_\_\_

Date: \_\_\_\_\_

### Assessment of Diabetic Symptoms

Have you previously been diagnosed with diabetes?  Yes  No

### Results

We tested your blood for glucose (sugar). The result is shown below.

**Hemoglobin A1c Result:** \_\_\_\_\_ %

### What do Hemoglobin A1c numbers indicate?

A1c measures what percentage of your blood cells that carry oxygen are coated with sugar. A high A1c level *may* indicate a risk of developing diabetes or diabetes complications. The A1c test measures your average blood sugar levels for the past two or three months instead of just at one point in time and can identify people who should have further evaluation. Even if you have been told before that you have diabetes, you should still share a high test result with your health care provider.

### Interpretation and Advice

✓	Your result is	This is considered	You are advised to
	A1c level higher than 5.7%	High	Your A1c level is high. You should see a health care provider <b>within one month</b> . A high A1c level can be a sign of pre-diabetes or increased risk of diabetes complications.
	A1c level 5.7% or lower	Normal	Your A1c level is normal