



## Lung Function Test Results

Name: \_\_\_\_\_

Date: \_\_\_\_\_

### Results

	Your Best Value	Predicted Value	Lower Limits of Normal
<b>Forced Vital Capacity (FVC)</b>	_____ Liters	_____ Liters	_____ Liters
<b>Forced Expiratory Volume, 1<sup>st</sup> sec. (FEV<sub>1</sub>)</b>	_____ Liters	_____ Liters	_____ Liters
<b>FEV<sub>1</sub>/FVC Ratio (%)</b>	_____ %	_____ %	_____ %

*\*indicates values that are below the lower limits of normal*

### What does a Lung Function Test indicate?

The purpose of the lung function test is to determine how your lung function compares to normal lung function for someone of your age, gender, race, and height. The table above provides your results for three measurements. The forced vital capacity (FVC) is the maximal or total amount of air you can forcefully breathe out after taking a deep breath. The 1-second forced expiratory volume (FEV<sub>1</sub>) is the amount of air that you can breathe out in the first second of exhaling. The FEV<sub>1</sub>/FVC (%) is the calculation of the ratio of FEV<sub>1</sub> to FVC. The table also compares your results to predicted values for a healthy, non-smoking person of the same age, height, gender, and race.

### Interpretation and Advice

✓	Your lung function grade is	This is considered	You are advised to
	A	Normal	Your lung function test results were within normal limits.
	B or C	Low	Your lung function test results were lower than expected for someone of your age, gender, race, and height. Please note that any abnormal lung function test result is not a diagnosis of disease. We recommend that you see your physician <b>within the next month</b> for additional evaluations and a complete medical examination.
	D or F	Unable to Determine	We are unable to interpret your lung function test results due to poor session quality. If you feel that you are having lung problems, you should see your healthcare provider for additional evaluation.