Attachment 11 Dysregulation Inventory Survey

OMB Control # 0925-XXXX, Expiration Date XX/XX/XXXX

Burden Statement

Public reporting burden for this collection of information is estimated to average 10 minute per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to: NIH, Project Clearance Branch, 6705 Rockledge Drive, MSC 7974, Bethesda, MD 20892-7974, ATTN: PRA (0925-XXXX). Do not return the completed form to this address.

	Never True	Mostly True	Occasionally True	Always True
I get into fights.	0	0	0	0
I get very fidgety after a few minutes if I am supposed to sit still.	0	0	0	0
It is very difficult to quickly quiet down after being scared.	0	0	0	0
Once I like dong something a certain way, I don't like to change it.	0	0	0	0
I spend time thinking about how to reach my goals.	0	0	0	0
My mind wonders when I am in class.	0	0	0	0
I put my plans into action.	0	0	0	0
	Never True	Mostly True	Occasionally True	Always True
I get scared easily.	0	0	0	0
As soon as I see things are not working, I do something about it.	0	0	0	0
I lose sleep because I worry.	0	0	0	0
I say nasty things to others.	0	0	0	0
I interrupt on people when they are speaking.	0	0	0	0
My mood goes up and down without a reason.	0	0	0	0
Sometimes people bug me just by being around.	0	0	0	0
	Never True	Mostly True	Occasionally True	Always True
I make sarcastic remarks.	0	0	0	0
I fly off the handle for no good reason.	0	0	0	0
My friends say that I argue a lot.	0	0	0	0
Failure at a task or in school makes me work harder.	0	0	0	0
I just can't stop laughing and giggling when I hear or see something funny.	0	0	0	0
I can't seem to stop moving.	0	0	0	0
I spend money without thinking about it first.	0	0	0	0

	Never True	Mostly True	Occasionally True	Always True
Most of the time I don't pay attention to what I am doing.	0	0	0	0
I can read a book for half an hour before I get restless.	0	0	0	0
I lose or misplace things.	0	0	0	0
I am easily distracted.	0	0	0	0
I have temper tantrums.	0	0	0	0
I get so frustrated that I often feel like a bomb ready to explode.	0	0	0	0
I just cannot calm down faster than most other people.	0	0	0	0
	Never True	Mostly True	Occasionally True	Always True
I hit someone when I really get mad.	0	0	0	0
I am extremely stubborn.	0	0	0	0
I can't control the urge to strike another person.	0	0	0	0
I will hit another person if I am provoked.	0	0	0	0
I will pick up and eat food just because I happen to see it.		0	0	0
I have trouble changing the way I do things, even when I doing them wrong.	0	0	0	0
I consider what will happen before I make a plan.	0	0	0	0
	Never True	Mostly True	Occasionally True	Always True
It is very hard for me to get over bad experiences very quickly.				
It is very hard for me to get over bad experiences very quickly. There are days when I'm "on edge" all the time.	True	True	True	Trué
	True	True O	True	True
There are days when I'm "on edge" all the time.	True	True	True	True
There are days when I'm "on edge" all the time. Once I have a goal I make a plan how to reach it.	True	True	True	True
There are days when I'm "on edge" all the time. Once I have a goal I make a plan how to reach it. When I am angry I lose control.	True O O O O	True	True	True
There are days when I'm "on edge" all the time. Once I have a goal I make a plan how to reach it. When I am angry I lose control. I have trouble controlling my temper.	True	True	True © © © © © ©	True
There are days when I'm "on edge" all the time. Once I have a goal I make a plan how to reach it. When I am angry I lose control. I have trouble controlling my temper. I break things when I am mad.	True	True O O O O O O O	True O O O O O O O O O O O O O O O O O O	True
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There are days when I'm "on edge" all the time. Once I have a goal I make a plan how to reach it. When I am angry I lose control. I have trouble controlling my temper. I break things when I am mad. I have difficulty following instructions.	True O O O O O O O O O O O O O O O O O O	True O O O O O Mostly True	True	True
There are days when I'm "on edge" all the time. Once I have a goal I make a plan how to reach it. When I am angry I lose control. I have trouble controlling my temper. I break things when I am mad. I have difficulty following instructions. I get very restless when I have to stay in one place for a long time.	True O O O O O O O O O O O O O O O O O O	True O O O O O O Mostly True	True	True
There are days when I'm "on edge" all the time. Once I have a goal I make a plan how to reach it. When I am angry I lose control. I have trouble controlling my temper. I break things when I am mad. I have difficulty following instructions. I get very restless when I have to stay in one place for a long time. I am touchy and get easily annoyed. Watching an action show gets me so excited that I remain very excited long after the	True O O O O O O Never True O O O O O O O O O O O O O O O O O O O	True O O O O O Mostly True O O O O O O O O O O O O O O O O O O O	True O O O O O O O O O True	True O O O O O Always True O O O O O O O O O O O O O O O O O O O
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	Never True	Mostly True	Occasionally True	Always True
Sometimes I get emotional over nothing.	0	0	0	0
When I am angry I lose control over my actions.			0	0
I jump into situations before I think it through.	0	0	0	0
If I need to complete a difficult task, I give up easily.			0	0
Once I have a routine I really like to stick with it.	0	0	0	0
It makes me really angry when somebody makes fun of me.		0	0	0
I easily become emotionally upset when I am tired.	0	0	0	0
	Never True	Mostly True	Occasionally True	Always True
I have difficulty remaining seated at school or at home during dinner.	0	0	0	0
I lay awake at night if I hear a sound.	0	0	0	0
Once I believe in something, whether it is right or wrong, it is hard for someone to change my mind.		0	0	0
Even though people tell me I am wrong and I know it, I will not change my mind.	0	0	0	0
I quit a task if it is much harder than I expected.		0	0	0
I have so much energy that I just can't stop moving.	0	0	0	0
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I think about the future consequences of my actions.	0	0	0	
I think about the future consequences of my actions.	Never True	Mostly True	Occasionally True	Always True
I think about the future consequences of my actions. I develop a plan for all my important goals.	Never	Mostly	Occasionally	Always
	Never True	Mostly True	Occasionally True	Always True
I develop a plan for all my important goals.	Never True	Mostly True	Occasionally True	Always True
I develop a plan for all my important goals. I get into trouble because I can't think before I act.	Never True	Mostly True	Occasionally True	Always True
I develop a plan for all my important goals. I get into trouble because I can't think before I act. If something is harder and takes longer than I thought, I will just quit.	Never True	Mostly True	Occasionally True	Always True
I develop a plan for all my important goals. I get into trouble because I can't think before I act. If something is harder and takes longer than I thought, I will just quit. I have the tendency to repeat my mistakes.	Never True	Mostly True	Occasionally True O O O O	Always True O O O O
I develop a plan for all my important goals. I get into trouble because I can't think before I act. If something is harder and takes longer than I thought, I will just quit. I have the tendency to repeat my mistakes. I like doing things the same way all the time.	Never True	Mostly True	Occasionally True O O O O O O O O O O O O O O O O O O	Always True O O O O O O
I develop a plan for all my important goals. I get into trouble because I can't think before I act. If something is harder and takes longer than I thought, I will just quit. I have the tendency to repeat my mistakes. I like doing things the same way all the time. When I get stirred up my heart beats fast for a long time.	Never True	Mostly True	Occasionally True O O O O O O O O O O O O O O O O O O	Always True O O O O O O O O O O
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I develop a plan for all my important goals. I get into trouble because I can't think before I act. If something is harder and takes longer than I thought, I will just quit. I have the tendency to repeat my mistakes. I like doing things the same way all the time. When I get stirred up my heart beats fast for a long time. I get into arguments when people disagree with me. Often I am afraid I will lose control of my feelings.	Never True	Mostly True O O O O Mostly True	Occasionally True O O O O O O O O True	Always True Always Always Always True
I develop a plan for all my important goals. I get into trouble because I can't think before I act. If something is harder and takes longer than I thought, I will just quit. I have the tendency to repeat my mistakes. I like doing things the same way all the time. When I get stirred up my heart beats fast for a long time. I get into arguments when people disagree with me. Often I am afraid I will lose control of my feelings. I have difficulty keeping attention on tasks.	Never True	Mostly True O O O O O O O O O O O O O O O O O O	Occasionally True O O O O O O O O O O O O O O O O O O	Always True Always True Always Always True Always True
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