

Attachment 11

Dysregulation Inventory Survey

**OMB Control # 0925-XXXX, Expiration Date XX/XX/XXXX**

Burden Statement

Public reporting burden for this collection of information is estimated to average 10 minute per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to: NIH, Project Clearance Branch, 6705 Rockledge Drive, MSC 7974, Bethesda, MD 20892-7974, ATTN: PRA (0925-XXXX). Do not return the completed form to this address.

	Never True	Mostly True	Occasionally True	Always True
I get into fights.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I get very fidgety after a few minutes if I am supposed to sit still.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It is very difficult to quickly quiet down after being scared.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Once I like doing something a certain way, I don't like to change it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I spend time thinking about how to reach my goals.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My mind wanders when I am in class.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I put my plans into action.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Never True	Mostly True	Occasionally True	Always True
I get scared easily.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
As soon as I see things are not working, I do something about it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I lose sleep because I worry.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I say nasty things to others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I interrupt on people when they are speaking.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My mood goes up and down without a reason.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sometimes people bug me just by being around.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Never True	Mostly True	Occasionally True	Always True
I make sarcastic remarks.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I fly off the handle for no good reason.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My friends say that I argue a lot.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Failure at a task or in school makes me work harder.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I just can't stop laughing and giggling when I hear or see something funny.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can't seem to stop moving.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I spend money without thinking about it first.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Never True	Mostly True	Occasionally True	Always True
Most of the time I don't pay attention to what I am doing.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can read a book for half an hour before I get restless.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I lose or misplace things.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am easily distracted.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have temper tantrums.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I get so frustrated that I often feel like a bomb ready to explode.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I just cannot calm down faster than most other people.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Never True	Mostly True	Occasionally True	Always True
I hit someone when I really get mad.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am extremely stubborn.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can't control the urge to strike another person.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I will hit another person if I am provoked.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I will pick up and eat food just because I happen to see it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have trouble changing the way I do things, even when I doing them wrong.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I consider what will happen before I make a plan.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Never True	Mostly True	Occasionally True	Always True
It is very hard for me to get over bad experiences very quickly.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There are days when I'm "on edge" all the time.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Once I have a goal I make a plan how to reach it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When I am angry I lose control.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have trouble controlling my temper.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I break things when I am mad.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have difficulty following instructions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Never True	Mostly True	Occasionally True	Always True
I get very restless when I have to stay in one place for a long time.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am touchy and get easily annoyed.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Watching an action show gets me so excited that I remain very excited long after the show is over.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I get easily excited.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Little things or distractions throw me off.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I begin to answer a person's questions before the person is finished.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I get bored easily.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Never True	Mostly True	Occasionally True	Always True
Sometimes I get emotional over nothing.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When I am angry I lose control over my actions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I jump into situations before I think it through.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If I need to complete a difficult task, I give up easily.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Once I have a routine I really like to stick with it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It makes me really angry when somebody makes fun of me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I easily become emotionally upset when I am tired.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Never True	Mostly True	Occasionally True	Always True
I have difficulty remaining seated at school or at home during dinner.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I lay awake at night if I hear a sound.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Once I believe in something, whether it is right or wrong, it is hard for someone to change my mind.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Even though people tell me I am wrong and I know it, I will not change my mind.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I quit a task if it is much harder than I expected.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have so much energy that I just can't stop moving.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I think about the future consequences of my actions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Never True	Mostly True	Occasionally True	Always True
I develop a plan for all my important goals.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I get into trouble because I can't think before I act.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If something is harder and takes longer than I thought, I will just quit.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have the tendency to repeat my mistakes.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I like doing things the same way all the time.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When I get stirred up my heart beats fast for a long time.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I get into arguments when people disagree with me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Never True	Mostly True	Occasionally True	Always True
Often I am afraid I will lose control of my feelings.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have difficulty keeping attention on tasks.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I say things that I regret later.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I make threats to people I know.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Even when I am punished for something, I keep doing it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A bad incident early in the day changes my mood for the whole day.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can't stop crying for a long time if I hear or see a sad story.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>