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| **Glossary**   * ***Caregiver***–friend or family member who provides regular support and assistance to another person. * ***Guide to LTSS/GEC website***–online information resource that describes long term care (LTC) services and supports and provides information about shared decision making (SDM) as well as *Worksheets*. * ***Long Term Services and Supports (LTSS)***–a range of services including home and community based services such as homemaker/home health aides, and adult day health as well as residential settings such as assisted living, adult foster care and nursing homes. * ***SDM Worksheet******for Veterans*** – helps Veterans consider their long term care needs, explore their options, and involve others in their long term care planning and decision making. * ***Self-Assessment Worksheet for Caregivers*** – helps caregivers or other support persons identify their needs and the needs of the Veteran, and think about what help they can provide. * ***Shared Decision Making (SDM)*** – a structured process in which the Veteran, their informal caregiver or family and the health care team work together to make long term care plans and decisions. |
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# OMB No. 2900-0770 Estimated Burden: 10 minutes

# Expiration Date: 08/31/2017