## APPENDIX H2. Group 3—Expanded Menu Survey

H2.1 - Instructions for Expanded Menu Survey and Example Forms H2.2 - Daily Meal Counts Form_Expanded
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## School Nutrition and Meal Cost Study

## Instructions for the Menu Survey (Expanded)

School Nutrition \& Meal Cost Study

## Sponsored by:

U.S. Department of Agriculture Food and Nutrition Service

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## Introduction to the Menu Survey

Thank you for participating in the School Nutrition and Meal Cost Study. Without your help, and the help of school nutrition professionals like you across the country, this important study could not be done.

As part of this study, you are being asked to complete a Menu Survey. The objective of the Menu Survey is to obtain a complete and accurate description of the foods offered and served by your school nutrition program, including foods offered in reimbursable meals, sold a la carte, and in afterschool snacks/suppers. You will complete the survey forms during a specified time period, referred to as the "target week." The target week for your school is shown on the front of the Menu Survey Folder.

The information you provide will be combined with information from many other schools across the country and will be used to examine the food and nutrient content of school meals and snacks.

This Instruction Manual describes the Menu Survey and provides easy-to-follow instructions for completing the survey forms. Along with the manual is a set of sample completed forms that may be useful when you are completing your own survey forms. Be sure to look over the sample completed forms.

Below, we describe the forms included in the Menu Survey Folder. The rest of this manual explains how to complete each form.

## Daily Meal Counts Form

This one-page form (blue paper) is located behind the first tab inside the Menu Survey Folder. This is a very simple form. All you have to do is write in the number of reimbursable lunches and breakfasts you served each day of the target week. At the bottom of the form, you will write in your non-reimbursable food sales each day of the week, by venue (if applicable). Additional instructions are provided at the top of the form.

## Reimbursable Foods Forms

You will fill out these forms each day of the target week. They are located in colored folders in the Menu Survey Folder labeled by day of the week (Monday forms, Tuesday forms, etc.). There are separate forms for breakfast (yellow paper) and lunch (white paper). You will use these forms to provide information about all foods and beverages offered in reimbursable meals, including portion sizes, the number of portions prepared and served, their contributions to the meal pattern food groups, and the food descriptions needed for an accurate nutrient analysis. You will also check if any item was a USDA Food or prepared from a recipe.

## Recipe Forms

A booklet of Recipe Forms (grey paper) is located behind the "Recipes" tab in the Menu Survey Folder. The Recipe Forms are used to provide information for foods prepared from two or more ingredients and certain other reimbursable menu items served during the target week.

## Self-Serve/Made-to-Order Bar Form

Behind the next tab in the Menu Survey Folder is another booklet of forms (lavender paper) to be used for recording information about "self-serve" bars, such as salad bars and condiment bars, as well as made-to-order bars such as deli bars. If your school offers self-serve or made-to-order bars, you will use a Self-Serve/Made-to-Order Bar form to describe the foods offered on each bar.

## A La Carte Foods Checklist

The A La Carte Foods Checklist is a multiple-page form (pink paper) that you will use to identify all foods and beverages sold on an a la carte basis in your school. You only need to fill out this form for ONE DAY during your target week. The day that has been randomly selected to be your "a la carte checklist day" is shown on the front cover of the Menu Survey Folder.

## NSLP Afterschool Snack Form

If your school provides reimbursable snacks through the National School Lunch Program (NSLP) to one or more afterschool programs, you will fill out the NSLP Afterschool Snack Form (green paper) to provide information about the items provided in afterschool snacks each day. This includes much of the same information you will be providing on the Reimbursable Foods Forms.

## CACFP Afterschool Snack and Supper Form

If your school provides reimbursable snacks or suppers through the Child and Adult Care Food Program (CACFP) to one or more afterschool programs, you will fill out the CACFP Afterschool Snack and Supper Form (green paper) to provide information about the items provided in afterschool snacks and/or suppers each day. This includes much of the same information you will be providing on the Reimbursable Foods Forms.

## Non-Reimbursable Foods Form

The Non-Reimbursable Foods Form (orange paper) will be used to record daily serving information for foods that are served a la carte in the cafeteria or in other venues that are supplied or stocked by foodservice, but are not part of a reimbursable meal or reimbursable snack. Only non-reimbursable items that are prepared from recipes or removed from their original packaging will be recorded on this form. Commercially manufactured non-reimbursable items that are sold in their original packaging should be recorded on the Non-Reimbursable Foods Inventory (see next item).

## Non-Reimbursable Foods Inventory

The Non-Reimbursable Foods Inventory (red paper) will be used to record daily inventory information for foods that are served a la carte in the cafeteria or in other venues that are supplied or stocked by foodservice, but are not part of a reimbursable meal or reimbursable snack. Only commercially manufactured non-reimbursable items that are sold in their original packaging will be recorded on this form. Non-reimbursable items that are prepared from recipes or removed from their original packaging should be recorded on the Non-Reimbursable Foods Form (see previous item).

## Daily Reminder List

In each of the Monday through Friday folders we have also included the Daily Reminder List (gold paper). This list provides tips for getting organized before the target week and a summary of day-to-day activities for the target week. We suggest that you also store or post this list in a convenient location so you can refer to it during the target week.

## School Nutrition Manager Survey

We have included a survey that asks about school's foodservice operations and your experiences implementing the new meals requirements. Please complete the survey during your target week. You can choose to complete it on any day you would like.

## The Rest of This Manual

The rest of this manual includes step-by-step instructions for completing each of the Menu Survey forms. For each form, a completed "SAMPLE" is provided. Please take the time to review the instructions and all of the sample completed forms before beginning the Menu Survey.

## If You Need Assistance

We will be calling you before the start of the target week and again during the target week to answer any questions you may have. If you have questions or need assistance at any other time before, during, or after the target week, feel free to call our technical assistance line at xxx-xxx-xxxx. Thank you for your assistance with this important study!

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## General Guidelines for Completing the Menu Survey

## Getting Started

Please read this manual carefully. Be sure to review the sample completed forms that are provided. Also, pay special attention to the Daily Reminder List. Keep this guide handy during the target week and refer to it as you complete the survey forms.

## Off-Site Kitchens

If your school receives prepared meals or any components of reimbursable meals from another school, a central kitchen or commissary, or an outside vendor during the target week, we ask that you obtain food descriptions, product information, and recipes for these foods, as needed. You may wish to discuss strategies for this task with your school food authority (SFA) director.

## Filling Out Forms

$\checkmark$ Use pencil on all forms.
$\checkmark$ Write clearly and legibly (especially when recording numbers).
$\checkmark$ Write the name of your school and the date (if applicable) at the top of each form.
$\checkmark$ Double-check your work and review the Daily Reminder List at the end of each day to be sure you have provided all the necessary information.

## At the End of the Week

When you have completed all forms included in the Menu Survey, please double-check your work to make sure you have provided all the necessary information. Please place the completed forms in the empty plastic envelope at the back of the Menu Survey Folder. Remember to also include your completed School Nutrition Manager Survey. Return all completed survey materials to Mathematica in the pre-addressed Federal Express envelope provided.

# Instructions for Completing the Reimbursable Foods Forms 

Purpose: To describe foods and beverages that are offered as part of USDA reimbursable lunches and breakfasts during the target week, and to provide information on the number of portions of each item prepared and served in reimbursable meals.

Location: The Reimbursable Foods Forms are located in the five colored folders labeled Monday-Friday, in the Menu Survey Folder. Separate forms are provided for breakfast (yellow) and lunch (white).

## Notes:

- If your school offers reimbursable fruits and vegetables through the Fresh Fruit and Vegetable Program during the target week, do NOT include these fruits and vegetables on the Reimbursable Foods Form.
- Be sure to look at the sample completed Reimbursable Foods Forms that are provided. Looking at the sample forms as you read the instructions will make it easier to understand what you need to do when filling out the forms.


## How to Complete the Reimbursable Foods Form

## Reimbursable Meal Counts

On the top right-hand corner of the form, you will see the Reimbursable Meal Counts box. The questions in this box ask about the number of reimbursable meals (breakfast or lunch) you planned to serve for the day and the number of reimbursable meals that you actually served that day. Record the answers to both questions in the spaces provided. Your production records may include this information. If not, you may need to talk to your SFA director to obtain it.

## Column A: Food Item

You will use this column to identify foods and beverages offered in reimbursable meals each day. Most foods are already listed for you. Others you will need to write in. In thinking about all the foods offered in your cafeteria each day and deciding which ones to include on this form, keep the following in mind:

## DO INCLUDE:

- All foods and beverages offered in reimbursable meals (even if they may not count toward USDA meal pattern requirements).
- All condiments, salad dressings, optional toppings, desserts, and snack items.


## DO NOT INCLUDE:

- Foods and beverages that are offered only a la carte or only to adults.
- Foods and beverages that were planned for a given day, but not actually prepared or served at your school because a substitution was made.

When foods are paired or offered together:
When a condiment/topping, bread/grain item or meat/meat alternate is paired with, or offered only with another menu item, add a note in Column A to make this clear.

## Examples:

> For barbeque sauce that is offered only with chicken nuggets, add a note...

Barbeque sauce w/ chicken nuggets
> For crackers that are offered only with a Chef's salad, add a note...
Crackers w/ Chef's salad
> For toast that is offered only with cereal, add a note...
Toast w/ cereal
> For a cheese stick that is offered only with a peanut butter sandwich, add a note...

Cheese stick w/ peanut butter sandwich
When writing in foods that are not already listed on the form:

- Record foods in their appropriate food group sections whenever possible. Blank lines are provided at the end of each section for your entries. A generous amount of additional space is provided at the end of the form for recording items that do not fit in the individual food group sections (for example, not enough blank lines for additional fruits), as well as items that belong in a food group that is not listed on the form.
- Salad bars, condiment bars, and other food bars, whether self-serve or made-toorder, should be listed as single menu items. Salad bars (both side salad bars and entrée salad bars) and other common theme bars are prelisted. Use separate lines for any self-serve bars that are not prelisted.
- If your school offers bag or box meals or fully preplated meals, write each type of meal on a separate line. Complete a Recipe Form for each type of meal to identify all of the foods and beverages included in the meal.
- If foods are offered with optional components or ingredients, use separate lines to list each component and make it clear that the main food and optional components/ingredients go together, as shown below.

Example:
> For a baked potato offered with optional toppings of cheese sauce and/or broccoli, use separate lines for...

Baked potato Cheese sauce, canned, low-fat Broccoli, frozen, chopped

## Column B: Portion Size

For each item offered in reimbursable meals, write the size of one individual serving, as offered to students.

- Include both the amount, if not already printed on the form, and the unit of measure. For example:

| Food Item | Amount | Unit |
| :--- | :---: | :---: |
| Broccoli | $3 / 4$ | cup |
| Chicken patty | 2.5 | oz. |
| Tossed salad | $1 / 2$ | cup |

You may change the printed unit for any food if your school serves the item in a different unit of measure.

- Include the weight (oz.) of one portion whenever available, especially for commercially prepared foods, such as burritos, chicken or fish nuggets, pizza, doughnuts, or cookies.
- For foods that are offered self-serve, write "self-serve" as the portion size.
- If your school offers different portion sizes of the same food, for example to students in different age-grade groups, you will need to list the food twice (on two separate lines) and write in the different portion sizes.


## Example:

If your school serves two age-grade groups (grades 6-8 and 9-12), there may be different portion sizes for canned peaches. You would indicate this by listing the food twice as shown below.

| A. | B. |
| :--- | :---: |
|  |  |
| Food Item | Portion Size <br> (Include <br> Units) |
| Canned peaches | $1 / 2$ cup |
| Canned peaches | 1 cup |

## Column C: Number of Portions

## Total Portions Prepared

For each menu item, enter the total number of portions prepared. Include portions that are prepared for reimbursable meals at your school as well as portions that are prepared to be sent off-site, served a la carte and to adults or others. For pre-packaged foods and beverages, the total number of portions prepared refers to the number of individual packages that are put out in the serving area. For example for cartons of juice, write the number of cartons that are placed on the serving line before and throughout the meal period.

## Portions Sent Off-Site

If your school prepares food to be served at other schools or facilities, enter the total number of portions for each item that is sent off-site. Include portions sent off-site on the day they are sent - it doesn't matter if they will be served on the same day or another day. If your school does not prepare food to be served at other schools or facilities, you do not need to complete this column.

## Reimbursable Portions Served

For each menu item, enter the number of reimbursable portions served to students at your school (excluding portions sold a la carte or to adults/others). Your production records may include this information; if not, you may need to talk to your SFA director about putting a procedure in place to record it for the target week. If a menu item is prepared and available to students but none are served in reimbursable meals, be sure to enter a zero in Column C.

## Portions Served A La Carte or to Adults/Others

Also for each menu item, enter the number of portions that are served a la carte, to adults, or to others who are not receiving meals through the NSLP or SBP. If no portions are served a la carte or to adults, enter zero in this column.

## Portions Left Over for Later Use

At the end of each meal, enter the number of portions that were not served on this day, but were leftover and may be served on a different day. For instance, this may include cartons of milk or juice to be used on the following day. Do not include leftover portions that are thrown away. If no portions are left over and saved for later use, enter zero in this column.

## Portions Wasted

Also enter the number of portions that were not served and must be thrown out because they cannot be used on a different day. For instance, this may include food prepared in a large dish, such as macaroni and cheese. If no portions are wasted, enter zero in this column.

## Example:

Note that for each of the following menu items, the number of portions entered in the last five sub-columns (Sent Off-Site, Reimbursable Served, Served a La Carte or to Adults/Others, Left Over, and Wasted) add up to the total number of portions prepared (Total Prepared).

| A. | B. | C. |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Portion Size (Include Units) | Number of Portions |  |  |  |  |  |
|  |  |  |  | Onsite |  |  |  |
| Food Item |  | Total Prepared | Sent Offsite | Reimbursable Served | Served A La Carte or to Adults/Others | Left Over for Later Use | Wasted |
| Orange juice | 8 fl oz | 140 | 0 | 83 | 15 | 42 | 0 |
| Macaroni and cheese | 1 cup | 160 | 20 | 110 | 14 | 0 | 16 |

## Column D: Meal Pattern Contributions

Fill in these columns with the contribution each menu item makes to the USDA meal pattern food groups ("creditable amounts"). This information may be included in your production records; if not, you may need to talk to your SFA director to obtain it. You may be able to find meal pattern contributions in the Food Buying Guide for Child Nutrition Programs, USDA Foods Fact Sheets or, for commercially prepared foods, on CN labels.

- For each menu item, enter the creditable amount of each meal pattern food group contributed by one portion in cups or oz equivalents. In some cases the meal pattern contribution will be the same as the portion size (recorded in Column B), but this will not be true for all menu items or menu items that contribute to more than one meal pattern food group.
- You do not need to list the meal pattern contribution for milks or other food items where the column is shaded in gray.
- Note that many menu items will contribute to only one meal pattern food group and few, if any, menu items will contribute to all meal pattern food groups.
- If a menu item contributes to more than one meal pattern food group or vegetable subgroup, be sure to enter the amount contributed to all applicable meal pattern food groups in Column D.
- When a menu item contains grains, enter the oz equivalent that it contributes in the "Grains" column. Check the box in the "Whole Grain-Rich" column if the menu item meets the whole grain-rich criteria (listed on page 13 of this document).


## Example:

If your school offers a 2 cup portion of a chicken, broccoli and brown rice bowl, you would list the contribution that one portion makes to the applicable meal pattern food groups in Column D: 1/2 cup equivalent of dark green vegetables, 2 oz equivalents of meat/meat alternates, 1.5 oz equivalents of grains; and check the box for whole grain-rich.

| A. | B. | C. | D. |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Portion Size (Include Units) | Number of Portions | Meal Pattern Contributions |  |  |  |  |  |  |  |  |
|  |  |  | $\begin{aligned} & \frac{0}{0} \\ & \frac{0}{3} \\ & \frac{0}{3} \\ & \frac{3}{3} \end{aligned}$ | Vegetables (cups) |  |  |  |  |  | $\begin{aligned} & \bar{O} \\ & \text { N } \\ & \text { N } \\ & \text { N } \\ & \text { CN } \\ & \text { UN } \end{aligned}$ |  |
| Food Item |  | ... |  |  |  |  |  | $\begin{aligned} & \text { む } \\ & \text { む̀ } \end{aligned}$ |  |  |  |
| Chicken, broccoli and brown rice bowl | 2 cups | $\ldots$ |  | 1/2 |  |  |  |  | 2 | 1.5 | X |

- Note that some fruits and vegetables do not credit on a volume as served basis (for example, 1 cup of a food item does not always credit as 1 cup). Below are some examples:
$\checkmark$ Dried fruit: credits as twice the volume as served, so $1 / 2$ cup would credit as 1 cup of fruit
$\checkmark$ Raw leafy greens: credits as half the volume as served, so 2 cups would credit as 1 cup of vegetable (dark green or other vegetables depending on the type of leafy green)
$\checkmark$ Tomato paste: refer to manufacturing information or ask your SFA director for crediting information
- We have added shading to Column D to indicate the meal pattern food groups that are not usually applicable to menu items within a given food group section. If you write in a menu item that is not already listed on the form, be sure to enter the contribution amount(s) to the appropriate meal pattern food group(s) in Column D.

For self-serve or made-to-order bars:

- List the meal pattern contribution for "1 serving" from the bar. This information may be included in your production records; if not, you may need to talk to your SFA director to obtain it.


## Example:

If you offer a side salad bar, you would enter the amount that one serving contributes to the meal pattern food groups. The side salad bar shown in the example below provides $1 / 2$ cup equivalent of dark green vegetables, $1 / 4$ cup equivalent of red/orange vegetables, and $1 / 4$ cup equivalent of other vegetables. The creditable amounts are listed under the appropriate vegetable subgroup columns (in Column D).

| A. | B. | c. | D. |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Portion Size <br> (Include Units) | $\begin{aligned} & \text { Number } \\ & \text { of } \\ & \text { Portions } \end{aligned}$ | Meal Pattern Contributions |  |  |  |  |  |  |  |  |
|  |  |  |  | Vegetables (cups) |  |  |  |  |  |  |  |
| Food Item |  | $\ldots$ |  |  |  | ¢ |  | $\begin{aligned} & \text { む } \\ & \stackrel{ \pm}{0} \end{aligned}$ |  |  |  |
| Side salad bar (non-entrée or small portion) | 1 serving | $\ldots$ |  | 1/2 | 1/4 |  |  | 1/4 |  |  |  |

For vegetables offered at breakfast:

- There are currently no requirements for vegetable subgroups at breakfast. However, if your school does offer vegetables as a separate menu item or as part of a combination item at breakfast, be sure to record the meal pattern food group amount in the vegetable column (in Column D).


## Example:

If your school offers $1 / 2$ cup of hash browns at breakfast, you would enter 1/2 cup under the vegetables column (in Column D).

| A. | B. | C. | D. |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Portion Size (Include Units) | Number of Portions | Meal Pattern Contributions |  |  |  |  |
| Food Item |  | ... | $\begin{aligned} & \text { n } \\ & \frac{0}{3} \\ & 0 \\ & 0 \\ & 0 \end{aligned}$ |  |  |  |  |
| Hash brown | 1/2 cup | $\ldots$ |  | 1/2 |  |  |  |

## Whole Grain-Rich Foods

Whole grain-rich foods must meet at least one of the following criteria:

- Whole grains per serving must be $\geq 8$ grams,
- Product includes FDA's whole grain health claim on its packaging, or
- Product ingredient listing lists a whole grain first (HUSSC criteria).

Check the box in the "Whole Grain-Rich" column if the menu item meets the whole grain-rich criteria.

## If you are unsure whether a menu item is Whole Grain-Rich, you can...

- Visit the following websites that describe the criteria for determining whether a menu item is whole grain-rich: http://www.fns.usda.gov/cnd/governance/Policy-Memos/2012/SP30-2012os.pdf http://teamnutrition.usda.gov/Resources/itf grains.pdf
- Include a package label for the product with your completed forms at the end of the week.


## Column E: Manufacturer/Brand Name and Product Code

This column is used to provide information on the manufacturer, brand name, and product code of certain foods listed in Column A. We have shaded this column for prelisted foods that do not require manufacturer/brand name, or a product code.

- For all other commercially prepared food products you serve, including entrees, meat/meat alternates, and most bread/grain items (including biscuits, doughnuts, breakfast pastries, and pancakes), please fill in the manufacturer/brand and product code information in Column E.
- Please do your best to record whatever manufacturer and/or brand information is available (or at least how the food is described on the package label) for all required foods listed above. Always include a product code, if available. The product code is usually located on the label of the box in which commercially prepared food products are delivered. An example is shown below.

- Below are additional examples of manufacturer and brand names, and products codes, for some foods.

| Food Item <br> (Column A) | Manufacturer/Brand Name <br> and Product Code (Column E) |
| :--- | :--- |
| Pizza, pepperoni | Schwan's/Tony's 78546 <br> Super Donut |
| Super Bakery 6001 <br> Pancake-on-a-stick <br> State Fair 70481 |  |

- If your school purchases commercially prepared food products, including ones that are lower in fat or sodium, you may wish to include package labels to tell us more about the products. This will help ensure that the nutrient analysis is accurate and reflects the types of foods used in your school meal program.
- If you decide that you would like to give us package labels, you can put them in the envelope with the completed forms at the end of the week.


## Column F: Food Description

This column is used to describe foods so that an accurate nutrient analysis can be done. For most of the pre-listed items, you will need to check a box or write in a response. For example, for some foods you will be asked to check whether a food is regular, low-fat or fat-free, or if it is breaded or has icing. For some foods you will be asked to specify the type or variety of the food, such as the type of bread ( $100 \%$ whole wheat, rye bread, etc.), or the flavor of milk or yogurt.

It is especially important to complete this column for commercially prepared products and items that you add to the form. Please provide as complete a description of the item as possible. Depending on the item, this may include information on:
$\checkmark$ type (100\% whole wheat bread, rye bread, blueberry muffin, unbreaded chicken patty, low-sodium green beans)
$\checkmark$ form (fresh, frozen or canned vegetable or fruit)
$\checkmark$ flavor (Strawberry milk, oatmeal cookie, vanilla yogurt)
$\checkmark$ fat content (low-fat yogurt, reduced-fat sour cream, fat-free salad dressing)
Column G: USDA Food?
For food items in Column A that are donated USDA Foods, place a check mark in the box in Column G.

## Column H: Recipe?

For foods in Column A that require a recipe, place a check mark in the appropriate box in Column H. Use these checkmarks to remind you to complete a Recipe Form or provide a printed recipe.

We have shaded this column for pre-listed foods that do not require recipes. If the column is not shaded, you may need a recipe, depending on the food. For example, for purchased pizza that is served as is, a recipe is not needed. For pizza that is prepared from scratch or is a modified version of a purchased product (for example, you added your own toppings), a recipe is needed.

Note: Recipes are needed for all items that are made by combining two or more foods or ingredients.

## Instructions for Completing Recipe Forms

Purpose: To describe the types and amounts of ingredients used in preparing foods made from scratch or made by combining two or more foods or ingredients.

Location: A booklet of Recipe Forms (grey) is located behind the "Recipes" tab in the Menu Survey Folder. If you need more forms than are included in the booklet, make copies of the form and file the completed extra forms inside the Recipe Form booklet.

Notes:

- A Recipe Form is needed for every item that is prepared from scratch or prepared by combining two or more foods or ingredients. This includes all sandwiches and foods prepared or cooked with added butter, margarine, dressings, or other condiments.
- Some foods may need more than one Recipe Form. For example, for a tuna salad sandwich, you will need to use two Recipe Forms-one for the tuna salad mixture and one for the assembled tuna salad sandwich. The same is true for a brownie or cake with icing. See the sample completed Recipe Forms for an example of a situation where two Recipe Forms are needed.
- You may not have to fill out the Recipe Form if a printed copy of the recipe is available. See the special instructions later in this section.
- If the same recipe was prepared more than once during the target week, you only need to fill out a Recipe Form once and be sure to check the boxes at the top of the form to indicate which days of the week the recipe was served, unless the recipe is prepared differently on other days of the week. If variations of a recipe are used on different days, a separate Recipe Form is needed for each variation.
- Be sure to look at the sample completed Recipe Forms that are provided. Looking at these forms as you read the instructions will make it easier to understand what you need to do when filling out the form.


## How to Complete the Recipe Form

## Recipe/Food Name

Write the complete name of the recipe or food on the line provided in the upper right hand corner of the form. Please be sure that the name is clear enough that we will be able to match it up with the appropriate item on the Reimbursable Foods Form.

For recipes that are used in other recipe items, mention both recipes in the name. For example, "Tuna salad for tuna sandwich."

## Meal

Check the meal or meals in which the recipe/food item was offered.

## Day

Check the day or days of the target week on which the recipe/food was offered. Check "all" if the item is offered every day.

## Size of One Serving

Write the size of one individual serving, as offered to students. Include both the amount and unit of measure (Examples: 1/4 cup, 8 fluid ounces, 1 sandwich).

## Number of Servings Prepared

Please record the total number of individual servings prepared (recipe yield) in the space provided. For some items, such as sandwiches, the Recipe Form describes the ingredients or components of a single serving (Examples: 1 sandwich, 1 Chef's salad).

## Column A: Ingredient Name

List all foods and ingredients used to prepare the recipe/food. Remember to include all items used in food preparation, including seasonings and salt, as well as oils, butter, margarine, and other fats used in cooking.

## Column B: Amount in Recipe

For each item listed in Column A, write the amount used in Column B. Be sure to include information on both the amount and the unit of measure (Examples: 2 Tbsp, 6 oz, 5 cups, 7.5 gallons, 35 lbs$)$

Be sure to provide amount information on the form of the ingredient when it was measured. For example, was pasta or rice measured cooked or uncooked? Was meat measured raw or after cooking? Was the cheese sliced, cubed, shredded, or grated?

## Column C: Manufacturer/Brand Name and Product Code

If the ingredient or food listed in Column A is a commercially prepared food, list the manufacturer and/or brand name as well as the product code.

## Column D: Ingredient Description

For each item listed in Column A, use this column to provide details about the food or ingredient that will allow us to do an accurate nutrient analysis. Depending on the item, this may include information on:
$\checkmark$ type (whole wheat flour, brown rice, ground turkey, low-sodium tomato sauce)
$\checkmark$ form (fresh, frozen or canned vegetables, fruits, or meats)
$\checkmark$ cooking status (cooked, uncooked, dry, raw)
$\checkmark$ fat content (part-skim cheese, 1\% fat milk, fat-free mayonnaise)
$\checkmark$ whether whole grain-rich

See the sample completed forms for examples of ingredient descriptions.
Column E: USDA Food?
For ingredients in Column A that are donated USDA Foods, place a check mark in the box in Column E.

Column F: Recipe?
For ingredients in Column A that require a recipe, place a check mark in the appropriate box in Column F. Use these checkmarks to remind you to complete an additional Recipe Form.

Note: Recipes are needed for all items that are made by combining two or more foods or ingredients.

## If You Can Provide a Printed Copy of the Recipe...

Be sure to:

- Staple or clip a copy of the printed recipe to a blank Recipe Form in the booklet, and indicate on the Recipe Form the meal and days the recipe was used.
- Mark the recipe, as needed, to show how the recipe was prepared in your school, and make sure the name of the recipe matches the name used on the Reimbursable Foods Form.


## Make sure the recipe includes:

- Yield information: size of the serving and number of servings prepared.
- A complete description of all ingredients, including manufacturer and/or brand and product code for commercially prepared food products.
- An indication of any ingredients that are USDA Foods, for example, write "USDA" beside the ingredient name.


## Instructions for Completing Self-Serve/ Made-to-Order Bar Form

Purpose: To describe the ingredients included on self-serve bars such as salad bars, theme bars, and condiment bars, as well as made-to-order bars such as deli bars.

Location: A booklet of Self-Serve/Made-to-Order Bar Forms (lavender) is located behind the "Self-Serve Bars" tab in the Menu Survey Folder.

## Notes:

- A separate Self-Serve/Made-to-Order Bar Forms must be completed for each type of self-serve bar or made-to-order bar offered. If the same bar (with all the same foods/ingredients) was offered more than once during the target week, you only need to fill out one Self-Serve/Made-to-Order Bar Forms and indicate the days on which the bar was offered. If the foods/ingredients offered on the bar differ on other days of the week, a separate form is needed for each day they are different.
- Be sure to look at the sample completed Self-Serve/Made-to-Order Bar Forms that are provided. Looking at these forms as you read the instructions will make it easier to understand what you need to do when filling out the form.


## How to Complete the Self-Serve/Made-to-Order Bar Forms

## Name of Bar

Write the complete name of the self-serve/made-to-order bar on the line provided in the upper right hand corner of the form. Please be sure that the name is clear enough that we will be able to match it up with the same item on the Reimbursable Foods Form.

## Meal

Check the meal or meals in which the bar was offered during the target week.

## Day

Check the day or days of the target week on which the bar was offered. Check "all" if the bar (with all the same ingredients) is offered every day.

## Column A: Food Name

List all foods and ingredients offered on the bar. If you need additional lines, write the name of the bar and "continued" on a blank Self-Serve/Made-to-Order Bar Forms and list remaining foods/ingredients.

## Column B: Portion Size (if pre-portioned)

For pre-portioned items only, describe the size of one portion. This includes items such as baked potatoes, tortillas, packaged crackers, boxes of raisins, or packages of sunflower seeds. It also includes items that might be portioned out by cafeteria servers, such as pasta on a pasta bar, cold cuts on a deli bar, or meat and cheese items on a salad bar.

Be sure to include information on both the amount and the unit of measure. See the sample completed Self-Serve/Made-to-Order Bar Forms for examples.

## Column C: Manufacturer/Brand Name and Product

For commercially prepared food products, please record the manufacturer and/or brand name and a product code in Column C.

## Column D: Food Description

For each item listed in Column A, use this column to provide details about the food or ingredient that will allow us to do an accurate nutrient analysis. Depending on the item, this may include information on:
$\checkmark$ type ( $\mathbf{1 0 0 \%}$ whole grain bread, rye bread, graham cracker, cheddar cheese, low-sodium green beans, deli turkey)
$\checkmark$ form (fresh, frozen or canned vegetables or fruit)
$\checkmark$ cooking status (cooked, uncooked, dry, raw)
$\checkmark$ fat content (low-fat yogurt, reduced-fat sour cream, fat-free salad dressing)
$\checkmark$ whether whole grain-rich
See the sample completed forms for examples of ingredient descriptions.
Column E: USDA Food?
For foods in Column A that are donated USDA Foods, place a check mark in the box in Column E.

Column F: Recipe?
For foods in Column A that require a recipe, place a check mark in the appropriate box in Column F. Use these checkmarks to remind you to complete a Recipe Form.

Note: Recipes are needed for all items that are made by combining two or more foods or ingredients.

## Instructions for Completing the A La Carte Foods Checklist

Purpose: To identify foods and beverages your school offers on an a la carte basis at lunch and breakfast.

Location: The A La Carte Foods Checklist (pink paper) is located behind the "A La Carte" tab in the Menu Survey Folder.

## Notes:

- Complete the A La Carte Foods Checklist on the one day specified on the front of the Menu Survey Folder. Be sure to complete the checklist even if your school does not offer items on an a la carte basis, or if you sell only milk.
- Be sure to look at the sample completed A La Carte Foods Checklist that is provided.


## How to Complete the A La Carte Foods Checklist

1. Write the name of your school and the date on the first page of the form.
2. Answer Question 1. If your school does not offer any foods or beverages on an a la carte basis, check "No." You are done. If you check "Yes," please answer Questions 2 through 4 and go on to the next page.
3. Place a check mark in the box next to each food and beverage that was available for a la carte purchase on the specified day. This includes items that are sold only a la carte as well as components of a reimbursable meal that may be purchased a la carte. There are separate check boxes for lunch and breakfast.
4. Do not include foods and beverages sold in vending machines, snack bars, school stores, or food carts.
5. If a food or beverage is usually or sometimes available a la carte, but was not available on the specified day, do not check the box.
6. If your school had a la carte foods or beverages available on your specified day that are not included in the checklist, please write in the names of these foods and beverages under the appropriate category. Extra lines are available on the last page of the checklist, if necessary. Be sure to indicate whether each food or beverage was offered at breakfast and/or lunch.

## Instructions for Completing the NSLP Afterschool Snack Form

Purpose: To describe the foods and beverages offered in NSLP reimbursable afterschool snacks during the target week, and to provide information on the number of individual snack items prepared and served, as well as the total number of reimbursable snacks served to students.

Location: A booklet of NSLP Afterschool Snack Forms (green paper) is behind the "NSLP Afterschool Snacks" tab in the Menu Survey Folder.

Notes:

- Only include afterschool snacks offered through the National School Lunch Program (NSLP). If your school offers snacks and/or suppers through the Child and Adult Care Food Program (CACFP), you will complete the CACFP Afterschool Snack and Supper Forms.
- If your school offers reimbursable fruits and vegetables through the Fresh Fruit and Vegetable Program during the target week, do NOT include these fruits and vegetables on the NSLP Afterschool Snack Forms.
- Be sure to look at the sample completed NSLP Afterschool Snack Form that is provided. Looking at this sample as you read the instructions will make it easier to understand what you need to do when filling out the form.


## How to Complete the NSLP Afterschool Snack Form

On the front page of this booklet answer question 1 by indicating the days during the target week that NSLP afterschool snacks were offered. Complete one NSLP Afterschool Snack Form for each day snacks were offered.

This form is similar to the Reimbursable Foods Form. It includes columns for the food item, portion sizes, the number of portions prepared and served, and the food descriptions needed for an accurate nutrient analysis. You will also check if any item was a USDA Food or prepared from a recipe. Depending on how your afterschool program operates, you may need assistance from afterschool program staff to complete the columns for number of portions served.

## Day

Check the day of the target week for which this form is being completed.

## Number of Reimbursable Snacks Served Onsite

At the top of the form record the total number of reimbursable snacks served to students at your school that day.

## Column A: Food Item

You will use this column to identify foods and beverages offered in reimbursable snacks each day. Some foods are already listed for you. Others you will need to write in. In thinking about all the foods offered in your snacks each day and deciding which to include on this form, keep the following in mind:

## DO INCLUDE:

- All foods and beverages offered in NSLP reimbursable snacks (even if they may not count toward USDA meal pattern requirements).


## DO NOT INCLUDE:

- Foods and beverages that are offered only to adults.
- Foods and beverages that were planned for a given day, but not actually prepared/available that day.

When writing in foods that are not already listed on the form:

- Record foods in appropriate food group sections. Blank lines are provided at the end of each section for your entries.


## Column B: Portion Size

For each item offered in NSLP afterschool snacks, write the size of one individual serving, as offered to students. If the snack item is pre-packaged, list the actual package size or weight, not "1 package."

- Include both the amount and the unit of measure:

| Food Item | Amount | Unit |
| :--- | :---: | :---: |
| Banana, fresh | 1 | Medium |
| Orange juice | 6 | fl. oz |
| Granola bar | 1 | oz. |

- If a food or beverage is offered in more than one portion size (for different agegrade groups), list the food or beverage on separate lines and write in the different portion sizes.


## Example:

| A. | B. | c. |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Portion Size (Include Units) | Number of Portions |  |  |
|  |  |  | Onsite |  |
| Food Item |  | $\begin{aligned} & \text { Sent } \\ & \text { Off-Site } \end{aligned}$ | Reimbursable Prepared/ Available | Reimbursable Served |
| Orange juice | 6 fl.oz. | 0 | 50 | 25 |
| Orange juice | 8 fl.oz. | 0 | 50 | 50 |

## Column C: Number of Portions

## Sent Off-Site

For each snack item offered, enter the total number of portions, if any, that are sent offsite to be served at other schools or facilities.

## Number of Reimbursable Portions Prepared/Available

For each snack item, write in the number of reimbursable portions prepared or available to be served at your school. The number of reimbursable portions prepared/available should reflect the actual number of servings available for students to select as part of a reimbursable snack.

## Number of Reimbursable Portions Served

Also for each snack item, enter the number of reimbursable portions or individual items served to (or selected by) students as part of a reimbursable snack, excluding portions served to adults. If a menu item is prepared and available to students but no portions are served, be sure to enter a zero in this column.

You may need to ask the afterschool program staff for this information. You can also give the afterschool program staff a copy of the NSLP Afterschool Snack Form and ask them to complete this column.

## Column D: Manufacturer/Brand Name and Product Code

This column is used to provide information on the manufacturer, brand name, and product code of certain foods listed in Column A. We have shaded this column for prelisted foods that do not require manufacturer/brand name, or a product code. For all other commercially prepared food products you serve, please fill in the manufacturer/brand and product code information in Column D.

## Column E: Food Description

This column is used to describe foods so that an accurate nutrient analysis can be done. For most of the pre-listed items, you will need to check a box or write in a response. For example, for some foods you will be asked to check whether a food is regular, low-fat or fat-free, or if it is whole grain-rich or reduced-fat. For some foods you will be asked to specify the type or variety of the food, such as the type of crackers (graham, wheat, saltines, etc.), or the flavor of milk or yogurt.

It is especially important to complete this column for commercially prepared products and items that you add to the form. Please provide as complete a description of the item as possible. Depending on the item, this may include information on:
$\checkmark$ type (1\% milk; 100\% whole wheat bread; blueberry muffin)
$\checkmark$ form (fresh, frozen or canned vegetable or fruit)
$\checkmark$ flavor (chocolate milk, strawberry yogurt)
$\checkmark$ fat content (low-fat yogurt, or fat-free salad dressing)

## Column F: USDA Food?

For food items in Column A that are donated USDA Foods, place a check mark in the box in Column F.

## Column G: Recipe?

For foods in Column A that require a recipe, place a check mark in the appropriate box in Column G. Use these checkmarks to remind you to complete a Recipe Form or provide a printed recipe.

We have shaded this column for pre-listed foods that do not require recipes. If the column is not shaded, you may need a recipe, depending on the food. For example, for purchased pizza that is served as is, a recipe is not needed. For pizza that is prepared from scratch or is a modified version of a purchased product (for example, you added your own toppings), a recipe is needed.

Note: Recipes are needed for all items that are made by combining two or more foods or ingredients.

# Instructions for Completing the CACFP Afterschool Snack and Supper Form 

Purpose: To describe the foods and beverages offered in CACFP reimbursable afterschool snacks and suppers during the target week, and to provide information on the number of individual snack/supper items prepared and served, as well as the total number of reimbursable snacks/suppers served to students.

Location: A booklet of CACFP Afterschool Snack and Supper Forms (green paper) is behind the "CACFP Afterschool Snacks/Suppers" tab in the Menu Survey Folder.

## Notes:

- Only include afterschool snacks and suppers offered through the Child and Adult Care Food Program (CACFP). If your school offers snacks through the National School Lunch Program (NSLP), you will complete the NSLP Afterschool Snack Form.
- If your school offers reimbursable fruits and vegetables through the Fresh Fruit and Vegetable Program during the target week, do NOT include these fruits and vegetables on the CACFP Afterschool Snack and Supper Form.
- Be sure to look at the sample completed CACFP Afterschool Snack and Supper Form that is provided. Looking at this sample as you read the instructions will make it easier to understand what you need to do when filling out the form.


## How to Complete the CACFP Afterschool Snack and Supper Form

On the front page of this booklet answer question 1 by indicating the days during the target week that CACFP afterschool snacks and/or suppers were offered. Complete one CACFP Afterschool Snack and Supper Form for each day snacks and/or suppers were offered.

This form is similar to the Reimbursable Foods Form. It includes columns for the food item, portion sizes, the number of portions prepared and served, and the food descriptions needed for an accurate nutrient analysis. You will also check if any item was a USDA Food or prepared from a recipe. Depending on how your afterschool program operates, you may need assistance from afterschool program staff to complete the columns for number of portions served.

## Day

Check the day of the target week for which this form is being completed.

## Number of Reimbursable Snacks and/or Suppers Served Onsite

At the top of the form record the total number of CACFP reimbursable snacks and/or suppers served to students at your school that day.

## Column A: Food Item

You will use this column to identify foods and beverages offered in CACFP snacks and/or suppers each day. Some foods are already listed for you. Others you will need to write in. In thinking about all the foods offered in your snacks each day and deciding which to include on this form, keep the following in mind:

## DO INCLUDE:

- All foods and beverages offered in CACFP reimbursable snacks and/or suppers (even if they may not count toward USDA meal pattern requirements).


## DO NOT INCLUDE:

- Foods and beverages that are offered only to adults.
- Foods and beverages that were planned for a given day, but not actually prepared/available that day.

When writing in foods that are not already listed on the form:

- Record foods in their appropriate food group sections whenever possible. Blank lines are provided at the end of each section for your entries. A generous amount of additional space is provided at the end of the form for recording items that do not fit in the individual food group sections (for example, not enough blank lines for additional fruits), as well as items that belong in a food group that is not listed on the form.


## Column B: Portion Size

For each item offered in CACFP afterschool snacks or suppers, write the size of one individual serving, as offered to students. If the snack/supper item is pre-packaged, list the actual package size or weight, not " 1 package."

- Include both the amount and the unit of measure:

| Food Item | Amount | Unit |
| :--- | :---: | :---: |
| Banana, fresh | 1 | Medium |
| Orange juice | 6 | $\mathrm{fl} . \mathrm{Oz}$ |
| Granola bar | 1 | oz. |

- If a food or beverage is offered in more than one portion size (for different agegrade groups), list the food or beverage on separate lines and write in the different portion sizes.


## Example:

| A. | B. | C. |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Portion Size (Include Units) | Number of Portions |  |  |
|  |  |  | Onsite |  |
| Food Item |  | $\begin{aligned} & \text { Sent } \\ & \text { Off-Site } \end{aligned}$ | Reimbursable Prepared/ Available | Reimbursable Served |
| Orange juice | $6 \mathrm{fl} . \mathrm{oz}$ | 0 | 50 | 25 |
| Orange juice | $8 \mathrm{fl} . \mathrm{oz}$ | 0 | 50 | 50 |

## Column C: Number of Portions

## Sent Off-Site

For each snack/supper item offered, enter the total number of portions, if any, that are sent off-site to be served at other schools or facilities.

## Number of Reimbursable Portions Prepared/Available

For each snack/supper item offered, write in the number of reimbursable portions prepared or available. The number of reimbursable portions prepared should reflect the actual number of servings available for students at your school to select as part of a CACFP snack or supper. If an item is prepared/available for both a snack and supper, write the combined total.

## Number of Reimbursable Portions Served

Also for each snack item, enter the number of reimbursable portions or individual items served to (or selected by) students as part of a CACFP snack or supper, excluding portions served to adults. If a menu item is prepared and available to students but no portions are served, be sure to enter a zero in this column. If an item is served during both a snack and supper, write the combined total.

You may need to ask the afterschool program staff for this information. You can also give the afterschool program staff a copy of the CACFP Afterschool Snack and Supper Form and ask them to complete this column.

## Column D: Manufacturer/Brand Name and Product Code

This column is used to provide information on the manufacturer, brand name, and product code of certain foods listed in Column A. We have shaded this column for prelisted foods that do not require manufacturer/brand name, or a product code. For all other commercially prepared food products you serve, please fill in the manufacturer/brand and product code information in Column D.

## Column F: Food Description

This column is used to describe foods so that an accurate nutrient analysis can be done. For most of the pre-listed items, you will need to check a box or write in a response. For example, for some foods you will be asked to check whether a food is regular, low-fat or fat-free, or if it is whole grain-rich or reduced-fat. For some foods you will be asked to specify the type or variety of the food, such as the type of crackers (graham, wheat, saltines, etc.), or the flavor of milk or yogurt.

It is especially important to complete this column for commercially prepared products and items that you add to the form. Please provide as complete a description of the item as possible. Depending on the item, this may include information on:

```
    \(\checkmark\) type (1\% milk; 100\% whole wheat bread; blueberry muffin)
    \(\checkmark\) form (fresh, frozen or canned vegetable or fruit)
    \(\checkmark\) flavor (chocolate milk, strawberry yogurt)
    \(\checkmark\) fat content (low-fat yogurt, or fat-free salad dressing)
```


## Column G: USDA Food?

For food items in Column A that are donated USDA Foods, place a check mark in the box in Column G.

## Column G: Recipe?

For foods in Column A that require a recipe, place a check mark in the appropriate box in Column G. Use these checkmarks to remind you to complete a Recipe Form or provide a printed recipe.

We have shaded this column for pre-listed foods that do not require recipes. If the column is not shaded, you may need a recipe, depending on the food. For example, for purchased pizza that is served as is, a recipe is not needed. For pizza that is prepared from scratch or is a modified version of a purchased product (for example, you added your own toppings), a recipe is needed.

Note: Recipes are needed for all items that are made by combining two or more foods or ingredients.

## Instructions for Completing the Non-Reimbursable Foods Form

Purpose: To describe non-reimbursable foods and beverages that are prepared from a recipe or removed from their original packaging before serving, and to provide information on the number of portions of each item served during the target week.

Location: The Non-Reimbursable Foods Form (orange paper) is located behind the "Non-Reimbursable" tab in the Menu Survey Folder.

## Notes:

- You will use one Non-Reimbursable Foods Form for the whole week.
- Include foods sold in the cafeteria but NOT offered as part of a reimbursable meal or reimbursable snack AND foods sold in other venues that offer nonreimbursable foods only. Some examples of other venues are vending machines, snack bars, school stores, and food carts.
- Only include foods in venues that are supplied or stocked by foodservice and that are prepared from recipes or removed from their original packaging. Items that are commercially prepared and served in their original packaging will be recorded on another form (Non-Reimbursable Foods Inventory.)
- If your school serves ONLY non-reimbursable foods and beverages that are commercially prepared and sold in their original packaging, you do not need to complete this form.
- Be sure to look at the sample completed Non-Reimbursable Foods Form that is provided. Looking at this sample as you read the instructions will make it easier to understand what you need to do when filling out the form.


## How to Complete the Non-Reimbursable Foods Form

## Meal

At the top of the form, check the appropriate box or boxes to indicate whether the nonreimbursable recipe/food was offered during breakfast, lunch, and/or outside of meal periods. Foods may be offered outside of meal periods, just one time or throughout the day.

## Where Offered

Non-reimbursable foods may be sold on cafeteria serving lines or in other venues, such as vending machines, snack bars, school stores, or food carts or at another school or facility (off-site). Indicate the venues where the non-reimbursable food items listed on
this form are offered, checking all boxes that apply. If your school sells nonreimbursable foods in a venue that is not listed, check "Other," and write in the name of the venue.

## Column A: Food Name

Use this column to list non-reimbursable items that are prepared from recipes or that are removed from their original packaging. Include foods sold in the cafeteria but NOT offered as part of a reimbursable meal or reimbursable snack AND foods sold in other venues that offer non-reimbursable foods only.

## DO INCLUDE:

- All non-reimbursable foods that are prepared from recipes (for example, homemade baked goods, sandwiches, or smoothies).
- Non-reimbursable foods that are removed from their original packaging (for instance, a frozen pizza or burrito that is removed from the box and heated before it is served).


## DO NOT INCLUDE:

- Non-reimbursable foods sold in venues that are not supplied or stocked by foodservice.
- Commercially prepared non-reimbursable items that are sold in their original packaging. These items should only be recorded on the Non-Reimbursable Foods Inventory (see next section).


## Column B: Portion Size

For each non-reimbursable item, write the size of one individual serving, as offered. Include both the amount and the unit of measure.

- For items prepared from recipes, write the size of one individual serving (" $1 / 2$ cup" vanilla pudding) or simply the number of items offered ("1 sandwich," "2 pieces," or "1 each").
- For items that are packaged in bulk quantities, record the weight (oz.) of one serving from the package, Child Nutrition (CN), or Nutrition Facts label.
- If any items were packaged as individual portions-before the packaging was removed—record the actual package size or weight, not "1 package."
- If a food or beverage item is offered in more than one portion size, you will need to list the food twice (on separate lines) and write in both portion sizes for the item.

Example:

| A. <br> Food Name | B. <br> Portion Size <br> (Include Units) |
| :--- | :---: |
| Chocolate chip cookie, baked from recipe | 1 large cookie |
| Chocolate chip cookie, baked from recipe | 3 small cookies |
| Frozen individual pizza, heated | 4.8 oz |
| Bagel, cinnamon raisin | 2.5 oz |

## Column C: Recipe

If an item was prepared from a recipe, check the box in Column C. Use these checkmarks to remind you to complete a Recipe Form or provide a printed recipe. Remember that recipes are needed for all items that are made by combining two or more foods or ingredients.

## Column D: Manufacturer/Brand Name and Product Code

For commercially prepared foods that are not prepared from a recipe, please record the manufacturer and/or brand name and a product code (if available) in Column D. Below are examples of manufacturer/brand names and products codes for some foods.


## Column E: Food Description

For each item listed in Column A, use this column to provide details about the type or variety of the food. Please provide as complete a description of the item as possible. Depending on the item, this may include information on:
$\checkmark$ type ( $100 \%$ whole wheat bread, rye bread, blueberry muffin, unbreaded chicken patty, low-sodium green beans)
$\checkmark$ form (fresh, frozen or canned vegetable or fruit)
$\checkmark$ flavor (strawberry milk, oatmeal cookie, vanilla yogurt)
$\checkmark$ fat content (low-fat yogurt, reduced-fat sour cream, fat-free salad dressing
See the sample completed form for examples of food descriptions.

## Column F: Number of Portions

For each non-reimbursable food and beverage listed, record the number of portions
sent off-site, served onsite, leftover for later use, and wasted, each day of the target week.

## Sent Off-Site

For each item offered, enter the total number of portions, if any, that are sent off-site to be served at other schools or facilities. Include portions sent off-site on the day they are sent - it doesn't matter if they will be served on the same day or another day.

## Served Onsite

For each item offered, enter the number of non-reimbursable portions served onsite. Your production records may include this information; if not, you may need to talk to your SFA director about putting a procedure in place to record it for the target week. If an item is offered but not served, be sure to enter zero.

## Left Over for Later Use

Enter the number of non-reimbursable portions that were not served, but were saved to be served on a different day. For instance, this may include cookies prepared from a recipe that are wrapped in plastic wrap and may be offered the following day.

## Wasted

Enter the number of non-reimbursable portions that were not served and must be thrown out because they cannot be served on a different day. For instance, this may include frozen pizza that has already been removed from its package and heated.

If there are no portions to enter in a column, enter zero.

## Instructions for Completing the Non-Reimbursable Foods Inventory

Purpose: To describe and record inventory information for commercially prepared non-reimbursable foods and beverages that are served in their original packaging during the target week.

Location: The Non-Reimbursable Foods Inventory (red paper) is located behind the "Non-Reimbursable" tab in the Menu Survey Folder.

Notes:

- You will use one Non-Reimbursable Foods Inventory for the whole week.
- Include foods sold in the cafeteria but NOT offered as part of a reimbursable meal or reimbursable snack AND foods sold in other venues that offer nonreimbursable foods only.
- Only include foods sold in venues that are supplied or stocked by foodservice, and that are commercially prepared and served in their original packaging.
- Be sure to inventory foods and beverages that are non-perishable, refrigerated, and frozen. Take into account all items in storage areas, plus items that are already out for sale.
- Be sure to look at the sample completed Non-Reimbursable Foods Inventory that is provided. Looking at this sample as you read the instructions will make it easier to understand what you need to do when filling out the form.


## How to Complete the Non-Reimbursable Foods Inventory

## Meal

Check the appropriate box or boxes to indicate whether the non-reimbursable food or beverage was offered during breakfast, lunch, and/or outside of meal periods.

## Delivery Day(s)

Check the boxes for all days when your school's kitchen receives deliveries. If it is different every week, check the box on each day that your kitchen receives deliveries during the target week.

## Where Offered

Non-reimbursable foods may be sold on cafeteria serving lines or in other venues, such as vending machines, snack bars, school stores, or food carts or at another school or facility (off-site). Indicate the venues where the non-reimbursable food items listed on
this form are offered, checking all boxes that apply. If your school sells nonreimbursable foods in a venue that is not listed, check "Other," and write in the name of the venue.

## Column A: Food Name

Use this column to list commercially prepared non-reimbursable foods that are sold in their original packaging and that are supplied or stocked by foodservice. Include foods sold in the cafeteria but NOT offered as part of a reimbursable meal or reimbursable snack AND foods sold in other venues that offer non-reimbursable foods only.

## DO NOT INCLUDE:

- Non-reimbursable foods sold in venues that are not supplied or stocked by foodservice.
- Non-reimbursable items that are prepared from recipes or that are removed from their original packaging (for instance, a frozen pizza or burrito that is removed from the box and heated before it is served). These items should only be recorded on the Non-Reimbursable Foods Form (see previous section).

If a food item is available in different flavors AND the brand and package sizes are the same, you can group the items and list them only once.

Example:
A 12 fl. oz. Tropicana 100\% orange juice and 12 fl. oz. Tropicana $100 \%$ grapefruit juice can be listed together as "100\% juice" in Column A.

## Column B: Individual Package Size

For each food (including groups of foods) listed, write the size of the package, which represents one individual serving. The individual package size should include both the amount and the unit of measure. If a food or beverage item is available in more than one size, you will need to list the food twice (on separate lines) and write in both package sizes for that item.

## Column C: \# Individual Packages in Bulk Case

Also for each food, write the number of individual packages received in a bulk case.

## Example:

On the form below, two types of $100 \%$ juice are grouped together and recorded on the same (first) line. However, items with different package sizes or different brands must be written on separate lines:

| A. | B. | C. | D. |
| :---: | :---: | :---: | :---: |
| Food Name |  |  | Manufacturer/Brand Name |
| 100\% juice (orange, grapefruit) | 12 fl . oz. | 32 | Tropicana |
| 100\% juice, orange | 8 fl . oz. | 48 | Florida's Natural |
| 100\% juice, orange | 12 fl.oz. | 48 | Florida's Natural |

## Column D: Manufacturer/Brand Name

Please record the manufacturer and/or brand name, a product code (if available), and any other information from the package that might be helpful in identifying the item in Column D.

## Column E: Starting Onsite Inventory

For each food, provide the starting inventory. Include the number of items in the stock room, refrigerator, freezer, and other storage areas, plus the number of items already put out for sale.

## \# Full Bulk Cases

Write the number of full bulk cases that are in the foodservice inventory at the start of the week, after Monday deliveries have been received.

## \# Additional Individual Packages

Write the number of additional individual packages on hand that do not make up a full bulk case. For example, there may be 848 -carton bulk packages of orange juice, and 10 additional cartons left over from a bulk package that had already been opened.

## Column F: Deliveries Received and Sent Off-Site

For each item or group of items, record the number of full bulk cases and/or fractions of full cases (for example, $1 / 2$ or $21 / 2$ cases) that are received each day (Tuesday through Friday) of the target week and added to the amounts on hand that you recorded in Column E. If your school sends non-reimbursable items to another school or facility during the week, write in the number of bulk containers sent off-site in the columns provided.

Enter zeros on days when there are no deliveries or items sent off-site.

## Column G: Ending Onsite Inventory

For each item or group of items, provide the ending inventory. Include the number of items in the stock room, refrigerator, freezer, and other storage areas, plus the number
of items already put out for sale.

## \# Full Bulk Cases

Write the number of full bulk cases that remain in the foodservice inventory at the end of the week, after all deliveries and sales.

## \# Additional Individual Packages

Similarly, write the number of additional individual packages on hand at the end of the week.

Note: The Starting Onsite Inventory (Column E) + [Deliveries Received - Sent Off-Site (Column F)] - Ending Onsite Inventory (Column G) should represent the number of bulk cases/containers sold during the target week.

## Daily Meal Counts Form (Expanded)

School Name: $\qquad$ Date: $\qquad$

## Instructions:

1. In the boxes for the Number of Reimbursable Lunches Served and Number of Reimbursable Breakfasts Served, please record the number of free, reduced-price, and full-price reimbursable meals served in your school each day of the target week. Do not include meals for which you do not claim reimbursement, for example, second lunches sold to students on an a la carte basis.
2. Check if the number of reimbursable meals was much higher or lower than usual. If so, describe the reasons for this difference in the space provided.
3. At the bottom of the page, please record the total value of your non-reimbursable food sales by venue, including all student, adult, and other sales in venues supplied or stocked by foodservice only, for each day of the target week. If you do not keep venue-specific records, you may simply enter the total sales into the last column.

## Number of Reimbursable Lunches Served

| Free | Reduced- <br> Price | Full- <br> Price | FOR OFFICE <br> USE ONLY | Please check if the number of reimbursable lunches <br> served this day was much higher or lower than usual. |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Monday |  |  |  |  | $\square \rightarrow$ Reason: |
| Tuesday |  |  |  |  | $\square \rightarrow$ Reason: |
| Wednesday |  |  |  |  | $\square \rightarrow$ Reason: |
| Thursday |  |  |  |  | $\square \rightarrow$ Reason: |
| Friday |  |  |  |  | $\square \rightarrow$ Reason: |

Number of Reimbursable Breakfasts Served

|  | Free | Reduced- <br> Price | Full- <br> Price | FOR OFFICE <br> USE ONLY | Please check if the number of reimbursable <br> breakfasts served this day was much higher or lower <br> than usual. |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Monday |  |  |  |  | $\square \rightarrow$ Reason: |
| Tuesday |  |  |  |  | $\square \rightarrow$ Reason: |
| Wednesday |  |  |  |  | $\square \rightarrow$ Reason: |
| Thursday |  |  |  |  | $\square \rightarrow$ Reason: |
| Friday |  |  |  |  | $\square \rightarrow$ Reason: |

Total Non-Reimbursable Food Sales in Venues Supplied or Stocked by Foodservice

|  | Serving Line (A la Carte) | Snack Bar | Vending Machine | Food Cart | School Store | Other: | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Monday | \$ | \$ | \$ | \$ | \$ | \$ | \$ |
| Tuesday | \$ | \$ | \$ | \$ | \$ | \$ | \$ |
| Wednesday | \$ | \$ | \$ | \$ | \$ | \$ | \$ |
| Thursday | \$ | \$ | \$ | \$ | \$ | \$ | \$ |
| Friday | \$ | \$ | \$ | \$ | \$ | \$ | \$ |

OMB Control \# 0584-XXXX
SCHOOL NUTRITION AND MEAL COST STUDY Reimbursable Foods Form: Breakfast
NOTE: For instructions on completing this form, please refer to Instructions for the Menu Survey. this day?

Day: $\quad \square$ Mon $\quad \square$ Tue $\quad \square$ Wed $\quad \square$ Thu $\quad \square$ Fri

| A. | B. | c. |  |  |  |  |  | D. |  |  |  |  | E. | F. | G. | H. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Food Item |  | Number of Portions |  |  |  |  |  | Meal Pattern Contributions |  |  |  |  |  |  |  |  |
|  |  |  |  |  | Onsite |  |  | $\begin{aligned} & \overline{0} \\ & \frac{3}{\partial} \end{aligned}$ |  |  | $\begin{aligned} & \dot{\dot{O}} \\ & \dot{\sim} \\ & \text { 이 } \end{aligned}$ |  |  |  | \% |  |
|  |  | Total Prepared | $\begin{gathered} \text { Sent } \\ \text { Off-Site } \end{gathered}$ | Reimbursable Served | Served A La Carte or to Adults/Others | Left Over for Later Use | Wasted | 근 |  |  | $\begin{aligned} & \stackrel{n}{\pi N} \\ & \stackrel{⿺ 𠃊}{0} \end{aligned}$ | $\begin{aligned} & \frac{0}{0} \\ & \frac{1}{3} \end{aligned}$ | Manufacturer/Brand Name and Product Code (If Applicable) | Food Description | ¢ | $\stackrel{\sim}{\sim}$ |




[^0]| A． | B． | c． |  |  |  |  |  | D． |  |  |  |  | E． | F． | G | H． |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Food Item |  | Number of Portions |  |  |  |  |  | Meal Pattern Contributions |  |  |  |  |  |  |  |  |
|  |  |  |  |  | Onsite |  |  | $\begin{aligned} & \text { 历 } \\ & \text { 数 } \end{aligned}$ | $\begin{aligned} & \text { त } \\ & \text { 呂 } \\ & 0 \end{aligned}$ |  | $\begin{aligned} & \hat{\dot{O}} \\ & \dot{\mathcal{O}} \end{aligned}$ |  |  |  |  |  |
|  |  | Total Prepared | $\begin{gathered} \text { Sent } \\ \text { Off-Site } \end{gathered}$ | Reimbursable Served | Served A La Carte or to Adults／Others | Left Over for Later Use | Wasted | $\overline{3}$ | $\begin{aligned} & \text { 巳巳 } \\ & \stackrel{0}{8} \\ & 0 \stackrel{0}{0} \end{aligned}$ |  |  | $\begin{aligned} & \frac{0}{0} \\ & \frac{1}{3} \end{aligned}$ | Manufacturer／Brand Name and Product Code （If Applicable） | Food Description |  | $\stackrel{\text { ¢ }}{\sim}$ |
| JUICES（Note：Prelisted entries should be used only for full－strength（100\％）fruit and vegetable juice．List fruit drinks in the＇Other Menu ltems＇section．） |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Apple juice | fl oz． |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ Vitamin C added $\square$ Calcium added | $\square$ |  |
| Grape juice | fl oz． |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ Vitamin C added $\square$ Calcium added | $\square$ |  |
| Orange juice | fl oz． |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ Vitamin C added $\square$ Calcium added | $\square$ |  |
|  | fl oz． |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |



## COLD CEREALS

| Apple Jacks | oz． |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cheerios，plain | oz． |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ |  |
| Cheerios，Honey Nut | oz． |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ |  |
| Cinnamon Toast Crunch | oz． |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ |  |
| Cocoa Krispies | oz． |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ |  |
| Cocoa Puffs | oz． |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ |  |
| Froot Loops | oz． |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ |  |
| Frosted Flakes | oz． |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ |  |
| Frosted Mini Wheats | oz． |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ |  |
| Golden Grahams | oz． |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ |  |
| Kix | oz． |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ |  |
| Lucky Charms | oz． |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ |  |
| Raisin Bran | oz． |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ |  |
| Rice Krispies | oz． |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ |  |
| Special K | oz． |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ |  |
| Trix | oz． |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ |  |
|  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |

Prepared by Mathematica Policy Research and Abt Associates．


[^1]

| A. | B. | c. |  |  |  |  |  | D. |  |  |  |  | E. | F. | G. | H. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Number of Portions |  |  |  |  |  | Meal Pattern Contributions |  |  |  |  | Manufacturer/Brand Name and Product Code (If Applicable) | Food Description |  |  |
|  |  | Total Prepared | $\begin{gathered} \text { Sent } \\ \text { Off-Site } \end{gathered}$ | Onsite |  |  |  |  |  |  |  |  |  |  |  |  |
| Food Item |  |  |  | Reimbursable Served | Served A La Carte or to Adults/Others | Left Over for Later Use | Wasted |  |  |  |  |  |  |  |  |  |
| CONDIMENTS |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Self-serve condiments or fixins' bar | 1 serving |  |  |  |  |  |  |  |  |  |  |  | Please list all ingredients on SELF-SERVE/MADE-TO-ORDER BAR FORM |  | $\square$ | $\square$ |
| Butter |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |
| Cream cheese |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ Reg $\square$ Red. fat $\square$ Light $\square$ Fat-free | $\square$ |  |
| Gravy |  |  |  |  |  |  |  |  |  |  |  |  |  | $\qquad$ | $\square$ | $\square$ |
| Honey |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |
| Jelly |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ Sugar-free | $\square$ |  |
| Ketchup |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |
| Margarine |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |
| Salsa |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ Low sodium | $\square$ | $\square$ |
| Syrup |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ Sugar-free | $\square$ |  |
|  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |


| A. | B. | c. |  |  |  |  |  | D. |  |  |  |  | E. | F. | G. | H. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Food Item | Portion Size (Include Units) | Number of Portions |  |  |  |  |  | Meal Pattern Contributions |  |  |  |  | Manufacturer/Brand Name and Product Code (If Applicable) | Food Description |  | ¢ |
|  |  | Total Prepared | $\begin{gathered} \text { Sent } \\ \text { Off-Site } \end{gathered}$ | Onsite |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  | Reimbursable Served | Served A La Carte or to Adults/Others | Left Over for Later Use | Wasted |  |  |  |  |  |  |  |  |  |
| OTHER MENU ITEMS |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |

OMB Control \# 0584-XXXX
Expiration Date: $\mathrm{XX} / \mathrm{XX} / 20 \mathrm{XX}$

SCHOOL NUTRITION AND MEAL COST STUDY Reimbursable Foods Form: Lunch

Reimbursable Meal Counts
How many reimbursable student lunches did you plan to serve at your school this day?

How many reimbursable student lunches did you serve at your school this day?

Date: $\qquad$

Day: $\quad \square$ Mon $\quad \square$ Tue
——
$\square$ Wed
$\square$ Thu
$\square$ Fri
School Name:


| A． | B． | C． |  |  |  |  |  | D． |  |  |  |  |  |  |  |  | E． | F． | G． | H． |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Food Item | Portion Size （Include Units） | Number of Portions |  |  |  |  |  |  | Meal Pattern Contributions |  |  |  |  |  |  |  | anufacturer／BrandName and ProductCode（If Applicable） $\quad \begin{aligned} & \\ & \end{aligned}$ |  | ¢ |  |
|  |  |  |  |  |  |  |  |  | egeta | bles | cups |  | 灾 |  |  |  |  |  |  |
|  |  |  |  | Onsite |  |  |  |  | － | 号 | $\stackrel{\text { ¢ }}{ }$ | 를 |  |  | ¢ | E. |  |  |  |
|  |  | Total Prepared | $\begin{gathered} \text { Sent } \\ \text { Off-Site } \end{gathered}$ | $\begin{gathered} \text { Reimbursable } \\ \text { Served } \end{gathered}$ | Served A La Carte or to Adults／Others | Left Over for Later Use | Wasted |  | $\begin{aligned} & \text { 늧 } \\ & \text { In } \end{aligned}$ | $\begin{aligned} & \text { 읗 } \\ & \text { 区 } \end{aligned}$ | 言 | 需 | 末̄ |  | 皆 | $\frac{0}{\frac{0}{3}}$ |  |  | ¢ |
| FRUIT（Note：Prelisted entries should be used only for fruit that is served as purchased．If anything is added before serving，list as separate item and complete a RECIPE FORM．） |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Apple，fresh |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |
| Applesauce，canned | cup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ Sweetened $\square$ Unsweetened |  | $\square$ |  |
| Apricots，canned | cup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ Heavy syrup $\square$ Light syrup $\square$ Extra light syrup $\square$ Juice $\square$ Water | $\square$ |  |
| Banana，fresh |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |
| Fruit cocktail，canned | cup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ Heavy syrup $\square$ Light syrup $\square$ Extra light syrup $\square$ Juice $\square$ Water | $\square$ |  |
| Grapes，fresh | cup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |
| Orange，fresh |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |
| Peaches，canned | cup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ Heavy syrup $\square$ Light syrup $\square$ Extra light syrup $\square$ Juice $\square$ Water | $\square$ |  |
| Pears，fresh |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |
| Pears，canned | cup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ Heavy syrup $\square$ Light syrup $\square$ Extra light syrup $\square$ Juice $\square$ Water | $\square$ |  |
| Pineapple，canned | cup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ Heavy syrup $\square$ Light syrup <br> $\square$ Extra light syrup $\square$ Juice <br> $\square$ Water | $\square$ |  |
| Raisins | oz． |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |


| A． | B． | c． |  |  |  |  |  | D． |  |  |  |  |  |  |  |  | E． | F． | G． | H． |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Number of Portions |  |  |  |  |  | Meal Pattern Contributions |  |  |  |  |  |  |  |  | Manufacturer／Brand Name and Product Code （If Applicable） | Food Description |  |  |
|  |  |  |  |  |  |  |  |  | Vegetables（cups） |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  | Onsit |  |  |  | ¢ |  |  |  |  |  |  |  |  |  |  |  |
| Food Item | Portion Size （Include Units） | Total Prepared | $\begin{gathered} \text { Sent } \\ \text { Off-Site } \\ \hline \end{gathered}$ | $\begin{gathered} \text { Reimbursable } \\ \text { Served } \end{gathered}$ | Served A La Carte or to Adults／Others | Left Over for Later Use | Wasted |  | $\begin{aligned} & \text { O } \\ & \text { 늫 } \end{aligned}$ | $\begin{aligned} & \text { 흫 } \\ & \text { 区्x } \end{aligned}$ | 言 |  | 砉 |  |  |  |  |  |  | ¢ |

JUICES（Note：Prelisted entries should be used only for full－strength（ $100 \%$ ）fruit and vegetable juice．Fruit drinks are included in＇Desserts，Drinks，and Snacks’ section．）

| Apple juice | fl oz． |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Vitamin C added Calcium added |  | $\square$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Grape juice | fl oz． |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Vitamin C added Calcium added |  | $\square$ |  |
| Orange juice | $\mathrm{fl} \mathrm{oz}$. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Vitamin C added Calcium added |  | $\square$ |  |
| Frozen juice cup／bar | fl oz． |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Specify flavor： |  | $\square$ |  |
|  | fl oz． |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  |  | $\square$ | $\square$ |
|  | fl oz． |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  |  | $\square$ | $\square$ |

VEGETABLES（Note：If beans or peas are being counted as a meat alternate，enter them in the＂Other Entrees and Meat／Meat Alternates＂section．）

| Baked beans | cup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ Vegetarian $\square$ With pork | $\square$ | $\square$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Beans，green | cup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ Fresh $\square$ Frozen $\square$ Canned $\square$ Low sodium $\square$ Fat added，specify type： | $\square$ |  |
| Broccoli，cooked | cup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ Fresh $\square$ Frozen $\square$ Canned $\square$ Low sodium $\square$ Fat added，specify type： | $\square$ |  |
| Broccoli，raw | cup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | If offered，list dip as RECIPE FORM | separate item（s）or complete a | $\square$ | $\square$ |
| Carrots，cooked | cup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ Fresh $\square$ Frozen $\square$ Canned $\square$ Low sodium $\square$ Fat added，specify type： | $\square$ |  |
| Carrots，raw | cup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | If offered，list dip as RECIPE FORM | separate item（s）or complete a | $\square$ | $\square$ |
| Celery，raw | cup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | If offered，list dip as RECIPE FORM | separate item（s）or complete a | $\square$ | $\square$ |
| Corn，kernels | cup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ Fresh $\square$ Frozen $\square$ Canned $\square$ Low sodium $\square$ Fat added，specify type： | $\square$ |  |
| Cucumber，raw | cup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | If offered，list dip as RECIPE FORM | separate item（s）or complete | $\square$ | $\square$ |

Prepared by Mathematica Policy Research and Abt Associates．


| A. | B. | c. |  |  |  |  |  | D. |  |  |  |  |  |  |  |  | E. | F. | G. | H. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\begin{gathered} \text { Portion Size } \\ \text { (Include } \\ \text { Units) } \\ \hline \end{gathered}$ | Total Prepared | $\begin{gathered} \text { Sent } \\ \text { Off-Site } \end{gathered}$ | Number of Portions |  |  |  | $\begin{aligned} & \frac{\bar{\omega}}{\stackrel{0}{3}} \\ & \stackrel{\rightharpoonup}{e} \end{aligned}$ | Meal Pattern Contributions |  |  |  |  |  |  |  | Manufacturer/Brand Name and Product Code (If Applicable) | Food Description | ¢¢¢¢¢ | $\xrightarrow{\text { ¢ }}$ |
|  |  |  |  |  |  |  |  |  | get | bes | (cups) |  | 亏¢ |  |  |  |  |  |  |
|  |  |  |  | Onsite |  |  |  |  | ¢ | థ్ల | $\stackrel{\text { ¢ }}{ }$ |  |  | $\sum_{j}^{\stackrel{\rightharpoonup}{0}}$ | $\begin{aligned} & \dot{\circ} \\ & \dot{\circ} \end{aligned}$ |  |  |  |  |  |
| Food Item |  |  |  | $\begin{gathered} \text { Reimbursable } \\ \text { Served } \end{gathered}$ | Served A La Carte or to Adults/Others | Left Over for Later Use | Wasted |  | $\stackrel{\text { L }}{5}$ | $\begin{aligned} & \text { O} \\ & \text { O} \\ & \hline 0 \end{aligned}$ | $\stackrel{\text { ¢ }}{ }$ | ※゙¢ | ㅎ |  |  | $\frac{\stackrel{2}{0}}{\frac{0}{3}}$ |  |  |  |  |
| SANDWICHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheeseburger | 1 sandwich |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
| Chicken filet or breast (not breaded) | 1 sandwich |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
| Chicken patty (breaded) | 1 sandwich |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
| Fish sandwich | 1 sandwich |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  | $\square$ Breaded | $\square$ | $\square$ |
| Grilled cheese | 1 sandwich |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
| Ham and cheese | 1 sandwich |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
| Hamburger | 1 sandwich |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
| Hot dog | 1 sandwich |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  | Beef or pork Chicken or turkey | $\square$ | $\square$ |
| Italian sub | 1 sandwich |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
| Peanut butter \& jelly | 1 sandwich |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
| Rib, barbeque | 1 sandwich |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
| Sloppy joe | 1 sandwich |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  | $\square$ Beef $\quad \square$ Pork $\square$ Chicken or turkey | $\square$ | $\square$ |
| Turkey | 1 sandwich |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
| Tuna salad | 1 sandwich |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
| Veggie burger | 1 sandwich |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  | 1 sandwich |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  | 1 sandwich |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  | 1 sandwich |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  | 1 sandwich |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  | 1 sandwich |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |

[^2]| A. | B. | c. |  |  |  |  |  | D. |  |  |  |  |  |  |  |  | E. | F. | G. | H. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Portion Size (Include Units) | Total Prepared | $\begin{gathered} \text { Sent } \\ \text { Off-Site } \\ \hline \end{gathered}$ | Number of Portions |  |  |  | 흔言른 | Meal Pattern Contributions |  |  |  |  |  |  |  | Manufacturer/Brand Name and Product Code (If Applicable) | Food Description | 䮩 | ¢ |
|  |  |  |  |  |  |  |  |  | ege | ble | cup |  |  |  |  |  |  |  |  |
|  |  |  |  | Onsite |  |  |  |  |  |  |  | $\begin{aligned} & \text { 를 } \\ & \text { en } \\ & \text { in } \end{aligned}$ |  |  |  | $\begin{aligned} & \stackrel{\varrho}{0} \\ & \stackrel{y}{ \pm} \end{aligned}$ |  |  |  |  |
| Food Item |  |  |  | $\begin{gathered} \text { Reimbursable } \\ \text { Served } \end{gathered}$ | Served A La Carte or to Adults/Others | Left Over for Later Use | Wasted |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ENTRÉE SALADS (Note: List all dressings as separate items) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chef's salad | 1 salad |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
| Chicken Caesar salad | 1 salad |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  | 1 salad |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  | 1 salad |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  | 1 salad |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  | 1 salad |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  | 1 salad |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  | 1 salad |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  | 1 salad |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |

## SELF-SERVE/MADE-TO-ORDER ENTRÉE BARS



[^3]| A. | B. | c. |  |  |  |  |  | D. |  |  |  |  |  |  |  |  | E. | F. | G. | H. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\begin{gathered} \text { Portion Size } \\ \text { (Include } \\ \text { Units) } \\ \hline \end{gathered}$ | Number of Portions |  |  |  |  |  |  | Meal Pattern Contributions |  |  |  |  |  |  |  | Manufacturer/Brand Name and Product Code (If Applicable) | Food Description | ¢\%¢¢¢ |  |
|  |  |  |  |  |  |  |  |  | egeta | bles | (cups) |  |  |  |  | ¢ |  |  |  |
|  |  | Onsite |  |  |  |  |  |  |  |  |  | 른inin |  |  |  |  |  |  |  |  |
| Food Item |  | Total Prepared | $\begin{gathered} \text { Sent } \\ \text { Off-Site } \\ \hline \end{gathered}$ | $\begin{gathered} \text { Reimbursable } \\ \text { Served } \end{gathered}$ | Served A La Carte or to Adults/Others | Left Over for Later Use | Wasted |  |  |  |  |  |  |  |  |  |  |  |  |  |
| OTHER ENTREES AND MEAT/MEAT ALTERNATES Please note in Column A if any items in this section were offered only with a particular entrée or meat/meat alternate (for example, Cheese with peanut butter sandwich, or Yogurt with grilled cheese sandwich). |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Beans or peas (Specify type) | cup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ From dry $\quad \square$ Canned $\square$ Low sodium $\square$ Fat added, specify type: | $\square$ | $\square$ |
| Burrito | oz. |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  | $\square$ Bean $\square$ Beef <br> $\square$ Chicken $\square$ Cheese | $\square$ | $\square$ |
| Cheese (string cheese or cubes) | oz. |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  | $\square$ Reduced-fat | $\square$ |  |
| Cheese breadstick or pizza stick | oz. |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  | $\square$ Reduced-fat Specify fillings: | $\square$ | $\square$ |
| Chicken nuggets (breaded) | ea. |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  | $\square$ Oven-baked <br> Weight of each <br> nugget: $\square$ Deep-fried <br> oz. | $\square$ |  |
| Chicken strips (not breaded) | oz. |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ |  |
| Chicken patty (not sandwich) | oz. |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  | $\square$ Oven-baked $\square$ Deep-fried | $\square$ |  |
| Chicken piece(s) (Specify part) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  | $\square$ Breaded $\square$ With skin <br> $\square$ Oven-baked $\square$ Deep-fried | $\square$ | $\square$ |
| Corndog | oz. |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  | $\begin{array}{\|l\|} \hline \square \text { Beef or pork } \\ \square \text { Chicken or turkey } \\ \hline \end{array}$ | $\square$ |  |
| Fish sticks or nuggets | ea. |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  | $\square$ Oven-baked $\square$ Deep-fried $\square$ Breaded Weight of each nugget/stick: $\quad$ oz. | $\square$ |  |
| Macaroni and cheese | cup |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
| Nachos | oz. |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
| Peanut butter | oz. |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  | $\square$ Reduced-fat | $\square$ |  |
| Pizza, cheese | oz. |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  | $\square$ Reduced-fat | $\square$ | $\square$ |
| Pizza, pepperoni | oz. |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  | $\square$ Reduced-fat | $\square$ | $\square$ |
| Pizza, sausage | oz. |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  | $\square$ Reduced-fat | $\square$ | $\square$ |
| Pizza, vegetarian | oz. |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  | $\square$ Reduced-fat Specify toppings: | $\square$ | $\square$ |

[^4]| A． | B． | c． |  |  |  |  |  | D． |  |  |  |  |  |  |  |  | E． | F． | G．${ }^{\text {H }}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| （ A． | Portion Size （Include Units） | Number of Portions |  |  |  |  |  | $\begin{aligned} & \text { 镸 } \\ & \text { 至 } \\ & \text { 咅 } \end{aligned}$ | Meal Pattern Contributions |  |  |  |  |  |  |  | Manufacturer／Brand Name and Product Code <br> （If Applicable） | Food Description | ¢ |  |
|  |  |  |  |  |  |  |  | Vegetables（cups） |  |  |  |  |  |  |  |
|  |  | Onsite |  |  |  |  |  |  |  |  |  | \％ | － | $\stackrel{\text { ¢ }}{ }$ | 즐 | \％ |  |  |  |  |
|  |  | $\begin{gathered} \text { Total } \\ \text { Prepared } \\ \hline \end{gathered}$ | $\begin{gathered} \text { Sent } \\ \text { Off-Site } \\ \hline \end{gathered}$ | $\begin{gathered} \text { Reimbursable } \\ \text { Served } \end{gathered}$ | Served A La Carte or to Adults／Others | Left Over for Later Use | Wasted |  |  |  |  | 吂 | $\begin{aligned} & \text { O} \\ & \text { O} \\ & \text { ox } \end{aligned}$ | 苛 | \％ | \％ |  |  |  | － |
| Pizza pocket | oz． |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  | $\square$ Reduced－fat Specify filling： | $\square$ |  |
| Stir fry with rice or noodles | cup |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
| Spaghetti with sauce | cup |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  | $\square$ Meat sauce $\square$ Marinara sauce | $\square$ | $\square$ |
| Taco |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  | $\square$ Hard shell $\square$ Soft tortilla <br> $\square$ Bean $\square$ Beef <br> $\square$ Chicken $\square$ Cheese | $\square$ | $\square$ |
| Yogurt | oz． |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  | $\square$ Regular $\quad \square$ Low－fat $\square$ Fat－free $\square$ Light Specify flavors： | $\square$ |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |

 If all breads and grains were available with any entrée or meat／meat alternate，check here $\square$ ．


[^5]| A. | B. | c. |  |  |  |  |  | D. |  |  |  |  |  |  |  |  | E. | F. | G. |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| \| | $\begin{array}{\|c} \begin{array}{c} \text { Portion Size } \\ \text { (Include } \\ \text { Units) } \end{array} \\ \hline \end{array}$ | Number of Portions |  |  |  |  |  | Meal Pattern Contributions |  |  |  |  |  |  |  |  | Manufacturer/Brand Name and Product Code (If Applicable) $\qquad$ | Food Description |  |  |
|  |  |  |  |  |  |  |  |  | Vegetables (cups) |  |  |  |  |  |  |  |  |  |  | H. <br>  |
|  |  | Total Prepared | $\begin{gathered} \text { Sent } \\ \text { Off-Site } \end{gathered}$ | Onsite |  |  |  |  |  |  |  | $\begin{aligned} & \text { 릉 } \\ & \text { 융 } \end{aligned}$ |  |  |  |  |  |  |  |  |
|  |  |  |  | $\begin{array}{\|c} \begin{array}{c} \text { Reimbursable } \\ \text { Served } \end{array} \\ \hline \end{array}$ | Served A La Carte or to Adults/Others | Left Over for Later Use | Wasted |  |  |  |  |  |  |  |  |  |  |  |  |  |
| DESSERTS, DRINKS, AND SNACKS OFFERED AS PART OF A REIMBURSABLE MEAL |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Brownie |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  | $\square$ Icing | $\square$ | $\square$ |
| Cake |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  | Specify type: | $\square$ | $\square$ |
| Cookie | oz. |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  | Specify type: | $\square$ | $\square$ |
| Fruit crisp or cobbler |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  | Specify type: | $\square$ | $\square$ |
| Fruit drink (less than 100\% juice) | fl oz. |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  | Specify type: | $\square$ |  |
| Fruit turnover | oz. |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  | Specify type: | $\square$ | $\square$ |
| Gelatin | cup |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  | With fruit With whipped topping | $\square$ | $\square$ |
| Potato chips | oz. |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  | $\square$ Reduced-fat $\square$ Baked | $\square$ |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
| SALAD DRESSINGS |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Caesar dressing |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ Reg $\square$ Light $\square$ Red. calorie $\square$ Fat-free | $\square$ | $\square$ |
| French dressing |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ Reg $\square$ Light $\square$ Red. calorie $\square$ Fat-free | $\square$ | $\square$ |
| Honey mustard dressing |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ Reg $\square$ Light $\square$ Red. calorie $\square$ Fat-free | $\square$ | $\square$ |
| Italian dressing |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ```\| Reg }\square\mathrm{ Light }\square\mathrm{ Red. calorie``` | $\square$ | $\square$ |
| Ranch dressing |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\begin{aligned} & \square \text { Reg } \square \text { Light } \square \text { Red. calorie } \\ & \square \text { Fat-free } \end{aligned}$ | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\qquad$ <br> Reg $\square$ Light $\square$ Red. calorie Fat-free | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\begin{aligned} & \square \text { Reg } \square \text { Light } \square \text { Red. calorie } \\ & \square \text { Fat-free } \end{aligned}$ | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ```Reg \(\square\) Light \(\square\) Red. calorie Fat-free``` | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Reg $\square$ Light $\square$ Red. calorie Fat-free | $\square$ | $\square$ |


| A． | B． | c． |  |  |  |  |  | D． |  |  |  |  |  |  |  |  | E． | F． | G． | H． |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Portion Size （Include Units） | Total Prepared | $\begin{gathered} \text { Sent } \\ \text { Off-Site } \\ \hline \end{gathered}$ | Number of Portions |  |  |  |  | Meal Pattern Contributions |  |  |  |  |  |  |  | Manufacturer／Brand Name and Product Code （If Applicable） | Food Description | 䭘 |  |
|  |  |  |  |  |  |  |  |  | egeta | bles | （cups） |  |  |  |  |  |  |  |  |
|  |  |  |  | Onsite |  |  |  |  | ¢ |  | ¢ |  |  | $\sum_{\substack{\mathrm{w}}}^{\stackrel{\rightharpoonup}{\omega}}$ | $\begin{aligned} & \dot{\oplus} \\ & \dot{\circ} \\ & \dot{O} \end{aligned}$ |  |  |  |  |  |
| Food Item |  |  |  | Reimbursable Served | Served A La Carte or to Adults／Others | Left Over for Later Use | Wasted |  | $\begin{aligned} & 0 \\ & \text { 爫 } \\ & \hline \end{aligned}$ | $\begin{aligned} & \text { 흠 } \\ & \text { 웅 } \end{aligned}$ | $\begin{aligned} & \text { 肆 } \end{aligned}$ |  | 志 |  |  | $\begin{aligned} & \text { o울 } \\ & \frac{0}{3} \end{aligned}$ |  |  |  |  |
| CONDIMENTS |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Self－serve condiments or fixins＇bar | 1 serving |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Please list all ingredients on SELF－SERVE／ MADE－TO－ORDER BAR FORM |  | $\square$ | $\square$ |
| Barbeque sauce |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |
| Butter |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |
| Cream cheese |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ Reg $\square$ Red．fat $\square$ Low－fat $\square$ Fat－free | $\square$ |  |
| Gravy |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ Reg $\square$ Red．fat $\square$ Low－fat $\square$ Fat－free | $\square$ | $\square$ |
| Honey |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |
| Hot sauce |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |
| Jalapeno peppers |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |
| Jelly |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ Sugar－free | $\square$ |  |
| Ketchup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |
| Margarine |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |
| Mayonnaise |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ Reg $\square$ Red．fat $\square$ Low－fat $\square$ Fat－free | $\square$ |  |
| Mustard |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |
| Pickles，slices |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |
| Ranch dip |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ Reg $\square$ Red．fat $\square$ Low－fat $\square$ Fat－free | $\square$ | $\square$ |
| Relish |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |
| Salsa |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ Low sodium | $\square$ | $\square$ |
| Sour cream |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ Reg $\square$ Red．fat $\square$ Low－fat $\square$ Fat－free | $\square$ |  |
| Syrup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ Sugar－free | $\square$ |  |
| Tartar sauce |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ Reg $\square$ Red．fat $\square$ Low－fat $\square$ Fat－free | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |


|  | B． | c． |  |  |  |  |  | D． |  |  |  |  |  |  |  |  | E． | F． | G． | H． |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| A． | Portion Size （Include Units） | Total Prepared | $\begin{gathered} \text { Sent } \\ \text { Off-Site } \end{gathered}$ | Number of Portions |  |  |  |  | Meal Pattern Contributions |  |  |  |  |  |  |  | Manufacturer／Brand Name and Product Code （If Applicable） | Food Description | ¢ |  |
|  |  |  |  |  |  |  |  |  | eget | bles | cups |  | $\bigcirc$ |  |  |  |  |  |  |
|  |  |  |  |  | Onsite |  |  |  | 区 | $\begin{aligned} & \text { © } \\ & \text { © } \\ & \hline \end{aligned}$ | ¢ |  |  |  | $\begin{aligned} & \dot{\oplus} \\ & \dot{\oplus} \\ & \dot{O} \end{aligned}$ |  |  |  |  |  |
| Food Item |  |  |  | $\begin{gathered} \text { Reimbursable } \\ \text { Served } \end{gathered}$ | Served A La Carte or to Adults／Others | Left Over for Later Use | Wasted |  | 咅 | $\begin{aligned} & \text { 읗 } \\ & \text { (1) } \end{aligned}$ | 『্ত | \％ | \％ |  |  |  |  |  |  | － |
| OTHER MENU ITEMS |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |
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|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  | $\square$ | $\square$ |

## Recipe Form (Expanded)

NOTE: For instructions on completing this form, please refer to the Instructions for the Menu Survey.


Page 1

## Onsite Self-Serve / Made-to-Order Bar Form (Expanded)

School Name: $\qquad$ Date: $\qquad$ Name of Bar: $\qquad$
Day: $\square$ Mon
$\square$ Tue
$\square$ Wed
$\square$ Thu
$\square$ Fri
Meal:Breakfast
$\square$ Lunch

| A. | B. | C. |  |  |  | D. | E. | F. | G. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Food Name | Portion Size (If PrePortioned; Include Units) | Production Information |  |  |  | Manufacturer/ Brand Name and Product Code (If Applicable) | Food Description |  |  |
|  |  | Amount at Beginning | Amount Added | Amount Left Over for Later Use | Amount Wasted |  |  |  |  |
|  |  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  | $\square$ | ㅁ |
|  |  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  | $\square$ | ㅁ |
|  |  |  |  |  |  |  |  | $\square$ | $\square$ |

If more ingredients are present on the bar, please continue to next page.

| A. | B. | C. |  |  |  | D. | E. | F. | G. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Food Name | Portion Size (If PrePortioned; Include Units) | Production Information |  |  |  | Manufacturer/ Brand Name and Product Code (If Applicable) | Food Description |  | O. <br> O <br> 0 <br> ¢ <br> ¢ |
|  |  | Amount at Beginning | Amount Added | Amount <br> Left Over | Amount Wasted |  |  |  |  |
|  |  |  |  |  |  |  |  | $\square$ | 口 |
|  |  |  |  |  |  |  |  | $\square$ | ㅁ |
|  |  |  |  |  |  |  |  | $\square$ | ㅁ |
|  |  |  |  |  |  |  |  | $\square$ | ㅁ |
|  |  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  | $\square$ | 口 |
|  |  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  |  | $\square$ | $\square$ |

## Self-Serve/Made-to-Order Bar Form (Expanded)

NOTE: For instructions on completing this form, please refer to the Instructions for the Menu Survey.

| School Name: |  | Name of Bar: |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Meal: 1■Breakfast | $2 \square$ Lunch | Day: $1 \square$ All | ${ }_{2} \square$ Mon $\quad 3 \square$ Tue $\quad 4 \square$ Wed | ${ }_{5} \square$ Thu | ${ }_{6} \square$ Fri |
| A. | B. | c. | D. | E. | F. |
| Food Name | Portion Size, If Pre-portioned (Include units) | Manufacturer/ Brand Name and Product Code (if applicable) | Food Description | ¢ |  |
|  |  |  |  | $\square$ | $\square$ |
|  |  |  |  | $\square$ | $\square$ |
|  |  |  |  | $\square$ | $\square$ |
|  |  |  |  | $\square$ | $\square$ |
|  |  |  |  | $\square$ | $\square$ |
|  |  |  |  | $\square$ | $\square$ |
|  |  |  |  | $\square$ | $\square$ |
|  |  |  |  | $\square$ | $\square$ |
|  |  |  |  | $\square$ | $\square$ |
|  |  |  |  | $\square$ | $\square$ |
|  |  |  |  | $\square$ | $\square$ |
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|  |  |  |  | $\square$ | $\square$ |
|  |  |  |  | $\square$ | $\square$ |
|  |  |  |  | $\square$ | $\square$ |
|  |  |  |  | $\square$ | $\square$ |
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|  |  |  |  | $\square$ | $\square$ |
|  |  |  |  | $\square$ | $\square$ |

## SCHOOL NUTRITION AND MEAL COST STUDY

## CACFP Afterschool Snack and Supper Form Booklet (Expanded)

For instructions on completing this booklet of forms, please refer to the Instructions for the Menu Survey.

School Name: $\qquad$

1. Please indicate the days that CACFP afterschool snacks and/or suppers were prepared or served during the target week:
$\square$ Monday
$\square$ Tuesday
$\square$ Wednesday
$\square$ Thursday
$\square$ Friday

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## CACFP Afterschool Snack and Supper Form (Expanded)



| A. | B. | C. |  |  | D. | E. | F. | G. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Portion Size (Incl. Units) | Number of Portions |  |  | Manufacturer/Brand Name and Product Code (If Applicable) | Food Description |  |  |
|  |  | Onsite |  |  |  |  |  |  |
| Food Item |  | Sent OffSite | Reimbursable Prepared/ Available | Reimbursable Served |  |  |  |  |


| Vegetables (if offered with a dip or salad dressing, list as a separate item in the condiments section) |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Carrots, raw | cup |  |  |  |  |  | $\square$ |  |
| Celery, raw | cup |  |  |  |  |  | $\square$ |  |
| Salad, tossed | cup |  |  |  |  |  | $\square$ | $\square$ |
| French fries | cup |  |  |  |  | $\square$ Oven-baked $\square$ Deep-fried | $\square$ |  |
|  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  | $\square$ | $\square$ |
| Combination Items and Entrées |  |  |  |  |  |  |  |  |
| Burrito | oz. |  |  |  |  | $\square$ Bean $\square$ Beef <br> $\square$ Chicken $\square$ Cheese | $\square$ | $\square$ |
| Cheeseburger | 1 sandwich |  |  |  |  |  | $\square$ | $\square$ |
| Entrée salad | 1 salad |  |  |  |  | List dressing as a separate item in the condiments section | $\square$ | $\square$ |
| Grilled cheese sandwich | 1 sandwich |  |  |  |  |  | $\square$ | $\square$ |
| Hamburger | 1 sandwich |  |  |  |  |  | $\square$ | $\square$ |
| Macaroni and cheese | cup |  |  |  |  |  | $\square$ | $\square$ |
| Peanut butter \& jelly sandwich | 1 sandwich |  |  |  |  | $\square$ Whole grain-rich | $\square$ | $\square$ |
| Pizza | oz. |  |  |  |  | $\square$ Whole grain-rich $\square$ Reduced-fat Specify toppings: | $\square$ | $\square$ |
| Sandwich | 1 sandwich |  |  |  |  | $\square$ Whole grain-rich | $\square$ | $\square$ |
| Spaghetti with sauce | cup |  |  |  |  | $\square$ Meat sauce $\square$ Marinara sauce | $\square$ | $\square$ |
| Taco |  |  |  |  |  | $\square$ Hard shell $\square$ Soft tortilla <br> $\square$ Bean $\square$ Beef <br> $\square$ Chicken $\square$ Cheese | $\square$ | $\square$ |
|  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  | $\square$ | $\square$ |


| A. | B. | C. |  |  | D. | E. | F. | G. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Portion Size (Incl. Units) | Number of Portions |  |  | Manufacturer/Brand Name and Product Code (If Applicable) | Food Description | $\begin{aligned} & \text { ^. } \\ & 0 \\ & 0 \\ & 4 \\ & 4 \\ & 0 \\ & 0 \end{aligned}$ |  |
|  |  | Sent OffSite | Onsite |  |  |  |  |  |
| Food Item |  |  | Reimbursable Prepared/ Available | Reimbursable Served |  |  |  |  |
| Meat/Meat Alternates |  |  |  |  |  |  |  |  |
| Cheese | oz. |  |  |  |  | $\square$ Reduced-fat Specify type: | $\square$ |  |
| Chicken nuggets (breaded) | ea. |  |  |  |  | $\square$ Oven-baked $\square$ Deep-fried Weight of each nugget: $\qquad$ oz | $\square$ |  |
| Chicken strips (not breaded) | oz. |  |  |  |  |  | $\square$ |  |
| Peanut butter | oz. |  |  |  |  | $\square$ Reduced-fat | $\square$ |  |
| Trail mix | oz. |  |  |  |  | Specify ingredients: | $\square$ | $\square$ |
| Yogurt | oz. |  |  |  |  | $\square$ Regular $\quad \square$ Low-fat $\square$ Fat-free $\square$ Light Specify flavor(s): | $\square$ |  |
|  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  | $\square$ | $\square$ |
| Breads and Grains |  |  |  |  |  |  |  |  |
| Bagel | oz. |  |  |  |  | $\square$ Whole grain-rich Specify type: | $\square$ |  |
| Cereal | oz. |  |  |  |  | $\square$ Whole grain-rich Specify type: | $\square$ |  |
| Cookie | oz. |  |  |  |  | $\square$ Whole grain-rich Specify type: $\qquad$ | $\square$ | $\square$ |
| Crackers | ea. |  |  |  |  | $\square$ Whole grain-rich Specify type: | $\square$ |  |
| Granola bar | oz. |  |  |  |  | $\square$ Whole grain-rich Specify type: $\qquad$ | $\square$ |  |
| Pretzels | oz. |  |  |  |  | $\square$ Whole grain-rich $\square$ Soft $\quad \square$ Hard $\square$ Salted $\quad \square$ Unsalted | $\square$ |  |
|  |  |  |  |  |  | $\square$ Whole grain-rich | $\square$ | $\square$ |
|  |  |  |  |  |  | $\square$ Whole grain-rich | $\square$ | $\square$ |
|  |  |  |  |  |  | $\square$ Whole grain-rich | $\square$ | $\square$ |
|  |  |  |  |  |  | $\square$ Whole grain-rich | $\square$ | $\square$ |
|  |  |  |  |  |  | $\square$ Whole grain-rich | $\square$ | $\square$ |


| A. | B. | c. |  |  | D. | E. | F. | G. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Food Item | Portion Size (Incl. Units) | Number of Portions |  |  | Manufacturer/Brand Name and Product Code (If Applicable) | Food Description |  | ®.¢0¢¢ |
|  |  | $\begin{aligned} & \text { Sent } \\ & \text { Off- } \\ & \text { Site } \end{aligned}$ | Onsite |  |  |  |  |  |
|  |  |  | Reimbursable Prepared/ Available | Reimbursable Served |  |  |  |  |
| Desserts |  |  |  |  |  |  |  |  |
| Fruit snacks/fruit leather |  |  |  |  |  |  | $\square$ |  |
| Pudding |  |  |  |  |  | Specify flavor(s): | $\square$ | $\square$ |
|  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  | $\square$ | $\square$ |
| Condiments |  |  |  |  |  |  |  |  |
| Ranch dip |  |  |  |  |  | $\square$ Reg $\square$ Red. fat $\square$ Low-fat $\square$ Fat-free | $\square$ | $\square$ |
| Cream cheese |  |  |  |  |  | $\square$ Reg $\square$ Red. fat $\square$ Low-fat $\square$ Fat-free | $\square$ |  |
| Ketchup |  |  |  |  |  |  | $\square$ |  |
| Mayonnaise |  |  |  |  |  |  | $\square$ | $\square$ |
| Mustard |  |  |  |  |  | $\square$ Reg $\quad \square$ Red. fat $\square$ Low-fat $\square$ Fat-free | $\square$ |  |
| Italian dressing |  |  |  |  |  | $\square$ Reg $\square$ Light $\square$ Red. calorie $\square$ Fat-free | $\square$ |  |
| Ranch dressing |  |  |  |  |  | $\square$ Reg $\square$ Light $\square$ Red. calorie $\square$ Fat-free | $\square$ | $\square$ |
|  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  | $\square$ | $\square$ |
| Other Menu Items |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  | $\square$ | $\square$ |

## SCHOOL NUTRITION AND MEAL COST STUDY

## NSLP Afterschool Snack Form Booklet (Expanded)

For instructions on completing this booklet of forms, please refer to the Instructions for the Menu Survey.

School Name: $\qquad$

1. Please indicate the days that NSLP afterschool snacks were prepared or served during the target week:
$\square$ Monday
$\square$ Tuesday
$\square$ Wednesday
$\square$ Thursday
$\square$ Friday

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NSLP Afterschool Snack Form (Expanded)



| A. | B. | C. |  |  | D. | E. | F. | G. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Portion Size (Incl. Units) | Number of Portions |  |  | Manufacturer/Brand Name and Product Code (If Applicable) | Food Description | C000449 |  |
|  |  | Sent Off- <br> Site | Onsite |  |  |  |  |  |
| Food Item |  |  | Reimbursable Prepared/ Available | Reimbursable Served |  |  |  |  |
| Breads and Grains |  |  |  |  |  |  |  |  |
| Bagel | oz. |  |  |  |  | $\square$ Whole grain-rich Specify type: $\qquad$ | $\square$ |  |
| Cereal | oz. |  |  |  |  | $\square$ Whole grain-rich Specify type: | $\square$ |  |
| Cookie | oz. |  |  |  |  | $\square$ Whole grain-rich Specify type: | $\square$ | $\square$ |
| Crackers | ea. |  |  |  |  | $\square$ Whole grain-rich Specify type: | $\square$ |  |
| Granola bar | oz. |  |  |  |  | $\square$ Whole grain-rich <br> Specify type: | $\square$ |  |
| Pretzels | oz. |  |  |  |  | $\square$ Whole grain-rich $\square$ Soft $\quad \square$ Hard $\square$ Salted $\quad \square$ Unsalted | $\square$ |  |
|  |  |  |  |  |  | $\square$ Whole grain-rich | $\square$ | $\square$ |
|  |  |  |  |  |  | $\square$ Whole grain-rich | $\square$ | $\square$ |
|  |  |  |  |  |  | $\square$ Whole grain-rich | $\square$ | $\square$ |
|  |  |  |  |  |  | $\square$ Whole grain-rich | $\square$ | $\square$ |
| Desserts and Other Items |  |  |  |  |  |  |  |  |
| Fruit snacks/fruit leather |  |  |  |  |  |  | $\square$ |  |
| Pudding |  |  |  |  |  | Specify flavor(s): | $\square$ | $\square$ |
|  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  | $\square$ | $\square$ |
| Condiments |  |  |  |  |  |  |  |  |
| Ranch dip |  |  |  |  |  | $\square$ Reg $\square$ Red. fat $\square$ Low-fat $\square$ Fat-free | $\square$ | $\square$ |
| Cream cheese |  |  |  |  |  | $\square$ Reg $\square$ Red. fat $\square$ Low-fat $\square$ Fat-free | $\square$ |  |
| Ketchup |  |  |  |  |  |  | $\square$ |  |
|  |  |  |  |  |  |  | $\square$ | $\square$ |
|  |  |  |  |  |  |  | $\square$ | $\square$ |

## NOTES:

- For instructions on completing this form, please refer to Instructions for the Menu Survey.
- Include ONLY non-reimbursable foods sold in venues supplied by foodservice that are prepared from recipes or removed from their original packaging
- Do not include items listed on the Non-Reimbursable Foods Inventory
School Name: $\qquad$ Meal:
$\square$ Breakfast
$\square$ Lunch
$\square$ Outside of Meal Periods

Where Offered: $\square$ Serving line breakfas
$\square$ Serving line lunch
$\square$ Snack bar
$\square$ Vending Machine
$\square$ Food Cart
$\square$ School Store $\square$ Off-Site $\square$ Other:
_

| A. | B | C. | D. | E. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Food Name | $\begin{gathered} \text { Portion } \\ \text { size } \\ \text { (Include } \\ \text { Units) } \\ \hline \end{gathered}$ | $\begin{aligned} & \stackrel{\ddot{0}}{\ddot{0}} \\ & \stackrel{\text { O}}{0} \\ & \hline \end{aligned}$ | Manufacturer/Brand Name and Product Code (If Applicable) |  | Fumber of Portions |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  | Food Description |  |  |  |  | Tuesday ${ }^{\text {a }}$ Wednesday |  |  |  |  |  |  |  | Thursday |  |  |  | Friday |  |  |  |
|  |  |  |  |  |  | Served Onsite |  |  |  | $\cong$ $\vdots$ 0 0 0 0 0 0 0 0 |  | $\begin{aligned} & \dot{0} \\ & \stackrel{\rightharpoonup}{\omega} \\ & \tilde{N}^{\pi} \end{aligned}$ |  | む 0 0 0 0 0 0 0 0 |  | $\begin{aligned} & \text { 휴 } \\ & \stackrel{y}{0} \\ & \sum^{\pi} \end{aligned}$ |  | $$ |  | $\begin{aligned} & \text { ס } \\ & \stackrel{y}{0} \\ & \vdots \\ & \vdots \end{aligned}$ |  |  |  |  |
|  |  | $\square$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | $\square$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | $\square$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | $\square$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | $\square$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | $\square$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | $\square$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | $\square$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | $\square$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | $\square$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | $\square$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | $\square$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | $\square$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

 NOTES:

- For instructions on completing this form, please refer to the Instructions for the Menu Survey.
- Include ONLY non-reimbursable foods sold in venues supplied by foodservice that are commercially pre-packaged and served in their original packaging.
- Do NOT include foods listed on the Non-Reimbursable Foods Form.
- Be sure to inventory foods and beverages that are non-perishable, refrigerated, and frozen.



Page 2


## DAILY REMINDER LIST (Expanded)

## Before the Target Week:

- Read the Instructions for the Menu Survey booklet carefully and be sure to review all of the sample completed forms.
- A technical assistant will contact you to ensure you have received your Menu Survey Folder, to review the survey process and the forms to be completed, and to answer any questions you may have.
- Call the toll-free technical assistance line (xxx-xxx-xxxx) if you have any questions or need additional help.


## Each Day of the Target Week:

## - Daily Meal Counts Form

Record the number of free, reduced-price, and full-price meals served for lunch and for breakfast (if you serve breakfast), and record total daily nonreimbursable food sales by venue (for example, foods or beverages sold a la carte from a serving line, vending machine, or snack bar).

- Reimbursable Foods Forms

Record the total number of reimbursable meals planned and served for the day.

For every food and beverage offered in reimbursable meals, write in:
$\checkmark$ Food name, if not included in pre-listed foods
$\checkmark$ Portion size
$\checkmark$ Total portions prepared
$\checkmark$ Number of portions sent off-site (if applicable)
$\checkmark$ Number of reimbursable portions served
$\checkmark$ Number of portions served a la carte or to adults
$\checkmark$ Number of portions leftover for later use
$\checkmark$ Number of portions wasted
$\checkmark$ Meal pattern contributions for all foods except milk
$\checkmark$ Manufacturer/brand name and product code, where requested
$\checkmark$ Descriptive information needed for nutrient analysis
$\checkmark$ A check, if item is a USDA Food
$\checkmark$ A check, as needed, to indicate that a recipe has been provided.

## - Recipe Forms

Fill out a Recipe Form for every food that is prepared from scratch or made by combining two or more foods or ingredients. You may also provide printed copies of the recipes, if available.

- Self-Serve/Made to Order Bar Forms

Fill out a Self-Serve/Made to Order Bar Form for each type of self-serve bar or made-to-order bar offered. Be sure to record the number of reimbursable portions prepared and taken from each bar on the Reimbursable Foods Form.

- NSLP Afterschool Snack Forms

Fill out the NSLP Afterschool Snack Forms if your school provides reimbursable snacks through the National School Lunch Program.

- CACFP Afterschool Snack and Supper Forms

Fill out the CACFP Afterschool Snack Forms if your school provides reimbursable snacks and/or suppers through the Child and Adult Care Food Program.

## - Non-Reimbursable Foods Form

Fill out the Non-Reimbursable Foods Form for all non-reimbursable items that are prepared from recipes or removed from their original packaging and are served a la carte in the cafeteria or in other venues that are supplied or stocked by foodservice, but are not part of a reimbursable meal or reimbursable snack.

- Non-Reimbursable Foods Inventory

Fill out the Non-Reimbursable Foods Form for all non-reimbursable items that are commercially manufactured non-reimbursable items sold in their original packaging and are served a la carte in the cafeteria or in other venues that are supplied or stocked by foodservice, but are not part of a reimbursable meal or reimbursable snack.

## On One Day During the Target Week:

- A La Carte Foods Checklist

Complete the A La Carte Foods Checklist on the one day of the target week specified on the front of the Menu Survey Folder.

- School Nutrition Manager Survey

Complete this survey before the end of the week.

## At the End of the Target Week:

- Look over the contents of each folder for the five days of the Menu Survey to be sure all forms are complete.
- Check to be sure the Daily Meal Counts Form is complete and all of the necessary Recipe Forms and Self-Serve/Made-to-Order Bar Forms have been provided.
- Make sure you have completed the A La Carte Foods Checklist and the School Nutrition Manager Survey. If your school offers reimbursable snacks, be sure the Afterschool Snacks Forms are complete.
- Place all completed forms in the empty plastic envelope and return them to Mathematica in the pre-addressed Federal Express envelope provided.


[^0]:    Prepared by Mathematica Policy Research and Abt Associates

[^1]:    Prepared by Mathematica Policy Research and Abt Associates.

[^2]:    Prepared by Mathematica Policy Research and Abt Associates.

[^3]:    Prepared by Mathematica Policy Research and Abt Associates.

[^4]:    Prepared by Mathematica Policy Research and Abt Associates.

[^5]:    Prepared by Mathematica Policy Research and Abt Associates．

