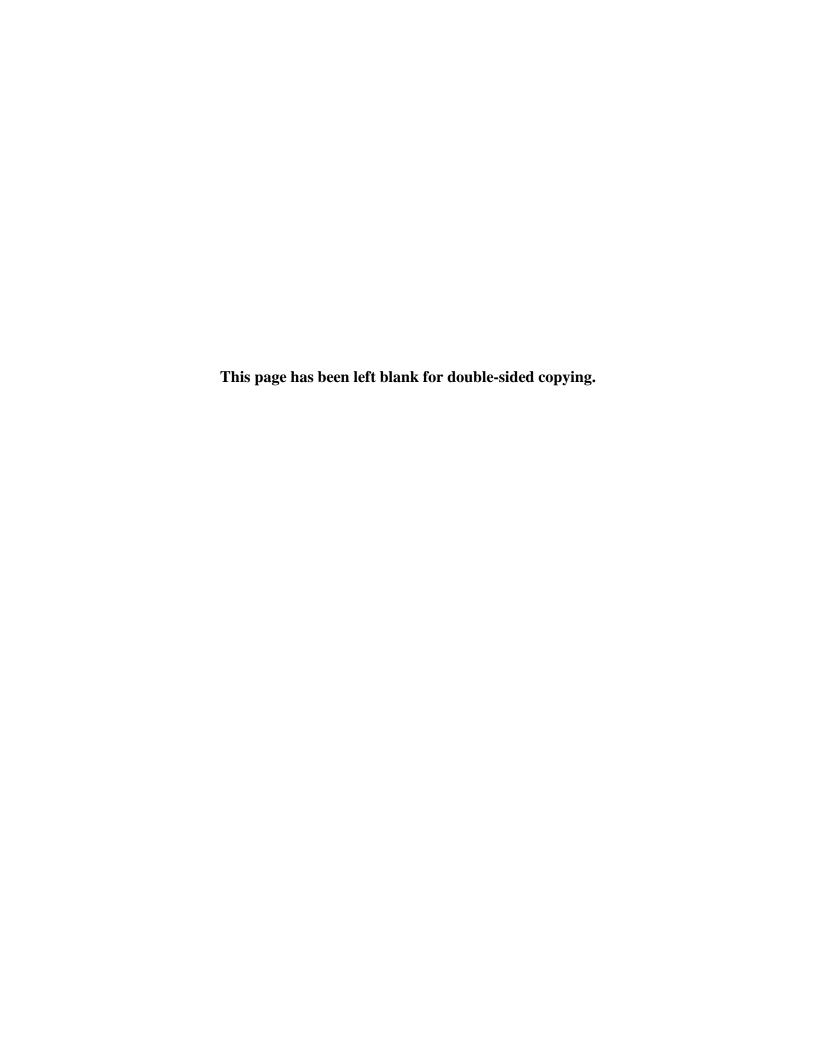
### APPENDIX H2. Group 3—Expanded Menu Survey

- H2.1 Instructions for Expanded Menu Survey and Example Forms
- H2.2 Daily Meal Counts Form\_Expanded
- H2.3 Reimbursable Foods Form Breakfast\_Expanded
- H2.4 Reimbursable Foods Form Lunch\_Expanded
- H2.5 Recipe Form\_Expanded
- H2.6 Onsite Self-Serve and Made-to-Order Form\_Expanded
- H2.7 Self-Serve and Made-to-Order Form\_Expanded
- H2.8 CACFP Afterschool Snack and Supper Form\_Expanded
- H2.9 NLSP Afterschool Snack Form\_Expanded
- H2.10 Non-Reimbursable Foods Form\_Expanded
- H2.11 Non-Reimbursable Foods Inventory Worksheet\_Expanded
- H2.12 Daily Reminder List\_Expanded



OMB Clearance Number: 0584-xxxx

Expiration Date: xx/xx/xxxx

# **School Nutrition and Meal Cost Study**

# Instructions for the Menu Survey (Expanded)



#### Sponsored by:

U.S. Department of Agriculture Food and Nutrition Service

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0584-XXXX. The time required to complete this information collection is estimated to average 600 minutes per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection.









### INTRODUCTION TO THE MENU SURVEY

Thank you for participating in the **School Nutrition and Meal Cost Study**. Without your help, and the help of school nutrition professionals like you across the country, this important study could not be done.

As part of this study, you are being asked to complete a **Menu Survey**. The objective of the Menu Survey is to obtain a complete and accurate description of the foods offered and served by your school nutrition program, including foods offered in reimbursable meals, sold a la carte, and in afterschool snacks/suppers. You will complete the survey forms during a specified time period, referred to as the "target week." *The target week for your school is shown on the front of the Menu Survey Folder.* 

The information you provide will be combined with information from many other schools across the country and will be used to examine the food and nutrient content of school meals and snacks.

This **Instruction Manual** describes the Menu Survey and provides easy-to-follow instructions for completing the survey forms. Along with the manual is a set of **sample completed forms** that may be useful when you are completing your own survey forms. Be sure to look over the sample completed forms.

Below, we describe the forms included in the Menu Survey Folder. The rest of this manual explains how to complete each form.

#### **Daily Meal Counts Form**

This one-page form (blue paper) is located behind the first tab inside the Menu Survey Folder. This is a very simple form. All you have to do is write in the number of reimbursable lunches and breakfasts you served each day of the target week. At the bottom of the form, you will write in your non-reimbursable food sales each day of the week, by venue (if applicable). Additional instructions are provided at the top of the form.

#### **Reimbursable Foods Forms**

You will fill out these forms each day of the target week. They are located in colored folders in the Menu Survey Folder labeled by day of the week (Monday forms, Tuesday forms, etc.). There are separate forms for breakfast (yellow paper) and lunch (white paper). You will use these forms to provide information about all foods and beverages offered in reimbursable meals, including portion sizes, the number of portions prepared and served, their contributions to the meal pattern food groups, and the food descriptions needed for an accurate nutrient analysis. You will also check if any item was a USDA Food or prepared from a recipe.

#### **Recipe Forms**

A booklet of Recipe Forms (grey paper) is located behind the "Recipes" tab in the Menu Survey Folder. The Recipe Forms are used to provide information for foods prepared from two or more ingredients and certain other reimbursable menu items served during the target week.

#### Self-Serve/Made-to-Order Bar Form

Behind the next tab in the Menu Survey Folder is another booklet of forms (lavender paper) to be used for recording information about "self-serve" bars, such as salad bars and condiment bars, as well as made-to-order bars such as deli bars. If your school offers self-serve or made-to-order bars, you will use a Self-Serve/Made-to-Order Bar form to describe the foods offered on each bar.

#### A La Carte Foods Checklist

The A La Carte Foods Checklist is a multiple-page form (pink paper) that you will use to identify all foods and beverages sold on an a la carte basis in your school. You only need to fill out this form for ONE DAY during your target week. The day that has been randomly selected to be your "a la carte checklist day" is shown on the front cover of the Menu Survey Folder.

#### **NSLP Afterschool Snack Form**

If your school provides reimbursable snacks through the National School Lunch Program (NSLP) to one or more afterschool programs, you will fill out the NSLP Afterschool Snack Form (green paper) to provide information about the items provided in afterschool snacks each day. This includes much of the same information you will be providing on the Reimbursable Foods Forms.

#### **CACFP Afterschool Snack and Supper Form**

If your school provides reimbursable snacks or suppers through the Child and Adult Care Food Program (CACFP) to one or more afterschool programs, you will fill out the CACFP Afterschool Snack and Supper Form (green paper) to provide information about the items provided in afterschool snacks and/or suppers each day. This includes much of the same information you will be providing on the Reimbursable Foods Forms.

#### Non-Reimbursable Foods Form

The Non-Reimbursable Foods Form (orange paper) will be used to record daily serving information for foods that are served a la carte in the cafeteria or in other venues that are supplied or stocked by foodservice, but are not part of a reimbursable meal or reimbursable snack. Only non-reimbursable items that are prepared from recipes or removed from their original packaging will be recorded on this form. Commercially manufactured non-reimbursable items that are sold in their original packaging should be recorded on the Non-Reimbursable Foods Inventory (see next item).

#### **Non-Reimbursable Foods Inventory**

The Non-Reimbursable Foods Inventory (red paper) will be used to record daily inventory information for foods that are served a la carte in the cafeteria or in other venues that are supplied or stocked by foodservice, but are not part of a reimbursable meal or reimbursable snack. Only commercially manufactured non-reimbursable items that are sold in their original packaging will be recorded on this form. Non-reimbursable items that are prepared from recipes or removed from their original packaging should be recorded on the Non-Reimbursable Foods Form (see previous item).

#### **Daily Reminder List**

In each of the Monday through Friday folders we have also included the Daily Reminder List (gold paper). This list provides tips for getting organized before the target week and a summary of day-to-day activities for the target week. We suggest that you also store or post this list in a convenient location so you can refer to it during the target week.

#### **School Nutrition Manager Survey**

We have included a survey that asks about school's foodservice operations and your experiences implementing the new meals requirements. Please complete the survey during your target week. You can choose to complete it on any day you would like.

#### The Rest of This Manual

The rest of this manual includes step-by-step instructions for completing each of the Menu Survey forms. For each form, a completed "SAMPLE" is provided. Please take the time to review the instructions and all of the sample completed forms before beginning the Menu Survey.

#### **If You Need Assistance**

We will be calling you before the start of the target week and again during the target week to answer any questions you may have. If you have questions or need assistance at any other time before, during, or after the target week, feel free to call our technical assistance line at xxx-xxx-xxxx. Thank you for your assistance with this important study!

THIS PAGE LEFT INTENTIONALLY BLANK

# **General Guidelines for Completing the Menu Survey**

#### **Getting Started**

Please read this manual carefully. Be sure to review the sample completed forms that are provided. Also, pay special attention to the *Daily Reminder List*. Keep this guide handy during the target week and refer to it as you complete the survey forms.

#### **Off-Site Kitchens**

If your school receives prepared meals or any components of reimbursable meals from another school, a central kitchen or commissary, or an outside vendor during the target week, we ask that you obtain food descriptions, product information, and recipes for these foods, as needed. You may wish to discuss strategies for this task with your school food authority (SFA) director.

#### **Filling Out Forms**

- ✓ Use pencil on all forms.
- ✓ Write clearly and legibly (especially when recording numbers).
- ✓ Write the name of your school and the date (if applicable) at the top of each form.
- ✓ Double-check your work and review the Daily Reminder List at the end of each day to be sure you have provided all the necessary information.

#### At the End of the Week

When you have completed all forms included in the Menu Survey, please double-check your work to make sure you have provided all the necessary information. Please place the completed forms in the empty plastic envelope at the back of the Menu Survey Folder. Remember to also include your completed School Nutrition Manager Survey. Return all completed survey materials to Mathematica in the pre-addressed Federal Express envelope provided.

# Instructions for Completing the Reimbursable Foods Forms

Purpose: To describe foods and beverages that are offered as part of USDA

reimbursable lunches and breakfasts during the target week, and to provide information on the number of portions of each item prepared and

served in reimbursable meals.

Location: The Reimbursable Foods Forms are located in the five colored folders

labeled Monday-Friday, in the Menu Survey Folder. Separate forms are

provided for breakfast (yellow) and lunch (white).

#### Notes:

- If your school offers reimbursable fruits and vegetables through the Fresh Fruit and Vegetable Program during the target week, do NOT include these fruits and vegetables on the Reimbursable Foods Form.
- Be sure to look at the sample completed Reimbursable Foods Forms that are provided. Looking at the sample forms as you read the instructions will make it easier to understand what you need to do when filling out the forms.

# How to Complete the Reimbursable Foods Form

#### **Reimbursable Meal Counts**

On the top right-hand corner of the form, you will see the **Reimbursable Meal Counts** box. The questions in this box ask about the number of reimbursable meals (breakfast or lunch) you *planned* to serve for the day and the number of reimbursable meals that you *actually* served that day. Record the answers to both questions in the spaces provided. Your production records may include this information. If not, you may need to talk to your SFA director to obtain it.

#### Column A: Food Item

You will use this column to identify foods and beverages offered in reimbursable meals each day. Most foods are already listed for you. Others you will need to write in. In thinking about all the foods offered in your cafeteria each day and deciding which ones to include on this form, keep the following in mind:

#### DO INCLUDE:

- All foods and beverages offered in reimbursable meals (even if they may not count toward USDA meal pattern requirements).
- All condiments, salad dressings, optional toppings, desserts, and snack items.

#### DO <u>NOT</u> INCLUDE:

- Foods and beverages that are offered only a la carte or only to adults.
- Foods and beverages that were planned for a given day, but not actually prepared or served at your school because a substitution was made.

#### When foods are paired or offered together:

When a condiment/topping, bread/grain item or meat/meat alternate is paired with, or offered *only* with another menu item, add a note in Column A to make this clear.

#### **Examples:**

For barbeque sauce that is offered **only** with chicken nuggets, add a note...

Barbeque sauce w/chicken nuggets

- For crackers that are offered *only* with a Chef's salad, add a note... Crackers *w/ Chef's salad*
- For toast that is offered *only* with cereal, add a note...

Toast w/ cereal

For a cheese stick that is offered **only** with a peanut butter sandwich, add a note...

Cheese stick w/ peanut butter sandwich

#### When writing in foods that are not already listed on the form:

- Record foods in their appropriate food group sections whenever possible. Blank lines are provided at the end of each section for your entries. A generous amount of additional space is provided at the end of the form for recording items that do not fit in the individual food group sections (for example, not enough blank lines for additional fruits), as well as items that belong in a food group that is not listed on the form.
- Salad bars, condiment bars, and other food bars, whether self-serve or made-toorder, should be listed as single menu items. Salad bars (both side salad bars and entrée salad bars) and other common theme bars are prelisted. Use separate lines for any self-serve bars that are not prelisted.
- If your school offers bag or box meals or fully preplated meals, write each type of meal on a separate line. Complete a Recipe Form for each type of meal to identify all of the foods and beverages included in the meal.
- If foods are offered with optional components or ingredients, use separate lines to list each component and make it clear that the main food and optional components/ingredients go together, as shown below.

#### **Example:**

For a baked potato offered with optional toppings of cheese sauce and/or broccoli, use separate lines for...

Baked potato

Cheese sauce, canned,

Cheese sauce, canned, low-fat Broccoli, frozen, chopped

#### **Column B: Portion Size**

For each item offered in reimbursable meals, write the size of one individual serving, as offered to students.

• Include both the **amount**, if not already printed on the form, and the **unit of measure**. For example:

Food Item	Amount	Unit
Broccoli	3/4	cup
Chicken patty	2.5	oz.
Tossed salad	1/2	cup

You may change the printed unit for any food if your school serves the item in a different unit of measure.

- Include the *weight* (oz.) of one portion whenever available, especially for commercially prepared foods, such as burritos, chicken or fish nuggets, pizza, doughnuts, or cookies.
- For foods that are offered self-serve, write "self-serve" as the portion size.
- If your school offers different portion sizes of the same food, for example to students in different age-grade groups, you will need to list the food twice (on two separate lines) and write in the different portion sizes.

#### **Example:**

If your school serves two age-grade groups (grades 6-8 and 9-12), there may be different portion sizes for canned peaches. You would indicate this by listing the food twice as shown below.

A.	B.
Food Item	Portion Size (Include Units)
Canned peaches	½ cup
Canned peaches	1 cup

#### **Column C: Number of Portions**

#### **Total Portions Prepared**

For each menu item, enter the *total number* of portions prepared. Include portions that are prepared for reimbursable meals at your school as well as portions that are prepared to be sent off-site, served a la carte and to adults or others. For pre-packaged foods and beverages, the total number of portions prepared refers to the number of individual packages that are put out in the serving area. For example for cartons of juice, write the number of cartons that are placed on the serving line before and throughout the meal period.

#### **Portions Sent Off-Site**

If your school prepares food to be served at other schools or facilities, enter the total number of portions for each item that is sent off-site. Include portions sent off-site on the day they are sent – it doesn't matter if they will be served on the same day or another day. If your school does not prepare food to be served at other schools or facilities, you do not need to complete this column.

#### **Reimbursable Portions Served**

For each menu item, enter the *number* of reimbursable portions served to students at your school (excluding portions sold a la carte or to adults/others). Your production records may include this information; if not, you may need to talk to your SFA director about putting a procedure in place to record it for the target week. If a menu item is prepared and available to students but none are served in reimbursable meals, be sure to enter a zero in Column C.

#### Portions Served A La Carte or to Adults/Others

Also for each menu item, enter the number of portions that are served a la carte, to adults, or to others who are not receiving meals through the NSLP or SBP. If no portions are served a la carte or to adults, enter zero in this column.

#### **Portions Left Over for Later Use**

At the end of each meal, enter the *number* of portions that were not served on this day, but were leftover and may be served on a different day. For instance, this may include cartons of milk or juice to be used on the following day. Do not include leftover portions that are thrown away. If no portions are left over and saved for later use, enter zero in this column.

#### **Portions Wasted**

Also enter the *number* of portions that were not served and must be thrown out because they cannot be used on a different day. For instance, this may include food prepared in a large dish, such as macaroni and cheese. If no portions are wasted, enter zero in this column.

Note that for each of the following menu items, the *number* of portions entered in the last five sub-columns (Sent Off-Site, Reimbursable Served, Served a La Carte or to Adults/Others, Left Over, and Wasted) add up to the total *number* of portions prepared (Total Prepared).

A.	В.		C.					
			Number of Portions					
	Portion				Onsite			
Food Item	Size (Include Units)	Total Prepared	Sent Offsite	Reimbursable Served	Served A La Carte or to Adults/Others	Left Over for Later Use	Wasted	
Orange juice	8 fl oz	140	0	83	15	42	0	
Macaroni and cheese	1 cup	160	20	110	14	0	16	

#### Column D: Meal Pattern Contributions

Fill in these columns with the contribution each menu item makes to the USDA meal pattern food groups ("creditable amounts"). This information may be included in your production records; if not, you may need to talk to your SFA director to obtain it. You may be able to find meal pattern contributions in the *Food Buying Guide for Child Nutrition Programs, USDA Foods Fact Sheets* or, for commercially prepared foods, on CN labels.

- For each menu item, enter the <u>creditable amount</u> of each meal pattern food group contributed by one portion in cups or oz equivalents. In some cases the meal pattern contribution will be the same as the portion size (recorded in Column B), but this will not be true for all menu items or menu items that contribute to more than one meal pattern food group.
- You do not need to list the meal pattern contribution for milks or other food items where the column is shaded in gray.
- Note that many menu items will contribute to only one meal pattern food group and few, if any, menu items will contribute to all meal pattern food groups.
- If a menu item contributes to more than one meal pattern food group or vegetable subgroup, be sure to enter the amount contributed to all applicable meal pattern food groups in Column D.
- When a menu item contains grains, enter the oz equivalent that it contributes in the "Grains" column. Check the box in the "Whole Grain-Rich" column if the menu item meets the whole grain-rich criteria (listed on page 13 of this document).

If your school offers a 2 cup portion of a chicken, broccoli and brown rice bowl, you would list the contribution that one portion makes to the applicable meal pattern food groups in Column D: 1/2 cup equivalent of dark green vegetables, 2 oz equivalents of meat/meat alternates, 1.5 oz equivalents of grains; and check the box for whole grain-rich.

A.	B.	C.					D.				
		Number of Portions			Meal	Patte	ern C	ontri	butions	5	
				Ve	egeta	bles	(cup	s)	ed)		ch
Food Item	Portion Size (Include Units)		Fruit (cups)	Dark Green	Red/Orange	Legumes	Starchy	Other	Meat/Meat Alternates (oz e	Grains (oz eq)	Whole Grain-Rich
Chicken, broccoli and brown rice bowl	2 cups	•••		1/2					2	1.5	X

- Note that some fruits and vegetables do not credit on a volume as served basis (for example, 1 cup of a food item does not always credit as 1 cup). Below are some examples:
  - ✓ Dried fruit: credits as twice the volume as served, so 1/2 cup would credit as 1 cup of fruit
  - ✓ Raw leafy greens: credits as half the volume as served, so 2 cups would credit as 1 cup of vegetable (dark green or other vegetables depending on the type of leafy green)
  - ✓ Tomato paste: refer to manufacturing information or ask your SFA director for crediting information
- We have added shading to Column D to indicate the meal pattern food groups that are not usually applicable to menu items within a given food group section. If you write in a menu item that is not already listed on the form, be sure to enter the contribution amount(s) to the appropriate meal pattern food group(s) in Column D.

#### For self-serve or made-to-order bars:

• List the meal pattern contribution for "1 serving" from the bar. This information may be included in your production records; if not, you may need to talk to your SFA director to obtain it.

If you offer a side salad bar, you would enter the amount that one serving contributes to the meal pattern food groups. The side salad bar shown in the example below provides ½ cup equivalent of dark green vegetables, ¼ cup equivalent of red/orange vegetables, and ¼ cup equivalent of other vegetables. The creditable amounts are listed under the appropriate vegetable subgroup columns (in Column D).

A.	B.	C.					D				
		Number of Portions			Mea	Patte	ern C	Contril	butions	i	
				>	'egeta	bles (	(cup	s)	ed)	,	ch
Food Item	Portion Size (Include Units)		Fruit (cups)	Dark Green	Red/Orange	Legumes	Starchy	Other	Meat/Meat Alternates (oz e	Grains (oz eq)	Whole Grain-Rich
Side salad bar (non-entrée or small portion)	1 serving			1/2	1/4			1/4			

#### For vegetables offered at breakfast:

There are currently no requirements for vegetable subgroups at breakfast.
However, if your school does offer vegetables as a separate menu item or as
part of a combination item at breakfast, be sure to record the meal pattern food
group amount in the vegetable column (in Column D).

### **Example:**

If your school offers 1/2 cup of hash browns at breakfast, you would enter 1/2 cup under the vegetables column (in Column D).

A.	B.	C.			D.		
		Number of Portions	N	leal Pati	ern Cont	ributior	ns
Food Item	Portion Size (Include Units)	:	Fruit (cups)	Vegetables (cups)	Meat/Meat Alternates (oz eq)	Grains (oz eq)	Whole Grain- Rich
Hash brown	1/2 cup			1/2			

#### **Whole Grain-Rich Foods**

Whole grain-rich foods must meet at least one of the following criteria:

- Whole grains per serving must be ≥ 8 grams,
- Product includes FDA's whole grain health claim on its packaging, or
- Product ingredient listing lists a whole grain first (HUSSC criteria).

Check the box in the "Whole Grain-Rich" column if the menu item meets the whole grain-rich criteria.

#### If you are unsure whether a menu item is Whole Grain-Rich, you can...

- Visit the following websites that describe the criteria for determining whether a menu item is whole grain-rich:
  - http://www.fns.usda.gov/cnd/governance/Policy-Memos/2012/SP30-2012os.pdf http://teamnutrition.usda.gov/Resources/jtf\_grains.pdf
- Include a package label for the product with your completed forms at the end of the week.

#### Column E: Manufacturer/Brand Name and Product Code

This column is used to provide information on the manufacturer, brand name, and product code of certain foods listed in Column A. We have shaded this column for prelisted foods that do not require manufacturer/brand name, or a product code.

- For all other commercially prepared food products you serve, including entrees, meat/meat alternates, and most bread/grain items (including biscuits, doughnuts, breakfast pastries, and pancakes), please fill in the manufacturer/brand and product code information in Column E.
- Please do your best to record whatever manufacturer and/or brand information is available (or at least how the food is described on the package label) for all required foods listed above. Always include a product code, if available. The product code is usually located on the label of the box in which commercially prepared food products are delivered. An example is shown below.



 Below are additional examples of manufacturer and brand names, and products codes, for some foods.

Food Item Manufacturer/Brand Name (Column A) and Product Code (Column E)

Pizza, pepperoni Schwan's/Tony's 78546 Super Donut Super Bakery 6001 Pancake-on-a-stick State Fair 70481

- If your school purchases commercially prepared food products, including ones
  that are lower in fat or sodium, you may wish to include package labels to tell us
  more about the products. This will help ensure that the nutrient analysis is
  accurate and reflects the types of foods used in your school meal program.
- If you decide that you would like to give us package labels, you can put them in the envelope with the completed forms at the end of the week.

#### **Column F: Food Description**

This column is used to describe foods so that an accurate nutrient analysis can be done. For most of the pre-listed items, you will need to check a box or write in a response. For example, for some foods you will be asked to check whether a food is regular, low-fat or fat-free, or if it is breaded or has icing. For some foods you will be asked to specify the type or variety of the food, such as the type of bread (100% whole wheat, rye bread, etc.), or the flavor of milk or yogurt.

It is especially important to complete this column for commercially prepared products and items that you add to the form. Please provide as complete a description of the item as possible. Depending on the item, this may include information on:

- ✓ type (100% whole wheat bread, rye bread, blueberry muffin, unbreaded chicken patty, low-sodium green beans)
- ✓ form (fresh, frozen or canned vegetable or fruit)
- ✓ flavor (**Strawberry** milk, **oatmeal** cookie, **vanilla** yogurt)
- ✓ fat content (low-fat yogurt, reduced-fat sour cream, fat-free salad dressing)

#### **Column G: USDA Food?**

For food items in Column A that are donated USDA Foods, place a check mark in the box in Column G.

### Column H: Recipe?

For foods in Column A that require a recipe, place a check mark in the appropriate box in Column H. Use these checkmarks to remind you to complete a Recipe Form or provide a printed recipe.

We have shaded this column for pre-listed foods that do not require recipes. If the column is not shaded, you may need a recipe, depending on the food. For example, for purchased pizza that is served as is, a recipe is not needed. For pizza that is prepared from scratch or is a modified version of a purchased product (for example, you added your own toppings), a recipe is needed.

Note: Recipes are needed for all items that are made by combining two or more foods or ingredients.

# Instructions for Completing Recipe Forms

**Purpose:** To describe the types and amounts of ingredients used in preparing foods

made from scratch or made by combining two or more foods or

ingredients.

Location: A booklet of Recipe Forms (grey) is located behind the "Recipes" tab in

the Menu Survey Folder. If you need more forms than are included in the booklet, make copies of the form and file the completed extra forms inside

the Recipe Form booklet.

#### Notes:

- A Recipe Form is needed for every item that is prepared from scratch or prepared by combining two or more foods or ingredients. This includes all sandwiches and foods prepared or cooked with added butter, margarine, dressings, or other condiments.
- Some foods may need more than one Recipe Form. For example, for a tuna salad sandwich, you will need to use two Recipe Forms—one for the tuna salad mixture and one for the assembled tuna salad sandwich. The same is true for a brownie or cake with icing. See the sample completed Recipe Forms for an example of a situation where two Recipe Forms are needed.
- You may not have to fill out the Recipe Form if a printed copy of the recipe is available. See the special instructions later in this section.
- If the same recipe was prepared more than once during the target week,
  you only need to fill out a Recipe Form once and be sure to check the boxes at
  the top of the form to indicate which days of the week the recipe was served,
  unless the recipe is prepared differently on other days of the week. If variations of
  a recipe are used on different days, a separate Recipe Form is needed for each
  variation.
- Be sure to look at the sample completed Recipe Forms that are provided.
   Looking at these forms as you read the instructions will make it easier to understand what you need to do when filling out the form.

### **How to Complete the Recipe Form**

#### **Recipe/Food Name**

Write the complete name of the recipe or food on the line provided in the upper right hand corner of the form. Please be sure that the name is clear enough that we will be able to match it up with the appropriate item on the Reimbursable Foods Form.

For recipes that are used in other recipe items, mention both recipes in the name. For example, "Tuna salad for tuna sandwich."

#### Meal

Check the meal or meals in which the recipe/food item was offered.

#### Day

Check the day or days of the target week on which the recipe/food was offered. Check "all" if the item is offered every day.

#### Size of One Serving

Write the size of one individual serving, as offered to students. Include both the **amount** and **unit of measure** (Examples: 1/4 cup, 8 fluid ounces, 1 sandwich).

#### **Number of Servings Prepared**

Please record the **total number of individual servings prepared** (recipe yield) in the space provided. For some items, such as sandwiches, the Recipe Form describes the ingredients or components of a single serving (*Examples: 1 sandwich, 1 Chef's salad*).

#### **Column A: Ingredient Name**

List all foods and ingredients used to prepare the recipe/food. Remember to include all items used in food preparation, including seasonings and salt, as well as oils, butter, margarine, and other fats used in cooking.

#### Column B: Amount in Recipe

For each item listed in Column A, write the amount used in Column B. Be sure to include information on both the amount and the unit of measure (Examples: 2 Tbsp, 6 oz, 5 cups, 7.5 gallons, 35 lbs)

Be sure to provide amount information on the form of the ingredient *when it was measured.* For example, was pasta or rice measured cooked or uncooked? Was meat measured raw or after cooking? Was the cheese sliced, cubed, shredded, or grated?

#### Column C: Manufacturer/Brand Name and Product Code

If the ingredient or food listed in Column A is a commercially prepared food, list the manufacturer and/or brand name as well as the product code.

#### **Column D: Ingredient Description**

For each item listed in Column A, use this column to provide details about the food or ingredient that will allow us to do an accurate nutrient analysis. Depending on the item, this may include information on:

- ✓ type (whole wheat flour, brown rice, ground turkey, low-sodium tomato sauce)
- √ form (fresh, frozen or canned vegetables, fruits, or meats)
- ✓ cooking status (cooked, uncooked, dry, raw)
- ✓ fat content (part-skim cheese, 1% fat milk, fat-free mayonnaise)
- ✓ whether whole grain-rich

See the sample completed forms for examples of ingredient descriptions.

Column E: USDA Food?

For ingredients in Column A that are donated USDA Foods, place a check mark in the box in Column E.

Column F: Recipe?

For ingredients in Column A that require a recipe, place a check mark in the appropriate box in Column F. Use these checkmarks to remind you to complete an additional Recipe Form.

Note: Recipes are needed for all items that are made by combining two or more foods or ingredients.

#### If You Can Provide a Printed Copy of the Recipe...

Be sure to:

- Staple or clip a copy of the printed recipe to a blank Recipe Form in the booklet, and indicate on the Recipe Form the meal and days the recipe was used.
- Mark the recipe, as needed, to show how the recipe was prepared in your school, and make sure the name of the recipe matches the name used on the Reimbursable Foods Form.

Make sure the recipe includes:

- Yield information: size of the serving and number of servings prepared.
- A complete description of all ingredients, including manufacturer and/or brand and product code for commercially prepared food products.
- An indication of any ingredients that are USDA Foods, for example, write "USDA" beside the ingredient name.

# Instructions for Completing Self-Serve/ Made-to-Order Bar Form

Purpose: To describe the ingredients included on self-serve bars such as salad

bars, theme bars, and condiment bars, as well as made-to-order bars

such as deli bars.

**Location:** A booklet of Self-Serve/Made-to-Order Bar Forms (lavender) is located

behind the "Self-Serve Bars" tab in the Menu Survey Folder.

#### Notes:

 A separate Self-Serve/Made-to-Order Bar Forms must be completed for each type of self-serve bar or made-to-order bar offered. If the same bar (with all the same foods/ingredients) was offered more than once during the target week, you only need to fill out one Self-Serve/Made-to-Order Bar Forms and indicate the days on which the bar was offered. If the foods/ingredients offered on the bar differ on other days of the week, a separate form is needed for each day they are different.

 Be sure to look at the sample completed Self-Serve/Made-to-Order Bar Forms that are provided. Looking at these forms as you read the instructions will make it easier to understand what you need to do when filling out the form.

# How to Complete the Self-Serve/Made-to-Order Bar Forms

#### Name of Bar

Write the complete name of the self-serve/made-to-order bar on the line provided in the upper right hand corner of the form. Please be sure that the name is clear enough that we will be able to match it up with the same item on the Reimbursable Foods Form.

#### Meal

Check the meal or meals in which the bar was offered during the target week.

#### Day

Check the day or days of the target week on which the bar was offered. Check "all" if the bar (with all the same ingredients) is offered every day.

#### Column A: Food Name

List all foods and ingredients offered on the bar. If you need additional lines, write the name of the bar and "continued" on a blank Self-Serve/Made-to-Order Bar Forms and list remaining foods/ingredients.

#### **Column B: Portion Size (if pre-portioned)**

For pre-portioned items only, describe the size of one portion. This includes items such as baked potatoes, tortillas, packaged crackers, boxes of raisins, or packages of sunflower seeds. It also includes items that might be portioned out by cafeteria servers, such as pasta on a pasta bar, cold cuts on a deli bar, or meat and cheese items on a salad bar.

Be sure to include information on both the **amount** and the **unit of measure**. See the sample completed Self-Serve/Made-to-Order Bar Forms for examples.

#### Column C: Manufacturer/Brand Name and Product

For commercially prepared food products, please record the manufacturer and/or brand name and a product code in Column C.

#### **Column D: Food Description**

For each item listed in Column A, use this column to provide details about the food or ingredient that will allow us to do an accurate nutrient analysis. Depending on the item, this may include information on:

- ✓ type (100% whole grain bread, rye bread, graham cracker, cheddar cheese, low-sodium green beans, deli turkey)
- √ form (fresh, frozen or canned vegetables or fruit)
- ✓ cooking status (cooked, uncooked, dry, raw)
- √ fat content (low-fat yogurt, reduced-fat sour cream, fat-free salad dressing)
- ✓ whether whole grain-rich

See the sample completed forms for examples of ingredient descriptions.

#### Column E: USDA Food?

For foods in Column A that are donated USDA Foods, place a check mark in the box in Column E.

#### Column F: Recipe?

For foods in Column A that require a recipe, place a check mark in the appropriate box in Column F. Use these checkmarks to remind you to complete a Recipe Form.

Note: Recipes are needed for all items that are made by combining two or more foods or ingredients.

# **Instructions for Completing the A La Carte Foods Checklist**

Purpose: To identify foods and beverages your school offers on an a la carte basis

at lunch and breakfast.

Location: The A La Carte Foods Checklist (pink paper) is located behind the

"A La Carte" tab in the Menu Survey Folder.

#### Notes:

 Complete the A La Carte Foods Checklist on the one day specified on the front of the Menu Survey Folder. Be sure to complete the checklist even if your school does not offer items on an a la carte basis, or if you sell only milk.

 Be sure to look at the sample completed A La Carte Foods Checklist that is provided.

### **How to Complete the A La Carte Foods Checklist**

- 1. Write the name of your school and the date on the first page of the form.
- 2. Answer Question 1. If your school does not offer any foods or beverages on an a la carte basis, check "No." You are done. If you check "Yes," please answer Questions 2 through 4 and go on to the next page.
- 3. Place a check mark in the box next to each food and beverage that was available for a la carte purchase on the specified day. This includes items that are sold only a la carte as well as components of a reimbursable meal that may be purchased a la carte. There are separate check boxes for lunch and breakfast.
- 4. Do not include foods and beverages sold in vending machines, snack bars, school stores, or food carts.
- 5. If a food or beverage is usually or sometimes available a la carte, but was not available on the specified day, *do not* check the box.
- 6. If your school had a la carte foods or beverages available on your specified day that are not included in the checklist, please write in the names of these foods and beverages under the appropriate category. Extra lines are available on the last page of the checklist, if necessary. Be sure to indicate whether each food or beverage was offered at breakfast and/or lunch.

# Instructions for Completing the NSLP Afterschool Snack Form

Purpose: To describe the foods and beverages offered in NSLP reimbursable

afterschool snacks during the target week, and to provide information on the number of individual snack items prepared and served, as well as the

total number of reimbursable snacks served to students.

Location: A booklet of NSLP Afterschool Snack Forms (green paper) is behind the

"NSLP Afterschool Snacks" tab in the Menu Survey Folder.

#### Notes:

- Only include afterschool snacks offered through the National School Lunch Program (NSLP). If your school offers snacks and/or suppers through the Child and Adult Care Food Program (CACFP), you will complete the CACFP Afterschool Snack and Supper Forms.
- If your school offers reimbursable fruits and vegetables through the *Fresh Fruit and Vegetable Program* during the target week, do **NOT** include these fruits and vegetables on the NSLP Afterschool Snack Forms.
- Be sure to look at the sample completed NSLP Afterschool Snack Form that is provided. Looking at this sample as you read the instructions will make it easier to understand what you need to do when filling out the form.

# **How to Complete the NSLP Afterschool Snack Form**

On the front page of this booklet answer question 1 by indicating the days during the target week that NSLP afterschool snacks were offered. Complete one NSLP Afterschool Snack Form for each day snacks were offered.

This form is similar to the Reimbursable Foods Form. It includes columns for the food item, portion sizes, the number of portions prepared and served, and the food descriptions needed for an accurate nutrient analysis. You will also check if any item was a USDA Food or prepared from a recipe. Depending on how your afterschool program operates, you may need assistance from afterschool program staff to complete the columns for number of portions served.

#### Day

Check the day of the target week for which this form is being completed.

#### **Number of Reimbursable Snacks Served Onsite**

At the top of the form record the total number of reimbursable snacks *served* to students at your school that day.

#### Column A: Food Item

You will use this column to identify foods and beverages offered in reimbursable snacks each day. Some foods are already listed for you. Others you will need to write in. In thinking about all the foods offered in your snacks each day and deciding which to include on this form, keep the following in mind:

#### DO INCLUDE:

 All foods and beverages offered in NSLP reimbursable snacks (even if they may not count toward USDA meal pattern requirements).

### DO <u>NOT</u> INCLUDE:

- Foods and beverages that are offered only to adults.
- Foods and beverages that were planned for a given day, but not actually prepared/available that day.

#### When writing in foods that are not already listed on the form:

 Record foods in appropriate food group sections. Blank lines are provided at the end of each section for your entries.

#### Column B: Portion Size

For each item offered in NSLP afterschool snacks, write the size of one individual serving, as offered to students. If the snack item is pre-packaged, list the actual package size or weight, not "1 package."

• Include both the **amount** and the **unit** of measure:

Food Item	Amount	Unit
Banana, fresh	1	Medium
Orange juice	6	fl. oz
Granola bar	1	OZ.

 If a food or beverage is offered in more than one portion size (for different agegrade groups), list the food or beverage on separate lines and write in the different portion sizes.

A.	B.	C.				
		Number of Portions				
	Doution		On	site		
Food Item	Portion Size (Include Units)	Sent Off-Site	Reimbursable Prepared/ Available	Reimbursable Served		
Orange juice	6 fl.oz.	0	50	25		
Orange juice	8 fl.oz.	0	50	50		

#### **Column C: Number of Portions**

#### **Sent Off-Site**

For each snack item offered, enter the total number of portions, if any, that are **sent off**-**site** to be served at other schools or facilities.

#### Number of Reimbursable Portions Prepared/Available

For each snack item, write in the number of reimbursable portions *prepared or* available to be served at your school. The number of reimbursable portions prepared/available should reflect the actual number of servings available for students to select as part of a reimbursable snack.

#### **Number of Reimbursable Portions Served**

Also for each snack item, enter the number of reimbursable portions or individual items **served** to (or selected by) students as part of a reimbursable snack, excluding portions served to adults. If a menu item is prepared and available to students but no portions are served, be sure to enter a zero in this column.

You may need to ask the afterschool program staff for this information. You can also give the afterschool program staff a copy of the NSLP Afterschool Snack Form and ask them to complete this column.

#### Column D: Manufacturer/Brand Name and Product Code

This column is used to provide information on the manufacturer, brand name, and product code of certain foods listed in Column A. We have shaded this column for prelisted foods that do not require manufacturer/brand name, or a product code. For all other commercially prepared food products you serve, please fill in the manufacturer/brand and product code information in Column D.

#### **Column E: Food Description**

This column is used to describe foods so that an accurate nutrient analysis can be done. For most of the pre-listed items, you will need to check a box or write in a response. For example, for some foods you will be asked to check whether a food is regular, low-fat or fat-free, or if it is whole grain-rich or reduced-fat. For some foods you will be asked to specify the type or variety of the food, such as the type of crackers (graham, wheat, saltines, etc.), or the flavor of milk or yogurt.

It is especially important to complete this column for commercially prepared products and items that you add to the form. Please provide as complete a description of the item as possible. Depending on the item, this may include information on:

- ✓ type (1% milk; 100% whole wheat bread; blueberry muffin)
- √ form (fresh, frozen or canned vegetable or fruit)
- √ flavor (chocolate milk, strawberry yogurt)
- √ fat content (low-fat yogurt, or fat-free salad dressing)

#### Column F: USDA Food?

For food items in Column A that are donated USDA Foods, place a check mark in the box in Column F.

### Column G: Recipe?

For foods in Column A that require a recipe, place a check mark in the appropriate box in Column G. Use these checkmarks to remind you to complete a Recipe Form or provide a printed recipe.

We have shaded this column for pre-listed foods that do not require recipes. If the column is not shaded, you may need a recipe, depending on the food. For example, for purchased pizza that is served as is, a recipe is not needed. For pizza that is prepared from scratch or is a modified version of a purchased product (for example, you added your own toppings), a recipe is needed.

Note: Recipes are needed for all items that are made by combining two or more foods or ingredients.

# Instructions for Completing the CACFP Afterschool Snack and Supper Form

Purpose: To describe the foods and beverages offered in CACFP reimbursable

afterschool snacks and suppers during the target week, and to provide information on the number of individual snack/supper items prepared and served, as well as the total number of reimbursable snacks/suppers

served to students.

**Location:** A booklet of CACFP Afterschool Snack and Supper Forms (green paper)

is behind the "CACFP Afterschool Snacks/Suppers" tab in the Menu

Survey Folder.

#### **Notes:**

- Only include afterschool snacks and suppers offered through the Child and Adult Care Food Program (CACFP). If your school offers snacks through the National School Lunch Program (NSLP), you will complete the NSLP Afterschool Snack Form.
- If your school offers reimbursable fruits and vegetables through the *Fresh Fruit and Vegetable Program* during the target week, do **NOT** include these fruits and vegetables on the CACFP Afterschool Snack and Supper Form.
- Be sure to look at the sample completed CACFP Afterschool Snack and Supper Form that is provided. Looking at this sample as you read the instructions will make it easier to understand what you need to do when filling out the form.

# How to Complete the CACFP Afterschool Snack and Supper Form

On the front page of this booklet answer question 1 by indicating the days during the target week that CACFP afterschool snacks and/or suppers were offered. Complete one CACFP Afterschool Snack and Supper Form for each day snacks and/or suppers were offered.

This form is similar to the Reimbursable Foods Form. It includes columns for the food item, portion sizes, the number of portions prepared and served, and the food descriptions needed for an accurate nutrient analysis. You will also check if any item was a USDA Food or prepared from a recipe. Depending on how your afterschool program operates, you may need assistance from afterschool program staff to complete the columns for number of portions served.

#### Day

Check the day of the target week for which this form is being completed.

#### Number of Reimbursable Snacks and/or Suppers Served Onsite

At the top of the form record the total number of CACFP reimbursable snacks and/or suppers *served* to students at your school that day.

#### Column A: Food Item

You will use this column to identify foods and beverages offered in CACFP snacks and/or suppers each day. Some foods are already listed for you. Others you will need to write in. In thinking about all the foods offered in your snacks each day and deciding which to include on this form, keep the following in mind:

#### DO INCLUDE:

 All foods and beverages offered in CACFP reimbursable snacks and/or suppers (even if they may not count toward USDA meal pattern requirements).

#### DO NOT INCLUDE:

- Foods and beverages that are offered only to adults.
- Foods and beverages that were planned for a given day, but not actually prepared/available that day.

#### When writing in foods that are not already listed on the form:

Record foods in their appropriate food group sections whenever possible. Blank
lines are provided at the end of each section for your entries. A generous amount
of additional space is provided at the end of the form for recording items that do
not fit in the individual food group sections (for example, not enough blank lines
for additional fruits), as well as items that belong in a food group that is not listed
on the form.

#### **Column B: Portion Size**

For each item offered in CACFP afterschool snacks or suppers, write the size of one individual serving, as offered to students. If the snack/supper item is pre-packaged, list the actual package size or weight, not "1 package."

Include both the amount and the unit of measure:

Food Item	Amount	Unit
Banana, fresh	1	Medium
Orange juice	6	fl. Oz
Granola bar	1	OZ.

 If a food or beverage is offered in more than one portion size (for different agegrade groups), list the food or beverage on separate lines and write in the different portion sizes.

A.	B.	C.				
			Number of Port	tions		
	Doution		Ons	site		
Food Item	Portion Size (Include Units)	Sent Off-Site	Reimbursable Prepared/ Available	Reimbursable Served		
Orange juice	6 fl.oz	0	50	25		
Orange juice	8 fl.oz	0	50	50		

#### **Column C: Number of Portions**

#### **Sent Off-Site**

For each snack/supper item offered, enter the total number of portions, if any, that are **sent off-site** to be served at other schools or facilities.

#### **Number of Reimbursable Portions Prepared/Available**

For each snack/supper item offered, write in the number of reimbursable portions *prepared or available*. The number of reimbursable portions prepared should reflect the actual number of servings available for students *at your school* to select as part of a CACFP snack or supper. If an item is prepared/available for both a snack and supper, write the combined total.

#### Number of Reimbursable Portions Served

Also for each snack item, enter the number of reimbursable portions or individual items **served** to (or selected by) students as part of a CACFP snack or supper, excluding portions served to adults. If a menu item is prepared and available to students but no portions are served, be sure to enter a zero in this column. If an item is served during both a snack and supper, write the combined total.

You may need to ask the afterschool program staff for this information. You can also give the afterschool program staff a copy of the CACFP Afterschool Snack and Supper Form and ask them to complete this column.

#### Column D: Manufacturer/Brand Name and Product Code

This column is used to provide information on the manufacturer, brand name, and product code of certain foods listed in Column A. We have shaded this column for prelisted foods that do not require manufacturer/brand name, or a product code. For all other commercially prepared food products you serve, please fill in the manufacturer/brand and product code information in Column D.

#### **Column F: Food Description**

This column is used to describe foods so that an accurate nutrient analysis can be done. For most of the pre-listed items, you will need to check a box or write in a response. For example, for some foods you will be asked to check whether a food is regular, low-fat or fat-free, or if it is whole grain-rich or reduced-fat. For some foods you will be asked to specify the type or variety of the food, such as the type of crackers (graham, wheat, saltines, etc.), or the flavor of milk or yogurt.

It is especially important to complete this column for commercially prepared products and items that you add to the form. Please provide as complete a description of the item as possible. Depending on the item, this may include information on:

- ✓ type (1% milk; 100% whole wheat bread; blueberry muffin)
- √ form (fresh, frozen or canned vegetable or fruit)
- ✓ flavor (chocolate milk, strawberry yogurt)
- √ fat content (low-fat yogurt, or fat-free salad dressing)

#### Column G: USDA Food?

For food items in Column A that are donated USDA Foods, place a check mark in the box in Column G.

#### Column G: Recipe?

For foods in Column A that require a recipe, place a check mark in the appropriate box in Column G. Use these checkmarks to remind you to complete a Recipe Form or provide a printed recipe.

We have shaded this column for pre-listed foods that do not require recipes. If the column is not shaded, you may need a recipe, depending on the food. For example, for purchased pizza that is served as is, a recipe is not needed. For pizza that is prepared from scratch or is a modified version of a purchased product (for example, you added your own toppings), a recipe is needed.

Note: Recipes are needed for all items that are made by combining two or more foods or ingredients.

# Instructions for Completing the Non-Reimbursable Foods Form

#### **Purpose:**

To describe non-reimbursable foods and beverages that are prepared from a recipe or removed from their original packaging before serving, and to provide information on the number of portions of each item served during the target week.

#### Location:

The Non-Reimbursable Foods Form (orange paper) is located behind the "Non-Reimbursable" tab in the Menu Survey Folder.

#### **Notes:**

- You will use one Non-Reimbursable Foods Form for the whole week.
- Include foods sold in the cafeteria but NOT offered as part of a reimbursable meal or reimbursable snack AND foods sold in other venues that offer nonreimbursable foods only. Some examples of other venues are vending machines, snack bars, school stores, and food carts.
- Only include foods in venues that are supplied or stocked by foodservice and that are prepared from recipes or removed from their original packaging. Items that are commercially prepared and served in their original packaging will be recorded on another form (Non-Reimbursable Foods Inventory.)
- If your school serves **ONLY** non-reimbursable foods and beverages that are commercially prepared and sold in their original packaging, you do not need to complete this form.
- Be sure to look at the sample completed Non-Reimbursable Foods Form that is provided. Looking at this sample as you read the instructions will make it easier to understand what you need to do when filling out the form.

# **How to Complete the Non-Reimbursable Foods Form**

#### Meal

At the top of the form, check the appropriate box or boxes to indicate whether the non-reimbursable recipe/food was offered during breakfast, lunch, and/or outside of meal periods. Foods may be offered outside of meal periods, just one time or throughout the day.

#### **Where Offered**

Non-reimbursable foods may be sold on cafeteria serving lines or in other venues, such as vending machines, snack bars, school stores, or food carts or at another school or facility (off-site). Indicate the venues where the non-reimbursable food items listed on

this form are offered, checking all boxes that apply. If your school sells non-reimbursable foods in a venue that is not listed, check "Other," and write in the name of the venue.

#### Column A: Food Name

Use this column to list non-reimbursable items that are prepared from recipes or that are removed from their original packaging. Include foods sold in the cafeteria but **NOT** offered as part of a reimbursable meal or reimbursable snack **AND** foods sold in other venues that offer non-reimbursable foods only.

#### DO INCLUDE:

- All non-reimbursable foods that are prepared from recipes (for example, homemade baked goods, sandwiches, or smoothies).
- Non-reimbursable foods that are removed from their original packaging (for instance, a frozen pizza or burrito that is removed from the box and heated before it is served).

#### DO NOT INCLUDE:

- Non-reimbursable foods sold in venues that are not supplied or stocked by foodservice.
- Commercially prepared non-reimbursable items that are sold in their original packaging. These items should only be recorded on the Non-Reimbursable Foods Inventory (see next section).

#### **Column B: Portion Size**

For each non-reimbursable item, write the size of one individual serving, as offered. Include both the *amount* and the *unit* of measure.

- For items prepared from recipes, write the size of one individual serving ("1/2 cup" vanilla pudding) or simply the number of items offered ("1 sandwich," "2 pieces," or "1 each").
- For items that are packaged in bulk quantities, record the weight (oz.) of one serving from the package, Child Nutrition (CN), or Nutrition Facts label.
- If any items were packaged as individual portions—before the packaging was removed—record the actual package size or weight, not "1 package."
- If a food or beverage item is offered in more than one portion size, you will need
  to list the food twice (on separate lines) and write in both portion sizes for the
  item.

A.	B. Portion Size
Food Name	(Include Units)
Chocolate chip cookie, baked from recipe	1 large cookie
Chocolate chip cookie, baked from recipe	3 small cookies
Frozen individual pizza, heated	4.8 oz
Bagel, cinnamon raisin	2.5 oz

#### Column C: Recipe

If an item was prepared from a recipe, check the box in Column C. Use these checkmarks to remind you to complete a Recipe Form or provide a printed recipe. Remember that recipes are needed for all items that are made by combining two or more foods or ingredients.

#### Column D: Manufacturer/Brand Name and Product Code

For commercially prepared foods that are not prepared from a recipe, please record the manufacturer and/or brand name and a product code (if available) in Column D. Below are examples of manufacturer/brand names and products codes for some foods.

Food Name (Column A)	Manufacturer/Brand Name and Product Code (Column D)
Pizza, pepperoni	Schwan's/Tony's 78546

Super Donut Super Bakery 6001 Pancake-on-a-stick State Fair 70481

#### **Column E: Food Description**

For each item listed in Column A, use this column to provide details about the type or variety of the food. Please provide as complete a description of the item as possible. Depending on the item, this may include information on:

- ✓ type (100% whole wheat bread, rye bread, blueberry muffin, unbreaded chicken patty, low-sodium green beans)
- √ form (fresh, frozen or canned vegetable or fruit)
- ✓ flavor (**strawberry** milk, **oatmeal** cookie, **vanilla** yogurt)
- ✓ fat content (low-fat yogurt, reduced-fat sour cream, fat-free salad dressing)

See the sample completed form for examples of food descriptions.

#### **Column F: Number of Portions**

For each non-reimbursable food and beverage listed, record the *number* of portions

sent off-site, served onsite, leftover for later use, and wasted, each day of the target week.

#### **Sent Off-Site**

For each item offered, enter the total number of portions, if any, that are **sent off-site** to be served at other schools or facilities. Include portions sent off-site on the day they are sent – it doesn't matter if they will be served on the same day or another day.

#### **Served Onsite**

For each item offered, enter the number of non-reimbursable portions **served onsite**. Your production records may include this information; if not, you may need to talk to your SFA director about putting a procedure in place to record it for the target week. If an item is offered but not served, be sure to enter zero.

## Left Over for Later Use

Enter the number of non-reimbursable portions that were not served, but were saved to be served on a different day. For instance, this may include cookies prepared from a recipe that are wrapped in plastic wrap and may be offered the following day.

#### Wasted

Enter the number of non-reimbursable portions that were not served and must be thrown out because they cannot be served on a different day. For instance, this may include frozen pizza that has already been removed from its package and heated.

If there are no portions to enter in a column, enter zero.

# **Instructions for Completing the Non-Reimbursable Foods Inventory**

Purpose: To describe and record inventory information for commercially prepared

non-reimbursable foods and beverages that are served in their original

packaging during the target week.

Location: The Non-Reimbursable Foods Inventory (red paper) is located behind the

"Non-Reimbursable" tab in the Menu Survey Folder.

#### Notes:

You will use one Non-Reimbursable Foods Inventory for the whole week.

- Include foods sold in the cafeteria but NOT offered as part of a reimbursable meal or reimbursable snack AND foods sold in other venues that offer nonreimbursable foods only.
- Only include foods sold in venues that are supplied or stocked by foodservice, and that are commercially prepared and served in their original packaging.
- Be sure to inventory foods and beverages that are non-perishable, refrigerated, and frozen. Take into account all items in storage areas, plus items that are already out for sale.
- Be sure to look at the sample completed Non-Reimbursable Foods Inventory that is provided. Looking at this sample as you read the instructions will make it easier to understand what you need to do when filling out the form.

## How to Complete the Non-Reimbursable Foods Inventory

#### Meal

Check the appropriate box or boxes to indicate whether the non-reimbursable food or beverage was offered during breakfast, lunch, and/or outside of meal periods.

## **Delivery Day(s)**

Check the boxes for all days when your school's kitchen receives deliveries. If it is different every week, check the box on each day that your kitchen receives deliveries during the target week.

## Where Offered

Non-reimbursable foods may be sold on cafeteria serving lines or in other venues, such as vending machines, snack bars, school stores, or food carts or at another school or facility (off-site). Indicate the venues where the non-reimbursable food items listed on

this form are offered, checking all boxes that apply. If your school sells non-reimbursable foods in a venue that is not listed, check "Other," and write in the name of the venue.

## **Column A: Food Name**

Use this column to list commercially prepared non-reimbursable foods that are sold in their original packaging and that are supplied or stocked by foodservice. Include foods sold in the cafeteria but **NOT** offered as part of a reimbursable meal or reimbursable snack **AND** foods sold in other venues that offer non-reimbursable foods only.

## DO NOT INCLUDE:

- Non-reimbursable foods sold in venues that are not supplied or stocked by foodservice.
- Non-reimbursable items that are prepared from recipes or that are removed from their original packaging (for instance, a frozen pizza or burrito that is removed from the box and heated before it is served). These items should only be recorded on the Non-Reimbursable Foods Form (see previous section).

If a food item is available in different flavors **AND** the brand and package sizes are the same, you can group the items and list them only once.

## **Example:**

A 12 fl. oz. Tropicana 100% orange juice and 12 fl. oz. Tropicana 100% grapefruit juice can be listed together as "100% juice" in Column A.

## **Column B: Individual Package Size**

For each food (including groups of foods) listed, write the size of the package, which represents one individual serving. The individual package size should include both the **amount** and the **unit** of measure. If a food or beverage item is available in more than one size, you will need to list the food twice (on separate lines) and write in both package sizes for that item.

## Column C: # Individual Packages in Bulk Case

Also for each food, write the number of individual packages received in a bulk case.

## **Example:**

On the form below, two types of 100% juice are grouped together and recorded on the same (first) line. However, items with different package sizes or different brands must be written on separate lines:

A.	B.	C.	D.
Food Name	Individual Package Size	# Individual Packages in Bulk Case	Manufacturer/Brand Name
100% juice (orange, grapefruit)	12 fl. oz.	32	Tropicana
100% juice, orange	8 fl. oz.	48	Florida's Natural
100% juice, orange	12 fl.oz.	48	Florida's Natural

#### **Column D: Manufacturer/Brand Name**

Please record the manufacturer and/or brand name, a product code (if available), and any other information from the package that might be helpful in identifying the item in Column D.

## **Column E: Starting Onsite Inventory**

For each food, provide the starting inventory. Include the number of items in the stock room, refrigerator, freezer, and other storage areas, *plus* the number of items already put out for sale.

#### # Full Bulk Cases

Write the number of full bulk cases that are in the foodservice inventory at the start of the week, after Monday deliveries have been received.

## # Additional Individual Packages

Write the number of additional individual packages on hand that do not make up a full bulk case. For example, there may be 8 48-carton bulk packages of orange juice, and 10 additional cartons left over from a bulk package that had already been opened.

## Column F: Deliveries Received and Sent Off-Site

For each item or group of items, record the number of full bulk cases and/or fractions of full cases (for example, 1/2 or 2 1/2 cases) that are received each day (Tuesday through Friday) of the target week and added to the amounts on hand that you recorded in Column E. If your school sends non-reimbursable items to another school or facility during the week, write in the number of bulk containers sent off-site in the columns provided.

Enter zeros on days when there are no deliveries or items sent off-site.

## **Column G: Ending Onsite Inventory**

For each item or group of items, provide the ending inventory. Include the number of items in the stock room, refrigerator, freezer, and other storage areas, *plus* the number

## of items already put out for sale.

## # Full Bulk Cases

Write the number of full bulk cases that remain in the foodservice inventory at the end of the week, after all deliveries and sales.

## # Additional Individual Packages

Similarly, write the number of additional individual packages on hand at the end of the week.

Note: The Starting Onsite Inventory (Column E) + [Deliveries Received - Sent Off-Site (Column F)] – Ending Onsite Inventory (Column G) should represent the number of bulk cases/containers sold during the target week.



# **Daily Meal Counts Form (Expanded)**

School Nam	e:				Date:								
Instructions:													
please re of the tar	oxes for the <b>Num</b> ecord the <b>numbe</b> eget week. Do <b>no</b> on an a la carte	r of free, red t include meal	uced-pric	e, and fu	ıll-pric	e reimbu	rsable meals s	erved in your so	chool each day				
	the number of ree in the space pr		neals was	s much h	igher o	or lower tl	han usual. If so	, describe the re	easons for this				
3. At the bostudent,	e in the space protection of the page adult, and other seep venue-specific	e, please rec sales in venue	es supplie	d or stock	ked by	foodservi	ce only, for each	n day of the targ					
		Nun	nber of R	eimburs	able L	unches S	Served						
	Free R	educed- Price	Full- Price	FOR OF			heck if the num						
Monday							leason:						
Tuesday							leason:						
Wednesday							leason:						
Thursday						□ <b>→</b> R	leason:						
Friday						□ → R	leason:						
	□ → Reason:												
	R Free	educed- Price	Full- Price	FOR OF	_		theck if the num sts served this d ual.						
Monday						□ <b>→</b> R	leason:						
Tuesday						□ <b>→</b> R	leason:						
Wednesday						□ <b>→</b> R	leason:						
Thursday						□ <b>→</b> R	leason:						
Friday						□ <b>→</b> R	leason:						
	Total Non-R	eimbursable	e Food Sa	les in Ve	nues	Supplied	or Stocked by	Foodservice					
	Serving Line (A la Carte)	Snack Ba		nding ichine	Foo	od Cart	School Store	Other:	Total				
Monday	\$	\$	_ \$		\$		\$	\$	\$				
Tuesday	\$	\$	_ \$		\$		\$	\$	\$				
Wednesday	\$	\$	_ \$		\$		\$	\$	\$				
Thursday	\$	\$	\$		\$		\$	\$	\$				
Friday	\$	<b>\$</b>	<b>©</b>		¢		\$	¢	\$				









# SCHOOL NUTRITION AND MEAL COST STUDY REIMBURSABLE FOODS FORM: BREAKFAST

NOTE: For instructions on completing this form, please refer to Instructions for the Menu Survey.

Reimbursable Meal Counts	Page 1
How many reimbursable student breakfasts did you <b>plan to serve</b> at your school this day?	
How many reimbursable student breakfasts <i>did you serve</i> at your school this day?	

School Name:				Date:						D	ay:		∕lon □ Tue	□ Wed □ Thu	∃Fri	
A.	B.			C.						D.			E.	F.	G.	Н.
				Number of I	Portions			Me	eal Pat	tern Co		tions				
	Portion Size (Include	Total	Sent	Reimbursable	Onsite Served A La Carte or to	Left Over		Fruit (cups)	Vegetables (cups)	Meat/Meat Alternates (oz. eq.)	Grains (oz. eq.)	Whole Grain-Rich	Manufacturer/Brand Name and Product Code		USDA Food?	Recipe?
Food Item	Units)	Prepared	Off-Site	Served	Adults/Others	Use	Wasted		Š	Ą	٥	>	(If Applicable)	Food Description		
MILK																
White, fat-free/skim	fl oz.															
White, 1%	fl oz.															
White, 2%	fl oz.															
White, whole	fl oz.															
Chocolate, fat-free/skim	fl oz.															
Chocolate, 1%	fl oz.															
Chocolate, 2%	fl oz.															
Other flavor Specify:	fl oz.													☐ Fat-free/skim ☐ 1% ☐ 29	ó	
Other flavor Specify:	fl oz.													☐ Fat-free/skim ☐ 1% ☐ 29	ó	
Other flavor Specify:	fl oz.													☐ Fat-free/skim ☐ 1% ☐ 29	5	
	fl oz.															
	fl oz.															
	fl oz.															





A.	B.			C.						D.			E.	F.	G.	H.
				Number of I	Portions			М	eal Pat	tern Co	ntribu	tions				
					Onsite	Ι	Ī	Fruit (cups)	Vegetables (cups)	Meat/Meat Alternates (oz. eq.)	Grains (oz. eq.)	Whole Grain-Rich			-ood?	pe?
Food Item	Portion Size (Include Units)	Total Prepared	Sent Off-Site	Reimbursable Served	ellibursable Carte of to lor Later							Whole G	Manufacturer/Brand Name and Product Code (If Applicable)	Food Description	USDA Food?	Recipe?
FRUIT (Note: Prelisted entries sl	hould be used	only for fruit tha	t is served as	purchased. If anyth	re serving, list	as separat	e item a	and cor	nplete a	RECI	PE FORM	.)				
Apple, fresh																
Applesauce, canned	cup											☐ Sweetened ☐ Unsweetened				
Apricots, canned	cup										☐ Heavy syrup ☐ Light syrup ☐ Extra light syrup ☐ Juice ☐ Water					
Banana, fresh	Сир															
Fruit cocktail, canned	cup													☐ Heavy syrup ☐ Light syrup ☐ Extra light syrup ☐ Juice ☐ Water		
Grapes, fresh	cup															
Orange, fresh																
Peaches, canned	cup													☐ Heavy syrup ☐ Light syrup ☐ Extra light syrup ☐ Juice ☐ Water		
Pears, fresh																
Pears, canned	cup													☐ Heavy syrup ☐ Light syrup ☐ Extra light syrup ☐ Juice ☐ Water		
Pineapple, canned	cup													☐ Heavy syrup ☐ Light syrup ☐ Extra light syrup ☐ Juice ☐ Water		
Raisins	oz.															

A.	В.			C.						D.			E.	F.	G.	н.
				Number of I	Portions			Me	eal Pat	tern Co	ontribu	tions				
					Onsite					Meat (oz. eq.)	oz. eq.)	ain-Rich			¿poc	e?
Food Item	Portion Size (Include Units)	Total Prepared	Sent Off-Site	Reimbursable Served	Served A La Carte or to Adults/Others	Left Over for Later Use	Wasted	Fruit (cups)	Vegetables (cups)	Meat/Meat Alternates (oz. 6	Grains (oz. eq.)	Whole Grain-Rich	Manufacturer/Brand Name and Product Code (If Applicable)	Food Description	USDA Food?	Recipe?
JUICES (Note: Prelisted entri	ies should be use	d only for full-str	ength (100%)	fruit and vegetable	e juice. List fruit dr	inks in the 'Ot	her Menu It	ems' se	ection.)							
Apple juice	fl oz.													□Vitamin C added □Calcium added		
Grape juice	fl oz.													□Vitamin C added □Calcium added		
Orange juice	fl oz.													□Vitamin C added □Calcium added		
	fl oz.															
BREADS AND GRAINS Please	e note in Column	A if any items	in this section	n were offered on	nly with another b	bread or grain	or with a	particul	lar mea	at/meat	alterna	ate or co	mbination item (for example, T	oast w/ cereal, or Biscuit w/ sausage).		
COLD CEREALS																
Apple Jacks	OZ.															
Cheerios, plain	OZ.															
Cheerios, Honey Nut	OZ.															
Cinnamon Toast Crunch	OZ.															
Cocoa Krispies	OZ.															
Cocoa Puffs	OZ.															
Froot Loops	OZ.															
Frosted Flakes	OZ.															
Frosted Mini Wheats	OZ.															
Golden Grahams	oz.															
Kix	OZ.															
Lucky Charms	oz.															
Raisin Bran	OZ.															
Rice Krispies	OZ.															
Special K	OZ.															
Trix	OZ.															

A.	B.			C.						D.			E.	F.	G.	H.
				Number of F	Portions			М	eal Patt	tern Co	ntribut	ions				
	Bartian				Onsite			Fruit (cups)	Vegetables (cups)	Meat/Meat Alternates (oz. eq.)	Grains (oz. eq.)	Whole Grain-Rich			USDA Food?	Recipe?
Food Item	Portion Size (Include Units)	Total Prepared	Sent Off-Site	Reimbursable Served	Served A La Carte or to Adults/Others	Left Over for Later Use	Wasted	Fruit	Vegetak	Mea Alternat	Grains	Whole (	Manufacturer/Brand Name and Product Code (If Applicable)	Food Description	USDA	Rec
HOT CEREALS (Note: If pre	pared with fa	t and/or milk,	complete a	1							T					
Cream of Wheat	cup													☐ Instant ☐ Quick ☐ Reg		
Grits	cup													☐ Instant ☐ Quick ☐ Reg		
Oatmeal	cup													☐ Instant ☐ Quick ☐ Reg		
OTHER BREADS AND GRAIN	S OFFERED	SEPARATEL	Υ			1	,									
Bagel	oz.													Specify type:		
Biscuit	oz.															
Danish or turnover	OZ.													□ Fruit □ Cheese		
Doughnut	OZ.													□ Icing/glaze □ No Icing/glaze		
English muffin, plain	OZ.															
English muffin, buttered	OZ.													☐ Margarine ☐ Butter		
Granola/cereal bar	OZ.													Specify type:		
Muffin	OZ.													Specify type:		
Pancake	OZ.															
Roll, cinnamon	OZ.													☐ Icing ☐ No Icing		
Toast, plain	OZ.													Specify type:		
Toast, buttered	OZ.													Specify type:		
Toaster pastry	OZ.													□ Low-fat		
, , , , , , ,	53.															

A.	B.			C.						D.			E.	F.	G.	H.
				Number of F	Portions			Me	eal Pat	tern Co	ntribut	ions				
					Onsite	T	T	Fruit (cups)	Vegetables (cups)	Meat s (oz. eq.)	Grains (oz. eq.)	Whole Grain-Rich			-ood?	pe?
Food Item	Portion Size (Include Units)	Total Prepared	Sent Off-Site	Reimbursable Served	eimbursable   Carte or to   for Later				Vegetabl	Meat/Meat Alternates (oz. eq.)	Grains	Whole G	Manufacturer/Brand Name and Product Code (If Applicable)	Food Description	USDA Food?	Recipe?
MEATS AND MEAT ALTERNA	ITES OFFERED SEPAI	RATELY	pared Off-Site Served Adults/Others Use Wa													
Bacon	sl													□ Pork □ Turkey		
Eggs	cup													☐ Scrambled ☐ Hard boiled ☐ Fried		
Ham	OZ.													□ Pork □ Turkey		
Peanut butter	OZ.													☐ Reduced-fat		
Sausage	OZ.													☐ Beef or pork ☐ Chicken or turkey		
Yogurt	OZ.													☐ Reg ☐ Low-fat ☐ Fat-free ☐ Light Specify flavors:		
COMBINATION ITEMS	·															
Breakfast burrito	OZ.													☐ Eggs ☐ Cheese ☐ Beans ☐ Potato ☐ Other:		
Egg sandwich	1 sandwich													☐ Cheese ☐ Sausage ☐ Ham ☐ Bacon ☐ Other: Specify bread type:		
Egg sandwich	1 sandwich													☐ Cheese ☐ Sausage ☐ Ham ☐ Bacon ☐ Other: Specify bread type:		
French toast																
French toast sticks	ea.													Weight of each stick:oz.		
Grilled cheese	1 sandwich													☐ Reduced-fat		
Pancake on a stick	OZ.													☐ Beef or pork ☐ Chicken or turkey		
Pizza	OZ.													☐ Reduced-fat Specify toppings:		

A.	B.			C.						D.			E.	F.	G.	H.
			1	Number of F	ortions			M	eal Pat	ttern Co	ntribut	tions				
					Onsite			Fruit (cups)	(sdnɔ) se	Meat s (oz. eq.)	oz. eq.)	ain-Rich			¿poo,	96?
Food Item	Portion Size (Include Units)	Total Prepared	Sent Off-Site	Reimbursable Carte or to Served Adults/Others Use Wasted					Vegetables (cups)	Meat/Meat Alternates (oz. eq.)	Grains (oz. eq.)	Whole Grain-Rich	Manufacturer/Brand Name and Product Code (If Applicable)	Food Description	USDA Food?	Recipe?
CONDIMENTS		•		Served Adults/Others Use Wasted				1			· · · · · · · · · · · · · · · · · · ·	•		•		
Self-serve condiments or fixins' bar	1 serving												Please list all ingredients on BAR FORM	SELF-SERVE/ MADE-TO-ORDER		
Butter																
Cream cheese														☐ Reg ☐ Red. fat ☐ Light ☐ Fat-free		
Gravy														☐ Reg ☐ Red. fat ☐ Low-fat ☐ Fat-free		
Honey																
Jelly														☐ Sugar-free		
Ketchup																
Margarine																
Salsa														☐ Low sodium		
Syrup														☐ Sugar-free		

A.	B.			C.						D.			E.	F.	G.	Н.
				Number of F	Portions			М	eal Pat	tern Co	ntribu	tions				
Food Item	Portion Size (Include Units)	Total Prepared	Onsite  Served A La Left Over Carte or to for Later Adults/Others Use Wast							Meat/Meat Alternates (oz. eq.)	Grains (oz. eq.)	Whole Grain-Rich	Manufacturer/Brand Name and Product Code (If Applicable)	Food Description	USDA Food?	Recipe?
	Units)	Prepared	d Off-Site Served Adults/Others Use Wasted										(п Аррпсавіе)	Food Description		
OTHER MENU ITEMS																
																1
	1		1													

## SCHOOL NU REIMB

NOTE: For instructions on completing this form, please refer to Instructions for the M

			Reimbursabl	e Meal Counts		
TRITION AND MEAL COST STUDY	How many school this		tudent lunches d	lid you <i>plan to se</i>	erve at your	
URSABLE FOODS FORM: LUNCH	How many	reimbursable s	tudent lunches <i>c</i>	<i>lid you serve</i> at	your school	
Menu Survey.	this day?					
Date:	Day:	☐ Mon	□ Tue	□ Wed	☐ Thu	□ Fri

School Name:		Date:								D	ay:		□ Мо	n		Tue □ We	ed 🗆 Thu 🗆 F	ri		
A.	B.			C	<b>&gt;.</b>								D.				E.	F.	G.	H.
										Me	eal Pa	ttern	Contr	ribution						
				Number o	f Portions				\	/egeta	ables	(cups	5)	q.)						
					Onsite	)		(sdn:	reen	ange	nes	hy	S	t/Meat s (oz. E	oz. eq.)	Grain- h	Manufacture d'Drand		¿po	
	Portion Size (Include	Total	Sent	Reimbursable		Left Over for		Fruit (cups)	Dark Green	Red/Orange	Legumes	Starchy	Others	Meat/Meat Alternates (oz. Eq.)	Graims (oz. eq.)	Whote Grain- Rich	Manufacturer/Brand Name and Product Code		USDA Food?	Recipe?
Food Item	Units)	Prepared	Off-Site	Served	Adults/Others	Later Use	Wasted	<u> </u>							L		(If Applicable)	Food Description	<u> </u>	
MILK																				
White, fat-free/skim	fl oz.																			
White, 1%	fl oz.																			
White, 2%	fl oz.																			
White, whole	fl oz.																			
Chocolate, fat-free/skim	fl oz.																			
Chocolate, 1%	fl oz.																			
Chocolate, 2%	fl oz.																			
Other flavor Specify:	_ fl oz.																	☐ Fat-free/skim ☐ 1% ☐ 2%		
Other flavor Specify:	_ fl oz.																	☐ Fat-free/skim ☐ 1% ☐ 2%		
Other flavor Specify:	_ fl oz.																	☐ Fat-free/skim ☐ 1% ☐ 2%		
	fl oz.																			
	fl oz.																			
	fl oz.																			







Page 1

A.	B.			C									D.				E.	F.	G.	Н.
														ibution		ı				
				Number o	f Portions			-		/egeta	ables	(cups	s)	Eq.)	_					
					Onsite	9		(sdno	reen	range	mes	chy	ers	nt/Meat es (oz.	oz. eq.	Grain- Դ	Manufacturer/Brand		¿poc	
Food Item	Portion Size (Include Units)	Total Prepared	Sent Off-Site	Reimbursable Served	Served A La Carte or to Adults/Others	Left Over for Later Use	Wasted	Fruit (cups)	Dark Green	Red/Orange	Legumes	Starchy	Others	Meat/Meat Alternates (oz. Eq.)	Graims (oz. eq.)	Whote Grain- Rich	Name and Product Code (If Applicable)	Food Description	USDA Food?	Recipe?
FRUIT (Note: Prelisted entries should	d be used only for	fruit that is	served as pur	chased. If anyth	ing is added be	efore serving, lis	st as sepai	rate ite	em an	d com	plete	a REC	CIPE F	ORM.)						
Apple, fresh																				
Applesauce, canned	cup																	☐ Sweetened ☐ Unsweetened		
Apricots, canned	cup																	☐ Heavy syrup ☐ Light syrup☐ Extra light syrup☐ Juice☐ Water☐		
Banana, fresh																				
Fruit cocktail, canned	cup																	☐ Heavy syrup ☐ Light syrup☐ Extra light syrup☐ Juice☐ Water☐		
Grapes, fresh	cup																			
Orange, fresh																				
Peaches, canned	cup																	☐ Heavy syrup ☐ Light syrup☐ Extra light syrup☐ Juice☐ Water☐		
Pears, fresh																				
Pears, canned	cup																	☐ Heavy syrup ☐ Light syrup☐ Extra light syrup☐ Juice☐ Water☐		
Pineapple, canned	cup																	☐ Heavy syrup ☐ Light syrup☐ Extra light syrup☐ Juice☐ Water☐		
Raisins	OZ.																			

A.	B.			C	<b>)</b> .								D.				E.	F.	G.	H.
				Nob.	( Dantiana			-						ibution	S 					
				Number o	T Portions			1		/egeta	abies	(cups	·)	Eq.	<u> </u>					
					Onsit	e		(sdn:	Dark Green	Red/Orange	nes	hy	Si	Meat/Meat Alternates (oz. Eq.)	Graims (oz. eq.)	Whote Grain- Rich	Manufacturer/Brand		¿poq	
	Portion Size				Served A La			Fruit (cups)	ark G	d/Or	Legumes	Starchy	Others	Mea	) smi	ote ( Ric	Name and Product		USDA Food?	Recipe?
Food Item	(Include Units)	Total Prepared	Sent Off-Site	Reimbursable Served	Carte or to Adults/Others	Left Over for Later Use	Wasted	Ē	٥	ě	_			Ąţ	Gra	₹	Code (If Applicable)	Food Description	ISN	Rec
JUICES (Note: Prelisted entries shou	uld be used only f	or full-streng	th (100%) fru	it and vegetable	e juice. Fruit dri	nks are include	d in 'Desse	erts, D	rinks,	and S	nacks	' secti	ion.)							
	-																	☐ Vitamin C added		T
Apple juice	fl oz.																	☐ Calcium added☐ Vitamin C added☐		
Grape juice	fl oz.																	☐ Calcium added		
Orange juice	fl oz.																	<ul><li>□ Vitamin C added</li><li>□ Calcium added</li></ul>		
Frozen juice cup/bar	fl oz.																	Specify flavor:		
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	fl oz.																			
	fl oz.																			
VEGETABLES (Note: If beans or peas a		as a most a	Itornata anto	r thom in the "C	ther Entrees ar	ad Moat/Moat /	Itornatos"	coctio	n )											
TECETABLES (Note: II bealts of peas a	lie being counted	as a meat a	literriate, erite		The Lines a	Iu Meat/Meat F	literriates	Section	i i.,											Τ_
Baked beans	cup																	☐ Vegetarian ☐ With pork		
																		☐ Fresh ☐ Frozen ☐ Canned ☐ Low sodium		
Beans, green	cup																	☐ Fat added, specify type:		
. 0																		□ Fresh □ Frozen		
																		☐ Canned ☐ Low sodium ☐ Fat added, specify type:		
Broccoli, cooked	cup																If offered list dip as	s separate item(s) or complete a		
Broccoli, raw	cup																RECIPE FORM			
																		☐ Fresh ☐ Frozen ☐ Canned ☐ Low sodium		
Carrots, cooked	cup																	☐ Fat added, specify type:		
,																	If offered, list dip as	s separate item(s) or complete a		
Carrots, raw	cup																RECIPE FORM	s separate item(s) or complete a		
Celery, raw	cup																RECIPE FORM			
																		☐ Fresh ☐ Frozen ☐ Canned ☐ Low sodium		
Corn, kernels	cup																	☐ Fat added, specify type:		
,	·																	s separate item(s) or complete		
Cucumber, raw	cup						1										RECIPE FORM			

A.	В.			С								D					E.	F.	G.	H.
									ı					ibutions	3					
				Number of	f Portions				\	/egetab	les (c	cups)	)	. <del>j</del>						
					Onsite	9		(sdno	Green	Red/Orange	Legumes	chy	ers	at/Meat es (oz. E	(oz. eq.)	Whote Grain- Rich	Manufacturer/Brand		¿poo	
Food Item	Portion Size (Include Units)	Total Prepared	Sent Off-Site	Reimbursable Served	Served A La Carte or to Adults/Others	Left Over for Later Use	Wasted	Fruit (cups)	Dark Green	Red/O	Legu	Starchy	Others	Meat/Meat Alternates (oz. Eq.)	Graims (oz. eq.)	Whote Ri	Name and Product Code (If Applicable)	Food Description	USDA Food?	Recipe?
	,	Frepareu	OII-Site	Serveu	Adults/Others	Later Use	wasteu										(п Аррпсавіе)	□ Oven-baked □ Deep-fried		
French fries	cup																	□ Overi-baked □ Deep-illed		_
Lettuce and tomato	cup																			
Mixed vegetables	cup																	☐ Fresh ☐ Frozen ☐ Canned ☐ Low sodium ☐ Fat added, specify type:		
Peas, green	cup																	☐ Fresh ☐ Frozen ☐ Canned ☐ Low sodium ☐ Fat added, specify type:		
Potatoes, whipped or mashed	cup																	□ From fresh		
Refried beans	cup																	☐ From dry ☐ Canned ☐ Low sodium ☐ Fat added, specify type:		
Sweet potatoes	cup																	☐ Fresh ☐ Frozen ☐ Canned ☐ Low sodium ☐ Fat added, specify type:		
Sweet potato fries or tots	cup																	☐ Oven-baked ☐ Deep-fried		
Side salad bar (non-entrée or small portion)	1 serving																Please list all ingred	dients on SELF-SERVE/ BAR FORM		
Salad, tossed	cup																List dressing as sep	parate item(s)		
Tater tots or shapes	cup																	☐ Oven-baked ☐ Deep-fried		

A.	B.			C	<b>)</b> .								D.				E.	F.	G.	H.
														ibution	S	1				
				Number o	f Portions			1	٧	/egetak	oles (	(cups	i)	Еф.)						
					Onsite	e		(sdn:	reen	range	mes	chy	ers	ıt/Meat es (oz.	oz. eq.	Grain- th	Manufacturer/Brand		¿poc	
Food Item	Portion Size (Include Units)	Total Prepared	Sent Off-Site	Reimbursable Served	Served A La Carte or to Adults/Others	Left Over for Later Use	Wasted	Fruit (cups)	Dark Green	Red/Orange	Legumes	Starchy	Others	Meat/Meat Alternates (oz. Eq.)	Graims (oz. eq.)	Whote Grain- Rich	Name and Product Code (If Applicable)	Food Description	USDA Food?	Recipe?
SANDWICHES	,,	ториго															(, p			
Cheeseburger	1 sandwich										T									
Chicken filet or breast (not breaded)	1 sandwich																			
Chicken patty (breaded)	1 sandwich																			
Fish sandwich	1 sandwich																	□ Breaded		
Grilled cheese	1 sandwich																			
Ham and cheese	1 sandwich																			
Hamburger	1 sandwich																			
Hot dog	1 sandwich																	<ul><li>☐ Beef or pork</li><li>☐ Chicken or turkey</li></ul>		
Italian sub	1 sandwich																			
Peanut butter & jelly	1 sandwich																			
Rib, barbeque	1 sandwich																			
Sloppy joe	1 sandwich																	☐ Beef ☐ Pork ☐ Chicken or turkey		
Turkey	1 sandwich																			
Tuna salad	1 sandwich																			
Veggie burger	1 sandwich																			
	1 sandwich																		-	
	1 sandwich																			
	1 sandwich																			
	1 sandwich																			
	1 sandwich																			

A.	B.			С									D.				E.	F.	G.	H.
														ribution	s	1				
				Number of	f Portions				V	egeta	ables	(cups	5) 	Eq.)						
					Onsite	!		(sdno	Green	range	mes	chy	ers	at/Meat es (oz.	oz. eq.	Grain- ch	Manufacturer/Brand		¿poo	
	Portion Size (Include	Total	Sent	Reimbursable	Served A La Carte or to	Left Over for		Fruit (cups)	Dark Green	Red/Orange	Legumes	Starchy	Others	Meat/Meat Alternates (oz. Eq.)	Graims (oz. eq.)	Whote Grain- Rich	Name and Product Code		USDA Food?	Recipe?
Food Item	Units)	Prepared	Off-Site	Served	Adults/Others	Later Use	Wasted										(If Applicable)	Food Description		_
ENTRÉE SALADS (Note: List all c	dressings as separate	items)		T	T .			1						I	1	T			1	
Chef's salad	1 salad																			
Chicken Caesar salad	1 salad																			
	1 salad																			
	1 salad																			
	1 salad																			
	1 salad																			
	1 salad																			
	1 salad																			
	1 salad																			
SELF-SERVE/MADE-TO-ORDER EN	ITRÉE BARS																			
Entrée salad bar	1 serving																Please list all ingre TO-ORDER BAR FO	dients on SELF-SERVE/MADE- DRM		
Potato bar	1 serving																Please list all ingre	dients on SELF-SERVE/MADE- DRM		
Nacho/taco bar	1 serving																Please list all ingre TO-ORDER BAR FO	dients on SELF-SERVE/MADE- DRM		
Sandwich/deli bar	1 serving																Please list all ingre TO-ORDER BAR FO	dients on SELF-SERVE/MADE- DRM		
	1 serving																Please list all ingre TO-ORDER BAR FO	dients on SELF-SERVE/MADE- DRM		
	1 serving																Please list all ingre TO-ORDER BAR FO	dients on SELF-SERVE/MADE- DRM		
	1 serving																Please list all ingre TO-ORDER BAR FO	dients on SELF-SERVE/MADE- DRM		
	1 serving																Please list all ingre TO-ORDER BAR FO	dients on SELF-SERVE/MADE- ORM		
	1 serving																Please list all ingre TO-ORDER BAR FO	dients on SELF-SERVE/MADE- ORM		

A.	B.			С									).				E.	F		G.	H.
														ibutions	S					1	
			1	Number of	Portions				Ve	egeta	bles (	(cups	)	Ġ						1	
					Onsite	2		(sd	u e	nge	se	y	•	Meat (oz. E	. eq.)	ain-				ç <sub>e</sub>	
Food Item	Portion Size (Include Units)	Total Prepared	Sent Off-Site	Reimbursable Served	Served A La Carte or to Adults/Others	Left Over for Later Use	Wasted	Fruit (cups)	Dark Green	Red/Orange	Legumes	Starchy	Others	Meat/Meat Alternates (oz. Eq.)	Graims (oz. eq.)	Whote Grain- Rich	Manufacturer/Brand Name and Product Code (If Applicable)	Food De	scription	USDA Food?	Recipe?
OTHER ENTREES AND MEAT/MEAT ALTE								cular e	ntrée	or me	eat/m	eat al	terna	te (for e	vamni	a Chaos				d chee	ς <u>α</u>
sandwich).	innieo i icas	ic note in oc	namm A m am	iy itemis in tins	Section were t	onered omy w	itii a parti	cuiai c		01 111	cauiii	icat ai	iterria	ic (101 c	Adilipi	c, Onces	e with peanut butter	Sandwich, or 1	oguit <i>with grine</i>	i criccs	,.
Beans or peas (Specify type)	cup																	☐ From dry ☐ Low sodium ☐ specify type:			
Burrito	OZ.																		Beef Cheese		
Cheese (string cheese or cubes)	OZ.																	☐ Reduced-fat			
Cheese breadstick or pizza stick	OZ.																	☐ Reduced-fat Specify fillings:			
Chicken nuggets (breaded)	ea.																	☐ Oven-baked Weight of each nugget:	□ Deep-friedoz.		
Chicken strips (not breaded)	OZ.																				
Chicken patty (not sandwich)	OZ.																	□ Oven-baked	☐ Deep-fried		
Chicken piece(s) (Specify part)																		<ul><li>□ Breaded</li><li>□ Oven-baked</li></ul>	<ul><li>□ With skin</li><li>□ Deep-fried</li></ul>		
Corndog	oz.																	<ul><li>□ Beef or pork</li><li>□ Chicken or tur</li></ul>	·key		
Fish sticks or nuggets	ea.																	<ul><li>☐ Oven-baked</li><li>☐ Breaded</li><li>Weight of each nugget/stick:</li></ul>			
Macaroni and cheese	cup																				
Nachos	OZ.																				
Peanut butter	oz.																	☐ Reduced-fat			
Pizza, cheese	oz.																	□ Reduced-fat			┖
Pizza, pepperoni	oz.																	☐ Reduced-fat			
Pizza, sausage	OZ.																	□ Reduced-fat			
Pizza, vegetarian	OZ.																	□ Reduced-fat Specify toppings	:		

A.	В.				· .								υ.				E.	Г.	G.	н.
														ribution	s					
				Number o	f Portions				'	Veget	ables	(cups	s)	(÷						
								<u>8</u>	5	e G				eat oz. E	ed.)	. <b>≟</b>			٠.	
					Onsit	e	1	l dno	Gree	ranç	l me	Starchy	Others	at/M tes (	(oz.	S to	Manufacturer/Brand		poo.	_
	Portion Size (Include	Total	Comb	Daimhumabla	Served A La	Left Over for		Fruit (cups)	Dark Green	Red/Orange	Legumes	Stal	ਰੋ	Meat/Meat Alternates (oz. Eq.)	Graims (oz. eq.)	Whote Grain- Rich	Name and Product Code		USDA Food?	Recipe?
Food Item	Units)	Total Prepared	Sent Off-Site	Reimbursable Served	Carte or to Adults/Others	Later Use	Wasted	"		<u> </u>				¥	5	>	(If Applicable)	Food Description	ns	Ŗ
Pizza pocket	OZ.																	☐ Reduced-fat Specify filling:		
Stir fry with rice or noodles	cup																			
Spaghetti with sauce	cup																	☐ Meat sauce ☐ Marinara sauce		
Taco																		☐ Hard shell ☐ Soft tortilla☐ Bean ☐ Beef☐ Chicken ☐ Cheese		
1400																		☐ Regular ☐ Low-fat	+	
Yogurt	OZ.																	☐ Fat-free ☐ Light Specify flavors:		
BREADS AND GRAINS OFFERED SEPARA If all breads and grains were available	with any entre																Ι	□ Reduced-fat		
Biscuit	OZ.																		-	╙
Bread, plain	OZ.																	Specify type:		
Bread, buttered	OZ.																	Specify type: Butter		
Breadstick	OZ.																	Specify type:		
Cornbread	OZ.																			
Corn/tortilla chips	OZ.																			
Crackers	ea.																	Specify type:		
Rice	cup																	☐ White ☐ Brown ☐ Wild		
Roll	OZ.																	Specify type:		
Pasta	cup																			
Pretzels	OZ.																	☐ Soft ☐ Hard ☐ Salted ☐ Unsalted		

A.	B.			C	,								Э.				E.	F.	G. I	Н.
														ibution	s	<u> </u>				
				Number o	Portions			-	•	/egeta	abies	(cups	)	Ед.)	<u>-</u>					
					Onsit	e		Fruit (cups)	Dark Green	Red/Orange	nes	, h	2	Meat/Meat Alternates (oz. Eq.)	Graims (oz. eq.)	Whote Grain- Rich	Manufacturer/Brand		¿poq	
	Portion Size				Served A La			uit (c	ark G	ad/Or	Legumes	Starchy	Others	Mea	ms (e	note ( Ric	Name and Product		USDA Food?	Recipe?
Food Item	(Include Units)	Total Prepared	Sent Off-Site	Reimbursable Served	Carte or to Adults/Others	Left Over for Later Use	Wasted	Œ		ĕ	1			Alte	Gra	Š	Code (If Applicable)	Food Description	ISN	Sec
DESSERTS, DRINKS, AND SNACKS OF	FERED AS PART (	OF A REIMBU	•	AL													, , , , ,			
Brownie																		□ Icing		
Cake																		Specify type:		
Cookie	OZ.																	Specify type:		
Fruit crisp or cobbler																		Specify type:		
Fruit drink (less than 100% juice)	fl oz.																	Specify type:		
Fruit turnover	OZ.																	Specify type:		
Gelatin	cup																	<ul><li>☐ With fruit</li><li>☐ With whipped topping</li></ul>		
Potato chips	OZ.																	□ Reduced-fat □ Baked		
SALAD DRESSINGS																				
Caesar dressing																		<ul><li>□ Reg □ Light □ Red. calorie</li><li>□ Fat-free</li></ul>		
French dressing																		☐ Reg ☐ Light ☐ Red. calorie ☐ Fat-free		
Honey mustard dressing																		☐ Reg ☐ Light ☐ Red. calorie ☐ Fat-free		
Italian dressing																		☐ Reg ☐ Light ☐ Red. calorie ☐ Fat-free		
Ranch dressing																		☐ Reg ☐ Light ☐ Red. calorie ☐ Fat-free		
-																		☐ Reg ☐ Light ☐ Red. calorie ☐ Fat-free		
																		☐ Reg ☐ Light ☐ Red. calorie ☐ Fat-free		
																		☐ Reg ☐ Light ☐ Red. calorie ☐ Fat-free		
																		☐ Reg ☐ Light ☐ Red. calorie ☐ Fat-free		

A.	B.									D.				E.	F.	G.	H.			
									1					ibution	S					
				Number o	f Portions			4	١	/egeta	ables	(cups	5)	Eq.)						
					Onsit	e	Γ	(sdno	) Jreen	range	mes	chy	ers	at/Meat es (oz. l	(oz. eq.)	Grain- ch	Manufacturer/Brand		¿poo	
	Portion Size (Include	Total	Sent	Reimbursable	Served A La Carte or to	Left Over for		Fruit (cups)	Dark Green	Red/Orange	Legumes	Starchy	Others	Meat/Meat Alternates (oz. Eq.)	Graims (oz. eq.)	Whote Grain- Rich	Name and Product Code		USDA Food?	Recipe?
Food Item	Units)	Prepared	Off-Site	Served	Adults/Others	Later Use	Wasted							'			(If Applicable)	Food Description		
CONDIMENTS																				
Self-serve condiments or fixins' bar	1 serving																Please list all ingre MADE-TO-ORDER I	dients on SELF-SERVE/ BAR FORM		
Barbeque sauce																				
Butter																				
Cream cheese																		☐ Reg ☐ Red. fat ☐ Low-fat ☐ Fat-free		
Gravy																		□ Reg □ Red. fat □ Low-fat □ Fat-free		
Honey																				
Hot sauce																				
Jalapeno peppers																				
Jelly																		☐ Sugar-free		
Ketchup																				
Margarine																				
Mayonnaise																		☐ Reg ☐ Red. fat ☐ Low-fat ☐ Fat-free		
Mustard																				
Pickles, slices																				
Ranch dip																		□ Reg □ Red. fat □ Low-fat □ Fat-free		
Relish																				
Salsa																		☐ Low sodium		
Sour cream																		☐ Reg ☐ Red. fat ☐ Low-fat ☐ Fat-free		
Syrup																		☐ Sugar-free		
Tartar sauce																		☐ Reg ☐ Red. fat ☐ Low-fat ☐ Fat-free		

A.	B.		Total Sent Prepared Off-Site Reimbursable Served A La Carte or to Adults/Others Later Use										D.				E.	F.	G.	H.
			Number of Portions  Onsite  Served A La  Total Sent Reimbursable Carte or to Left Over for											ibutions	5					
				Number of	Portions			-	Ť		abies	(cups	)	r Eq.)	·					
					Onsite	)		Fruit (cups)	Dark Green	Red/Orange	Legumes	chy	Sie	Meat/Meat Alternates (oz. Eq.)	Graims (oz. eq.)	Whote Grain- Rich	Manufacturer/Brand		USDA Food?	
	Portion Size				Served A La			ruit (c	ark G	ed/Or	Legui	Starchy	Others	Mea ernat	ims (	hote ( Ric	Name and Product		)A Fc	Recipe?
Food Item	(Include Units)	Total Prepared	Sent Off-Site	Reimbursable Served	Carte or to Adults/Others	Left Over for Later Use	Wasted	ш.		œ	_			Ą	Gra	×	Code (If Applicable)	Food Description	ISN	Rec
OTHER MENU ITEMS																				
<u>I</u>				I	I	1		I							l		J		1	



# **Recipe Form (Expanded)**

NOTE: For instructions on completing this form, please refer to the Instructions for the Menu Survey.

School Name:		_	e/Food Name:		
Meal:       1 □ Breakfast       2         Day:       1 □ Mon       2 □ T         6 □ All			f One Serving <i>(include units)</i> : er of Servings Prepared:		
A.	B.	C.	D.	E.	F.
Ingredient Name	Amount in Recipe (Include Units)	Manufacturer/ Brand Name and Product Code (If Applicable)	Ingredient Description	USDA Food?	Recipe?
	ı	1	1	ı	







# Onsite Self-Serve / Made-to-Order Bar Form (Expanded)

School Name:			Date:			Na	me of Bar:		
<b>Day:</b> □ Mon □ Tue □ V	Ved □Th	u 🗆 Fri	Meal:	□ Break	fast □ L	unch			
A.	B.		С	· ·		D.	E.	F.	G.
			Production	Information	ı				
Food Name	Portion Size (If Pre- Portioned; Include Units)	Amount at Beginning	Amount Added	Amount Left Over for Later Use	Amount Wasted	Manufacturer/ Brand Name and Product Code (If Applicable)	Food Description	USDA Food?	Recipe?

If more ingredients are present on the bar, please continue to next page.







A.	B.		С			D.	E.	F.	G.
			Production	Information					
Food Name	Portion Size (If Pre- Portioned; Include Units)	Amount at Beginning	Amount Added	Amount Left Over	Amount Wasted	Manufacturer/ Brand Name and Product Code (If Applicable)	Food Description	USDA Food?	Recipe?

OMB Clearance Number: 0584-xxxx Expiration Date: xx/xx/xxxx



# Self-Serve/Made-to-Order Bar Form (Expanded)

NOTE: For instructions on completing this form, please refer to the Instructions for the Menu Survey.

School Name:		Name of Bar	<u>:</u>		_
<b>Meal:</b> 1 □ Breakfast 2	□ Lunch	<b>Day:</b> 1□ All	2□ Mon 3□ Tue 4□ Wed 5□ Th	u 6□	] Fri
A.	B.	C.	D.	E.	F.
Food Name	Portion Size, If Pre-portioned (Include units)	Manufacturer/ Brand Name and Product Code (if applicable)	Food Description	USDA Food?	Recipe?







## **SCHOOL NUTRITION AND MEAL COST STUDY**

# **CACFP Afterschool Snack and Supper Form Booklet (Expanded)**

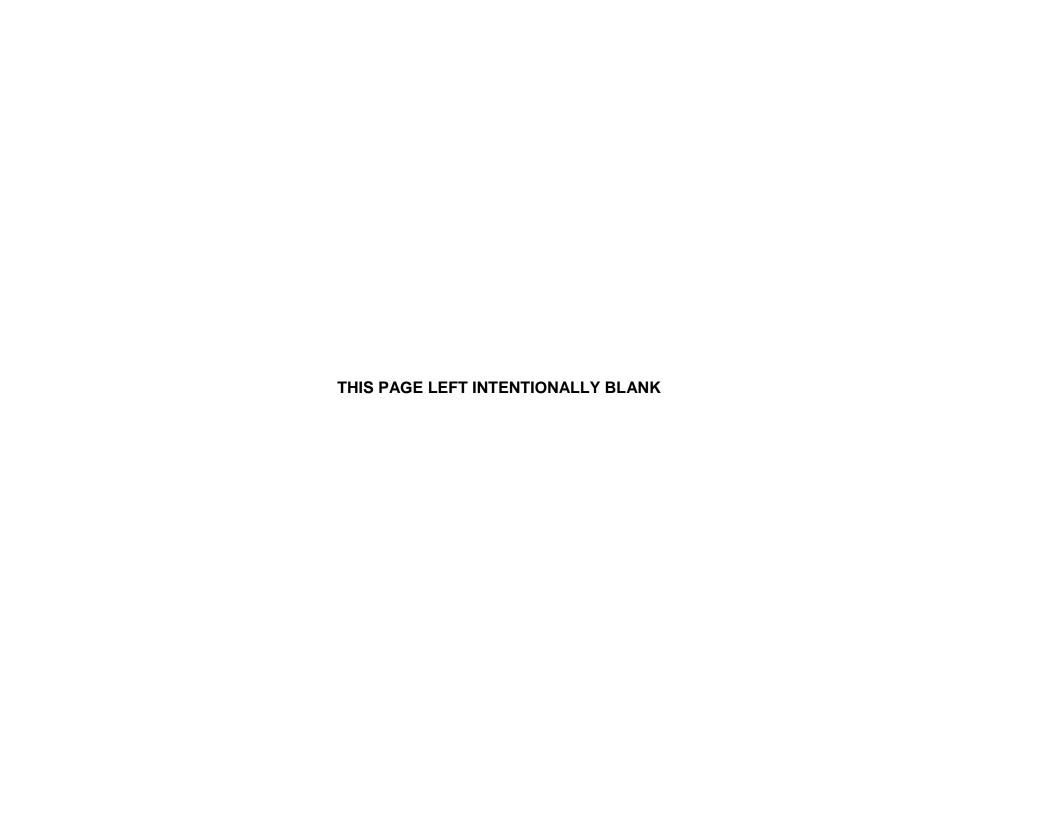
For instructions on completing this booklet of forms, please refer to the Instructions for the Menu Survey.

School Name:
Please indicate the days that CACFP afterschool snacks and/or suppers were prepared or served during the target week:
□ Monday
□ Tuesday
□ Wednesday
□ Thursday
□ Friday









OMB Clearance Number:
Expiration Date:



# **CACFP Afterschool Snack and Supper Form (Expanded)**

Day: ☐ Mon ☐ Tue ☐ Wed	□ Thu	□ Fri	Fri Number of Reimbursable Snacks and/or Suppers Served Onsite:						
Α.	B.		C.		D.	E.	F.	G.	
			Number of Po	rtions			4?		
	Portion		On	site			-00	oe?	
Food Item	Size (Incl. Units)	Sent Off- Site	Reimbursable Prepared/ Available	Reimbursable Served	Manufacturer/Brand Name and Product Code (If Applicable)	Food Description	USDA Food?	Recipe?	
Milk									
White	fl oz.					☐ Fat-free/skim ☐ 1% ☐ 2%			
Chocolate	fl oz.					☐ Fat-free/skim ☐ 1% ☐ 2%			
Other flavor, Specify:	fl oz.					☐ Fat-free/skim ☐ 1% ☐ 2%			
Other flavor, Specify:	fl oz.					☐ Fat-free/skim ☐ 1% ☐ 2%			
Fruit									
Apple, fresh									
Applesauce, canned	cup					☐ Sweetened ☐ Unsweetened			
Banana, fresh									
Fruit cocktail, canned	cup					☐ Heavy syrup ☐ Light syrup☐ Extra light syrup☐ Juice☐ Water			
Orange, fresh									
Raisins	OZ.								
Juices									
Apple juice	cup					☐ Vit. C added ☐ Calcium added			
Orange juice	cup					☐ Vit. C added ☐ Calcium added			
Grape juice	cup					☐ Vit. C added ☐ Calcium added			
	-1								

Α.	B.		C.		D.	E.	F.	G.
			Number of Portions				4?	
	Portion		On	site			-00	pe?
Food Item	Size (Incl. Units)	Sent Off- Site	Reimbursable Prepared/ Available	Reimbursable Served	Manufacturer/Brand Name and Product Code (If Applicable)	Food Description	USDA Food?	Recipe?
Vegetables (if offered with a dip or salad dres	sing, list as a s	eparate it	em in the condiment	s section)				
Carrots, raw	cup							
Celery, raw	cup							
Salad, tossed	cup							
French fries	cup					☐ Oven-baked ☐ Deep-fried		
Combination Items and Entrées								
Burrito	oz.					☐ Bean ☐ Beef ☐ Chicken ☐ Cheese		
Cheeseburger	1 sandwich							
Entrée salad	1 salad					List dressing as a separate item in the condiments section		
Grilled cheese sandwich	1 sandwich							
Hamburger	1 sandwich							
Macaroni and cheese	cup							
Peanut butter & jelly sandwich	1 sandwich					☐ Whole grain-rich		
Pizza	oz.					☐ Whole grain-rich ☐ Reduced-fat Specify toppings:		
Sandwich	1 sandwich					☐ Whole grain-rich		
Spaghetti with sauce	cup					☐ Meat sauce ☐ Marinara sauce		
Taco						☐ Hard shell ☐ Soft tortilla ☐ Bean ☐ Beef ☐ Chicken ☐ Cheese		

A.	B.		C.		D.	E.	F.	G.
			Number of Portions					
	Portion		Ons	site			Foo	pe?
	Size	Sent	Reimbursable		Manufacturer/Brand		USDA Food?	Recipe?
Food Item	(Incl. Units)	Off- Site	Prepared/ Available	Reimbursable Served	Name and Product Code (If Applicable)	Food Description	SN	_
Meat/Meat Alternates					` ' '			
Cheese	OZ.					☐ Reduced-fat Specify type:		
Chicken nuggets (breaded)	ea.					☐ Oven-baked ☐ Deep-fried  Weight of each nugget:oz		
Chicken strips (not breaded)	OZ.							
Peanut butter	OZ.					☐ Reduced-fat		
Trail mix	OZ.					Specify ingredients:		
Yogurt	OZ.					☐ Regular ☐ Low-fat ☐ Fat-free ☐ Light ☐ Specify flavor(s):		
Breads and Grains								
Bagel	OZ.					☐ Whole grain-rich Specify type:		
Cereal	OZ.					☐ Whole grain-rich Specify type:		
Cookie	OZ.					☐ Whole grain-rich Specify type:		
Crackers	ea.					☐ Whole grain-rich Specify type:		
Granola bar	OZ.					☐ Whole grain-rich Specify type:		
Pretzels	OZ.					□ Whole grain-rich     □ Soft    □ Hard     □ Salted    □ Unsalted		
						☐ Whole grain-rich		
						☐ Whole grain-rich		
						☐ Whole grain-rich		
						☐ Whole grain-rich		
						☐ Whole grain-rich		

A.	B.		C.		D.	E.	F.	G.
			Number of Portions				d?	
	Portion		On	site			O L	pe?
Food Item	Size (Incl. Units)	Sent Off- Site	Reimbursable Prepared/ Available	Reimbursable Served	Manufacturer/Brand Name and Product Code (If Applicable)	Food Description	USDA Food?	Recipe?
Desserts								
Fruit snacks/fruit leather								
Pudding						Specify flavor(s):		
Condiments								
Ranch dip						☐ Reg ☐ Red. fat ☐ Low-fat ☐ Fat-free		
Cream cheese						☐ Reg ☐ Red. fat ☐ Low-fat ☐ Fat-free		
Ketchup								
Mayonnaise								
Mustard						☐ Reg ☐ Red. fat ☐ Low-fat ☐ Fat-free		
Italian dressing						☐ Reg ☐ Light ☐ Red. calorie ☐ Fat-free		
Ranch dressing						☐ Reg ☐ Light ☐ Red. calorie ☐ Fat-free		
Other Menu Items								



## **SCHOOL NUTRITION AND MEAL COST STUDY**

# **NSLP Afterschool Snack Form Booklet (Expanded)**

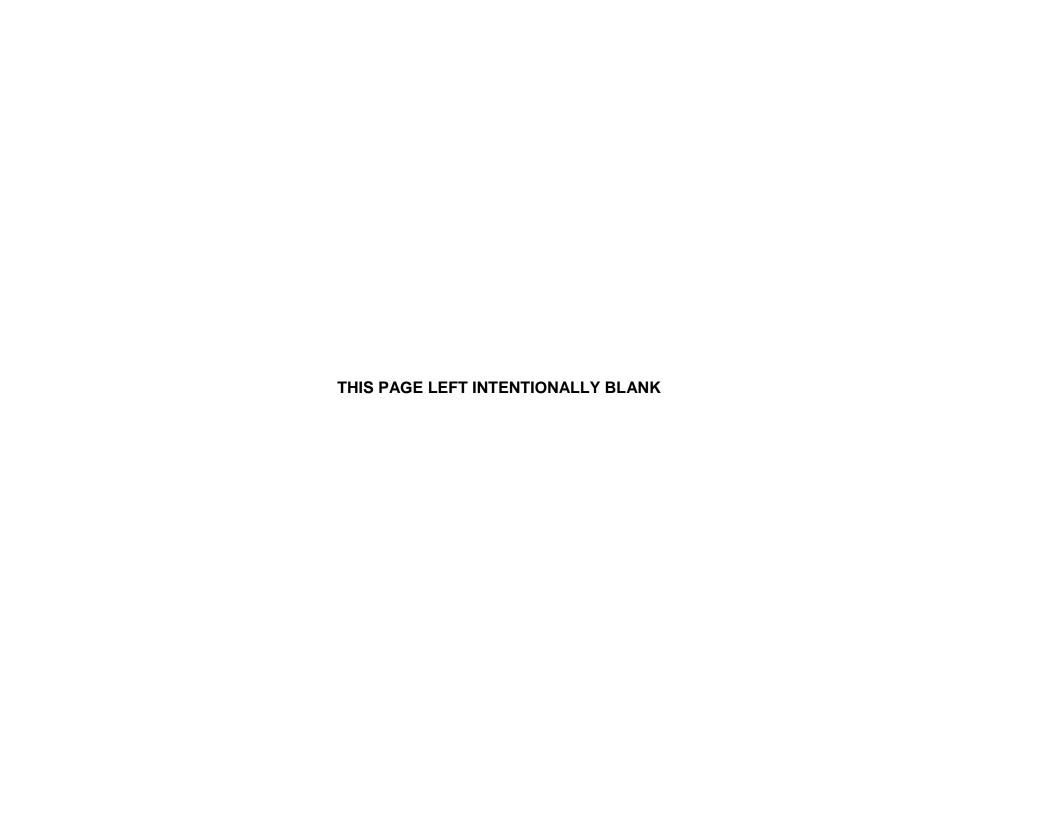
For instructions on completing this booklet of forms, please refer to the Instructions for the Menu Survey.

School Name:
Please indicate the days that NSLP afterschool snacks were prepared or served during the target week:
□ Monday
□ Tuesday
□ Wednesday
□ Thursday
□ Friday









OMB Clearance Number:	
Expiration Date:	



# **NSLP Afterschool Snack Form (Expanded)**

<b>Day:</b> □ Mon □ Tue □ Wed	□ Thu	□ Fri			Number of Reimb	oursable Snacks Served Onsite	:	
Α.	В.		C.		D.	E.	F.	G.
			Number of Po	rtions			1?	
	Portion		Ons	site			00-	pe?
Food Item	Size (Incl. Units)	Sent Off- Site	Reimbursable Prepared/ Available	Reimbursable Served	Manufacturer/Brand Name and Product Code (If Applicable)	Food Description	USDA Food?	Recipe?
Milk								
White	fl oz.					☐ Fat-free/skim ☐ 1% ☐ 2%		
Chocolate	fl oz.					☐ Fat-free/skim ☐ 1% ☐ 2%		
Other flavor, Specify:	fl oz.					☐ Fat-free/skim ☐ 1% ☐ 2%		
Other flavor, Specify:	fl oz.					☐ Fat-free/skim ☐ 1% ☐ 2%		
Fruit								
Apple, fresh								
Applesauce, canned	cup					□ Sweetened □ Unsweetened		
Banana, fresh								
Fruit cocktail, canned	cup					☐ Heavy syrup ☐ Light syrup ☐ Extra light syrup ☐ Juice ☐ Water		
Orange, fresh	•							
Raisins	OZ.							
Juices								
Apple juice	cup					☐ Vit. C added ☐ Calcium added		
Orange juice	cup					☐ Vit. C added ☐ Calcium added		
Grape juice	cup					☐ Vit. C added ☐ Calcium added		
	•							

Α.	B.		C.		D.	E.	F.	G.
			Number of Portions				d?	
	Portion		On	site			F00	pe?
Food Item	Size (Incl. Units)	Sent Off- Site	Reimbursable Prepared/ Available	Reimbursable Served	Manufacturer/Brand Name and Product Code (If Applicable)	Food Description	USDA Food?	Recipe?
Vegetables (if offered with a dip, list the dip a	s a separate ite	em in the c	ondiments section)					
Carrots, raw	cup							
Celery, raw	cup							
Combination Items and Entrées	T							T
Peanut butter & jelly sandwich	1 sandwich					☐ Whole grain-rich		
Pizza	OZ.					☐ Whole grain-rich ☐ Reduced-fat Specify toppings:		
Sandwich	1 sandwich					☐ Whole grain-rich		
Meat/Meat Alternates								
Cheese	OZ.					☐ Reduced-fat Specify type:		
Trail mix	OZ.					Specify ingredients:		
Yogurt	OZ.					☐ Regular ☐ Low-fat ☐ Fat-free ☐ Light  Specify flavor(s):		

A.	B.		C.		D.	E.	F.	G.
			Number of Po	rtions			42	
	Portion		Ons	site			001	pe?
	Size	Sent	Reimbursable		Manufacturer/Brand		USDA Food?	Recipe?
Food Item	(Incl. Units)	Off- Site	Prepared/ Available	Reimbursable Served	Name and Product Code (If Applicable)	Food Description	SN	
Breads and Grains								
Bagel	OZ.					☐ Whole grain-rich Specify type:		
Cereal	OZ.					☐ Whole grain-rich Specify type:		
	OZ.					☐ Whole grain-rich		
Cookie	ea.					Specify type:  Whole grain-rich Specify type:		
Crackers  Cranela har	oz.					☐ Whole grain-rich Specify type:		
Granola bar Pretzels	OZ.					□ Whole grain-rich □ Soft □ Hard □ Salted □ Unsalted		
. 15.2515						☐ Whole grain-rich		
						☐ Whole grain-rich		
						☐ Whole grain-rich		
						☐ Whole grain-rich		
Desserts and Other Items								
Fruit snacks/fruit leather								
Pudding						Specify flavor(s):		
Condiments								
Ranch dip						☐ Reg ☐ Red. fat ☐ Low-fat ☐ Fat-free		
Cream cheese						☐ Reg ☐ Red. fat ☐ Low-fat ☐ Fat-free		
Ketchup								

# Non-Reimbursable Foods Form (Expanded)

# School Nutrition & Meal Cost Study

## NOTES:

- For instructions on completing this form, please refer to Instructions for the Menu Survey.
- Include ONLY non-reimbursable foods sold in venues supplied by foodservice that are prepared from recipes or removed from their original packaging.
- Do not include items listed on the Non-Reimbursable Foods Inventory.

School Name:	_ Meal: ☐ Breakfast		Lunc	h		Out	side	of Me	al P	eriods												
Where Offered: ☐ Serving line b	☐ Vending Machine ☐ Food Ca	art	□ S	choo	l Sto	re	□ O	ff-Site	· [	☐ Other:												
A.	В	C.	D.	E.	F.																	
					Number of Portions																	
						Monday			_		esday		Wedr	nesda	y		Thursday				day	
Food Name	Portion size (Include Units)	Recipe?	Manufacturer/Brand Name and Product Code (If Applicable)	Food Description	Sent Off-Site	Served Onsite	Left Over for Later Use	Wasted	Sent Off-Site	Served Onsite	Left Over for Later Use	Wasted	Sent Off-Site Served Onsite	Left Over for Later Use	Wasted	Sent Off-Site	Served Onsite Left Over for Later Use	Wasted	Sent Off-Site	Served Onsite	Left Over for Later Use	Wasted





A.	В	C.	D.	E.	F. Number of Portions																	
						Moi	nday		-	Tues	dav	<u>r</u>	Wedı								Frida	av
Food Name	Portion size (Include Units)	Recipe?	Manufacturer/Brand Name and Product Code (If Applicable)	Food Description	Sent Off-Site	4	r for	Wasted		Served Onsite		Wasted		Left Over for Later Use	_	Sent Off-Site	-	Left Over for Later Use		Sent Off-Site		Later Use Wasted
																					$\perp$	

# Non-Reimbursable Foods Inventory (Expanded)



## NOTES:

- For instructions on completing this form, please refer to the Instructions for the Menu Survey.
- Include ONLY non-reimbursable foods sold in venues supplied by foodservice that are commercially pre-packaged and served in their original packaging.
- Do NOT include foods listed on the Non-Reimbursable Foods Form.
- Be sure to inventory foods and beverages that are non-perishable, refrigerated, and frozen.

School Name:				Mea	al: □ Breakfast	☐ Lunch	□ Outside	of Meal	Periods	Deliver	y Day(s):	☐ Mon	□ Tues	□ Wed	d 🗆 Th	urs 🗆	J Fri				
Where Offered: □	Serving line breakfast	t □ Servi	ng line lunch	☐ Snack bar	☐ Vending Mad	chine 🗆 F	ood Cart	□ Sch	ool Store	□ Off-S	Site □ C	Other:									
A		B.	C.		D. E. F.																
						Startin Inve (Incl Mo	g Onsite entory luding nday veries)		(		Deliv d/or Fraction	eries n of Full Bul			Ending	g Onsite					
		, kać	sc					Т	ue	W	ed	7	Γhu	F	ri	es					
Food N	Name	Individual Package Size (Include Units)	# Individual Packages in Bulk Case	Manufactur	acturer/Brand Name	# Full Bulk Cases	# Additional Individual Packages	Received	Sent Off-Site	Received	Sent Off-Site	Received	Sent Off-Site	Received	Sent Off-Site	# Full Bulk Cases	# Additional Individual Packages				
															_						





A.	B.	C.	D.	F	Ξ.				F					G	3.
-73			2.	Starting Inve (Incl Mor Deliv	g Onsite ntory uding nday veries)		(	Number and			k Container)				onsite ntory
	kag )	ac kg				Tue		Wed		Т	'hu	Fri		S	
Food Name	Individual Package Size ( <i>Include Units</i> )	# Individual Packages in Bulk Case	Manufacturer/Brand Name	# Full Bulk Cases	# Additional Individual Packages	Received Sent Off-Site		Received	Sent Off-Site	Received	Sent Off-Site	Received	Sent Off-Site	# Full Bulk Cases	# Additional Individual Packages

## **DAILY REMINDER LIST (Expanded)**

## Before the Target Week:

- Read the *Instructions for the Menu Survey* booklet carefully and be sure to review all of the sample completed forms.
- A technical assistant will contact you to ensure you have received your Menu Survey Folder, to review the survey process and the forms to be completed, and to answer any questions you may have.
- Call the toll-free technical assistance line (xxx-xxx-xxxx) if you have any questions or need additional help.

## Each Day of the Target Week:

## Daily Meal Counts Form

Record the number of free, reduced-price, and full-price meals served for lunch and for breakfast (if you serve breakfast), and record total daily non-reimbursable food sales by venue (for example, foods or beverages sold a la carte from a serving line, vending machine, or snack bar).

#### Reimbursable Foods Forms

Record the total number of reimbursable meals planned and served for the day.

For every food and beverage offered in reimbursable meals, write in:

- ✓ Food name, if not included in pre-listed foods
- ✓ Portion size
- ✓ Total portions prepared
- ✓ Number of portions sent off-site (if applicable)
- ✓ Number of reimbursable portions served
- ✓ Number of portions served a la carte or to adults
- ✓ Number of portions leftover for later use
- ✓ Number of portions wasted
- ✓ Meal pattern contributions for all foods except milk
- ✓ Manufacturer/brand name and product code, where requested
- ✓ Descriptive information needed for nutrient analysis
- ✓ A check, if item is a USDA Food
- ✓ A check, as needed, to indicate that a recipe has been provided.

## Recipe Forms

Fill out a Recipe Form for every food that is prepared from scratch or made by combining two or more foods or ingredients. You may also provide printed copies of the recipes, if available.

#### Self-Serve/Made to Order Bar Forms

Fill out a Self-Serve/Made to Order Bar Form for each type of self-serve bar or made-to-order bar offered. Be sure to record the number of reimbursable portions prepared and taken from each bar on the Reimbursable Foods Form.

## NSLP Afterschool Snack Forms

Fill out the NSLP Afterschool Snack Forms if your school provides reimbursable snacks through the National School Lunch Program.

## CACFP Afterschool Snack and Supper Forms

Fill out the CACFP Afterschool Snack Forms if your school provides reimbursable snacks and/or suppers through the Child and Adult Care Food Program.

#### Non-Reimbursable Foods Form

Fill out the Non-Reimbursable Foods Form for all non-reimbursable items that are prepared from recipes or removed from their original packaging and are served a la carte in the cafeteria or in other venues that are supplied or stocked by foodservice, but are not part of a reimbursable meal or reimbursable snack.

## Non-Reimbursable Foods Inventory

Fill out the Non-Reimbursable Foods Form for all non-reimbursable items that are commercially manufactured non-reimbursable items sold in their original packaging and are served a la carte in the cafeteria or in other venues that are supplied or stocked by foodservice, but are not part of a reimbursable meal or reimbursable snack.

## On One Day During the Target Week:

## A La Carte Foods Checklist

Complete the A La Carte Foods Checklist on the **one** day of the target week specified on the front of the Menu Survey Folder.

## School Nutrition Manager Survey

Complete this survey before the end of the week.

## At the End of the Target Week:

- Look over the contents of each folder for the five days of the *Menu Survey* to be sure all forms are complete.
- Check to be sure the Daily Meal Counts Form is complete and all of the necessary Recipe Forms and Self-Serve/Made-to-Order Bar Forms have been provided.
- Make sure you have completed the A La Carte Foods Checklist and the School Nutrition Manager Survey. If your school offers reimbursable snacks, be sure the Afterschool Snacks Forms are complete.
- Place all completed forms in the empty plastic envelope and return them to Mathematica in the pre-addressed Federal Express envelope provided.