**Consent Process**

1. Consent documents are mailed to each ChalleNGe cadet prior to their arrival to the program. The documents will be included in a comprehensive mailing of all the paperwork they need to complete before they arrive.
2. Email will be sent to all ChalleNGe cadets one week prior to their arrival. It will remind them about the study and let them know how to get questions answered. The consent documents will be attached to the email.
3. Cadets arrive at ChalleNGe for intake. As part of the intake process, the ChalleNGe programs will have each cadet stop at a table manned by study staff. At the table, study staff will ask each cadet (who will be accompanied by their parent/guardian) if they would like to participate in the study.
   1. If the cadet does not want to participate in the study or their parents do not want them to participate, they will move on to the next part of the program’s registration process.
   2. If the cadet does want to participate and their parent/guardian agrees, we will ask them if they have their signed consent paperwork.
      1. If they do, study staff will review the document to ensure the cadet/parent(s) understand what they signed and check the documents to ensure they are complete and contain all necessary signatures. They also will ensure the assent section and the Information Sheet for Adolescents have been reviewed with the cadet and signed.
      2. If they do not, study personnel will walk through the documents with them and obtain the necessary signatures.