

## Attachment B: List of All Physical Function CAT Items

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Below is a list of all the questions that could potentially be asked by the interviewer to the respondent. Because of the adaptive nature of the application, a respondent may be asked to respond to anywhere from 5 to 30 questions to assess the nature of their current functional status for physical and behavioral aspects. This application will take into account the person's previous response to choose the next question and number of remaining questions necessary to develop a Functional Assessment Profile.

### **Scale Code for the Physical Function CAT Instrument**

**BP = Changing and Maintaining Body Position**

**UBF = Upper Body Function**

**UEFM = Upper Extremity Fine Motor**

**WBM = Whole Body Mobility**

**WC = Wheelchair**

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### ***Introduction:***

*This study is a collaboration between the Social Security Administration and the National Institutes of Health to develop a new method of asking questions about disability (i.e., computer adaptive tests) and new questions to ask about your daily physical and behavioral activities.*

*The functional assessment profile is intended to measure self-reported functioning in the areas of physical health. These questions will not be used in your application for benefits and your answers to these questions will not affect your current or any future application. It is up to you whether you want to answer these questions or not. You can skip any questions that you do not want to answer. Some of these questions may be similar to other questions you may have answered already or may come up during the application process. Is it okay if I ask you these additional questions?*

**Choose one response to these questions:  
Strongly Agree, Agree, Disagree, Strongly Disagree, or Does not apply.**

Scale	Content
<b>BP</b>	Are you able to get into and out of a car? Hint: Please base your response on the most difficult part of this activity.
<b>BP</b>	Are you able to get up off the floor from lying on your back? Hint: You can use a chair or other object to get up.
<b>BP</b>	Are you able to stand up from an armless, straight chair? Hint: Without holding on to anything.
<b>BP</b>	Are you able to move from lying on your back to sitting on the edge of your bed?
<b>BP</b>	Are you able to get in and out of bed? Hint: Base response on the most difficult part of the activity.
<b>BP</b>	Are you able to sit on a stool without back support?
<b>BP</b>	Are you able to move around on your hands and knees in a crawling position?
<b>BP</b>	Are you able to go up three flights of stairs using a handrail? Hint: A flight of stairs is 12-15 steps.
<b>BP</b>	Are you able to go up one flight of stairs using a handrail? Hint: A flight of stairs is 12-15 steps.
<b>BP</b>	Are you able to get moving after you've been lying down on a couch? For example: Get to the sitting position, then walk or use your wheelchair.
<b>BP</b>	Are you able to get down on the floor? For example: Moving from standing or your wheelchair to kneel or sit on the floor
<b>BP</b>	Are you able to get in and out of a squatting position? Hint: Please base your response on the most difficult part of the activity.
<b>BP</b>	Are you able to get into and out of a kneeling position? Hint: Please base your response on the most difficult part of the activity.
<b>BP</b>	Are you able to stand up from a low, soft couch? Hint: Without holding on to anything.
<b>BP</b>	Are you able to bend down to pick up clothing from the floor?
<b>BP</b>	Are you able to bend over to pick up coins that are scattered on the floor?
<b>BP</b>	Are you able to work at floor level (e.g. changing the face plate on an electric outlet)?
<b>BP</b>	How long are you able to squat?
<b>BP</b>	Are you able to kneel on the floor for a long time (e.g. when cleaning the bathtub or playing with kids or pets)? For example: 3-5 minutes
<b>BP</b>	How long are you able to kneel?
<b>BP</b>	Are you able to climb 2 or 3 steps up a step ladder?
<b>BP</b>	Are you able to go down one flight of stairs using a handrail? Hint: A flight of stairs is 12-15 steps.
<b>BP</b>	Are you able to bend over from a sitting position to pick up an object you dropped on the floor?
<b>BP</b>	Are you able to get into and out of a car? Hint: Please base your response on the most difficult part of this activity.
<b>BP</b>	Are you able to get up off the floor from lying on your back? Hint: You can use a chair or other object to get up.
<b>BP</b>	Are you able to stand up from an armless, straight chair? Hint: Without holding on to anything.

<b>UBF</b>	Are you able to pull open a heavy door?
<b>UBF</b>	Are you able to push open a heavy door?
<b>UBF</b>	Are you able to push a vacuum?
<b>UBF</b>	Are you able to push a full wheelbarrow?
<b>UBF</b>	Are you able to pick up a kitchen chair and move it, in order to clean?
<b>UBF</b>	Are you able to carry a full laundry basket up a flight of stairs? Hint: A flight of stairs is 12-15 steps.
<b>UBF</b>	Are you able to push a full grocery cart?
<b>UBF</b>	Are you able to pull a cord on a lawn mower, chain saw, generator or boat motor?
<b>UBF</b>	Are you able to reach overhead into a high cabinet?
<b>UBF</b>	Are you able to work overhead for 20 minutes (e.g. organizing a high shelf in a closet)?
<b>UBF</b>	Are you able to carry a full plastic shopping bag for 30 feet?
<b>UBF</b>	Are you able to carry a full laundry basket for 30 feet?
<b>UBF</b>	Are you able to carry a full paper grocery bag for 30 feet?
<b>UBF</b>	Are you able to lift a full 2 liter soda bottle from table height to a high shelf? Hint: 2 liter soda bottle= 3.5 lbs/1.5 kg.
<b>UBF</b>	Are you able to do yard work (e.g. plant shrubs or a garden) for 2 hours? For example: With occasional rest but continuous work.
<b>UBF</b>	Are you able to lift a full small (carry-on size) suitcase from the floor to table height? Hint: A full carry-on suitcase weighs 20 pounds/8 kg.
<b>UBF</b>	Are you able to lift a full small (carry-on size) suitcase from table height to a high shelf? Hint: A full carry-on suitcase weighs 20 pounds/8 kg.
<b>UBF</b>	Are you able to lift a full large (check-in size) suitcase from the floor to table height? Hint: A full large suitcase weighs 40-50 pounds/18-23 kg.
<b>UBF</b>	Are you able to lift a full large (check-in size) suitcase from table height to a high shelf? Hint: A full large suitcase weighs 40-50 pounds/18-23 kg.
<b>UBF</b>	Are you able to carry a full large (check-in size) suitcase for 30 feet? Hint: A full large suitcase weighs 40-50 pounds/18-23 kg.
<b>UBF</b>	Are you able to trim a tree with long handle saw?
<b>UEFM</b>	Are you able to pick up and put down a pen or pencil?
<b>UEFM</b>	Are you able to use a hammer to pound a nail?
<b>UEFM</b>	Are you able to open previously opened jars?
<b>UEFM</b>	Are you able to open a can with a hand can opener?
<b>UEFM</b>	Are you able to use a lever handle to open a door? Hint: A lever handle is a handle that you push down to open a door.
<b>UEFM</b>	Are you able to open childproof medicine bottles or jars?
<b>UEFM</b>	Are you able to hold a full glass of water in one hand?
<b>UEFM</b>	Are you able to cut a piece of paper with scissors?
<b>UEFM</b>	Are you able to turn faucets on and off?
<b>UEFM</b>	Are you able to address an envelope with a pen?
<b>UEFM</b>	Are you able to remove wrappings from small objects? For example: Like removing the packaging from a pack of batteries.
<b>UEFM</b>	Are you able to pick out one key from group of keys?
<b>UEFM</b>	Are you able to pick out a paper clip from group of clips?
<b>UEFM</b>	Are you able to turn a key in a door lock?

<b>UEFM</b>	Are you able to remove a gas cap from a car?
<b>UEFM</b>	Are you able to change the bulb in a table lamp?
<b>UEFM</b>	Are you able to reach behind you to get your seatbelt? Hint: A shoulder harness seatbelt.
<b>UEFM</b>	Are you able to remove something from your back pocket?
<b>UEFM</b>	Are you able to hold a book while reading?
<b>UEFM</b>	Are you able to pick up coins from a table top?
<b>UEFM</b>	Are you able to turn a door knob?
<b>UEFM</b>	Are you able to tighten screws by hand with a screwdriver?
<b>UEFM</b>	Are you able to write for 20 minutes?
<b>UEFM</b>	Are you able to put batteries in a flashlight, or remote control for your television?
<b>UEFM</b>	Are you able to staple 2 sheets of paper together?
<b>UEFM</b>	Are you able to pull a pillow case off a pillow?
<b>UEFM</b>	Are you able to tie a knot?
<b>WBM</b>	Are you able to stand on your feet for one hour?
<b>WBM</b>	Are you able to stand on your feet for one hour using your walking aid?
<b>WBM</b>	Are you able to walk a mile without resting?
<b>WBM</b>	Are you able to walk a mile without resting using your walking aid?
<b>WBM</b>	Are you able to walk up a steep slope (e.g. on a hill)?
<b>WBM</b>	Are you able to walk on uneven surfaces (e.g. grass, dirt road or sidewalk)?
<b>WBM</b>	Are you able to walk quickly indoors (e.g. to answer the telephone or the front door)?
<b>WBM</b>	Are you able to run a short distance, such as to catch a bus? A short distance is roughly half a block or about 15-20 yards.
<b>WBM</b>	Are you able to walk for at least 15 minutes?
<b>WBM</b>	Are you able to remain on your feet for at least 20 minutes?
<b>WBM</b>	Are you able to remain on your feet for 2 hours with short breaks?
<b>WBM</b>	How long are you able to walk without stopping? If you cannot walk without stopping for 15 minutes please select unable.
<b>WBM</b>	How long are you able to walk without stopping using your walking aid?
<b>WBM</b>	How fast are you able to walk?
<b>WBM</b>	Are you able to walk for at least 30 minutes?
<b>WBM</b>	Are you able to cross the road at a 4-lane traffic light with curbs using your walking aid?
<b>WBM</b>	Are you able to walk around one floor of your home without tripping or losing your balance?
<b>WBM</b>	Are you able to walk in a busy place (e.g., crowded store) without losing your balance using your walking aid?
<b>WBM</b>	Are you able to run fast for 2 minutes?
<b>WBM</b>	Are you able to remain on your feet for 6 hours with short breaks?
<b>WBM</b>	Are you able to walk 150 feet (45 meters) on flat ground?
<b>WBM</b>	Are you able to walk up a steep slope (e.g. on a hill) using your walking aid?
<b>WBM</b>	Are you able to walk on uneven surfaces (e.g. grass, dirt road or sidewalk) using your walking aid?
<b>WBM</b>	Are you able to walk for at least 15 minutes using your walking aid?
<b>WBM</b>	Are you able to remain on your feet for at least 20 minutes using your walking aid?
<b>WBM</b>	Are you able to remain on your feet for 2 hours with short breaks using your walking aid?
<b>WBM</b>	Are you able to walk for at least 30 minutes using your walking aid?

<b>WBM</b>	Are you able to remain on your feet for 6 hours with short breaks using your walking aid?
<b>WC</b>	Are you able to move your wheelchair for at least 15 minutes?
<b>WC</b>	Are you able to get in and out of a car from your wheelchair? Please consider a sedan sized car when considering your answer.
<b>WC</b>	Are you able to get into and out of a truck, bus, shuttle van, or sport utility vehicle from your wheelchair?
<b>WC</b>	Are you able to move around in the bathroom, including getting on and off the toilet from your wheelchair?
<b>WC</b>	Are you able to move around one floor of your home in your wheelchair without bumping into things?
<b>WC</b>	Are you able to cross the street at a traffic light in your wheelchair?
<b>WC</b>	Are you able to move your wheelchair up and down curbs? Please base your response on the most difficult part of this activity.
<b>WC</b>	Are you able to get in and out of your wheelchair? Please base your response on the most difficult part of this activity.