



MC&FP FACT SHEET

Military OneSource

Background

Support for military families remains a Department of Defense priority even as the Department continues to address significant budget reductions in the coming years. The Department's goal is to care for, support and empower military families through meaningful, relevant and impactful policies, programs and initiatives. In collaboration with the Military Services and key stakeholders, Military OneSource, a quality of life priority initiative, was launched and is centrally managed in the Office of the Deputy Assistant Secretary of Defense for Military Community and Family Policy (ODASD (MC&FP)).

Highlights

Military OneSource was launched in response to the need for a centralized assistance program to support service members and their families. It provides active, reserve, and Guard service members (regardless of status) and their families with information, referral, non-medical counseling, online resources, educational materials, webinars, newsletters, outreach teams in each state, tax support and many other services.

• Military OneSource provides specialty consultation services (for example, wounded warrior, special needs, language and document translation, simultaneous interpretation, adult disability, elder care, education, health and wellness coaching, and financial counseling).



The Latest

MC&FP is combining online resources and launching a new Military OneSource website. The content will be user driven, incorporate social media and be compatible with mobile and tablet devices. Weekly polls will be used to pulse the military community on various topics.

Additional Information

Access Military OneSource services worldwide 24 hours a day, 7 days a week, at no cost, by calling 1-800-342-9647 or by going online to www.militaryonesource.mil.



- Educational materials are available in a variety of formats and address a wide range of topics.
- Wounded Warrior Resources, accessed through the Military OneSource Call Center, are available 24/7/365 to provide immediate assistance to service members or families with issues related to health care, health facilities, or benefits for the wounded.
- Military OneSource offers online and telephonic personalized health coaching to both service members and families. Tailored coaching programs are available for stress management, cardiovascular health and weight management for adults and teens.
- Service members can file federal and state tax returns using the Military OneSource free tax preparation service and can receive free personalized tax counseling assistance from counselors who understand the nuances of military tax issues.
- Language translation and interpretation services are available in more than 161 languages.
- Telephonic, online and face-to-face non-medical counseling is offered to address life skills (for example, anger management, conflict resolution, parenting, parent/child communication, relationship issues and marriage enrichment), the military lifestyle (for example, deployment stress, reintegration, relocation adjustment, separation, coping skills, homesickness, and loss and grief) and financial counseling.

