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## Attachment CC:

# Student Program Fidelity 7th Grade Session 3

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***Dating Matters: Strategies to Promote Healthy Teen Relationships™ Initiative***

Division of Violence Prevention  
National Center for Injury Prevention and Control  
Centers for Disease Control and Prevention



Activity	Yes	Yes w/ changes	No
1. Briefly reviewed Session 2	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Reviewed the homework assignment from Session 2	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Explained that Session 3 will cover upsetting feelings and how we respond to them	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Read Scenarios 1-4 and ensured that students circled their responses on the handout	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Discussed comfortable and uncomfortable feelings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Explained that there are both helpful and harmful responses to uncomfortable feelings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Gave instructions for Activity 1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Ensured that students came up with both helpful and harmful responses in Activity 1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Emphasized that responding to feelings in a helpful way or in a harmful way is a choice	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Explained that healthy coping strategies help people calm down and think more clearly when they have upsetting feelings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. Led class through Blowing Bubbles coping strategy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. Led class through Robot to Ragdoll coping strategy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13. Led class through Pause for Positives coping strategy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14. Recapped Session 3	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15. Previewed the concept of unhealthy coping, emphasizing drug and alcohol use, for Session 4	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Describe any changes you made to the session activities (please identify which activity you are describing by number).

Please indicate if you experienced any of these challenges that interfered with implementing today's session. *Check all that apply.*

1. Not enough time	<input type="checkbox"/>
2. I did not have the needed materials	<input type="checkbox"/>
3. I was uncomfortable discussing some of the topics	<input type="checkbox"/>
4. Students were uncomfortable discussing some of the topics	<input type="checkbox"/>
5. Some part of the session was difficult for students (e.g., role plays, reading aloud, worksheets)	<input type="checkbox"/>
6. Classroom behavior management issues	<input type="checkbox"/>
7. Other more pressing classroom demands	<input type="checkbox"/>
8. Other – please specify _____	<input type="checkbox"/>

Please check the extent to which the students were engaged in today's lesson on the following measures:

<i>Most students...</i>	Strongly Agree	Agree	Don't Know	Disagree	Strongly Disagree
Asked relevant questions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Suggested solutions to scenario problems.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Responded correctly to questions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Distracted other students.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Participated extensively in discussions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Discouraged other students from participating.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please think about today's session and tell us your answers to the following questions. Circle the number that shows your opinion about each question.

**1. How well do you think the students understood the session material?**

- 1 *Not at all*
- 2 *A little*
- 3 *A lot*
- 4 *Completely*

**2. How well did the session material fit into the allotted time period?**

- 1 *Session was too packed/not enough time to complete all activities*
- 2 *Session was somewhat packed/able to complete most but not all*
- 3 *Session was just right*
- 4 *Not enough material/session ended before class period completed*