**HCHS/SOL Food Propensity Questionnaire**

OMB#: 0925-0584

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### Administrative Information

0a. Completion Date: [ ] [ ] /[ ] [ ] /[ ] [ ] [ ] [ ]  0b. Staff ID: [ ] [ ] [ ]

 Month Day Year

**Instructions:** Enter the answer given by the participant for each response.

1. Over the past 12 months, how often did you drink **orange juice** or **grapefruit juice?**

NEVER [ ]

1 time per month or less [ ]  1 time per day [ ]

2-3 times per month [ ]  2-3 times per day [ ]

1-2 times per week [ ]  4-5 times per day [ ]

3-4 times per week [ ]  6 or more times per day [ ]

5-6 times per week [ ]

2. How often did you drink **apple juice?**

NEVER [ ]

1 time per month or less [ ]  1 time per day [ ]

2-3 times per month [ ]  2-3 times per day [ ]

1-2 times per week [ ]  4-5 times per day [ ]

3-4 times per week [ ]  6 or more times per day [ ]

5-6 times per week [ ]

3. How often did you drink **grape juice?**

NEVER [ ]

1 time per month or less [ ]  1 time per day [ ]

2-3 times per month [ ]  2-3 times per day [ ]

1-2 times per week [ ]  4-5 times per day [ ]

3-4 times per week [ ]  6 or more times per day [ ]

5-6 times per week [ ]

4. How often did you drink **other 100% fruit juice/nectar** or **100% fruit juice/nectar mixtures** (such as pineapple, pear, apricot, or others)?

NEVER [ ]

1 time per month or less [ ]  1 time per day [ ]

2-3 times per month [ ]  2-3 times per day [ ]

1-2 times per week [ ]  4-5 times per day [ ]

3-4 times per week [ ]  6 or more times per day [ ]

5-6 times per week [ ]

**Over the past 12 months…**

5. How often did you drink other **fruit drinks** (such as cranberry cocktail, Hi-C, lemonade, or Kool-Aid, diet or regular)?

NEVER [ ]  (GO TO QUESTION 6)

1 time per month or less [ ]  1 time per day [ ]

2-3 times per month [ ]  2-3 times per day [ ]

1-2 times per week [ ]  4-5 times per day [ ]

3-4 times per week [ ]  6 or more times per day [ ]

5-6 times per week [ ]

5a. How often were your fruit drinks **diet** or **sugar-free drinks**?

Almost never or never [ ]

About ¼ of the time [ ]

About ½ of the time [ ]

About ¾ of the time [ ]

Almost always or always [ ]

6. How often did you drink **milk as a beverage** (NOT in coffee, NOT in cereal)? (Please include chocolate milk and hot chocolate)

NEVER [ ]

1 time per month or less [ ]  1 time per day [ ]

2-3 times per month [ ]  2-3 times per day [ ]

1-2 times per week [ ]  4-5 times per day [ ]

3-4 times per week [ ]  6 or more times per day [ ]

5-6 times per week [ ]

7. How often did you drink **meal replacement, energy, or high-protein beverages** such as Instant Breakfast, Ensure, Slimfast, Sustacal or others?

NEVER [ ]

1 time per month or less [ ]  1 time per day [ ]

2-3 times per month [ ]  2-3 times per day [ ]

1-2 times per week [ ]  4-5 times per day [ ]

3-4 times per week [ ]  6 or more times per day [ ]

5-6 times per week [ ]

8. How often did you drink **soft drinks, sodas,** or **pop**?

 NEVER [ ]  (GO TO QUESTION 9)

1 time per month or less [ ]  1 time per day [ ]

2-3 times per month [ ]  2-3 times per day [ ]

1-2 times per week [ ]  4-5 times per day [ ]

3-4 times per week [ ]  6 or more times per day [ ]

5-6 times per week [ ]

**Over the past 12 months…**

8a. How often were these soft drinks, soda, or pop **diet** or **sugar-free**?

Almost never or never [ ]

About ¼ of the time [ ]

About ½ of the time [ ]

About ¾ of the time [ ]

Almost always or always [ ]

9. How often did you drink **beer?**

NEVER [ ]

1 time per month or less [ ]  1 time per day [ ]

2-3 times per month [ ]  2-3 times per day [ ]

1-2 times per week [ ]  4-5 times per day [ ]

3-4 times per week [ ]  6 or more times per day [ ]

5-6 times per week [ ]

10. How often did you drink **wine** or **wine coolers**?

NEVER [ ]

1 time per month or less [ ]  1 time per day [ ]

2-3 times per month [ ]  2-3 times per day [ ]

1-2 times per week [ ]  4-5 times per day [ ]

3-4 times per week [ ]  6 or more times per day [ ]

5-6 times per week [ ]

11. How often did you eat **oatmeal, grits,** or **other cooked cereals**?

NEVER [ ]  (GO TO QUESTION 12)

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

11a. How often was the cooked cereal you ate **oatmeal**?

Almost never or never [ ]

About ¼ of the time [ ]

About ½ of the time [ ]

About ¾ of the time [ ]

Almost always or always [ ]

**Over the past 12 months…**

12. How often did you eat **cold cereal (box cereal such as Corn Flakes)**?

NEVER [ ]  (GO TO QUESTION 13)

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

12a. How often was the cold cereal you ate a **whole grain type** (such as shredded wheat, Wheaties, Cheerios, Raisin Bran or other bran, oat, or whole wheat cereal)?

Almost never or never [ ]

About ¼ of the time [ ]

About ½ of the time [ ]

About ¾ of the time [ ]

Almost always or always [ ]

13. How often did you eat **applesauce**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

14. How often did you eat **apples**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

15. How often did you eat **pears** (fresh, canned, or frozen)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

**Over the past 12 months…**

16. How often did you eat **bananas**? (NOT plantains-we will ask about plantains later)

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

17. How often did you eat **pineapple**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

18. How often did you eat **dried fruit**, such as prunes or raisins?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

19. How often did you eat **peaches**, **nectarines,** or **plums**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

20. How often did you eat **grapes**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

**Over the past 12 months…**

21. How often did you eat **melons** (such as cantaloupe, watermelon, or honeydew)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

22. How often did you eat **strawberries**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

23. How often did you eat **oranges, tangerines, clementines,** or **tangelos**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

24. How often did you eat **grapefruit**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

25. How often did you eat **mango** (fresh, canned, or frozen)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

**Over the past 12 months…**

26. How often did you eat **papaya, lechosa** or **fruta bomba** (fresh, canned, or frozen)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

27. How often did you eat **other kinds of fruit**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

28. How often did you eat **COOKED greens** (such as spinach, turnip, collard, mustard, chard, or kale)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

29. How often did you eat **RAW greens** (such as spinach, turnip, collard, mustard, chard, or kale)? (*We will ask about lettuce later*.)

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

30. How often did you eat **carrots** (fresh, canned, or frozen)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

**Over the past 12 months…**

31. How often did you eat **string beans** or **green beans** (fresh, canned, or frozen)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

32. How often did you eat **peas** (fresh, canned, or frozen)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

33. How often did you eat **corn** (fresh, canned, or frozen)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

34. How often did you eat **broccoli** (fresh or frozen)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

35. How often did you eat **mixed vegetables** (fresh, canned, or frozen)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

**Over the past 12 months…**

36. How often did you eat fresh **tomatoes** (including those in salads)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

37. How often did you eat **summer squash** (include yellow and green squash)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

38. How often did you eat **lettuce salads** (with or without other vegetables)?

NEVER [ ]  (GO TO QUESTION 39)

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

38a. How often were the lettuce salads you ate made with **dark green leaves**? (such as spinach or romaine)

 Almost never or never [ ]

 About ¼ of the time [ ]

 About ½ of the time [ ]

 About ¾ of the time [ ]

 Almost always or always [ ]

39. How often did you eat **sweet potatoes** or **yams**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

**Over the past 12 months…**

40. How often did you eat **French fries, home fries, hash browned potatoes**, or **tater tots**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

41. How often did you eat **potato salad**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

42. How often did you eat **baked, boiled,** or **mashed potatoes**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

43. How often did you eat **salsa or pico de gallo**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

44. How often did you eat **ketchup**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

**Over the past 12 months…**

45. How often did you eat **chili** (chili con carne or with beans)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

46. How often did you eat **tortillas** or **tacos**?

NEVER [ ]  (GO TO QUESTION 47)

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

46a. How often were your tortillas or tacos **corn tortillas** or **tacos**?

 Almost never or never [ ]

 About ¼ of the time [ ]

 About ½ of the time [ ]

 About ¾ of the time [ ]

 Almost always or always [ ]

47. How often did you eat **cooked dried beans** (such as baked beans, pintos, kidney, blackeyed peas, lima, lentils, soybeans, or refried beans)? (*Please don’t include bean soups or chili*.)

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

48. How often did you eat **winter squash** (including pumpkin, acorn, and butternut squash)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

**Over the past 12 months…**

49. How often did you eat **avocado**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

50. How often did you eat **nopal**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

51. How often did you eat **plantain**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

52. How often did you eat **other kinds of vegetables**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

53. How often did you eat **rice** or **other cooked grains** (such as bulgur, cracked wheat, or millet)?

NEVER [ ]  (GO TO QUESTION 54)

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

53a. How often was the rice or other cooked grains you ate **brown rice, cracked wheat,** or **millet**?

 Almost never or never [ ]

 About ¼ of the time [ ]

 About ½ of the time [ ]

 About ¾ of the time [ ]

 Almost always or always [ ]

**Over the past 12 months…**

54. How often did you eat **pancakes, waffles**, or **French toast**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

55. How often did you eat **bagels** or **English muffins**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

**The next questions ask about your intake of breads other than bagels or English muffins. First, we will ask about bread you ate as part of sandwiches only. Then we will ask about all other bread you ate.**

56. How often did you eat **breads** or **rolls AS PART OF SANDWICHES** (including burger and hot dog rolls)?

NEVER [ ]  (GO TO QUESTION 57)

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

56a. How often were the breads or rolls that you used for sandwiches **white bread** (including burger and hot dog rolls)?

 Almost never or never [ ]

 About ¼ of the time [ ]

 About ½ of the time [ ]

 About ¾ of the time [ ]

 Almost always or always [ ]

57. How often did you eat **breads** or **dinner rolls, NOT AS PART OF SANDWICHES**?

NEVER [ ]  (GO TO QUESTION 58)

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

**Over the past 12 months…**

57a. How often were the breads or rolls you ate **white bread**?

 Almost never or never [ ]

 About ¼ of the time [ ]

 About ½ of the time [ ]

 About ¾ of the time [ ]

 Almost always or always [ ]

58. How often did you eat **jam, jelly**, guava paste or **honey** on bagels, muffins, bread, rolls, or crackers?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

59. How often did you eat **roast beef** or **steak IN SANDWICHES**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

60. How often did you eat **turkey** or **chicken COLD CUTS** (such as loaf, luncheon meat, turkey ham, turkey salami, or turkey pastrami)? (*We will ask about other turkey or chicken later.*)

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

61. How often did you eat **luncheon** or **deli-style ham**? (*We will ask about other ham later.*)

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

**Over the past 12 months…**

62. How often did you eat **other cold cuts** or **luncheon meats** (such as bologna, salami, corned beef, pastrami, or others, including low-fat)? (*Please do not include ham, turkey, or chicken cold cuts*.)

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

63. How often did you eat **canned tuna** (including in salads, sandwiches, or casseroles)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

64. How often did you eat **beef hamburgers** or **cheeseburgers**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

65. How often did you eat **ground beef in mixtures** (such as meatballs, casseroles, or meatloaf)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

66. How often did you eat **hot dogs** or **frankfurters**? (*Please do not include sausages or vegetarian hot dogs*.)

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

**Over the past 12 months…**

67. How often did you eat beef mixtures such as **beef stew, beef pot pie, beef and noodles,** or **beef and vegetables**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

68. How often did you eat **roast beef** or **pot roast**? (*Please do not include roast beef or pot roast in sandwiches*.)

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

69. How often did you eat **steak** (beef)? (*Do not include steak in sandwiches*)

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

70. How often did you eat **ribs** (pork or beef**)**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

71. How often did you eat **roast turkey, turkey cutlets,** or **turkey nuggets** (including in sandwiches)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

**Over the past 12 months…**

72. How often did you eat **chicken** as part of **salads, sandwiches, casseroles, stews,** or **other mixtures**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

73. How often did you eat **baked, broiled, roasted, stewed,** or **fried chicken** (including nuggets)? (*Please do not include chicken in mixtures*.)

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

74. How often did you eat **baked ham** or **ham steak**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

75. How often did you eat **pork** (including chops, roasts, and in mixed dishes)? (*Please do not include ham, ham steak, or sausage*.)

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

76. How often did you eat **bacon** (including low-fat)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

**Over the past 12 months…**

77. How often did you eat **sausage** (including chorizo, breakfast, Polish, Italian and including low-fat)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

78. How often did you eat **smoked fish** or **seafood** (such as smoked salmon, lox, or others)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

79. How often did you eat **all other fish** or **seafood** (including shellfish) that was **NOT SMOKED**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

80. How often did you eat **soups**?

NEVER [ ]  (GO TO QUESTION 81)

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

80a. How often were the soups you ate **bean soups**?

Almost never or never [ ]

About ¼ of the time [ ]

About ½ of the time [ ]

About ¾ of the time [ ]

Almost always or always [ ]

80b. How often were the soups you ate **cream soups** (including chowders)?

Almost never or never [ ]

About ¼ of the time [ ]

About ½ of the time [ ]

About ¾ of the time [ ]

Almost always or always [ ]

**Over the past 12 months…**

80c. How often were the soups you ate **tomato** or **vegetable soups**?

Almost never or never [ ]

About ¼ of the time [ ]

About ½ of the time [ ]

About ¾ of the time [ ]

Almost always or always [ ]

81. How often did you eat **pizza**?

NEVER [ ]  (GO TO QUESTION 82)

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

81a. How often did you eat pizza with **pepperoni, sausage,** or **other meat**?

Almost never or never [ ]

About ¼ of the time [ ]

About ½ of the time [ ]

About ¾ of the time [ ]

Almost always or always [ ]

82. How often did you eat **crackers**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

83. How often did you eat **corn bread** or **corn muffins**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

84. How often did you eat **biscuits**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

**Over the past 12 months…**

85. How often did you eat **tortilla chips** or **corn chips** (including low-fat, fat-free, or low-salt)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

86. How often did you eat **popcorn** (including low-fat)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

87. How often did you eat **peanuts, walnuts, seeds,** or **other nuts**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

88. How often did you eat **yogurt** (NOT including frozen yogurt)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

89. How often did you eat **cottage cheese** (including low-fat)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

**Over the past 12 months…**

90. How often did you eat **cheese** (including low-fat; including on cheeseburgers or in sandwiches or subs)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

91. How often did you eat **frozen yogurt**, **sorbet,** or **ices** (including low-fat or fat-free)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

92. How often did you eat **ice cream, ice cream bars,** or **sherbet** (including low-fat or fat-free)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

93. How often did you eat **pudding or custard**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

94. How often did you eat **cake** (including low-fat or fat-free)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

**Over the past 12 months…**

95. How often did you eat **cookies** or **brownies** (including low-fat or fat-free)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

96. How often did you eat **doughnuts, sweet rolls, Danish**, or **pop-tarts**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

97. How often did you eat **sweet muffins** or **dessert breads** (including low-fat or fat-free)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

98. How often did you eat **fruit crisp, cobbler,** or **strudel**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

99. How often did you eat **pie**?

NEVER [ ]  (GO TO QUESTION 100)

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

99a. How often was the pie you ate **fruit pie** (such as apple, cherry, peach, blueberry, or others)?

Almost never or never [ ]

About ¼ of the time [ ]

About ½ of the time [ ]

About ¾ of the time [ ]

Almost always or always [ ]

**Over the past 12 months…**

100. How often did you eat **chocolate candy**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

101. How often did you eat **other candy**?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

102. How often did you eat **eggs, egg whites,** or **egg substitutes** (NOT counting eggs in baked good and desserts)? (*Please include eggs in salads, quiche, and soufflés*.)

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

103. How many cups of **coffee**, caffeinated or decaffeinated, did you drink?

NONE [ ]

Less than 1 cup per month [ ]  1 cup per day [ ]

1-3 cups per month [ ]  2-3 cups per day [ ]

1 cup per week [ ]  4-5 cups per day [ ]

2-4 cups per week [ ]  6 or more cups per day [ ]

5-6 cups per week [ ]

104. How many glasses of **ICED tea,** caffeinated or decaffeinated, did you drink?

NONE [ ]

Less than 1 cup per month [ ]  1 cup per day [ ]

1-3 cups per month [ ]  2-3 cups per day [ ]

1 cup per week [ ]  4-5 cups per day [ ]

2-4 cups per week [ ]  6 or more cups per day [ ]

 5-6 cups per week [ ]

**Over the past 12 months…**

105. How many cups of **HOT tea,** caffeinated or decaffeinated, did you drink?

NONE [ ]

Less than 1 cup per month [ ]  1 cup per day [ ]

1-3 cups per month [ ]  2-3 cups per day [ ]

1 cup per week [ ]  4-5 cups per day [ ]

2-4 cups per week [ ]  6 or more cups per day [ ]

 5-6 cups per week [ ]

106. How often did you add **sugar** or **honey** to your coffee or tea?

NEVER [ ]

Less than 1 time per month [ ]  1 time per day [ ]

1-3 times per month [ ]  2-3 times per day [ ]

1 time per week [ ]  4-5 times per day [ ]

2-4 times per week [ ]  6 or more times per day [ ]

5-6 times per week [ ]

107. How often did you add **artificial sweetener** to your coffee or tea?

NEVER [ ]

Less than 1 time per month [ ]  1 time per day [ ]

1-3 times per month [ ]  2-3 times per day [ ]

1 time per week [ ]  4-5 times per day [ ]

2-4 times per week [ ]  6 or more times per day [ ]

5-6 times per week [ ]

108. How often was **non-dairy creamer** added to your coffee or tea?

NEVER [ ]

Less than 1 time per month [ ]  1 time per day [ ]

1-3 times per month [ ]  2-3 times per day [ ]

1 time per week [ ]  4-5 times per day [ ]

2-4 times per week [ ]  6 or more times per day [ ]

5-6 times per week [ ]

109. How often was **cream** or **half and half** added to your coffee or tea?

NEVER [ ]

Less than 1 time per month [ ]  1 time per day [ ]

1-3 times per month [ ]  2-3 times per day [ ]

1 time per week [ ]  4-5 times per day [ ]

2-4 times per week [ ]  6 or more times per day [ ]

5-6 times per week [ ]

**Over the past 12 months…**

110. How often was **milk** added to your coffee or tea?

NEVER [ ]

Less than 1 time per month [ ]  1 time per day [ ]

1-3 times per month [ ]  2-3 times per day [ ]

1 time per week [ ]  4-5 times per day [ ]

2-4 times per week [ ]  6 or more times per day [ ]

5-6 times per week [ ]

111. How often was **sugar** or **honey** added to foods you ate? (Please do not include sugar in coffee, tea, other beverages, or baked goods.)

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

112. How often did you eat **sour cream?**

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

113. How often did you eat **fresh cream?**

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

114. How often did you eat foods with **oils added** or with **oils used in cooking** (do not include baked goods or salads)?

NEVER [ ]

1-6 times per year [ ]  2 times per week [ ]

7-11 times per year [ ]  3-4 times per week [ ]

1 time per month [ ]  5-6 times per week [ ]

2-3 times per month [ ]  1 time per day [ ]

1 time per week [ ]  2 or more times per day [ ]

**Over the past 12 months…**

115. What kind of **oils** did you **usually eat**? (***Mark all that apply***.)

Olive [ ]

Corn [ ]

Canola/rapeseed [ ]

Other [ ]