



**SINUSITIS/RHINITIS AND OTHER CONDITIONS OF THE NOSE, THROAT, LARYNX AND PHARYNX DISABILITY BENEFITS QUESTIONNAIRE**

**IMPORTANT** - THE DEPARTMENT OF VETERANS AFFAIRS (VA) **WILL NOT PAY** OR **REIMBURSE** ANY EXPENSES OR COST INCURRED IN THE PROCESS OF COMPLETING AND/OR SUBMITTING THIS FORM. PLEASE READ THE PRIVACY ACT AND RESPONDENT BURDEN INFORMATION BEFORE COMPLETING FORM.

NAME OF PATIENT/VETERAN \_\_\_\_\_ PATIENT/VETERAN'S SOCIAL SECURITY NUMBER \_\_\_\_\_

**NOTE TO PHYSICIAN** - Your patient is applying to the U.S. Department of Veterans Affairs (VA) for disability benefits. VA will consider the information you provide on this questionnaire as part of their evaluation in processing the veteran's claim. VA reserves the right to confirm the authenticity of ALL DBQs completed by private health care providers.

**SECTION I - DIAGNOSIS**

1A. DOES THE VETERAN NOW HAVE OR HAS HE OR SHE EVER BEEN DIAGNOSED WITH A SINUS, NOSE, THROAT, LARYNX OR PHARYNX CONDITION? *(This is the condition the veteran is claiming or for which an exam has been requested.)*

YES  NO *(If "Yes," complete Item 1B)*

1B. SELECT THE VETERAN'S CONDITION *(check all that apply)*

- |   |                 |                          |
|---|-----------------|--------------------------|
| <input type="checkbox"/> CHRONIC SINUSITIS                        | ICD Code: _____ | Date of diagnosis: _____ |
| <input type="checkbox"/> ALLERGIC RHINITIS                        | ICD Code: _____ | Date of diagnosis: _____ |
| <input type="checkbox"/> NON-ALLERGIC RHINITIS                    | ICD Code: _____ | Date of diagnosis: _____ |
| <input type="checkbox"/> BACTERIAL RHINITIS                       | ICD Code: _____ | Date of diagnosis: _____ |
| <input type="checkbox"/> GRANULOMATOUS RHINITIS                   | ICD Code: _____ | Date of diagnosis: _____ |
| <input type="checkbox"/> CHRONIC LARYNGITIS                       | ICD Code: _____ | Date of diagnosis: _____ |
| <input type="checkbox"/> LARYNGECTOMY                             | ICD Code: _____ | Date of diagnosis: _____ |
| <input type="checkbox"/> LARYNGEAL STENOSIS                       | ICD Code: _____ | Date of diagnosis: _____ |
| <input type="checkbox"/> APHONIA                                  | ICD Code: _____ | Date of diagnosis: _____ |
| <input type="checkbox"/> DEVIATED NASAL SEPTUM <i>(Traumatic)</i> | ICD Code: _____ | Date of diagnosis: _____ |
| <input type="checkbox"/> PHARYNGEAL INJURY <i>(Describe):</i>     | ICD Code: _____ | Date of diagnosis: _____ |

BENIGN OR MALIGNANT NEOPLASM OF SINUS, NOSE, THROAT, LARYNX OR PHARYNX ICD Code: \_\_\_\_\_ Date of diagnosis: \_\_\_\_\_

ANATOMICAL LOSS OF PART OF NOSE *(Complete VA Form 21-0960F-1, Scars/Disfigurement Disability Benefits Questionnaire in lieu of this questionnaire)* ICD Code: \_\_\_\_\_ Date of diagnosis: \_\_\_\_\_

OTHER *(specify)*  
 Other diagnosis #1 \_\_\_\_\_ ICD Code: \_\_\_\_\_ Date of diagnosis: \_\_\_\_\_  
 Other diagnosis #2 \_\_\_\_\_ ICD Code: \_\_\_\_\_ Date of diagnosis: \_\_\_\_\_

1C. IF THERE ARE ADDITIONAL DIAGNOSES THAT PERTAIN TO THE SINUSES, NOSE, THROAT, LARYNX, OR PHARYNX CONDITION(S), LIST USING ABOVE FORMAT:

**SECTION II - MEDICAL RECORD REVIEW**

2. INDICATE MEDICAL RECORDS REVIEWED IN PREPARATION OF THIS REPORT:

- C-FILE (VA ONLY)  
 OTHER, DESCRIBE: \_\_\_\_\_

**SECTION III - MEDICAL HISTORY**

3. DESCRIBE THE HISTORY *(including onset and course)* OF THE VETERAN'S SINUS, NOSE, THROAT, LARYNX, OR PHARYNX CONDITION:

**SECTION IV - NOSE, THROAT, LARYNX OR PHARYNX CONDITIONS**

4. DOES THE VETERAN HAVE ANY OF THE FOLLOWING NOSE, THROAT, LARYNX OR PHARYNX CONDITIONS?

- YES  NO (If "No," proceed to Section V) (If "Yes," check all that apply):
- Sinusitis (If checked, complete Part A below)
  - Rhinitis (If checked, complete Part B below)
  - Larynx or pharynx condition (If checked, complete Part C below)
  - Deviated nasal septum (traumatic) (If checked, complete Part D below)
  - Tumors or neoplasms (If checked, complete Part E below)
  - Other pertinent physical findings or scars due to nose, throat, larynx or pharynx conditions (If checked, complete Part F below)

**PART A - SINUSITIS**

A1. INDICATE THE SINUSES/TYPE OF SINUSITIS CURRENTLY AFFECTED BY THE VETERAN'S CHRONIC SINUSITIS (Check all that apply):

- NONE  MAXILLARY  FRONTAL  ETHMOID  SPHENOID  PANSINUSITIS

A2. DOES THE VETERAN CURRENTLY HAVE ANY FINDINGS, SIGNS OR SYMPTOMS ATTRIBUTABLE TO CHRONIC SINUSITIS?

- YES  NO  
(If "Yes," check all that apply)
- Chronic sinusitis detected only by imaging studies (See Section V, Diagnostic Testing)
  - Episodes of sinusitis
  - Near constant sinusitis (If checked, describe frequency): \_\_\_\_\_
  - Headaches
  - Pain and tenderness of affected sinus
  - Purulent discharge or crusting
  - Other (describe): \_\_\_\_\_

FOR ALL CHECKED CONDITIONS, DESCRIBE:

A3. HAS THE VETERAN HAD **NON-INCAPACITATING** EPISODES OF SINUSITIS CHARACTERIZED BY HEADACHES, PAIN AND PURULENT DISCHARGE OR CRUSTING IN THE PAST 12 MONTHS?

- YES  NO  
(If "Yes," provide the total number of non-incapacitating episodes over the past 12 months):
- 1  2  3  4  5  6  7  7 or more

A4. HAS THE VETERAN HAD **INCAPACITATING** EPISODES OF SINUSITIS REQUIRING PROLONGED (4 to 6 weeks) OF ANTIBIOTICS TREATMENT IN THE PAST 12 MONTHS?

**NOTE** - For VA purposes, an incapacitating episode of sinusitis means one that requires bed rest and treatment prescribed by a physician.

- YES  NO  
(If "Yes," provide the total number of incapacitating episodes of sinusitis requiring prolonged (4 to 6 weeks) of antibiotic treatment over the past 12 months):
- 1  2  3 or more

A5. HAS THE VETERAN HAD SINUS SURGERY?

- YES  NO  
(If "Yes," specify type of surgery):
- Radical (open sinus surgery)  Endoscopic  Other: \_\_\_\_\_
- (Type of procedure, sinuses operated on and side(s)): \_\_\_\_\_
- (Date(s) of surgery (if repeated sinus surgery, provide all dates of surgery)): \_\_\_\_\_

A6. IF VETERAN HAS HAD RADICAL SINUS SURGERY, DID CHRONIC OSTEOMYELITIS FOLLOW THE SURGERY?

- YES  NO (If "Yes," complete VA Form 21-0960M-11, Osteomyelitis Disability Benefits Questionnaire)

**PART B - RHINITIS**

B1. IS THERE GREATER THAN 50% OBSTRUCTION OF THE NASAL PASSAGE ON BOTH SIDES DUE TO RHINITIS?

- YES  NO

B2. IS THERE COMPLETE OBSTRUCTION ON ONE SIDE DUE TO RHINITIS?

- YES  NO

B3. IS THERE PERMANENT HYPERTROPHY OF THE NASAL TURBINATES?

- YES  NO

B4. ARE THERE NASAL POLYPS?

- YES  NO

**SECTION IV - NOSE, THROAT, LARYNX OR PHARYNX CONDITIONS (Continued)**

**PART B - RHINITIS (Continued)**

B5. DOES THE VETERAN HAVE ANY OF THE FOLLOWING GRANULOMATOUS CONDITIONS?

- YES  NO (If "Yes," check all that apply)
- Granulomatous rhinitis  Rhinoscleroma  Wegener's granulomatosis  Lethal midline granuloma
- Other granulomatous infection (Describe): \_\_\_\_\_

**PART C - LARYNX AND PHARYNX CONDITIONS**

C1. DOES THE VETERAN HAVE CHRONIC LARYNGITIS?

- YES  NO
- (If "Yes," does the veteran have any of the following symptoms due to chronic laryngitis?)
- YES  NO (If "Yes," check all that apply)
- Hoarseness (If checked, describe frequency): \_\_\_\_\_
- Inflammation of vocal cords or mucous membrane
- Thickening or nodules of vocal chords
- Submucous infiltration of vocal chords
- Vocal chord polyps
- Other (describe): \_\_\_\_\_

C2. HAS THE VETERAN HAD A LARYNGECTOMY?

- YES  NO (If "Yes," specify)
- Total laryngectomy
- Partial laryngectomy
- (If checked, does the veteran have any residuals of the partial laryngectomy?)
- YES  NO
- (If "Yes," describe): \_\_\_\_\_

C3. DOES THE VETERAN HAVE LARYNGEAL STENOSIS, INCLUDING RESIDUALS OF LARYNGEAL TRAUMA (unilateral or bilateral)?

- YES  NO (If "Yes," assess for upper airway obstruction with pulmonary function testing to include Flow-Volume Loop, and provide results in Section V, Diagnostic Testing)

C4. DOES THE VETERAN HAVE COMPLETE ORGANIC APHONIA?

- YES  NO (If "Yes," check all that apply)
- Constant inability to speak above a whisper
- Constant inability to communicate by speech
- Other (describe): \_\_\_\_\_

C5. DOES THE VETERAN HAVE INCOMPLETE ORGANIC APHONIA?

- YES  NO (If "Yes," check all that apply)
- Hoarseness (If checked, describe frequency): \_\_\_\_\_
- Inflammation of vocal cords or mucous membrane
- Thickening or nodules of vocal chords
- Submucous infiltration of vocal chords
- Vocal chord polyps
- Other (describe): \_\_\_\_\_

C6. HAS THE VETERAN HAD A PERMANENT TRACHEOSTOMY?

- YES  NO (If "Yes," describe reason for tracheostomy and potential for decannulation): \_\_\_\_\_

C7. HAS THE VETERAN HAD AN INJURY TO THE PHARYNX?

- YES  NO (If "Yes," check all findings, signs and symptoms that apply):
- Stricture or obstruction of the pharynx or nasopharynx
- Absence of the soft palate secondary to trauma
- Absence of the soft palate secondary to chemical burn
- Absence of the soft palate secondary to granulomatous disease
- Paralysis of the soft palate with swallowing difficulty (nasal regurgitation) and speech impairment
- Other (describe): \_\_\_\_\_

C8. DOES THE VETERAN HAVE VOCAL CHORD PARALYSIS OR ANY OTHER PHARYNGEAL OR LARYNGEAL CONDITIONS?

- YES  NO (If "Yes," describe): \_\_\_\_\_

**PART D - DEVIATED NASAL SEPTUM (TRAUMATIC)**

D1. IS THERE AT LEAST 50% OBSTRUCTION OF THE NASAL PASSAGE ON BOTH SIDES DUE TO TRAUMATIC SEPTAL DEVIATION?

YES  NO

D2. IS THERE COMPLETE OBSTRUCTION ON ONE SIDE DUE TO TRAUMATIC SEPTAL DEVIATION?

YES  NO

**PART E - TUMORS AND NEOPLASMS**

E1. DOES THE VETERAN HAVE A BENIGN OR MALIGNANT NEOPLASM OR METASTASES RELATED TO ANY OF THE DIAGNOSES IN SECTION I, DIAGNOSIS?

YES  NO (If "Yes," complete Items 7B through 7E)

E2. IS THE NEOPLASM:

BENIGN  MALIGNANT

E3. HAS THE VETERAN COMPLETED TREATMENT OR IS THE VETERAN CURRENTLY UNDERGOING TREATMENT FOR A BENIGN OR MALIGNANT NEOPLASM OR METASTASES?

YES  NO; WATCHFUL WAITING

(If "Yes," indicate type of treatment the veteran is currently undergoing or has completed (check all that apply)):

Treatment completed; currently in watchful waiting status

Surgery (If checked, describe): \_\_\_\_\_ (Date(s) of surgery): \_\_\_\_\_

Radiation therapy  
(Date of most recent treatment): \_\_\_\_\_ (Date of completion of treatment or anticipated date of completion): \_\_\_\_\_

Antineoplastic chemotherapy  
(Date of most recent treatment): \_\_\_\_\_ (Date of completion of treatment or anticipated date of completion): \_\_\_\_\_

Other therapeutic procedure (If checked, describe procedure): \_\_\_\_\_  
(Date of most recent procedure): \_\_\_\_\_

Other therapeutic treatment (If checked, describe treatment): \_\_\_\_\_  
(Date of completion of treatment or anticipated date of completion): \_\_\_\_\_

E4. DOES THE VETERAN CURRENTLY HAVE ANY RESIDUAL CONDITIONS OR COMPLICATIONS DUE TO THE NEOPLASM (including metastases) OR ITS TREATMENT, OTHER THAN THOSE ALREADY DOCUMENTED IN THE REPORT ABOVE?

YES  NO (If "Yes," list residual conditions and complications (brief summary)):

E5. IF THERE ARE ADDITIONAL BENIGN OR MALIGNANT NEOPLASMS OR METASTASES RELATED TO ANY OF THE DIAGNOSES IN SECTION I, DIAGNOSIS, DESCRIBE USING THE ABOVE FORMAT:

**PART F - OTHER PERTINENT PHYSICAL FINDINGS, SCARS, COMPLICATIONS, CONDITIONS, SIGNS AND/OR SYMPTOMS**

F1. DOES THE VETERAN HAVE ANY SCARS (surgical or otherwise) related RELATED TO ANY CONDITIONS OR TO THE TREATMENT OF ANY CONDITIONS LISTED IN SECTION I, DIAGNOSIS?

YES  NO

(If "Yes," are any of the scars painful and/or unstable, or is the total area of all related scars greater than or equal to 39 square cm (6 square inches))?

YES  NO (If "Yes," ALSO complete VA Form 21-0960F-1, Scars/Disfigurement Disability Benefits Questionnaire)

F2. DOES THE VETERAN HAVE ANY OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS AND/OR SYMPTOMS RELATED TO ANY CONDITIONS LISTED IN SECTION I, DIAGNOSIS?

YES  NO (If "Yes," describe (brief summary)):

**SECTION V - DIAGNOSTIC TESTING**

**NOTE** - If testing has been performed and reflects the veteran's current condition, repeat testing is not required. Specific diagnostic testing is not required for many conditions, but if performed, record in this section.

**5A. HAVE IMAGING STUDIES OF THE SINUSES OR OTHER AREAS BEEN PERFORMED?**

YES  NO

*(If "Yes," check all that apply)*

Magnetic resonance imaging (MRI) Date: \_\_\_\_\_ Results: \_\_\_\_\_

Computed tomography (CT) Date: \_\_\_\_\_ Results: \_\_\_\_\_

X-rays: \_\_\_\_\_ Date: \_\_\_\_\_ Results: \_\_\_\_\_

Other: \_\_\_\_\_ Date: \_\_\_\_\_ Results: \_\_\_\_\_

**5B. HAS ENDOSCOPY BEEN PERFORMED?**

YES  NO

*(If "Yes," check all that apply):*

Nasal endoscopy Date: \_\_\_\_\_ Results: \_\_\_\_\_

Laryngeal endoscopy Date: \_\_\_\_\_ Results: \_\_\_\_\_

Bronchoscopy Date: \_\_\_\_\_ Results: \_\_\_\_\_

Other endoscopy Date: \_\_\_\_\_ Results: \_\_\_\_\_

**5C. HAS THE VETERAN HAD A BIOPSY OF THE LARYNX OR PHARYNX?**

YES  NO

*(If "Yes," complete the following):*

Site of biopsy: \_\_\_\_\_ Date: \_\_\_\_\_

Results:  Benign  Pre-malignant  Malignant

Describe results: \_\_\_\_\_

**5D. HAS THE VETERAN HAD PULMONARY FUNCTION TESTING TO ASSESS FOR UPPER AIRWAY OBSTRUCTION DUE TO LARYNGEAL STENOSIS?**

YES  NO

*(If "Yes," indicate results)*

FEV-1 of 71 to 80% predicted

FEV-1 of 56 to 70% predicted

FEV-1 of 40 to 55% predicted

FEV-1 less than 40% predicted

*(Is the Flow-Volume Loop compatible with upper airway obstruction?)*

YES  NO

**5E. ARE THERE ANY OTHER SIGNIFICANT DIAGNOSTIC TEST FINDINGS AND/OR RESULTS?**

YES  NO *(If "Yes," provide type of test or procedure, date and results (brief summary)):*

**SECTION VI - FUNCTIONAL IMPACT**

6. DOES THE VETERAN'S SINUS, NOSE, THROAT, LARYNX OR PHARYNX CONDITION IMPACT HIS OR HER ABILITY TO WORK?

YES  NO (If "Yes," describe impact of each of the veteran's sinus, nose, throat, larynx or pharynx conditions, providing one or more examples):

**SECTION VII - REMARKS**

7. REMARKS (If any)

**SECTION VIII - PHYSICIAN'S CERTIFICATION AND SIGNATURE**

**CERTIFICATION** - To the best of my knowledge, the information contained herein is accurate, complete and current.

8A. PHYSICIAN'S SIGNATURE

8B. PHYSICIAN'S PRINTED NAME

8C. DATE SIGNED

8D. PHYSICIAN'S PHONE AND FAX NUMBERS

8E. PHYSICIAN'S MEDICAL LICENSE NUMBER

8F. PHYSICIAN'S ADDRESS

**NOTE** - VA may request additional medical information, including additional examinations, if necessary to complete VA's review of the veteran's application.

**IMPORTANT** - Physician please fax the completed form to: \_\_\_\_\_

(VA Regional Office FAX No.)

**NOTE** - A list of VA Regional Office FAX Numbers can be found at [www.benefits.va.gov/disabilityexams](http://www.benefits.va.gov/disabilityexams) or obtained by calling 1-800-827-1000.

**PRIVACY ACT NOTICE:** VA will not disclose information collected on this form to any source other than what has been authorized under the Privacy Act of 1974 or Title 38, Code of Federal Regulations 1.576 for routine uses (i.e., civil or criminal law enforcement, congressional communications, epidemiological or research studies, the collection of money owed to the United States, litigation in which the United States is a party or has an interest, the administration of VA programs and delivery of VA benefits, verification of identity and status, and personnel administration) as identified in the VA system of records, 58/VA21/22/28, Compensation, Pension, Education and Vocational Rehabilitation and Employment Records - VA, published in the Federal Register. Your obligation to respond is voluntary. VA uses your SSN to identify your claim file. Providing your SSN will help ensure that your records are properly associated with your claim file. Giving us your SSN account information is voluntary. Refusal to provide your SSN by itself will not result in the denial of benefits. VA will not deny an individual benefits for refusing to provide his or her SSN unless the disclosure of the SSN is required by a Federal Statute of law in effect prior to January 1, 1975, and still in effect. The requested information is considered relevant and necessary to determine maximum benefits under the law. The responses you submit are considered confidential (38 U.S.C. 5701). Information submitted is subject to verification through computer matching programs with other agencies.

**RESPONDENT BURDEN:** We need this information to determine entitlement to benefits (38 U.S.C. 501). Title 38, United States Code, allows us to ask for this information. We estimate that you will need an average of 15 minutes to review the instructions, find the information, and complete the form. VA cannot conduct or sponsor a collection of information unless a valid OMB control number is displayed. You are not required to respond to a collection of information if this number is not displayed. Valid OMB control numbers can be located on the OMB Internet Page at [www.reginfo.gov/public/do/PRAMain](http://www.reginfo.gov/public/do/PRAMain). If desired, you can call 1-800-827-1000 to get information on where to send comments or suggestions about this form.