

# FRUITS. VEGGIES. FRIENDSHIPS.

Discover good things that grow in the sun.



## Who?

All kids 18 years and under

## What?

- Fun activities
- Healthy, free meals
- Friends, old and new
- Safe, supervised site

## When?

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## Where?

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### Get More Information at:

1-866-3-HUNGRY • 1-877-8-HAMBRE  
[www.fns.usda.gov/summerfoodrocks](http://www.fns.usda.gov/summerfoodrocks)

### Weekly Special:

This week, we celebrate the sun!  
Join us as we serve up healthy sun-themed food & activities!



# MAKE A SPLASH AT SUMMER MEALS!

Where All the Cool Kids Go



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### Weekly Special:

This week, we celebrate water! Join us as we soak up healthy food and water-themed activities!



# MOVIN' with Summer Meals

Turn Off the Screens, Turn Up the Music!



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### Weekly Special:

This week, it's a dance party!  
Join us as we move and groove to dance-themed activities!



# REMEMBER: Friends Don't Let Friends Sit Inside All Summer!



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United States Department of Agriculture

# FRIENDS ★ FOOD ★ FUN

## Three Reasons to Celebrate Summer!



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This week at summer meals, kids can celebrate the summer holiday.





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# AT SUMMER MEALS, KIDS WILL Eat Smart to Play Hard



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### Weekly Special:

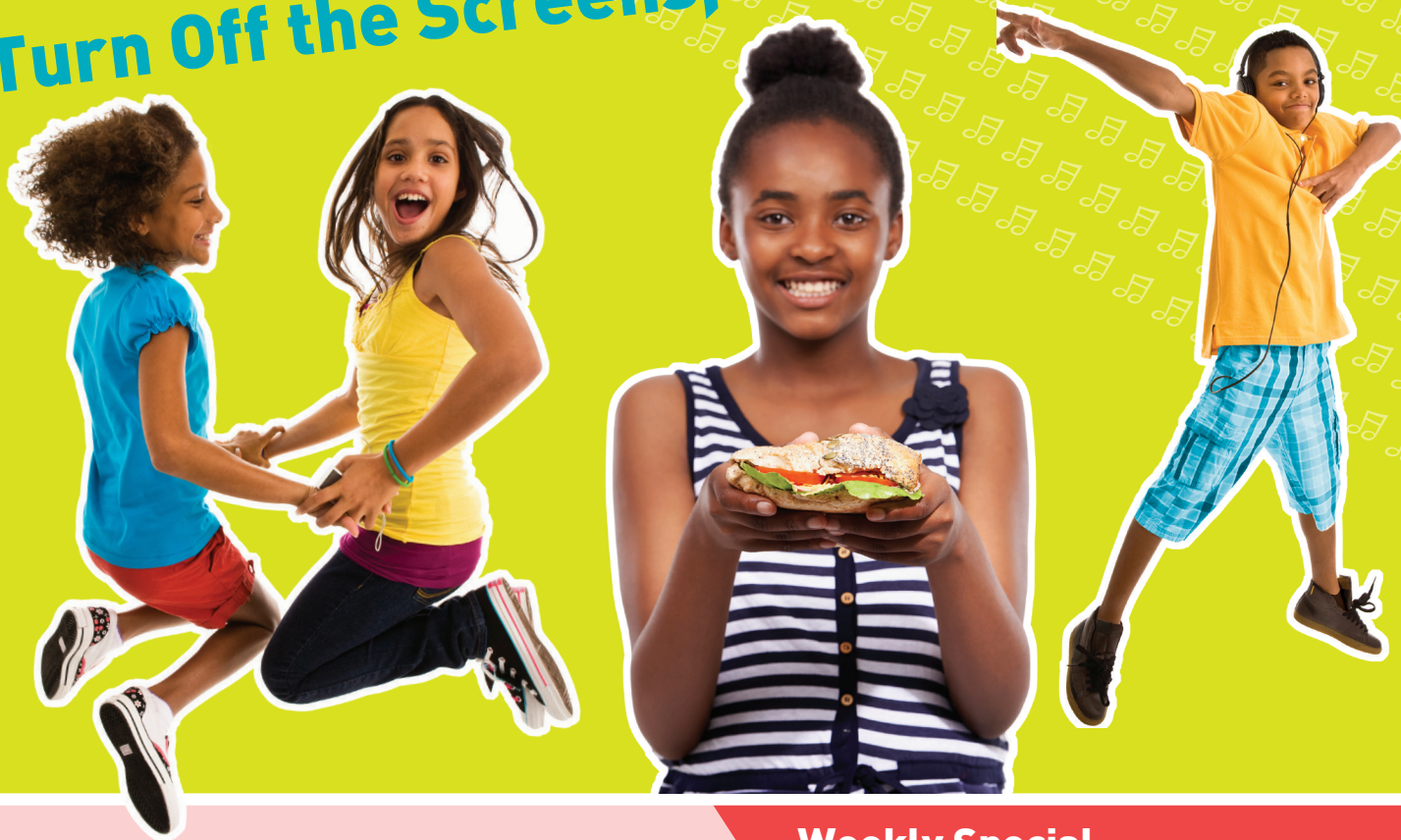
This week, we make a splash!  
Join us as we serve up healthy  
food and water-themed activities!





# MOVIN' with Summer Meals

Turn Off the Screens, Turn Up the Music!



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United States Department of Agriculture

Control Number: 0584-0524 | Expires 06/30/2016 | Appendix O

# FRUITS. VEGGIES. FRIENDSHIPS.

Discover good things that grow in the sun.

This week, your local summer meal site celebrates the sun!



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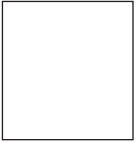
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Where All the Cool Kids Go

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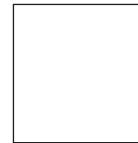
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# MOVIN' with Summer Meals

 Turn Off the Screens,  
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This week, it's a dance party! Join us as we move and groove to dance-themed activities!



SUMMER  
FOOD  
SUMMER  
MOVES



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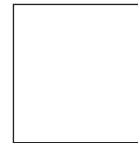
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REMEMBER:

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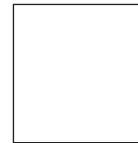
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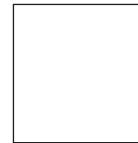
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