

What about your privacy?



All the information you give us is private and is protected by Michigan law.

We will not share your name or address with anyone other than study staff.

We will not ask you if you have a fishing license.

Any reports we write about this study will only talk about group results. We will not include information that could identify you, such as your name or address.

We will not use your blood or urine for any other tests such as alcohol, drug, or DNA testing. Your blood and urine will be destroyed after they are tested for the chemicals.

Is there a cost?

There is no cost to you to be part of the study. The Michigan Department of Community Health will pay for your blood and urine tests.



You choose!

It's your decision. You choose whether or not to be part of this study. If you sign up, you can change your mind later and tell us that you no longer want to be part of the study.

How can you learn more about the study?

Call the Michigan Department of Community Health. Our number is 1-800-648-6942.

The call is free. We'll answer questions that you have about the study.



Study Partners

WAYNE STATE
UNIVERSITY

MICHIGAN STATE
UNIVERSITY

DETROIT
DHWP
DEPARTMENT OF HEALTH & WELLNESS PROMOTION

Health & Human Services
Wayne
County
Department of Public Health

Detroit River Fish Eaters Study



Michigan Department
of Community Health

MOCH



The Michigan Department of Community Health is organizing the Fish Eaters Study.

We want to learn if the harmful chemicals in some Michigan fish are also in the people who eat them.

We are asking people who often eat fish from the Detroit, or Saginaw Rivers or Saginaw Bay to be part of the study.

Why are we doing this study?



Eating fish is part of a healthy diet. But some fish have chemicals in them that could harm your health. These chemicals can also

harm the development of babies and children.

The study will give us more information to help you make choices about eating safe fish.

It will also help in making decisions that better protect the health of your community.

How can you join the study?

We'll call you to find out if you want to be part of the Fish Eaters Study.

If you decide to be in the study, we'll make an appointment with a clinic in your area.

Your appointment will take about two hours. While you're there, you will

1 Answer questions about the fish you eat, your hobbies, and other ways you might come into contact with chemicals in fish and the environment.



2 Give a blood and urine sample. These samples will be tested for some chemicals found in some fish and the environment.

What's in it for you?



- a **\$25 Visa gift card** to thank you for answering the questions
- a **\$25 Visa gift card** for your blood sample
- a **\$25 Visa gift card** to thank you for your blood sample and for answering the questions, for a total of **up to \$75 in Visa gift cards**
- **your test results**, if you want them

What might the study tell us?

- which fish are safer to eat
- if the chemicals found in some fish stay in people who eat them
- if we need to test more fish in the Detroit and Saginaw areas



What will the study tell you?

- how much of the chemicals found in fish is in your blood and urine, if any
- if the amount of chemicals in your blood and urine is different than other people in the U.S.
- if your health could be harmed by the amount of arsenic, cadmium, lead, or mercury in your blood or urine

What won't the study tell you?

- the amount of PCBs, dioxins, manganese, or pesticides that could harm you. The amount of these chemicals that is harmful to health is not known.
- about other chemicals that we are not testing for
- about your health or if the chemicals have harmed your health