

Thank you for participating in the National Children's Study and agreeing to collect a sample of your breast milk.

This package contains a Breast Milk Collection Kit, which includes the supplies and instructions for collecting your breast milk. Also included in this kit is a Self-Administered Questionnaire for you to complete to record information about your sample collection.

Please collect your breast milk sample as close as possible to the date that your baby is old.

Listed below are a few points that you may find helpful in completing the breast milk collection:

- Please review the contents of the Breast Milk Collection Kit carefully and contact us if you have any questions or concerns.
- Please follow the Breast Milk Collection Instructions provided in the Breast Milk Collection Kit to collect your sample.
- Please complete the Breast Milk Self-Administered Questionnaire (SAQ) after you collect your sample.
- As soon as you have collected your breast milk sample, please contact us to schedule a pick up time, no later than 7 days after collection.

Thank you for taking the time to complete this collection!

Click here to insert ROC contact information.